

WINTER 2023

# BEECHVILLE/ LAKESIDE/TIMBERLEA

**Lakeside Community Centre**  
1492 St. Margaret's Bay Road  
Phone: 902.876.8812



HALIFAX



# BEECHVILLE/LAKESIDE/TIMBERLEA

Program Name	Age	Day	Start Time	Duration	Location	Sessions	Start Date	Code	Fee
<b>PRESCHOOL</b>									
Dance - Creative Movement	3-5	Th	6:00 PM	45 mins	Lakeside Community Centre	10	12-Jan	00062941	\$45.00
Dance - Creative Movement	3-5	Sa	9:00 AM	45 mins	Lakeside Community Centre	10	7-Jan	00062943	\$45.00
Soccer - Active Start	3-4	Sa	9:00 AM	45 mins	Beechville Lakeside Timberlea SR Elementary School	11	7-Jan	00062971	\$49.50
Gymnastics - Tumblebugs	3-5	F	4:15 PM	45 mins	Lakeside Community Centre	10	13-Jan	00062966	\$45.00
Gymnastics - Tumblebugs	3-5	F	5:10 PM	45 mins	Lakeside Community Centre	10	13-Jan	00062970	\$45.00
Gymnastics - Tumblebugs	4-5	F	6:05 PM	45 mins	Lakeside Community Centre	10	13-Jan	00062968	\$45.00
Parent and Tot Storytime	18m-3	Th	9:00 AM	45 mins	Lakeside Community Centre	6	26-Jan	00064739	\$20.28

<b>CHILD</b>									
Arts & Crafts - Artists in Action	7-11	Sa	10:00 AM	2 hrs	Lakeside Community Centre	10	7-Jan	00062939	\$140.00
Dance - Ballet	4-6	Sa	10:00 AM	45 mins	Lakeside Community Centre	10	7-Jan	00062942	\$45.00
Dance - Hip Hop	6-9	Th	6:50 PM	45 mins	Lakeside Community Centre	10	12-Jan	00062944	\$45.00
March Break Camp	5-11	M	8:30 AM	8 hrs	Lakeside Community Centre	5	13-Mar	00062940	\$200.00
Little Sports	4-6	Sa	10:00 AM	45 mins	Beechville Lakeside Timberlea SR Elementary School	11	7-Jan	00062972	\$49.50
Basketball	7-8	M	6:00 PM	1 hr	Ridgecliff Middle School	10	9-Jan	00062980	\$60.00
Basketball	8-10	M	7:00 PM	1 hr	Ridgecliff Middle School	10	9-Jan	00062981	\$60.00
Basketball	5-7	Sa	12:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	11	7-Jan	00062974	\$66.00
Basketball	5-7	Sa	1:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	11	7-Jan	00062973	\$66.00
Soccer	5-7	Tu	6:00 PM	1 hr	Beechville Lakeside Timberlea JR Elementary School	10	10-Jan	00062964	\$60.00
Fitness - Zumba Kids Jr	4-6	F	6:00 PM	45 mins	Lakeside Community Centre	10	13-Jan	00062958	\$37.50
Fitness - Zumba Kids	7-11	F	7:00 PM	45 mins	Lakeside Community Centre	10	13-Jan	00062960	\$37.50

<b>YOUTH</b>									
Volleyball	12-15	M	8:00 PM	1.5 hrs	Ridgecliff Middle School	10	9-Jan	00062962	FREE
Youth Sports Night	10-15	Tu	6:30 PM	2 hrs	Beechville Lakeside Timberlea SR Elementary School	10	10-Jan	00062963	FREE
Youth Sports Night	10-15	Th	6:30 PM	2 hrs	Beechville Lakeside Timberlea SR Elementary School	10	12-Jan	00062967	FREE

# BEECHVILLE/LAKESIDE/TIMBERLEA

ADULT									
Fitness - Senior's Fitness	18+	Th	10:00 AM	1 hr	Lakeside Community Centre	11	12-Jan	00062955	\$69.30
Fitness - Senior's Fitness	18+	Tu	11:00 AM	1 hr	Lakeside Community Centre	11	10-Jan	00062950	\$69.30
Fitness - Zumba	18+	Su	7:00 PM	1 hr	Lakeside Community Centre	11	8-Jan	00062946	\$69.30
Fitness - Zumba On line	18+	Su	7:00 PM	1 hr	Lakeside Community Centre	11	8-Jan	00062945	\$69.30
Fitness - Zumba Toning	18+	Su	8:00 PM	30 mins	Lakeside Community Centre	11	8-Jan	00062949	\$34.65
Fitness - Zumba Toning On Line	18+	Su	8:00 PM	30 mins	Lakeside Community Centre	11	8-Jan	00062948	\$34.65
Fitness - Zumba Gold	18+	W	11:00 AM	1 hr	Lakeside Community Centre	11	11-Jan	00062953	\$69.30
Piloxing	18+	Tu	7:00 PM	1 hr	Lakeside Community Centre	11	10-Jan	00062952	\$69.30
Piloxing on line	16+	Tu	7:00 PM	1 hr	Online Class	11	10-Jan	00062954	\$69.30
Yoga - Holistic	18+	Th	7:00 PM	1.5 hrs	Lakeside Community Centre	11	12-Jan	00062957	\$103.95
Yoga - Yoga Flow	18+	M	6:30 PM	1 hr	Lakeside Community Centre	11	9-Jan	00062947	\$69.30
Yoga - Yoga Flow	18+	W	6:30 PM	1 hr	Lakeside Community Centre	11	11-Jan	00062951	\$69.30

Please note that adult programs are +HST and senior discounts apply to clients 60 years of age and older.

DROP INS									
Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
Youth Open Gym	12-16	Sa	3:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	11	7-Jan	00062979	FREE
Baseball & Softball Open Gym	All Ages	Sa	11:00 AM	1 hr	Beechville Lakeside Timberlea SR Elementary School	11	7-Jan	00062975	FREE
Family Open Gym	2+	Sa	2:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	11	7-Jan	00062976	FREE

## PASSWORD ALERT!

To improve security for our users, our online registration platform will be changing its password requirements. Starting Nov. 16, 2022, the minimum password length to log into a MyRec account will be extended from eight to 10 characters.

New and existing users with passwords less than 10 characters will be required to change their password before logging into their MyRec account. Existing users with passwords of 10 or more characters are unaffected. For enhanced security, users are required to update their own password rather than seek assistance from recreation staff.

We urge all impacted users to change their password to 10 or more characters before the upcoming winter recreation programming registration on Dec. 7 and 8, 2022 or at the next available opportunity. To change your password, visit the account login page and follow the password reset instructions. Questions can be directed to your local recreation centre or call (902) 490.6666.

