

Welcome,

Thank you for inviting me to join you this evening.

I'm thrilled to participate in this year's Health and Wellness Fair. Communities, schools and parents need to work together to help students develop attitudes and skills for a healthy lifestyle. By creating supportive environments and encouraging children and youth to make informed choices, we can help them establish patterns for healthy living that they'll carry into adulthood. Tonight is a great opportunity to show how schools can play a key role in promoting health and wellness, not only for students but for their families as well.

Again, thank you for inviting me and congratulations to Wally Foley and all the organizers who have done a terrific job preparing for this evening. Well done!