



**COUNCILLOR CATHY DEAGLE GAMMON**  
**DISTRICT 1 ONLINE NEWS**  
WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

**WELCOME APRIL!**



We are now in daylight saving time, it's officially spring and the 2023/24 municipal operating and capital budgets are almost finalized! Thank you to everyone who took the time to comment on the proposed budget. Your input is invaluable to me as I make decisions for the benefit of all residents in District 1 and the municipality.

There are many exciting updates provided in this newsletter including Halifax being chosen as the location for the 2024 JUNO Awards, 15 new firefighters for Middle Musquodoboit, speed radar signs in Dutch Settlement and much more!

Please contact me if you have questions regarding municipal programs/services by phone at 902-717-2718 or by email at [deaglec@halifax.ca](mailto:deaglec@halifax.ca).

**TABLE OF CONTENTS**

**WELCOME APRIL!..... 1**  
**TABLE OF CONTENTS ..... 1**  
**APRIL MEETINGS ..... 2**  
**DID YOU KNOW..... 2**  
**EASTER EGG HUNT - APRIL 1<sup>ST</sup> ..... 3**  
**INDEPENDENT LIVING NOVA SCOTIA - CAP ..... 3**  
**ACTIVE TRANSPORTATION EDUCATION & PROMOTION GRANT PROGRAM..... 3**  
**SPEED RADAR SIGNS - DUTCH SETTLEMENT ..... 4**  
**CARROLL'S CORNER - SOAP MAKING WORKSHOP..... 5**  
**MIDDLE MUSQUODOBOIT FIREFIGHTERS ..... 5**  
**WOMEN'S ADVENTURE FILM TOUR ..... 6**  
**GREAT NOVA SCOTIA PICK ME UP ..... 6**  
**FOOD INSECURITY - HRM'S ACTION PLAN..... 7**  
**JUNO AWARDS - MARCH 2024! ..... 7**  
**IN THE COMMUNITY..... 8**  
**COUNCILLOR DEAGLE GAMMON... 10**  
**E-NEWSLETTER/SUBSCRIBE..... 10**



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### APRIL MEETINGS

#### Regional Council:

Tuesday, April 4<sup>th</sup> at 10:00 a.m.

Tuesday, April 18<sup>th</sup> at 10:00 a.m. (If required)

Tuesday, April 25<sup>th</sup> at 10:00 a.m.

#### North West Community Council:

Monday, April 17<sup>th</sup> at 7:00 p.m.

Please confirm dates and times on our [municipal website](#) as they are subject to change.

### NWCC UPDATE

The North West Community Council (NWCC) met on Monday, March 8<sup>th</sup> to discuss the following:

#### [Case 23720: Development Agreement for lands at 9 Crestfield Drive, Hammonds Plains](#)

Public hearing held and closed. NWCC approved the development agreement to enable a 53-unit seniors housing development at the corner of Crestfield Drive and Hammonds Plains Road.

#### [Case 24205: Development Agreement for a Conservation Design Development on Hemlock Drive \(PID 41180779\), Upper Tantallon](#)

Public hearing held and closed. NWCC approved the development agreement to allow a [conservation design development](#) on Hemlock Drive (PID 41180779) in Upper Tantallon.

To view the full agenda and watch the video of the meeting click [here](#).

### DID YOU KNOW....

That April is:

[Sikh Heritage Month](#)

[Genocide Remembrance, Condemnation and Prevention Month](#)

[International Guitar Month](#)

April 1<sup>st</sup> is [April Fool's Day/Poisson d'avril](#)

April 2<sup>nd</sup> is [Palm Sunday](#)

April 2<sup>nd</sup> is [International Children's Book Day](#)

April 2<sup>nd</sup> is [World Autism Awareness Day](#)

April 4<sup>th</sup> is [International Carrot Day](#)

April 6<sup>th</sup> is [Maundy Thursday](#)

April 6<sup>th</sup> is [First Day of Passover](#)

April 6<sup>th</sup> is [Tartan Day](#)

April 7<sup>th</sup> is [Good Friday](#)

April 7<sup>th</sup> is [World Health Day](#)

April 9<sup>th</sup> is [Easter Sunday](#)

April 9<sup>th</sup> is [Vimy Ridge Day](#)

April 10<sup>th</sup> is [Easter Monday](#)

April 10<sup>th</sup> is [World Homeopathy Day](#)

April 13<sup>th</sup> is [International Plant Appreciation Day](#)

April 14<sup>th</sup> is [International Kid's Yoga Day](#)

April 17<sup>th</sup> is [International Bat Appreciation Day](#)

April 17<sup>th</sup> is [International Haiku Poetry Day](#)

April 18<sup>th</sup> is [World Heritage Day](#)

April 22<sup>nd</sup> is [Earth Day](#)

