



# Rural Recreation Opportunities August 2020

## Sheet Harbour & Area

Register Online: [www.halifax.ca/myrec](http://www.halifax.ca/myrec)

Register by phone: 902.885.2988 or 1.866.522.2422 (Recreation Office)

Course Name	Ages	Day	Start Time	Duration	Location	Date	Course Code
Guided Nature Walk—Falls & Art Park	Family	Tu	10:00 AM	1.5h	Sheet Harbour Art Park	4-Aug	00032193
On The Spot—Skateboarding	Family	Tu	3:00 PM	1h15m	Sheet Harbour Lion's Community Centre — Rink	4-Aug	00032450
Fundamental Fun	Family	W	10:00 AM	1.5h	Sheet Harbour Rockets Field	5-Aug	00032451
On the Spot—Geocaching 101	Family	W	6:30 PM	2h	Sheet Harbour Recreation Office & Seaside Fitness	5-Aug	00032473
Guided Nature Hike—Taylor Head Beach	Family	Th	10:00 AM	3.5h	Taylor Head Provincial Park Beach	6-Aug	00032466
On The Spot—Bracelet Making	5-12	Th	3:00 PM	1h	Sheet Harbour Recreation Office & Seaside Fitness	6-Aug	00032461
Softball Skills & Ballfield Fun	5-12	F	10:00 AM	1.5h	Sheet Harbour Rockets Field	7-Aug	00032454
Sidewalk Challenge—Amazing Race	All Ages	M	6:30 PM	2h	Sheet Harbour Recreation Office & Seaside Fitness	10-Aug	00032457
Guided Nature Hike—Taylor Head Beach	Family	Tu	10:00 AM	3h	Taylor Head Provincial Park Beach	11-Aug	00032465
On The Spot—Canvas Painting	5-12	Tu	3:00 PM	1h15m	Sheet Harbour Recreation Office & Seaside Fitness	11-Aug	00032459
Softball Skills & Ballfield Fun	5-12	W	10:00 AM	1.5h	Sheet Harbour Rockets Field	12-Aug	00032452
Sidewalk SCAVENGER HUNT Challenge	Family	Th	12:30 PM	1.5h	Sheet Harbour Recreation Office & Seaside Fitness	13-Aug	00032464
On The Spot—Sidewalk Chalk	Family	Th	3:00 PM	1h	Sheet Harbour Recreation Office & Seaside Fitness	13-Aug	00032460
Softball Skills & Ballfield Fun	5-12	F	10:00 AM	1.5h	Sheet Harbour Rockets Field	14-Aug	00032455

Sidewalk Challenge—Minute to Win It	Family	M	2:00 PM	2h	Sheet Harbour Recreation Office & Seaside Fitness	17-Aug	00032458
On The Spot—SLIME	5-12	Tu	1:00 PM	1h	Sheet Harbour Recreation Office & Seaside Fitness	18-Aug	00032462
On The Spot—Tie Dye	5-12	Tu	3:00 PM	1.5h	Sheet Harbour Recreation Office & Seaside Fitness	18-Aug	00032463
Softball Skills & Ballfield Fun	5-12	W	10:00 AM	1.5h	Sheet Harbour Rockets Field	19-Aug	00032453
Guided Nature Hike—Spry Bay Trail	Family	Th	10:00 AM	4h	Taylor Head Provincial Park Beach	20-Aug	00032467
Softball Skills & Ballfield Fun	5-12	F	10:00 AM	1.5h	Sheet Harbour Rockets Field	21-Aug	00032456