



WELCOME MAY!



Happy Mother's Day to all Moms and those in the role of Mom! Maria Shriver said that *"the responsibility of rearing good, kind, ethical, responsible human beings—is the biggest job anyone can embark on"*. She is so right on this, and I applaud

all Moms for taking up the challenges and rewards of childrearing.

I wish to express my sincere thanks and appreciation for all the condolences, hugs and patience during our family loss in April.

Keep reading for important updates on the 2023/24 municipal budget, 2023 volunteer award recipients and much more!

Please contact me if you have questions regarding municipal programs/services at 902-717-2718 or by email at deaglec@halifax.ca.

TABLE OF CONTENTS

WELCOME MAY!	1
TABLE OF CONTENTS	1
MAY MEETINGS	2
DID YOU KNOW...	2
WIJE'WINEN CULTURAL CIRCLE	3
2023 / 2024 BUDGET APPROVED	5
LITTERATI APP	6
MOOSE HIDE CAMPAIGN DAY	6
NATIONAL YOUTH WEEK	7
SPRING JOB FAIR – MAY 4 TH	7
GUIDED BIRD WALKING TOURS	8
NATAL DAY 2023	8
WELLINGTON FLETCHERS LAKE STATION HOUSE	8
CARROLL'S CORNER NEWS	9
LAKEVIEW-WINDSOR JUNCTION-FALL RIVER AGM	9
HIAA ANNUAL PUBLIC MEETING	10
MIDDLE MUSQUODOBIT FUN	10
NEIGHBOURHOOD AND VOLUNTEER SERVICES	10
MUSQUODOBIT VALLEY LIONS CLUB	11
WEST JET CARGO SERVICES	11
FLOOD MITIGATION STUDY	12
ASIAN HERITAGE MONTH	13
PROVINCIAL & FEDERAL REPRESENTATIVES	14
COUNCILLOR DEAGLE GAMMON	15
E-NEWSLETTER/SuBSCRIBE	15



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

MAY MEETINGS

Regional Council:

Tuesday, May 9th at 10:00 a.m. (Citizenship Awards)

Tuesday, May 23rd at 10:00 a.m.

North West Community Council:

The May meeting of North West Community Council has been cancelled.

The next scheduled meeting is Monday, June 12th at 7:00 p.m.

Please confirm dates and times for Regional and Community Council meetings on our [municipal website](#) as they are subject to change.

I will also be attending the following meetings:

May 3rd to 5th - The [Nova Scotia Federation of Municipalities](#) Conference in Digby.

Friday, May 12th - [Halifax Water Board of Commissioners](#) Workshop

Monday, May 15th - [Accessibility Advisory Committee](#)

Wednesday, May 15th - [Audit & Finance Standing Committee](#)

Wednesday, May 24th - [Halifax Partnership Board of Directors](#)

Thursday, May 25th - [Grants Committee](#)

NWCC UPDATE

On April 17th, the North West Community Council (NWCC) held a public hearing and a variance appeal hearing as follows:

[Case 23247: Amendments to the Sackville Drive Land Use By-law Regarding the Measurement of Building Height](#)

Motion passed to adopt the amendments to the Land Use By-law for Sackville Drive. These amendments will clarify building height requirements to ensure consistency of building heights and reduce the impacts of larger developments on adjacent residential properties. Review the staff report [here](#).

[Case 24627: Appeal of Variance Approval – 250 Shore Club Road, Hubbard](#)

Motion to allow the appeal was defeated which means the variance request to allow the construction of an outdoor dining patio and kitchen/bar area for the Shore Club was upheld as per the recommendation of the Development Officer.

Check the municipal [website](#) for more information on the meeting.

