



## **Lyle Mailman**

Lyle has been a significant community contributor, getting things done and initiating important conversations about mental health. He has a personal understanding of the impacts of mental health challenges, and willingly shares his story with battling depression to encourage and support others coping with mental illness. Lyle says the best therapy is showing gratitude and living a life of service. He has provided his time to the Beaver Bank Community events and various programs. Lyle has helped move items with his truck and time with The Acadia Square Roots, Beaver Bank Bee Group, and Rocky Hollow Ranch in North Beaver Bank. He's Volunteered at the Beaver Bank Monarch Elementary School grounds. Lyle is also on The Beaver Bank Community Awareness Association and created the Facebook Beaver Bank Community Watch in 2014.