

# **DEAR RESIDENTS OF DISTRICT 11,**

Well folks, we did it. We survived another winter. Although many of our roads did not. I am hearing from lots of you about pothole issues. HRM road operations crews identify and address potholes all year. They rely heavily on residents to report potholes so they can be logged into the system for repair. HRM's crews monitor and repair more than 1,700 km of roadways. More than 5,200 potholes are repaired each year. The time to fix a pothole can range anywhere from 7 business days to 30 business days depending on the pothole and if it is considered a priority. Crews aim to repair priority potholes on main arterial and major collector roads within 7 business days.

To report potholes on municipal roads, please call 311 or email <u>contactus@311.halifax.ca</u>. It is important to note that within District 11 the province is responsible for highways, rural roads, and highway on-ramps. To report a pothole on provinciallyowned roads, please call the Department of Public Works (DPW) at 511 or email <u>dpwocc@novascotia.ca</u>.

Did you know you can also call 311 if your car was damaged by a pothole? Visit <u>www.halifax.ca</u> for more information. There is lots of important information to update you on. I am always interested in feedback, so if you have a comment on something you have read, please let me know.

#### **CONTACT ME**

Email: <u>patty.cuttell@halifax.ca</u> Phone: 902.221.6893 Mailing address: PO Box 1749 Halifax, NS B3J 3A5

## **STAY CONNECTED ON SOCIAL**



Patty Cuttell, Councillor District 11 Spryfield - Sambro Loop - Prospect Rd



@pattycuttell11

#### **CONTACT MY OFFICE**

Stephanie Brown District 11 Constituency Coordinator Email: browns@halifax.ca Phone: 902.490.4050 *Please contact Stephanie to sign up for my e-newsletter.* 

#### CONTACT 311

Call 311 or email <u>ContactUs@311.halifax.ca</u> for concerns such as illegally parked cars, fireworks or graffiti, to apply for licenses or building permits, to request information about garbage collection and transit schedules, and to report dangerous dogs or other animal concerns.





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#### **COMMUNITY BULLETINS**

# Jane's Walk – Halifax: Event in Spryfield "How Community Thrives in Spryfield" Saturday, May 7<sup>th</sup>

3pm-4pm

Jane's Walk is a street-level celebration of Jane Jacobs' life and ideas. Through the simple act of walking together and discussing what makes a neighbourhood, Jane's Walk helps knit people together into strong and resourceful communities. "How Community Thrives in Spryfield" is a walk happening in Spryfield, open to the public:

https://www.facebook.com/events/1031229357 494900

Led by Yvonne Macor, retired City Planner, and some other enthusiastic Spryfield residents! Spryfield is a rapidly growing residential community in HRM with a rich history and landscape, diverse housing developments, commercial services, and a small town atmosphere.n Discover some of Spryfield's history, interesting neighbourhoods and the agencies that help make it a dynamic, thriving community.

Starting and ending location: Chebucto Connections, 531 Herring Cove Rd Free parking or take the No 9A or 9B bus to the McIntosh St. stop.

# Councillor Town Hall Meetings (Cont'd)

Three Community Town Hall Meetings have been scheduled for April, May and June. The first one was held at the Capt. William Spry Centre on April 21st.

Thanks to everyone who attended! We had some excellent discussions on everything from housing to parks, traffic calming and snow plowing. It was great to see two new residents to Spryfield there. I have been looking forward to meeting with people in person and talking about local issues and ideas since being elected.

The next meeting will be held in Sambro at St James United Church. Look forward to seeing you there!

Please email Stephanie at browns@halifax.ca for more information and follow the Facebook Event Page. The date for Prospect Rd will be announced soon.