April 22<sup>nd</sup> is [World Book Day](#)

April 27<sup>th</sup> is [International Guide Dog Day](#)

April 28<sup>th</sup> is [Global Pay It Forward Day](#)

April 29<sup>th</sup> is [International Astronomy Day](#)

April 29<sup>th</sup> is [World Veterinary Day](#)

April 30<sup>th</sup> is [International Jazz Day](#)



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### EASTER EGG HUNT - APRIL 1<sup>ST</sup>

## EASTER EGG HUNT

WHEN: SATURDAY APRIL 1<sup>ST</sup> 10AM

WHERE: UPPER MUSQUODOBOIT WOODEN  
PLAYGROUND

\*\*PLEASE NOTE: Rain location will be the Upper Musquodoboit  
Community Hall\*\*

Spaces limited, registration required.  
Please call the Musquodoboit Valley Family  
Resource Centre at 902-384-2794 for more  
information.



### INDEPENDENT LIVING NOVA SCOTIA - CAP



Are you 18-24 years old?

Do you identify as having a disability(ies)?

Want to connect with your community?

Join



The next [Community Access Program \(CAP\)](#) starts May 16<sup>th</sup> at Independent Living Nova Scotia (ILNS). ILNS's Community Access Program (CAP) is a 9-week pre-employment program perfect for anyone who is:

- 18-24 years old
- living in the Halifax Regional Municipality (HRM)
- wanting to connect with their community
- looking to develop life and employment skills

Those interested can apply for CAP [here](#) or get in touch with program staff at [cap@ilns.ca](mailto:cap@ilns.ca) or call 902-453-0004.

CAP is also a great stepping stone to the [RISE Program](#). The [RISE Program](#) is for youth ages 18 - 30 who identify as having a disability and face barriers to employment. This is primarily an employment-based program where participants will partake in professional development and employment skills training while also participating in job shadowing exercises and paid internships.

### ACTIVE TRANSPORTATION EDUCATION & PROMOTION GRANT PROGRAM

[Active Transportation \(AT\) Education and Promotion Grants](#) are intended to support projects to increase the number of people walking, bicycling and rolling and improving the safety of people using these modes. Projects may include:

- Safety and skills training programs
- AT promotions and marketing programs



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

- AT education and engagement
- Transportation Demand Management programs
- AT related events
- Etiquette programs

There are three types of projects measured in funding and reach:

- Small community project grant under \$1,000
- Large community project grant of \$1000 - \$5,000
- Major project grant over \$5,000

These grants are awarded to eligible applicants as outlined in the [Administrative Order Number 2020-011-ADM Respecting HRM's Grant Programs for Active Transportation and Recreational Trails](#):

- shall be located within the geographic boundary of the municipality;
- shall be a Community Organization at the date an application is made;
- shall have been a Community Organization for a minimum of one year prior to the date of submission of the application;

“Community Organization” means a Registered Non-Profit Organization (Society, non-profit organization; non-profit corporation) or a Registered Canadian Charitable Organization.

The AT Education and Promotions Grant supports municipal objectives for a multi-modal transportation system as described in the [Integrated Mobility Plan](#) and the [Active Transportation Priorities Plan](#).

To be considered in the **Spring-Summer Intake**, applications and supporting documents required must be received on or before **April 14<sup>th</sup>**.

To be considered for the **Fall-Winter Intake**, applications and supporting documents must be received on or before October 13<sup>th</sup>.

If you have questions, contact **Emma Martin, AT Community Projects Coordinator** at:

[martinem@halifax.ca](mailto:martinem@halifax.ca)

C: 902-499-6742

## SPEED RADAR SIGNS - DUTCH SETTLEMENT

Speed Radar signs are up in Dutch Settlement! Thanks to the collaboration between the province of Nova Scotia, with support from Larry Harrison, MLA, and HRM Traffic Services, the speed radar signs were able to be installed along the provincial highway. A great example of two levels of government working together.





## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### RCMP STATS – FEBRUARY 2023

There were 566 calls recorded in February 2023, down 4.4% over the same period in 2022.

13 Summary Offence Tickets issued in February 2023, the same number issued during the same period in 2022:

- 1 Cell Phone
- 1 Aggressive Driving
- 4 Speeding
- 7 Other MVA (no registration, no insurance, invalid inspection sticker, etc.)