DID YOU KNOW

That May is:

- Asian Heritage Month
- Bladder Cancer Awareness Month
- Brain Tumour Awareness Month
- Celiac Awareness Month
- Cystic Fibrosis Awareness Month



May 2023

HALIFAX



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

- Food Allergy Awareness Month
- Foot Health Month
- Melanoma Awareness Month
- Multiple Sclerosis Awareness Month
- National Hemochromatosis Awareness Month
- National Physiotherapy Month
- Speech and Hearing Month
- Vision Health Month

May 1st is [May Day](#)

May 3rd is [World Press Freedom](#)

May 4th is [International Firefighters Day](#)

May 4th is [Star Wars Day](#)

May 8th is [Remembrance and Reconciliation – WWII](#)

May 13th is [World Migratory Bird Day](#)

May 13th is [Open City Day](#)

May 14th is [Mother's Day](#)

May 15th is [International Day of Families](#)

May 16th is [International Day of Light](#)

May 16th is [International Day of Peace](#)

May 17th is [International Telecommunications Day](#)

May 18th is [International Museum Day](#)

May 21st is [World Day for Cultural Diversity](#)

May 22nd is [Victoria Day](#)

May 23rd is [World Turtle Day](#)

May 29th is [International Day for UN Peacekeepers](#)

May 31st is [World NO Tobacco Day](#)

WIJE'WINEN CULTURAL CIRCLE & SHOWCASE



Wije'winen in Mi'kmaq means 'come with us'. This May 3rd to 6th, the Mi'kmaq Native Friendship Centre (MNFC) is inviting people to join in their daily program in honour of the 2023 East Coast Music Awards!

Halifax's Grand Parade will come alive with a variety of activities and performances running daily from 12:00 p.m. to 4:00 p.m. The program begins on May 3rd with a sunrise ceremony at 9:00 a.m. followed by an opening blessing and program kick-off at 12 noon including special remarks and a performance of the Honour Song.

The weekend will have a backdrop of lit teepees, a sacred fire, traditional Mi'kmaq hand drumming and many styles of competitive Indigenous dance including the grass dance, women's and men's traditional, fancy shawl, jingle dress as well as the Mi'kmaq Ko'jua.

On May 4th Aaron Prosper will lead a Ko'jua tutorial - all are welcome to join in - followed by the MNFC Atelhai program's presentation of Inuit throat singing.

A tobacco offering has also been added to the May 5th schedule in recognition of the National Day of Awareness surrounding Murdered and Missing Indigenous Women and Girls. The





COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

Wije'winen Cultural Circle will culminate with a showcase of community drumming, dance and spoken word on May 6th.

For more information, visit the East Coast Music Awards website www.ecma.com.

2023 VOLUNTEER AWARD RECIPIENTS



The 2023 HRM Volunteer Award recipients were honoured at the annual Volunteer Awards event in April. This annual event puts a spotlight on residents that have made a difference in their community by donating their time and skills to various programs and services.

This year's award ceremony marked the largest volunteer appreciation event ever hosted by the municipality – with nearly 100 awards distributed and over 200 attendees.

I was honoured to present an award to District 1 award recipients. Read more about these dedicated volunteers below on how they have served their communities. Thank you for all that you do to help all communities throughout District 1 to remain vibrant, active and fun!

Kim Conrad and the Conrad family have been champions of the Dartmouth General Hospital (DGH) for more than 45 years. Without them, the hospital might not exist, as Kim's father, Fraser, was one of the original community members who pushed and worked for the establishment of the hospital. Kim remains committed to ensuring that DGH is able to continue its proud history of innovation and providing exceptional care to residents of HRM.

Sarah Williams

Sarah has been an invaluable board member and volunteer for the Keloose Community Celebration, serving the Lakeview-Windsor Junction-Fall River area. Sarah is steadfast in her commitment to doing the right thing and listening to all viewpoints from everyone on the team. She helped raise awareness of the event, improved communications, and organized volunteers on the event day. Her willingness to help and her organizational skills contributed to the success of the event.

Emma Browne

Emma volunteered as a Youth Leader at the Gordon R. Snow community centre. She showed leadership skills and always showed up and took the lead in camps. Emma was always willing to help and continuously took the initiative when motivating the youth and leading games. She was always ready to lead and participate!

