



Naturally GREEN

Issue 30

HRM's Curbside Give Away Weekend

Saturday, October 23 &

Sunday, October 24

Waste Reduction Week 2010



HRM wants to thank residents who took part in our first Curbside Give Away Weekend during Environment Week this past June. Many gently-used items were placed at the curb by their owner and were reclaimed by another as treasure.

If you missed out on the first event, here's your second chance! Give Away Weekend is back as part of Waste Reduction Week – October 23rd and 24th.

Here's how to participate:

- Place re-usable household items at the curb in front of your home as early as Friday evening October 22nd.
- Do not give away items infested with bed bugs (e.g., mattresses, furniture, bedding) these are not treasures.
- Visit the Consumer Product Safety Bureau to find out about items that aren't safe to give away (e.g., baby walkers, lawn darts)
www.hc-sc.gc.ca/cps-spc/pubs/cons/garage-eng.php
- Only place items that are FREE and place "FREE" stickers or signs on them
- **Remove leftover items from the curb by dusk on Sunday, October 24th**
- Consider donating unclaimed items charitable organizations.

With such a wide variety of treasure possibilities make sure to keep Give Away Weekend in mind before disposing of items for garbage in the upcoming weeks. Your participation in the event will help maximize landfill space by extending the lifecycle of items and making them available for reuse.

Items suggested for give away include books, CDs and DVDs, furniture and small appliances, sports equipment and toys, tools, yard and gardening equipment, kitchen gadgets, dishes, cutlery, pots and pans, unwanted gifts, small bits of re-usable construction material including drywall and hardware, nails, bolts and screws, electronics, clothing & leftover paint.

During your tour for hidden gems:

- Respect other people's property – don't walk or drive on people's lawns or gardens.
- Take only the items at the curb marked "FREE".
- Safety First: Obey the traffic laws at all times (e.g., don't block traffic, park illegally or block people's driveways with your vehicle) and watch out for children.
- Don't discard any items on another person's lawn.

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Brought to you by:



What to do with unclaimed treasures:

- Any unclaimed items **MUST BE REMOVED** from the curb by dusk on Sunday, October 24th.
- Check the Yellow Pages under 'Charitable & Non-Profit Organizations' or see the list on the back page of Naturally Green for organizations that may take your items.
- HRM Freecycle Network - http://groups.freecycle.org/hrm_freecycle
- Post your item on kijiji.ca
- If you consider your stuff garbage, then you can also place materials out on garbage collection day/week. The usual limits and regulations apply. Visit our website or call 490-4000 for details.

For more details on the program, visit our website at www.myhrm.ca.

Best of luck finding those treasures!

I love the Curbside Giveaway!

It is a wonderful idea... great way to get an entire city to help reuse items instead of them going to a waste site. I found a great tricycle for my little one. He has out grown his push toy, and not yet big enough for his larger tricycle, so this was a great 'in-between' trike for him :) Thanks Curbside Giveaway!

Gail – Beaver Bank



CELEBRATING WASTE REDUCTION WEEK 2010 October 18th to 24th

ALL TOO OFTEN we don't think about waste until it's time to dispose of it. We carry the bags of garbage to the curb and wait for them to disappear.

What would it be like if we could reduce the effort of taking out the trash? The answer to that question is in reach and what better time to find out than WASTE REDUCTION WEEK (October 18th to 24th).

The best way to learn where you can reduce waste is to actually take note of what is in your trash. What does each family member throw away? What materials take up the most space? Is anything reusable or repairable? Can you reduce the amount of disposable products you use? Can you substitute products and packaging made of reusable, recyclable, or non-hazardous materials? Could any of the items be reused by a local charity, individual or community group? (Refer to our Community Page listing on the back page of this newsletter.)

Packaging represents up to 30% of our waste! When shopping,



look for products that have less packaging, or packaging that can be reused or recycled. Call or write to manufacturers and ask them to reduce packaging in the first place - as consumers you have power. As well, the Provincial and Federal Governments have the power to regulate packaging. Let them know you want to see changes in regulation.

In HRM, make sure you are using your green cart/organics collection and backyard composting to their full potential. If you can't compost in your backyard make sure to put all left-over food including meat, bones and dairy products in your green cart along with all boxboard (i.e. cereal & cracker boxes).

