

June 2021

# RECREATION PROGRAMS



HALIFAX

# RECREATION PROGRAMS

Program Name	Age	Day	Start Time	Duration	Area	Location	Start Date	Sessions	Code	Fee
<b>FAMILY PROGRAMS</b>										
Back Yard Play Box Loan Program	All Ages	F	9:00 AM	1.5hr	Musq Valley	Musq Valley Recreation Office	10-Jun	12	00042131	FREE
Back Yard Play Box Loan Program	All Ages	F	9:00 AM	1.5hr	Musq Valley	Musq Valley Recreation Office	24-Jun	12	00042132	FREE
Family Fitness Walking Group	All Ages	M	8:00 AM	2hr	North Preston	North Preston Community Centre	14-Jun	20	00041924	FREE
Family Gardening	All Ages	M	9:00 AM	1.5hr	North Preston	North Preston Community Centre	14-Jun	9	00041927	FREE
Try it: Family Compass Fun	5+	Sa	10:00 AM	45min	Adventure Earth	Fleming Park	19-Jun	1	00042133	FREE
Family Creative Fun	All Ages	Sa	1:00 PM	2hr	Adventure Earth	Fleming Park	19-Jun	1	00042134	FREE

<b>PRESCHOOL PROGRAMS</b>										
Arts & Crafts—Pick-up Crafts Package	3–5	M	5:00 PM	1hr	Halifax	Chocolate Lake Community Centre	21-Jun	1	00041942	\$10.00
Arts & Crafts—Pick-up Crafts Package	3–5	M	5:00 PM	1hr	Halifax	Chocolate Lake Community Centre	14-Jun	1	00041944	\$10.00
Arts & Crafts—Pick-up Crafts Package	3–5	Tu	5:00 PM	2hr	Spryfield	Captain William Spry Centre	15-Jun	1	00041935	\$10.00
Preschool Play—Preschool Adventurers	3–5	W	10:00 AM	1hr	Musq Harbour	Musq Harbour Community Ctr	15-Jun	3	00042137	FREE
Preschool Play—Outdoor Explorers	3–5	Tu	3:00 PM	1hr	Sheet Harbour	Lions Playground	15-Jun	1	00041906	FREE
Preschool Play—Outdoor Explorers	3–5	Tu	3:00 PM	1hr	Sheet Harbour	Lions Playground	22-Jun	1	00041907	FREE

<b>CHILD &amp; YOUTH PROGRAMS</b>										
Arts & Crafts—Pick-up Crafts Package	5–10	M	5:00 PM	1hr	Halifax	Chocolate Lake Community Centre	14-Jun	1	00041934	\$10.00
Arts & Crafts—Pick-up Crafts Package	5–10	M	5:00 PM	1hr	Halifax	Chocolate Lake Community Centre	21-Jun	1	00041937	\$10.00
Adventure Kids	5–12	Tu	6:00 PM	1hr	Sheet Harbour	Lions Playground	15-Jun	1	00041910	FREE
Adventure Kids	5–12	Tu	6:00 PM	1hr	Sheet Harbour	Lions Playground	22-Jun	1	00041911	FREE
Field Play	6–12	W	6:00 PM	1.5 hr	Musq Valley	Musq Valley Education Centre	9-Jun	4	00042141	FREE
H.E.A.T Nights	12–19	Th	6:30 PM	2hr	Adventure Earth	Shubie Park	17-Jun	1	00042135	FREE
H.E.A.T Nights	12–19	Tu	6:30 PM	2hr	Adventure Earth	Fleming Park	22-Jun	1	00042136	FREE
Kids Adventurers—Giant Games	5–12	M	6:00 PM	1hr	Musq Harbour	Musq Harbour Community Ctr	14-Jun	1	00042138	FREE
Kids Adventurers—Mystery Theme	5–12	M	6:00 PM	1hr	Musq Harbour	Musq Harbour Community Ctr	21-Jun	1	00042139	FREE
Kids Adventurers—Great Outdoors	5–12	M	6:00 PM	1hr	Musq Harbour	Musq Harbour Community Ctr	28-Jun	1	00042140	FREE
Nature Adventures	5–8	Sa	2:00 PM	2hr	Dartmouth	Findlay Community Centre (Park)	12-Jun	1	00041890	FREE

