



**COUNCILLOR CATHY DEAGLE GAMMON**  
 DISTRICT 1 ONLINE NEWS  
 WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

## WELCOME SEPTEMBER!

Happy Labour Day! I hope you and your family enjoy the last holiday before school starts and regular fall routines commence.

Please keep safety in mind as you travel the roads this fall, especially when school commences as there will be more pedestrians enroute to school and more commuters enroute to work/post-secondary studies. Be especially prudent in school zones. It is our collective responsibility to keep each other safe by obeying speed limits and all traffic signs/signals as per the provincial [Motor Vehicle Act](#) (MVA).

This newsletter contains great updates on [HalifACT](#), the [Regional Plan Review](#), [Youth Worx Program](#), local events such as Waverley Gold Rush Days and much more!

Contact me if you have questions regarding municipal programs/services by phoning 902-717-2718 or emailing: [deaglec@halifax.ca](mailto:deaglec@halifax.ca).

## TABLE OF CONTENTS

WELCOME SEPTEMBER!	1
TABLE OF CONTENTS	1
SEPTEMBER MEETINGS	2
NWCC UPDATE	2
DID YOU KNOW ...	2
BACK TO SCHOOL	2
YOUTH WORX PROGRAM	3
HAZARD RISK VULNERABILITY ASSESSMENT	3
TAX RELIEF FOR NON-PROFIT ORGANIZATIONS	4
CHEEMA AQUATIC FUN ON THE LAKE	4
50TH ANNIVERSARY OF CHEEMA'S '73	5
WAVERLEY GOLD RUSH DAYS	5
TOWNHALL MEETING - SEPTEMBER 20TH	5
GRAND OPENING NORTH CENTRAL RCMP DETACHMENT	6
HALIFAX TRANSIT SERVICE	6
REDUCING WASTE SURVEY	7
REGIONAL PLAN REVIEW - PHASE 4	7
HALIFACT COMMUNITY UPDATE	8
FORMER CARR FARM PROPERTY - UPDATE	9
WRITING WORKSHOP WITH DONNA MORRISSEY	9
SHORT TERM RENTALS - UPDATE	10
IN THE COMMUNITY	13
50 MILE YARD SALE 2023	16
RIVER - LAKES SECONDARY PLAN	16
BE PREPARED FOR HURRICANE SEASON	16
COMMUNITY HALLS  CENTRES	17
PROVINCIAL & FEDERAL REPRESENTATIVES	18
COUNCILLOR DEAGLE GAMMON	19
E-NEWSLETTER/SUBSCRIBE	19



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### SEPTEMBER MEETINGS

#### Regional Council:

Tuesday, September 12<sup>th</sup> at 10:00 a.m.

Tuesday, September 26<sup>th</sup> at 10:00 a.m.

#### North West Community Council:

Monday, September 25<sup>th</sup> at 7:00 p.m.

Please confirm dates and times on our [municipal website](#) as they are subject to change.

### NWCC UPDATE

There was no meeting of the North West Community Council (NWCC) in August. The next meeting is scheduled for September 25<sup>th</sup>.

For information on upcoming meetings, or past meetings, click [here](#).

### DID YOU KNOW....

That September is:

[World Alzheimer's Disease Month](#)

[World Animal Remembrance Month](#)

September 2<sup>nd</sup> is [World Coconut Day](#)

September 4<sup>th</sup> is [Labour Day](#)

September 5<sup>th</sup> is [International Day of Charity](#)

September 7<sup>th</sup> is [International Day of Clean Air](#)

September 8<sup>th</sup> is [International Literacy Day](#)

September 10<sup>th</sup> is [World Suicide Prevention Day](#)

September 16<sup>th</sup> is [Rosh Hashana](#)

September 21<sup>st</sup> is [International Day of Peace](#)

September 22<sup>nd</sup> is [World Car-Free Day](#)

September 23<sup>rd</sup> is [September Equinox](#)

September 23<sup>rd</sup> is [International Day of Sign Language](#)

September 25<sup>th</sup> is [Yom Kippur](#)

September 30<sup>th</sup> is [First Day of Sukkot](#)

September 30<sup>th</sup> is [National Day for Truth & Reconciliation](#)

### BACK TO SCHOOL



I would like to wish all students a wonderful start to the school year and hope that it will be filled with fun learning experiences and memories to cherish.

