

## A community led, holistic approach to preparing and responding to violent or traumatic incidents

Community Mobilization Teams (CMTs) support the response and recovery from the experience of a traumatic incident. They are made up of a partnership among local residents, community organizations and the municipality.

After a violent or traumatic incident, CMTs mobilize local and municipal resources to address individual/community needs, coordinate community debriefings and timely information sharing.

CMTs strengthen community access to resources and networks. CMTs work toward preventing violence by reducing distress, restoring unity and building resilience.

#### To achieve this goal, CMTs encompass:

- crisis preparation through mapping resources, education and training
- crisis intervention by supporting communities after a violent or traumatic incident
- crisis prevention by developing and enhancing local safety networks to strengthen community sense of unity and collaboration

Each CMT is unique to its own community and sensitive to its culture and history.

CMTs are guided by the following community development principles:

- enhance natural networks
- community ownership and self determination
- social justice and equity
- service integration collaboration and coordination

For additional information and/or to inquire about support to develop a CMT in your community, please contact:

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#### Critical Incident Occurs

#### Crisis Preparation

map assets and resources update CMT process and communication enhance training

#### Evaluation

community and partner CMT process and debriefing identify gaps and needs

#### Immediate Response (0-24 hours)

resident response (call 911)

agencies implement internal protocols

emergency response victim Services

activated

# CMT Stages and Process

#### Wrap Up

assess long term community safety issues, identify options with local partners

determine community leadership and resources

> engage stakeholders

#### CMT Response (24-72 hours)

gather/share information assess needs crisis briefing

### Planning & Coordination (48 hours-2 weeks)

hold coordinating meeting

community crisis debriefing

ongoing needs assessment