Paper recycling is easy to do by placing all your paper in a retail, grocery or clear bag, bundling cardboard and placing these for collection. Whether you live in a single family house, apartment or work in any business, paper can be recycled. Ask your landlord or property owner about recycling and organics collection programs - they are required by law to provide it.

For more information on recycling and composting programs or to learn more about Waste Reduction Week and 'Preycling' visit our website www.halifax.ca/recycle or the National Waste Reduction Week site at www.wrwcanada.com.

Here are some ways you can participate in Waste Reduction Activities

Monday - House & Home	Tuesday - Travel	Wednesday - Work	Thursday - School	Friday - Shopping	Saturday - Community	Sunday - Play
<ul style="list-style-type: none"> Look around your home and see if there are disposable items you could replace with reusable - razors, dusting/sweeper cloths, etc. 	<ul style="list-style-type: none"> Try carpooling or taking the bus to work today. 	<ul style="list-style-type: none"> When possible send memos and notices by email, or circulate one copy instead of one to each person. Use a USB/Flash drive instead of CDs for short term storage of documents. Print and copy double sided. 	<ul style="list-style-type: none"> Hold a "waste-free" lunch day, week or month! Encourage students to pack their lunches in a reusable bag or lunch box, use resealable containers for sandwiches or snacks, a thermos for drinks and a cloth napkin and reusable utensils. Involve the whole school in a competition measuring each class's waste, hold a secret tally and announce the winning class at an assembly. 	<ul style="list-style-type: none"> Do not use a bag when purchasing small items Try to buy in bulk items you use often. Avoid single serving packages. 	<ul style="list-style-type: none"> Take part in HRM's Curbside Give Away Weekend! 	<ul style="list-style-type: none"> Look in to environmentally-conscious hotels for your next vacation. Recycle sporting equipment through swap shops, donations to schools and community yard sales. Hold book sales or donate used books to schools or community groups. Better yet, get in the habit of going to the library.

* Courtesy of the Saskatchewan Waste Reduction Council

Celebrating Waste Reduction Week and Small Business Week Oct 18 - 24th, 2010

The Environment is good for business!

Going "green" is all the rage these days. Many of us are environmentally conscious. We reduce, reuse and recycle in our homes, and we've taught friends, family and neighbours to do these things as well. What about at work? Are we carrying over our day to day waste management practices from home to work? Of course we are because it's good for business!

HRM Solid Waste Resources staff has been busy over the last few months trying to help businesses understand that the same waste separation systems we all use at home apply to our office and business as well. HRM has gone even further to encourage this by establishing By-Law S600 which makes it the responsibility for any business, industry or commercial establishment to provide workers and tenants access to containers to deposit organics, blue bag recyclables and paper at work.

Business owners as well as tenants are responsible to separate recyclable and compostable materials from waste. This separation activity starts with access

to the proper containers. If in your business operation you generate organics (eating lunches, coffee grounds, etc.), paper (receipts, invoices, envelopes), blue bag recyclables (plastic bottles, glass or tin cans) or corrugated cardboard, then your business requires bins to accommodate the separation of waste by tenants and the public. Bins for internal use can be sourced from many retailer outlets. Commercial outdoor bins are provided by commercial waste management haulers.

Source separation of waste at your business is not only good for the environment but its good for your business's bottom line, because conserving resources and cutting down on waste saves money. To send your regular waste to landfill in HRM costs \$125 per tonne, to compost your organics cost \$75 per tonne. Informing employees of your successes in diverting waste will help them understand the importance of their participation and create positive attitudes in the workplace.

Stay tuned for events during Waste Reduction Week and Small Business Week, October 18-24th, 2010. For more information, halifax.ca/recycle



Beneficial Use of Biosolids-Closing the Wastewater Loop

After several decades of work by residents, stakeholder groups, and all levels of government, the Halifax Harbour Solutions Project has achieved the water quality objectives set out by the residents of the Halifax Regional Municipality (HRM).

As part of this solution, HRM was dedicated to exploring and finding sustainable, beneficial uses for the biosolids from the three new wastewater treatment facilities. This beneficial use approach is in keeping with the philosophy taken with the green cart and recycling program.

