



HALIFAX

SPRING & SUMMER 2018

Recreation Program Catalogue

Spring registration | March 7 & March 21
Summer registration | March 28, June 6 & July 11



2018 SUMMER EMPLOYMENT

Beaches & Bedford Outdoor Pool

Open | February 6, 2018

Deadlines:

Aquatic Coordinator | February 18, 2018

Remaining positions | March 2, 2018

Adventure Earth Centre

Open | February 6, 2018

Deadlines:

Adventure Earth Coordinator and Youth Leadership Coordinator | February 18, 2018

Spring Coordinator, Camp Cooks, and Remaining Positions | March 1, 2018

Recreation Summer Manager & Instructor

Open | February 15, 2018

Deadlines:

Summer Manager/Coordinator, Youth Leadership Coordinator, and Inclusion Coordinator | April 3, 2018

Summer Instructor | April 22, 2018

Online applications only at halifax.ca/rec/employment

NEW IN 2018: Applications can be accepted from mobile devices.

REGISTRATION INFORMATION ON PAGE 115

Spring Registration | 10 a.m.
March 7 & March 21

Summer Registration | 10 a.m.
March 28, June 6 & July 11

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HALIFAX RECREATION

Strives to enrich the lives of residents & create vibrant communities by providing inclusive, affordable & accessible recreation services, facilities, & programs.

Our recreation programs & services aim to:

- Reflect the uniqueness & character of our communities & neighborhoods
- Offer accessible, inclusive & affordable programs & services
- Promote well-being & active lifestyles
- Emphasize priority groups like children, youth & neighborhoods



Due to the advanced printing of this catalogue, some information may have changed. For the most up-to-date information on program offerings, visit halifax.ca/RecConnect or contact your local recreation centre.

Please note all courses are introductory level unless otherwise stated.

Spring Programs

STARTING IN
APRIL

Summer Programs

STARTING IN
JUNE

CONTACT

halifax.ca/recreation

902.490.6666

@hfxrec

Take Control – Onsite, Online, or On the Go



Imagine faster, online registration at the busiest times; easy access to your account information; and quickly managing your family's recreation experience from your fingertips. This summer, we're launching new software to make it easier for you to register for the programs you love.



Gordon R. Snow Community Centre

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Indoor	16m-2	F	10:00AM-10:45AM	Apr 13	8	419183	\$89
Parent & Child Multisport Indoor	2-3	F	11:00AM-11:45AM	Apr 13	8	419184	\$89
Multi-sport Indoor	3-5	F	12:00PM-1:00PM	Apr 13	8	419185	\$89

George Dixon Community Centre

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Indoor	16m-2	Th	9:30AM-10:15AM	Apr 19	8	415845	\$89
Parent & Child Multisport Indoor	2-3	Th	10:15AM-11:00AM	Apr 19	8	415843	\$89
Multi-Sport Indoor	3-5	Th	11:00AM-12:00PM	Apr 19	8	415840	\$89

Isleville Centre

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Indoor	2-3	W	4:45PM-5:30PM	Apr 18	8	415824	\$89
Multi-Sport Indoor	3-5	W	5:30PM-6:30PM	Apr 18	8	415823	\$89
Multi-Sport Indoor	6-8	W	6:30PM-7:30PM	Apr 18	8	415825	\$89
Parent & Child Multisport Indoor	2-3	Sa	4:30PM-5:15PM	Apr 14	8	415842	\$89
Parent & Child Multisport Indoor	2-3	Sa	5:15PM-6:00PM	Apr 14	8	415846	\$89
Parent & Child Multisport Indoor	2-3	Sa	9:30AM-10:15AM	Jul 7	7	415995	\$78
Parent & Child Multisport Indoor	16m-2	Sa	8:30AM-9:15AM	Jul 7	7	415996	\$78

Isleville Park

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Outdoor	16m-2	Th	9:30AM-10:15AM	Jul 12	7	415997	\$78
Parent & Child Multisport Outdoor	2-3	Th	10:15AM-11:00AM	Jul 12	7	415998	\$78
Parent & Child Soccer Outdoor	2-3	W	4:00PM-4:45PM	Jul 11	7	415999	\$145*
Soccer/T-Ball Outdoor	3-5	W	5:00PM-6:00PM	Jul 11	7	416000	\$145*
Multi-Sport Outdoor	3-5	Th	11:00AM-12:00PM	Jul 12	7	416001	\$78
Multi-Sport Outdoor	3-5	Sa	11:00AM-12:00PM	Jul 7	7	416002	\$78
Multi-Sport Outdoor	6-8	Sa	12:00PM-1:00PM	Jul 7	7	415947	\$78
Soccer Outdoor	6-8	W	6:00PM-7:00PM	Jul 11	7	415948	\$145*
FITKIDS Outdoor	9-12	W	7:00PM-8:00PM	Jul 11	7	415949	\$78

St. Stephen's School

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Multi-Sport Indoor	6-8	Sa	2:00PM-3:00PM	Apr 7	7	415826	\$78
Multi-Sport Indoor	3-5	Sa	3:00PM-4:00PM	Apr 7	7	415841	\$78

Larry O'Connell

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Tennis Outdoor	3 ^{1/2} -5	Th	5:00PM-6:00PM	Jul 12	7	418838	\$120
Tennis Outdoor	6-8	Th	6:00PM-7:00PM	Jul 12	7	418840	\$120

Needham Community Centre

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multi-Sport Indoor	16m-2	Su	9:00AM-9:45AM	May 6	7	415837	\$78
Parent & Child Multisport Indoor	2-3	Su	10:00AM-10:45AM	May 6	7	415838	\$78
Multi-Sport Indoor	3-5	Su	11:00AM-12:00PM	May 6	7	415839	\$78

Chocolate Lake Community Centre

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Indoor	16m-2	Tu	9:30AM-10:15AM	Apr 17	8	415475	\$89
Parent & Child Multisport Indoor	2-3	Tu	10:15AM-11:00AM	Apr 17	8	415476	\$89
Multi-Sport Indoor	3-5	Tu	11:00AM-12:00PM	Apr 17	8	415478	\$89

South Common

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Outdoor	16m-2	Su	9:00AM-9:45AM	Jul 8	7	416003	\$145*
Soccer/TBall Outdoor	2-3 ^{1/2}	Su	10:00AM-10:45AM	Jul 8	7	416004	\$145*
Soccer Outdoor	3 ^{1/2} -5	Su	11:00AM-12:00PM	Jul 8	7	416005	\$145*

Conrose Park

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Outdoor	2-3 ^{1/2}	Tu	5:00PM-5:45PM	Jul 10	7	416010	\$110
Multi-Sport Outdoor	3 ^{1/2} -5	Tu	6:00PM-7:00PM	Jul 10	7	416011	\$110
Multi-Sport Outdoor	6-8	Tu	7:00PM-8:00PM	Jul 10	7	416012	\$110

* Price includes soccer ball and jersey

Prices and programs are subject to change

Bedford-Hammonds Plains Community Centre

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Indoor	16m-2	M	9:00AM-9:45AM	Apr 16	8	415611	\$89
Parent & Child Multisport Indoor	2-3	M	10:00AM-10:45AM	Apr 16	8	415612	\$89
Multisport Indoor	3-5	M	11:00AM-12:00PM	Apr 16	8	415613	\$89
Parent & Child Multisport Indoor	16m-2	Th	4:00PM-4:45PM	Apr 19	8	415614	\$89
Parent & Child Multisport Indoor	2-3	Th	5:00PM-5:45PM	Apr 19	8	415615	\$89
Multisport Indoor	3-5	Th	5:45PM-6:45PM	Apr 19	8	415616	\$89
Parent & Child Multisport Indoor	16m-2	F	9:00AM-9:45AM	Apr 13	8	415617	\$89
Parent & Child Multisport Indoor	2-3	F	10:00AM-10:45AM	Apr 13	8	415618	\$89
Multisport Indoor	3-5	F	11:00AM-12:00PM	Apr 13	8	415619	\$89
Parent & Child Multisport Indoor	16m-2	Su	3:45PM-4:30PM	Apr 15	8	415620	\$89
Parent & Child Multisport Indoor	2-3	Su	4:30PM-5:15PM	Apr 15	8	415621	\$89
Multisport Indoor	3-5	Su	2:30PM-3:30PM	Apr 15	8	415622	\$89
Parent & Child Multisport Indoor	16m-2	M	9:00AM-9:45AM	Jul 9	7	415676	\$78
Parent & Child Multisport Indoor	2-3	M	10:00AM-10:45AM	Jul 9	7	415677	\$78
Multisport Indoor	3-5	M	11:00AM-12:00PM	Jul 9	7	415678	\$78
Parent & Child Multisport Indoor	16m-2	Th	4:00PM-4:45PM	Jul 12	7	415679	\$78
Parent & Child Multisport Indoor	2-3	Th	5:00PM-5:45PM	Jul 12	7	415680	\$78
Multisport Indoor	3-5	Th	5:45PM-6:45PM	Jul 12	7	415681	\$78
Parent & Child Multisport Indoor	16m-2	F	9:00AM-9:45AM	Jul 13	7	415682	\$78
Parent & Child Multisport Indoor	2-3	F	10:00AM-10:45AM	Jul 13	7	415683	\$78
Multisport Indoor	3-5	F	11:00AM-12:00PM	Jul 13	7	415684	\$78
Parent & Child Multisport Indoor	16m-2	Su	3:00PM-3:45PM	Jul 8	7	415685	\$78
Parent & Child Multisport Indoor	2-3	Su	3:45PM-4:30PM	Jul 8	7	415686	\$78

Bedford -Basinview School

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Outdoor soccer	6-8	Su	7:15PM-8:15PM	Jul 8	7	418333	\$145*
Outdoor soccer	2-3 ^{1/2}	Su	5:15PM-6:00PM	Jul 8	7	418379	\$145*
Outdoor soccer	3 ^{1/2} -5	Su	6:15PM-7:15PM	Jul 8	7	418380	\$145*

Lakeside Community Centre

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Indoor	16m-2	W	9:30AM-10:15AM	Apr 18	8	419180	\$89
Parent & Child Multisport Indoor	2-3	W	10:15AM-11:00AM	Apr 18	8	419181	\$89
Multi-Sport Indoor	3-5	W	11:00AM-12:00PM	Apr 18	8	419182	\$89

Cole Harbour -Forest Hills Common

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Soccer Outdoor	2-3	Sa	3:00PM-3:45PM	Jul 7	7	418451	\$145*
Soccer/T-Ball Outdoor	4-5	Sa	4:00PM-5:00PM	Jul 7	7	418452	\$145*
Soccer Outdoor	6-8	Sa	5:00PM-6:00PM	Jul 7	7	418453	\$145*

Eastern Passage - Tallahassee Ball Diamond

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Outdoor Soccer/Tball	3-5	Tu	5:15PM-6:15PM	Jul 10	7	418459	\$145*
Outdoor Soccer	6-8	Tu	6:15PM-7:15PM	Jul 10	7	418456	\$145*
Fitkids	9-12	Tu	7:15PM-8:15PM	Jul 10	7	418454	\$110

Eastern Passage -Seaside Elementary

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Outdoor soccer	2-3	Sa	11:00AM-11:45AM	Jul 7	7	418460	\$145*
Outdoor Soccer/Tball	3-5	Sa	12:00PM-1:00PM	Jul 7	7	418458	\$145*
Outdoor Soccer/Tball	6-8	Sa	1:00PM-2:00PM	Jul 7	7	418455	\$145*

Tallahassee Recreation Centre

Program Name	Age	Day	Time	Date	Classes	Code	Fee
Parent & Child Multisport Indoor	16m-2	Sa	11:15AM-12:00PM	Apr 14	8	417688	\$89
Parent & Child Multisport Indoor	2-3	Sa	12:15PM-1:00PM	Apr 14	8	417691	\$89
Multi-Sport Indoor	3-5	Sa	1:00PM-2:00PM	Apr 14	8	417696	\$89
Multi-Sport Indoor	5-8	M	2:30PM-4:00PM	Apr 16	8	417692	\$130
Multi-Sport Indoor	3-5	M	4:15PM-5:15PM	Apr 16	8	417693	\$89
Multi-Sport Indoor	3-5	M	5:15PM-6:00PM	Apr 16	8	417699	\$89

PHYSICAL LITERACY

Physical literacy is the motivation, confidence, physical competence, knowledge and understanding to value and take responsibility for engagement in physical activities for life.

- The International Physical Literacy Association, May 2014



Physical activity is a lot more fun when we're physically literate. If we want children to be active for life, they need to develop physical literacy at a young age.

Halifax Recreation values physical health and mental well-being for all. We are aligning our program service delivery standards to physical literacy, long-term athlete/participant development and HIGH FIVE® to give residents the best opportunity for health and well-being. Halifax Regional Municipality is offering a number of programs that promote physical literacy. See below for program descriptions.



- Run Jump Throw Wheel (RJTW) is a national program developed by Athletics Canada that teaches fundamental movement skills and develops physical literacy.
- Using track and field inspired games, activities and skill challenges lead by instructors specifically trained to teach the fundamentals of running, jumping, throwing and wheeling (for children in wheelchairs).



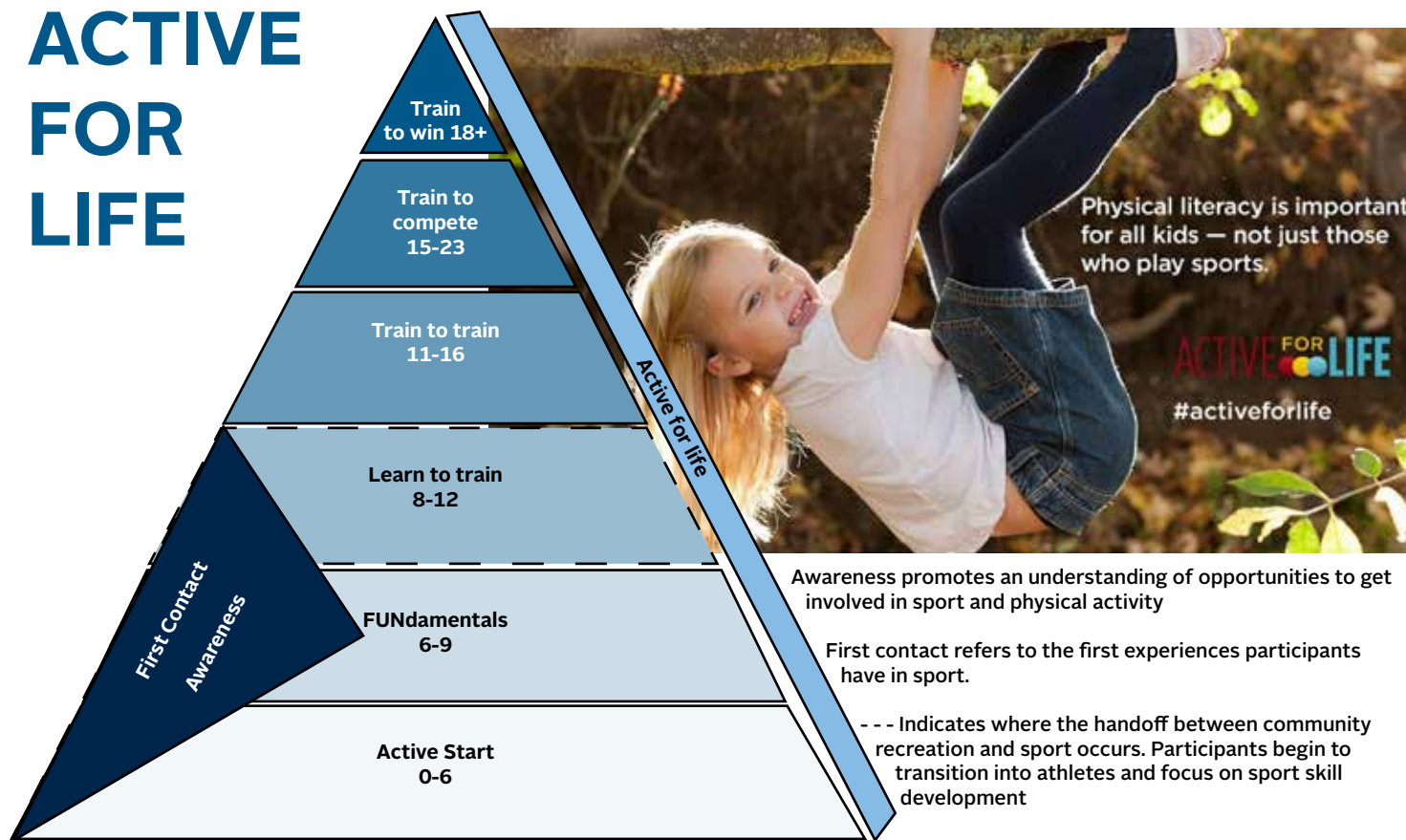
- Tumblebugs is an introductory program for basic movement and modified gymnastics that is fun, safe, inclusive and developmentally appropriate for 3 ½ to 5-year-old children in early childhood settings.
- Tumblebugs is about fundamental movement skills that support healthy growth and development, and improve physical literacy.