Ewan Hawley

Ewan is a role model to the summer camp youth at Gordon R. Snow Community Centre. He is someone people can rely on and was viewed as a leader by the staff, enabling him to take a more prominent Youth Leader role in camps. Ewan



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

was a great help in coming up with ideas for the kids to do at the camp and at our community action event at the end of the summer, which was a real benefit for the community.

Gerald Burgess

Gerald has supported the Waverley Legion for over 20 years. He shows consistent leadership at the Legion, leading the Executive, cooking for Thursday night Wing Nights, looking after the parking lot during winter months, and generally helping wherever he can. He inspires others to be the leaders of tomorrow. Without Gerald's continuous help and leadership, the branch would not be as successful as it is today. Volunteers like Gerald are far and few between.

Jim Reid

Jim is a key member of the Carroll's Corner Community Center (CCCC) Volunteer Board. Through Jim's dedication to the Board and the development of the CCCC's Mastodon Trail, Jim has volunteered countless hours over the last 12 years. Jim maintains a positive and professional approach as he works with community members, other volunteers, stakeholders, and sponsors. His volunteer work helps bring the community together and makes it a better place.

2023 / 2024 BUDGET APPROVED

2023/24 Budget at a Glance	
OPERATING BUDGET	\$979.4M
CAPITAL PLAN	\$333.3M
AVERAGE RESIDENTIAL TAX BILL INCREASE	5.9%
MUNICIPAL RESIDENTIAL TAX RATE DECREASE	0.794 TO 0.760

On April 25th, Regional Council ratified the 2023 / 24 Municipal Operating and Capital Budgets. The average residential tax bill is increasing by 5.9 per cent. The average

single-family home tax bill will increase by \$128 in 2023/24 to a total of \$2,288. Due to the increase in property assessment values, the municipal residential tax rate will decrease from 0.794 to 0.760.

A new [commercial taxation policy](#) came into effect on April 1st, changing the way that commercial property taxes are calculated going forward. Geographical tax boundaries for commercial properties will change from the previous urban, suburban and rural areas to one of five new tax areas, which are listed in [Administrative Order 2022-003-ADM, Respecting Commercial Property Taxation in Certain Areas of the Municipality](#). For each tax area, rates will vary by assessed value of the property, within three tiers of assessment. The rates for each tier and tax area will be updated on halifax.ca/taxrates.

We're investing in critical areas such as transportation, public safety, infrastructure management and addressing climate change. By doing so, we're creating a foundation for sustainable growth across our region.

We've allocated significant funding towards:

- improving our public transportation system,
- provisions to develop affordable housing,
- prioritizing public safety with funds allocated to the creation of a new Community Safety business unit, as well as additional funding for Halifax Regional Fire & Emergency services.

This budget will allow the municipality to deliver services that positively impact the daily lives of residents today and into the future.



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

LITTERATI APP



The Halifax Solid Waste Resources team will be issuing a Litterati challenge in each municipal electoral district to see which district's residents can pick up the most pieces of litter!

Does your district have what it takes? Join the challenge by first downloading the app and searching your municipal district number, plus the word "Cleanup." (e.g. District 1 Cleanup). Residents can also join using the code "HRM" with their district number (e.g., HRM1).

Alternatively, you can join the municipality's ongoing **CLEANHRM** challenge using the join code **CLEANHRM**.

In June 2023, zero waste prize kits will be awarded to the top three litter collectors in each district for the month of May.

In October 2023, a second round of prizes will be awarded for the top three litter collectors in each district for the timeframe of April 1st to September 30th. Information on municipal electoral districts can be found by visiting [our website](#).

May 2023

Using the Litterati mobile app and joining a HRM challenge will enable the municipality to collect information on litter hot spots and will help inform future initiatives to mitigate litter in our communities! Over 26,061 pieces of litter were collected through HRM's Litterati challenges last year.