To safely reuse this valuable organic material, in 2004 HRM contracted (the contract now falls under the control and administration of Halifax Water) with N-Viro Systems Canada and their patented alkaline stabilization treatment process that turns HRM biosolids into a high quality amendment that meets or exceeds all Federal and Provincial guidelines. This process was developed by the Ohio State Medical College and is used in other Provinces and States. The N-Viro soil amendment (SA) surpasses many urban and rural biosolid programs throughout the world.



N-Viro Systems Canada produces a Class A soil amendment (SA) that is registered under the Canadian Food Inspection Agency (CFIA) fertilizer act. N-Viro SA meets a high standard, which is determined through rigorous testing by independent laboratories, therefore it can be used in a wide range of environmentally sustainable programs.

N-Viro goes beyond the regulated required testing, by including a testing program for additional pathogens, metals and materials of concern such as pharmaceuticals and organic compounds. N-Viro SA has never tested positive for pathogens, has very little substances of concern, and has metal levels far below those found in traditional products such as manure, lime, fertilizer and compost! N-Viro soil amendment however is not used for food crops in NS.

HRM, Halifax Water and N-Viro are committed to responding to public concerns and providing additional testing. Thallium was identified by a few Nova Scotia individuals as a metal of concern. Although thallium does not have to be tested under government regulation, N-Viro now includes thallium in all their testing programs. None of the tests have been able to detect thallium in the N-Viro product at all the Canadian plants. Test results along with extensive product information can be found at www.n-viro.ca

NS Department of Environment's new 2009 biosolid guidelines are the most stringent in Canada. The guidelines were developed by an independent committee of concerned citizens, wastewater researchers, regulators, scientists and representatives from all levels of government.

The production of N-Viro SA is Green House Gas (GHG) friendly as it actually lowers the production of GHG.

Biosolid programs have been used in agriculture, forestry, mine reclamation, landscaping, wetland and shoreline recovery and compost/soil blending around the world for decades.

These programs have been extensively researched by scientists through thousands of studies. Biosolid land application programs to agricultural land have been occurring for over 150 years.

Recent controversy in the use of N-Viro SA in HRM landscape programs have been characterized by allegations and misinformation rather than actual scientific research on biosolids and specifically the N-Viro SA research studies. Incorrect information based on anecdotal reports promotes confusion and fear. The National Research Council concluded that there is no documented scientific evidence that the government regulations have failed to protect public health. The negative reports that were discussed recently are about untreated sewage sludge which is greatly different than the N-Viro Class A soil amendment.



N-Viro SA is a dry granular product that is an excellent liming and fertilizer product that improves the health of our soils and reduces our carbon footprint by lowering greenhouse gases. It is safe, natural, and sustainable. It is a valuable source of phosphorous, which is very important, as phosphorous supplies worldwide are rapidly depleting.

As with any manure, organic compost or fertilizer, N-Viro Soil can generate odours. Halifax Water, HRM and N-Viro are currently looking at best management practices to minimize odour issues.

How does the N-Viro Soil Amendment/Soil blend improve the HRM landscape?

- Slow release of nutrients (nitrogen, phosphorus, potassium and other micronutrients such as calcium, magnesium, boron and zinc) provides for healthier soils, improved root growth and establishment and nurtures healthy plants. The slow release of nutrients ensures they stay within the root zone to eliminate leaching into water courses. It also prevents fertilizer burn.
- Safe for use on grasses, trees, shrubs, annuals, perennials, transplants and container gardens.
- Stimulates beneficial microbial activity for soil richness, increases pH levels, increases organic matter, reduces soil erosion, reduces stress on grasses, trees and other landscape plants to maintain healthy and attractive landscapes.
- Reduces the reliance on the use of mined fossil fuel products such as synthetic fertilizers and lime. Provides the ultimate HRM green recycling program to improve our natural capital, our soils.



Harbour Solutions Project Update

Halifax Wastewater Treatment Facility

Earlier this spring, full treatment was restored at the Halifax wastewater treatment facility (WWTF) and supervised swimming was in place at both Black Rock and Dingle beaches for the summer season.

