



# SUMMER <sup>2019</sup> RECREATION PROGRAMS

## SHEET HARBOUR

East Ship Harbour to Ecum Secum  
 22756 Highway #7 Bluewater Building  
 Telephone: 902.885.2988  
 Toll Free: 1.866.522.2422

## SUMMER CAMPS

### Preschool

Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
Preschool Sports - Tumblebugs	3-5	Tu	10:00	45	Sheet Harbour Rec Office	4	00012515	9-Jul-19	\$11.08

### Child

Pottery - Hands On Hand-made Pottery	8+	M	13:30	150	Sheet Harbour Rec Office	1	00012513	8-Jul-19	\$45.64
Pottery - Hands On Hand-made Pottery	8+	M	13:30	150	Sheet Harbour Rec Office	1	00012514	22-Jul-19	\$45.64
Summer Camp - Lakefront Summer Fun	5+	W	9:30	150	Lakefront Consolidated Playground	1	00012466	3-Jul-19	\$5.87
Summer Camp - Lakefront Summer Fun	5+	W	9:30	150	Lakefront Consolidated Playground	1	00012510	10-Jul-19	\$5.87
Summer Camp - Lakefront Summer Fun	5+	W	9:30	150	Lakefront Consolidated Playground	1	00012511	17-Jul-19	\$5.87
Summer Camp - Lakefront Summer Fun	5+	W	9:30	150	Lakefront Consolidated Playground	1	00012512	24-Jul-19	\$5.87

### Youth

Pottery - Hands On Hand-made Pottery	8+	M	13:30	150	Sheet Harbour Rec Office	1	00012513	8-Jul-19	\$45.64
Pottery - Hands On Hand-made Pottery	8+	M	13:30	150	Sheet Harbour Rec Office	1	00012514	22-Jul-19	\$45.64
HRM Youth Leadership Information Session	13+	Th	18:00	60	Sheet Harbour Rec Office	1	00008998	20-Jun-19	FREE
Safety & Sea Kayaking	10+	Th	18:00	150	Coastal Adventures - Tangier	1	00012508	11-Jul-19	\$20.00
Safety & Sea Kayaking	10+	Th	18:00	150	Coastal Adventures - Tangier	1	00012509	8-Aug-19	\$20.00
1/2 Day Sea Kayaking (*conditions apply)	10+	F	9:00	240	Coastal Adventures - Tangier	1	00012504	12-Jul-19	\$50.00
1/2 Day Sea Kayaking (*conditions apply)	10+	Sa	9:00	240	Coastal Adventures - Tangier	1	00012505	13-Jul-19	\$50.00
1/2 Day Sea Kayaking (*conditions apply)	10+	F	9:00	240	Coastal Adventures - Tangier	1	00012506	9-Aug-19	\$50.00
1/2 Day Sea Kayaking (*conditions apply)	10+	Sa	9:00	240	Coastal Adventures - Tangier	1	00012507	10-Aug-19	\$50.00

### Adult

Yoga - Chair Yoga	18+	F	14:00	60	Sheet Harbour Rec Office	5	00012405	28-Jun-19	\$24.85
Pottery - Hands On Hand-made Pottery	18+	M	13:30	150	Sheet Harbour Rec Office	1	00012513	8-Jul-19	\$45.64
Pottery - Hands On Hand-made Pottery	18+	M	13:30	150	Sheet Harbour Rec Office	1	00012514	22-Jul-19	\$45.64
General Interest - Foodhandlers Course	13+	Sa	9:00	420	Sheet Harbour Rec Office	1	00012421	8-Jun-19	\$35.00
Waterfront, Citadel & Gardens Tour	18+	W	8:30	510	Eastern Shore REC Bus	1	00012599	17-Jul-19	\$39.00

Friends of Taylor Head interpretive program is led by volunteers. All events are FREE with activity levels ranging from easy to difficult. For everything you need to know about each of the following events please contact the Recreation Office at 902.885.2988 or visit <http://www.friendsoftaylorhead.com/events-2019/>. Meet at Taylor Head Kiosk (last parking lot)

Wildflower Walk (EASY)		Sa	10:00	240	Kiosk at Taylor Head	1		22-Jun-19	FREE
Natural History Walk: (DIFFICULT) Wildflowers, Wildlife & Geology		Su	10:00	300	Kiosk at Taylor Head	1		21-Jul-19	FREE
Nova Scotia Bird Society: (MODERATE/DIFF.) Mid-Summer Bird Watching Walk		Sa	9:00	300	Kiosk at Taylor Head	1		03-Aug-19	FREE
Night Walk: (EASY) After Dark Sights and Sounds		Sa	21:00	120	Kiosk at Taylor Head	1		24-Aug-19	FREE

### Summer Day Camps

Splash Into Summer	5-12	Tu	8:30 AM	8.0	Sheet Harbour Rec Office	02-Jul-2019	1	00009686	\$18.80
Splash Into Summer	5-12	W	8:30 AM	8.0	Sheet Harbour Rec Office	03-Jul-2019	1	00009688	\$18.80
Splash Into Summer	5-12	Th	8:30 AM	8.0	Sheet Harbour Rec Office	04-Jul-2019	1	00009694	\$18.80
Splash Into Summer	5-12	F	8:30 AM	8.0	Sheet Harbour Rec Office	05-Jul-2019	1	00009697	\$18.80
Ooey, Goey Fun	5-12	Tu	8:30 AM	8.0	Sheet Harbour Rec Office	09-Jul-2019	1	00009699	\$18.80
Ooey, Goey Fun	5-12	W	8:30 AM	8.0	Sheet Harbour Rec Office	10-Jul-2019	1	00009700	\$18.80

