



COUNCILLOR RUSSELL WALKER

DISTRICT 10 ONLINE NEWS

HALIFAX - BEDFORD BASIN WEST

Public Input on HRM Budgets

HRM Council has been discussing its 2017/18 annual operating and capital budgets. Before finalizing those discussions, residents are encouraged to highlight their priorities for the upcoming year. The hands-on budget allocator tool lets citizens share their thoughts on where tax dollars should go. This online tool allows residents to simulate adjusting the municipal tax dollars allocated to various services like transit, parks, fire, and policing and see the potential impact this has on both service delivery and the overall budget. Residents are also invited to dive into the Shape Your City online engagement portal to answer some key questions in the budget debate. All answers and opinions shared on this interactive website will be shared in staff reports to Regional Council.

A preliminary report including comments already left on the Shape Your City portal has been provided to Regional Council early in this budget process. A final report will be given to Regional Council prior to the final deliberation and vote on the budget that is slated for Tuesday, March 21st. For more information on the budget process and to provide input visit:

www.shapeyourcityhalifax.ca/hfxtax2017

Camp Courage Now Accepting Applications

Young women across the municipality are encouraged to apply for a spot in this summer's unique all-girls first responder camp, being held July 9-16.

Camp Courage is an eight-day female mentoring camp that brings together teens between the ages of 15-19, curious about a career as a firefighter, police officer, or paramedic.

The award-winning camp is held every second year and shows teens they too can excel in these male-dominated professions. While the one-of-a-kind camp shows girls what it takes to be a first responder, the ultimate goal is for the young women to develop a sense of empowerment and build the confidence to believe they can achieve any goal, career, or dream they desire.

The camp is free but applicants must write an essay describing how they would improve a less fortunate person's life, or their community.

Camp Courage accepts 24 participants and **applications are due on March 31st.**

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More than 60 camp graduates have moved into careers as a first responder since the camp was founded 11 years ago. Many credit Camp Courage for showing them the path to become a firefighter, police officer, or paramedic.

Click [here](#) to see the camp's wall of fame.

For more information on the camp and how to apply, visit the camp website at www.campcourage.ca

Canada Games Centre Board Member Recruitment (Volunteer, 2 Year Term with Maximum of 3 Terms)



The Canada Games Centre is a national leading multi-purpose recreation and sport facility providing a centre for the community, promoting healthy and active living for citizens and a major sports training and competition facility in Atlantic Canada.

Check them out at: www.canadagamescentre.ca

Position Summary: The Canada Games Centre is governed by a volunteer Board of Directors who operates the facility through a management agreement with HRM. The Board of Directors are collectively accountable for the performance of the organization in relation to its mission and strategic objectives and for the

effective stewardship of the financial and human resources of the organization. Board members are responsible for acting in the best interests of the organization, striving to fulfill the mission and achieve the objectives set out. We are seeking individuals with a passion for making a difference in the community and professional experience in financial and sponsorship areas and sport involvement.

Principle Duties:

- Prepare for, attend, and participate in board meetings
- Prepare for, attend and participate in sub-committee meetings
- Monitor the performance of the organization
- Approve the budget and monitor financial performance
- Keep informed about community issues relevant to the Society

Time Commitment: 4-5 hours/month (meetings, preparation, consultation)

Application Instructions:

Interested candidates should apply in writing with a **resume** and the **application form** via email to: boardrecruitment@canadagamescentre.ca. Deadline for applications is **February 28, 2017**.

Applicants can find the application at:

http://canadagamescentre.ca/wp-content/uploads/2017/01/Expression-of-Interest-CGC-Board-of-Directors_Application-Form-2017.pdf

The Selection Committee will be reviewing all applications. Only those selected for an interview will be contacted further. There will be no appeal process or any information shared about applicants.

Application Deadline: February 28, 2017 by 4pm

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Fairview Mobile Food Market Returns



Come INDOORS for the launch of the winter Mobile Food Market in Fairview! The Mobile Food Market returns next Saturday, February 25th at 12:30 pm inside MacDonald Laurier Place at 3 Ford Street.

The Fairview Mobile Food Market is partnering with Metropolitan Regional Housing Authority to keep you warm and snow-free while shopping for fresh, affordable produce here in our community.

The market will be happening bi-weekly on Saturdays (like it did this summer) and running 12:30-2pm.

Shake off the snow, grab your neighbour and help make the Fairview market a success again!

For more information visit their facebook page at <https://www.facebook.com/events/1662399207395667/>

HRM Community Grants Program

HRM is now accepting applications for the 2017-2018 Community Grants Program. The deadline for applying is March 31, 2017. Information, application forms and program guide books are available at: <http://www.halifax.ca/boardscom/bccgrants/CommunityGrantsProgram.php>. You may also pick up a copy at any HRM Customer Service Centre. To have a copy mailed to you send a request to nonprofitgrants@halifax.ca or call 311.

