

FREE



MacPhee Centre gives youth a space to grow their imaginations
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north dartmouth echo

linking our community

The bell that told a story

by Suzanne Rent

There is a giant silver bell on the second floor of the MacPhee Centre for Creative Learning. It sits just behind the desk of Hannah Minzloff, a program coordinator at the centre. I noticed it on a Monday earlier this month. I asked Hannah where the bell came from and why it was there. It turns out the building on 50 Queen St. that houses the MacPhee Centre for Creative Learning used to be a fire station in the mid-19th century. The bell hung from the ceiling and rang in the event of a fire. The bell is here now to remind visitors of the building's past. I also think it might be quite heavy to move.

Why am I writing about a bell, you ask? Well, there are two reasons. Firstly, I want to announce I am teaching a journalism course to some of the youth at the MacPhee Centre for Creative Learning. Over the span of 12 weeks this fall, the youth I work with will learn journalism skills, including writing, editing, and interviewing. I've been teaching classes and youth for about five years now and it's one of my favourite things to do.

The second reason I am telling you about the bell is to remind us that stories are everywhere. In the first session of my class at MacPhee, I told the youth there are stories wherever they go. It's just a matter of looking around and asking questions about your surroundings and people in your community. So when I see a silver bell sitting behind someone's desk, I want to know why it's there.

But that bell has stories to share, too. What

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Photo: contributed

Dartmouth North's Take Action group joined forces with church and community youth groups to take action on a variety of community projects this summer, and had a lot of fun in the process!

Making a "tidal impact" through good deeds, diversity and inclusion

contributed by
Paige Zwicker

We can all acknowledge the importance of serving in our community, but one particular group in Dartmouth has been driven by a passion this

summer to make a difference by giving back. Several groups came together to form one, joining forces throughout the week known as "Tidal Impact" to create

the most significant impact they could. The week was July 24-29.

Tidal Impact is a week-long mission service where churches from all over Atlantic

Canada join together every other year. The large group consisted of five sub-groups: three church youth groups from First Baptist Dartmouth, Argyle and

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(Right) Enthralling the wee ones with bedtime tales at Harbour View on a summer evening are Community Cst. Jeff Nicholson (foreground) and Cst. David Gallivan.

(Bottom right) Reverend Kees Zwanenburg, Rector of Holy Trinity Emmanuel Church, engages young ones with a rousing bedtime tale.



Photos: Donna Cooper

The bell that told a story

...cont. from p. 1



Photo: contributed

was it like in that mid-19th century fire station in downtown Dartmouth? What were some of the heroic stories that came from that station? Who were the firefighters? How did they fight fires and respond to emergencies then? And what did the building become after the fire station? I really could go on.

The business of journalism is changing faster than many of us can keep up. Smart and talented colleagues of mine have lost their jobs over the years because of this rocky transition. But storytelling will always be part of our culture and his-

tory. It's only how we share those stories that will change. And it's the youth at places like MacPhee who will help lead the way. They have a handle on the technology that has changed the industry. But for now, I will help teach them the fundamentals of storytelling and hope to harness their innate curiosity to powerful storytelling.

I want to thank Heather MacDonald, executive director at the MacPhee Centre for Creative Learning, and Quinn MacIsaac and Hannah Minzloff, for helping me organize and host this session. They do fantastic work here. You can read more about the centre inside.

So remember, everything and everyone has a story, even a giant silver bell sitting in a corner. I encourage you to share your stories of Dartmouth North and beyond. We'd love to share them here.

Bedtime reading with special guests at Harbour View School

Harbour View families and friends were invited on Wednesday evenings during the summer to meet at the school field, with a blanket, for a bedtime story and snack. Each week there was a book exchange and reading time, followed by a story read by a special guest. If a child attended they would be entered for a chance to win that week's read aloud. This summer break was enjoyable to all who attended.



north dartmouth echo

The North Dartmouth Echo is published 5 or 6 times a year by The Dartmouth North Community Newspaper Society. This community newspaper is dedicated to celebrating many good news stories and activities that take place in the community, as well as keeping the residents informed of activities and issues that impact on our community.

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a foundation of creativity

The MacPhee Centre for Creative Learning gives youth a safe space to grow their imaginations

by Suzanne Rent

The historic building at 50 Queen St. in Dartmouth is growing creative minds and spirits. The former fire station now houses the MacPhee Centre for Creative Learning, a community hub for youth 12 to 19.

The centre has its roots in the former Bridge Centre for Arts and Technology, a non-profit training centre for at-risk youth who weren't thriving in traditional school environments. MacPhee's model was inspired by Bill Strickland's Manchester Bidwell model of learning. Strickland once said, "If you put people in a world-class facility, you get world-class citizens."

Heather MacDonald, executive director, says the centre is more than a creative space. The centre, its staff, and board look at youth and their

families as assets to the community. Youth are given a sense of purpose. And the centre is a safe space where youth make positive connections through shared creative talents and interests.

"It's not only finding people who enjoy art as they do, it's finding people who they can relate to, and to know they are not alone," MacDonald says.

There is creativity and activities here to suit any young mind. Programs include poetry and performance of poetry, journalism 101, Hal-Con, theatre, music performance and production, drawing and sketching, guitar, the gender and sexuality alliance club, creativity ventures and homework drop-in.

The centre is also working with the Homeschoolers Association whose youth

The MacPhee Centre on Queen Street (bottom left) is a thriving community hub for youth ages 12 to 19.

Some of the more popular programs offered at the MacPhee Centre include music performance and production, and drawing and sketching. It also provides space to three artists-in-residence.



Photos: contributed



own it. They determine what it looks like. They determine every aspect of the space."

As for the future, MacDonald says they are working on a strategic plan for the centre. And they'd like to share the space with other groups such as seniors, local businesses, and new moms. MacDonald says while they are focusing on the Dartmouth programs now, they'd love to see the model replicated elsewhere.

"In the future, the foundation doesn't need to be just 50 Queen Street," she says.

To learn more about the MacPhee Centre for Creative Learning, visit them at macpheecentre.ca.

come in to take part in programs, too.

The centre also offers working space to three artists-in-residence. Their presence there shows the youth an example of people who've made creativity their profession.

The space itself is warm, inviting, and filled with plenty of natural light. And there are lots of examples of youthful creativity here, including artwork on the walls.

"Come three o'clock, this is their space," MacDonald says. "They



A MESSAGE FROM

Darren Fisher, MP DARTMOUTH-COLE HARBOUR

Preparing for legalized cannabis

Recently, constituents of Dartmouth-Cole Harbour have reached out to my office with great questions on our government's plan to legalize, regulate and restrict access to cannabis. Some are worried about too many kids having easy access to cannabis. Some mentioned the importance of education and outreach. And some brought up concerns about impaired driving.