Contact [the Halifax Regional Centre for Education](#) regarding [schools](#) and student transportation. The HRCE Central Office contact information is:  
Halifax Regional Centre for Education  
33 Spectacle Lake Drive, Dartmouth, NS B3B 1X7  
Tel: (902) 464-2000.

Please call 311, HRM's Citizen Contact Centre for information on the [School Crossing Guard program](#) as it is a program administered through Halifax Regional Police (HRP).



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WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### YOUTH WORX PROGRAM



The Halifax Regional Municipality is seeking applicants for the [Youth WORX Program](#). Youth WORX offers 24 weeks of paid job and life skill building experience for youth ages 16 to 24 and who are not employed or attending school full-time.

Participants will gain hands-on work experience operating the [Youth WORX Café](#) in the Sackville Sports Stadium, as well as delivering and repairing green carts on behalf of the municipality. Further, participants will have the opportunity to attend job readiness workshops to improve their employability skills. The municipality will be hosting information sessions on the Youth WORX Program on the following dates/locations:

Tuesday, September 12<sup>th</sup>

7:00 p.m. | Sackville Sports Stadium  
Multipurpose Room | 409 Glendale Drive,  
Lower Sackville

Wednesday, September 13<sup>th</sup>

7:00 p.m. | Dartmouth North Community  
Centre Activity Room | 105 Highfield Park  
Drive, Dartmouth

Thursday, September 14<sup>th</sup>

7:00 p.m. | Captain William Spry Centre  
Multipurpose Room | 16 Sussex Street, Halifax

Tuesday, September 26<sup>th</sup>

7:00 p.m. | St. Andrew's Community  
Centre Meeting Room | 3380 Barnstead  
Lane, Halifax

For more information, residents can visit [our website](#), call 902-490-5589, text 902-579-5446, email [youthworx@halifax.ca](mailto:youthworx@halifax.ca), or message [@hfxnextgen](#) on Instagram.

### HAZARD|RISK|VULNERABILITY ASSESSMENT

The Halifax Regional Municipality is seeking input from residents on hazards, risks and vulnerabilities across communities. Feedback will inform the development of a comprehensive Hazard, Risk and Vulnerability Assessment (HRVA), allowing the municipality to help plan for emergencies.

The HRVA analyzes potential negative outcomes during emergency events, such as extreme weather. For example, residents may identify areas that are prone to flooding, have poor cellular coverage, lack egress routes, have coastal erosion or have experienced any historical emergencies.

The objectives of the HRVA are to increase community and organizational resiliency to climate, technological, human and conflict-related hazards, by informing and influencing decision-making and project-planning. This includes identifying critical infrastructure and risk mitigation measures, enhancing community awareness and providing education.

The municipality has launched a [survey](#) and is hosting [in-person sessions](#) across the Halifax region to collect feedback from residents. In-person sessions for District 1 are planned for the following dates/locations from 6:00 p.m. – 8:00 p.m.:





## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

Tuesday, September 5<sup>th</sup>

Musquodoboit Valley Bicentennial Theatre,  
Middle Musquodoboit

Wednesday, September 6<sup>th</sup>

LWF Community Hall, Windsor Junction

If you are unable to attend but would like to contribute read through the [About the HRVA content on the project page](#) and [complete the survey](#). For more information, visit the [ShapeYourCity](#) website. I look forward to your input!

## TAX RELIEF FOR NON-PROFIT ORGANIZATIONS



Halifax Regional Municipality is pleased to announce the Tax Relief for Non-Profit Organizations Program is now accepting applications for 2024-2025. Organizations applying for acceptance into the program (or the addition of another property) must submit a complete application on or before Thursday, November 30<sup>th</sup>.

The Tax Relief Program for Non-Profit Organizations application forms is available

September 2023

online on the Program's web site- or by clicking [here](#) or, e-mail [non-profittax@halifax.ca](mailto:non-profittax@halifax.ca).

## CHEEMA AQUATIC FUN ON THE LAKE

**Best Summer Ever.**

**FOOD, MUSIC & LAUGHTER ON THE LAKE**

**SEPTEMBER 3, 2023**

Cheema Aquatic Club  
135 Champions Way, Waverley

6pm Beer Garden & BBQ (By Waverley Legion)  
6:30pm The "Talented & Hilarious" Jimmy Flynn  
8:00 pm Myles Goodwyn  
9:30 pm Dance the night away

Admission: Minimum \$10 pp donation at the door

**Cash Bar**

**JIMMY FLYNN**

**CHEEMA ALUMNI**

**Bring your own chair!**

Get ready for the live music extravaganza on Sunday, September 3<sup>rd</sup> at 6:00 p.m. as part of the best summer ever at Cheema! The hilarious Jimmy Flynn will start things off followed by Waverley's Myles Goodwyn, the leader, songwriter and producer of the multi-platinum selling rock band, April Wine. See the details in the poster shown above.