- Jr. NBA Rookie Division is an entry-level basketball program for young children 5 to 7 years old
- Provides a fun, active and healthy learning environment
- The Jr. NBA program is a 12 week program that runs once a week for 45 minutes
- Created in alliance with Canadian Sport 4 Life/Long Term Athlete Development initiatives.
- Aligned with Canada Basketball's Developmental Pathway
- Curriculum has been developed by NBA Basketball Operations and a team of experts in child development and physical literacy, and basketball fundamentals
- Games will be modified to be age-appropriate, simple and fun
- **Participants will receive a size-appropriate Spalding® Rookie Gear Basketball and NBA team branded t-shirt**



ACTIVE FOR LIFE



	WHERE	LEADERS	TRAINING	COMPETITION
Active for life	Municipal Recreation, Sport Clubs/Programs	N/A	N/A	N/A
Train to win	Post-Secondary Institutions, National Sport Organizations, Training Centres, Professional Sport	Professional Coaches, Integrated support teams	Regular structured practice, planned & periodization schedule, focus on 1 sport, Sport and position specific technical & tactical training	Selective, planned, 25% training to 75% actual competition and competition specific training
Train to compete	Schools, post-secondary Institutions, Provincial Sport Organizations, National Sport Organizations	Teachers, Volunteer & Professional Coaches, Sport Science, medicine & nutritional consultants	Regular structured practice, planned and periodization schedule, focus on 1 sport	Regular, 40% training to 60% actual competition and competition specific training
Train to train	Schools, Municipal Recreation, Provincial Sport Organizations	Teachers, Recreation Leaders, Volunteer & Professional Coaches	Regular structured practice, seasonal activities, more than 1 sport, sport-specific skill development	Regular, 60% training to 40% competition
Learn to train	Schools, Municipal Recreation, Community Sport Organizations, Home	Parents, Teachers, Recreation Leaders, Volunteer Coaches	Regular practice, seasonal activities, multiple sports, overall sport skills development	Occasional, 70% training to 30% competition
FUNDamentals	Schools, Municipal Recreation, Community Sport Organizations, Home	Parents, Teachers, Recreation Leaders, Volunteer Coaches	Unstructured & structured play, short seasons, multiple activities, overall movement skills	Minimal, all activity is FUN based
Active Start	Home, Day care, Pre-School programs, Municipal Recreation	Parents, Teachers, Day care providers	None; focus on basic movements	None

INCLUSION & FUNDING ACCESS

Access Funding Support

The Access Funding program is to provide recreation opportunities to children, youth and adults in financial need. Individuals who qualify are eligible for support for one program per season, pertaining to Fall/Winter/Spring seasons (please note that some programs may be excluded). During the summer months, additional financial support may be requested to enable children/youth to attend summer camps. For more information please contact accessfunding@halifax.ca

Applications can be picked up at any municipal recreation facility or downloaded at halifax.ca/recreation/programs-activities/funding-access-application

Inclusion Support

Parks and Recreation invites individuals of all abilities to participate in our recreation and leisure programs. The municipality is committed to providing safe & accessible programs for everyone to enjoy. We recognize that some of our citizens will require assistance to participate via adapted equipment, program modifications, and/or through the provision of one-to-one inclusion support staff if necessary.

Assessing a Participant's Need for Support

When assessing whether additional support is required, please consider the following:

- Is extra support required at school?
- Is extra help required at home for basic care?
- Is there an existing physical, medical, behavioral and/or developmental disability that could affect the safety and enjoyment of the participant or other participants?

If you answered yes to any of the above questions, please review the support options available. By not disclosing the needs of a participant prior to registration we may be required to withdraw the participant from the program until appropriate supports can be put in place or become available.

One-to-One Support-Summer Camps- Deadline for making Inclusion Support Request is April 12

During the summer months, the demand is higher for **one-to-one inclusion support**, therefore we require all inclusion requests to be made no later than April 12. During registration, please identify the preferred 3 weeks and any additional weeks being requested should support be available. Recreation staff will make every effort to accommodate participant's requests, based on available resources. For more information see Summer Inclusion Support Policy online: halifax.ca/recreation/programs-activities/policies-guidelines

Please Note: That municipal staff are not qualified to carry out procedures, such as catheterization, tube feeding, suctioning and injections; we require families to make the appropriate arrangements, if necessary.

Steps in the Inclusion Process

Step 1. Select the program that is compatible with the interests & abilities of the participant

Step 2. Register by phone or in person at your local community recreation centre, or online at halifax.ca/rec

- Participants will be registered at 100% Awaiting Approval. Program fees will be charged once the process is complete, unless you are registering online.
- If registering in person or by phone, staff will notify the coordinator responsible for the program and inform them that you are requesting **one-to-one inclusion support** for your child/youth.
- If registering using RecConnect, you are asked to contact your local recreation centre where program is located to notify that you are requesting **one-to-one inclusion support** no later than April 12.

Step 3. A meeting will be arranged to determine if Community Recreation Services can provide the appropriate supports necessary to ensure a safe and enjoyable experience for your child. We encourage participant/parent/caregiver to play a major role in helping to share information that will support the training needs of staff; program modifications and behavioural strategies required to be in place to ensure a safe and enjoyable experience for their child/youth. The partnership between families and the municipality is imperative to the inclusion process both before and after the program begins.



New Programming Options

Are you looking for programs for your child and youth with a smaller group size and trained staff who allow for “sensory accommodations, movement and recreation skills broken down and taught systematically” while exposing participants to meaningful community inclusion?

If so, Halifax Regional Municipality Parks and Recreation is partnering with “Playing and Learning Together” (a community based nonprofit agency) to offer programming options for children and youth requiring greater supports than our traditional camps currently offer. These programs will be delivered through a parallel programming model, which encourages and values peer interaction in inclusive recreation environments and are open to children and youth of all abilities.

Playing and Learning Together Summer Programs

To register please refer to the appropriate facilities program offerings:

Tallahassee Community Centre (9 a.m-4 p.m.)

Age 5-12 Jul. 3-6 (code: 417738) Age 5-12 Jul. 9-13 (code: 417739) Age 13-17 Jul. 16-20 (code: 417741)

Captain William Spry Center (9 a.m-4 p.m.)

Age 5-12 Jul. 23-27 (code: 417280) Age 5-12 Jul. 30-Aug. 3 (code: 417281) Age 13-17 Aug. 6-10 (code: 417282)

Bedford/Hammonds Plains Community Centre (9 a.m-4 p.m.)

Age 5-12 Aug 13-17 (code: 418880) Age 5-12 Aug 20-24 (code: 418881) Age 13-17 Aug 27-31 (code: 418882)

Adventuring Outdoors Together (code 417230)

Join us in learning basic outdoor skills and connecting to the natural world in the beautiful Shubie Park! This program will be structured to include youth of all abilities aged 13-24. Adaptations and modifications will be made as necessary and specialized equipment will be on site. If you require **one-on-one support** to participate, please register by April 12 to ensure a meeting can take place prior to the program to determine the supports needed. Municipal staff will be onsite to provide program activities, group management, and safety. This program will provide a welcoming environment and is totally inclusive to any youth with an interest in the outdoors! **August 8, 15, 22, and 29 6:30-8 p.m. Fairbanks Centre, Dartmouth**

YOUTH LEADERSHIP

JULY & AUGUST 2018

Youth Leadership is for youth aged 13+ (or completed grade 7) who want to develop **LEADERSHIP SKILLS** through fun & challenging learning experiences, spend time with peers at **SPECIAL EVENTS** that they help organize, & assist staff with **CHILDREN'S PROGRAMS** that will make a **DIFFERENCE** in their community.

Youth interested in the program must apply. Please register for the information session.

This is not a full time summer commitment for youth. Parents & youth must register & attend an information session to learn more about the program in their community.

DETAILS ON INFORMATION SESSIONS:

Adventure Earth Centrepg 15	Bedford & Hammonds Plainspg 21
Beechville/Lakeside/Timberleapg 25	Cole Harbourpg 30
Dartmouthpg 36	Eastern Passagepg 40
Fall Riverpg 44	Halifaxpg 59
Musquodoboit Harbourpg 65	Musquodoboit Valleypg 67
North Preston / East Preston Areapg 69	Sackvillepg 74
Sheet Harbourpg 78	Spryfield to Sambropg 82

LAST SUMMER, OVER 650 YOUTH PARTICIPATED IN THE PROGRAM.

halifax.ca/youth

This summer recreation is engaging communities with the

R.E.C. Van

Beginning July 1, The R.E.C. Van will spend the summer visiting public parks, municipal beaches, spray pads and playgrounds throughout the Halifax region, providing FREE recreational sports and activities to kids, families & seniors.

Residents can try something new or take part in their favourite outdoor activity. The R.E.C. Van is stacked with equipment for more than 50 different activities & sports, including baseball, basketball, soccer, washer toss, giant checkers, archery, skipping and more.





FACILITY SCHEDULING

If you're looking to get a group together to enjoy a ball game, hockey game, family picnic, or a wedding, we will help you to secure that perfect location.

The municipality has many facilities available including:

All-weather fields

Arenas

Ball diamonds

Halifax Regional School Board facilities

Parks

Sport courts and tracks

Sport fields

St. Mary's Boat Club

Lebrun Recreation Centre Community Hall - Lion's Den

All rental applications are subject to a \$15 non-refundable application fee.

To find more information or to rent a facility please visit halifax.ca/recreation or call 311.

Check **field conditions** daily by calling 311 or by checking online at halifax.ca/recreation





SUMMER CAMP DESCRIPTIONS

Preschooler Play Camps

A fun & interactive opportunity for preschoolers to participate in a range of activities such as arts & crafts, music & active games.

Summer Camps

A fun way to get out & enjoy the summer! Activities include sports, games, music, dance, crafts, water activities & much more! Weeks are often theme based.

Specialty Camps

Specialty summer camps focus on a selected topic or skill. Children & youth with a specific interest will enjoy camps that are jam-packed with their chosen activity.

Sport Camps

Fun, exciting & a great way to stay active this summer. Learn & develop new skills while playing your favourite sports.

Adventure Camps

A step from the ordinary! These camps are packed full of fun, outdoor adventure, challenges & excitement. Activities may take place off-site.

EVERY CHILD DESERVES A HIGH FIVE®

HIGH FIVE® is based on five Principles of healthy child development that are essential for quality programs. This foundation comes from extensive research into what constitutes quality experiences for children, and the practical application of our Principles in programs across Canada.

The five Principles of healthy child development are:

A Caring Adult: The existence of a caring adult who provides supportive relationships is the one key attribute that stood out in defining quality programs for children. The establishment of caring, positive, and supportive relationships with adults can help children 6 to 12 develop positive social skills, self-esteem, and self-confidence. A program's quality is dependent upon effective interactions between staff and youth within the environment that staff creates.

Friends: Positive peer interaction is a key component of effective programs. Friends expand the child's world beyond one's family; share in humour; test loyalty; form their first audience; and offer support and criticism. Positive environments foster inclusion, acceptance, the opportunity for fun in constructive play, and the opportunity to develop and practice pro-social skills.

Participation: Children need to make choices, have a voice, and do things by and for themselves, which supports positive self-expression, physical activity, and interaction with others.

Play: Stressing fun, creativity, and co-operation, play lets children shape their environment using their imaginations. In addition, play is integral to the acquisition and development of motor and social skills, cognitive function, and creativity.

Mastery: Mastering new skills is a key way for children to develop self-esteem & a positive identity. Quality programs help children develop their unique



The best way to play™

For more information visit highfive.org



ADVENTURE EARTH CENTRE

Phone: 902.490.4539 [f](https://www.facebook.com/hfxaec)@hfxaec

68 Parkhill Road (Fleming Park), Halifax 54 Locks Road (Fairbanks Centre), Dartmouth

LEAD Ages 13-16 | July 5-10 Tuesday to Sunday | Camp Mockingee | \$325 (6 days/5 nights)

A residential camp that combines Leadership, Environment, Adventure, and Discovery! Leadership will be explored through challenging activities, living as a member of a community and the sharing of experiences. With Camp Mockingee as a base camp, participants will have an opportunity to explore environmentally friendly choices, participate in a meaningful service project and interact with environmental leaders in nearby communities. Campers will enjoy hiking and exploring, swimming, canoeing, campfires, great food and working as part of a team.

Explorers Ages 11-13 | July 16-21 | Saturday to Thursday or July 24-29 | Sunday to Friday | \$325 (6 days/5 nights)

Join us for a week of adventure, exploration, discovery and summer camp fun! Explorers is an exciting and challenging summer camp experience with a focus on learning outdoor skills and taking care of the environment. Explorers is based on the following lessons: • Work together to succeed. • Walk lightly on the earth. • All things are connected. • Appreciate the natural treasures.

You will spend time making new friends, exploring natural forests, having fun, enjoying thoughtful reflection at your very own "Magic Spot", learning practical outdoor skills, and practising "Leave No Trace" principles to minimize our impact on the earth. Campers will also enjoy hiking, canoeing, swimming, camp fires, great food, sleeping in cabins as well as the challenge of an overnight back pack adventure, that includes making and sleeping in shelters in the woods. Registration for Explorers is limited to 42 participants per camp session and a \$100.00 deposit is due upon registration with the remainder due by July 1st.

About Camp Mockingee

Explorers and LEAD are programs of the Adventure Earth Centre, but are held at the Rotary Club of Windsor's Camp Mockingee, a fully serviced residential camp located halfway between Windsor & Chester on Route 14, approximately 15 minutes from Martock.

Adventure Earth Centre 902.490.4539

Camp	Age	Day	Location	Start	Fee
LEAD	13-16	Tu	Camp Mockingee	Jul 3-8	\$325
Explorers	11-13	Sa	Camp Mockingee	Jul 14-20	\$325
Explorers	11-13	Su	Camp Mockingee	Jul 22-27	\$325

To register for LEAD and Explorers , please call Chocolate Lake Recreation Centre at 902.490.4607.

For more information about our overnight camps please call the Adventure Earth Centre at 902.490.4539 or email us at aec@halifax.ca.

Adventure Camps: AEC - Fleming Park

Camp	Age	Day	Time	Start	Classes	Code	Fee
Pirate's Paradise	7-9	M-F	9:00AM-12:00PM	Jul 9-13	5	416030	\$48
Pirate's Paradise	7-9	M-F	1:00PM-4:00PM	Jul 9-13	5	416031	\$48
Rings of Life	10-12	M-F	9:00AM-4:00PM	Jul 9-13	5	416032	\$110
Ocean Adventures	7-9	M-F	9:00AM-4:00PM	Jul 16-20	5	416033	\$96
Eco-Scientists	10-12	M-F	9:00AM-4:00PM	Jul 16-20	5	416034	\$110
Call of the Wild	7-9	M-F	9:00AM-4:00PM	Jul 23-27	5	416035	\$96
Geology Rocks!	10-12	M-F	9:00AM-4:00PM	Jul 23-27	5	416036	\$110
Time Travellers	7-9	M-F	9:00AM-4:00PM	Jul 30-Aug 3	5	416037	\$96
Food for Thought	10-12	M-F	9:00AM-4:00PM	Jul 30-Aug 3	5	416038	\$110
Park Rangers	7-9	M-F	9:00AM-12:00PM	Aug 13-17	5	416039	\$48
Park Rangers	7-9	M-F	1:00PM-4:00PM	Aug 13-17	5	416040	\$48
Outdoor Odyssey	10-12	M-F	9:00AM-4:00PM	Aug 13-17	5	416041	\$145
Nature Detectives	7-9	M-F	9:00AM-12:00PM	Aug 20-24	5	416042	\$48
Nature Detectives	7-9	M-F	1:00PM-4:00PM	Aug 20-24	5	416043	\$48
Urban Explorers	10-12	M-F	9:00AM-4:00PM	Aug 20-24	5	416044	\$110

AEC - Fleming Adventure Camps

Each camp has its own unique theme & storyline with a focus on adventure, fun, and nature-based learning. Whether it is searching for treasure as a modern day pirate, learning about our geological history, exploring our natural habitats, or learning outdoor skills there is something for everyone who is looking to get active in the outdoors!