Town Hall in Spryfield April 21, 2022

## **Councillor Town Hall Meetings**

# TOWN HALL MEETING

District 11 | Spryfield - Sambro Loop - Prospect Road

Join Councillor Patty Cuttell to discuss community matters:



Thursday, May 19th 7pm - 9pm St. James United Church Sambro

No registration required. Questions? Contact 902-490-4090 or e-mail cuttelp@halifax.ca



# Resource Opportunities Centre AGM June 8<sup>th</sup>

The ROC would like to invite the Prospect Communities to join them for their 2022 Annual General Meeting.

Date: June 8th, 2022 Time: 7pm

Location: Prospect Road Community Centre, 2141 Prospect Road, Hatchet Lake *Light refreshments to follow the meeting.* 

Since January the ROC has:

- Held a special Community Meeting virtually in February
- 2 Board members met with 2 past Board members to receive feedback and community concerns
- Created a new email address to receive information and feedback (admin@prospectcommunities.com)
- Posted an FAQ around how to contact the PRCC and Board about feedback and requests
- Finalized an AGM date for June and posted publicly
- Will have all Board meeting minutes from January 2022-present posted by mid-April
- Will have the Board calendar posted to our website by mid-April
- Received and responded to over a dozen emails re: community feedback since March

For more information or to reach out to the Association, visit <u>https://longlakepark.ca/</u>, or find them on Facebook at @LLPPA.

## Western Common Advisory Committee

Interested in wilderness parks, ecological and cultural assets, or recreation programming? Interested in supporting this work right here in District 11?

Then the Western Common Advisory Committee (WCAC) might be for you! WCAC makes

recommendations to Halifax and West Community Council about the development and operation of the Western Common.

Western Common Park is a large parcel of land surrounding Big Indian Lake and Nichols Lake, located in the western region of HRM off Prospect Road. The Board is seeking **four (4) applicants** with relevant skills and experience. For more information visit <u>www.halifax.ca</u>. I encourage you to apply!

## Prospect Road Recreation Association Members Meeting

A Special Members Meeting of the PRRA was held at New Life Church on April 20th and attended by about 30 people in person and 20 people virtually. The purpose of this meeting was to discuss governance and financial reporting practices, and to amend the by-laws to allow PRRA members to vote at the next AGM without attending a prior members meeting.

This amendment comes into effect once it is approved the Registry of Joint Stocks. The PRRA is an Area Rate association funded by a levy on residential properties from Goodwood to West Dover. In the 2021/2022 it generated \$98,500. Any residential property owner within this catchment area is a rate payer and a member. 3

Area rates are collected by the municipality through your property tax bills and transferred to the association to manage. There have been recent changes to the agreements with area rate associations around how funds are dispersed and managed. The PRRA has announced they will be hosting an AGM on June 1st, 2022, location TBD.

Minutes of the Special Members Meeting are available upon request.





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## **DISTRICT 11 NEWS**

#### Spryfield getting a new Multi-Youth Centre

I am very excited to announce that funding was approved in the 2022 HRM Budget for a new Multi-Service Youth Centre (MSYC) in Spryfield.

A MSYC takes a collaborative approach to the delivery of youth programs and services. Parks and Recreation and community-based organizations work together to achieve common goals:

- Removal of barriers of access around mental and physical health
- Provision and implementation of various drop in programs
- Creation of youth services that are inclusive for all youth
- Design of physical spaces that are open and welcoming to youth
- Policies and best practices for service delivery of youth programs
- Use of partnerships to deliver on non-HRM programs and services

These dedicated youth spaces offer young people a place to find support and services and a place to hang out with friends! This centre will be an excellent addition to our community in support of our youth. Please stay tuned for more updates as this important program continues to develop.

