

Supportive Housing for Young Mothers Garden Clean Up
Saturday, June 14, 9:00 am - 2:00 pm
341 Pleasant Street

Good afternoon,

Thank you for inviting me to participate in today's garden clean up and I'm pleased to be able to offer financial support to this very worthwhile project.

Spring has come at long last and residents across HRM are heading to balconies, yards and community gardens to rake, weed, dig and plant. Gardening has been growing in popularity by leaps and bounds during the past decade, but its benefits are not limited to flowers and shrubs. Gardening is also good for people, offering benefits to both body and spirit.

Community gardens contribute to the health and well-being of their users, and promote social interaction, community building and a connection to nature.

For enthusiasts, gardening is a year-round activity. The annual cycle begins in December with the arrival of the seed catalogues, and ends the following November, when the garden is put to bed for the winter.

In between, you plan and dream about your perfect garden. You nurture the seeds and young plants to the best of your ability and even if things don't work out quite the way you hoped, you can always anticipate next year.

Meanwhile, you have the satisfaction of knowing that you have created something that is uniquely yours. You see tangible results from your efforts that are both beautiful and fulfilling.

A sincere thank you to staff at SHYM and all those who volunteered, making this day a tremendous success. I am sure you will enjoy the results of your hard work for years to come!