PLEASE NOTE: when selecting a half day camp please select either the morning OR afternoon. Camp fees include additional costs such as transportation, charters, admissions, and camp supplies.

Fees include costs for transportation, charters, admissions, camp supplies. Outdoor Odyssey includes an overnight adventure.



Adventure Programs: Shubie Park

Program Name	Age	Day	Time	Start	Classes	Code	Fee
After School Art & Nature	8-12	Tu	3:30PM-5:00PM	Apr 10	3	419732	\$20
After School Outdoor Club	12-15	W	4:00PM-5:30PM	Apr 11	3	419647	\$20

Program Name	Age	Day	Time	Start	Classes	Code	Fee
Try It: Adult & Child Together!	8-12	Tu	6:30PM-8:30PM	Aug 7	4	419660	\$37
Try It: Teen	13-18	Th	3:00PM-5:00PM	Aug 9	4	419661	\$37
Try It: Gals	19+	Th	6:30PM-8:30PM	Aug 9	4	419659	\$39

Program Name	Age	Day	Time	Start	Classes	Code	Fee
Survive Outside: A Guide to Outdoor Safety	13+	Tu	6:30PM-8:30PM	Apr 17	1	419656	FREE
Hug A Tree and Survive	16+	Th	6:30PM-8:30PM	May 17	1	419657	FREE
Hug A Tree and Survive (Family)	5+	Su	1:30PM-3:30PM	May 27	1	419658	FREE

Program Name	Age	Day	Time	Start	Classes	Code	Fee
Wellness & Nature	18+	Tu	6:30PM-8:30PM	May 15	1	419652	\$7
The Shubie Canal, Then & Now	18+	Tu	6:30PM-8:30PM	May 22	1	419653	\$7
Nature Interpretation	18+	Tu	6:30PM-8:30PM	May 29	1	419654	\$7
Backyard Birding	18+	Tu	6:30PM-8:30PM	Jun 5	1	419655	\$7

Program Name	Age	Day	Time	Start	Classes	Code	Fee
Intro to Hiking	19+	F	9:00AM-12:00PM	Aug 10	4	419648	\$42

"Try It"

Participants try new things each week. This program provides the opportunity to learn some basic outdoor skills such as knots and shelters, outdoor cooking, paddling, and basic fire and compass skills in a fun and engaging way.

Adventure Smart Workshops

A national program encouraging people to "Get informed and go outdoors". You will learn about Search and Rescue in your region, Trip Planning, Training and Taking the Essentials, and other outdoor travel tips. Participants will receive a resource package including information, a whistle, and a survival blanket.

"Walk the Talk" Mini Series

Take in a presentation about a given topic and then enjoy the opportunity to go for a walk in Shubie Park to experience and explore the topic

Intro to Hiking

Explore various trails in the municipality. This program is an introduction to day hiking and will include basic instruction on safety, gear, what to wear and what to bring, and how to find resources for further exploration.

Program Name	Age	Day	Time	Start	Classes	Code	Fee
I Learn, They Learn: Fun with Reading	18+	M	6:30PM-8:30PM	Apr 9	1	419649	\$7
Planning for Family "Screen-FREE" Time	18+	Th	6:30PM-8:30PM	Jun 21	1	419651	\$12
Connecting Children with Nature	18+	W	6:30PM-8:30PM	May 9	4	4419650	\$28

Adult Learning Workshops

Workshops are planned around the idea of "I Learn, They Learn" and so are aimed at adults who are interested in using the ideas, activities and resources to then share special experiences with children. Participants will receive a copy of the book "Earth Adventures in Halifax Region: 24 Nature Trails for Fun and Discovery".

Adventuring Outdoors Together

This program will be structured to include youth of all abilities. Adaptations and modifications will be made as necessary and specialized equipment will be on site. If you require one on one support to participate please register by April 12. This will ensure an intake meeting can take place prior to the program to determine supports required. Staff will be on site to provide program activities, group management, and safety. This program will provide a welcoming environment and is totally inclusive to any youth with an interest in the outdoors!

Youth Leadership: Shubie Park and Fleming Park

High School Leadership Outdoors Skills Training – learn some basic outdoor skills such as knots and shelters, outdoor cooking, and compass and treasure hunt. Follow up with the option to volunteer lead similar experiences with children and school classes.

Cycle Savers Leadership – Gain leadership and volunteer experience by leading the Cycle Savers Program! Learn to lead a full day outdoor environmental education program and then assist in leading to 2-3 Grade 4 classes in May and June.

H.E.A.T. Youth Action Team – H.E.A.T. (Helping the Earth by Acting Together) offers opportunities year-round to participate in leadership and skills training, volunteer opportunities, and environmental and community action. Each month we put out a calendar of events and you are welcome to attend as you are able! Email us to sign up or attend one of the information sessions below.

Counselor Development Program – Apply to the Counselor Development Program to gain leadership and volunteer experience, as well as employment skills! Participants attend trainings and volunteer with summer camps. To apply and for more information, please sign up to attend one of the information sessions below.

Youth Leadership

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
High School Leadership Outdoor Skills Training	15-19	Th	10:00AM-3:00PM	AEC Shubie	Apr 19	1	419645	FREE
Cycle Savers Training Day	13-19	Sa	9:00AM-4:00PM	AEC Shubie	May 5	1	419646	FREE

YOUTH LEADERSHIP

INFORMATION SESSIONS

Level	Age	Day	Time	Location	Start	Code
I & II	13-18	M	7:00PM-8:30PM	AEC Fleming	May 28	416051
I & II	13-18	W	7:00PM-8:30PM	AEC Fleming	May 30	416052

For more information see page 10 or visit halifax.ca/youth

Day Trips for School Classes: Regional

Attention teachers! Book your class for one of the Adventure Earth Centre's school programs. Contact the Adventure Earth Centre 4-6 weeks prior to the program, and we will provide you with all of the information to prepare you for an amazing outdoor learning experience with your class.

Cycle Savers Grade 4 | May – June | 1 class per booking | \$150 – The ancient Cycle Savers Club is looking for new recruits! The Cycle Savers Club is tasked with understanding and protecting the air, water, and soil cycles through engaging hands-on environmental and science programming.

Fun with Outdoor Skills Grades P – 6 | May – June | 1 class per booking | \$150 – Classes learn outdoor skills such as knots, shelter building, and outdoor cooking! Students participate in a nature walk and compass treasure hunt in this day long adventure.



Individuals who are physically literate move with competence and confidence in a wide variety of physical activities in multiple environments that benefit the healthy development of the whole person.

BEDFORD & HAMMONDS PLAINS

LeBrun Centre

36 Holland Avenue Phone: 902.490.4665

Bedford-Hammonds Plains Community Centre

202 Innovation Drive Phone: 902.490.4238

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama	Creative Movement	3-5	Sa	11:30AM-12:15PM	BHPCC	Apr 7	8	415626 \$24
	Creative Movement	3-5	Tu	4:00PM-4:45PM	BHPCC	Apr 10	8	415624 \$24
	Creative Movement	3-5	Tu	4:45PM-5:30PM	BHPCC	Apr 10	8	415625 \$24
	Pre Ballet	3-5	M	5:45PM-6:30PM	LeBrun Centre	Apr 9	8	418219 \$24
	Pre Ballet	3-5	Sa	9:00AM-9:45AM	LeBrun Centre	Apr 14	8	418220 \$24
	Pre Ballet	3-5	Sa	12:30PM-1:15PM	LeBrun Centre	Apr 14	8	418221 \$24
	Introduction to Dance	3-5	M	5:00PM-5:45PM	LeBrun Centre	Apr 9	8	418222 \$24
	Introduction to Dance	3-5	Sa	9:45AM-10:30AM	LeBrun Centre	Apr 14	8	418223 \$24
	Introduction to Dance	3-5	Sa	11:30AM-12:15PM	LeBrun Centre	Apr 14	8	418224 \$24
	Hip Hop	4-5	Th	4:00PM-5:00PM	BHPCC	Apr 12	8	415623 \$32
Parent & Tot	Gym Time!	18m-4	Tu	9:30AM-10:30AM	BHPCC	Apr 10	8	415627 \$23
	Gym Time!	18m-4	Tu	10:45AM-11:45AM	BHPCC	Apr 10	8	415628 \$23
	Parent & Tot Playtime	18m-3	M	9:15AM-11:15AM	LeBrun Centre	Apr 9	8	418225 \$45
	Parent & Tot Playtime	18m-3	W	9:15AM-11:15AM	LeBrun Centre	Apr 11	8	418226 \$45
	Parent & Tot Yoga	1-4	Sa	9:30AM-10:15AM	BHPCC	Apr 21	8	415629 \$23
Preschooler Play	ABC & Me	3-5	M,W,F	9:00AM-11:30AM	BHPCC	Apr 9	24	415630 \$204
	ABC & Me	3-4	Tu,Th	9:00AM-11:30AM	BHPCC	Apr 10	16	415631 \$136
	ABC & Me	3-5	Tu,Th	9:00AM-11:30AM	LeBrun Centre	Apr 10	16	418227 \$170
Sport & Fitness	Basketball	4-5	F	5:00PM-5:30PM	BHPCC	Apr 20	8	415609 \$14
	Basketball	4-5	F	5:30PM-6:00PM	BHPCC	Apr 20	8	415610 \$14
	Kindersport	3-4	Tu	4:30PM-5:15PM	Basinview School	Apr 10	6	418217 \$16
	Kindersport	3-4	Tu	5:15PM-6:00PM	Basinview School	Apr 10	6	418218 \$16

Run, Jump & Roll	3-5	M	4:00PM-4:45PM	LeBrun Centre	Apr 9	8	418229	\$23
Run, Jump & Roll	3-5	M	5:00PM-5:45PM	LeBrun Centre	Apr 9	8	418230	\$23
Run, Jump & Roll	3-5	Th	4:00PM-4:45PM	LeBrun Centre	Apr 12	8	418231	\$23
Soccer	3-4	M	4:00PM-4:30PM	BHPCC	Apr 9	8	415632	\$14
Soccer	3-4	M	4:30PM-5:00PM	BHPCC	Apr 9	8	415633	\$14
Little Kickers	3-4	Sa	9:00AM-9:30AM	LeBrun Centre	Apr 14	8	418232	\$14
Little Kickers	3-4	Sa	9:30AM-10:00AM	LeBrun Centre	Apr 14	8	418233	\$14
Little Kickers	3-4	Th	6:00PM-6:30PM	Basinview School	Apr 12	6	418234	\$11
Little Kickers	3-4	Th	6:00PM-6:30PM	Basinview School	Apr 12	6	418235	\$11
Little Kickers	3-4	Th	6:30PM-7:00PM	Basinview School	Apr 12	6	418236	\$11
Little Kickers	3-4	Th	6:30PM-7:00PM	Basinview School	Apr 12	6	418237	\$11
Tumblebugs	3-4	Su	1:00PM-1:45PM	BHPCC	Apr 8	10	418491	\$28
Tumblebugs	3-4	Su	2:00PM-2:45PM	BHPCC	Apr 8	10	418492	\$28
Tumblebugs	3-4	Su	3:00PM-3:45PM	BHPCC	Apr 8	10	418493	\$28

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Art	5-8	W	5:30PM-6:30PM	BHPCC	Apr 11	8	415595	\$40
	Art	8-12	W	6:30PM-7:30PM	BHPCC	Apr 11	8	415596	\$40
Arts & Crafts		5-7	W	6:00PM-7:00PM	LeBrun Centre	Apr 11	8	418196	\$40
Arts & Crafts		8-11	W	7:00PM-8:00PM	LeBrun Centre	Apr 11	8	418197	\$40
Sketch & Draw		8-10	Sa	10:00AM-11:00AM	LeBrun Centre	Apr 14	8	418194	\$28
Sketch & Draw		11-12	Sa	11:00AM-12:00PM	LeBrun Centre	Apr 14	8	418195	\$28
Camps	Inservice Camp	5-11	Th	8:30AM-4:30PM	BHPCC	Apr 19	1	420314	\$25
	Inservice Camp	5-11	F	8:30AM-4:30PM	BHPCC	May 18	1	420315	\$25
Dance & Drama	Intro Ballet	5-7	M	6:30PM-7:30PM	LeBrun Centre	Apr 9	8	418198	\$32
	Intro Ballet	5-7	Sa	10:30AM-11:30AM	LeBrun Centre	Apr 14	8	418199	\$32
	Discover Drama	8-10	M	6:00PM-7:00PM	LeBrun Centre	Apr 9	8	418200	\$30
	Highland Dance	5-7	M	6:00PM-7:00PM	LeBrun Centre	Apr 9	8	418201	\$32
	Hip Hop	5-6	Th	5:00PM-6:00PM	BHPCC	Apr 19	8	415597	\$32
	Hip Hop	7-9	Th	6:00PM-7:00PM	BHPCC	Apr 19	8	415598	\$32
	Hip Hop	5-7	Th	6:00PM-7:00PM	LeBrun Centre	Apr 12	8	418202	\$32
	Hip Hop	7-9	Th	7:00PM-8:00PM	LeBrun Centre	Apr 12	8	418203	\$32
	Hip Hop	9-12	Th	7:00PM-8:00PM	LeBrun Centre	Apr 12	8	418204	\$32
	Jazz	7-9	Sa	9:30AM-10:30AM	BHPCC	Apr 7	8	415599	\$32
	Lyrical	6-9	Sa	10:30AM-11:30AM	BHPCC	Apr 7	8	415600	\$32
General Interest	Kids Cooking	7-10	W	5:00PM-7:00PM	BHPCC	Apr 4	10	420317	\$68
Sports & Fitness	Badminton	9-12	W	5:00PM-6:30PM	BHPCC	Apr 11	8	415594	\$41
	Mini Basketball	5-7	Sa	11:00AM-12:00PM	LeBrun Centre	Apr 14	8	418206	\$28
	Mini Basketball	8-11	Th	4:00PM-5:00PM	BHPCC	Apr 5	10	415603	\$34
	Mini Basketball	8-10	Sa	12:00PM-1:00PM	LeBrun Centre	Apr 14	8	418207	\$28
	Jr. NBA Basketbal	5-7	Sa	5:00PM-6:00PM	LeBrun Centre	Apr 5	10	4115604	\$60

	Mini Basketball	5-7	Th	4:00PM-4:45PM	BHPCC	Apr 19	8	415604	\$21
	Bedford Multisport	5-7	Tues	5:00PM-6:00PM	BHPCC	Apr 3	10	420319	\$43
	Floor Hockey	5-7	W	6:00PM-7:00PM	LeBrun Centre	Apr 11	8	418209	\$23
	Floor Hockey	8-11	W	7:00PM-8:00PM	LeBrun Centre	Apr 11	8	418210	\$23
	Soccer	5-7	M	5:00PM-6:00PM	BHPCC	Apr 9	8	415605	\$28
	Kicks for Kids	5-7	Sa	10:00AM-11:00AM	LeBrun Centre	Apr 14	8	418214	\$28
	Kicks for Kids	5-7	Th	7:00PM-8:00PM	Basinview School	Apr 12	5	418215	\$21
	Kicks for Kids	7-10	Th	7:00PM-8:00PM	Basinview School	Apr 12	5	418216	\$21
	Run Jump Throw	5-8	W	5:00PM-6:00PM	Basinview School	Apr 11	6	418211	\$21
	Run Jump & Roll	6-7	M	6:00PM-7:00PM	LeBrun Centre	Apr 9	8	418212	\$28
	Run, Jump & Roll	6-7	Th	4:45PM-5:45PM	LeBrun Centre	Apr 12	8	418213	\$30
	Volleyball	6-8	Tu	6:00PM-7:00PM	BHPCC	Apr 17	8	415601	\$28
	Volleyball	9-12	Tu	7:00PM-8:00PM	BHPCC	Apr 17	8	415602	\$28
Wellness	Yoga	8-12	M	4:40PM-5:40PM	BHPCC	Apr 23	8	415606	\$30
	Yoga	8-12	Sa	11:15AM-12:15PM	BHPCC	Apr 21	8	415607	\$30
	Parent & Child Yoga	5-7	Sa	10:15AM-11:15AM	BHPCC	Apr 21	8	415608	\$23