In this edition of the *North Dartmouth Echo*, I'll focus on restricting youth access to cannabis and changes to Canada's impaired driving laws.

Keeping our kids healthy and safe matters to me and it matters to our government. Did you know that Canada has the highest rates of youth cannabis use in the world? Currently, kids have an easier time

obtaining cannabis than cigarettes. We've launched a \$9.6 million comprehensive public education and awareness campaign to inform Canadians (especially youth) about the risks and harms of cannabis use. Our legislation would impose very serious criminal penalties for those who provide cannabis to young people. The new cannabis legislation would create two new criminal offenses with maximum penalties of 14 years in jail.

New offenses:

- Giving or selling cannabis to youth
- Using a youth to commit a cannabis-related offence

The legislation would also prohibit:

- Products that are appealing to youth

- Packaging or labelling cannabis in a way that makes it appealing to youth
- Selling cannabis through self-service displays or vending machines
- Promoting cannabis, except in narrow circumstances where the promotion could not be seen by a young person
- False, misleading or deceptive advertising, sponsorships, testimonials and endorsements or other forms of promotion that could entice young people to use cannabis, and would establish limits on product branding

It's a frightening statistic.

Impaired driving is the leading criminal cause of death and injury in Canada. We remain

committed to creating new and stronger laws to punish, more severely, those who drive while under the influence of drugs, including cannabis. Our legislation will strengthen existing drug-impaired driving laws – making them amongst the strongest in the world, especially where cannabis is legal. Not only are we introducing new "legal limit" drug offences – we've brought in effective tools to better detect drug-impaired drivers. We've made sure that the new laws are efficient and easier to enforce.

Do you have questions about our plan to legalize, regulate, and restrict access to cannabis? Give us a call at 902-462-6453 or email Darren.Fisher@parl.gc.ca.

Help with housing



Darcy Gillis and Danielle MacDonald are ready to help you with your housing needs.

Since April 2014, Dartmouth Housing Help (DHH) has become an established entity within the Dartmouth North community.

DHH services include helping clients find new housing, making appropriate referrals to partnering agencies, advocating, and having an open-door policy. We dedicate ourselves to these services to let individuals know that they are supported.

The office operates on the values of partnerships, inclusiveness, and being a positive impact within Dartmouth North. Office staff Darcy Gillis and Danielle MacDonald try their best to help improve on an individual's situation.

The perseverance of the individuals we have met in our office is incredible. Recently we worked with an individual trying to secure their own

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Cheyenne Hardy: An ambassador for Dartmouth North

by Susan Leblanc



Cheyenne Hardy with Dartmouth North MLA Susan Leblanc.

After being elected as the MLA for Dartmouth North in May, one of the first people I met was Cheyenne Hardy. I was already a fan of Cheyenne's, having watched her video about North Dartmouth and being so impressed by her energy, positivity, and intelligence. So I was really happy to meet her in person. She told me that she had just found out she was one of four young people in all of Canada to be awarded the Prince of Wales prize, which she accepted in Toronto at We Day on September 28. The award, which is designed by the Prince of Wales, comes with a trust of \$2,500 which Cheyenne can put toward a project

in her community. This is an incredible honour for Cheyenne, and I am so excited for the project that Cheyenne will dream up for Dartmouth North.

So, I was going to write this column all about that. But then I found out that Cheyenne has received another honour that is equally exciting. On November 2, she will be awarded the Young Humanitarian of the Year award from the Red Cross. On its website, the Red Cross says this about Cheyenne:

"Campaigning against stigmas and for violence prevention are passions of 16-year-old Cheyenne Hardy of Dartmouth, who also spends hundreds of hours per year volunteering at a commu-

nity food bank, animal shelters, the IWK Health Centre, and the Special Olympics."

In recognition of her work to remove the stigma of living in Dartmouth North, as well as her fundraising efforts to help a young woman named Precious receive a life-saving surgery in Africa, Cheyenne will receive the honour at a fundraising gala dinner at the Cunard Centre.

Cheyenne has just started Grade 11 at Dartmouth High and says things are going really well so far. At school, she is involved with Student Council, the yearbook, the GSA and Interact, a group that focuses on Human Rights and environmental issues. When I asked her what

she was currently most excited about in Dartmouth North, she said:

"Everything! There are so many new events and celebrations happening that help the community to come together. I love working with Between the Bridges, and I love that Dartmouth North is getting recognized because of the video, now as far away as Toronto and England!"

I think it's safe to say that Dartmouth North is excited about everything Cheyenne is doing, too!

Susan Leblanc is the MLA for Dartmouth North. She can be reached at 902-463-6670 or by email at susanleblancMLA@bellaliant.com

Giving back to the community

SPAN grants in Dartmouth North top \$13,000 and counting

by Matt Spurway

In just five months, Between the Bridges has distributed over \$13,000 in SPAN grants throughout the community.

The grants are distributed every month based on applications from residents who have an idea for how to advance our community fabric.

Projects can be anything in Dartmouth North that is for the whole community and increases community pride, neighbourhood safety, or social inclusion.

Between the Bridges has recruited a Community Insight Team that meets every month to review and endorse projects for funding.

Since May, eight projects have been endorsed for SPAN funding with a total value of more than \$13,000.

Canada150 Movie Night at the Dartmouth North Community Centre featured pizza, popcorn, and treats, a

book giveaway, and mini-Canadian flags for the kids.

Youth Bring Unity to Community is an effort which will bring youth from across Dartmouth North together to find common ground and maybe even plan their own SPAN project.

Grade 6 students helped build 4 new planter-benches alongside the soccer field at Harbour View Elementary School. They are already being well used by people watching sports on the field and students alike.

The Dartmouth North Backyard BBQ on July 8 at the Dartmouth North Community Centre was a huge team effort and featured free hot dogs, pulled pork sliders, vegetarian and halal options, D-I-Y fruit kabobs, music, face painting, balloon animals, games and even a visit from the police horse.



Photo: Gary Wright

A new sign for the Tufts Cove Cemetery! Many thanks to the SPAN Project, Between the Bridges staff and the Community Insight Team for their generous support in providing funding for the new sign. Thanks also to NS Power Tufts Cove for enabling the installation.

Games on Board is a free board-game party for youth at the Dartmouth North Community Centre, offered twice a month until the end of the year. Kids share pizza while playing exciting, high

quality board games together.

Giving Back to the Community Thanksgiving Dinner on Sunday October 8 is expanding on the popular dinner that has been organized over the last number of years. Bring your appetite!

The Tuft's Cove Cemetery Sign was purchased with a SPAN grant, bringing added visibility to this incredible hidden gem in our community.

The Lahey Road Block Party on September 2 was an amazing way to celebrate back to school for kids from all over the community. Featuring a 30-foot-tall rock climbing wall, trampoline, and bouncy castle, plus great food and music.