#### Parks and Recreation 2022 Workplans

After a fantastic tour this past fall with the new Parks Superintendent for District 11 and the Parks Director, I am pleased to share that we can look forward to a number of more work projects throughout the area, including:

> New Playground - Portuguese Cove Park

- Elizabeth Sutherland School Park Protective netting
- Harrietsfield Elementary Basketball Courts improvements
- Roaches Pond Off leash dog park development (fencing and other amenities), and parking lot and pathway to dog park upgrades
- Williamswood bike pump track park rehab
- McIntosh Run Trail Head Amenities -Hartlen Park (new parking lot)
- Nichols Lake Trail (Western Commons) bridge design

Last year we also saw a lot of outstanding repairs and maintenance completed in the District, including Breaker's Park and MacDonald Lake Park. Some other exciting news is that HRM will be piloting hot coal containers for safe and proper disposal of hot coals at Sir Sandford Fleming Park.

Our summers have been extremely dry and the users of the park with charcoal barbecues were dumping hot coals into the water, into open spaces of the park or into garbage cans. This pilot will be monitored throughout the season and I am hopeful these containers will be used properly, and we will see more amenities like this throughout HRM. In the meantime, please picnic and barbeque responsibly.



Bench repairs at Breaker's Park



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## **Road Safety**

Road safety continues to be a priority throughout District 11. Both Halifax Regional Police and RCMP have been doing "proactive" enforcement, targeting areas throughout the District. The traffic stats for the Prospect Communities are below. I continue to work with HRP and RCMP to identify areas in need of enforcement.

With the arrival of nicer weather, we will start to see more cyclists and pedestrians out on the road, so I ask everyone to please practice road safety, drive responsibly, wear reflective gear if walking at night, and remember to share the road.

Please call in complaints to 311. It is important for the public record. This applies anytime there is an issue anywhere in the District. If you spot someone driving recklessly or suspect they are impaired, please call 911.





#### New Crosswalks for Spryfield

I am excited to announce that Spryfield will be getting two new crosswalks this year. Crosswalks with overhead flashing beacons are being planned along Dentith and along Herring Cove Road at McIntosh Street. This is exciting news and part of the on-going work to improve pedestrian safety in Spryfield.

#### **Leiblin Drive Update**

Work continues to progress in assessing issues along Leiblin Drive. I met with Jo-Anne Donovan in March to discuss concerns and identify some areas in need of immediate attention. Stunting remains an issue and a major concern for local residents. I continue to work with staff on advancing traffic calming program for this area. I can report that:

- Data has been collected on speeds along the road, and details will be made available later in May or June. While I have not seen the data, I've been told it should result in a high ranking under the new Traffic Calming Program.
- 2. Amendments to HRM's traffic calming program were approved last year and should be implemented sometime this year. Under the new program streets will be ranked by priority-based data collection and need.
- 3. New road signage and tree trimming was ordered for Leiblin Drive.
- 4. HRP are looking into doing Road Safety presentations to local schools.
- 5. HRP's traffic unit continues to do proactive enforcement and a Crime Analyst is also engaged to monitor the area. So far there have been 11 proactives in this area in 2022, verse 14 in all of 2021.

I know debris from the accident is also a local concern, and an eye sore. HRM will clean up debris in the right-of-way from a MVA, but a work



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order needs to be placed for other debris. I have spoken to HRM about this and hope it will be actioned soon. If anyone is interested in helping to organize a community clean-up, please let me know. That may be the fastest way to get this done and I am happy to help.

# Traffic Lights at Drysdale Approved for Design

The need for lights at Drysdale and Herring Cove Road is something I hear about often. It is recognized in the Herring Cove Functional Plan that lights at Drysdale would be needed as Governor's Brook developed.

With Governor's Brook almost 100% built-out, traffic and congestion is becoming a growing issue. I have been in dialogue with staff about this issue many times since being elected and requested an assessment of the intersection. HRM conducted an analysis of the intersection last year, and recently informed me that they will be initiating the design process for traffic lights.

This is one step closer and I will continue to advocate for the installation of lights in the next budget.

## **Community Clean-ups**



Community Clean-ups are currently being planned across the District. Thank you to all the organizers! You make a real difference to the environment and to the enjoyment of our neighbourhoods.

