## **Phil Power**

Phil (or Master Power as he is

known to many) is a staple of volunteering in the local community. Sitting on Provincial and National Taekwondo boards, currently the president of Taekwondo Canada, Phil has provided over 20 years of volunteering with the sport. He also operates a local business where he offers a free community outreach program for underprivileged youth. His passion for coaching is not limited to Taekwondo. He also coaches teams with the Dartmouth Whalers Minor Hockey Association and the Dartmouth Lakers Basketball Club. Through his position with the Halifax Regional Police, he volunteers on four different committees while also acting as the coordinator for the Halifax Police and Halifax Mooseheads mentorship program. Phil is an inspiration to many, young and old alike, and is highly deserving of this honour.