

# Lorelei Nicoll

District 4 - Cole Harbour - Westphal

Engaging Cole Harbour



## DEAR RESIDENTS



Summer's arrival creates opportunities for vacation activities, beaches, concerts, gatherings with family and friends, all done in our great outdoors. As we enjoy all the season has to offer, please be mindful to stay safe on our roads and waterways. We wait all year for summer so enjoy it and for a listing of activities in the region, please visit [www.halifax.ca/events/index.php](http://www.halifax.ca/events/index.php)

In the 28 years I have lived in Cole Harbour/Westphal, and volunteering on various committees/societies/boards, I have had the privilege of meeting some very awesome people. It is important as a community to recognize the efforts of those individuals who have a dream and a love for their community and dedicate many hours of their time in building a place where our youth matter and where they can excel in whatever their dream might be.

In the community of the Cole Harbour Bel Ayr Minor Hockey Association, there are some very dedicated coaches and parents who are credited with producing well-rounded hockey stars known worldwide and who have put Cole Harbour on the map. Many joke that there's something in the water in Cole Harbour/Westphal but anyone who lives here, knows it's something in the hearts of all who live here and who have come to love this place like I have. To those who want to help maintain this community spirit, please consider getting involved. At first, it's just a small step of getting to know your neighbours and then allowing it to grow from there. That's what I did 28 years ago.

Congratulations to Sidney Crosby and Nathan MacKinnon who are living their dream and to many others who grew up in Cole Harbour/Westphal for living their dream as well whether on the local, national or international scene. The important thing is that the dream continues to live in your heart. I also extend congratulations to all graduates of Cole Harbour District High School and Auburn Drive High School who take that important step of determining what is in their hearts. Who knows what your future holds but it will be great if you dream to make it so. Much success to everyone!

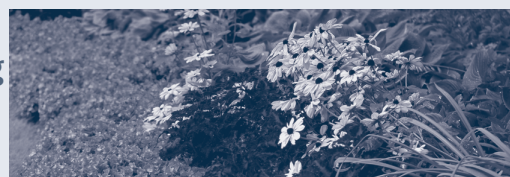
Remember to mark your calendars for SEPTEMBER 6TH when school gets back in but with the fun continuing with the Cole Harbour Harvest Festival at Cole Harbour Place for its seventh year! Visit [www.harvest.coleharbour.org](http://www.harvest.coleharbour.org) closer to the date for festival activities.

Happy Summer! See you in September for our great community parade and festival.

*Lorelei*

### LOVE GARDENING?

If you are interested in starting a gardening club in Cole Harbour-Westphal, please contact me [lorelei.nicoll@halifax.ca](mailto:lorelei.nicoll@halifax.ca).



HALIFAX



## Engaging Cole Harbour Summer 2014

### HRM VOLUNTEERS

Each year Halifax Regional Municipality recognizes volunteers who are nominated by community groups and organizations for their significant contributions to our community. Congratulations to District 4 residents Martin Belanger, Danielle Cleary, Kim O'Brien and Bob Power. HRM appreciates your commitment to improving our community.



### HRM CITIZENSHIP AWARDS

On May 13, Regional Council hosted the 2014 HRM Citizenship Awards at City Hall. Grade 9 students were recognized for their dedication and commitment to improving life in both their school and community. Congratulations to Nana Ntiwaa Boakye, Graham Creighton Junior High School; Samantha Graham, Astral Drive Junior High School and Martha Avery, Sir Robert Borden Junior High School.



### COLE HARBOUR ARTIFICIAL TURF FIELD

In 2011/12, municipal staff conducted a Cole Harbour Recreation Needs Assessment as directed by Regional Council. The findings were presented in 2012 and included a budget of \$600,000 for an extension of the Cole Harbour District High School gymnasium to provide the community and recreation groups greater access to gym rentals. The assessment also included a recommendation for Council to direct staff to explore the feasibility of an artificial turf build in the community.

The gymnasium is completed and will be available for use beginning this month. Groups interested in renting the space can contact the HRM Recreation Facility Booking at 311. In 2014, Regional Council approved a staff report recommending that Council approve the Gordon Bell Annex location to construct an artificial turf. During the 2014/15 budget deliberations, the cost of the demolition necessary to build the field was approved as well as the financing for the construction of the field in the 2015/16 Capital Budget.

### CHDHS' NEW GYMNASIUM



'Sneak Peak' of inside CHDHS' new gymnasium





## CHEQUE PRESENTATION



Councillor Nicoll presents a cheque to Cathy Burgess, General Manager, Cole Harbour Place, for electrical improvements which will provide a dedicated exterior outlet for outdoor events including Remembrance Day.