Halifax Water would like to thank all residents for their patience and support as we worked to return the plant to working order after the flood event of Jan. 14, 2009. Our stated goal from the outset of the recovery effort was clear: To protect rate-payers from financial exposure; restore the Halifax WWTF to full operation in spring 2010; and implement any design or system changes to help minimize the chance of any such occurrence happening again. We have met these stated goals and can all be proud of the greatly improved water quality in our harbour.

As previously stated, the vast majority of the estimated \$11 million cost for the recovery effort has been provided by the project's Builder's Risk Insurance policy that was in place at the time of the flooding.

Dartmouth Wastewater Treatment Facility/Sewer Collection System

The Dartmouth WWTF achieved substantial completion on April 21st of this year. The Dartmouth WWTF has been treating flows since July 2008.

The associated sewer collection system (SCS) received substantial completion on June 28, 2010. Staff continue to work with contractors to rectify deficiencies and total completion is expected by the end of this fiscal year.

Herring Cove Wastewater Treatment Facility/Sewer Collection System

The Herring Cove WWTF and associated SCS achieved substantial completion on June 28th of this year. The Herring Cove WWTF began treating flows in December 2009. Staff continue to work with contractors to rectify deficiencies and total completion is expected by the end of this fiscal year.

Effective August 1, 2010, following approval by the Nova Scotia Utility and Review Board, the assets and project management responsibility of the Harbour Solutions Project were officially transferred from HRM to Halifax Water. This transfer is in keeping with Halifax Water's mandate to provide water, wastewater and stormwater services throughout the municipality.

Why Are There Overflows Following Heavy Rain?

As with any system of this nature, the three WWTFs were built to treat to a maximum capacity. The three Harbour Solutions WWTFs have a design capacity of 4 times average dry weather flow (4xADWF). That means the WWTFs can treat up to 4 times the flow that would normally occur on a dry weather day. When the WWTF reaches this capacity, it continues to treat wastewater, but flows over 4xADWF are diverted through the combined sewer overflow (CSO) chambers, located throughout the waterfronts of Halifax, Dartmouth and Herring Cove, screened and discharged into the harbor. Once the flow drops below 4xADWF, all flows are treated through the wastewater treatment facility.

At no time during an overflow event do the WWTFs stop treating effluent. The system has simply reached its design capacity for treatment and the volume above 4xADWF is diverted to the combined sewer overflow chambers.

Overflows are common in many municipal wastewater systems and are not a design flaw or system shortfall.

Halifax Water is looking at ways to reduce the frequency and duration of overflows. Projects to separate stormwater and sanitary sewer pipes, such as the Freshwater

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Battery acids,
Drain cleaners
Oven cleaners

Pesticides,
Rat poison
Cleaning fluids

Furniture polish,
Oven cleaner,
Aerosol

Gasoline,
BBQ starter
Oils, Solvents

Please take care when using and disposing of hazardous products. Bring your unwanted Household Hazardous Waste to the Special Depot listed below to be handled by experts.

We accept:

- ✓ *paint
 - ✓ paint thinners
 - ✓ transmission fluid
 - ✓ antifreeze
 - ✓ herbicides
 - ✓ paint strippers
 - ✓ oven cleaners
 - ✓ degreasers
 - ✓ furniture polish and waxes
 - ✓ pool chemicals
 - ✓ BBQ propane tanks
 - ✓ used motor oil
 - ✓ gasoline
 - ✓ pesticides
 - ✓ wood preservatives
 - ✓ drain cleaners
 - ✓ metal polish & rust removers
 - ✓ batteries
 - ✓ pharmaceuticals
 - ✓ and more with hazardous symbols
- *Household paint also accepted at Enviro-Depots™

We will not accept:

- ✗ Materials containing PCB's (Polychlorinated biphenyls)
- ✗ Bio-medical waste
- ✗ Asbestos
- ✗ Radioactive waste
- ✗ Unidentified compressed gas cylinders
- ✗ Explosives including ammunition
- ✗ Unidentifiable material
- ✗ Commercial, Industrial or Institutional Waste

FOR HRM RESIDENTS ONLY. SUMMER SPECIAL HOUSEHOLD HAZARDOUS WASTE DROP OFF DAY

October 16, 2010
Eastern Shore Community Ctr. (Rink)
Parking Lot
67 Park Road
Musquodoboit Harbour

November 6, 2010
Harold T. Barrett Jr. High
School Parking Lot
862 Beaver Bank Rd., Beaverbank

**The depot will operate from
9 a.m. to 4 p.m. rain or shine.**

Reminder: HRM operates a permanent Household Hazardous Waste Depot at 20 Horseshoe Lake Drive, Bayers Lake Business Park, Halifax.

