

Open Gym Program Offers Residents Free Access

The Halifax Regional Municipality, in partnership with the Halifax Regional School Board, is inviting residents and families to stay active this fall and winter by providing free access to some of the region's school gymnasiums.

Six school gyms located across the region will be open for two hours most Saturdays for school-aged children and youth, along with their parents, to come and play tag, kick a ball around, dance, shoot some hoops, or anything fun and active. We are pleased that two of the six schools are in the Halifax area. Open gym days will take place every Saturday from September 27th to November 29th, 2014, and again from January 3rd to May 2nd, 2015 (except for March 14th and April 4th), at the following Halifax schools and times:

- Rockingstone Heights School, 1 Regan Drive, Halifax 2:30 – 4:30 pm.
- Fairview Junior High School, 155 Rosedale Avenue, Halifax: 2:30 4:30 p.m.

Municipal recreation staff will be on-site at each school to assist and participate, but unlike other municipal programs, these sessions will be unstructured with no lesson plans or organized activities. The objective of this program is to

increase citizen access to recreation facilities at no charge, as well as provide more opportunities for unstructured play. This program is supported by the Halifax Regional School Board, the NS Department of Health and Wellness, and the Halifax Regional Municipality.

If you would like to unsubscribe to these updates, please do so by following this link. https://apps.halifax.ca/subscriptions/unsubscribe?li

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Construction Continues in the Titus/Main/Bedford Highway area

The sidewalk, curb renewal and paving work continue in the area of Titus/Main/Bedford Highway. The scheduled date for the completion of this work is November 7th.

2015 Volunteer Awards

Each year Halifax Regional Municipality, the Mayor and Regional Council recognize the extraordinary contributions of individuals and groups who volunteer their time and skills to provide services and programs in municipal communities. The nomination deadline is **Friday, December 12**th, **2014**.

Visit <u>www.halifax.ca/volunteerservices/awards</u> for the fillable nomination forms. Nomination criteria can be found within the forms. For additional information or questions please contact Volunteer Services by <u>email</u> or by phone at 902-869-4018.

2014-15 Professional Arts Grant Program Applications Now Available

The Halifax Regional Municipality is pleased to announce that applications are now available for the 2014-2015 Interim Professional Arts Grant Program for not-for-profit arts organizations.

This program provides funding for arts organizations through two categories: operating assistance and project assistance. Applications for both streams can be found <u>online</u>.

Applications must be submitted no later than **4:30 p.m. on Friday, October 31st, 2014**. Please review the applications for a comprehensive list of submission requirements.

Please note that beginning in January 2015, the Professional Arts Grant Program will again be accepting applications for the 2015-16 fiscal year.

Curbside Give Away Weekend – October 18th and 19th



Don't forget that October 18th and 19th is curbside give away weekend! For details, visit <u>www.halifax.ca/curbside</u>.

This event happens RAIN or SHINE. Please use your discretion when deciding whether or not to put items out to the curb.

Place items at the curb on Friday evening of that weekend, place stickers or signs on items with the word "FREE" and ensure that all material is removed from the curb by dusk on Sunday evening.



Open 7 days a week from 7:00 am to 11:00 pm except Christmas Day and New Year's Day

New twist on an Old Scam Targeting Seniors

Police are warning citizens that there is a new twist on a recurring scam targeting seniors.

The Financial Crime Section of the Integrated Criminal Investigation Division has received several reports where seniors are contacted by a suspect alleging to be their grandchild. The suspect claims to have an emergency while overseas and needs a sum of money for a lawyer to pay for damages or to post bail. This scam is not new and has been around for a number of years. The new twist is now when the victims refuse to send money, they are then contacted by someone pretending to be a lawyer. The "lawyer" advises them their grandchild will be released from custody but the lawyer requires their Social Insurance Number (SIN), date of birth and personal information to vouch that the grandchild will return after released. It has been determined that these calls are not legitimate and, in most cases, the suspect does not have the name of the grandchild and seeks this information from the victim as part of the scam.

Investigators remind citizens to be suspicious of any calls asking for money and to make sure the call is legitimate before sending any money or making any donations. You should also not give personal information to anyone, whether solicitation occurs by telephone or in person, unless you have initiated the contact or you are certain of the identification of the individual and the legitimacy of the organization they claim to represent. Providing personal information such as SIN and date of birth could lead to identity theft.

If you have been the victim of a scam, you should report the matter to police by calling the Financial Crime Unit at 902-490-1985.

2014 HRM Volunteer Conference

In its 14th year, the Volunteer Conference gives volunteers an opportunity to participate in training, networking and learning that help them become more effective in their work and provide strong volunteer capacity in the Halifax region. For more information: call 902-869-4755 or visit <u>www.halifax.ca/volunteerservices</u>

The conference includes:

- * A wide selection of interactive and informative sessions
- * Dynamic and experienced speakers
- * Lunch and refreshments
- * Networking opportunities
- * Participant welcome packages
- * Community showcase

Friday, November 21st & Saturday, November 22nd, 2014

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Harbourview Holiday Inn, Dartmouth

Proposed Changes to Curbside Collection

On <u>Sept. 23, 2014, Regional Council</u> reaffirmed amendments to By-law S-600, the Solid Waste Resource Collection and Disposal By-law, including changes to organics collection and processing by:

- removing boxboard from the green cart, with the exception for use as kitchen scrap catcher;
- using kraft paper bags for leaf and yard waste instead of plastic bags; and
- banning grass clippings from curbside collection.

In addition, Regional Council has scheduled a <u>public</u> <u>hearing</u> respecting proposals to change to clear garbage bags and reduce the garbage bag limit from six to four bags, with a privacy option.

When is the public hearing scheduled? How can I voice my opinion to Council?

Regional Council has scheduled a Public Hearing for **Tuesday, December 2nd, 2014, 6 p.m. at City Hall**, respecting proposed changes to preparation and collection of residential garbage including:

- use of clear bags for garbage with privacy option (black/green/opaque), and
- reduction of garbage bag limit from six to four bags.

For information on the public hearing process, please visit <u>www.halifax.ca/municipalclerk/PublicHearingsFAQ.</u> <u>php</u>. Public input may also be submitted by email to clerks@halifax.ca.

Community Conversation: Fairview and Clayton Park

Your community. Your health. Your voice. The Chebucto Community Health Team, a partnership of Capital Health and the IWK Health Centre, offers many programs in the Clayton Park and Fairview area. You can help shape the free health and wellness programs that are offered here in your community.

Community Health Teams provide **free wellness programs and navigation in your community** where people live, work and play. They also work closely with our great community partners to help build a stronger community together. They need your help to shape the programs and services to best address the needs and concerns of your neighborhood. Come make your voice heard and receive a \$10 grocery gift card for your time.

Thursday, October 23rd 6:00 pm – 8:30 pm St. Benedict Parish 45 Radcliffe Drive

Tuesday, November 4th 3:00 pm – 5:30 pm Fairview Legion 50 Hillcrest Street

Snacks will be provided. Space is limited, so call early to ensure a seat. Please call **902-487-0652** and leave a message to register, or to inquire about special considerations. **Please specify which event you plan to attend.**

Contact

Russell Walker, Councillor District 10 – Halifax - Bedford Basin West Phone: 902-497-7215 HRM website: http://www.halifax.ca