The HRM Community Grants Program is a centralized program that provides annual cash grants to registered non-profit organizations and charities located throughout HRM. There are two types of grants: (1) a project grant of up to \$5,000 and (2) a capital grant of up to \$25,000. Grants are one-time and project-specific within the following funding sections: Environment; Recreation & Leisure; Affordable & Supportive Housing; Emergency Assistance; Neighbourhood Safety; Community History; Community Diversity; and Arts & Crafts.

Order of Nova Scotia Nominees

The nomination deadline for the Order of Nova Scotia (ONS) is March 17, 2017. The ONS recognizes Nova Scotians for outstanding contributions to their communities. NS citizens are encouraged to nominate or re-nominate someone they feel has made a significant contribution. Nomination forms are available at Access Nova Scotia Centres throughout the province. For more information, please call the NS Protocol Office at 902-424-2467 or email: orderofnovascotia@gov.ns.ca or visit the ONS Website <http://gov.ns.ca/iga/order.asp>

Transit Upgrades

Plan your route using google transit! Google Transit is a free public transit trip planner that integrates Halifax Transit routes, schedules, and stops data into Google Maps.

Halifax Transit is launching real-time data in a beta release. Wondering if your bus is on time? Halifax Transit wants to improve your commuting experience by taking the guesswork out of your travel plans. Bus users can now access real-time information on estimated departure times. This conveniently allows you to plan according, greatly enhancing your transit experience.

For more information visit <http://www.halifax.ca/transit/googletransit/>

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The **Bedford/Sackville Community Health Team** is offering these **FREE** programs in **March**

Community Health Teams

How Healthy Is your Plate? Eating for Health (Sackville Library)
March 21st (Tuesday) – 6:30 to 8:30 pm

Renovate your Relationship – 2 Week Program (CHT – 833 Sackville Drive)
March 23rd, 30th (Thursdays) 1:30 to 3:30 pm

Incredible Years 14-Week Pre-School Parenting Program (Sackville Boys & Girls Club)
March 23rd, 30th, April 6th, 13th, 20th, 27th, May 4th, 11th, 18th, 25th, June 1st, 8th, 15th, 22nd (Thursdays) 6 to 8 pm
Childcare Available

Take Charge of Your Stress – 4 Week Program (CHT – 833 Sackville Drive)
March 24th, 31st, April 7th, 21st (Fridays) 9:30 to 11:30 am

Mental Health First Aid Canada – Adults Interacting with Youth (Sackville Heights Community Centre)
March 28th, April 4th, 11th, 18th (Tuesdays) 9 am to 12:30 pm

Discovering your Best Weight – 4 Week Program (CHT – 833 Sackville Drive)
March 28th, April 4th, 11th, 18th (Tuesdays) – 6 to 8 pm

Personal Wellness Profile (CHT- 833 Sackville Drive)
March 29th (Wednesday) – 8:30 to 11:30 am

Fat, Sugar, Salt (CHT – 833 Sackville Drive)
March 30th (Thursday) – 6 to 8 pm

Prediabetes (CHT-833 Sackville Drive)
March 30th (Thursday) – 9:30 to 11:30 am

Community Health Team Drop In (CHT- 833 Sackville Drive)
March 31st (Friday) – 8:30 to 10 am



www.communityhealthteams.ca • 902-460-4560

Please click the link to [UNSUBSCRIBE](#).

Contact

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HRM website: halifax.ca/District10/index.php



Open 7 days a week from 7:00 a.m. to 11:00 p.m. (except Christmas Day & New Year's Day)

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Community Health Teams



FREE Parenting Programs Spring 2017

Community Health Teams

Preschool INCREDIBLE YEARS **14 week Parenting Program**

The IWK Health Centre, as part of the Community Health Team, is offering a **FREE** 14-week program for parents of **3 to 6 year olds**. The program will focus on improving your child's social and emotional skills and reducing behavior problems.

Space is limited. Advance registration is required. Free Child Care Available

- Thursdays March 23rd - June 22nd 6:00-8:00 pm - Sackville Boys & Girls Club (45 Connolly Rd, Sackville)

School Aged INCREDIBLE YEARS **12 week Parenting Program**

The IWK Health Centre, as part of the Community Health Team, is offering a **FREE** 12-week program for parents of **6 to 12 year olds**. The program will focus on improving your child's social and emotional skills and reducing behavior problems.

Space is limited. Advance registration is required. Free Child Care Available

- Tuesdays March 21st - June 6th 9:30-11:30am - Chebucto Family Centre (3 Sylvia Ave, Spryfield)
- Tuesdays March 21st - June 6th 6:30-8:30 pm - Cole Harbour Boys & Girls Club (50 Ritcey Crescent, Cole Harbour)
- Wednesdays March 22nd - June 7th 6:30-8:30pm - Veith House (3115 Veith St. Halifax)

To register please call 902-470-3817

To see a list of other Community Health Team programs visit:

www.communityhealthteams.ca