If you want to organize a clean-up event, <u>registration for the Great Nova Scotia Pick-Me-</u> <u>Up is now open</u>. They will set you up with gloves and bags, as well as help you plan the garbage pick-up. You can also check that site to see if an event is happening near you.

#### Remember, #EveryLitterBitHelps.



# District 11: 2022/23 Planned Capital Work

#### Street Recapitalization

Cranberry Crt – Greystone to Cul De Sac Dekker St – Rockingstone to Elgin (Halifax Water Integration) Elgin St – 30m W of Ollie to End (Halifax Water Integration) Greystone Dr – Cul De Sac to Regan Heather St – Elgin to Ollie (Halifax Water Integration)





<u>Active Transportation</u> McIntosh Run Greenway Extension

#### **Bridges**

BR027 John Brackett (Design) Purcells Cove at Lawson's Brook (Level 2 Inspection)

#### **Guiderails**

Iris Ave at Herring Cove Rd Purcell's Cove at Lawson's Brook

#### **Proposed Crack Sealing**

Darjeeling Dr – Cowie Hill to Cowie Hill Grenoble Crt – Cowie Hill to End Lynwood Dr – 70m S of Bens Crt to Cul De Sac

## SS Atlantic 150th Anniversary



Next year marks the 150th Anniversary of the SS Atlantic Shipwreck, the biggest shipwreck in Nova Scotia history, second biggest in Canadian history, and the largest marine disaster in the North Atlantic before the Titanic.

The <u>SS Atlantic Museum</u> has started planning for this significant anniversary, conducting community engagement sessions and a one-MAY 2022 minute <u>survey</u>. The theme of the event is Remembering and Reconnecting. This will be a great opportunity for the communities involved in the rescue to come together, as well as people who are not familiar with the story to learn more about it as well as the area. If you have not completed the survey, please do! And check out this <u>awesome video</u>.

Stay tuned for more information as the 150th Anniversary events start to take shape. Based on the brainstorming session I attended there will be something for everyone.

## **CITY HALL REPORT**

#### 2022/2023 Budget Approved

Regional Council approved the 2022/23 budget last month for \$1.4 billion, which includes \$925 million in municipal expenditures (for things like fire, police, roads, parks, operations, transit), \$180 million for Provincial Mandatory Contributions (towards things like education, corrections, housing), and a Capital Plan of \$319 million (for major planned projects.) A <u>full Budget Overview</u> is available online.

As a result, the average residential and commercial property tax bill is increasing by 4.6 per cent. However, the tax rate is actually decreasing from 0.813 to 0.794, to adjust for increases is property assessments and limit the increase on your tax bill from last year to 4.6%. This means the average single-family home will pay an additional \$94 this year, or about an extra \$8 a month.

The Budget process takes months to complete. Back in November 2021 a 5.9% increase was estimated. I'm glad we were able to get it down to 4.6% while still including funding for HalifACT, the municipality's long-term climate action plan.





Over the past five months I've heard from residents across District 11 about how important it is to start taking action on climate change, especially for the sake of future generations. Of the 4.6% increase, 3% is going toward HalifACT and will fund things such as electric buses, energy retrofits of municipal buildings, and projects to prepare communities for emergencies and adapt infrastructure against the impacts of sea level rise and flooding.

While I know some people are concerned about the 3% Climate Action Tax, my decision to support this was based on a lot of considerations, including future finances. Did you know it is estimated that spending \$1 today on climate action saves \$6 in future costs? Or that \$22 billion spent on reducing emissions saves \$41.9 billion through avoided energy costs?

Every day more and more of our energy is coming from renewable sources. We are not going to meet all our goals tomorrow, nor change the world from here, but we do need to start somewhere, and we all need to do our part if there is hope of making a difference.

This budget is a good beginning, and a first of its kind in Canada. I believe it is something we should all be proud of.