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Nature Adventures	5-8	Sa	2:00 PM	2hr	Dartmouth	Findlay Community Centre (Park)	19-Jun	1	00041891	FREE
Nature Adventures	8-12	Sa	2:00 PM	2hr	Dartmouth	Findlay Community Centre (Park)	26-Jun	1	00041892	FREE
REC Games & Activities—Outdoors	6-8	M	6:00 PM	1hr	Spryfield	Captain William Spry Centre	14-Jun	3	00041939	\$11.70
REC Games & Activities—Outdoors	9-11	M	7:00 PM	1hr	Spryfield	Captain William Spry Centre	14-Jun	3	00041941	\$11.70
REC Games & Activities—Outdoors	6-9	W	4:30 PM	1hr	Halifax	Chocolate Lake Community Centre	16-Jun	3	00041901	\$10.17
REC Games & Activities—Outdoors	9-12	W	5:45 PM	1hr	Halifax	Chocolate Lake Community Centre	16-Jun	3	00041936	\$10.17
Sport—Frisbee Golf	7-13	Th	4:00 PM	1hr	Halifax	George Dixon Community Centre	10-Jun	1	00041946	FREE
Sport—Frisbee Golf	7-13	Th	4:00 PM	1hr	Halifax	George Dixon Community Centre	17-Jun	1	00041947	FREE
Sport—Lacrosse	5-13	Sa	10:00 AM	1hr	North Preston	North Preston Community Centre	12-Jun	3	00041926	FREE
Sport—Soccer	6-8	Sa	2:00 PM	1hr	Dartmouth	John Martin Junior High	12-Jun	3	00041899	FREE
Sport—Soccer	6-8	Sa	3:15 PM	1hr	Dartmouth	John Martin Junior High	12-Jun	3	00041900	FREE
Sport—TrySport	9-14	W	4:00 PM	1hr	North Preston	North Preston Community Centre	16-Jun	3	00041923	FREE
Yoga—Children's Yoga	8-12	W	6:00 PM	1hr	Sackville	Kinsmen Park	16-Jun	3	00042129	\$9.72
Youth Activity Night	13-16	W	6:30 PM	1.5hr	Musq Harbour	Musq Harbour Community Ctr	16-Jun	1	00042142	FREE
Youth Activity Night	13-16	W	6:30 PM	1.5hr	Musq Harbour	Musq Harbour Community Ctr	23-Jun	1	00042143	FREE
Youth Activity Night	13-16	W	6:30 PM	1.5hr	Musq Harbour	Musq Harbour Community Ctr	30-Jun	1	00042144	FREE
Youth Activity Night	12-18	Th	6:30 PM	1.5hr	Sheet Harbour	Sheet Harbour Lions Ctr (Rink)	10-Jun	1	00041912	FREE
Youth Activity Night	12-18	Th	6:30 PM	1.5hr	Sheet Harbour	Sheet Harbour Lions Ctr (Rink)	17-Jun	1	00041913	FREE
Youth Activity Night	12-18	Th	6:30 PM	1.5hr	Sheet Harbour	Sheet Harbour Lions Ctr (Rink)	24-Jun	1	00041914	FREE

## ADULT PROGRAMS

Nordic Walking	18+	M	6:30 PM	1hr	Lakeside	BLT Trail—Coke Plant in Beechville	14-Jun	1	00041917	FREE
Nordic Walking	18+	W	6:30 PM	1hr	Lakeside	Long Lake Park—Dunbrack St. Parking Lot	16-Jun	1	00041918	FREE
Nordic Walking	18+	M	6:30 PM	1hr	Lakeside	Mainland North Linear Trail—Westridge St. Ballfield	21-Jun	1	00041919	FREE
Nordic Walking	18+	W	6:30 PM	1hr	Lakeside	Thornhill & Leiblin Park—Elizabeth Sutherland School	23-Jun	1	00041920	FREE
Nordic Walking	18+	M	6:30 PM	1hr	Lakeside	BLT Trail—St. Andrews Church in Timberlea	28-Jun	1	00041921	FREE

