

## DISTRICT 5

# Adelaide Dianne West

Dianne West is a leader in her community where she shares her talents and skills as the Coordinator of Caring Hands (formerly Circle of Care) to help others have a better life. It is a true labour of love. She is so well organized, she oversees up to 20 volunteers, ensuring they are taken care of as well as the families they support. Dianne still finds the time to volunteer with organizations such as the QE II Health Sciences Centre and Dartmouth General Hospital Foundations, Hospice Halifax, Children's Wish Foundation, and the Dartmouth Shelter Society.

She is the most unselfish person we know, giving of herself daily. Dianne knows the true meaning of giving and I am sure she has helped many families have the best Christmas ever. It is an honour to volunteer with Dianne and support the incredible work she does!

