



Cobequid Community Health Board Presentation to North West Community Council

November 5th 2018

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Who we are

A group of 15 volunteers that advise the Nova Scotia Health Authority on Community Health needs in the Cobequid area

We meet monthly September- June

We are supported with a Coordinator by the Health Authority, and funding for our operations.

What we focus on - Community!

Social Determinants of Health

Equity

Connector

Wellness Fund Grants

Community Health Board Central Zone Health Plan 2017

Every 3 years a formal check in with community on community health needs

Translates into board specific work in the community
4 areas of interest

- Primary Healthcare Needs (Access)
- Substance Use
- Transportation
- Youth Providers Network

Board as a whole was working on these items until sub-committees were formed – Substance Use and Transportation

Substance Use

Work began in December 2016 – Board level

Community consultations around cannabis legalization

In 2018 with new board members orientated there was a formal creation of a sub-committee tasked with:

- Engaging with community on substance use concerns
- Community harm associated with use
- Data collection

Substance Use

Linked with and are supported by Public Health and Mental Health and Addictions Health Promoters

November 15th Community Stakeholder Event focusing on Edible Cannabis and data gathering

Meeting with Partner Groups to discuss what they see as substance use issues with the population they support

Transportation

Since March 2017 the Cobequid CHB has heard that residents in the catchment are experiencing transportation challenges.

Specifically in:

Lucasville

Hammonds Plains

Fall River

Transportation

Fall of 2018 through to Spring of 2019 the sub-committee will be:

- Surveying
- Conducting Focus Groups
- Meeting with Providers

To determine what services that residents identify would help them get to where they need to go

In closing

Thank you for allowing us time to speak with you
about our work

We want you as a partner in our work – engaging with
us in community

We are excited about all the opportunity we see to
enhance individual and community health in the
Cobequid area with multiple stakeholders working
together

Questions?