Do YOU have an idea for a SPAN project? Contact Matt at Between the Bridges, 902-488-7446 or matt@betweenthebridges.ca

Changing the world through adult education

contributed by Dartmouth Learning Network

If you are reading this article, you may not need these services. But, someone you know might.

Approximately 50 per cent of Nova Scotians function at a junior high literacy level for reading, writing and math. Less so for computer skills.

Dartmouth Learning Network (DLN) is one of many organizations across the province to provide adults with the opportunity to upgrade their reading, writing, math and computer skills, or prepare to write their General Educational Development (GED) test, through free classroom and one-to-one tutoring.

While a lot of learners

approach DLN with the goal of getting their GED or their high school diploma, most attend to improve their skills so that they can do things like help a child with homework, get a job, learn a new skill to improve their performance at work, or contribute to their community.

Dartmouth Learning Network wouldn't be able to do what they do without the help of volunteers. Mike Casey has been volunteering with them for just over six years. When asked why he chose to volunteer, he said, "One of the key ways that we can give people a chance to



Photo: contributed

improve their lives is to help them to further their education. I came from a family that had very high expectations regarding education. Given the way the world is changing, if you don't have a minimum of Grade 12 and a certificate of some kind or another it's hard to be fully employed and finan-

cially secure."

Unfortunately, Mike is right. According to the Literacy Foundation, individuals that don't meet Canadian literacy standards are more likely to experience lower incomes, lower quality jobs, reduced access to

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GOOD TIDINGS FROM DISTRICT 6

by Tony Mancini, Councillor, District 6

Dartmouth Community Centre, Outdoor Library and Playground Project Update



Construction has started on the outdoor space near the Highfield Park Drive side of the building and is progressing well.

The plan includes an outdoor library adjacent to the existing library with large sliding glass doors separating the interior/exterior. The playground will be constructed between the outdoor library and the parking area. A half-court basketball court is to be constructed on the Pinecrest Drive side of the building where the existing playground is located.

The project will be done in two phases. Phase 1 involves the following exterior improvements:

- Installation of the storm water underground piping. This activity is scheduled to take one month. The site surface water issues will be corrected with this construction work. This will be the most disruptive activity with the north entry being closed.
- In October, the next activities include site grading, sidewalk construction, and asphalt paving.
- In November, glazing will be added to the north wall of the library, outdoor library will be constructed, the playground will be installed and the soft landscaping will be planted.

This phase of the work is on schedule.

Phase 2 involves interior improvements. Staff from HRM's Park and Recreation Department and Halifax Public Libraries met over the summer to develop an architectural program for the interior. A building condition assessment is being prepared.

This assessment report will assess the "state of good repair" of the building and identify the capital improvements. \$600,000 in funding has been identified in the proposed 2018/19 HRM capital budget.

The library remains open during construction. Parking will be located on the Pinecrest Drive side of the facility.

Snow Removal - Seniors and Persons with Disabilities Program 2017-18

The municipality is providing approximately \$400,000 in funding to support the YMCA's subsidized Snow Removal Program for Seniors and Persons with Disabilities. The YMCA pays all service fees directly to the contractor on behalf of program participants. Snow will be cleared from front and back steps, walkways, ramps and access to fuel tanks. The program does not include clearing snow from driveways.

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A celebration of community

by Doris Buffett-MacDonald

The summertime sun was the backdrop for the Demetreous Lane Community Carnival in August. This annual event is sponsored by the Demetreous Lane Tenants Association, an organization made up entirely of enthusiastic community volunteers.

Little ones were jumping for joy at the bouncy castle, manned by the youth group. They later chilled out with refreshing slushies, served up by the teen group. The teen group also volunteers at the Demetreous Lane Food Bank and the

Dartmouth Food Centre. Dishing up smiles, franks, and burgers were Meagan and Dave, while Heather Beaton held down the fort at the Plinko game.

Smiling like a mother hen fussing over her brood was Josephine Downey, matriarch and den mother of Demetreous Lane. She'd like to extend her thanks to all the volunteers who worked tirelessly to make this event just perfect, and the community members and families who came out to share in all the fun.



(Left) Lennard Antonio and his mom Stacey having a blast at the Demetrius Lane Community Carnival.

(Middle left) Youth helpers cooling with summer slushies.

(Middle right) Levonti sits real still so Paige can do his face painting just right!

(Bottom left) Bouncy fun.

(Bottom right) Meagan and Dave firing up delicious burgers and franks.



Photos: Doris Buffett-MacDonald

Making a “tidal impact”

...cont. from p.1

Grand Bay, NB; a community group from Dartmouth North known as “Take Action,” and a community group known as “Better Together.”

Take Action is a community service group comprised of mothers and their youth wanting to make a difference in North Dartmouth, volunteering their time to raise funds to better their community.

Better Together started as a group of three men with intellectual disabilities who have dedicated their time to serving any way they can in their community. Better Together is a partnered with Special Olympics, Partners with Potential, and DASC Industries.

Throughout Tidal Impact, the group served in seniors’ homes such as Oakwood Terrace and Northwood, at Margaret’s House, the soup kitchen, the North Dartmouth Community Garden, Adsum House, and the Demetreous Lane Community Centre. They also participated in community clean-ups, community outreach, Ronald MacDonald House, and a massive food drive for Feed Nova Scotia, to name the highlights.

What makes this Tidal Impact group even more special this year is that the three churches invited individuals living with

disabilities in a group home, as well as the community group Take Action, to join their community service project. Neither group has church affiliation. They made a significant effort to encourage inclusion and celebrating diversity among the group. Everybody and every group were personally impacted by witnessing the determination and dedication of each member of the collaborated group, and are looking to take that inspiration back into their own communities to continue the mission.

Better Together began a Canada 150 Challenge project, committed to completing 150 acts of caring and service in the community by the end of the year. The group has completed dozens of community service acts so far, but wanting to ensure that 150 acts were completed, they began to challenge their friends and community partners to join them in going into their own communities to complete a service act. They challenged everyone that was a part of Tidal Impact to go back into their own communities to make a contribution that would benefit their community, as a way of helping them reach their goal of 150 community service acts.



Photos: contributed

If you would like to be a part of the Better Together team, help us to complete 150 acts of being Canadian—It’s easy!

Step 1—Perform an act of service, caring, support or encouragement

Step 2—Email us a photo and brief description of your “Act of Being Canadian”

Step 3—Share your story with a friend and challenge them to join us!

All photos can be sent to hiltondr@rrss.ns.ca.



(Top) Youth from Tidal Impact got their hands dirty and their spirits lifted helping out at the Dartmouth North Community Garden.

(Above) The Better Together team is inviting community residents to help them complete 150 acts of being Canadian by performing acts of service or caring.