- Read the full news release:
  <u>https://fal.cn/3nJrB</u>
- Learn more about HalifACT: <u>www.halifax.ca/climate</u>
- More detailed information on the 2022/23 municipal budget: <u>www.halifax.ca/budget</u>

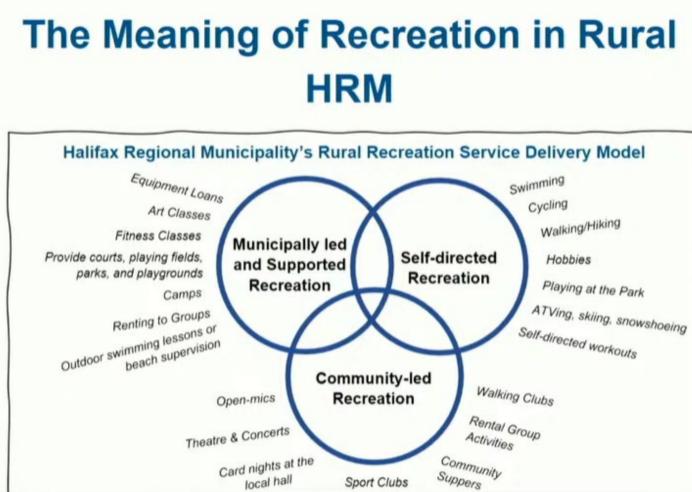


*Youth advocates for HalifACT at City Hall to watch Budget approval.* 





#### **Rural Recreation Strategy:** What we Heard Report



Sport Clubs

local hall

I was very excited to see the results from the **Rural Recreation Strategy Public Engagement** Process come to the Community Planning and Economic Development Committee in April. With both the Sambro Loop and Prospect Rd communities in the District, developing a good recreation strategy is essential for better service delivery, as well as supporting both our rural economic development plan and rural tourism plan. This report was informed by the on-line survey, pop-up engagement sessions, and stakeholder outreach, and informs future

planning for rural recreation. Many ideas came forward through consultations.

The six themes that emerged include:

Equitable access to indoor facilities 1. (i.e. not willing to drive, and lack of facilities in rural areas - opportunities include utilizing community-run rec centres/halls, and working with HRCE to access public recreation space after-hours)



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- 2. Equitable access to outdoor recreation opportunities (i.e. issues with traffic, ability to purchase equipment such as boats etc. – opportunities include more formalized trails and public water access, along with providing simple amenities to make outdoor assets more usable for the public)
- 3. Volunteer support (i.e. volunteer organizations experiencing issues with municipal insurance/legal requirements is a barrier – opportunities include support with training, and rural youth opportunities)
- 4. **Programming that meets rural needs** (i.e. perceived lack of programs in very rural areas, and varied demands that require staff flexibility – opportunities include more organized programs in rural areas, senior and youth programming opportunities)
- 5. Advertising and communications that reflect rural communities (i.e. lack of awareness of existing recreation opportunities, and a need to improve marketing – opportunities include more sharing on local Facebook pages, emails and direct mailouts, and more communication to youth via schools)
- 6. **Collaboration through partnerships** (there are no regular/formalized communications with other levels of government or organizations that deliver recreation – this is a missed opportunity so regular meetings and more connections would be beneficial, along with municipal use of NovaScotiaConnect.ca, a community recreation database for NS).

I really look forward to continuing to work with staff, community organizations, and residents to

further develop this strategy and start to implement ideas. You can view the staff <u>Rural</u> <u>Recreation Strategy presentation online</u>. I welcome any comments or suggestions.

# The Fight Against Litter Continues with New Programs

Litter, debris, and illegal dumping were identified as an issue across the District, and all of HRM, coming into the last election. Since then Regional Council approved changes to the Solid Waste Resource By-Law S-600 in April 2021.