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Comics & Visual Storytelling	10-15	Sa	12:00PM-2:00PM	LeBrun Centre	Apr 14	8	418238	\$27
Sports & Fitness	Badminton	12-18	W	6:30PM-8:00PM	BHPCC	Apr 11	8	415639	\$34
	Volleyball	12-15	W	8:00PM-9:00PM	BHPCC	Apr 11	9	415638	FREE
Wellness	Yoga	14-18	M	3:40PM-4:40PM	BHPCC	Apr 23	8	415640	\$23
	Yoga	12-15	Tu	5:00PM-6:00PM	LeBrun Centre	Apr 10	8	418239	\$30

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Painting-Mixed Media	Tu	9:30AM-12:00PM	BHPCC	Apr 10	8	415580	\$85
	Sketch & Draw Adult	M	7:00PM-9:00PM	LeBrun Centre	Apr 9	8	418180	\$68
	Sketch & Draw II	Tu	7:00PM-9:00PM	LeBrun Centre	Apr 10	8	418181	\$68
	Water Colours	F	1:00PM-3:00PM	BHPCC	Apr 6	10	420281	\$85
	Acrylic Painting	M	7:00PM-9:00PM	BHPCC	Apr 9	10	420282	\$85
General Interest	55+ Cards	Tu,Th	10:00AM-12:00PM	LeBrun Centre	Apr 3	16	418185	\$30
	Photoshop	M	7:00PM-9:00PM	BHPCC	Apr 9	8	415581	\$51
	Digital SLR Photography	W	7:00PM-9:00PM	BHPCC	Apr 11	8	415582	\$68
Sports & Fitness	Boot Camp	M	6:00PM-7:00PM	BHPCC	Apr 9	8	415587	\$40
	Boot Camp	W	6:15PM-7:15PM	BHPCC	Apr 11	8	415588	\$40
	Co Ed Basketball	Th	8:30PM-10:00PM	Kingswood Elementary	Apr 12	7	418189	\$54
	Ladies Cardio Kickboxing	M	6:15PM-7:15PM	LeBrun Centre	Apr 9	8	418188	\$40
	Pickle Ball	F	9:30AM-11:30AM	BHPCC	Apr 20	8	415589	\$57
	Indoor Walking	W	1:00PM-3:00PM	BHPCC	Apr 4	10	415591	FREE
	Nordic Walking	Tu	1:00PM-2:30PM	Range Field	Apr 3	10	420286	FREE
	Nordic Walking	F	1:00PM-2:30PM	Range Field	Apr 6	10	420288	FREE

Zumba	M	9:30AM-10:30AM	BHPCC	Apr 9	8	415583	\$40	
Zumba	Tu	7:00PM-8:00PM	BHPCC	Apr 10	8	415584	\$40	
Zumba	Th	7:00PM-8:00PM	BHPCC	Apr 12	8	415585	\$40	
Zumba	F	9:30AM-10:30AM	BHPCC	Apr 20	8	415586	\$40	
Zumba	M	7:15PM-8:15PM	LeBrun Centre	Apr 9	8	418186	\$40	
Zumba	Tu	6:00PM-7:00PM	LeBrun Centre	Apr 10	8	418187	\$40	
Zumba	W	6:30PM-7:30PM	LeBrun Centre	Apr 11	8	418839	\$40	
Wellness	Tai Chi	Th	7:00PM-8:30PM	BHPCC	Apr 19	8	415592	\$51
Yoga	M	7:00PM-8:30PM	BHPCC	Apr 9	8	415593	\$60	
Hatha Yoga	Tu	9:00AM-10:30AM	LeBrun Centre	Apr 10	8	418190	\$60	
Hatha Yoga	Tu	10:30AM-12:00PM	LeBrun Centre	Apr 10	8	418191	\$60	
Hatha Yoga	Tu	7:00PM-8:30PM	LeBrun Centre	Apr 10	8	418192	\$60	
Chair Yoga	Tu	2:00PM-3:00PM	BHPCC	Apr 3	10	420296	\$50	

Join in on the fun with Pétanque for adults coming to the Bedford-Hammonds Plains Community Centre. Please call or visit the centre for more information.

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps - Bedford - Hammonds Plains Community Centre 902.490.4238

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Superheros	3 ^{1/2} -5 ^{1/2}	Tu-F	9:00AM-12:00PM	BHPCC	Jul 3-6	4	418780	\$34
Bugs & Butterflies	3 ^{1/2} -5 ^{1/2}	M-F	9:00AM-12:00PM	BHPCC	Jul 9-13	5	415687	\$42
S'more Songs	3 ^{1/2} -5 ^{1/2}	M-F	9:00AM-12:00PM	BHPCC	Jul 16-20	5	415688	\$42
Let's get messy	3 ^{1/2} -5 ^{1/2}	M-F	9:00AM-12:00PM	BHPCC	Jul 23-27	5	415689	\$42
Disney Days	3 ^{1/2} -5 ^{1/2}	M-F	9:00AM-12:00PM	BHPCC	Jul 30-Aug 3	5	415690	\$42
Musical Munchkins	3 ^{1/2} -5 ^{1/2}	Tu-F	9:00AM-12:00PM	BHPCC	Aug 7-10	4	415692	\$34
Diggin Dinosaurs	3 ^{1/2} -5 ^{1/2}	M-F	9:00AM-12:00PM	BHPCC	Aug 13-17	5	415691	\$42
Fun in the Sun	3 ^{1/2} -5 ^{1/2}	M-F	9:00AM-12:00PM	BHPCC	Aug 20-24	5	415693	\$42

Specialty Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Princess Dance Party	4-5 ^{1/2}	Tu-F	9:00AM-12:00PM	BHPCC	Jul 3-6	4	415645	\$48
Princess Dance Party	4-5 ^{1/2}	M-F	9:00AM-12:00PM	BHPCC	Aug 13-17	5	415647	\$60

Preschooler Play Camps - LeBrun Centre 902.490.4665

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Bugs & Butterflies	4-5 ^{1/2}	Tu-F	9:30AM-12:30PM	LeBrun Centre	Jul 3-6	4	418381	\$34
Superheroes!	4-5 ^{1/2}	M-F	9:30AM-12:30PM	LeBrun Centre	Jul 9-13	5	418382	\$42
S'more Songs	4-5 ^{1/2}	M-F	9:30AM-12:30PM	LeBrun Centre	Jul 16-20	5	418383	\$42
Holiday Mix Up	4-5 ^{1/2}	M-F	9:30AM-12:30PM	LeBrun Centre	Jul 23-27	5	418384	\$42
Pirates of LeBrun	4-5 ^{1/2}	M-F	9:30AM-12:30PM	LeBrun Centre	Jul 30-Aug 3	5	418385	\$34
Silly Sports	4-5 ^{1/2}	Tu-F	9:30AM-12:30PM	LeBrun Centre	Aug 7-10	4	418386	\$34
Musical Munchkins	4-5 ^{1/2}	M-F	9:30AM-12:30PM	LeBrun Centre	Aug 13-17	5	418387	\$42
Last Blast of Summer	4-6	M-F	9:30AM-12:30PM	LeBrun Centre	Aug 20-24	5	418388	\$42

Child

Summer Camps - Bedford - Hammonds Plains Community Centre 902.490.4238

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Summer Dance Camp	6-8	M-F	8:30AM-4:30PM	BHPCC	Jul 23-27	5	418835	\$108
Science Camp	7-9	M-F	8:30AM-12:30PM	BHPCC	Aug 20-24	5	418841	\$60
Cooking Week	7-10	M-F	1:00PM-4:00PM	BHPCC	Aug 20-24	5	418842	\$60

Specialty Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Princess Dance Party	5 ^{1/2} -7	Tu-F	1:00PM-4:00PM	BHPCC	Jul 3-6	4	415646	\$48
Princess Dance Party	5 ^{1/2} -7	M-F	1:00PM-4:00PM	BHPCC	Aug 13-17	5	415648	\$60

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Sports of All Sorts	5 ^{1/2} -8	M-F	9:00AM-4:00PM	BHPCC	Jul 9-13	5	415649	\$86
Girl Power Sports Camp	5 ^{1/2} -8	M-F	9:00AM-12:30PM	BHPCC	Jul 16-20	5	415651	\$43
Jr. NBA Basketball Camp	5-7	M-F	1:00PM-4:00PM	BHPCC	Jul 16-20	5	415652	\$60
Sports of All Sorts	5 ^{1/2} -8	M-F	9:00AM-4:00PM	BHPCC	Jul 30-3	5	415653	\$86
Flag Football Camp	9-12	Tu-F	9:00AM-12:00PM	BHPCC	Aug 7-10	4	415655	\$43
Lacrosse Camp	9-12	Tu-F	1:00PM-4:00PM	BHPCC	Aug 7-10	4	415657	\$43

Adventure Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Adventure Camp	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	BHPCC	Jul 3-6	4	415659	\$95
Adventure Camp	9-12	Tu-F	8:00AM-5:00PM	BHPCC	Jul 3-6	4	415660	\$95
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-5:00PM	BHPCC	Jul 9-13	5	415661	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	BHPCC	Jul 9-13	5	415667	\$118
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-5:00PM	BHPCC	Jul 16-20	5	415662	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	BHPCC	Jul 16-20	5	415668	\$118
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-5:00PM	BHPCC	Jul 23-27	5	415663	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	BHPCC	Jul 23-27	5	415669	\$118
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-5:00PM	BHPCC	Jul 30-3	5	415664	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	BHPCC	Jul 30-3	5	415670	\$118
Adventure Camp	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	BHPCC	Aug 7-10	4	415665	\$95
Adventure Camp	9-12	Tu-F	8:00AM-5:00PM	BHPCC	Aug 7-10	4	415671	\$95
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-5:00PM	BHPCC	Aug 13-17	5	415666	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	BHPCC	Aug 13-17	5	415672	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	BHPCC	Aug 20-24	5	415673	\$118
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-5:00PM	BHPCC	Aug 20-24	5	415674	\$118

Summer Camps - LeBrun Centre 902.490.4665

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Splash Splash Summer	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	LeBrun Centre	Jul 3-6	4	418363	\$95
Splash Splash Summer	9-12	Tu-F	8:00AM-5:00PM	LeBrun Centre	Jul 3-6	4	418364	\$95
Around The World	5 ^{1/2} -8	M-F	8:00AM-5:00PM	LeBrun Centre	Jul 9-13	5	418365	\$118
Super Summer Sports	9-12	M-F	8:00AM-5:00PM	LeBrun Centre	Jul 9-13	5	418366	\$118

Reality Stars	5½-8	M-F	8:00AM-5:00PM	LeBrun Centre	Jul 16-20	5	418367	\$118
Reality Stars	9-12	M-F	8:00AM-5:00PM	LeBrun Centre	Jul 16-20	5	418368	\$118
Holiday Mix-Up!	5½-8	M-F	8:00AM-5:00PM	LeBrun Centre	Jul 23-27	5	418369	\$118
Holiday Mix Up!	9-12	M-F	8:00AM-5:00PM	LeBrun Centre	Jul 23-27	5	418370	\$118
Pirates of LeBrun	5½-8	M-F	8:00AM-5:00PM	LeBrun Centre	Jul 30-3	5	418371	\$118
Pirates of LeBrun	9-12	M-F	8:00AM-5:00PM	LeBrun Centre	Jul 30-3	5	418372	\$118
Mad Scientists	5½-8	Tu-F	8:00AM-5:00PM	LeBrun Centre	Aug 7-10	4	418373	\$95
Mad Scientists	9-12	Tu-F	8:00AM-5:00PM	LeBrun Centre	Aug 7-10	4	418374	\$95
Wacky Week	5½-8	M-F	8:00AM-5:00PM	LeBrun Centre	Aug 13-17	5	418375	\$118
Take a Bow	9-12	M-F	8:00AM-5:00PM	LeBrun Centre	Aug 13-17	5	418376	\$118
Last Blast of Summer	5½-8	M-F	8:00AM-5:00PM	LeBrun Centre	Aug 20-24	5	418377	\$118
Last Blast of Summer	9-12	M-F	8:00AM-5:00PM	LeBrun Centre	Aug 20-24	5	418378	\$118

Specialty Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Art-tastic!	5½-8	Tu-F	1:30PM-4:30PM	LeBrun Centre	Jul 3-6	4	418347	\$52
Art & Drama Camp	7-10	M-F	1:30PM-4:30PM	LeBrun Centre	Jul 9-13	5	418348	\$65
Art-tastic	5½-8	M-F	1:30PM-4:30PM	LeBrun Centre	Jul 16-20	5	418349	\$65
Art & Drama Camp	7-10	M-F	1:30PM-4:30PM	LeBrun Centre	Jul 23-27	5	418350	\$65
Art-tastic!	5½-8	M-F	1:30PM-4:30PM	LeBrun Centre	Jul 30-Aug 3	5	418351	\$65
Art & Drama Camp	7-10	Tu-F	1:30PM-4:30PM	LeBrun Centre	Aug 7-10	4	418352	\$52
Art-tastic!	5½-8	M-F	1:30PM-4:30PM	LeBrun Centre	Aug 13-17	5	418353	\$65
Art & Drama Camp	7-10	M-F	1:30PM-4:30PM	LeBrun Centre	Aug 20-24	5	418354	\$65

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Tennis Level 1	6-10	Tu-F, M	9:00AM-10:00AM	Spring Street Tennis Courts	Jul 3-13	9	418355	\$26
Tennis	6-10	Tu-F, M	10:00AM-11:00PM	Spring Street Tennis Courts	Jul 3-13	10	418358	\$29
Tennis	6-10	M-F	9:00AM-10:00AM	Spring Street Tennis Courts	Jul 16-27	10	418356	\$29
Tennis Level 2	6-10	M-F	10:00AM-11:00PM	Spring Street Tennis Courts	Jul 16-27	10	418359	\$29
Tennis	6-9	M-Th	9:00AM-10:30AM	Uplands Park	Jul 30-Aug 3	5	418361	\$18
Tennis	10-13	M-Th	10:30AM-12:00PM	Uplands Park	Jul 30-Aug 3	5	418362	\$18
Tennis	6-10	Tu-F, M	10:00AM-11:00PM	Spring Street Tennis Courts	Aug 7-17	9	418360	\$26
Tennis	6-10	Tu-F, M	9:00AM-10:00AM	Spring Street Tennis Courts	Aug 7-17	9	418357	\$26

Youth - Sport Camps - LeBrun Centre 902.490.4665

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Tennis Level 1	11-16	Tu-F, M	11:00AM-12:00PM	Spring Street Tennis Courts	Jul 3-13	9	418389	\$26
Tennis Level 1	11-16	M-F	11:00AM-12:00PM	Spring Street Tennis Courts	Jul 16-27	10	418390	\$29
Tennis Level 2	11-16	Tu-F, M	11:00AM-12:00PM	Spring Street Tennis Courts	Aug 7-17	9	418391	\$26

YOUTH LEADERSHIP

INFORMATION SESSIONS

Level	Age	Day	Time	Location	Start	Code
I & II	13-16	Th	6:00PM-7:00PM	BHPCC	June 7	415634
III	13-17	Th	6:00PM-7:00PM	Gordon R. Snow Comm Centre	May 31	415635

For more information see page 10 or visit halifax.ca/youth



The Long Term Athlete Development promotes physical activity for all based upon a developmental progression.

