

Heritage Day



February 15th marks the second annual Nova Scotia Heritage Day. This year, we honour the great politician and orator Joseph Howe (1804 – 1873). Joseph Howe was an influential journalist who was charged with seditious libel for

publishing incriminating information about politicians and police. He was acquitted and won a victory for freedom of the press in Canada. Howe went on to be a politician and was a champion for responsible government. Municipal programs and services will be operating on a reduced level for the holiday, so check out our website for details on solid waste collection, transit and recreation services.

Bedford Business Association Meeting

The Bedford Business Association aims to create economic growth while fostering community wellbeing. If you'd like to find out more about what the Association is all about, attend their meet and greet tonight at the <u>Riverside Pub</u> from 4:30 – 6:00 p.m.

100 Kids Who Care

100 Kids Who Care encourages children ages 5 - 14 to come together and support local charities. The group meets four times a year, and each child donates \$10 per meeting. Charities are nominated by the children and then voted on after a short presentation. Sign up online or register your child at the door at their meeting this evening from 6:30 -7:30 p.m. at Alderney Landing. For more information, see their website.

Fairview Community Advisory Committee



Help shape the future of your community! The United Way Halifax's Action for Fairview Neighbourhood Change is inviting

you to join their Fairview Community Advisory Committee. The committee will create a community profile for Fairview by discussing what's important to you, your family and your business. Contact Nuriya or Heather to get involved.



COUNCILLOR RUSSELL WALKER

HALIFAX - BEDFORD BASIN WEST

African Heritage Month

February is African Heritage Month, where we celebrate the extraordinary culture and heritage of African Nova Scotians.

Check out the following events at the Keshen Goodman Public Library to join in the celebration and learn something new:

Rhythms of Burundi

February 13th 2:30 p.m.

<u>Anansi and the Moss Covered Rock – Puppet Show</u> February 24th 10:30 a.m.

Super Silly Safari

February 27th 10:30 a.m.

Full events schedule and details can be found on their website.

Lucky Duck Lottery for Non-Profits

The Recreation Nova Scotia Lucky Duck Lottery is a program designed to help non-profit clubs, groups and organizations raise funds.

Recreation Nova Scotia will supply tickets, prizes and seller kits – all you need to do is sell the tickets. Community organizations like school clubs, sports teams, theatre groups, choirs, garden and senior clubs are all eligible to get involved.

Tickets are \$1.00, and .70 cents of every ticket sold goes to the group. The selling period ends on March 4th, so get in on this opportunity today. Their website has more details.

Spring/Summer Recreation



The Halifax Rec 2016 Spring and Summer program guide is now available, and registration begins at the end of this month.

There are recreation and fitness programs available for all ages and abilities,

check out the <u>guide</u> online for more details and registration dates.

Open Gym Program

Don't let winter weather be an excuse for in-activity. Fairview Junior High is participating in the <u>School</u>
<u>Open Gym</u> program for Youth and Family.

Gyms will be open for school-aged children and youth along with their parents to participate in all kinds of activities. Parks and Recreation staff are onsite to welcome and assist participants, but the sessions are unstructured and families are encouraged to do anything active and fun!

FJH will be open Saturdays from 1:30 - 4:00 p.m. from October 3rd – May 7th with the exception of Easter weekend (March 26th) and March Break (March 19th).



Open 7 days a week from 7:00 a.m. to 11:00 p.m. (except Christmas Day & New Year's day)

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Free Snowshoeing and Sledges at the Emera Oval

In addition to free skating and skate and helmet equipment rentals, the Emera Oval is also offering free snowshoe and sledge rentals!

The new site also offers accessible parking (on Cogswell Street), an accessible washroom, wheelchair access on outside lanes, a larger skate rental area and an indoor warming room.

A valid government issued photo ID is required to borrow helmets, skates, sledges and snowshoes. Check out our website for more information.

Community Gardens Application

Community Gardens provide opportunities to interact with our neighbours, add beauty to the neighbourhood, encourage environmental sustainability and promote active living.

If you'd like to start a community garden on HRM property, applications must be submitted to our staff by March 15th, 2016. To apply for a new community garden, fill out the form <u>here</u>.

Immigrant Services Association of Nova Scotia have already invested in some beautiful community gardens in our area, to learn more see their website.

Tax Benefits Finder

It's income tax season, don't miss out on benefits you're eligible for. Check out the <u>Canada Benefits</u> <u>Finder</u> tool before you submit your taxes to find federal and provincial programs that can help ease the tax burden.

Human Trafficking Awareness Campaign

Police have launched a new Human Trafficking Awareness Campaign aimed at the hospitality and transportation industries. Human trafficking and sexual exploitation can happen in communities of all sizes and, unfortunately, our province is not immune to their impact. The Say Something if you See Something education and awareness campaign will help employees in these industries identify and report potentially illegal situations. To download the free resource kit, check out the campaign website.

Coldest Night of the Year Fundraiser

Support the Coldest Night of the Year's Out of the Cold annual 5k walk on February 20th to raise money for the ARK. ARK provides a drop in centre for youth aged 16-24 who are street-involved or homeless. The program offers daily meals, showers, laundry facilities and support services. ARK also provides a weekly hot meal and community for anyone in need every Sunday night. You can get involved by committing to walk or by donating to an existing walker or team. Their goal is to raise \$60,000 for this important outreach program. Check out their website for more details. All ages are welcome!

Contact

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Please click the link to **UNSUBSCRIBE**.

