

VOLUNTEER OF THE YEAR

Kiyana Kamali Volunteer of the Year

Kiyana has assisted more than 2000 patients at the Victoria General Hospital NSHA in short-term care by providing food and talking to them while they awaited surgery to help ease their anxiety and recovery.

Her work with Kids Help Phone has raised awareness about mental health by giving school talks and hosting club fairs where she has promoted help-seeking behaviours to over 100 youth. She has provided mentorship and academic advice to over 300 students at Dalhousie University. Kiyana's work with Atlantic Schoolhouse has inspired thousands of young people to understand the barriers immigrants face by hosting information sessions and sharing her own