Some of the first actions were to increase fines to up to \$10,000, introduce reverse-onus so that a person whose name or address is found within illegally dumped waste is deemed to be the owner of the material and responsible for it, and enhanced enforcement. I'm excited to announce two more new measures to help in our fight against litter and illegal dumping.

## Starting April 1 2022, Solid Waste will begin enforcing the mandatory provision of litter receptacles in drive-thru restaurants.

Commercial properties, including quick service restaurants, now have a responsibility to keep their property free from litter. This may include placement of litter receptacles in the parking lot as well as having a plan for picking litter up from around the property.

Further to this, Section 12.5 of the by-law, requires quick service restaurants to provide litter receptacles in their drive-thru lanes for the use of customers. By requiring waste receptacle containers in drive-thru lanes we are encouraging

proper disposal and a reduction in the amount of litter in public places and on roadsides.



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As well, HRM has launched Litterati, an interactive tool to collect data on litter trends around the municipality - it's now available for residents to download!

Litterati is an app that allows you to photograph and tag common pieces of litter found in your community. App users can geotag their location to help create a map of litter hotspots in the municipality. Plus, the app's artificial intelligence can categorize the type of litter. 2

The data collected using Litterati will be used to see where litter clean ups are taking place, track trends in the types of litter we are seeing in the community, identify illegal dumping locations, and to inform waste education efforts. To participate in challenges, residents must first download the Litterati App. Then, join the challenges or simply use the app to document any litter collected.



#### *Download the Litterati app via the Google Play Store (Android) or the App Store (iPhone).*

For more information on the Litterati app, visit <u>www.halifax.ca/litterati</u> or contact Wasteless@halifax.ca. Litterati is also funded in part by Divert NS and Nova Scotia Environment and Climate Change.

#### **Regional Plan Review**

I have received lots of email from residents across the District about the proposed sitespecific amendments in <u>Phase 3 of the Regional</u> <u>Plan</u>.

Thank you to everyone who took time to share your thoughts. There are three main areas that affected by these proposals: Exhibition Park, Purcell's Cove Backlands, and Spryfield/Herring Cove Rd/Kidston Lake/Leiblin Park.

Like many of you I am worried about the impact development will have on the environment, traffic, and community.

I have been speaking to staff about the proposals and your concerns and will continue to advocate for responsible growth that respects the environment, considers our traffic and mobility constraints, and supports healthy, complete communities.

As a city we are being challenged right now by unprecedented growth and a serious housing crisis. We need to have a real conversation about where we can put new development, and how to do it right. Growth should not be at the expense of environmental protection and good community design.

While HRM cannot ban development on private land, we can determine what is appropriate through zoning and land-use bylaw. I look forward to these on-going discussions with community.

A lot of development has already been approved in the Spryfield area, particularly along the Herring Cove Road, but there is still opportunity to influence what happens with the site-specific amendments.

See map, next page.





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*Please note*: although the Shaw Wilderness Park is coloured yellow, there is no plan to allow development in the park. The same is true for Kidston Park.

## **Support for Ukraine**

As the Russian attacks against Ukraine continue, concern about the residents and refugees grows. During the March 22 Halifax Regional Council meeting, Council committed up to \$50,000 in support of humanitarian efforts in Ukraine. For those looking to help, the Canadian Red Cross has a Ukraine Humanitarian Crisis Appeal to respond to those affected by ongoing conflict. Canadians wishing to donate to the Ukraine Humanitarian Crisis Appeal can do so online at www.redcross.ca or by calling 1-800-418-1111. There are also a number of local calls to action collecting goods and raising funds in support of Ukrainians, including Ukrainian refugees, and I wish to recognize those efforts and the generosity of our community.

There are many local networks and support services for refugees. As Canada continues to support Ukraine and the citizens escaping the ongoing horrific situation there, I want to share some resources for individuals who may be arriving in our area.