MOOSE HIDE CAMPAIGN DAY



Moose Hide Campaign Day is on May 11th, and is an Indigenous-led grassroots movement of men, boys and all Canadians - standing up to end violence

against women and children.

Moose Hide Campaign Day is a day of ceremony. It's a day where all Canadians are called to join together to take a stand against violence towards women and children and to take practical steps for our collective journey of reconciliation.

What started 11 years ago with a small gathering of men and boys intent on raising awareness of the crisis of violence against Indigenous woman and children, has now become a national ceremony inviting all Canadians to join together to end violence against all women and children. More information can be found by visiting [here](#) or [here](#).

HALIFAX



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

NATIONAL YOUTH WEEK

National Youth Week takes place every year between May 1st to 7th and is dedicated to the celebration of youth and their active participation in their communities. Whether it is recreation, drama, sport, dance, civic engagement, art, volunteerism or leadership, young people are regularly engaged in meaningful activities during their discretionary time. National Youth Week is a time to honour their involvement! See schedule of events below.

SPRING JOB FAIR – MAY 4TH

Searching for your next opportunity? Find it at the Hospitality Hiring Fair. Visit our booth at the [Spring Job Fair](#) hosted by [Nova Scotia Works](#) to learn about the various services provided by Halifax Regional Municipality and discuss opportunities for employment.

When: May 4th from 10:00 a.m. to 3:00 p.m.

Where: Dalplex, 6260 South Street, Halifax

For a list of all open positions and information on the benefits of working for the municipality, visit [our website](#). New opportunities are posted on a weekly basis.

Follow us on [LinkedIn](#), [Facebook](#), [Twitter](#), and [Instagram](#) for the latest information about job opportunities with the municipality.

7

May 1-7 2023

NATIONAL YOUTH WEEK

SUN. APR 30 Youth Advisory Committee brunch with the Mayor | City Hall | 10:30 a.m.-12 p.m.

MON. MAY 1 Formal Wear Youth Potluck | Fleming Park | 6:30-9 p.m.
Afterschool Hoops | Sackville Sports Stadium/gymnasium | 3:15-5:15 p.m.
Spring Volleyball Challenge | Ridgcliffe Middle School | 8-9:30 p.m.
The Den Mural Creation | The Den, 636 Sackville Drive | drop-in between 3:30-7 p.m.
Lunch Hour Pop Up Activities | Musquodoboit Regional High School | May 1-5 at lunch

TUES. MAY 2 Youth Paint Night | Sackville Sports Stadium/RecZone | 6:30-8:30 p.m.
The Den Mural Creation | The Den, 636 Sackville Drive | drop-in between 3:30-7 p.m.
Lunch Hour Pop Up Activities | Musquodoboit Regional High School | May 1-5 at lunch
Free Clothing Giveaway | Power House Youth Centre | 3:30-7:30 p.m.

WEDS. MAY 3 Afterschool Hoops | Sackville Sports Stadium/gymnasium | 3:15-5:15 p.m.
Youth Friendship Bracelet Making Night | Sackville Sports Stadium/classroom | 5:30-7:30 p.m.
Youth Dungeons and Dragons Night | Sackville Sports Stadium/Multipurpose Room | 6:30-9 p.m.
Baking for others | Lakeside Community Centre | 6-8 p.m.
New youth space drop-in kick off | Captain William Spry Centre Kidston Room | 3:30-7:30 p.m.
The Den Mural Creation | The Den, 636 Sackville Drive | drop-in 3:30-7 p.m.
Lunch Hour Pop Up Activities | Musquodoboit Regional High School | May 1-5 at lunch
D&D Trivia Night | Power House Youth Centre | 5-7 p.m.

THURS. MAY 4 Youth Movie Night | Sackville Sports Stadium/Multipurpose Room | 6:30-8:30 p.m.
Part night- Star Wars themed | Lakeside Community Centre | 6-8 p.m.
Lunch Hour Pop Up Activities | Musquodoboit Regional High School | May 1-5 at lunch
Youth Sunset Hike at Polly's Cove Trail | Prospect Rd- Pollys Cove | 6-8 p.m.
"Serves Up" at George Dixon | George Dixon Community Centre gymnasium | 7-9 p.m.

