

COLE HARBOUR/ LAWRENCETOWN

Cole Harbour Community Centre

1216 Cole Harbour Road Phone: 902.490.4711



Course Name	Age	Day	Time	Sessions	Course Location	Classes	Course Code	Cost	Date
Preschool									
Yoga - Family Yoga	3-99	Sat	11:00	60	Cole Harbour Recreation Centre	8	00007586	\$39.74	06-Apr-2019
Dance - Ballet	3-5	Mon	17:00	40	Cole Harbour Recreation Centre	6	00007547	\$18.00	01-Apr-2019
Dance - Ballet	3-5	Mon	17:45	40	Cole Harbour Recreation Centre	6	00007548	\$18.00	01-Apr-2019
Parent & Tot - Dance	1-3	Mon	9:00	45	Cole Harbour Recreation Centre	7	00007550	\$21.00	01-Apr-2019
Parent & Tot - Dance	1-3	Mon	10:00	45	Cole Harbour Recreation Centre	7	00007551	\$21.00	01-Apr-2019
Music - Music Kids	3-5	Thu	12:30	45	Cole Harbour Recreation Centre	8	00008313	\$22.16	04-Apr-2019
Parent & Tot - Music Babies	18 m-3 yrs	Thu	11:30	45	Cole Harbour Recreation Centre	8	00008312	\$22.16	04-Apr-2019
Gymnastics - Tumblebugs	3-5	Wed	17:30	45	Cole Harbour Recreation Centre	9	00007646	\$24.93	03-Apr-2019
Gymnastics - Tumblebugs	3-5	Wed	18:30	45	Cole Harbour Recreation Centre	9	00007649	\$24.93	03-Apr-2019
Parent & Tot - Basketball	3-4	Mon	18:30	30	Eric Graves Memorial Junior High	6	00007647	\$10.14	01-Apr-2019
Parent & Tot - Soccer	3-4	Mon	18:00	30	Eric Graves Memorial Junior High	6	00007648	\$10.14	01-Apr-2019
Parent & Tot - Soccer	3-4	Tue	18:30	30	Colonel John Stuart Elementary School	8	00007653	\$13.52	02-Apr-2019
Soccer	4-5	Tue	17:30	45	Colonel John Stuart Elementary School	8	00007650	\$20.32	02-Apr-2019
Preschooler Sport - Little Sports	3-5	Wed	18:00	45	Cole Harbour District High School	8	00007659	\$20.32	03-Apr-2019
Preschooler Sport - Little Sports	3-5	Sat	9:00	45	Astral Drive Junior High	8	00007661	\$20.32	06-Apr-2019
Yoga	3-5	Tue	10:30	45	Cole Harbour Recreation Centre	9	00007645	\$22.86	02-Apr-2019

Child									
Drama	6-10	Sat	12:30	60	Cole Harbour Recreation Centre	8	00007549	\$29.60	06-Apr-2019
Arts & Crafts - Silly Science	6-11	Sat	13:30	60	Cole Harbour Recreation Centre	8	00007546	\$27.12	06-Apr-2019
Dance - Ballet	6-8	Mon	18:30	45	Cole Harbour Recreation Centre	6	00008307	\$18.00	01-Apr-2019

Yoga - Yoga for Kids	6-10	Sat	10:00	45	Cole Harbour Recreation Centre	8	00007585	\$19.44	06-Apr-2019
Basketball	5-11	Fri	18:30	45	Atlantic View Elementary School	6	00007660	\$15.24	05-Apr-2019
Basketball - Jr. NBA	5-7	Tue	18:00	60	Astral Drive Elementary School	8	00007654	\$36.00	02-Apr-2019
Basketball	7-9	Tue	19:00	60	Astral Drive Elementary School	8	00007652	\$27.12	02-Apr-2019
Floor Hockey	10-12	Wed	19:00	45	Caldwell Road Elementary School	8	00007657	\$20.32	03-Apr-2019
Floor Hockey	7-9	Wed	18:00	45	Caldwell Road Elementary School	8	00007656	\$20.32	03-Apr-2019
Sports - Run, Jump, Throw, Wheel	5-8	Wed	18:00	45	Cole Harbour District High School	8	00007655	\$20.32	03-Apr-2019
Sports - All Sorts of Sports	6-10	Wed	18:45	45	Cole Harbour District High School	8	00007658	\$20.32	03-Apr-2019
Volleyball	6-8	Mon	18:00	45	Caldwell Road Elementary School	6	00008305	\$15.24	01-Apr-2019
Volleyball	9-11	Mon	18:45	45	Caldwell Road Elementary School	6	00007651	\$15.24	01-Apr-2019
Dance - Ballet	3-5	Mon	17:00	40	Cole Harbour Recreation Centre	6	00007547	\$18.00	01 - Apr - 2019
Drama - Broadway Kids	6-10	Sat	12:30	60	Cole Harbour Recreation Centre	8	00007549	\$29.60	06-Apr-2019
Horseback Riding - P'tit Trot	8-12	Sat	12:00	120	Sambea Farms	8	00008946	\$225.00	06-apr-2019