Halifax is here for you. 🎔

MAY 2022

→ *New in Halifax* provides important information and resources for new residents. The website was designed as a dedicated, userfriendly experience tailored to the needs of newcomers in our communities: www.newinhalifax.ca

→ Welcomed in Halifax pass: <u>https://bit.ly/3jBhvWM</u>

Halifax Ukrainian Club: <u>https://www.halifaxukrainianclub.com/</u>

→ Immigrant Services Association of Nova Scotia (ISANS) / 902-423-3607 <u>https://isans.ca/</u>

Halifax Refugee Clinic / 902-422-6736

→ Newcomer Health Clinic / 902-487-0501 https://www.nshealth.ca/content/newcomerhealth-clinic





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# Supporting Small Businesses: New Tax System Approved

Back in February Regional Council approved a new tax zone system in support of small mainstreet businesses. The tax zone system was selected over the tiered system because it specifically targets areas where small businesses exist, and where we would like to see more small business development – in our community centres and along our mainstreets. This is an initiative I've been working on since 2016 and I was very proud to be able to vote on it as a City Councillor. For years we have seen the value of mainstreet and downtown properties rise, which has lead to increases in commercial tax bills, sometimes at 60% or more. At the same time, property taxes for big box retailers like Costco have been decreasing. Small businesses are at the heart and soul of our local communities and economies. Supporting them only makes sense. You can view the full presentation and report online.

## **HRM NOTICES**

## Apply for the Affordable Access Program

Did you know with HRM's Affordable Access Program, you only need one application to apply for:

- Affordable Transit Pass,
- Recreation programming funding, and
- Property tax payment assistance.

To learn more, to see if you qualify, or to apply, call 311 or visit <u>www.halifax.ca/affordableaccess</u>

## Lakewatchers Program Launches

A new Lake Water Quality Monitoring Program called LakeWatchers is being launched by the municipality.

The program will:

✓ Conduct environmental monitoring in 76 lakes across the municipality.

✓ Collect data, such as pH levels, to inform future actions to maintain/improve a lake's health.

✓ Share data with residents through future staff reports to Regional Council and through the municipality's <u>Open Data Portal</u> (<u>https://catalogue-hrm.opendata.arcgis.com/</u>)

You can get involved! To express your interest in volunteering, and to learn more: <u>https://halifax.ca/lakewatchers</u>

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## **National Youth Week**

National Youth Week takes place every year from May 1–7 and is dedicated to the celebration of youth and their active participation in their communities. Whether it is recreation, drama, sport, dance, civic engagement, art, volunteerism or leadership, young people are regularly engaged in meaningful activities during their discretionary time.

National Youth Week is a time to honour their involvement! Full details can be found at halifax.ca/youthweek





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## **COUNCILLOR LIFE**

I want to take this opportunity to introduce Stephanie Brown, the Councillor Coordinator for District 11. Steph has been working at City Hall for over 15 years, assisting different Councillors in different Districts during that time.

She knows her way around the HRM directory like nobody's business. Currently she helps both me and Councillor Deagle-Gammon in District 1 Waverley-Fall River-Musquodoboit Valley.

Combined, that covers a lot of territory! However, Steph was born and raised in District 11 and has lots of family in the area, so she knows us well!

Steph and I have been working together for just over a year, and although we haven't been together at City Hall very much due to COVID restrictions, Steph has been a super work partner and I feel very fortunate to have her on team District 11. We are both here to help you, so please don't hesitate to give either one us a call.



#### **ICYMI: Purple Day at City Hall**



<u>Purple Day</u> is an international grassroots effort dedicated to increasing awareness about epilepsy worldwide. It was started by Cassidy Megan from Shad Bay, District 11, in 2008, motivated by her own struggles with epilepsy.

Cassidy's goal is to get people talking about epilepsy in an effort to dispel myths and inform those with seizures that they are not alone.

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I was proud to wear a Purple Day shirt to Council in March in recognition of the amazing work Cassidy is doing.