Help with housing

...cont. from p. 4

apartment for the first time. The individual was consistently dealt road blocks, however, that never wiped the smile off their face. When they would get denied they wouldn’t give up; instead they questioned what they needed to do to get the solution they sought. In a matter of three weeks this individual secured many firsts in their life, including eventually securing the apart-

ment they desired.

We have also guided a new family to the area through the steps of finding a place to call their own. This was a motivated family who were seeking general advice and guidance as they made their transition. We keep in contact and they are still excited by their new home.

We would like to welcome our new neighbours, NDP MLA for Dartmouth North Susan Leblanc and her constitu-

ency assistant Kelly Wilson. Their enthusiasm, dedication, and belief are inspiring, motivating us to be advocates ourselves. We would also like to welcome the Marijuana for Trauma office, specializing in assisting individuals with cannabinoid therapy through an impressive education and support service. We would like to give special thanks to former Liberal MLA Joanne Bernard and her constituency assistants

Patti Wilson and Brandon Walker whose support led to the full development of our office. We would also like to congratulate The Dartmouth Learning Network on their new residence at 73 Tacoma Drive, formerly of 260 Wyse Road. We wish Alison and her staff the best in their new accommodations.

Dartmouth Housing Help is a partnership between The Public Good Society of Dartmouth and Metro

Non-Profit Housing Association. The office was first opened in April 2014 with generous core funding provided by United Way of Halifax. Starting in April 2015, the Department of Community Services provided additional funding that allowed the office to become a full-time service.

In February 2017, Dartmouth Housing Help secured a small federal grant that allowed a further increase in office

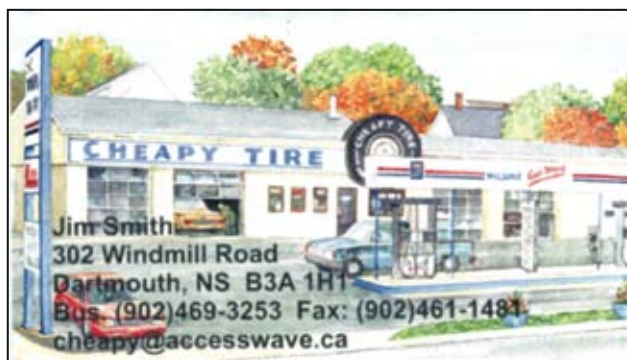
hours and helped develop a stronger working partnership with landlords within the Dartmouth community.

Office hours are generally Monday to Friday, 9am–5pm. Exceptions have been made to support an individual outside of regular office hours.

For more information contact:

Darcy Gillis, Senior Housing Support Worker
Dartmouth Housing Help
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902-466-3483 (t)

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Visit the Dartmouth Housing Help website: dartmouthhousinghelp.ca
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Spirit of the Community

Acrylic artist Catherine Wilson donated some of her South African-inspired art to a fundraiser for Engineering Ministries International.

Shown are three of her donated paintings, from top: "Saturday," "Weeping" and "Immersion."



Designing a world of hope

SonLife fundraiser celebrates the work of Catherine Wilson, engineer in training

by Doris MacDonald-Buffett

SonLife Community Church on Windmill Road in Dartmouth was the scene of a unique fundraiser on Saturday, September 16. The fundraiser featured the sale of artwork created by Catherine (Cat) Wilson, and a supper comprised entirely of South African cuisine.

Cat Wilson, who studied leadership philosophy and civil engineering at the University of New Brunswick, is an engi-

neer in training on the Big Lift on the Macdonald Bridge. She has been a member of SonLife Community Church for the past three years, and she is also a member of Engineering Ministries International (EMI).

The motto for EMI is "Designing a world of hope." It's a non-profit Christian development organization mobilizing volunteer architects, engineers, surveyors,

building technicians, and other design professionals to donate their skills, helping communities around the world step out of poverty and into a world of hope.

Having grown up in rural South Africa, Cat will be returning home in January 2018, to join a team of professionals volunteering their skills in the preliminary design of an orphans' village in Benoni.

Cat has recently

reconnected with her lifelong interest in art, so she decided to combine her passions for art and for South African culture into a fundraiser for her trip.

The menu consisted of Bobotie, (Cape Malay beef curry casserole), pizza with a South African twist (chutney as the base), and Bunny Chow (hollowed out loaves of bread stuffed with a flavourful vegetable curry). For dessert, there was Malva pudding, (part pudding, part cake). South African food has been influenced by its history. Many dishes trace back to Malaysian and Indian slaves brought across by Dutch traders.

This exciting opportunity fits well with Cat's beliefs and skill set. It will also fulfill the last three months of work experience required for her professional engineering designation.

To learn more, or to donate, email Cat at boldlyetunderstated@gmail.com or visit www.emi.canada.org.

Photos: contributed



Roseanna Cleveland: A true community builder

submitted by Dartmouth Community Health Board

The Dartmouth Community Health Board had the great pleasure of presenting Roseanna Cleveland with a Community Leadership Recognition Award. Roseanna was nominated by Pastor Adam Greeley who said: "Roseanna has helped other residents to discover that they can be agents of change in their

community. She has helped to identify and train young leaders in the community. Roseanna is clearly one of the strongest grassroots leaders I have worked with." We agreed.

We know Roseanna is a tremendous community builder, who works hard to create opportunities for her community through groups such as

The Take Action Society, the Dartmouth North Association, and Between the Bridges. She trusts in her community and respects and honours everyone and what they have to bring. Every day, we see the difference she is making. Thank you for all of your hard work. You are a gift to the community of Dartmouth.



Photo: contributed

Roseanna Cleveland (second from left) was thrilled to receive a community leadership award from the Dartmouth Community Health Board. She is shown here with (left-right) Andrea Lebel, Co-chair Dartmouth Community Health Board, her nominator Pastor Adam Greeley, and Monique Mullins-Roberts, Dartmouth Community Health Board.



SENIORS' CORNER

is supported by

Darren Fisher

MP FOR DARTMOUTH-COLE HARBOUR
902-462-6453



Honouring Frances Hunter

by Kevin Clarke

Photo: Rouena Hardy



The North Dartmouth Outreach Resource Centre recently held a pot luck luncheon in honour of Frances Hunter, the long-time manager of the food bank. Frances was a member of the leadership team from the beginning of the food bank's incorporation as a society under provincial regulations. The luncheon was held on the last week of her tenure as food bank manager in June.

Over her long career of helping people in need in her community of North Dartmouth, Frances has made countless friendships, with both the clients and the volunteers. Frances also developed friendships with many other volunteers in the food bank network through meetings and events sponsored by Feed Nova Scotia.

The luncheon was attended by most of the 30 volunteers who help at the food bank and was highlighted by the attendance of District 5 Councillor Sam Austin, who said some very kind words about Frances' dedication to her community. He also presented a plaque in her honour on behalf of Mayor Mike Savage.

