

COUNCILLOR LORELEI NICOLL
DISTRICT 4 ONLINE NEWS
COLE HARBOUR - WESTPHAL



IN THIS EDITION

This monthly E-newsletter will provide an overview of regional news items that you may find of interest.

In this month's overview, you will find information on HRM's Community Grants Program, Camp Courage, International Women's Day and more!

Regards,
Lorelei

Community Grants Program

Halifax Regional Municipality's 2019 Community Grants Program is now accepting applications. The application deadline is **March 31st**.

The Community Grants Program provides annual cash grants to registered non-profit organizations and charities located throughout the Halifax region. There are two types of grants:

- a project grant of up to \$5,000
- a capital grant of up to \$25,000

At present, the program provides assistance to specific types of projects in the following categories:

- Arts and Crafts
- Diversity and Inclusion
- Environment
- Emergency Assistance and Neighbourhood Safety
- History
- Housing
- Leisure
- Recreation

The Program guidebook and application are available on-line or at one of HRM's Customer Contact Centres. You can also email Nonprofitgrants@halifax.ca or call 902.490.7310 for a copy.

The Community Grants Guidebook contains detailed eligibility criteria for the program and for each of the funding sectors.



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International Women's Day 2019

Celebrating Women Across the Diversity Spectrum in the fields of Science, Math, Technology, and Innovation

Friday, March 8 | 1–4 p.m. | Halifax Central Library, Paul O'Regan Theatre, 5440 Spring Garden Rd

Featuring keynote speaker:

Dr. Rita Orji

Asst. Professor Faculty of Computer Science, Dalhousie University



This event is presented in partnership between The African Nova Scotian and Racially Visible Women's Network, Halifax Regional Municipality's Office of Diversity & Inclusion, and The Halifax Central Library.

All are invited to this free event! Come enjoy a host of activities including information booths, door prizes, entertainment, and healthy snacks. Please email Lillian Ash at ashli@halifax.ca to confirm your attendance.



Visit halifax.ca/IWD for details



Budget 2019/20 Update

April 2nd is the date for Regional Council's final review and approval of the 2019 / 20 municipal operating and capital budgets.

You are welcome to attend the budget session at the Council Chamber, City Hall, 1841 Argyle Street, Halifax. The meeting commences at 10:00 a.m. If you are unable to attend in person you can watch or listen online at [Council Live Webcast | Halifax](#).

Change your clocks, change your batteries

March 10th is the time we turn our clocks ahead an hour to start Daylight Saving Time.

When you "spring ahead" an hour with your clocks you should also change the batteries in your smoke and carbon monoxide alarms. While you're at it, check the expiry on the back of the alarms. The National Fire Protection Association recommends smoke alarms be replaced every 10 years.

And while we encourage people to change alarm batteries when adjusting the time on your clocks, you should test your smoke or carbon monoxide alarms once a month, to ensure they are still working.

Halifax Regional Fire Services has a program called, 'Alarmed and Ready'. The purpose of the program is to provide a smoke or carbon monoxide alarm for those who do not have the financial means to obtain one. Call 311 to place a request for an alarm.

This program also gives our front-line firefighters an opportunity to educate the public on the importance of an early warning device in the home, and to demonstrate to residents how to maintain and test their alarms.

Camp Courage, July 7–14, 2019

The First Responders Society is an incorporated non-profit company established by firefighter, Andréa Speranza, in January 2006, to introduce young women aged 15- 19 to careers as first responders primarily Paramedics, Police

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Officers, and Firefighters. The goal is that young women will leave with a sense of empowerment and the confidence to believe that they **can** achieve any goal, career or dream they desire.

The camp is 100% free. To be accepted into camp you must write an essay on one of two topics: how you can improve someone else's life that is less fortunate, or; how you can improve your community. Instead of paying cash, you have to do what you've proposed in your essay. The only limitation is your imagination. This illustrates how hard work creates opportunities. It teaches to be thankful for what you have and to respect others that have less as well as teaching the value of helping others.