FRI. MAY 5 Afterschool Hoops | Sackville Sports Stadium/gymnasium | 3:15-5:15 p.m.
Friday Night Rocks | Sackville Sports Stadium/Classroom | 6:30-8:30 p.m.
Youth Floor Hockey Night | Sackville Sports Stadium/Gymnasium | 5:15-7 p.m.
Night Hoops | Sackville Sports Stadium/Gymnasium | 7-9 p.m.
Youth Karaoke Night | Horizon Recreation Centre | 6-9 p.m.
Lunch Hour Pop Up Activities | Musquodoboit Regional High School | May 1-5 at lunch

SAT. MAY 6 Youth Roller Skating | Dartmouth North Community Centre | 10 a.m.-12 p.m.
Youth skateboarding | Dartmouth North Community Centre | 1-3 p.m.
Youth Open House | Power House Youth Centre | 2-4 p.m.

SUN. MAY 7 Youth Appreciation Day | Gordon R Snow Community Centre | 2:30-7 p.m.
Open Gym and Games | Chocolate Lake Community Centre | 2-4 p.m.

FOR DETAILS AND REGISTRATION VISIT:
[HALIFAX.CA/YOUTHWEEK](https://halifax.ca/youthweek)
Or email us at youth@halifax.ca

HALIFAX

We're hiring.

Join our team at the **Halifax Regional Municipality.**

The municipality is proud to be recognized as one of Atlantic Canada's Top Employers, Nova Scotia's Top Employers, and Canada's Top Employers for Young People for 2023.

canadastop100.com/ns | canadastop100.com/atlantic | canadastop100.com/young_people



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

GUIDED BIRD WALKING TOURS



Interested in attending a guided bird walking tour in your area? [Select the area](#) you are interested in exploring and register [here](#).

In 2022, HRM was declared a Nature Canada-certified Entry-level Bird Friendly City. The Bird Friendly Halifax Coalition plans to improve this status by addressing priority bird threats in our city, including but not limited to habitat loss, predation by roaming cats, and window strikes.

The Bird Friendly Halifax Coalition is comprised of representatives from the Ecology Action Centre, Dalhousie University, Halifax Regional Municipality, Hope for Wildlife, Nature Nova Scotia, the Nova Scotia Bird Society, and bird loving private citizens.

A series of guided bird walks have been planned and in District 1 as follows:

May 16th 10:00 a.m. – 11:00 a.m.

Shubie Park, Dartmouth

May 18th 9:00 a.m. – 10:00 a.m.

McDonald Sports Park, Waverley

NATAL DAY 2023



Mark your calendars for Natal Day!

[Registration is now open](#) for participants in the annual Natal Day parade! As part of the municipality's Natal Day weekend programming, residents are invited to participate in the Halifax-Dartmouth Natal Day parade on Monday, August 7th. A maximum of 55 entries will be permitted to participate, so register soon!

The parade will begin at Novalea Drive in Halifax at 10:00 a.m. and will conclude at Maple Street in Dartmouth.

WELLINGTON FLETCHERS LAKE STATION HOUSE



Many thanks to community volunteers from [Wellington Fletcher Lake Station House](#) for cleaning up Highway 2. Thanks also to HRM for support of this clean up and others across the [Halifax Regional Municipality](#).



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

I was so disappointed to see what gets tossed roadside and by our beautiful lakes.

Please don't litter!



Photo courtesy of Pat Healy of THE LAKER NEWS.

CARROLL'S CORNER NEWS



New swing set at Carroll's Corner Community Centre has been installed and ready for action!

"Annual General Meeting"

The **Carroll's Corner Community Center** is holding it's **Annual General Meeting** on Tuesday May, 16th at 7pm.