**FOR MORE INFO CALL
490-4000 or visit
www.halifax.ca**



Why not reduce your work by managing your leaves on site? On site management of leaves means you can

mulch, mow, or compost
right on your property.

Don't have a backyard compost pile?

- Try piling leaves around plants that are susceptible to winters' chill for natural insulation against the cold

Excess yard material will be collected on your regular green cart collection day.

- Place excess leaf and yard waste next to your green cart in **clear or orange plastic** bags or **heavy paper** bags only
- **20-bag limit** for curbside collection
- Maximum weight **25 kg** (55 lbs) per bag



For more information:
490-4000
www.halifax.ca/recycle





Spotlight on Business:

Prince George Hotel, Halifax

Every year, HRM welcome thousands of visitors from all over the world to stay and play in our beautiful cities and rural communities. Most of these visitors stay at one of the HRM's many hotels, motels, and inns who cater to their guests with paramount Nova Scotian hospitality.

Nowadays, hotel guests are not only searching for a luxurious and well-located place to rest their heads; they are seeking hotels that have environmentally conscious practices. Many hotels are jumping on board and answering their guests' requests by offering services that will reduce their environmental footprint. Things like re-using towels and automatic room temperature controls to reduce energy usage are great ways for a hotel to reduce their environmental impacts.



The environmental impact of waste diversion can also be achieved with the composting of organics. Methane, a greenhouse gas, is produced by landfills, and is generated primarily from the landfilling of organics. This can be significantly reduced with the diversion of compostables away from landfill. The hotel sector generates tonnes of mixed waste that is sent to HRM waste facilities every day. Waste is generated from all areas including kitchens, banquet halls, meeting rooms as well as guest rooms.. For this reason, it is important for all hotels to have advanced waste management programs; ensuring that all possible recyclables and organic materials are being diverted from landfill. By developing recycling and organics programs in partnership with HRM's world-class Waste Resource Management program, hotels in HRM are successfully diverting tonnes of recyclables, paper and organics from the landfill every single day.

A hotel in HRM that recognized the importance waste diversion practices in all areas of the hotel is Halifax's Prince George Hotel. A team of environmental champions at the Prince George is working to develop a trail-blazing source separation program that will bring full recycling and composting accessibility to all guest and staff areas of the hotel.

HRM boasts one of the world's most advanced and successful waste diversion programs; the Prince George's enhanced recycling and composting program will place them at the forefront of hotel sector waste management.

The Prince George's team of executive champions from all departments in partnership with HRM staff are working towards optimizing their waste diversion. Their existing "Green Prince" energy, waste, and water conservation program has been a huge success with staff and guests from all over the world. In an industry that is saturated with single serving size products, the Prince George has found a way to reduce their waste and in turn, their environmental footprint.

Prince George hotel rooms are now equipped with stylish and environmentally friendly pump dispensers for their luxury bath and body products. Bedside, each room is adorned with a small 'Green Prince' frog figurine that you may indicate your 'Green' participation by moving him on or off his lily pad. Choosing to participate in the program will opt you out of nightly bedsheets changing, your room will have temperature controls set to conserve heating energy, and towels will only be replenished as needed.

The emerald gem on the Prince George's crown will undoubtedly be their world-class recycling and composting program. All staff have participated in waste management workshops, and their Green Team meets regularly to share ideas on how to make the Prince George Halifax's most luxurious, truly 'green' hotel. Their dedication to unparalleled guest service while keeping environmental sustainability at the forefront is reflected in their waste outputs, energy and water savings, and raving customer approval. They believe, and practice, that luxury can be green, and responsibility lies in providing guests with access to choices.



