

SPRING 2022

NORTH PRESTON

North Preston Community Centre
44 Simmonds Road
Phone: 902.462.4161



HALIFAX



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The spring 2022 fees reflect the Parks & Recreation fee changes taking effect on April 1, 2022. Please also note that adult programs are +HST and senior discounts apply to clients 60 years and older.

Learn more at <https://halifax.ca/parks-rec-fee-changes>

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Date	Code	Fee
CHILD									
Sport - Smashball	5-9	Sa	9:00 AM	45min	North Preston Community Centre	8	9-Apr	00050924	FREE
YOUTH									
Active Youth Drop-in	12-16	M-F	4:30 PM	2hrs	North Preston Community Centre	40	11-Apr	00050918	FREE
Sports - Smashball	10-15	Sa	10:00 AM	45min	North Preston Community Centre	8	9-Apr	00050926	FREE

ADULT									
Fitness - Core Fitness	18+	M	7:00 PM	1hr	North Preston Community Centre	8	11-Apr	00050914	\$50.40
Arts & Crafts - Returning Pottery	18+	Tu	6:00 PM	3hrs	North Preston Community Centre	8	19-Apr	00050907	\$192.00
Arts & Crafts - Beginner & Returning	18+	W	9:00 AM	3hrs	North Preston Community Centre	8	20-Apr	00050905	\$192.00
Arts & Crafts - Beginner & Returning	18+	Th	6:00PM	3hrs	North Preston Community Centre	8	21-Apr	00051337	\$192.00
Arts & Crafts - Beginner & Returning	18+	W	12:30 PM	3hrs	North Preston Community Centre	8	20-Apr	00050908	\$192.00
Fitness - Kickboxing	18+	Th	7:00 PM	1hr	North Preston Community Centre	8	14-Apr	00050920	\$50.40
Fitness - Family Stretching with Claudia	18-	Sa	11:00 AM	1hr	North Preston Community Centre	8	16-Apr	00050929	FREE

Virtual Adult Fitness Classes									
Fitness - Piloxing (online)	18+	Tu	7:00 PM	1hr	Online (Offered by Lakeside Community Centre)	11	5-Apr	00051076	\$69.30
Fitness - Zumba Online	18+	Su	7:00 PM	1hr	Online (Offered by Lakeside Community Centre)	10	10-Apr	00051070	\$69.30
Fitness - Zumba Toning Online	18+	Su	8:00 PM	30min	Online (Offered by Lakeside Community Centre)	10	10-Apr	00051074	\$34.65

NORTH PRESTON

Fitness - Piloxing - Online	18+	Su	6:00 PM	1hr	Online (Offered by Captain William Spry Community Centre)	12	3-Apr	00051219	\$75.60
Fitness - Zumba - Online	18+	M	6:30 PM	1hr	Online (Offered by Chocolate Lake Community Centre)	10	11-Apr	00051012	\$63.00

DROP INS

Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Cost
Men's Basketball	18+	W	8:00 PM	2hrs	NPCC	20-Apr	FREE
Women's Basketball	18+	Tu	8:00 PM	2hrs	NPCC	19-Apr	FREE