Ooey, Gooney Fun	5-12	Th	8:30 AM	8.0	Sheet Harbour Rec Office	11-Jul-2019	1	00009701	\$18.80
Alive and Outside	5-12	M	8:30 AM	8.0	Sheet Harbour Rec Office	15-Jul-2019	1	00009709	\$18.80
Alive and Outside	5-12	Tu	8:30 AM	8.0	Sheet Harbour Rec Office	16-Jul-2019	1	00009710	\$18.80
Alive and Outside	5-12	W	8:30 AM	8.0	Sheet Harbour Rec Office	17-Jul-2019	1	00009712	\$18.80
Alive and Outside	5-12	Th	8:30 AM	8.0	Sheet Harbour Rec Office	18-Jul-2019	1	00009713	\$18.80
Alive and Outside	5-12	F	8:30 AM	8.0	Sheet Harbour Rec Office	19-Jul-2019	1	00009715	\$18.80
Lets Get Messy	5-12	Tu	8:30 AM	8.0	Sheet Harbour Rec Office	23-Jul-2019	1	00009725	\$18.80
Lets Get Messy	5-12	W	8:30 AM	8.0	Sheet Harbour Rec Office	24-Jul-2019	1	00009730	\$18.80
Lets Get Messy	5-12	Th	8:30 AM	8.0	Sheet Harbour Rec Office	25-Jul-2019	1	00009731	\$18.80
Outdoor Adventures	5-12	M	8:30 AM	8.0	Sheet Harbour Rec Office	29-Jul-2019	1	00009733	\$18.80
Outdoor Adventures	5-12	Tu	8:30 AM	8.0	Sheet Harbour Rec Office	30-Jul-2019	1	00009735	\$18.80
Outdoor Adventures	5-12	W	8:30 AM	8.0	Sheet Harbour Rec Office	31-Jul-2019	1	00009738	\$18.80
Outdoor Adventures	5-12	Th	8:30 AM	8.0	Sheet Harbour Rec Office	01-Aug-2019	1	00009739	\$18.80
Outdoor Adventures	5-12	F	8:30 AM	8.0	Sheet Harbour Rec Office	02-Aug-2019	1	00009741	\$18.80
Lights, Camera, Action	5-12	Tu	8:30 AM	8.0	Sheet Harbour Rec Office	06-Aug-2019	1	00009742	\$18.80
Lights, Camera, Action	5-12	W	8:30 AM	8.0	Sheet Harbour Rec Office	07-Aug-2019	1	00009745	\$18.80
Lights, Camera, Action	5-12	Th	8:30 AM	8.0	Sheet Harbour Rec Office	08-Aug-2019	1	00009746	\$18.80
Festival Fun	5-12	M	8:30 AM	8.0	Sheet Harbour Rec Office	12-Aug-2019	1	00009750	\$18.80
Festival Fun	5-12	Tu	8:30 AM	8.0	Sheet Harbour Rec Office	13-Aug-2019	1	00009751	\$18.80
Festival Fun	5-12	W	8:30 AM	8.0	Sheet Harbour Rec Office	14-Aug-2019	1	00009752	\$18.80
Festival Fun	5-12	Th	8:30 AM	8.0	Sheet Harbour Rec Office	15-Aug-2019	1	00009754	\$18.80
Festival Fun	5-12	F	8:30 AM	8.0	Sheet Harbour Rec Office	16-Aug-2019	1	00009755	\$18.80
Community Kidz	5-12	Tu	8:30 AM	8.0	Sheet Harbour Rec Office	20-Aug-2019	1	00009816	\$18.80
Community Kidz	5-12	W	8:30 AM	8.0	Sheet Harbour Rec Office	21-Aug-2019	1	00009819	\$18.80
Community Kidz	5-12	Th	8:30 AM	8.0	Sheet Harbour Rec Office	22-Aug-2019	1	00009822	\$18.80

## FREE BEACH SWIM LESSONS held at Malay Falls Call 902-885-2988 for details

Session 1	Session 2	Session 3	Session 4
July 2	July 15	July 29	August 12
Monday - Friday/2 weeks 30 minute classes			

## YOUTH LEADERSHIP

Information Night  
Thursday, June 20  
Sheet Harbour Recreation Office  
@ 6:00PM

## Outdoor Movie

Everyone is invited to join us on Friday, August 9 at dusk for our 14th Annual Outdoor Movie. Bring your family and your lawn chairs to the Sheet Harbour Rockets Field for this enjoyable evening event. Canteen available on site. Movie title to be announced closer to event date. For more information please call the Recreation Office at 902.885.2988.



# Seaside Fitness Centre

Bluewater Building

902.885.2654

Summer Hours of operation:  
Monday – Friday 7:30am – 11:30am & 5:00 - 9:00 PM  
Saturday 8:00am – 12:00pm

Membership Fees	Adult	Student	Senior	Family
Drop In (1 visit)	\$5.00	\$3.00	\$4.00	N.A.
10 Visit Card	\$33.00	\$24.75	\$24.75	N.A.
One Month	\$43.00	\$32.25	\$32.25	N.A.
Three Month	\$115.00	\$86.25	\$86.25	\$170.00
12 Month	\$280.00	\$210.00	\$210.00	\$420.00