100 Proactive Assignments in February 2023, down from the 189 reported during the same period in 2022:

- 32 Cell Phone / Impaired / Seatbelt / Speeding Checkpoints / Radar Enforcements
- 103 Traffic Stops in February 2023, up from the 97 conducted during the same period in 2022
- Impaired Driving: 2 Impaired Driving Charges in February 2023, up from the 1 issued in February 2022, 0 Impaired Driving Suspensions in February 2023, the same number issued in February 2022

24 Motor Vehicle Accidents in February 2023, down from the 31 reported during the same period in 2022. 23 were non-injury and there was one fatality

- 0 Vehicle / Pedestrian (or cyclist) Accidents in February 2023, the same number reported in February 2023

### CARROLL'S CORNER – SOAP MAKING WORKSHOP

Carroll's Corner Community Center  
**Soap Making Workshop**  
with  
Alicia Parsons Lushington  
Sunday April, 16th, 2023  
1pm - 5pm  
Call 758-3753  
to book your spot.  
Price \$30 Age 16yrs+  
Note - Payment is to be sent via email transfer, no later than April 2nd to [carrollscornerfinance@gmail.com](mailto:carrollscornerfinance@gmail.com) to confirm your seat.  
#9 Milford Rd.

### MIDDLE MUSQUODOBOIT FIREFIGHTERS



The 2023/24 municipal budget proposes that Halifax Regional Fire and Emergency add 15 firefighters to its ranks to increase staffing in



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

Middle Musquodoboit and fill a gap by serving surrounding areas. I was pleased to put forward the motion to add \$137,100 to the 2023/24 budget to allow the station to run 24/7 with a mix of career and volunteer firefighters.

### WOMEN'S ADVENTURE FILM TOUR



Bring the family and join in the fun celebrating women in adventure at the screening of the [Women's Adventure Film Tour 22/23](#) on April 29<sup>th</sup> at 7:00 p.m. at the Bicentennial Theatre, 12390 Highway 224, Middle Musquodoboit.

All proceeds go to support [Ride For Cancer 2023](#) who will provide prizes and swag at the event!

For tickets email [cjeffers@eastlink.ca](mailto:cjeffers@eastlink.ca).

### PARKING PERMIT FEE INCREASE



On Saturday, April 1<sup>st</sup>, changes to annual parking permit fees, visitor parking permits, commuter permits, carshare parking and the ability to purchase second

permits were put into effect. Annual parking

permit fees will increase from \$40/year to \$75/year. Residents can purchase a second annual parking permit for \$175/year. Annual visitor parking permits will shift to pay-per-use:

- One day: \$15
- Two days: \$25
- Seven days: \$35

Carshare vehicles will be able to park at any on-street paid parking location.

Commuter permits will see price increases or price decreases, depending on the zone.

Student commuter permits will change from a flat rate of \$35/month to \$10/month discount off the regular zone price.

All permits will shift to a digital format, removing the need for replacement fees.

These changes, supported by amendments to [By-law P-1200](#) and approved by Regional Council, will streamline purchases, increase flexibility and create efficiencies in a new digital format. These changes are also based on resident feedback and will better align with residents' needs and better reflect the cost of administering these programs.

All current parking permits will remain valid until they expire. For more details [click here](#).

### GREAT NOVA SCOTIA PICK ME UP

The [Great Nova Scotia Pick-Me-Up](#) is Nova Scotia's largest volunteer-driven community clean-up program, promoting



April 2023

HALIFAX



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

litter clean-ups across the province. Since its inception in 1992, the program has provided free supplies and support to participants who wish to carry out community-based clean-ups.

In 2019, the [Nova Scotia Adopt-A-Highway](#) took over the delivery of the Great Nova Scotia Pick-Me-Up Program. With this program's addition, the Adopt-A-Highway will have more ways to fight the litter that plagues the province.

Please [REGISTER](#) to join thousands of other Nova Scotians in making our province beautiful and healthy.

### FOOD INSECURITY – HRM'S ACTION PLAN



Food security in a community is a complex issue and ensuring food security means that a number of factors must be met for all community members. These factors can be categorized into six domains: Accessibility, Affordability, Availability, Adequacy and Awareness.

On March 7<sup>th</sup> Regional Council approved [Part A of the JustFOOD Action Plan](#) for the Halifax Region, the first food strategy for the municipality. View the staff [report](#) here.

The Action Plan is a long-range strategy to guide actions to improve food security and strengthen our local food system, with clear roles for all and the resources needed for positive change. The municipality and [the Halifax Food Policy Alliance](#) (HFPA) are co-leading the development of the action plan, recognizing that we need to work together towards a healthy, just and sustainable food system. [View the Report](#) that formalized the relationship with HFPA and kicked off the JustFOOD Action Plan.

To become involved and learn more, visit the emerging [JustFOOD virtual food hub](#).

A complete plan, Part A and Part B, will be brought to Halifax Regional Council for approval in the Fall of 2023.

### JUNO AWARDS - MARCH 2024!



The Canadian Academy of Recording Arts and Sciences (CARAS) announced that The JUNO Awards are returning to Atlantic Canada, making their

second visit to Halifax (Kjipuktuk) in **March 2024**. Halifax will host a revered lineup of JUNO Week events from March 21<sup>st</sup> – 24<sup>th</sup>, 2024. The 53rd Annual JUNO Awards will broadcast live on CBC from Scotiabank Centre on Sunday, March 24<sup>th</sup>, 2024.