Frances has helped so many people in so many ways at the Outreach Centre over the last 20 years, and she's not finished yet. She will continue at the food bank as ambassador, sharing stories with and listening to her clients' concerns, and then doing something about it to help them out, which will more than likely include a hug!

Kevin Clarke is president of the North Dartmouth Outreach Resource Centre

Paulette Rogers celebrated her 70th birthday early this year to accommodate her sister's visit. So on July 23, Paulette's family and friends gathered at Holy Trinity Emmanuel Church Hall with birthday cake and best wishes for this fantastic community and church volunteer, whose actual birthday was September 15. We wish her all the best in the years to come!



Photo: Joanne Dooley



Photo: contributed

What a fantastic day for residents of Camp Hill Veterans Hospital in Halifax when hockey hero Sidney Crosby and the Stanley Cup paid a visit on August 6. It was an honour that Marty Delaney, 98, and his son, Brian had the pleasure to share together as they touched the world famous cup. Marty and his wife Ruth lost their home and car in last year's floods in Sydney, and Ruth now resides in Dartmouth while Marty is a resident at Camp Hill. They have been married for 67 years, and still spend each day together, blessed with their love for each other. How sweet it is!



Do you want to sing in a choir? Or play piano for us?

The DSSC choir is looking for men and women and a back-up piano player.

Rehearsals: Thursdays 1-3 pm

For info call Bob Anthony 902-463-5806

SCOFF "N SCUFF NEWFOUNDLAND NIGHT SAURDAY, SEPT 30

\$20 members / \$25 non-members

Dinner 6pm / Dance 7-11pm

Cash bar. Dance only \$10

Music: The Leroy Bennett Band

Menu: Home baked beans, fish cakes, home-made bread, glass of wine, gingerbread

Thanksgiving Turkey Lunch

THURSDAY, OCT 5, 12 Noon

\$15 members/ \$17 non-members

Menu: Turkey Dinner with trimmings, roll, pumpkin pie, tea/coffee

KIWANIS SPAGHETTI SUPPER SATURDAY OCT 14

FALL FAIR SATURDAY, OCT 21

HALLOWEEN HAPPY HOUR THURSDAY, OCT 26

MERCHANDISE BINGO SATURDAY, OCT 28

45 Ochterloney Street • Dartmouth
902-465-5578 • www.dartmouthseniors.ca



Spotlight on Youth

is supported by

Susan Leblanc
 MLA Dartmouth North
 902-463-6670
 susanleblancMLA@bellaliant.com



SCHOOLED IN BRAVERY

Camp Courage offers young women the chance to step into the role of first responders

by Cheyenne Hardy

Camp Courage, The First Responders Society is a non-profit company that was established by firefighter Andrea Speranza. Its purpose is to introduce young women aged 15 to 19 to careers as first responders, primarily paramedics, police officers and firefighters. I am very proud to say that I graduated from Camp Courage on July 16 of this year, and had the honour of being voted one of the class valedictorians!

I grew up having an appreciation for first responders. My dad is a dispatcher and my uncle is a police officer, so I have always heard many positive stories about the police, firefighters, and Emergency Health Services (EHS). But of course, all of this was second-hand.

A couple of years ago I personally encountered a team of first responders and my admiration grew even bigger. When I was 14 years old, I was cross-

ing the street in a cross-walk and got hit by a car. It happened right in front of the fire station in Highfield Park in Dartmouth, so firefighters were by my side almost immediately and then very shortly after the police and EHS were there.

As I lay in the street, I was terrified. But the first responders kept talking to me, never leaving my side and keeping me calm. They were very careful, but very quick, to put me on a back board and to get me in the ambulance. At that time, I truly felt like they were my lifeline, and my parents and I have always been so thankful for the great care they gave me until I got to the hospital.

I am someone who wants to spend the rest of my life helping people, and although I am not sure what my career will be, I know that when my mom told me about Camp Courage I was very quick to apply. In my eyes, first responders



are the ultimate care givers in our city, but I was very curious to see exactly what their jobs entailed. Although I knew first responders did a lot on the job, I realized I didn't know 90 per cent of the things they do, until camp. I definitely didn't realize just how far they go above and beyond to keep all of us safe, keep us calm in times of tragedy, and how often they put their lives in danger to protect ours.

For one week, we got to experience so many aspects of each position. We were encouraged to push ourselves beyond what we thought were our limits. And the most amazing thing about this camp is, even though you are nervous, and tired and challenged every day, you are also having a blast every minute. Whether I was climbing the truck ladder, rappelling buildings, smashing out car windows, searching for bad guys, learning to shoot, putting

in an I.V, or taking someone's blood pressure, it was all an experience I will never forget!

The success of Camp Courage is mainly due to the outstanding mentors who run this program. They are paramedics, firefighters, police officers and civilians, and they are all volunteers. They work together to support, encourage and teach, as well as push young women like me.

I would like to encourage any young women between 15 and 19 years of age, if given the opportunity, to apply for Camp Courage. It is 100 per cent free, and all you have to do to be accepted into camp is write an essay and answer some questions. Trust me; it may be free, but the experience is priceless!

The best part of camp is you develop lasting friendships with the other campers because you have had to work together and push each other well beyond your comfort zones. Together you are



Cheyenne Hardy got to try out the life of a first responder at Camp Courage, a free program for women aged 15 to 19.

learning to build each other up, not tear one another down. That was my favourite part of camp because the world needs more of that.

Andrea and the other mentors have created this camp so they can be there to support young women like us and encourage us to do whatever we want in life. This camp is not just about

finding a career; it's about empowering young women to believe in ourselves and to go out and find our own personal success in life.

Because of them, and because of a camp like this, maybe someday little girls won't have to be told they can be anything they want to be, because they will already know.

Want to be a S.T.A.R.?

S.T.A.R. (Share the Art of Reading), a play-based tutoring program of the Boys & Girls Clubs of Greater Halifax, returns to Harbour View Elementary School for children in grades Primary-3.

Volunteer Tutors Needed

As a volunteer tutor you will be a STAR to the children. Tutor training is provided.

Tuesday, Wednesday, Thursday
 11:30 am-1:00 pm

Tuesday and Thursday
 2:00-4:15 pm



STAR is a joint project of the Boys & Girls Clubs of Greater Halifax, Dartmouth North Association, Department of Education and Early Childhood Development, Halifax Regional School Board, and the Dartmouth Community Health Board.

For info contact Liz at dntutoring@bgcgh.ca, 902-410-1248 or visit the S.T.A.R. room!



Boys & Girls Clubs of Greater Halifax

Photos: contributed

Good Tidings from District 6

... cont. from p. 5

PROGRAM ELIGIBILITY

The snow removal program is available to seniors, 65 years of age or older, and persons with disabilities in the Greater Halifax-Dartmouth region who also meet the following criteria:

- Participants must reside in a single dwelling home that is owned or rented
- The total gross household income of all people living on the premises must not exceed \$32,000
- The program is NOT available to landlords
- The program applies to residential properties only – commercial properties are ineligible.