HALIFAX



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WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### 50TH ANNIVERSARY OF CHEEMA'S '73 RACE

Can you believe it's been fifty years since the Senior Men's War Canoe set a new record, shaving thirteen seconds off the previous time during the National Championships on Center Island, Toronto! The amazingly fast time of 3 minutes, 33.4 seconds lasted for over two decades.

In recognition of the 50<sup>th</sup> anniversary of this world record setting race, an invitation goes out to the '73 War Canoe Crew to get together, enjoy the music, celebrate "old" times and retell stories. The '73 Crew includes: Jim Oickle, Dave Pelham, Tom Hudson, Mike O'Leary, Rodney Webb, Dave Murray, Don Robertson, Kevin McDonald, Greg Walker, Chris Garner, Barry Moore, Rick Hubbard, Steve Wickstrom, Paul Fraser, Allan McNaughton, and Coach Frank Garner.

Here is the [link](#) to a video Coach Frank put together as a tribute to the '73 record setting War Canoe Race. This video, [We Are The War Canoe...a Symphony of Motion](#), summarizes what goes into a Cheema war canoe race.

See you at Cheema on Sunday, September 3<sup>rd</sup> for food, music & laughter on the lake!



### WAVERLEY GOLD RUSH DAYS



Waverley Gold Rush Days festival is back September 13<sup>th</sup>-17<sup>th</sup>. Get updates on the [Waverley Village Green](#) website or the [Waverley Gold Rush FB page](#) for the most up to date information.

### TOWNHALL MEETING - SEPTEMBER 20TH

All residents of Waverley, Fall River, Fletcher's Lake, Wellington, Windsor Junction and Lakeview areas are invited to attend a community facilitated meeting to address ongoing concerns in the communities.

For more information please contact: Shelley Clee: [eastcoastshelley@gmail.com](mailto:eastcoastshelley@gmail.com), or; Shawn Anderson: [Shawnanderson332@gmail.com](mailto:Shawnanderson332@gmail.com).



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WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

**Waverley, Fall River, Fletcher's Lake, Wellington,  
Windsor Junction, Lakeview and area**

### TOWNHALL MEETING

Wednesday September 20, 2023  
7:00 PM at the LWF Community Hall  
843 Fall River Road, Fall River, NS



#### Topics to include:

- Traffic (including speeding, reckless driving, and traffic lights at the Sobeys intersection) etc;
- Crosswalks and sidewalks (lack of);
- Environment (including Carr Farm Development update);
- Housing/development and consideration for school population;
- Crime with an emphasis on what is felt to be insufficient police presence;
- Cell Service in the area;
- Youth and recreation opportunities.

#### Guests include:

Meeting moderator: Shawn Anderson  
District 1 Councillor Cathy Deagle Gammon  
MLA Brian Wong  
RCMP Representative  
Margaret Gillis, Parliamentary Assistant, on behalf of MP Darrell Samson

For more information please contact:

Shelley Clec Mobile: Email: eastcoastshelley@gmail.com  
Or Shawn Anderson Email: shawnanderson332@gmail.com

*Due to the sensitive nature of some of the issues being addressed this evening, we ask that everyone attending to please respect the time table for this meeting, so that everyone has an opportunity to speak or ask questions. We're recognizing the importance of all issues and of all opinions. We ask that everyone keep an open mind to others' opinions. Finally, we ask that you keep the conversation focused on the issue at hand and not on individuals. This minimizes potential conflict. Thank you*

## GRAND OPENING NORTH CENTRAL RCMP DETACHMENT



Residents are cordially invited to attend the grand opening of the North Central RCMP Detachment at 12270 Highway 224 in Middle

Musquodoboit on Saturday, September 16<sup>th</sup> from 11:00 a.m. to 1:00 p.m. A community BBQ, tour of the detachment and recruiting information will be available.