White Stone Developments

With a staff of 15, White Stone Developments in Lakeside is in the real estate and housing construction business. Not only does Whitestone believe in building smart, energy efficient and environmentally friendly homes, but they believe in recycling both on a building site and in their office. At their job sites, they recycle most of the scrap materials, give away much of the wood scraps and currently recycle cardboard, asphalt shingles and wood with HRM.

At the office in Lakeside, they maximize diversion from landfill through the 5 stream waste system in use in HRM: organics, recyclables, paper, garbage and corrugated cardboard. Office manager Deborah Collins was delighted to see SWR staff come through the door to conduct an inspection. "We've had a recycling program in place here for quite some time, and are very proud of what we do". Staff are informed and very pro-active in achieving diversion success. HRM Solid Waste Resources is proud to profile White Stone Developments as an industry champion in waste diversion.

As Waste Reduction Week and Small Business Week approaches HRM Solid Waste Resources would like to celebrate the accomplishments of Whitestone and encourage other business to realize their potential in developing a waste diversion program.



Household Hazardous waste depot Schedule



HALIFAX REGIONAL MUNICIPALITY HOUSEHOLD HAZARDOUS WASTE (HHW) DEPOT SCHEDULE

The following is the Saturday operational schedule for the Permanent HHW Depot located at 20 Horseshoe Lake Drive, Bayers Lake Industrial Park for the months of September 2010 through March 2011:

OCTOBER 2010	NOVEMBER 2010
October 2 - OPEN	November 6 - OPEN
October 9 - CLOSED	November 13 - CLOSED
October 16 - OPEN	November 20 - OPEN
October 23 - OPEN	November 27 - OPEN
October 30 - OPEN	
DECEMBER 2010	JANUARY 2011
December 4 - OPEN	January 1- CLOSED
December 11- OPEN	January 8- OPEN
December 18 - OPEN	January 15- OPEN
December 25 - CLOSED	January 22- OPEN
	January 29 - OPEN
FEBRUARY 2011	MARCH 2011
February 5- OPEN	March 5 - OPEN
February 12 - OPEN	March 12- OPEN
February 19- OPEN	March 19- OPEN
February 26- OPEN	March 26- OPEN

Hours of operation are 9:00 a.m. to 4:00 p.m. Saturdays as noted above only. Material is only accepted and received from residents of HRM. Industrial, Commercial, Institutional and Business Hazardous Waste is NOT accepted.

Communities with Bi-Weekly Recyclables Collection: Here is your schedule for the next 6 months. . .

PLEASE REMEMBER: Recyclables are collected weekly on your garbage/organics collection day in the following areas: Halifax, Dartmouth, Bedford, Sackville, Beaver Bank, Kinsac, Cole Harbour, Westphal, Beechville, Lakeside and Timberlea, Hammonds Plains Road from Bedford to Highway#103, including; Kingswood, Lucasville Road, Pockwock Road, Westwood and Stillwater Lake.

Zone A: St. Margaret's Bay, Prospect, Herring Cove, Sambro, Peggy's Cove, Hubbards, Williamswood, Tantallon—including Shelldrake Heights. Also includes: Lake Echo, Mineville, Preston, Porter's Lake, Head of Chezzetcook, West Porter's Lake, Lawrencetown, Seaforth, Lower/East/West Chezzetcook, Gaetz Brook, Conrad Settlement, Sheet Harbour, Tangier, Moser River, Ecum Secum, Mooseland, Upper Musquodoboit.

Zone B: Enfield, Windsor Junction, Waverley, Fall River, Wellington. Also includes Eastern Passage & Cow Bay, Elderbank, Meagher's Grant, Cook's Brook, Middle Musquodoboit, Musquodoboit Harbour, Petpeswick, Lake Charlotte, Jeddore, Clam Harbour, Clam Bay, Goff's & Dutch Settlement.

Zone A / Zone B: Recyclables Collection Schedule

Zone A blue bag collection days are shown shaded **BLUE**.
Zone B blue bag collection



October 2010							November 2010						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11*	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29		28	29	30				
31													

Oct 11th Thanksgiving, Oct 9th is alternate collection day.

*Nov 11 Remembrance Day, Nov 14 is alternate collection day.

