

“Public Skate” Helmet Policy
Effective January 1, 2012
**Specific to Public Skates held at the Bowles, Gray,
Bedford and Devonshire Arena(s).**

The Halifax Regional Municipality (HRM) recognizes that all skaters are at risk for potential head injury while attending Public Skate programs. Therefore the following “Public Skate” Helmet policy has been put in place and will be effective on January 1, 2012.

“All skaters 12 years of age and under must wear a CSA approved Helmet while participating in Public Skating programs at the above named Arena’s. In addition, program skate monitors are required to wear helmets while on the ice. *It is highly recommended that all skaters, regardless of age, wear a CSA approved helmet.*”

Helmets provide a protective layer for our thin skull. They are designed to create a surface area to absorb the force that the skull and brain would otherwise accept during a fall. Bicycle helmets do not provide the same protection as CSA approved helmets and will not be permitted on the ice.”

For more general information on the purpose for helmet policies and general helmet safety, please visit www.thinkfirst.ca