Kris Sutton of Sutton's Vertical Gardens from Enfield, will be our guest speaker. He will be giving a presentation on his vertical hydroponic farm and food security. Immediately following Kris' presentation, we will have the business portion of the AGM, with proposed changes to the By-Laws.

HRM District 1 Councillor Cathy Deagle-Gammon will also be joining us.

While you're at the AGM:

- Take a look at the diagrams of our new natural Playground.
- Enter the contest for a chance to name our new playground.
- Take a look at the sample stepping stone for the playground area.
- Sign up to join us to make a stepping stone this summer.
- Enter your name for a door prize.
- Talk to the volunteer board members & consider joining us as we work to make our community center a hub of activity. This is a great time to consider being a Volunteer for a few hours with a specific activity or as a board member. Volunteers gain new skills, make new friends, and have fun helping explore new ideas, support new programs and workshops while giving back to their community.

LAKEVIEW-WINDSOR JUNCTION-FALL RIVER AGM

ANNUAL GENERAL
MEETING



May 30, 2023 7 PM

LWF Community Hall
843 Fall River Rd, Fall River



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

HIAA ANNUAL PUBLIC MEETING



You're Invited to HIAA's Annual Public Meeting.

Date: Thursday, May 11th

Time: 11:00 a.m.

Location: Rose-Fuchsia Room
Alt Hotel Halifax Airport
40 Silver Dart Drive, Goffs

Please RSVP by Tuesday, May 9th to
rsvp@hiala.ca.

The meeting will also be live-streamed on Facebook. Questions can be submitted by May 9th to communications@hiala.ca.



May 2023

MIDDLE MUSQUODOBOIT FUN



NEIGHBOURHOOD AND VOLUNTEER SERVICES

Did you know the municipality has a team of community developers to support your local volunteer efforts? Our team of community developers are here to support:

- Volunteers /neighbourhood associations
- non-profit organizations
- residents trying to start a community project.

HALIFAX



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

Your local [community developer](#) will help you reach your goal and make a difference in your community. To learn more about their services, visit <http://halifax.ca/volunteer>.

Contacts:

Darren.Hirtle@halifax.ca

Adam Huffman – Fall River, Sackville, Bedford, and Musquodoboit Valley

huffmaa@halifax.ca

Becca Bishop - Youth specific community development and engagement

Becca.Bishop@halifax.ca

MUSQUODOBOIT VALLEY LIONS CLUB

Meagher's Grant Community Hall was the perfect setting for the Musquodoboit Valley's Lions Club Roast Pork Dinner fundraiser event. Thanks to all who participated in support of this great volunteer group.



WEST JET CARGO SERVICES



Photo courtesy of Pat Healy, The Laker News.

I was pleased to provide welcoming remarks at the launch of WestJet Cargo and GTA Group's entry into the cargo industry at the Halifax Stanfield International Airport.

To quote from the Halifax Partnership: *"Halifax is the vibrant, prosperous capital of the East Coast. A highly educated workforce, strategic location, low business costs and an innovation advantage, mean Halifax provides all of the right ingredients for businesses to succeed and grow. Halifax has one of the most diverse economies in Canada with a number of strong sectors."*

The Halifax Gateway is the Global Gateway to the world offering ample cargo handling capacity and easy transport of perishable and non-perishable products worldwide. Facilities include a 40,000 square foot multi-tenant cargo facility with direct airside access that includes a 7,000 square foot temperature-controlled space.

With the development of a new Air Cargo Logistics Park, Halifax Stanfield has increased capacity by providing a new cargo apron area,



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

buildings for cargo handling, aircraft de-icing, and operations space.

Thank you WestJet and GTA Group for choosing Halifax may you experience many decades of success!