Adult									
Arts & Crafts - Knitting	18	Wed	14:00	90	Cole Harbour Recreation Centre	8	00007545	\$51.06	03-Apr-2019
Arts & Crafts - Oil Painting	18	Sat	10:00	120	Cole Harbour Recreation Centre	8	00007544	\$68.08	06-Apr-2019
Bellydance	18	Wed	19:30	60	Cole Harbour Recreation Centre	8	00008321	\$45.45	03-Apr-2019
Fitness - 50+ Fitness	18	Tue	10:30	45	Cole Harbour Recreation Centre	9	00007570	\$28.67	02-Apr-2019
Fitness - 50+ Fitness	18	Wed	10:30	45	Cole Harbour Recreation Centre	9	00007572	\$28.67	03-Apr-2019
Fitness - 50+ Fitness	18	Thu	9:15	45	Cole Harbour Recreation Centre	9	00007577	\$28.67	04-Apr-2019
Fitness - 50+ Fitness	18	Fri	9:15	45	Cole Harbour Recreation Centre	8	00007584	\$25.48	05-Apr-2019
Fitness - Cardio Strength	18	Tue	18:30	45	Cole Harbour Recreation Centre	9	00007574	\$28.67	02-Apr-2019
Fitness - Cardio Strength	18	Thu	18:30	45	Cole Harbour Recreation Centre	9	00007581	\$28.67	04-Apr-2019
Fitness - CrossFit	18	Wed	18:30	45	Cole Harbour Recreation Centre	9	00007578	\$28.67	03-Apr-2019
Fitness - Pilates	18	Mon	18:30	45	Cole Harbour Recreation Centre	7	00007567	\$22.30	01-Apr-2019
Fitness - Pilates	18	Tue	9:30	45	Cole Harbour Recreation Centre	9	00007569	\$28.67	02-Apr-2019
Fitness - Pilates	18	Thu	10:15	60	Cole Harbour Recreation Centre	9	00007580	\$38.30	04-Apr-2019
Fitness - Seated Pilates	18	Wed	11:30	60	Cole Harbour Recreation Centre	9	00007579	\$38.30	03-Apr-2019
Fitness - Yoga	18	Tue	19:30	60	Cole Harbour Recreation Centre	9	00007571	\$44.71	02-Apr-2019
Fitness - Zumba	18	Mon	19:30	60	Cole Harbour Recreation Centre	7	00007568	\$35.02	01-Apr-2019
Yoga	18	Thu	10:30	75	Cole Harbour Recreation Centre	9	00007576	\$55.89	04-Apr-2019
Yoga - Chair Yoga	18	Fri	11:30	60	Cole Harbour Recreation Centre	8	00007582	\$39.74	05-Apr-2019
Yoga - Yang/Yin Yoga	18	Mon	10:30	75	Cole Harbour Recreation Centre	7	00007566	\$43.47	01-Apr-2019
Yoga - Yin Yoga	18	Tue	12:45	60	Cole Harbour Recreation Centre	9	00007573	\$44.71	02-Apr-2019
Yoga - Yoga Basics	18	Tue	11:30	60	Cole Harbour Recreation Centre	9	00008310	\$44.71	02-Apr-2019

Yoga - Yoga-Lates	18	Wed	9:15	60	Cole Harbour Recreation Centre	9	00007575	\$44.71	03-Apr-2019
Zumba - Zumba Gold	18	Fri	10:15	60	Cole Harbour Recreation Centre	8	00007583	\$40.02	05-Apr-2019
Mosaic Crafting	18	Thu	13:30	150	Cole Harbour Recreation Centre	8	0008314	\$95.10	04-apr-2019
Tai Chi Beginner	18	Thu	18:15	60	Cole Harbour Recreation Centre	6	00009275	\$25.56	28-Mar-2019
Tai Chi Long Form	18	Thu	19:30	75	Cole Harbour Recreation Centre	6	00009280	\$31.86	28-Mar-2019