The program operates on a first-come, first-served basis. When maximum capacity is reached, registration in the program will close and individuals will be placed on a wait list. Only complete applications, including all proper documentation, will be considered.

HOW TO APPLY

- You may call 902-483-3678 for an application package.
- A copy of your Notice of Assessment(s) from Revenue Canada for the previous taxation year must accompany your application.

- Completed applications may be faxed to (902) 423-8530
 - Completed applications may be mailed / dropped-off in person to: Attention: YMCA Senior Snow Removal Community YMCA 2269 Gottingen Street Halifax, NS B3K 3B7
- For more information, visit: www.ymcahfx.ca/ymca-programs/ymca-senior-snow-removal/ or call 902-483-3678.

Litter Abatement – It's All Up To You

Thank-you to all residents who dispose of litter properly by one or more of the following methods:

- Placing litter in proper receptacles
- Taking litter home to be disposed of as per residential waste disposal methods (recyclables, compostables, solid waste)
- Holding onto litter until a proper receptacle is found for disposal.

We all share the responsibility to stop littering. It's such a simple solution. If each of us disposed of trash properly, there would be much less litter, if any.

To assist residents in disposing of trash properly, I am bringing forward two motions for Council's consideration:

1. Review of the Litter

Receptacle Placement criteria and

2. A Public Education Litter Strategy Campaign.

Halifax Transit – Moving Forward Together

The Moving Forward Together Plan works toward building a simplified transfer-based network by facilitating transfers, reducing redundancy, streamlining routes, and making the network easier to understand. This principle is furthered by proposing improvements to passenger amenities, and the introduction of two new off-street facilities: the Wrights Cove Terminal in Burnside, and a West Bedford Park & Ride.

WRIGHTS COVE TERMINAL (tentatively 2020): A new terminal is required to facilitate transfers into the Burnside Business Park. This new terminal will be located on Bancroft Lane near the intersection with Windmill Road. This will be a relatively small facility, featuring four to six bus bays, layover space for vehicles, and passenger and bus operator amenities.

If you would like to contact me regarding a municipal program or service, please call 902.292.4823 or email tony.mancini@halifax.ca.

Changing the world through adult education

... cont. from p. 5

lifelong learning and professional development and precarious financial situations. But, according to Mike, there is hope.

"The real thing that I enjoy about volunteering as a tutor at Dartmouth Learning is seeing people open opportunities for themselves by getting a better future that comes with completing their course of studies. When you help someone improve his situation in life by furthering his education, you have, in effect, changed the world in a small way."

One individual that Mike tutored is a real example of what can happen when we invest in literacy and upgrading. This young man was tutored by Mike for three years to upgrade his skills to a high school level. He then went on to complete his grade twelve through the Nova Scotia Community College's Adult Learning Program, got a full-time job and won a national literacy award for his efforts.

The Dartmouth Learning Network accepts new learners and volunteers from September to June each year. Individuals wishing to learn more about them or their services can reach them at 902.463.9179.



Photo: contributed

Hello and Goodbye: Inspector Richard Lane, Rebecca Douglass, Community Cst. Jeff Nicholson and Inspector Don Moser at the Neighbourhood Watch meeting in June at Farrell Hall. It was a special evening as Dartmouth's new Divisional Commander, Inspector Richard Lane, was welcomed by residents. He replaces Inspector Donald Moser who was transferred to another department. Cst. Nicholson presented Rebecca with a token of appreciation for the 20 years she has given to the program as secretary. Rebecca is moving to Calgary to join her husband, Olaf.

Dartmouth Funeral Home

Est. 1940

Family Owned and Operated

Phillip Levandier
AVAILABLE 24 HOURS A DAY

Complete Facilities
Cremation
Pre-Arrangements

466-2360
29 QUEEN STREET, DARTMOUTH

BETHEL COURT PROPERTIES

Beverly Wile
Owner/ Rental Manager

Bethel Avenue, Dartmouth, NS
Phone: (902) 469-7815

Mark Wile
Manager
Cell: (902) 225-5364



BETHEL COURT PROPERTIES

A charming and affordable place to call home

Halifax Regional Police



A GUIDE TO POLICE SERVICES

Emergency	911
Non Emergency Police Dispatch.....	902-490-5020
General Info	902-490-5016
Divisional Commander Dartmouth	902-490-5171
Cst. Jeff Nicholson.....	902-292-1975
Neighbourhood Watch Co-ordinator.....	902-490-5243
Victim Services.....	902-490-5300
Anti-Bullying Hotline.....	902-490-7283
Office of Chief of Police	902-490-6500
Crime Stoppers.....	1-800-222 TIPS (8477)



Photo: Doris Buffett-MacDonald

Seat at the table: Participants representing various community organizations at the DNA (Dartmouth North Association) met at Farrell Hall on September 21.



Father Joseph Hattie, from Barry's Bay, Ontario, former parish administrator for St. Paul's and St. Anthony's parishes, visited former parishioners during a visit to Dartmouth in August. Left to right: Father Hattie, John Anderson, Jan Clark and Mika Kawaja.

Giving the marginalized a voice

Non-profit offers Nova Scotians a way to connect

by Alex Myrick

Since registering as a non-profit in 2011, Red Bear Healing Home Society has worked relentlessly to help people across Nova Scotia who are experiencing economic disadvantages or poverty.

Today Red Bear is managed by its executive director, Carla Conrod, who oversees the society's daily operations. She and a six-member board of directors govern the group's long-term agenda. Conrod explains the society works with limited funding and gets help from volunteers with events, fundraisers, and programs, as much as possible.

Conrod says that being such a small non-profit has made it difficult to have a "broader impact in the province." With the negligible funding they do receive she finds it challenging to help those who need support with unemployment, homelessness and poverty.

The society's actions are guided by its mission statement: building respect for all life through sustainable living. Through its First Nations teachings and programs, Conrod says this process begins by offering "education, inspiration, referrals, support, resources and free voice mail for people who are socially and economically disadvantaged."

The most important program the society provides is the Red Bear Connects Voice Mail service. For those who cannot afford a cell phone, land line, or the Internet, it is incredibly difficult to participate in today's society. Without these amenities people cannot offer potential employers a contact number, they cannot easily seek legal aid, and they cannot schedule vital doctor's appointments.

This voice mail service gives users a telephone number with an extension to a voice mail box. When activated, messages can be left for them regarding jobs, housing, and health care. The voice mail can connect them with friends and family who they couldn't get in touch with otherwise. Red Bear provides this service for free to anyone in Nova Scotia who is experiencing poverty or homelessness, or is at risk of becoming homeless.