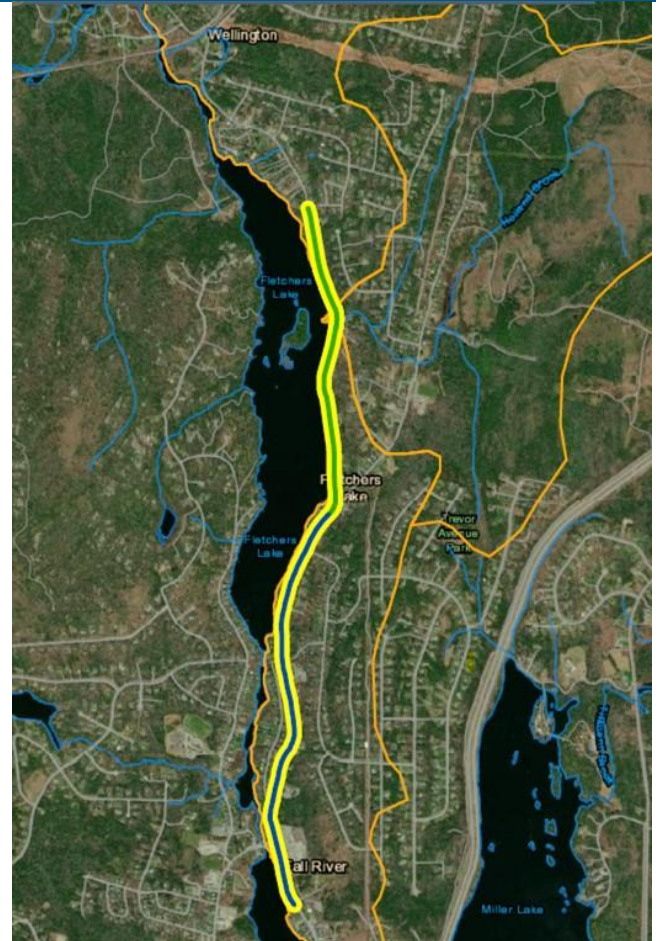


Photo courtesy of Pat Healy, The Laker News.

FLOOD MITIGATION STUDY

HRM has hired a consultant to undertake a study of a portion of Highway 2 in Fall River for flood mitigation. This is partially funded by the Flood Resilient Infrastructure Investment Program (FRIIP) from the province.

The project site is located along Highway 2, between Miller Lane and Collins Drive, in Fall River. Historical flooding has been reported on the road and at the HRM Fire Station in this area. The goal of this project is to complete a hydrologic / hydraulic assessment of the existing stormwater infrastructure, and to complete conceptual design of options to mitigate flooding.



Residents may have already seen survey equipment in the area since March. A design report is expected in June, including a cost estimate, which will help us determine how / when to proceed to detailed design and construction.

Halifax Water is also currently working on a design for replacing the culvert across from the Fire Station, which should also relieve flooding. HRM is coordinating with Halifax Water on this project.



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

MUSQUODOBOIT VALLEY LIONS CLUB

The Musquodoboit Valley Lions Club has partnered with [MUSGO RIDER](#) and the [Musquodoboit Valley Family Resource Centre](#) to help those who meet the criteria and have little or no means of transportation to get to appointments when needed. Transportation is provided for low- income families, individuals and seniors to medical appointments and grocery shopping.

MUSGO RIDER provides a discount of 50% for transportation to medical appointments as required and one grocery shopping trip per week, The Musquodoboit Valley Lions Club will now cover the other 50% cost of the trip. For more information contact MUSGO RIDER: 902-483-7433 or the Musquodoboit Family Resource Centre: 902-384-2794.

The Musquodoboit Valley Lion's Club asks that only those who meet the criteria and have little or no means of transportation utilize this service. We hope this will make your life a little easier.