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Nordic Walking	18+	W	6:30 PM	1hr	Lakeside	Dingle—Bandstand	30-Jun	1	00041922	FREE
Fitness—Boot Camp Outdoor Only	18+	Tu,Th	12:00 PM	1hr	Halifax	Needham Community Centre	10-Jun	6	00041929	\$25.56
Fitness—Open Air Cardio & Sculpt	18+	Th	9:00 AM	1hr	Dartmouth	Findlay Community Centre	10-Jun	3	00041894	\$12.78
Fitness—Cardio & Weights	18+	Tu	10:30 AM	45min	Musq Harbour	Musq Harbour Community Ctr	15-Jun	3	00042147	\$9.57
Fitness—Circuit Fitness	18+	M	9:15 AM	1hr	Eastern Passage	Tallahassee Recreation Centre	14-Jun	3	00041895	\$12.78
Fitness—Circuit Fitness	18+	Th	9:15 AM	1hr	Eastern Passage	Tallahassee Recreation Centre	10-Jun	3	00041896	\$12.78
Fitness—CrossFit and Abs	18+	Th	6:00 PM	1hr	Cole Harbour	Cole Harbour Recreation Centre	10-Jun	4	00041887	\$17.04
Fitness—CrossFit and Abs Outdoors	18+	Tu	6:00 PM	1hr	Cole Harbour	Cole Harbour Recreation Centre	15-Jun	3	00041886	\$12.78
Fitness—Gentle Fitness	18+	Tu	9:30 AM	45min	Musq Harbour	Musq Harbour Community Ctr	15-Jun	3	00042146	\$9.57
Fitness—Cardio Core	18+	Th	9:00 AM	1hr	Fall River	Gordon R Snow Community Centre	10-Jun	4	00042128	\$17.04
Fitness—Total Fit	18+	M	7:00 PM	45min	Musq Harbour	Musq Harbour Community Ctr	14-Jun	3	00042145	\$9.57
Family Fitness Core Fitness	18+	M	7:30 PM	1hr	North Preston	North Preston Community Centre	14-Jun	3	00041925	FREE
Walking Meet Up	18+	Tu	9:30 AM	1hr	Bedford	Sandy Lake Park	15-Jun	3	00042130	FREE
Yoga	18+	Tu	11:00 AM	1hr	Cole Harbour	Cole Harbour Recreation Centre	15-Jun	3	00041902	\$14.91
Yoga	18+	Th	10:30 AM	1hr15min	Cole Harbour	Cole Harbour Recreation Centre	10-Jun	3	00041903	\$18.63
Yoga	18+	Th	12:00 PM	1hr15min	Cole Harbour	Cole Harbour Recreation Centre	10-Jun	3	00041904	\$18.63
Yoga	18+	W	6:30 PM	1hr	Eastern Passage	Tallahassee Recreation Centre	16-Jun	3	00041897	\$14.91
Yoga	18+	Su	6:30 PM	1hr	Eastern Passage	Tallahassee Recreation Centre	13-Jun	3	00041898	\$14.91
Yoga—Gentle Yoga	18+	M	1:30 PM	1hr15min	Musq Harbour	Musq Harbour Community Ctr	14-Jun	3	00042148	\$18.63
Yoga—Gentle Yoga	18+	W	9:30 AM	1hr15min	Musq Harbour	Ship Harbour Community Centre	11-Jun	3	00042149	\$18.63
Yoga—Gentle Yoga	18+	W	1:00 PM	1hr	Sheet Harbour	Sheet Harbour Lions Ctr (Rink)	16-Jun	3	00041908	\$14.91
Yoga—Mellow Flow	18+	W	6:30 PM	1hr	Musq Harbour	Musq Harbour Community Ctr	9-Jun	4	00042150	\$19.88
Yoga—Open Air	16+	Tu	9:00 AM	1hr	Dartmouth	Findlay Community Centre	15-Jun	4	00041893	\$19.88
Zumba	18+	W	6:00 PM	1hr	Fall River	Gordon R Snow Community Centre	16-Jun	3	00042127	\$15.00
Zumba Gold Outdoors	18+	M	10:00 AM	1hr	Cole Harbour	Cole Harbour Recreation Centre	14-Jun	3	00041885	\$15.00
Zumba Gold Outdoors	18+	W	10:00 AM	1hr	Cole Harbour	Cole Harbour Recreation Centre	16-Jun	3	00041888	\$15.00