December 2010							January 2011						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
31							30	31					

February 2011							March 2011						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5			1	2	3	4	5
6	7	8	9	10	11	12	6	7	8	9	10	11	12
13	14	15	16	17	18	19	13	14	15	16	17	18	19
20	21	22	23	24	25	26	20	21	22	23	24	25	26
27	28						27	28	29	30	31		

Reminder: Please refer to your collection schedule for green cart and regular garbage collection weeks. Normal collection will occur on Holidays not listed.

Zone A - Zone B

Please place recyclables curbside by 7 a.m., approximately 3 ft (1 meter) away from garbage or organics cart. Remember to flatten & tie your bundle of corrugated cardboard in arm-load sizes, approx. 2 ft x 3 ft x 8 in., (0.6m x 0.9m x 0.2m).

Going Green

Ribbet, Ribbet ... Bullfrog to power the Adventure Earth Centre

Over the past 30 years, initiatives at the Adventure Earth Centre (AEC) have engaged over 60,000 young people in award-winning, experiential programs at the cutting edge of environmental education, youth leadership and outdoor recreation in Canada. The Adventure Earth Centre (AEC) serves as a springboard for HRM's future environmentally sensitive community leaders and sustainability advocates, so it is fitting that the Centre lead by example and partner with a green energy provider.



With Bullfrog Power, the Adventure Earth Centre will continue to draw electricity from the regional grid—just as they always have—and Bullfrog's generators will inject approximately 15 megawatt hours of renewable electricity, sourced from wind farms and low-impact hydro facilities in PEI and New Brunswick, onto the grid to match the amount of power the building uses each year. Bullfrog Power has been arranged for the remainder of this fiscal year and next fiscal year and is expected to reduce the Adventure Earth Centre's greenhouse gas emissions by approximately 6 tonnes annually.

Bullfrog's electricity comes exclusively from wind and hydro facilities that have been certified as low impact by Environment Canada instead of from polluting sources like coal, oil, natural gas, and nuclear. Bullfrog provides Canadians with a 100 per cent green electricity choice.

Another example of HRM's commitment to a sustainable future. Everyone benefits from a sustainable community.

Shoreline Stewardship - Help Protect our Lakes!

With over 5500 lakes in HRM most residents have quick and easy access to these freshwater resources. Who doesn't enjoy a dip in the lake to cool off on a hot summer day? However, so often we take this clean water for granted. Our actions can determine the health of our HRM lakes. Small behaviour changes, on our part, can help protect these delicate ecosystems for our enjoyment and safety, and for the benefit of other living things. Here are a couple of tips to consider:

- i) Reduce run off - pesticides, fertilizers, pet waste and grass clippings running off the land into our lakes takes a toll on the ecological balance of the water. Smart landscaping practices, like having a shoreline buffer of natural occurring vegetation, help to reduce the volume & impact of run-off. Picking up after your pet also makes a huge difference.
- ii) Always check with the Nova Scotia Department of Environment (424-7773) before doing any work (e.g., building a wharf, installing a culvert, drilling a well or installing a septic system) in or near the water.

For more information on how you can help protect the ecological integrity of our HRM lakes visit www.halifax.ca.





THE FOLLOWING ORGANIZATIONS PROVIDE A VALUABLE RE-USE OPTION TO THE RESIDENTS OF HRM. PLEASE ENSURE ITEMS DONATED ARE SUITABLE FOR RE-USE, AND NOT POTENTIALLY CONSIDERED 'GARBAGE'.