September 2023



*The Officer in Charge of  
Halifax District  
Royal Canadian Mounted Police*

### ***Cordially Invites You to Attend***

*The Grand Opening of North Central RCMP Detachment*

*12270 Highway 224, Middle Musquodoboit, NS*

***Saturday, September 16<sup>th</sup>, 2023 11am – 1pm***

*Community BBQ*

*Office Tour*

*Recruiting Information*

*Please RSVP by Monday September 11<sup>th</sup>, 2023 to [amanda.brown@rcmp-grc.ca](mailto:amanda.brown@rcmp-grc.ca)*

*Looking forward to seeing you there!*

## HALIFAX TRANSIT SERVICE



The temporary service adjustments made in February are continuing along with additional changes as of August

28<sup>th</sup>. While progress has been made with respect to recruitment, due to ongoing staffing challenges, these service reductions will remain in place until further notice.

Routes 7B and 22 have minor schedule adjustments effective as of August 28<sup>th</sup>. Revised

# HALIFAX





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WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

Route 7B and 22 schedules are available on Halifax Transit's [Routes & Schedules page](#).

Ferry and Access-A-Bus services are not impacted by these service reductions and are expected to continue as scheduled.

For all current route schedules, please visit our [Routes & Schedules page](#).

### REDUCING WASTE SURVEY



A Cleaner Nova Scotia Begins with You

Share your ideas on reducing waste to 300kg per person per year by 2030

**Deadline:**  
**September 29, 2023.**

NOVA SCOTIA

Calling all Nova Scotians! The Province is on a mission to make a positive impact on the environment, and they need YOUR voice to make it happen!

Nova Scotia aims to cut down on waste sent to landfills by reducing solid waste to just 300 kilograms per person, per year, by 2030 – that's a significant drop from the current 400 kilograms. Your ideas and insights are essential to crafting a sustainable future for our beautiful province.

September 2023

The [online public consultation](#) is LIVE until September 29<sup>th</sup>. This is your chance to share your thoughts, whether you're an individual, a business, a community, or an organization. Click [here](#) to do the survey.

### REGIONAL PLAN REVIEW – PHASE 4



The Halifax Regional Municipality is inviting residents to provide feedback on the Draft Regional Plan, both [online](#) and through [in-person](#) public engagement events. **The public engagement period will run until October 27<sup>th</sup>.** Feedback received will be summarized in a *What We Heard* report and used to refine key regional policy directions.

The [Regional Plan](#) sets out a common vision and long-range, region-wide planning policies outlining where, when and how future growth and development should take place. The Regional Plan was adopted in 2006 and is reviewed approximately every five years to ensure it is reflective of the municipality's goals for growth and development.

HALIFAX



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

The Draft Regional Plan is responding to the Halifax region's population growth and need for housing, the need to act on climate and equity, as well as updating policies to reflect Priority Plans.

Residents may submit feedback at any time on the Draft Regional Plan, including any requests for site-specific amendments. For a full schedule of public engagement events, visit [here](#). If you have questions, contact 902.943.3248 or email: [regionalplan@halifax.ca](mailto:regionalplan@halifax.ca).



### HalifACT COMMUNITY UPDATE



Wondering about the work we're doing to fight climate change? Curious or concerned about how we're adapting to

extreme weather and the risk of wildfires? Find out more about how we're coordinating climate action throughout the municipality by [reading](#)

[the latest issue of the HalifACT community update](#).

HalifACT is one of the most ambitious climate action movements in Canada. We're committed to keeping residents informed of the ways we're leading, collaborating and supporting the climate movement in the Halifax region.

Here are some highlights from Issue 3 of the community update:

- Foreword by Shannon Miedema on the unprecedented wildfires
- Municipal tree planting to restore urban forest
- Electric vehicle test drives to encourage the transition
- CEO Climate Action Charter to foster corporate social responsibility
- The opening of the Halifax Common Aquatic Facility
- The beginning of the ambitious Green Shores development

and much more!



September 2023

HALIFAX

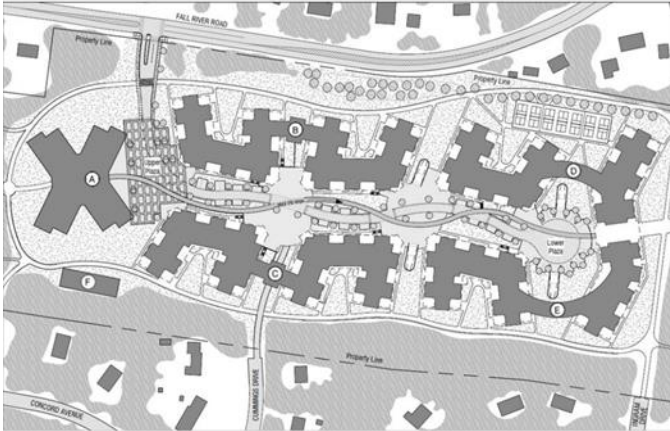




## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### FORMER CARR FARM PROPERTY - UPDATE



