

Who We Are

Residents of Fall River for the past 40 years.

Project Rationale

- This site was first identified as a location for seniors housing at the Seniors Coffee Clatch of April 25, 2007.
- Municipal Planning Strategy for Districts 14 & 17
 - A substantial portion of the population were also seniors...
 who require alternative housing forms
 apartments/multiple-unit dwellings...
 - In particular, a senior citizen housing complex that provides housing for graduated levels of assisted living should be developed on selected sites within the Riverlakes Secondary Planning Strategy to enable residents to remain within their community throughout all stages of their life.

Project Rationale (continued)

- The secondary Planning Strategy however, recognizes the need to provide for the development of ... multiple-unit dwellings to meet the needs of the aging population...
- There is a desire to allow for the development of alternative housing forms to accommodate the housing needs of seniors...
- To meet the urgent needs of seniors who wish to remain in the community...
- Given the urgent need to allow for alternative housing forms...

Project Rationale (continued)

- The River—lakes SPS recognizes the urgent need for alternative housing forms in Fall River, specifically multiple unit dwellings...To help support this change in demographics and increase in population there is a need for alternative housing, therefore, Site B has been selected because of its size, reasonable proximity to services and amenities and ability to provide an alternative housing option, specifically multiple unit dwellings.
- The purpose of this housing option, acknowledging that additional density is required to provide an economy of scale that allows for the establishment of additional site facilities, is to support those individuals who may need personalized care or help with activities of daily living.

Project Rationale (continued)

- As of 2021 there were 21,739 people aged 55+ within a 10 km radius of the project.
- This segment is expected to grow a further 10% by 2026.
- A local health Practice has over 4,000 patients who are over the age of 55.



Project Overview

- A 55+ community.
- A park like setting.
- Buildings and units to be age friendly designed.
- Working with Northwood to design & provide services, social and health supports and programs.

Project Overview (continued)

- Seniors' health and housing are linked. Agefriendly communities can reduce hospital admissions, emergency department visits, and maintain independence in older adults.
 - Letter of support from Dr. Robert Strang
 - Letter of support from the Fall River Family Practice
- A goal is to achieve Rick Hansen Foundation Certified Gold for the community.

- Supportive amenity spaces for health & wellness and social activities. Planned amenities include:
- A multi-purpose building: social events, arts, fitness, medical offices, services; hair salon, foot care, etc.;
- Central plaza;
- Pedestrian friendly "main street";
- Walking trails connecting with HRM trails;
- Community garden;
- Flower gardens;
- Pickle ball courts;
- Golf nets;
- Outdoor patio with BBQ and fire pit;
- Water feature.

<u>Summary</u>

- A 55+ community to meet the needs of this growing demographic.
- Allow residents to stay in the community and move back to the community.
- Optimize the resident's physical, mental and social health and wellness.

Thank You