BEECHVILLE, LAKESIDE & TIMBERLEA

Lakeside Community Centre

1492 St. Margaret's Bay Road Phone: 902.876.8812

BEECHVILLE, LAKESIDE & TIMBERLEA

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Creative Movement	3-5	W	5:45PM-6:30PM	Lakeside Community Centre	Apr 11	8	417852	\$24
Creative Movement	3-5	Sa	9:15AM-10:00AM	Lakeside Community Centre	Apr 14	8	417854	\$24
Preschooler Play Tiny Tot Fun	3-5	Tu	9:00AM-11:30AM	Lakeside Community Centre	Apr 10	8	417855	\$62
Tiny Tot Fun	3-5	Th	9:00AM-11:30AM	Lakeside Community Centre	Apr 12	8	417856	\$62
Tiny Tot Fun	3-5	F	9:00AM-11:30AM	Lakeside Community Centre	Apr 13	8	418332	\$62
Sports & Fitness Tumblebugs	3-5	F	4:00PM-4:45PM	Lakeside Community Centre	Apr 20	8	417857	\$23
Tumblebugs	3-5	F	5:00PM-5:45PM	Lakeside Community Centre	Apr 20	8	417858	\$23
Tumblebugs	3-5	F	6:00PM-6:45PM	Lakeside Community Centre	Apr 20	8	417859	\$23
Soccer & Activities	3-5	Th	5:30PM-6:15PM	Lakeside Community Centre	Apr 12	8	417860	\$20
Soccer & Activities	3-5	Sa	1:15PM-2:00PM	BLT Senior Elementary	Apr 21	6	417861	\$16
Zumba Kids	4-6	F	6:00PM-6:45PM	Lakeside Community Centre	Apr 27	8	417862	\$24

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Artists in Action	7-11	Sa	10:00AM-12:00PM	Lakeside Community Centre	Apr 14	10	418448	\$68
Dance & Drama Ballet	4-6	Sa	10:15AM-11:00AM	Lakeside Community Centre	Apr 14	8	417777	\$24
Ballet	7-10	Sa	11:00AM-11:45AM	Lakeside Community Centre	Apr 14	8	417778	\$24
Hip Hop Dance	6-9	W	6:30PM-7:15PM	Lakeside Community Centre	Apr 11	8	417779	\$24
General Interest Intro to Piano	5-7	Sa	9:00AM-10:00AM	Lakeside Community Centre	Apr 14	8	418762	\$57
Intro to Piano	5-7	Sa	10:00AM-11:00AM	Lakeside Community Centre	Apr 14	8	418763	\$57
Intro to Piano	7-9	Sa	11:00AM-12:00PM	Lakeside Community Centre	Apr 14	8	418764	\$57
Piano	6-11	Sa	12:00PM-12:30PM	Lakeside Community Centre	Apr 14	8	418765	\$89
Piano	6-11	Sa	12:30PM-1:00PM	Lakeside Community Centre	Apr 14	8	418766	\$89
Sports & Fitness Child Multi-Sport	6-8	Sa	10:00AM-11:00AM	BLT Senior Elementary	Apr 21	6	417780	\$21
Girls Multi-Sport	8-12	Sa	11:00AM-12:00PM	BLT Senior Elementary	Apr 21	6	417781	\$21
Aikido	7-12	M	6:00PM-7:15PM	Lakeside Community Centre	Apr 9	5	417782	\$24

	Basketball	6-7	M	6:15PM-7:15PM	BLT Junior Elementary	Apr 9	6	417783	\$21
	Basketball	8-10	M	7:15PM-8:15PM	BLT Junior Elementary	Apr 9	6	417784	\$21
	Jr. NBA	5-7	Sa	1:00PM-2:00PM	Lakeside Community Centre	Apr 7	12	421081	\$60
	Gymnastics & Tumbling	5-7	F	6:45PM-7:45PM	Lakeside Community Centre	Apr 20	8	420933	\$30
	Soccer & Activities	5-7	Tu	6:00PM-7:00PM	BLT Junior Elementary	Apr 10	6	417786	\$21
	Zumba Kids	7-11	F	7:00PM-7:45PM	Lakeside Community Centre	Apr 27	8	417787	\$24
Wellness	Yoga	8-11	Tu	5:30PM-6:15PM	Lakeside Community Centre	Apr 3	8	417788	\$23
	Yoga	12-14	Th	5:30PM-6:15PM	Lakeside Community Centre	Apr 5	8	417789	\$23
	Yoga	8-11	Th	5:30PM-6:15PM	Lakeside Community Centre	Jun 7	8	417927	\$23

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
General Interest	Babysitter's Training	11-14	Sa	9:00AM-4:00PM	Lakeside Community Centre	May 12	1	417863	\$37
Sports & Fitness	Sports Night	10-16	Tu	6:30PM-8:30PM	BLT Senior Elementary	Apr 10	9	417866	FREE
	Sports Night	10-16	Th	6:30PM-8:30PM	BLT Senior Elementary	Apr 12	7	417867	FREE
	Youth Co-ed Volleyball	12-15	M	8:15PM-9:15PM	BLT Junior Elementary	Apr 9	6	417868	FREE

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee	
Sports & Fitness	Adult Basketball	Tu	8:00PM-9:30PM	BLT Junior Elementary	Apr 10	8	417764	\$43
	Aikido	M	7:30PM-9:00PM	Lakeside Community Centre	Apr 9	5	417765	\$32
	Senior's Fitness	Tu	10:00AM-11:00AM	Lakeside Community Centre	Apr 3	10	417766	\$33
	Senior's Fitness	Th	10:00AM-11:00AM	Lakeside Community Centre	Apr 5	10	417767	\$33
	Zumba	Su	7:00PM-8:00PM	Lakeside Community Centre	Apr 8	10	417769	\$50
	Zumba Toning	Su	8:00PM-8:30PM	Lakeside Community Centre	Apr 8	10	417770	\$25
	Zumba	W	7:30PM-8:30PM	Lakeside Community Centre	Apr 11	10	417771	\$50
	Zumba Gold	M	10:00AM-11:00AM	Lakeside Community Centre	Apr 9	10	420387	\$50
Wellness	Yoga	Tu	6:30PM-7:30PM	Lakeside Community Centre	Apr 3	10	417772	\$50
	Yoga (Returning)	Tu	7:30PM-9:00PM	Lakeside Community Centre	Apr 3	10	417773	\$75
	Yoga-Flow	M	6:30PM-7:30PM	Lakeside Community Centre	Apr 9	8	417774	\$40
	Yoga-Flow	W	6:30PM-7:30PM	Lakeside Community Centre	Apr 11	8	418501	\$40
	Yoga	Th	6:30PM-7:30PM	Lakeside Community Centre	Apr 5	10	417775	\$50
	Yoga (Returning)	Th	7:30PM-9:00PM	Lakeside Community Centre	Apr 5	10	417776	\$75
Program Name	Day	Time	Location	Start	Classes	Code	Fee	
Wellness	Yoga	Th	6:30PM-7:30PM	Lakeside Community Centre	Jun 14	8	417904	\$40
	Yoga (Returning)	Th	7:30PM-9:00PM	Lakeside Community Centre	Jun 14	8	417905	\$60

Program Name	Day	Time	Location	Start	Classes	Code	Fee
Mother & Child Paint Night	W	6:30PM-8:00PM	Lakeside Community Centre	May 10	1	421080	\$23

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Nature Nuts	3-5	Tu-F	9:00AM-12:00PM	Lakeside Community Centre	Jul 3-6	4	418526	\$34
Little Theatre	3-5	M-F	9:00AM-12:00PM	Lakeside Community Centre	Jul 9-13	5	417928	\$42
Fun With French	3-5	M-F	9:00AM-12:00PM	Lakeside Community Centre	Jul 16-20	5	417929	\$42
Fairytale Land	3-5	M-F	9:00AM-12:00PM	Lakeside Community Centre	Jul 23-27	5	417930	\$42
Mini Olympics	3-5	M-F	9:00AM-12:00PM	Lakeside Community Centre	Jul 30-Aug 3	5	417931	\$42
Under the Sea	3-5	Tu-F	9:00AM-12:00PM	Lakeside Community Centre	Aug 7-10	4	417932	\$34
Summer Superheroes	3-5	M-F	9:00AM-12:00PM	Lakeside Community Centre	Aug 13-17	5	417933	\$42
Out of This World	3-5	M-F	9:00AM-12:00PM	Lakeside Community Centre	Aug 20-24	5	420930	\$42

Child

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Super Summer Adventures	6-8	Tu-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 3-6	4	417911	\$88
Super Summer Adventures	6-8	M-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 9-13	5	417912	\$106
Super Summer Adventures	6-8	M-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 16-20	5	417913	\$106
Super Summer Adventures	6-8	M-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 23-27	5	417914	\$106
Super Summer Adventures	6-8	M-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 30-Aug 3	5	417915	\$106
Super Summer Adventures	6-8	Tu-F	8:30AM-4:30PM	Lakeside Community Centre	Aug 7-10	4	417916	\$88
Super Summer Adventures	6-8	M-F	8:30AM-4:30PM	Lakeside Community Centre	Aug 13-17	5	417917	\$106
Super Summer Adventures	6-8	M-F	8:30AM-4:30PM	Lakeside Community Centre	Aug 20-24	5	417918	\$106
Super Summer Adventures	9-12	Tu-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 3-6	4	417919	\$88
Super Summer Adventures	9-12	M-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 9-13	5	417920	\$106
Super Summer Adventures	9-12	M-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 16-20	5	417921	\$106
Super Summer Adventures	9-12	M-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 23-27	5	417922	\$106
Super Summer Adventures	9-12	M-F	8:30AM-4:30PM	Lakeside Community Centre	Jul 30-Aug 3	5	417923	\$106
Super Summer Adventures	9-12	Tu-F	8:30AM-4:30PM	Lakeside Community Centre	Aug 7-10	4	417924	\$88
Super Summer Adventures	9-12	M-F	8:30AM-4:30PM	Lakeside Community Centre	Aug 13-17	5	417925	\$106
Super Summer Adventures	9-12	M-F	8:30AM-4:30PM	Lakeside Community Centre	Aug 20-24	5	417926	\$106

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Sports Camp	6-8	M-F	9:00AM-12:00PM	BLT Junior Elementary	Jul 9-13	5	417907	\$36
Sports Camp	9-12	M-F	9:00AM-12:00PM	BLT Junior Elementary	Jul 16-20	5	417908	\$36
Tennis Lessons	7-10	M-Th	9:30AM-11:30AM	Lakeside Community Centre	Aug 27-30	4	417909	\$23
Tennis Lessons	9-12	M-Th	12:30PM-2:30PM	Lakeside Community Centre	Aug 27-30	4	417910	\$23

Youth Outings & Activities

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Rollerblading at the Oval	12-15	Th	9:30AM-3:30PM	Lakeside Community Centre	Jul 5	1	417946	\$5
Bon Fire & Movie	12-15	Tu	6:30PM-10:30PM	Lakeside Community Centre	Jul 10	1	417947	FREE
Laser Tag	12-15	Tu	1:00PM-4:00PM	Lakeside Community Centre	Jul 17	1	417948	\$20
Bowling	12-15	Th	12:00PM-4:00PM	Lakeside Community Centre	Jul 19	1	417949	\$12
Silk Screening & Reverse Tie Dye	12-15	Tu	1:00PM-4:00PM	Lakeside Community Centre	Jul 24	1	417950	FREE
Urban Adventure	12-15	Tu	9:00AM-4:30PM	Lakeside Community Centre	Jul 31	1	417951	\$15
Movie	12-15	Tu	10:00AM-3:30PM	Lakeside Community Centre	Aug 7	1	417952	\$15
Field Day & BBQ	12-15	Th	11:00AM-4:00PM	Lakeside Community Centre	Aug 9	1	417953	\$5
Putting Edge & Pancakes	12-15	Tu	9:30AM-1:30PM	Lakeside Community Centre	Aug 14	1	417954	\$18
Rock Climbing	12-15	Th	6:30PM-8:30PM	Lakeside Community Centre	Aug 16	1	417955	\$15
Community Art Project	12-15	Tu	1:00PM-4:00PM	Lakeside Community Centre	Aug 21	1	417945	\$5

Fee covers bus fare & admission.

YOUTH LEADERSHIP

INFORMATION SESSION

Level	Age	Day	Time	Location	Start	Code
I & II	12-15	W	6:30PM-7:30PM	Lakeside Community Centre	Jun 13	418767

For more information see page 10 or visit halifax.ca/youth





Individuals who are physically literate move with competence and confidence in a wide variety of physical activities in multiple environments that benefit the healthy development of the whole person.

COLE HARBOUR & LAWRENCETOWN

Cole Harbour Community Centre

1216 Cole Harbour Road Phone: 902.490.4711

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts	Parent/Tot Art Exploration!	1-5	Tu	1:00PM-1:45PM	Cole Harbour Recreation Centre	Apr 10	8	415758 \$28
Dance & Drama	Pre-Ballet	4-5	M	5:00PM-5:40PM	Cole Harbour Recreation Centre	Apr 9	8	415760 \$24
	Pre-Ballet	4-5	M	5:45PM-6:25PM	Cole Harbour Recreation Centre	Apr 9	8	415761 \$24
	Parent & Tot Dance	18m-4	M	9:45AM-10:30AM	Cole Harbour Recreation Centre	Apr 9	8	415759 \$17
General Interest	Music Kids	3-5	Th	1:00PM-1:45PM	Cole Harbour Recreation Centre	Apr 5	8	415762 \$23
Parent & Tot	Parent & Tot Soccer	3-5	M	6:00PM-6:30PM	Eric Graves Junior High	Apr 9	8	415767 \$10
	Parent & Tot Soccer	3-5	Tu	6:00PM-6:30PM	Atlantic View Elementary	Apr 17	6	415768 \$9
	Parent & Tot Basketball	3-5	M	6:30PM-7:00PM	Eric Graves Junior High	Apr 9	8	415764 \$10
Sports & Fitness	Tumblebugs	4-5	W	5:30PM-6:15PM	Cole Harbour Recreation Centre	Apr 4	8	417192 \$23
	Tumblebugs	4-5	W	6:30PM-7:15PM	Cole Harbour Recreation Centre	Apr 4	8	417193 \$23
	Little Sports	3-5	W	6:00PM-6:45PM	Cole Harbour District High	Apr 4	8	415765 \$21
	Little Sports	3-5	Sa	9:00AM-9:45AM	Astral Drive Junior High	Apr 7	8	415766 \$21
	Preschool Soccer	4-5	Tu	5:30PM-6:15PM	Colonel John Stuart Elementary	Apr 10	8	415769 \$21
Wellness	Yoga for Preschoolers	3-5	W	10:00AM-10:45AM	Cole Harbour Recreation Centre	Apr 11	8	415770 \$24

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts	Crafty Kids!	6-12	F	4:00PM-5:00PM	Cole Harbour Recreation Centre	Apr 6	8	415739 \$27
	Super Science Saturday	6-12	Sa	2:00PM-3:00PM	Cole Harbour Recreation Centre	Apr 7	8	415740 \$27
Dance & Drama	Ballet	5-7	M	6:30PM-7:15PM	Cole Harbour Recreation Centre	Apr 9	8	415741 \$24
	Broadway Kids	6-11	Sa	1:00PM-2:00PM	Cole Harbour Recreation Centre	Apr 7	8	415742 \$30
	Improv	12-15	Sa	2:00PM-3:00PM	Cole Harbour Recreation Centre	Apr 7	8	415743 \$30
Sports & Fitness	Basketball	5-6	Tu	6:00PM-7:00PM	Astral Drive Elementary	Apr 3	6	415744 \$21
	Basketball	7-9	Tu	7:00PM-8:00PM	Astral Drive Elementary	Apr 3	6	415745 \$21
	Basketball	6-10	F	6:30PM-7:15PM	Atlantic View Elementary	Apr 6	6	415746 \$16
	Floor Hockey	5-7	W	6:00PM-6:45PM	Caldwell Road Elementary	Apr 11	6	415747 \$16

	Floor Hockey	8-10	W	7:00PM-7:45PM	Caldwell Road Elementary	Apr 11	6	415748	\$16
	All Sorts of Sports	6-10	Tu	6:45PM-7:30PM	Atlantic View Elementary	Apr 17	6	415750	\$16
	All Sorts of Sports	6-10	W	6:45PM-7:30PM	Cole Harbour District High	Apr 4	8	415751	\$21
	Run, Jump, Throw	5-8	W	6:00PM-6:45PM	Cole Harbour District High	Apr 4	8	415752	\$21
	Soccer	6-8	Tu	6:15PM-7:00PM	Colonel John Stuart Elementary	Apr 10	8	415753	\$21
	Mini Volleyball	5-7	M	6:00PM-6:45PM	Caldwell Road Elementary	Apr 9	6	415754	\$16
	Mini Volleyball	8-11	M	6:45PM-7:45PM	Caldwell Road Elementary	Apr 9	6	415755	\$21
Wellness	Yoga for Kids	6-10	Sa	10:30AM-11:15AM	Cole Harbour Recreation Centre	Apr 14	8	415738	\$24