This service may seem insignificant to some, but it has been indispensable to those who need it, like Steven McPhee, a cancer survivor who fought the disease off twice during the 1990s. McPhee says that unfortunately the treatments of chemotherapy and long hospital stays also led to a divorce. While in hospital, McPhee's problems continued to escalate. He soon lost his ability to

work and was diagnosed with bi-polar disorder.

McPhee is now on income assistance and long-term disability. This means he has limited funding and can only afford a phone line. With all of the medical appointments he has to arrange, McPhee is elated with the service, which allows him to receive these important messages.

Yet, in order for the society to continue helping people like Steven, they need more donations. If you would like to help people experiencing economic disadvantages or poverty in Nova Scotia you can support the Red Bear Healing Home Society at paypal/myredbear or through their website at www.redbearhealinghome.ca.

For more information contact Carla at (902) 448-4744 or info@redbearhealinghome.ca.



CHURCH EVENTS

ST. ANDREWS CHURCH

216 School Street

CHRISTMAS TEA & SALE

Sat. Nov 4, 2-4pm

Bake & craft tables

Adults \$6

Under 12 \$1

BETHEL UNITED BAPTIST CHURCH

316 Windmill Road

Office 902-469-4731

Sunday 10:50 am

Family Worship

(Nursery provided)

11:00 am

Sunday School

(ages 4 - 12)

Wednesday 7pm

Bible Study

Sat. Nov 25, 7pm

Aaron Kenny with

Canadian Baptist

Ministries will share the

work he and his wife

Erica, are doing in Kenya.

ST. ANTHONY'S CATHOLIC CHURCH

27 Farrell Street

CLASSIC COUNTRY SHOW

Sun. Oct 15, 7-9 pm

Sidewinder, Blain

Henshaw, Frank Grandy

and Lucas Whitehead

Cost \$3

Info: Gordon 469-5698

PARISH FAIR

(Flea market/bake table)

Oct 28-29

Sat 9am-4pm

5-6:30pm

Sun 10 am-3pm

Saturday: chili or corn

chowder, with dessert,

tea or coffee \$8

ST. JAMES UNITED CHURCH

181 Portland Street

FALL FLEA MARKET

Sat. Oct 14 8am-12pm

Admission \$2

Info: 902-464-8852

ST. PAUL CATHOLIC CHURCH

197 Windmill Road

Office 902-463-5897

BOOKS, PUZZLES,

GAMES SALE

Sat Oct 14,

10am-12pm

JEWELLERY/

AUTUMN BAKE SALE

Sat. Oct 21, 9-1 am

HOLY TRINITY EMMANUEL CHURCH

30 Alfred Street

902-463-3713

FLEA MARKET/

BAKE SALE

Sat. Sept. 30,

9am-12pm

Admission \$.50

FRANK GRANDY & CUTE AS A BUTTON CONCERT

Sunday Oct 8,

1:30-4:30pm

Free Will Offering

AUCTION

Sat, Oct 28

Admission \$5

Includes dessert, tea

or coffee

JINGLE BELL ROCK

Sat Nov 18,

10am-2pm

DARTMOUTH FIRST CHURCH OF THE NAZARENE

Hester Street

902-466-5822

OPEN DOOR CLOTHING BANK

Wednesdays

8:30-11:30 am

THRIFTY TREASURES



Thrifty Treasures (second-hand goods) Support Services Group Cooperative, currently located at 269 Windmill Road, is moving to Woodlawn Plaza, 114 Woodlawn Road, Unit 135.

Hour of operation will remain the same:

Mon-Sat 10am-5pm. Closed on Sunday.

Come see us in October!

COMMUNITY CALENDAR



is supported by
Tony Mancini
COUNCILLOR DISTRICT 6
902-292-4823

DARTMOUTH NORTH LIBRARY EVENTS

Call 902-490-5840 to register or for information.



COMMUNITY TEA

Meet some of your neighbours and staff for a nice relaxing cup of tea.

Fri, Oct 20/2 PM-4 PM

KNITTING AND CROCHET CLUB

New to knitting or crocheting, or are you a seasoned pro? Use our supplies or bring your own project to work on.

Tue, Oct 24/6:30 PM

Sat, Oct 14/2:30 PM

Registration required.

THE SECOND ANNUAL BABY FREECYCLING EVENT

Are you feeling overwhelmed by the costs of a new baby? Come to our freecycling event to stock up on all things baby and toddler related. Information services, games, prize draws, and more. In partnership with the Dartmouth Family Centre, The Dartmouth North Community Centre, 211, and Child Safety Link.

Tue, Oct 3/9:30 AM



HOW HEALTHY IS YOUR PLATE?

with the Dartmouth Community Health Team

Let's talk about food! Build a healthier plate by learning about balance, timing, and portions of meals. Call the Community Health Team at 902-460-4555 to register. In partnership with the Dartmouth Community Health Team and Take Action.

Fri, Oct 13/10 AM-12 PM

Registration required.

LUNCH AND LEARN: THE INTERVIEW CHECKLIST

Learn how to best prepare for any interview setting. Lunch is provided. In partnership with reachAbility.

Fri, Oct 20/12 PM-1 PM

Registration required.



HALLOWEEN PARTY

Celebrate Halloween at our Halloween Family Fun Fest. Games, prizes, and more. In partnership with the Dartmouth North Community Centre.

Fri, Oct 27/2:30 PM

Registration required.

COMMUNITY FOOD CENTRE

6 Primrose Street
902-407-4610



FOODFIT PROGRAM

Eat healthier • Move more
• Meet new people

FoodFit is a new 12-week program starting the end of September. In this program you'll:

- Improve your cooking skills and learn new recipes
- Join in a 30 minute walk or movement session
- Share healthy meals with others in the group
- Make a 12-week commitment to becoming a healthier you

For more information call and leave a message for Kathleen or Amanda at 902-407-4610.

FARM HARVEST PREP TEAM

Thursdays at 9:00am

(starting September 21st) We are looking for volunteers who are interested in helping to harvest and store the produce from the farm. We need people who can work outside (bending, heavy lifting, etc.) and who can commit to most weeks until the harvest is done. If interested please get in touch with Rob at 902-407-4610 ext. 202.

COMMUNITY EVENTS

ANNUAL WALK AGAINST VIOLENCE

Wednesday, Oct 18

Starting at 6:30 from the Boys & Girls Club on Farrell Street. Rain or Shine. Please leave your porch light on to show your support.

FREE CLOTHING DEPOT

Holy Trinity Emmanuel Church
30 Alfred Street

Every Wednesday

9:30 to 10:30 am

Clothing and footwear for babies, children, ladies and men.