COMMUNITY HALLS / CENTRES

District 1 is home to many community halls and non-profit organizations. Check out their website or Facebook pages to find information on local events as well as opportunities to volunteer in your community. Here is a list of some of the great organizations in our district:

- [Elderbank Recreation Club](#)
- [Lemmon Hill Sports Association](#)

- [Upper Musquodoboit Nova Scotia Nunavut Command](#)
- [Upper Musquodoboit Community Hall](#)
- [Upper Musquodoboit Fellowship Centre \(902\)568-2536](#)
- [Musquodoboit Valley Bicentennial Theatre](#)
- [Musquodoboit Valley Family Resource Centre](#)
- [Musquodoboit Valley Food Bank](#)
- [Carrolls Corner Community Center](#)
- [Meaghers Grant Community Hall](#)
- [Gordon Snow Community Centre](#)
- [Wellington Fletchers Lake Station House](#)
- [Grand Lake Oakfield Community Centre](#)
- [Waverley Heritage Museum](#)
- [Waverley Legion Dieppe Branch 90](#)
- [LWF Community Hall](#)
- [Windsor Junction Community Centre](#)
- [Helping Hands Families Helping Families](#)
- [Barefoot Farmers Association](#)

For those I have missed this time around please reach out let me know and I will add to the list!

ASIAN HERITAGE MONTH



May is Asian Heritage Month, a time to celebrate the rich culture, history and lived experiences of peoples of Asian descent.



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

Over the past two centuries, individuals and families have immigrated to the Halifax region from East Asia, Southern Asia, as well as Western and Southeast Asia, representing a wealth of languages, ethnicities, religious and cultural traditions.

Stay tuned [here](#) for updated information on how you can celebrate and learn more about upcoming Asian Heritage Month events this year.

For more information, visit [here](#).

PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [municipal district 1](#).

Provincial MLAs:



MLA Larry Harrison
Colchester-Musquodoboit Valley
Constituency office:
87 Main Street West
PO Box 219
Stewiacke, NS B0N 2J0
Phone: 902-639-1010

Fax: 902-639-2598

Email: larryharrisonmla@gmail.com

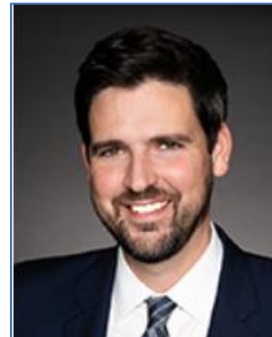


MLA Brian Wong
Waverley-Fall River-Beaver Bank
Constituency Office:
1265 Fall River Road
Suite 101
Fall River, NS B2T 1E6

Phone: 902-576-3411 Email:

brianwongmla@gmail.com

Federal MPs:



MP Sean Fraser
[Central Nova](#)
House of Commons
Ottawa, ON K1A 0A6
Phone: 613-992-6022
Fax: 613-992-2337
Email:
sean.fraser@parl.gc.ca



MP Darrell Samson
Sackville-Preston-Chezzetcook
Constituency Office:
2900 Highway 2
Suite 2nd Floor
Fall River, NS B2T 1W4
Phone: 902-861-2311

Fax: 902-861-4620

Email: darrell.samson@parl.gc.ca



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

COUNCILLOR DEAGLE GAMMON



I currently serve on Regional Council, North West Community Council (**now Chair**) and the following boards and committees:

- Accessibility Advisory Committee
- Appeals Standing Committee
- Audit and Finance Committee (Vice Chair)
- Environment and Sustainability Committee
- Executive Standing Committee
- Grants Committee (Chair)
- Halifax Regional Water Commission
- Halifax Partnership
- North West Planning Advisory Committee
- Community Committees:
 - Aerotech Community Liaison Community Committee
 - Halifax International Airport Authority
 - Goffs Quarry Community Liaison

E-NEWSLETTER/SUBSCRIBE

I send monthly e-newsletters to community members. If you'd like to keep up to date with my Councillor news, please get in touch with my

Council Constituency Coordinator at: 902-490-1562 or email: Chris.Newson@halifax.ca.



*A dry May and a leaking June
Make the farmer whistle a
merry tune.*

*A snowstorm in May
Is worth a wagonload of hay.*

Among the changing months,

*May stands confessed
The sweetest, and in fairest colors
dressed!*

–James Thomson,
Scottish poet (1700–48)