- **ADSUM HOUSE**, 2421 Brunswick Street, Halifax, 429-4443, Items can be dropped off anytime. Textiles, clothing and household items accepted. Adsum House cannot accept furniture or big bulky items.
- **BEACON HOUSE**, 470 Cobequid Rd, Lwr. Sackville, 864-3025 Used clothing and non-perishable food. Cannot accept furniture or appliances. Drop off bin located on site.
- **BIDE-A-WHILE ANIMAL SHELTER**, 67 Neptune Cres, Woodside Ind. Park, 469-9578 (call first), Thur to Fri 10am-5pm, Sa 10a.m.-2p.m.. Towels only to be used for animal bedding. www.bideawhile.org
- **BIG BROTHERS BIG SISTERS ReNEW CREW**, clothing recycling office 454-4025. Scheduled clothing pick up service available. Visit our website bigbrothersbigsistershalifax.ca to locate the Bright yellow donation bin nearest you.
- **BRYONY HOUSE**, Administrative Office, 3399 Novalea Drive, Halifax, 429-9002, www.bryonyhouse.ca, Mon to Thur, 1p.m.-4p.m.. Clothing, kid's toys, non-perishable food items.
- **CANADIAN DIABETES ASSOCIATION**, 239 Brownlow Ave., Dartmouth, Suite #104, 454-0542. Pick-up service Mon to Sat. Textiles, used clothing, toys, dishes, bedding, sporting goods, costume jewelry, small appliances, knick-knacks, shoes, tools, luggage, draperies, kitchen utensils. Look for the CDA Red Drop Boxes for clothing donations at locations throughout your community.
- **FALL RIVER LAUNDRY & DRYCLEANING**, 9 McPherson Rd, Fall River, 860-0011. Cloth diaper service.
- **FEED NOVA SCOTIA**, 213 Bedford Hwy, Halifax. 457-1900, www.feednovascotia.ca, Mon to Fri 8:00a.m. - 4:30p.m. Accept delivered: perishable & non-perishable food items, good office equipment, toiletries, linens, dishes, clothing, ink jet & laser toner cartridges and old cell phones.

- **Halifax West Ecumenical Food Bank**
50 Gesner St (Salvation Army Bldg) Fairview. Available Tue. 8a.m. to 2p.m.
Clients: 12p.m. to 2p.m., Food & Monetary Donations 445-3469
- **HAND IN HAND, ST. VINCENT DE PAUL**,
436 Herring Cove Road, Hfx, 477-7744, Mon to Sat, 9a.m.-4:30p.m. Clothing, household and craft items or supplies, small appliances and books. Good used furniture, beds, dressers, tables, chairs and sofas are constantly needed to give to those in need. Referral to donors is offered for washers and dryers in good working order. No other appliances can be accepted.
- **PARKER STREET FURNITURE BANK**, 2415 Maynard St, Halifax, 453-2498, Mon to Fri, 8a.m.-4p.m. Furniture and household items (beds, chairs and kitchen tables). www.parkerstreet.org
- **PHOENIX HOUSE**, 2385 Hunter Street, Halifax 422-5583, Phoenix Centre for Youth 6035 Coburg Road, Halifax 420-0676, M-F, 9a.m.-5:00p.m., Phoenix Youth Shelter 1094 Tower Rd. Halifax 405-3107: Perishable and non-perishable food items, toiletries, linens, clothing and kitchenware (cutlery, dishes, pots and pans). Cannot accept furniture or appliances. No pick up service.
- **ReSTORE - HABITAT FOR HUMANITY**. Unit U 121 Ilsley Ave., Burnside 405-3755. Wed to Fri 9:30a.m. - 5p.m., Sat 10a.m. - 3p.m. Accept donations of working appliances, building material such as cabinets, electrical supplies, roofing materials, flooring (no used carpets), furniture and shelving
- **SALVATION ARMY**, Check the Yellow Pages, under Clothing-Used, 455-3196 (pick up line). Drop off boxes located on site. Pick up service available. Furniture and clothing. Cannot accept large appliances.
- **ST MARGARET'S BAY FOOD BANK**, 13495 Peggys Cove Road, Tantallon, 826-9272. Used clothing & household items. No electronics or furniture. Drop off box on site & at Tantallon Superstore.
- **SINGLE PARENT CENTRE**, 3 Sylvia Ave, Halifax, 479-3031
Please call ahead. Infant & maternity clothes only.

For more information about Halifax Regional Municipality, please contact our Corporate Call Centre at 490-4000, visit our website at www.halifax.ca or drop by an HRM Customer Service Centre near you.



Please share with us any thoughts or comments that you may have about this edition of the Naturally Green newsletter. Hopefully, you enjoyed it and found it informative and easy to read.

What did you like most about it?

What features would you like to see included in future issues?

Please send your comments. The editor's contact information is located in the next column of this section.

If you have a question about something you've read in this newsletter, please refer to the contact information located in the last paragraph of each article.

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