In regard to the sewage treatment plant that has been approved for the Carr Farm property development, I have verified with both Halifax Water and HRM Planning staff that:

- Staff from the Municipal Planning & Development team and Halifax Water met with the developer on different occasions and discussed the possibility of linking the development to the municipal wastewater system. The developer had two available options and considered both. The opportunity and challenges relating to the option to upgrade and connect to the Lockview-MacPherson system was discussed with the developer, but no application to the municipality was made.
- Upgrading and connecting to the municipal wastewater system remains an available option for the developer. However, it would need to be proposed by the developer through the formal application process for Halifax Water and

ultimately Halifax Regional Council's consideration.

- There was no denial of an application as none were made.

I have also shared this clarification with the local MLA's office.

### WRITING WORKSHOP WITH DONNA MORRISSEY

What could be better than a day with **Donna Morrissey**?  
**SUNDAY, SEPTEMBER 24TH**  
Everyone has a story to tell  
**MEMOIR WRITING WORKSHOP**  
9:30-12:30 - FEE: \$60 (limited to 10 participants)  
Payable on MVBT website:  
[www.bicentennialtheatre.ca](http://www.bicentennialtheatre.ca)  
Contact: T. Smith sandbar16@gmail.com  
One lucky person will win a DOOR PRIZE!!

You are welcome to join us for **LUNCH**  
12:45-1:45 soup, sandwich, biscuits and  
dessert \$12 prepay online by Sept. 21st  
And at 2 PM enjoy Donna reading from  
her NEW novel **RAGE THE NIGHT**

With financial assistance from The Canada Council for the Arts through The Writers' Union of Canada and a Musquodoboit Valley Health Foundation Grant.

Musquodoboit Valley Theatre  
12350 HWY 234  
Middle Musquodoboit  
902.384.2819  
mvbt2819@gmail.com

THE WRITERS' UNION OF CANADA  
Canada Council for the Arts  
Conseil des arts du Canada  
MHF

On September 24<sup>th</sup>, spend the day with award-winning best-selling Maritime author, Donna Morrissey! Tickets are very limited for the writing workshop so book now to avoid disappointment!

This event has been made possible through financial assistance from The Canada Council for the Arts through The Writers' Union of Canada and a grant from the Musquodoboit Valley Health Foundation.

For more information or to purchase tickets, [click here](#).



### SHORT TERM RENTALS – UPDATE

#### WHAT ARE SHORT-TERM RENTALS?

Short-Term Rentals (STRs) are temporary overnight accommodations rented out by property owners or tenants, typically for a few nights or weeks. Over the past few years, the prevalence of STRs has grown in popularity through online platforms such as Airbnb, VRBO and HomeAway.

The recently approved amendments to planning documents introduce two new definitions:

#### **Short-term Rental** and **Short-term Bedroom Rental**

**Short-term Rental** means a dwelling unit, or part thereof, that is used mainly for the reception of the traveling or vacationing public and is provided as temporary accommodation for compensation for a period of 28 days or less.

**Short-term Bedroom Rental** means a short-term rental where individual bedrooms within a dwelling unit are rented to separate parties or groups with or without meals.

Note: Short-term Rental is the broader definition and will be used to enable the use in commercial areas and restrict the use to primary residences in residential areas. Short-term Bedroom Rental is a definition added to replace references to Bed & Breakfast uses. A Short-term Bedroom Rental is meant to describe the short-term rental of individual bedrooms opposed to the whole unit, which is common to Bed and Breakfasts or lodging houses.



On February 22<sup>nd</sup>, 2023 Regional Council approved [amendments](#) to the Regional Municipal Planning Strategy, the Secondary Municipal Planning Strategies, and Community Land Use By-laws to establish consistent region wide policies and regulations for short-term rentals. **These changes are still subject to Ministerial Review by the Province and will not be fully implemented until September 1<sup>st</sup>. In the meantime, both the existing and proposed regulations may apply.**

It is important to note, that while the recently approved amendments will provide clarification regarding where commercial STRs are permitted and where STRs must be in the primary residence of the host, existing land use provisions do not allow commercial STRs in most residential areas.

