

SPRYFIELD/ SAMBRO

Captain William Spry Centre

16 Sussex Street

Phone: 902.477.POOL (7665) or 902.479.1111



Course Location	Course Name	Course Code	Age	Day	Start Date	Start Time	Minutes	Sessions	Cost
Preschool									
Central Spryfield Elementary School	Parent & Tot Basketball	2480	3 - 4	Sat	22-Sep-18	10:00	45	10	\$25.40
Central Spryfield Elementary School	Parent & Tot Soccer	2473	3 - 4	Mon	17-Sep-18	18:00	45	10	\$25.40
Captain William Spry Community Ctr	Dance - Ballet	0972	3 - 4	Sat	15-Sep-18	11:45	45	10	\$30.00
Captain William Spry Community Ctr	Dance - Ballet	0990	3 - 4	Sat	15-Sep-18	12:30	45	10	\$30.00
Captain William Spry Community Ctr	Dance - Intro to Dance	0994	3 - 5	Sat	15-Sep-18	13:15	45	10	\$30.00
Captain William Spry Community Ctr	Fitness - Kids Zumba	1166	3 - 5	Sat	22-Sep-18	16:00	45	12	\$29.28

Child									
Central Spryfield Elementary School	Basketball	2474	6 - 8	Mon	17-Sep-18	19:00	60	10	\$33.90
Central Spryfield Elementary School	Soccer	2481	5 - 6	Sat	22-Sep-18	9:00	45	10	\$25.40
Central Spryfield Elementary School	Soccer	2479	5 - 7	Wed	12-Sep-18	18:00	60	10	\$33.90
Captain William Spry Community Ctr	Arts & Crafts - Tween Laugh & Craft	1007	9 - 12	Wed	26-Sep-18	18:30	90	8	\$40.64
Captain William Spry Community Ctr	In-service Day Camp	1159	5 - 12	Fri	28-Sep-18	8:00	540	1	\$21.15
Captain William Spry Community Ctr	Dance - Hip Hop/Jazz	0998	6 - 10	Sat	15-Sep-18	14:00	60	10	\$40.00
Captain William Spry Community Ctr	In-service Day Camp	1160	5 - 12	Thur	18-Oct-18	8:00	540	1	\$21.15
Captain William Spry Community Ctr	In-service Day Camp	1162	5 - 12	Fri	26-Oct-18	8:00	540	1	\$21.15
Captain William Spry Community Ctr	In-service Day Camp	1163	5 - 12	Wed	21-Nov-18	8:00	540	1	\$21.15
Captain William Spry Community Ctr	In-service Day Camp	1164	5 - 12	Thur	06-Dec-18	8:00	540	1	\$21.15

Adult									
Captain William Spry Community Ctr	Astrology- Introductory - Level One	2482	16 +	Thur	20-Sep-18	19:00	120	10	\$85.10
Herring Cove Junior High	Adult Badminton	2477	18 +	Wed	12-Sep-18	19:30	120	9	\$62.55
Central Spryfield Elementary School	Pickle Ball Adult/Senior	2475	18 +	Wed	12-Sep-18	19:00	90	13	\$67.73
Captain William Spry Community Ctr	Fitness - Adult Zumba	1167	18 +	Sat	22-Sep-18	16:00	60	10	\$50.00

Course Location	Course Name	Course Code	Age	Day	Start Date	Start Time	Minutes	Sessions	Cost
Captain William Spry Community Ctr	Fitness - Yamuna Body Rolling	2652	18 +	Mon	15-Oct-18	18:45	60	8	\$34.08
Captain William Spry Community Ctr	Photography - Digital SLR Photography	2483	16 +	Thur	20-Sep-18	19:00	120	8	\$68.08
Captain William Spry Community Ctr	Fitness - 55+ Fitness	0573	18 +	Tues	11-Sep-18	10:00	60	15	\$63.90
Captain William Spry Community Ctr	Fitness - 55+ Fitness	0602	18 +	Thur	13-Sep-18	10:00	60	15	\$63.90
Captain William Spry Community Ctr	Fitness - Cardio Boot Camp	0612	18 +	Thur	13-Sep-18	18:00	60	15	\$63.90
Captain William Spry Community Ctr	Fitness - Cardio Boot Camp	0987	18 +	Sat	15-Sep-18	9:30	60	14	\$47.85
Captain William Spry Community Ctr	Fitness - Chair Fit Exercise	0577	18 +	Tues	11-Sep-18	11:15	45	15	\$47.85
Captain William Spry Community Ctr	Fitness - Chair Fit Exercise	0605	18 +	Thur	13-Sep-18	11:15	45	15	\$47.85
Captain William Spry Community Ctr	Fitness - DiscoFit	0536	18 +	Mon	10-Sep-18	19:00	60	14	\$59.64
Captain William Spry Community Ctr	Fitness - Drum Fit	0537	18 +	Mon	10-Sep-18	18:00	60	14	\$59.64
Captain William Spry Community Ctr	Fitness - Drum Fit	0545	18 +	Wed	12-Sep-18	11:00	60	15	\$63.90
Captain William Spry Community Ctr	Fitness - Drum Fit	0556	18 +	Fri	14-Sep-18	11:00	60	15	\$63.90
Captain William Spry Community Ctr	Fitness - Piloxing	1165	18 +	Sun	23-Sep-18	18:00	60	12	\$51.12
Captain William Spry Community Ctr	Fitness - Restorative Stretch	0568	18 +	Mon	10-Sep-18	20:00	60	14	\$59.64
Captain William Spry Community Ctr	Fitness - Restorative Stretch	0595	18 +	Wed	12-Sep-18	19:00	60	15	\$63.90
Captain William Spry Community Ctr	Fitness - Salsa Fit	0609	18 +	Wed	12-Sep-18	18:00	60	15	\$63.90
Captain William Spry Community Ctr	Fitness - Strength & Tone	1001	18 +	Tues	11-Sep-18	18:00	60	14	\$59.64
Captain William Spry Community Ctr	Fitness - Yamuna Body Rolling	1002	18 +	Thur	13-Sep-18	8:55	60	14	\$59.64
Captain William Spry Community Ctr	Yoga	0615	18 +	Thur	13-Sep-18	19:00	60	15	\$74.55
Captain William Spry Community Ctr	Yoga	1017	18 +	Sun	16-Sep-18	14:00	60	13	\$64.61