



# HALIFAX REGIONAL POLICE APTITUDE TEST PREPARATORY GUIDE

Studying for tests is never easy, however you can prepare to do your best. To practice, take tests available through books, the Internet or even schoolbooks like the GED textbook and set time limits for yourself. By doing practice tests you are more prepared for various questions that may be asked and you will condition yourself to adhere to timelines.

Ensure you are physically and mentally prepared as well. Being tired or stressing about the test is not beneficial to doing your best either. Make sure that you have eaten prior to the test and that you are dressed comfortably to sit in a large room for approximately 1 hour.

Many people are nervous when they have to take a test, remember this is normal, especially when it is for something important. Make sure you are on time and allow yourself a few moments to relax, rather than rushing in at the last minute.

## GUIDELINES FOR TAKING THE APTITUDE TEST

### ➡ Don't lose track of the time

The aptitude test is a 30-minute 90 question multiple-choice test. To make every question count you must work as quickly as you can to complete the test. You should not waste too much time on one question either by trying to figure the right answer or by changing the answer many times. Therefore, do not linger on questions too long and try to answer all questions. Remember, there is no penalty for wrong answers.

### ➡ If you know the right answer, put an X in the box

Remember, this is a multiple-choice test.

### ➡ Always listen to the directions

The instructors will give initial guidelines and procedures for the aptitude test. When you are told to commence working on the test you will not be able to ask questions or clarify questions. The instructors will advise you when you have 10 minutes left to complete the test.

### ➡ Don't get frustrated

Some questions are easy and others are hard. But DON'T GET FRUSTRATED just because it may seem to have a lot of hard questions.

## SAMPLE QUESTIONS

1. 4, 6, 8, 10 what is the next set of numbers?

a. 12 and 14      b. 16 and 32    c. 20 and 22    d. 100 and 102

2. A daisy is a plant as a potato is to?

a. carrot              b. salad              c. vegetable    d. tomato

3. What word is similar in meaning to test?

a. guide              b. exam              c. review              d. subject

## FOR REVIEW

Aptitude tests are to help us determine if you have the cognitive ability to problem-solve. Problem solving is an essential component to being a police officer. Not everyone has the aptitude for this kind of work.

Get ready for the test by practicing with other similar tests.

Don't get frustrated or nervous thinking about the test.

Arrive early and prepared. No supplies are necessary.

Ask questions if you do not understand what you are supposed to do.

Some portions of the test may be harder than others. Don't let it keep you from completing the test.

Keep the time limit in mind when you are doing the test.

## CONCLUSION

The aptitude test is the first stage of the Halifax Regional Police selection process. Even though you may meet the standard, you still may not proceed to the next stage. **REMEMBER IT IS A COMPETITIVE PROCESS.**

Rewrites are not permitted during the competition process. However, you are welcomed to write the aptitude test in future processes.