

East Preston/ Lake Echo

**East Preston/
Lake Echo**
Telephone: 490-4711

Adult Fitness

Life Long Fitness

- 205859 W 10:30 AM-11:30 AM
Start Date: Apr 7
- 205860 M 10:30 AM-11:30 AM
Start Date: Apr 5
Lake Echo
\$31 Classes: 8

Yoga

Kripalu Yoga

- 205894 Tu 6:30 PM-8:00 PM
Start Date: Apr 6
Bell Park Academic Centre
\$55 Classes: 8

PRESCHOOL

Soccer Age: 3 - 5

- 205881 Tu 5:30 PM-6:00 PM
Start Date: Apr 6
Lake Echo
\$10 Classes: 6
- 207357 Th 5:30 PM-6:00 PM
Start Date: Apr 15
Bell Park Academic Centre
\$10 Classes: 6

Child

Ball Hockey Age: 9-12

- 207375 Outdoor Ball Hockey
Tu 6:00 PM-7:00 PM
Start Date: May 4
East Preston Recreation Centre
\$20 Classes: 6

Cooking Age: 9 - 12

- 207355 Kids in the Kitchen
M 5:00 PM-6:00 PM
Start Date: Apr 12
East Preston Recreation Centre
\$19 Classes: 6

Soccer

- Age: 6-8
- 205878 Tu 6:00 PM-7:00 PM
Start Date: Apr 6
Lake Echo
\$20 Classes: 6
- 207358 Th 6:00 PM-7:00 PM
Start Date: Apr 15
Bell Park Academic Centre
\$20 Classes: 6

Youth

Youth Leadership Age: 13 - 15

- 206575 Information Session
Th 7:00 PM-8:00 PM
Start Date: Jun 10
Lake Echo

**Please refer to Page: 6
for more information
on Youth Leadership.**