[Camp Courage](#) accepts only 24 participants each year. **Entrance essays are due March 31st!**

Trap Neuter Return Program

In 2017/18 Regional Council approved a 5-year pilot grant program to assist with the spay and neutering of feral cats. The program provides funding of up to \$50,000 annually to the Nova Scotia SPCA and Spay Day HRM to trap, neuter, spay and return cats.

Trap/Neuter and Return (TNR) programs are defined as programs through which free-roaming, unowned cats are humanely trapped, spayed or neutered, medically treated and subsequently returned to the locations where they were found. The objective of TNR is to gradually eliminate colonies by a process of "aging out." It reduces the cycle of unwanted breeding and the stress that causes on feral

cats and on shelters and rescues constantly rescuing kittens from these situations.

For more information on TNR and other programs offered by the Nova Scotia SPCA check out their [website](#).

Cole Harbour Heritage Farm Annual Dinner and Auction – Save the Date

The 14th Annual Dinner & Auction Fundraiser will be held on **Saturday, April 6th** at the Brightwood Golf and Country Club. This event provides much of the core funds needed to support the upcoming season of the Farm Museum. It's a fun evening, including a silent auction, a three-course roast turkey dinner (vegetarian options available upon request), and a live auction of our biggest donation items! Tickets are \$50/person and will be available at the Farm Museum and Eventbrite in the coming weeks!

March Break at the Cole Harbour Library

There are lots of events for kids happening at the Library during March break. Check out the following list and visit their website at [Events | Halifax Public Libraries](#) for more details.

Monday, March 18, 2019

[Computer Science Workshop: SuperNOVA](#)

Monday, March 18, 2019 10:00AM - 11:00AM
Registration required

Tuesday, March 19, 2019

[Performance: The Jugglin' Bubblers](#)

Tuesday, March 19, 2019 10:30AM - 11:30AM
Registration required



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[Movie: Incredibles 2](#)

Tuesday, March 19, 2019 2:30PM - 4:30PM

Registration required

Wednesday, March 20, 2019

[Spring Fling](#)

Wednesday, March 20, 2019 10:30AM - 11:15AM

Registration required

[Mad Science: Invisible Forces Workshop](#)

Wednesday, March 20, 2019 2:30PM - 3:15PM

Registration required

Thursday, March 21, 2019

[Puppet Show: Don't Let the Pigeon Drive the Bus](#)

Thursday, March 21, 2019 10:30AM - 11:00AM

Registration required

[Tech Play Day](#)

Thursday, March 21, 2019 2:30PM - 3:30PM

Registration required

Friday, March 22, 2019

[March Break Madness](#)

Friday, March 22, 2019 10:00AM - 12:00PM

Registration required

[Movie: Coco](#)

Friday, March 22, 2019 2:30PM - 4:15PM

Registration required

Saturday, March 23, 2019

[Workshop: Bite-Sized Kitchen](#)

Saturday, March 23, 2019 2:30PM - 4:30PM

Registration required

For the adults there will be a drop-in workshop on **Saturday, March 16, 2019 2:00PM - 3:30PM**

[Easy Landscape Design Techniques](#)

Lynn Brooks will explain how to use trees, shrubs, grasses, and flowers to make your property beautiful. Learn about using ground covers as an alternative to lawns and using native plants to attract pollinators.

Nova Scotia Works

Jumping into Job Search

March Break Camp, March 18-20 5 Cumberland Dr.

Are you looking for part-time or summer employment? Register now for the three-day Job Search Skills Camp.

Running from 9:30 am to 3:30 pm each day.

Over the three days there will be the following activities:

- Resume Development
- WHMIS Training
- Career Planning
- Job Search Resources
- Interview Preparation
- Access to online career tool for students

Lunch and Snacks Provided

Application deadline is **March 9th**

For more information check out their website at

<http://www.ymcansworks.ca/>

The Joe Lamontagne Memorial March Break Hockey Tournament Program

Cole Harbour will host the 37th annual Joe Lamontagne March Break tournament March 16th-24th at Cole Harbour Place.

There is no admission charge to any games or shootouts so come and enjoy some great minor league hockey.