The following outlines a summary of the amendments and provides responses to frequently asked questions (FAQs). PLEASE NOTE, this information is summary only and you should still call 311 for any questions regarding a specific property.



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### WHAT ARE THE NEW RULES FOR SHORT-TERM RENTALS?

NEW RULES	
Whole Home STRs in Residential Zones	Whole home STRs will only be permitted in residential zones where it is the primary residence of the host. This will allow one to offer their home as a STR when they are away but will limit how often a home can be offered as a STR since it is where the host lives.
Whole Home Commercial STRs	Zones that already permit tourist accommodations such as hotels or motels, will be updated to include STRs. STRs are a type of tourist accommodation and therefore should be permitted where similar tourist accommodations are permitted.
Short-Term Bedroom Rentals	Short-Term Bedroom Rentals will be permitted in both residential zones and zones that allow for commercial STRs. They will replace the current provisions that apply to Bed and Breakfasts. In residential zones, the host must be the primary resident and must be on site while STR rooms are occupied. Consistent with existing provisions relating to Bed and Breakfasts, provisions relating to short-term bedroom rentals will include a limit of bedrooms that can be offered at the same time. Short-term bedroom

rentals will be limited to 3 bedrooms in the majority of residential zones with the exception of plan areas that already allow larger scale bed and breakfasts in select zones.

For more information on short-term rentals please visit [here](#).

### WHAT ARE THE RULES FOR SHORT-TERM RENTALS UNTIL SEPTEMBER 1, 2023?

While the changes to establish a consistent region wide policies and regulations for short-term rentals will not come into effect until September 1, 2023 existing land use by-law (LUBs) provisions will be applied when considering inquiries for short-term rentals. The following outlines how existing land use provisions can be applied to short-term rental uses.

EXISTING RULES	
Boarders & Lodgers	Allows STR Bedrooms in your primary residence, often with a bedroom limit.
Bed & Breakfast	Allows STR Bedrooms. Most LUBs require B&B to be located in primary residence of operator.
Hotels/Motels/Inns	Allows commercial STR, without primary residence requirement.
Commercial /Tourist Accommodation	Allows commercial STR, without primary residence requirement.
General Provision Tourist Accommodation	Some Plan Areas allow one tourist accommodation per lot in the general provision





## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

section of each Land Use By-law instead of as a standalone use in each zone. This provision enables one commercial STR dwelling unit per lot, without the primary residence requirement.

*Municipal Rental Registry:* Regional Council are considering adopting a Municipal Rental Registry. This would be a one-time registration for all rentals in the region, both short and long term. This registry would allow HRM to maintain minimum building safety standards. . The Municipal Rental Registry will be further discussed by Halifax Regional Council on April 4, 2023.

### HOW DO I APPLY FOR A SHORT-TERM RENTAL PERMIT?

For more information regarding zoning or land use by-law regulations please visit [here](#).

Property owners are encouraged to submit an inquiry through 311, by phone or online to connect with Planning & Development – Development Services staff to explore the potential for a STR on a case-by-case basis.

To apply for a permit please visit [here](#).

### FREQUENTLY ASKED QUESTIONS

#### Do I need to register my STR?

There are two separate rental registries that apply to STRs, only the Provincial Tourist Accommodations Registry is in place at this time.

*Provincial Tourist Accommodation Registry:* this is an annual registration for all tourist accommodations in the province. There is an annual fee and requirement that you meet applicable local land use by-laws to register. You will be required to post your registration number with your STR listing. All tourist accommodations must be registered by April 1, 2023. Click [here](#) to register.

#### Do I need a permit for my STR?

If you have a **commercial** STR or STR bedrooms you **will be** required to obtain a permit. If your whole home STR is located in your **primary residence**, you **do not** need a permit. A permit is only required once unless there is a change to the number of bedrooms or change in ownership.

#### Can I have a STR in my secondary/backyard suite?

A STR is permitted in a secondary/backyard suite if that suite is the primary residence of the operator. A property owner with a main dwelling and a secondary/backyard suite cannot rent the secondary/backyard suite if they do not live in that suite as their primary residence. The long-term tenant of a secondary/backyard suite could rent the suite as a STR if it is their primary residence.

#### How is primary residence defined/determined?

Your primary residence is the home where you live as an owner or tenant. It's also the address you use for bills, identification, taxes and insurance.



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### IN THE COMMUNITY



The first day of Halifax County Exhibition - such an experience, such a welcoming community, such a great parade, such good food and of course amazing volunteers who make it happen year after year! Another successful Halifax County Exhibition!



