

➤➤➤ H1N1 – Protect Yourself

Protect yourself and others from H1N1 Virus using these tips:

Frequent hand washing

- Hand washing is the single most effective way to prevent the spread of communicable diseases.

Cover your cough and sneeze

- Sneeze and cough into your elbow or sleeve or use a tissue. After wiping or blowing your nose with a tissue, throw away the tissue and wash your hands.

Stay at home and avoid crowds when sick

- If you are sick, avoid going to work and being in large crowds as you can spread influenza easily to others.

➤➤➤ The 19th Annual Stuff A Bus

The 19th Annual Stuff A Bus Food Drive for Feed Nova Scotia is Friday, December 4th.

Any time of year is a good time to Feed Nova Scotia, but during the Holiday Season it is especially important, as the Amalgamated Transit Union Local 508, Metro Transit, and C100 present the 19th annual Stuff a Bus!

Last year over \$100,000 and 419,000lbs of food was raised!!

Get your office or school together to collect food or monetary donations, then register below to have your donations picked up on Friday, December 4th. Visit www.c100fm.com to register.

Thank you to all who gave so generously to this event last year, and we invite you to participate once again.

➤➤➤ Sackville Terminal Park & Ride

Additional Space - Overflow Lot #2 behind Wheaton's Store

Please be advised that Metro Transit has signed an official agreement with Wheaton's Store to make additional free Park & Ride space available in the gravel lot behind the store, adjacent to the existing Metro Transit overflow lot.

This additional new lot is located at 27 Walker Avenue. Transit passengers no longer need to register with Wheaton's to use this gravel lot. The area designated for Metro Transit Park & Riders has signs posted. Please do not park on the paved portion of Wheaton's parking lot, as this is reserved for store customers only.

All vehicles parked outside the designated Park & Ride spaces at Sackville Terminal, and in illegal spaces at the three lots will be subject to ticketing. Clear passage in and around these lots must be maintained for snow clearance and other vehicles.

➤➤➤ Free New Year's Eve Service

Metro Transit is happy to once again be your "designated driver" on New Year's Eve, with free, extended service on conventional bus, Access-A-Buses and ferries.

Beginning at 8:30 p.m., Metro Transit will provide extended service to get you to and from your New Year's Eve event, including the special New Year's Eve at Grand Parade!

So get on board with Metro Transit and ring in 2010 with our convenient, safe and free rides to and from downtown!

➤➤➤ Contact Us

Metro Transit
PO Box 1749
Halifax, Nova Scotia B3J 3A5
Phone: 490-4000
Email: contactHRM@halifax.ca
www.halifax.ca/metrotransit



➤➤➤ Inside

- **Service & Schedule Adjustments**
Effective November 22, 2009
- **Holiday Events Around the City**
- **Metro Transit Policies and Guidelines**
- **H1N1 – Protect yourself**
- **19th Annual Stuff-A-Bus**
- **Sackville Terminal Park & Ride Addition**
- **Free New Year's Eve Service**

Service & Schedule Adjustments

Route #59 Colby

Schedule Adjustments

- Departing Bridge Terminal at 7:00am (from 7:04am) to improve connection time with Route #165 MetroLink (7:45am leaving Portland Hills)

Route #165 Woodside – MetroLink

Schedule Adjustments

- Departing Portland Hills Terminal every ½ hour on the quarter hour, beginning with at 7:15am (from 7:19am), 7:45am (from 7:49am), 8:15am (from 8:19am), 8:45am (from 8:49am), 9:15am (from 9:19am) & 9:45am (from 9:49am)

Route #330 Tantallon – MetroX

Service Increase

- Additional morning trip: 7:20am
- Additional afternoon trips: 3:15pm, 4:20pm & 6:15pm

Schedule Adjustments

Morning service from Tantallon to Halifax:

- From 5:58am to 5:55am
- From 6:28am to 6:25am
- From 7:03am to 6:55am

Afternoon service from Tantallon to Halifax:

- From 12:30pm to 1:00pm
- From 2:00pm to 2:30pm

Afternoon service from Halifax to Tantallon:

- From 1:15pm to 1:45pm
- From 3:40pm to 3:45pm
- From 4:15pm to 4:10pm
- From 6:50pm to 7:40pm

Holiday Events Around the City

HRM Christmas Tree Lighting

Saturday, November 28, Grand Parade, Halifax

TD Canada Dartmouth Tree Lighting

Saturday, December 5, Sullivan's Pond, Dartmouth

New Year's Eve 2009

On Thursday, December 31, Halifax's favourite New Year's Eve show is back again this year with the same high-energy show that New Year's Eve revellers have come to expect.

"A" New Year's Eve show will start at 10 pm on December 31st, hosted by Breakfast Television personalities and featuring local favourite talent.

"A" New Year's Eve show takes place in the Halifax Grand Parade from 10 pm to 12:10 am. Free New Year's Eve Transit Service will be available.

For more information on holiday events, visit www.halifax.ca/events

Holiday Parade of Lights

Saturday, November 21 at 6 pm, the 15th Annual Holiday Parade of Lights will wind its way through Downtown Halifax once again with festive floats, twinkling lights and smiling spectators.

This annual parade attracts nearly 75,000 people, so residents are encouraged to use Metro Transit's buses and ferries, as parking will be limited, with traffic delays throughout the evening.

Additional transit and ferry services will be available.

For additional information, please visit www.downtownhalifax.ns.ca

Metro Transit Policies & Guidelines

Scent Free Environment

Passengers are asked to respect the comfort of others who are sensitive to fragrances and consider a "scent free" environment.

Advertising Policy

Metro Transit regularly sells advertising which is displayed on its buses, ferry vessels and terminals, as a means to support the operation of the transit system.

Additional operational subsidies available to pay for the transit system are raised either through transit fares or municipal taxes. All advertising sold and displayed on Metro Transit must comply with the Canadian Code of Advertising Standards.

All advertising displayed on Metro Transit vehicles features the name of the advertiser which has paid for the placement of the advertisement.

Advertising featured on Metro Transit vehicles does not necessarily reflect the viewpoint of the Halifax Regional Municipality (HRM), Metro Transit, or its employees.

Questions on the advertising policy should be directed to Metro Transit's Public Affairs Office at 490-6614.

Baby Stroller Guidelines

For the safety and well-being of babies & young children, other passengers and Metro Transit operators, we ask that the following guidelines be respected when travelling with baby strollers:

- Strollers should be small, light-weight and foldable. Recommended size should not be larger than 42" x 22.5".
- Upon boarding the bus, children should be removed from the stroller and held by the parent or guardian. Those wishing to leave children in the stroller should remain near the front of the bus, utilizing the courtesy seats when available.
- The brake must be engaged at all times when the bus is in movement.
- The stroller should not obstruct the aisle or impede the flow of passengers.
- Mobility-impaired passengers have priority of the front of the bus.
- At the operators' discretion, larger strollers that impede the flow of passengers when boarding or exiting, or deemed unsafe for transport may be refused entry.

Metro Transit serves over 90,000 passengers daily throughout our community. We ask those travelling with strollers to be mindful of other passengers.