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
Wellness	Youth Yoga	12-17	Tu	6:15PM-7:15PM	Cole Harbour Recreation Centre	Apr 3	10	415775	\$40

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Oil Painting	Sa	10:00AM-12:00PM	Cole Harbour Recreation Centre	Apr 7	8	415721	\$68
	Knitting	W	2:00PM-3:30PM	Cole Harbour Recreation Centre	Apr 11	8	415722	\$51
	Paint Night	F	7:00PM-9:00PM	Cole Harbour Recreation Centre	Apr 27	1	415723	\$30
	Paint Night	F	7:00PM-9:00PM	Cole Harbour Recreation Centre	May 18	1	415724	\$30
Dance & Drama	Belly Dance	W	7:30PM-8:30PM	Cole Harbour Recreation Centre	Apr 11	8	415726	\$46
Sports & Fitness	50 + Fitness	Tu	10:30AM-11:15AM	Cole Harbour Recreation Centre	Apr 3	10	415715	\$32
	50 + Fitness	W	10:30AM-11:15AM	Cole Harbour Recreation Centre	Apr 4	10	417187	\$32
	50 + Fitness	Th	9:15AM-10:00AM	Cole Harbour Recreation Centre	Apr 5	10	417188	\$32
	50+ Fitness	F	9:15AM-10:00AM	Cole Harbour Recreation Centre	Apr 6	10	415718	\$32
	Cardio-Strength	Tu	6:30PM-7:15PM	Cole Harbour Recreation Centre	Apr 3	10	417184	\$32
	Cardio-Strength	Th	6:30PM-7:15PM	Cole Harbour Recreation Centre	Apr 5	10	417190	\$32
	All Abs	Tu	7:20PM-7:50PM	Cole Harbour Recreation Centre	Apr 3	10	417185	\$22
	All Abs	Th	7:20PM-7:50PM	Cole Harbour Recreation Centre	Apr 5	10	417191	\$22
	Crossfit	W	6:30PM-7:15PM	Cole Harbour Recreation Centre	Apr 4	10	415717	\$32
	Pilates	M	6:30PM-7:15PM	Cole Harbour Recreation Centre	Apr 2	10	415712	\$32
	Pilates-Healthy Back & Core	Tu	9:30AM-10:15AM	Cole Harbour Recreation Centre	Apr 3	10	415714	\$32
	Pilates-Strength & Sculpt	Th	10:15AM-11:00AM	Cole Harbour Recreation Centre	Apr 5	10	417189	\$32
	Seated Pilates	W	11:30AM-12:30PM	Cole Harbour Recreation Centre	Apr 4	10	417749	\$43
	Yoga-lates	W	9:15AM-10:15AM	Cole Harbour Recreation Centre	Apr 4	10	417186	\$32
	Zumba	M	7:30PM-8:30PM	Cole Harbour Recreation Centre	Apr 2	10	415713	\$50
	Zumba GOLD	F	10:15AM-11:15AM	Cole Harbour Recreation Centre	Apr 6	10	415719	\$50
	Adapted Zumba	W	7:00PM-7:45PM	Astral Drive Junior High	Apr 11	8	415720	\$30
Wellness	Tai Chi Beginner	Th	6:30PM-7:30PM	Cole Harbour Recreation Centre	Apr 5	10	415729	\$43
	Tai Chi Long Form	Th	7:45PM-9:00PM	Cole Harbour Recreation Centre	Apr 5	10	415728	\$51
	Yang/Yin Restorative Yoga	M	10:30AM-11:45AM	Cole Harbour Recreation Centre	Apr 9	9	415734	\$56
	Yoga Basics	Tu	11:30AM-12:30PM	Cole Harbour Recreation Centre	Apr 3	10	415730	\$50
	Yin Yoga	Tu	12:45PM-1:45PM	Cole Harbour Recreation Centre	Apr 3	10	415731	\$50
	Yoga	Tu	7:30PM-8:45PM	Cole Harbour Recreation Centre	Apr 3	10	415732	\$62

Bros-ga (Yoga For Men)	W	7:30PM-8:30PM	Cole Harbour Recreation Centre	Apr 4	10	417641	\$50
Vinyasa Flow Yoga	W	6:00PM-7:00PM	Astral Drive Junior High	Apr 11	8	417591	\$40
Yoga	Th	10:30AM-11:45AM	Cole Harbour Recreation Centre	Apr 5	10	415735	\$62
Family Yoga	Sa	11:30AM-12:30PM	Cole Harbour Recreation Centre	Apr 14	8	415736	\$40

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Colour Explosion	3-5	Tu-F	9:00AM-12:00PM	Cole Harbour Recreation Centre	Jul 3-6	4	415881	\$34
Colour Explosion	3-5	Tu-F	12:30PM-3:30PM	Cole Harbour Recreation Centre	Jul 3-6	4	415882	\$34
Munsch-Kin Land	3-5	M-F	9:00AM-12:00PM	Cole Harbour Recreation Centre	Jul 9-13	5	415883	\$42
Disney Adventures	3-5	M-F	9:00AM-12:00PM	Cole Harbour Recreation Centre	Jul 16-20	5	415884	\$42
Disney Adventures	3-5	M-F	12:30PM-3:30PM	Cole Harbour Recreation Centre	Jul 16-20	5	415885	\$42
People in Your Neighbourhood	3-5	M-F	9:00AM-12:00PM	Cole Harbour Recreation Centre	Jul 23-27	5	415886	\$42
Ooey Goey	3-5	M-F	9:00AM-12:00PM	Cole Harbour Recreation Centre	Jul 30-Aug 3	5	415887	\$42
Shake, Rattle & Roll	3-5	Tu-F	9:00AM-12:00PM	Cole Harbour Recreation Centre	Aug 7-10	4	415888	\$34
Diggin' Dinos	3-5	M-F	9:00AM-12:00PM	Cole Harbour Recreation Centre	Aug 13-17	5	415889	\$42
3,2,1...Blast Off!	3-5	M-F	9:00AM-12:00PM	Cole Harbour Recreation Centre	Aug 20-24	5	415890	\$42

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Little Sports	3-5	Tu-F	9:00AM-10:00AM	Cole Harbour District High	Jul 3-6	4	415891	\$14
Little Sports	3-5	M-F	10:00AM-11:00AM	Cole Harbour District High	Jul 23-27	5	415892	\$17
Little Dribblers	4-6	Tu-F	10:00AM-11:10AM	Cole Harbour District High	Aug 7-10	4	415893	\$14

Child

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Amazing Adventures	10-12	Tu-F	9:00AM-4:00PM	Cole Harbour District High	Jul 3-6	4	415855	\$120
Amazing Adventures	10-13	M-Th	9:00AM-4:00PM	Cole Harbour District High	Jul 30-Aug 2	4	415856	\$120
Kid-Vention	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	Cole Harbour Recreation Centre	Jul 3-6	4	415873	\$96
Superhero Adventures	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Cole Harbour Recreation Centre	Jul 9-13	5	415874	\$120
Olympics	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Cole Harbour Recreation Centre	Jul 16-20	5	415875	\$120
Super Soaked	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Cole Harbour Recreation Centre	Jul 23-27	5	415876	\$120
Art Attack	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Cole Harbour Recreation Centre	Jul 30-Aug 3	5	415877	\$120
Mission Impossible	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	Cole Harbour Recreation Centre	Aug 7-10	4	415878	\$96
Lights! Camera! Action!	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Cole Harbour Recreation Centre	Aug 13-17	5	415879	\$120
Silly Science	5 ^{1/2} -12	M-F	8:00AM-5:00PM	Cole Harbour Recreation Centre	Aug 20-24	5	415880	\$120
History Hunters	9-12	Tu-F	9:00AM-4:00PM	Fairbanks Centre	Jul 3-6	4	418480	\$66
Canoe Adventures	9-12	M-F	9:00AM-4:00PM	Fairbanks Centre	Jul 9-13	5	418482	\$83
It's a Bugs Life	9-12	M-F	9:00AM-4:00PM	Fairbanks Centre	Jul 16-20	5	418483	\$83
Super Soaked	9-12	M-F	9:00AM-4:00PM	Fairbanks Centre	Jul 23-27	5	418484	\$83

Going on a Treasure Hunt	9-12	M-F	9:00AM-4:00PM	Fairbanks Centre	Jul 30-Aug 3	5	418485	\$83
River Runner	9-12	Tu-F	9:00AM-4:00PM	Fairbanks Centre	Aug 7-10	4	418486	\$66
Lights! Camera! Action!	9-12	M-F	9:00AM-4:00PM	Fairbanks Centre	Aug 13-17	5	418497	\$83
Habitat Explorers	9-12	M-F	9:00AM-4:00PM	Fairbanks Centre	Aug 20-24	5	418498	\$83

Specialty Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Broadway Kids	6-10	M-F	1:00PM-4:00PM	Cole Harbour Recreation Centre	Jul 9-13	5	415919	\$43
Dance Camp	6-10	M-F	12:30PM-3:30PM	Cole Harbour Recreation Centre	Jul 23-27	5	415920	\$43
Artists in Action!	9-13	M-F	12:30PM-3:30PM	Cole Harbour Recreation Centre	Jul 30-Aug 3	5	415921	\$43
Kids in the Kitchen	9-12	Tu-F	12:30PM-3:30PM	Cole Harbour Recreation Centre	Aug 7-10	4	415922	\$45

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
All Sorts of Sports	6-8	Tu-F	10:00AM-12:00PM	Cole Harbour District High	Jul 3-6	4	415857	\$23
All Sorts of Sports	9-12	Tu-F	12:30PM-3:00PM	Cole Harbour District High	Jul 3-6	4	415858	\$29
Floor Hockey Camp	6-8	M-F	9:00AM-11:30AM	Astral Drive Junior High	Jul 9-13	5	415859	\$36
Floor Hockey Camp	9-12	M-F	12:00PM-3:00PM	Astral Drive Junior High	Jul 9-13	5	415860	\$43
Basketball Camp	6-8	M-F	9:00AM-11:30AM	Astral Drive Elementary	Jul 16-20	5	415861	\$36
Basketball Camp	9-12	M-F	12:00PM-3:00PM	Astral Drive Elementary	Jul 16-20	5	415862	\$43
Soccer Camp	6-8	M-F	9:00AM-11:30AM	Astral Drive Elementary	Jul 23-27	5	415863	\$36
Soccer Camp	9-12	M-F	12:00PM-3:00PM	Astral Drive Elementary	Jul 23-27	5	415864	\$43
Mini Volleyball	8-12	M-F	12:00PM-3:00PM	Cole Harbour District High	Jul 30-Aug 3	5	415865	\$43
Badminton Camp	9-12	Tu-F	11:30AM-2:30PM	Cole Harbour District High	Aug 7-10	4	415866	\$35
Tennis	6-8	M-F	8:45AM-10:15AM	Forest Hills Common	Jul 9-13	5	415867	\$22
Tennis	9-12	M-F	10:30AM-12:00PM	Forest Hills Common	Jul 9-13	5	415868	\$22
Tennis	6-8	M-F	8:45AM-10:15AM	Forest Hills Common	Jul 23-27	5	415869	\$22
Tennis	9-12	M-F	10:30AM-12:00PM	Forest Hills Common	Jul 23-27	5	415870	\$22
Tennis	6-8	Tu-F	8:45AM-10:15AM	Forest Hills Common	Aug 7-10	4	415871	\$18
Tennis	9-12	Tu-F	10:30AM-12:00PM	Forest Hills Common	Aug 7-10	4	415872	\$18

Youth

Specialty Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Filmmaking & Photography	11-15	M-F	12:30PM-3:30PM	Cole Harbour Recreation Centre	Aug 13-17	5	415898	\$43
Pottery Creations	12-16	F	9:30AM-3:30PM	Cole Harbour Recreation Centre	Jul 20	1	415906	\$30

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Volleyball Camp	12-15	M-F	9:00AM-12:00PM	Cole Harbour District High	Jul 16-20	5	415900	\$43
Badminton Camp	12-15	M-F	12:00PM-3:00PM	Cole Harbour District High	Jul 16-20	5	415901	\$43
Open Gym	12-17	M-F	12:30PM-3:00PM	Cole Harbour District High	Jul 9-13	5	415903	FREE
Open Gym	12-17	M-F	11:00AM-2:30PM	Cole Harbour District High	Jul 23-27	5	415904	FREE

Day Trips

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
On-Tree Adventure Park	12-16	F	9:00AM-4:00PM	Cole Harbour Recreation Centre	Jul 27	1	415905	\$40
Rock Climbing	12-15	F	10:30AM-4:30PM	Cole Harbour Recreation Centre	Aug 3	1	415907	\$30
Surfing Adventure	13-16	F	8:30AM-4:30PM	Cole Harbour Recreation Centre	Aug 17	1	415908	\$70

Program fees include transportation, admission, & supply costs

YOUTH LEADERSHIP

INFORMATION SESSION

Level	Age	Day	Time	Location	Start	Code
I & II	13-15	M	7:45PM-8:45PM	Cole Harbour Recreation Centre	May 28	415773

For more information see page 10 or visit halifax.ca/youth

Youth Leadership Program Level I,II

Applications will be available on May 15, 2018 at the Cole Harbour Recreation Centre. Application deadline is June 8, 2018. Limited number of spaces available.

COLE HARBOUR, CHERRYBROOK & LAWRENCETOWN





DARTMOUTH

Findlay Community Centre

26 Elliot Street Phone: 902.490.4728

Dartmouth North Community Centre

105 Highfield Park Drive Phone: 902.490.5900

Research has shown that being physically active later in life depends on an individual's ability to feel confident in an activity setting.