(L to R): Sheila and Joe Fisher, me, Mayor Mike Savage. Congratulations to Fair Couple of the year Joe and Shelia Fisher. So well deserved - the spotlight is yours for four Exhibition days - enjoy every moment!



Thanks to Councillor Waye Mason for attending the parade with me and for saving the day with his technical skills when he helped get the new





## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

square point of sale and debit/credit card reader working. Gwen (pictured) and Councillor Mason got the reader synced and the app working!



This was my response to Councillor Mason's observation that: *"well at least you have this animal grooming thing to fall back on if the councillor gig doesn't work out!"*



### KELOOSE!



Charlie on gate duty for Keloose Festival.



Amazing items available at the Keloose market.



Captain Deagle Gammon & First Mate Charlie!





## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

We live in such a great community - love the spirit of Keloose and the partnerships created with volunteers like the Fall River Lions Club. The runners are off and the pancakes are cooking. A huge thank you to Tim Horton's in Fall River for the coffee and Timbits and to the Wellington Station House for the use of their flattop. Thank you to Wayne Mason who travelled out from the big city to join me and MLA Brian Wong in assisting with breakfast. Lyle Mailman and his son, both in from Beaver Bank, assisted with the run.



Keloose Fun Run



September 2023

HALIFAX





## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY



Keloose Skate Jam



### 50 MILE YARD SALE 2023

The 2023 fifty-mile yard sale will take place on Saturday, September 9<sup>th</sup> & Sunday, September 10<sup>th</sup> along Highway 7 from Musquodoboit Valley to Musquodoboit Harbour.

### RIVER - LAKES SECONDARY PLAN

At the [July 6<sup>th</sup> meeting](#) of the Environment and Sustainability Standing Committee, I put forward the following motion:

That the Environment and Sustainability Standing Committee request a presentation at a future meeting; from Planning and Development staff on the current policies of the River-Lakes Secondary Plan relative to 'no net Increase in phosphorous', how it is applied, lessons learned, and any changes to regulations at the provincial/ federal governments that may promote a review. A presentation by HRM staff is expected at the [September 7<sup>th</sup> ESSC meeting](#).

### BE PREPARED FOR HURRICANE SEASON

Hurricane season's arrival emphasizes the vital importance of preparedness. In coastal areas like ours, readiness is imperative due to the potential for catastrophic winds, rain, and devastation, aiming to save lives, protect property, and ensure community resilience.

#### Make a Plan:

Every household needs an emergency plan. It will help you and your family know what to do in case of an emergency. Your family may not be together when an emergency occurs. Plan how to meet or how to contact one another, and discuss what you would do in different situations.



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

When making your home emergency plan, you will need to think about the following:

- Safe exits from home and neighbourhood
- Meeting places to reunite with family or roommates
- Designated person to pick up children should you be unavailable
- Contact persons close-by and out-of-town
- Special health needs
- Place for your pet to stay
- Risks in your region
- Location of your fire extinguisher, water valve, electrical box, gas valve and floor drain
- Photocopy your emergency plan and keep it in your car and/or at work.

### Protecting Property

Securing your property against hurricane damage is essential. This may include reinforcing windows and doors, clearing gutters and drains, and ensuring that the roof is in good condition. For those living in areas prone to flooding, elevating electrical systems and sealing basement walls can help mitigate water damage.

### Staying Informed

Monitoring weather updates is vital. Our government agencies provide timely information on storm tracking, severity, and projected paths. Pay attention to evacuation orders and warnings issued by local authorities. Having a battery-operated weather radio on hand can ensure you receive information even if the power goes out. Sign up for HRM emergency alerts [here](#). Check Halifax.ca frequently, and follow @hfxgov on twitter for municipal updates and information during a storm.

### Review and Practice

Periodically review your emergency plan and supplies to ensure they remain up to date and functional. Practicing evacuation procedures with your family can minimize confusion and anxiety during a crisis.

In hurricane-prone regions, preparedness for the impending storm season is not an option; it's a responsibility. By understanding the risks, creating an emergency plan, safeguarding property, staying informed, engaging with your community, and regularly reviewing your preparations, you can increase your resilience in the face of these powerful natural forces. Remember, the best defense against a hurricane is a well-prepared and informed community working together to weather the storm.

Learn more by visiting the municipal emergency preparedness website by clicking [here](#).