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

The JUNO Awards are being held in Nova Scotia's capital for the first time since 2006. The festivities return with the support of the Province of Nova Scotia, Halifax Regional Municipality, and the 2024 Host Committee. For first-access to JUNO Awards Broadcast tickets, information and updates, sign up [here](#).

### IN THE COMMUNITY



I attended the 100+ Women Who Care event on March 7<sup>th</sup>. It was wonderful to see some original members and hear from three local non-profits who increased our awareness about their mission. Congratulations [100+ Women Who Care Halifax](#) on 10 giving years to our mission driven organizations.

I am so pleased to be a member of the [first gender parity Regional Council](#). We gathered together, on the steps of City Hall, on International Women's Day (March 8<sup>th</sup>) to take this photo.



Standing in back (left to right): Councillor Kathryn Morse and me - Councillor Cathy Deagle Gammon. Standing in front (left to right): Councillor Lisa Blackburn, Councillor Iona Stoddard, Councillor Trish Purdy holding name plate for Councillor Becky Kent (absent) Councillor Patty Cuttell and Councillor Pam Lovelace.





## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### COMMUNITY HALLS / CENTRES

District 1 is home to many community halls and non-profit organizations. Check out their website or Facebook pages to find information on local events as well as opportunities to volunteer in your community. Here is a list of some of the great organizations in our district:

- [Elderbank Recreation Club](#)
- [Lemmon Hill Sports Association](#)
- [Upper Musquodoboit Nova Scotia Nunavut Command](#)
- [Upper Musquodoboit Community Hall](#)
- Upper Musquodoboit Fellowship Centre (902)568-2536
- [Musquodoboit Valley Bicentennial Theatre](#)
- [Musquodoboit Valley Family Resource Centre](#)
- [Musquodoboit Valley Food Bank](#)
- [Carrolls Corner Community Center](#)
- [Meaghers Grant Community Hall](#)
- [Gordon Snow Community Centre](#)
- [Wellington Fletchers Lake Station House](#)
- [Grand Lake Oakfield Community Centre](#)
- [Waverley Heritage Museum](#)
- [Waverley Legion Dieppe Branch 90](#)
- [LWF Community Hall](#)
- [Windsor Junction Community Centre](#)
- [Helping Hands Families Helping Families](#)
- [Barefoot Farmers Association](#)

For those I have missed this time around please reach out let me know and I will add to the list!

### PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [municipal district 1](#).

#### Provincial MLAs:



**MLA Larry Harrison**  
Colchester-  
Musquodoboit Valley  
Constituency office:  
87 Main Street West  
PO Box 219  
Stewiacke, NS B0N 2J0  
Phone: 902-639-1010  
Fax: 902-639-2598

Email: [larryharrisonmla@gmail.com](mailto:larryharrisonmla@gmail.com)



**MLA Brian Wong**  
Waverley-Fall River-  
Beaver Bank  
Constituency Office:  
1265 Fall River Road  
Suite 101  
Fall River, NS B2T 1E6  
Phone: 902-576-3411  
Email:

[brianwongmla@gmail.com](mailto:brianwongmla@gmail.com)



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### Federal MPs:



#### MP Sean Fraser

[Central Nova](#)

House of Commons

Ottawa, ON K1A 0A6

Phone: 613-992-6022

Fax: 613-992-2337

Email:

[sean.fraser@parl.gc.ca](mailto:sean.fraser@parl.gc.ca)

I currently serve on Regional Council, North West Community Council and the following boards and committees:

- Accessibility Advisory Committee
- Appeals Standing Committee
- Audit and Finance Committee (Vice Chair)
- Environment and Sustainability Committee
- Executive Standing Committee
- Grants Committee (Chair)
- Halifax Regional Water Commission
- Halifax Partnership
- North West Planning Advisory Committee

Community Committees:

- Aerotech Community Liaison Community Committee
- Halifax International Airport Authority
- Goffs Quarry Community Liaison

### E-NEWSLETTER/SUBSCRIBE

I send monthly e-newsletters to community members. If you'd like to keep up to date with my Councillor news, please get in touch with my Council Constituency Coordinator at: 902-490-1562 or email: [Chris.Newson@halifax.ca](mailto:Chris.Newson@halifax.ca).



#### MP Darrell Samson

Sackville-Preston-

Chezzetcook

Constituency Office:

2900 Highway 2

Suite 2nd Floor

Fall River, NS B2T

1W4

Phone: 902-861-2311

Fax: 902-861-4620

Email: [darrell.samson@parl.gc.ca](mailto:darrell.samson@parl.gc.ca)

## COUNCILLOR DEAGLE GAMMON