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Creative Start	3-6	Sa	10:00AM-10:50AM	Dartmouth North Community Centre	Mar 31	8	420254	\$28
Dance & Drama Ballet	3-5	W	4:45PM-5:30PM	Findlay Community Centre	Apr 11	6	415316	\$18
Ballet	3-5	W	5:45PM-6:30PM	Findlay Community Centre	Apr 11	6	415317	\$18
Ballet	3-5	W	6:00PM-6:40PM	Ian Forsyth Elementary	Apr 4	8	418845	\$24
Ballet	3-5	W	6:40PM-7:20PM	Ian Forsyth Elementary	Apr 4	8	418846	\$24
Parent & Tot Parent & Tot	18m-3	M	9:30AM-11:30AM	Findlay Community Centre	Apr 9	10	415318	\$50
Parent & Tot	18m-3	W	9:30AM-11:30AM	Findlay Community Centre	Apr 11	10	415319	\$50
Parent & Tot Soccer	3-5	Sa	10:00AM-10:30AM	Findlay Community Centre	Apr 14	6	415320	\$11
Music Babies	3-18m	Tu	9:30AM-10:15AM	Findlay Community Centre	Apr 3	10	415321	\$28
Music Tots	18m-3	Tu	10:30AM-11:15AM	Findlay Community Centre	Apr 3	10	415322	\$28
Preschool Play ABC & ME	4-5	Tu,Th	1:00PM-3:00PM	Findlay Community Centre	Apr 10	20	415329	\$124
Music Kids	3-5	Tu	11:30AM-12:15PM	Findlay Community Centre	Apr 3	10	415323	\$28
Tot Time	3-5	M	9:30AM-11:30AM	Findlay Community Centre	Apr 9	10	415324	\$62
Tot Time	3-5	Tu	9:30AM-11:30AM	Findlay Community Centre	Apr 10	10	415325	\$62
Tot Time	3-5	W	9:30AM-11:30AM	Findlay Community Centre	Apr 11	10	415326	\$62
Tot Time	3-5	Th	9:30AM-11:30AM	Findlay Community Centre	Apr 12	10	415327	\$62
Tot Time	3-5	F	9:30AM-11:30AM	Findlay Community Centre	Apr 13	10	415328	\$62
Tot Time	3-5	M	9:30AM-11:30AM	Port Wallis Church	Apr 9	8	418502	\$50

DARTMOUTH

**RECREATION
DAY
JUNE 2**

halifax.ca/rec

	Tot Time	3-5	W	9:30AM-11:30AM	Port Wallis Church	Apr 4	10	418503	\$62
	Tot Time	3-5	F	9:30AM-11:30AM	Port Wallis Church	Apr 6	9	418504	\$56
Sports & Fitness	Soccer	3-5	Sa	10:45AM-11:30AM	Findlay Community Centre	Apr 14	6	415338	\$16
	Soccer	3-5	Sa	11:45AM-12:30PM	Findlay Community Centre	Apr 14	6	415339	\$16
	Little Sports	3-5	Su	9:00AM-9:45AM	Findlay Community Centre	Apr 8	6	415340	\$16
	NEW Mommy & Me Fitness	0-36m	Sa	11:00AM-12:00PM	Dartmouth North Community Centre	Mar 31	8	415923	\$28
	Tumblebugs	3-5	Sa	9:00AM-9:45AM	Dartmouth North Community Centre	Mar 31	8	420247	\$23

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Creative Start	6-11	Sa	11:00AM-11:50AM	Dartmouth North Community Centre	Mar 31	8	420256	\$28
	Pottery	7-9	M	4:00PM-6:00PM	Findlay Community Centre	Apr 16	8	415261	\$80
	Pottery	7-9	Tu	4:00PM-6:00PM	Findlay Community Centre	Apr 17	8	415262	\$80
	Pottery	10-13	W	4:00PM-6:00PM	Findlay Community Centre	Apr 18	8	415263	\$80
Dance & Drama	Ballet	6-9	W	6:45PM-7:30PM	Findlay Community Centre	Apr 11	6	415264	\$18
	Hip Hop	7-10	F	5:30PM-6:30PM	Findlay Community Centre	Apr 6	6	415265	\$25
	Hip Hop	11-14	F	6:30PM-7:30PM	Findlay Community Centre	Apr 6	6	415266	\$25
	Jazz	5-9	W	7:20PM-8:00PM	Ian Forsyth Elementary	Apr 4	8	418847	\$24
General Interest	Kidz in the Kitchen	8-12	F	3:15PM-5:00PM	Dartmouth North Community Centre	Apr 6	8	418850	\$30
	Cooking For Fun	6-8	Sa	9:00AM-10:00AM	Findlay Community Centre	Apr 14	6	415267	\$32
	Cooking For Fun	9-13	Sa	10:15AM-11:15AM	Findlay Community Centre	Apr 14	6	415268	\$32
	Guitar	7-11	M	6:00PM-7:00PM	Findlay Community Centre	Apr 16	8	415269	\$30
Sports & Fitness	Basketball	6-8	W	6:00PM-7:00PM	Findlay Community Centre	Apr 4	6	415276	\$21
	Basketball	9-12	W	7:00PM-8:00PM	Findlay Community Centre	Apr 4	6	415277	\$21
	Soccer	5-7	Tu	6:00PM-6:50PM	Dartmouth North Community Centre	Apr 3	8	419932	\$28
	Soccer	8-12	Tu	7:00PM-7:50PM	Dartmouth North Community Centre	Apr 3	8	419933	\$28
	Floor Hockey	7-9	Th	6:00PM-7:00PM	Findlay Community Centre	Apr 5	6	415278	\$21
	Floor Hockey	10-13	Th	7:00PM-8:00PM	Findlay Community Centre	Apr 5	6	415279	\$21
	Soccer	6-8	Sa	12:30PM-1:30PM	Findlay Community Centre	Apr 14	6	415280	\$21
	Soccer	9-12	Sa	1:30PM-2:30PM	Findlay Community Centre	Apr 14	6	415281	\$21
	Soccer en Francais	6-8	Sa	9:00AM-10:00AM	Findlay Community Centre	Apr 14	6	415282	\$21
	Soccer	5-7	Tu	6:00PM-6:50PM	Ian Forsyth Elementary	Apr 3	8	418538	\$28
	Soccer	8-12	Tu	7:00PM-7:50PM	Ian Forsyth Elementary	Apr 3	8	418539	\$28
	All Sorts of Sports	6-10	Su	10:00AM-11:00AM	Findlay Community Centre	Apr 8	6	415283	\$21
	Run Jump Throw Wheel	6-8	Sa	10:00AM-10:45AM	Dartmouth North Community Centre	Mar 31	8	420251	\$28

FREE Drop In Basketball

Elementary school age | Fridays | 6-7 p.m. | Harbourview Elementary School
 Youth | Fridays | 7:30-10 p.m. | John Martin Junior High School
 Youth | Saturdays | 1:30-3:30 p.m. | Harbourview Elementary School

Wellness	Yoga	5-7	M	4:30PM-5:15PM	Findlay Community Centre	Apr 16	6	415313	\$16
	Yoga	5-7	M	5:15PM-6:00PM	Findlay Community Centre	Apr 16	6	415314	\$16
	Yoga	8-11	M	6:00PM-7:00PM	Findlay Community Centre	Apr 16	6	415315	\$22
	Yoga	6-12	Sa	9:00AM-10:00AM	Dartmouth North Community Centre	Mar 31	8	420259	\$24

Youth

Program Name		Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts	Creative Start	11+	Sa	12:00PM-1:00PM	Dartmouth North Community Centre	Mar 31	8	420258	\$28
	Pottery	13-16	Th	4:00PM-6:00PM	Findlay Community Centre	Apr 19	8	415341	\$80
	Strong Girl's Art Club	11-15	Sa	1:00PM-3:00PM	Findlay Community Centre	Apr 7	8	415342	\$61
General Interest	Babysitter's Training	11-16	Su	9:00AM-4:00PM	Findlay Community Centre	May 6	1	415343	\$37
	Guitar	12-16	M	7:00PM-8:00PM	Findlay Community Centre	Apr 16	8	415345	\$30
Wellness	Yoga	12-18	Su	2:30PM-3:30PM	Findlay Community Centre	Apr 15	6	415349	\$22

Adult

Program Name		Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts	Drawing	Tu	10:00AM-12:00PM	Findlay Community Centre	Apr 10	8	415230	\$68
	Knitting	W	7:30PM-8:30PM	Findlay Community Centre	Apr 11	8	420936	\$34
	Pottery	Tu	9:30AM-12:30PM	Findlay Community Centre	Apr 10	8	415231	\$144
	Pottery	Tu	6:30PM-9:30PM	Findlay Community Centre	Apr 10	8	415232	\$144
	Pottery Returning	W	9:30AM-12:30PM	Findlay Community Centre	Apr 11	8	415233	\$144
	Pottery Returning	W	6:30PM-9:30PM	Findlay Community Centre	Apr 11	8	415234	\$144
	Pottery Sculpture	Th	6:30PM-9:30PM	Findlay Community Centre	Apr 12	8	415235	\$144
	Pottery Returning	Th	9:30AM-12:30PM	Findlay Community Centre	Apr 12	8	415236	\$144
	NEW Intermediate Crochet	M	6:30-PM-7:30PM	Dartmouth North Community Centre	Apr 9	6	419991	\$26
	NEW Intermediate Crochet	Tu	12:00PM-1:00PM	Dartmouth North Community Centre	Apr 3	6	419990	\$26
	Beginner Crochet	Tu	6:30-PM 7:30PM	Dartmouth North Community Centre	Apr 3	6	419994	\$31
	Creative Start	Tu	7:00PM-8:00PM	Dartmouth North Community Centre	Apr 3	8	419996	\$34
	Creative Start	Th	7:00PM-8:00PM	Dartmouth North Community Centre	Apr 5	8	419998	\$34
Dance & Drama	HipHop & Soul Line Dancing	Th	7:00PM-8:00PM	Dartmouth North Community Centre	Apr 5	8	420235	\$34
General Interest	Guitar	M	8:00PM-9:00PM	Findlay Community Centre	Apr 16	8	415239	\$57
	Digital SLR Photography	W	7:00PM-8:30PM	Dartmouth North Community Centre	Apr 4	10	418849	\$64
	Photography Workshop	W	7:30PM-9:00PM	Findlay Community Centre	Apr 11	8	415240	\$52
Sports & Fitness	Badminton	M	7:00PM-8:30PM	Eric Graves Junior High	Apr 9	7	415241	\$38
	Badminton	M	8:30PM-10:00PM	Eric Graves Junior High	Apr 9	7	415242	\$38
	Badminton	Tu	6:00PM-8:00PM	Bicentennial School	Apr 3	8	415243	\$57
	Step Challenge	M	9:00AM-10:00AM	Findlay Community Centre	Apr 9	11	415247	\$48
	Low Impact Fitness	Tu	9:00AM-10:00AM	Findlay Community Centre	Apr 10	11	415248	\$48

NEW All-ages Breakdance

W | 6 p.m. - 8 p.m. | Dartmouth North Community Centre | Drop-in

Family Open Gym (children accompanied by parents, or in elementary school)

Sa | 11 a.m. - 1 p.m. | Dartmouth North Community Centre

	Step & Stability Ball Class	W	9:00AM-10:00AM	Findlay Community Centre	Apr 11	11	415249	\$48
	Low Impact Fitness	Th	9:00AM-10:00AM	Findlay Community Centre	Apr 12	11	415250	\$48
	NEW Boot Camp	Th	7:00PM-8:00PM	Dartmouth North Community Centre	Mar 29	8	420237	\$34
	NEW Beginner Pickleball	F	6:00PM-7:00PM	Prince Andrew High School	Apr 27	4	420245	\$15
	NEW Pickleball Non-competitive	F	7:00PM-9:00PM	Prince Andrew High School	Apr 27	4	420246	\$29
	Beginner Pickleball	Sa	9:00AM-10:00AM	Harbourview Elementary School	Mar 31	8	420240	\$29
	NEW Pickleball Lessons (Women)	Sa	10:00AM-12:00PM	Harbourview Elementary School	Mar 31	4	420242	\$58
	NEW Pickleball Lessons (Women)	Sa	10:00AM-12:00PM	Harbourview Elementary School	Apr 28	4	420243	\$58
	Zumba	F	9:00AM-10:00AM	Findlay Community Centre	Apr 13	11	415251	\$50
	Zumba	M	6:30PM-7:30PM	Findlay Community Centre	Apr 16	8	415252	\$40
	Gold Zumba	F	12:30PM-1:30PM	Findlay Community Centre	Apr 17	11	415253	\$55
	Spin & Tone	Su	10:30AM-11:30AM	Findlay Community Centre	Apr 8	10	417704	\$43
	Spin & Core	Th	5:15PM-6:15PM	Findlay Community Centre	Apr 12	10	417705	\$43
	Spin & Tone	Tu	5:15PM-6:15PM	Findlay Community Centre	Apr 10	10	417706	\$43
Wellness	NEW Beginner Yoga	M	6:30PM-7:30PM	Dartmouth North Community Centre	Mar 26	8	419881	\$40
	Hatha Yoga	Sa	10:00AM-11:00AM	Dartmouth North Community Centre	Mar 31	8	420262	\$40
	Yoga	M	7:30PM-8:45PM	Findlay Community Centre	Apr 9	8	417714	\$50
	Yoga	W	6:00PM-7:15PM	Findlay Community Centre	Apr 11	8	417715	\$50
	Yoga	F	9:30AM-10:45AM	Findlay Community Centre	Apr 13	8	417716	\$50
	Family Yoga	Su	1:30PM-2:30PM	Findlay Community Centre	Apr 15	8	417717	\$46
	Yoga Fusion	Su	11:00AM-12:00PM	Findlay Community Centre	Apr 15	8	417718	\$30

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, day trip admission & supply costs.

Preschool

Preschooler Play Camps - Findlay Community Centre 902.490.4728

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Dinosaur Detectives	3-5	Tu-F	9:00AM-12:00PM	Findlay Community Centre	Jul 3-6	4	415330	\$39
Out of this World	3-5	M-F	9:00AM-12:00PM	Findlay Community Centre	Jul 9-13	5	415331	\$47
All About Me	3-5	M-F	9:00AM-12:00PM	Findlay Community Centre	Jul 16-20	5	415332	\$47
Under the Big Top	3-5	M-F	9:00AM-12:00PM	Findlay Community Centre	Jul 23-27	5	415333	\$47
Disney Days	3-5	M-F	9:00AM-12:00PM	Findlay Community Centre	Jul 30-Aug 3	5	415334	\$47
Colour Explosion	3-5	Tu-F	9:00AM-12:00PM	Findlay Community Centre	Aug 7-Aug 10	4	415335	\$39
Planes, Trains & Automobiles	3-5	M-F	9:00AM-12:00PM	Findlay Community Centre	Aug 13-17	5	415336	\$47
Barnyard Fun	3-5	M-F	9:00AM-12:00PM	Findlay Community Centre	Aug 20-24	5	415337	\$47

Please Note: 5 year olds attending full day camps must have completed one year of school.

Child

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Blast off to Summer!	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	Findlay Community Centre	Jul 3-6	4	415291	\$97
Blast off to Summer!	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	Findlay Community Centre	Jul 3-6	4	418768	\$97
Around the World in 5 Days	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 9-13	5	415292	\$118

Around the World in 5 Days	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 9-13	5	418769	\$118
Wild Zoofari!	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 16-20	5	415293	\$118
Wild Zoofari!	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 16-20	5	418770	\$118
Comics & Fairy Tales	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 23-27	5	415294	\$118
Comics & Fairy Tales	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 23-27	5	418771	\$118
Art Attack	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 30-Aug 3	5	415295	\$118
Art Attack	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 30-Aug 3	5	418772	\$118
The Great Outdoors	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	Findlay Community Centre	Aug 7-10	4	415296	\$97
The Great Outdoors	5 ^{1/2} -8	Tu-F	8:00AM-5:00PM	Findlay Community Centre	Aug 7-10	4	418773	\$97
Space Station Vacation	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Aug 13-17	5	418774	\$118
Space Station Vacation	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Aug 13-17	5	415297	\$118
Super Soaked!	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Aug 20-24	5	415298	\$118
Super Soaked!	5 ^{1/2} -8	M-F	8:00AM-5:00PM	Findlay Community Centre	Aug 20-24	5	418775	\$118
104 Days of Summer Vacation	9-12	Tu-F	8:00AM-5:00PM	Findlay Community Centre	Jul 3-6	4	415299	\$97
Space Invaders	9-12	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 9-13	5	415300	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 16-20	5	415301	\$118
Jurassic Adventure	9-12	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 23-27	5	415302	\$118
It's a Jungle Out There	9-12	M-F	8:00AM-5:00PM	Findlay Community Centre	Jul 30-3	5	415303	\$118
Art Attack!	9-12	Tu-F	8:00AM-5:00PM	Findlay Community Centre	Aug 7-10	4	415304	\$97
H2O Blast	9-12	M-F	8:00AM-5:00PM	Findlay Community Centre	Aug 13-17	5	415305	\$118
Fantastic Finale	9-12	M-F	8:00AM-5:00PM	Findlay Community Centre	Aug 20-24	5	415306	\$118

Adventure Camps

Adventure Camp	5 ^{1/2} -8	Tu-F	8:00AM-3:30PM	Dartmouth High School	Jul 3-6	4	415307	\$85
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-3:30PM	Dartmouth High School	Jul 9-13	5	415308	\$103
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-3:30PM	Dartmouth High School	Jul 16-20	5	415309	\$103
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-3:30PM	Dartmouth High School	Jul 23-27	5	415310	\$103
Adventure Camp	5 ^{1/2} -8	M-F	8:00AM-3:30PM	Dartmouth High School	Jul 30-Aug 3	5	415311	\$103
Adventure Camp	5 ^{1/2} -8	Tu-F	8:00AM-3:30PM	Dartmouth High School	Aug 7-10	4	415312	\$85

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Tennis Camp	6-8	Tu-F	9:00AM-10:30AM	Woodlawn Church Hall	Jun 5	4	415284	\$22
Tennis Camp	9-12	Tu-F	10:45AM-12:15PM	Woodlawn Church Hall	Jul 3-6	4	415285	\$22
Tennis Camp	6-8	M-F	9:00AM-10:30AM	Brownlow Park	Jun 18-22	5	415286	\$22
Tennis Camp	9-12	M-F	10:45AM-12:15PM	Brownlow Park	Jul 16-20	5	415287	\$22
Basketball Camp	10-15	M-F	9:30AM-12:30PM	Eric Graves Junior High	Jul 9-13	5	415288	\$43
Tennis Camp	6-8	M-F	9:00AM-10:30AM	Portland Estates	Jul 30-Aug 3	5	415289	\$22
Tennis Camp	9-12	M-F	10:45AM-12:15PM	Portland Estates	Jul 30-Aug 3	5	415290	\$22