17

## COMMUNITY HALLS | CENTRES

District 1 is home to many community halls and non-profit organizations. Check out their website or Facebook pages to find information on local events as well as opportunities to volunteer in your community.

- [Elderbanks Recreation Club](#)
- [Lemmon Hill Sports Association](#)
- [Upper Musquodoboit Nova Scotia Nunavut Command](#)
- [Upper Musquodoboit Community Hall](#)
- Upper Musquodoboit Fellowship Centre (902)568-2536
- [Musquodoboit Valley Bicentennial Theatre](#)
- [Musquodoboit Valley Family Resource Centre](#)
- [Musquodoboit Valley Food Bank](#)
- [Carrolls Corner Community Center](#)





## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

- [Meaghers Grant Community Hall](#)
- [Gordon Snow Community Centre](#)
- [Wellington Fletchers Lake Station House](#)
- [Grand Lake Oakfield Community Centre](#)
- [Waverley Heritage Museum](#)
- [Waverley Legion Dieppe Branch 90](#)
- [LWF Community Hall](#)
- [Windsor Junction Community Centre](#)
- [Helping Hands Families Helping Families](#)
- [Barefoot Farmers Association](#)

For those I have missed this time around please reach out let me know and I will add to the list!

## PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [municipal district 1](#).

### Provincial MLAs:



**MLA Larry Harrison**  
Colchester-  
Musquodoboit Valley  
Constituency office:  
87 Main Street West  
PO Box 219  
Stewiacke, NS B0N 2J0  
Phone: 902-639-1010  
Fax: 902-639-2598

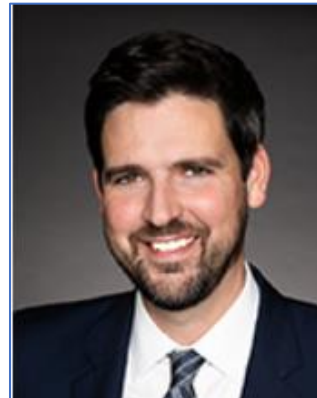
Email: [larryharrisonmla@gmail.com](mailto:larryharrisonmla@gmail.com)



**MLA Brian Wong**  
Waverley-Fall River-  
Beaver Bank  
Constituency Office:  
1265 Fall River Road  
Suite 101  
Fall River, NS B2T 1E6  
Phone: 902-576-3411  
Email:

[brianwongmla@gmail.com](mailto:brianwongmla@gmail.com)

### Federal MPs:



**MP Sean Fraser**  
[Central Nova](#)  
House of Commons  
Ottawa, ON K1A 0A6  
Phone: 613-992-6022  
Fax: 613-992-2337  
Email:  
[sean.fraser@parl.gc.ca](mailto:sean.fraser@parl.gc.ca)



**MP Darrell Samson**  
Sackville-Preston-  
Chezzetcook  
Constituency Office:  
2900 Highway 2  
Suite 2nd Floor  
Fall River, NS B2T 1W4  
Phone: 902-861-2311  
Fax: 902-861-4620  
Email:

[darrell.samson@parl.gc.ca](mailto:darrell.samson@parl.gc.ca)



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

### COUNCILLOR DEAGLE GAMMON

#### COUNCILLOR CATHY DEAGLE GAMMON

##### DISTRICT 1

Waverley - Fall River -  
Musquodoboit Valley

##### CONTACT ME

902.717.2718

[cathy.deaglegammon@halifax.ca](mailto:cathy.deaglegammon@halifax.ca)

HALIFAX

halifax.ca 311



I currently serve on Regional Council, North West Community Council and the following boards and committees:

- Accessibility Advisory Committee
- Appeals Standing Committee
- Audit and Finance Committee (Vice Chair)
- Environment and Sustainability Committee
- Executive Standing Committee
- Grants Committee (Chair)
- Halifax Regional Water Commission
- Halifax Partnership
- North West Planning Advisory Committee

Community Committees:

- Aerotech Community Liaison Community Committee
- Halifax International Airport Authority
- Goffs Quarry Community Liaison

### E-NEWSLETTER/SUBSCRIBE

The monthly District 1 newsletters and annual print newsletters are available on my municipal

webpage at: [Communications](#) | [District 1](#) | [E-Newsletter](#) | [Halifax](#).

If you'd like to keep up to date with my monthly Councillor news, please get in touch with my Council Constituency Coordinator at: 902-490-1562 or email: [Chris.Newson@halifax.ca](mailto:Chris.Newson@halifax.ca).