## COLBY BASEBALL



Colby Slow-Pitch members Tony Tracey, Terry Delahunt and Malcolm MacDougall met at Bissett Lake Ball Field to thank Councillor Nicoll for the use of District Capital Funds to install 'O' pads to the fencing (notice it in the background).

For more information and registration details on Colby Slow-Pitch Baseball please visit [www.colbymens.com](http://www.colbymens.com)

## HAPPY RETIREMENT!



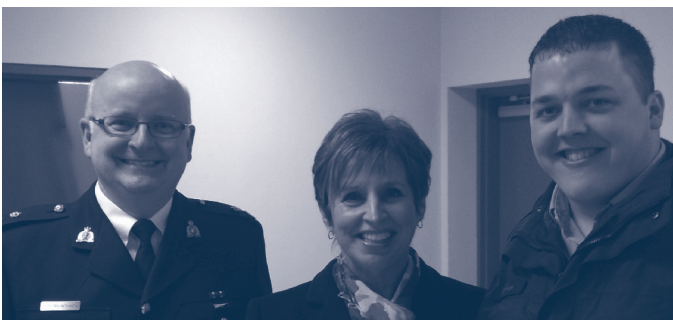
Our community THANKS Joan MacInnis of Briarlynn Preschool for the 30 years of dedication and love she has provided to so many children enriching each one of their lives by making them feel special and giving them a strong start on their life long road of learning. It was an honour to share this special moment in Joan's life.

## CHERRY BROOK LAKE LOON COMMUNITY SIGN



Brenton Sparks, President, Lake Loon Cherry Brook Development Association, Stewart Sparks, Howard Riley, Royce Johnston, Councillor Nicoll, Anthony Riley and Juan Bundy

## RCMP



Inspector Murchison, Councillor Nicoll and Constable Savage. Thanks to Constable Savage for his amazing dedication to removing impaired drivers from our streets.



## Engaging Cole Harbour Summer 2014

### **YOUTH ENGAGEMENT IN COLE HARBOUR** Submitted by Nikolas Harris, President, Base Y Youth Association

Base Y Youth Association was founded in April 2012 at the Accelerating: Empathy conference in Halifax. We are a registered non-profit operating in the community of Cole Harbour. Base Y is a youth-led, volunteer organization striving to improve the lives of Cole Harbour youth through opportunities, programs, and events to reduce stigma and increase support.

On May 8th, Base Y held a workshop called 'Connecting the Dots' at Auburn High's Mental Health Expo. This workshop was all about connecting the dots between creative expression (writing and performance) and mental health. Writing helps us sort out our emotions and performing can help us become more confident and allows us to speak up about issues, whether personal or societal. Creative expression can give one the courage to speak about things that matter to them in an effective way. Good communication is a key component in maintaining one's health and staying connected with those around us, while writing helps us to know ourselves. Connecting the Dots was developed as a condensed version of programs being offered this summer through our CREATEExpression workshop series running every Monday night 6:00-8:00pm at Cole Harbour Place (Stewart Hall) from June 2 to August 4, 2014. These workshops are for high-school aged youth in the area.

HRM Recreation, along with Base Y, are currently working on a workshop that will be held at both Cole Harbour and Auburn High to engage youth and figure out what their priorities are for District 4. After we collect this information, we'll be able to better serve the youth in District 4.

Email [baseyouth@gmail.com](mailto:baseyouth@gmail.com) for more information or to reserve a spot in our CREATEExpression workshop.



Due to Canada Post distribution areas, some residences which are not in District 4 may receive this newsletter. I apologize for any confusion this may cause and hope you still find the information useful.

### **HOW CAN WE HELP?** My Office is here to serve you

#### **CONTACT ME:**



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#### **STAY CONNECTED STAY INFORMED**

- [www.engagingcoleharbour.ca](http://www.engagingcoleharbour.ca)
- [www.facebook.com/LoreleiNicoll-District 4](https://www.facebook.com/LoreleiNicoll-District-4)
- [@loleleinicoll](https://twitter.com/loleleinicoll)

The information or opinions on these sites are not necessarily endorsed by the Halifax Regional Municipality

#### **CALL CENTRE: 311**

*We Can Help!* 7 days a week, 7:00 am to 11:00 pm  
**3-1-1** (except Christmas and New Year's Day)  
**HRM SERVICES** Your fastest way to access information on a wide variety of municipal services and information.

HRM Call Centre TTY/TDD line (Hearing impaired) -  
490-6645

RCMP, Cole Harbour Detachment - 902-244-7208  
1-800-803-7267

Fire Non-emergency - 490-5020

Councillors' Office - 490-4050

Cole Harbour Place - 464-5100

Cole Harbour Public Library - 434-6177

Water bill inquiries - 490-4820