Clan Lamont

The Clan Lamont Society are in search of people in Nova Scotia who come under their Society and would like to join. Names such as Black, Brown, Burden, Lamb, Luke, Lamond, Meikle, Patrick, Sorley, Turner, Whyte and White are a few of the 68 names that come under this society. Please call 902-864-1994 for further information.

COUNTRY MUSIC SHOW

Frank Grandy & Cute As A Button

(Classic Country, Gospel & Rock & Roll)

Holy Trinity Emmanuel Church Hall
30 Alfred Street

October 8, 1:30-4:30 pm

Free will offering at the door

Canteen: hot dogs, hamburgers, pop, water, tea, coffee, chocolate bars & chips

Come out for an afternoon of great entertainment & fellowship. All proceeds will be used for the upkeep of the church



You're Invited

Tree Trimming Party & Open House

Tuesday, November 28th
2:30 - 5:00 pm

Come check out our new space at
73 Tacoma Drive, Suite 802

Dartmouth Learning Network

HANDMADE GOODS OF DARTMOUTH NORTH

craft fair

FREE ADMISSION

\$5 TABLE FEE

SUNDAY 1:30-4:30

OCT 29 NOV 26 DEC 17

DARTMOUTH NORTH COMMUNITY CENTER

CALL 490-5900 TO BOOK A TABLE

Community Brunch

East Dartmouth Community Centre
50 Caledonia Road

9:30 am—1:00 pm

Adults: \$8 • Children: \$5 (10 & under)
Big Breakfast: \$10

Sunday, October 22

UPCOMING DATES:
Sunday, November 26
Sunday, January 28

EVERYONE WELCOME

Presented by the
Kinsmen Club of Dartmouth

FREEDOM FOUNDATION PRESENTS

COUNTRY MUSIC
JAMBOREE & AUCTION

October 15 • 1 to 4 pm

Army, Navy, Airforce Club, 137 Main Street, Dartmouth

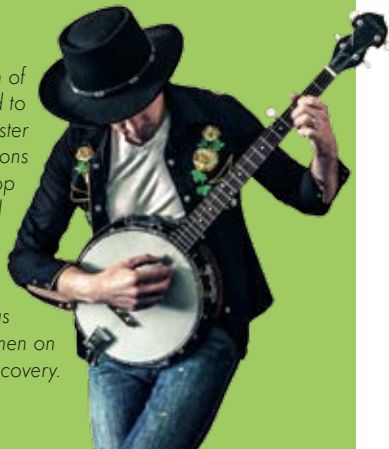
Join Freedom Foundation of Nova Scotia for its Fourth Annual Country Music Jamboree Fundraiser

Entertainment by Frank Lowe and Sidekixx, Shirley Reid, Rob Brown, Ruth Manning, Sandi Weagle and Chris Corkum

- Door prizes, 50/50 draw, silent auction
- Refreshments available at the canteen
- Admission \$10

100 percent of proceeds go to the Freedom Foundation of Nova Scotia. Call Kari at 466-0299 for information or tickets.

The Freedom Foundation of Nova Scotia is committed to providing services that foster recovery from addictions and help people develop a positive self-image and self-worth in a secure and caring environment. Established in 1988, the Freedom Foundation has helped more than 1000 men on their road to recovery.

You are
Invited to
Rejoice!

The Rejoice After School Club returns Thursday, October 12, 6:30 to 8p.m. at Northbrook Bible Chapel, 225 Victoria Road, for children and youth ages 5 to 17.

Over 140 children from the Dartmouth North Community have come out to the club over the past 11 years. Every Thursday evening the club offers a lesson from the bible, recreational games and healthy snacks. Points are earned each week to buy toys, gift certificates and snacks from the Rejoice Store every five weeks. Special events are planned for Christmas, Easter, and other occasions. Each child and youth receives a special gift on their birthday. There is no registration fee or cost to attend. Parents are always welcome!



Photo: Susan Douglass

Sailing into the future

Peter Douglass, the last remaining founding charter member of the Dartmouth Yacht Club, gave a speech at a spade and sod turning event at the club in July.

"As I sail away into the past, all you lucky members sail into the future, knowing that

good management and planning by Rob Taylor and the past commodores, our beautiful active ladies, our Junior programme, and grounds staff has successfully brought us to this amazing point in time," said Douglass during the event. Dartmouth Yacht Club is getting a new

Peter Douglass breaks the sod for a new clubhouse for the Dartmouth Yacht Club on Windmill Road.

clubhouse on its grounds off Windmill Road. It's a huge milestone for the club, which has been in operation for 60 years and has grown from a small log cabin into a modern facility.



FARRELL HALL

SUPPORTING THE CITIZENS OF DARTMOUTH NORTH!

VOLUNTEER WITH THE FARRELL
BENEVOLENT SOCIETY BINGO!

Great opportunity to:

- Build your resume
- Learn excellent customer service
- Learn to work with cash
- Learn how to balance cash and inventory

Minimum 2 hours/month

Monday or Saturday evenings, Sunday afternoon

Must be 15 years or older

Contact Linda at 469-5769 or
farrellhall@ns.aliantzinc.ca

Licence # AGD-113779-14

276 Windmill Road
902-469-5769

www.farrellhall.ca

The Echo needs volunteers!

As a non-profit society, the Echo depends on support from the community in order to operate. We are currently looking for people who would like to get involved by donating their time writing stories, taking photos, drumming up ad support or editing!

You can contact us at (902) 461-0149
OR dartmouthnorthnews@yahoo.ca

Want to help but don't have the time or talent? The Echo has started a Go-Fund-Me campaign to help with expenses when our advertisers can't. A donation of any size will help cover the cost of getting our little paper designed, printed and into our readers' hands. You can find the campaign page at: www.gofundme.com/support-the-north-dartmouth-echo.

Thanks for your support!

North Dartmouth Community
Newspaper Society

north
dartmouth **echo**

Do you live in Dartmouth North?

Do you have an idea that promotes Community Pride or Neighbourhood Safety?



Over the next 12 months, Between the Bridges SPAN Projects can help **YOU** make it happen. **We can work with you to:**



SPAN



Strengths·People·Action·Neighbourhoods

Some ideas...

- Murals
- Recreation equipment
- Benches



- Mini-libraries
- Neighbourhood clean-ups
- Gardens

- Community meals
- Carnivals
- Record breaker challenges

For more information contact:

Matt Spurway, Community Coordinator matt@betweenthebridges.ca 902.488.7446 [BetweenTheBridgesNS](https://www.facebook.com/BetweenTheBridgesNS)

FRIENDLY FACES AT THE DARTMOUTH NORTH COMMUNITY CARNIVAL 2017



Photos: Mel Lucas

There were smiles galore at the annual Community Carnival held on Saturday, September 16 at the Boys and Girls Club on Farrell Street as friends and families chowed down on hot dogs, played games and learned about some of the wonderful organizations doing good works in the community.