Summer Camps - Dartmouth North Community Centre 902.490.5900

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Adventureland	6-8	Tu-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 3	4	419430	\$97
Animal Planet	6-8	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 9	5	419431	\$118

Superheroes	6-8	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 16	5	419432	\$118
Around the World in 5 Days	6-8	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 23	5	419433	\$118
Creative Campers	6-8	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 30	5	419434	\$118
Splash Splash	6-8	Tu-F	8:00AM-5:00PM	Dartmouth North Community Centre	Aug 7	4	419435	\$97
Camp Olympics	6-8	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Aug 13	5	419436	\$118
Mission Impossible	6-8	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Aug 20	5	419437	\$118
Adventureland	9-12	Tu-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 3	4	419438	\$97
Animal Planet	9-12	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 9	5	419439	\$118
Superheroes	9-12	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 16	5	419440	\$118
Around the World in 5 Days	9-12	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 23	5	419441	\$118
Creative Campers	9-12	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Jul 30	5	419442	\$118
Splash Splash	9-12	Tu-F	8:00AM-5:00PM	Dartmouth North Community Centre	Aug 7	4	419443	\$97
Camp Olympics	9-12	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Aug 13	5	419444	\$118
Mission Impossible	9-12	M-F	8:00AM-5:00PM	Dartmouth North Community Centre	Aug 20	5	419445	\$118

Summer Camps - South Woodside Elementary

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Messy Art	5 ^{1/2} -12	Tu-F	8:00AM-5:00PM	South Woodside Elementary	Jul 3-6	4	418179	\$97
Silly Science	5 ^{1/2} -12	M-F	8:00AM-5:00PM	South Woodside Elementary	Jul 9-13	5	418170	\$118
Outdoor Adventures	5 ^{1/2} -12	M-F	8:00AM-5:00PM	South Woodside Elementary	Jul 16-20	5	418171	\$118
Storybook Adventures	5 ^{1/2} -12	M-F	8:00AM-5:00PM	South Woodside Elementary	Jul 23-27	5	418172	\$118
Holiday Mix Up	5 ^{1/2} -12	M-F	8:00AM-5:00PM	South Woodside Elementary	Jul 30-Aug 3	5	418173	\$118
Around the World	5 ^{1/2} -12	Tu-F	8:00AM-5:00PM	South Woodside Elementary	Aug 7-10	4	418174	\$97
Water Works	5 ^{1/2} -12	M-F	8:00AM-5:00PM	South Woodside Elementary	Aug 13-17	5	418175	\$118
Wacky Week	5 ^{1/2} -12	M-F	8:00AM-5:00PM	South Woodside Elementary	Aug 20-24	5	418177	\$118

DARTMOUTH

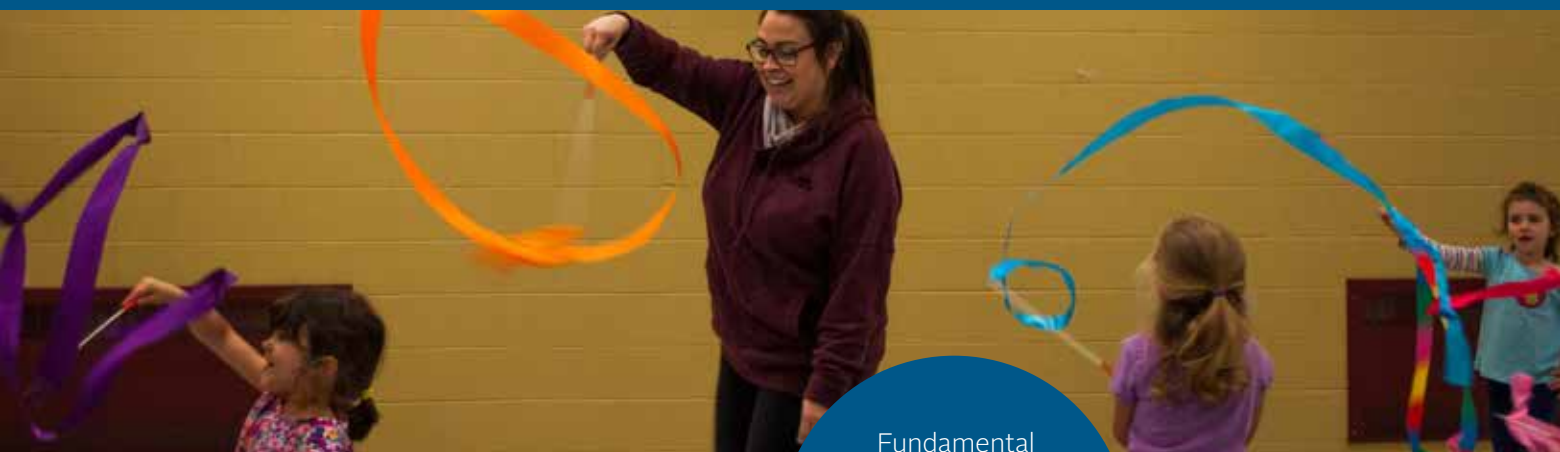
YOUTH LEADERSHIP

INFORMATION SESSIONS

Level	Age	Day	Time	Location	Start	Code
I & II	13-16	W	7:00PM-8:00PM	Findlay Community Centre	Jun 6	415346
I, II & III	13-16	W	7:00PM-8:00PM	Dartmouth North Community Centre	Jun 13	420266

For more information see page 10 or visit halifax.ca/youth





Fundamental movement skills are critical to establishing the foundation for participation in physical activities

EASTERN PASSAGE

Tallahassee Centre

168 Redoubt Way Phone: 902.465.5267

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Messy Art Play!	1-5	Tu	9:00AM-9:45AM	Tallahassee Recreation Centre	Apr 3	8	417548	\$25
Dance & Drama Pre-Ballet	3-5	Su	10:00AM-10:45AM	Tallahassee Recreation Centre	Apr 8	8	417541	\$24
Pre-Ballet	3-5	Su	10:45AM-11:30AM	Tallahassee Recreation Centre	Apr 8	8	417542	\$24
Hip Hop	3-5	Th	5:30PM-6:15PM	Tallahassee Recreation Centre	Apr 5	8	417543	\$24
Parent & Tot Parent & Tot Soccer	2-3	Sa	10:45AM-11:30AM	Tallahassee Recreation Centre	Apr 7	8	417530	\$20
Parent & Tot Drop-In	1-5	Th	8:30AM-11:00AM	Tallahassee Recreation Centre	Apr 5	9	417535	\$5
Sports & Fitness Tumblebugs	3-5	Sa	10:00AM-10:45AM	Tallahassee Recreation Centre	Apr 7	8	417550	\$23
Tumblebugs	3-5	Sa	11:00AM-11:45AM	Tallahassee Recreation Centre	Apr 7	8	417551	\$23

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Art Adventures	5-8	M	3:30PM-4:30PM	Tallahassee Recreation Centre	Apr 9	8	417553	\$27
General Interest Fun in the Kitchen	5-7	Tu	3:15PM-4:15PM	Tallahassee Recreation Centre	Apr 3	8	417566	\$30
Fun in the Kitchen	8-10	Tu	4:30PM-5:30PM	Tallahassee Recreation Centre	Apr 3	8	417567	\$30
Fun in the Kitchen	11-12	Tu	5:45PM-6:45PM	Tallahassee Recreation Centre	Apr 3	8	417568	\$30
Camps In-Service Camp	5-12	Th	8:00AM-5:00PM	Tallahassee Recreation Centre	Apr 19	1	417574	\$25
In-Service Camp	5-12	F	8:00AM-5:00PM	Tallahassee Recreation Centre	May 18	1	417575	\$25
Dance & Drama Ballet	5-9	Su	11:30AM-12:30PM	Tallahassee Recreation Centre	Apr 8	8	417554	\$32
Tap	5-8	Th	5:15AM-6:00AM	Tallahassee Recreation Centre	Apr 5	8	418489	\$24
Hip Hop	6-8	Th	6:15PM-7:00PM	Tallahassee Recreation Centre	Apr 5	8	417556	\$24
Hip Hop	9-12	Th	7:00PM-8:00PM	Tallahassee Recreation Centre	Apr 5	8	417557	\$32
Sports & Fitness All Sorts of Sports	5-8	M	6:00PM-7:00PM	Tallahassee Recreation Centre	Apr 9	8	417563	\$28
Basketball	5-7	Th	5:30PM-6:30PM	Tallahassee Recreation Centre	Apr 5	8	417564	\$28
Basketball	8-12	Th	6:30PM-7:30PM	Tallahassee Recreation Centre	Apr 5	8	417565	\$28
Floor Hockey	5-7	Th	4:45PM-5:30PM	Tallahassee Recreation Centre	Apr 5	8	417558	\$21
Floor Hockey	8-12	Th	5:30PM-6:30PM	Tallahassee Recreation Centre	Apr 5	8	417559	\$28

Soccer	5-7	Sa	11:30AM-12:15PM	Tallahassee Recreation Centre	Apr 7	8	417561	\$21
Soccer	8-12	Sa	12:15PM-1:15PM	Tallahassee Recreation Centre	Apr 7	8	417562	\$28

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Creative Art	11-16	M	7:00PM-8:30PM	Tallahassee Recreation Centre	Apr 9	8	417578	\$41
General Interest Babysitter's Training Course	11-16	Sa	9:00AM-4:00PM	Tallahassee Recreation Centre	Apr 29	1	417590	\$37
Photography	13-16	Tu	7:00PM-8:30PM	Tallahassee Recreation Centre	Apr 3	10	417581	\$35
Park Lane Movie Night	12-18	Th	5:00PM-10:00PM	Tallahassee Recreation Centre	May 10	1	417582	\$30
Teen Cuisine	13-16	Th	7:00PM-8:30PM	Tallahassee Recreation Centre	Apr 5	8	417585	\$44
Sports & Fitness Zumba	13-16	M	6:00PM-7:00PM	Tallahassee Recreation Centre	Apr 9	8	417589	\$32

FREE Youth Night at Tallahassee

Join us for a night of games, music, movies, door prizes and more!
Eastern Passage Junior High Students | April 6-June 22

Youth Action Team

A fun youth group that focuses on community volunteering and event planning that everyone can enjoy. What a great way to build your resume, work as part of a team and contribute to your community. Grade 8-12 | Meetings start April 5 | Th | 6-7:30 p.m.

FREE Family Open Gym

Tallahassee Community Centre | Sundays | April 1-June 24 | 2-4 p.m.

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Paint Night	Tu	7:00PM-9:00PM	Tallahassee Recreation Centre	Apr 24	1	417670	\$30
Paint Night	Tu	7:00PM-9:00PM	Tallahassee Recreation Centre	May 29	1	417671	\$30
Sports & Fitness Zumba	W	7:00PM-8:00PM	Tallahassee Recreation Centre	Apr 4	12	417655	\$60
50+ Fitness	M	9:00AM-10:00AM	Tallahassee Recreation Centre	Apr 9	8	417656	\$39
50+ Fitness	F	9:00AM-10:00AM	Tallahassee Recreation Centre	Apr 6	8	417657	\$39
General Interest Cooking 101	M	6:00PM-8:30PM	Tallahassee Recreation Centre	Apr 9	8	417664	\$95
Baking 101	W	6:00PM-8:30PM	Tallahassee Recreation Centre	Apr 4	8	417665	\$95
Photography	Th	7:30PM-9:30PM	Tallahassee Recreation Centre	Apr 5	10	417659	\$85
Sports & Fitness Pickleball Drop-In	Su	12:00PM-2:00PM	Tallahassee Recreation Centre	Apr 8	12	417675	\$3
Badminton	Tu	6:00PM-7:00PM	Tallahassee Recreation Centre	Apr 3	12	417661	\$5
Basketball Drop-In	W	8:15PM-9:45PM	Tallahassee Recreation Centre	Apr 4	12	417663	\$5
Running Club	W,Sa	6:00PM-7:00PM	Tallahassee Recreation Centre	Apr 4	12	421480	\$54
Wellness Introduction to Yoga	M	6:00PM-7:00PM	Tallahassee Recreation Centre	Apr 9	10	417642	\$50
Yoga Hatha/Flow	M	7:00PM-8:15PM	Tallahassee Recreation Centre	Apr 9	10	417643	\$58
Yoga Drop-In	Tu	7:00PM-8:00PM	Tallahassee Recreation Centre	Apr 3	12	417646	\$5
Yoga Drop-In	Su	7:00PM-8:00PM	Tallahassee Recreation Centre	Apr 8	12	417647	\$5

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool - Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Barnyard Palooza	3-5	Tu-F	9:00AM-12:00PM	Tallahassee Recreation Centre	Jul 3-6	4	418518	\$39
Dr. Seuss on the Loose	3-5	M-F	9:00AM-12:00PM	Tallahassee Recreation Centre	Jul 9-13	5	418519	\$47
Nursery Rhymes	3-5	M-F	9:00AM-12:00PM	Tallahassee Recreation Centre	Jul 16-20	5	418520	\$47
Under the Big Top	3-5	M-F	9:00AM-12:00PM	Tallahassee Recreation Centre	Jul 23-27	5	418521	\$47
Disney Days	3-5	M-F	9:00AM-12:00PM	Tallahassee Recreation Centre	Jul 30-Aug 3	5	418522	\$47
Outdoor Explorers	3-5	Tu-F	9:00AM-12:00PM	Tallahassee Recreation Centre	Aug 7-10	4	418523	\$39
Wild Zoofari	3-5	M-F	9:00AM-12:00PM	Tallahassee Recreation Centre	Aug 13-17	5	418524	\$47
Superhero Adventures	3-5	M-F	9:00AM-12:00PM	Tallahassee Recreation Centre	Aug 20-24	5	418531	\$47

Child - Summer Camps - 5 year old's attending full day camps must have completed one year of school.

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Messy Art	5-8	Tu-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 3-6	4	417724	\$97
Silly Science	5-8	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 9-13	5	417725	\$118
Outdoor Adventures	5-8	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 16-20	5	417726	\$118
Storybook Adventures	5-8	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 30-Aug 3	5	417727	\$118
Holiday Mix Up	5-8	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 30-Aug 3	5	417728	\$118
Around the World	5-8	Tu-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Aug 7-10	4	417729	\$97
Water Works	5-8	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Aug 13-17	5	417730	\$118
Wacky Week	5-8	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Aug 20-24	5	417750	\$118
Nature Detectives	9-12	Tu-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 3-6	4	417731	\$97
Wacky Week	9-12	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 9-13	5	417732	\$118
The Great Outdoors	9-12	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 16-20	5	417733	\$118
Game Show Mania	9-12	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 23-27	5	417734	\$118
Time Travel	9-12	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 30-Aug 3	5	417735	\$118
Passport to Adventure	9-12	Tu-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Aug 7-10	4	417736	\$97
Wet & Wild	9-12	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Aug 13-17	5	417737	\$118
Treasure Hunters	9-12	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Aug 20-24	5	417896	\$118

Adapted Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Playing & Learning Together	5-12	Tu-F	9:00AM-4:00PM	Tallahassee Recreation Centre	Jul 3-6	4	417738	\$97
Playing & Learning Together	5-12	M-F	9:00AM-4:00PM	Tallahassee Recreation Centre	Jul 9-13	5	417739	\$118
Playing & Learning Together	13-17	M-F	9:00AM-4:00PM	Tallahassee Recreation Centre	Jul 16-20	5	417741	\$118

Cooking Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Cookie Mania	5-8	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 30-Aug 3	5	417897	\$153
International Cuisine	5-8	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Aug 13-17	5	417898	\$153
Dessert Island	9-12	M-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Jul 23-27	5	417899	\$153
Sandwich Adventures	9-12	Tu-F	8:00AM-5:00PM	Tallahassee Recreation Centre	Aug 7-10	4	417900	\$122
Teen Cuisine	13-16	M-F	8:00AM-4:00PM	Tallahassee Recreation Centre	Aug 20-24	5	417902	\$153

YOUTH LEADERSHIP

INFORMATION SESSION

Level	Age	Day	Time	Location	Start	Code
I, II & III	12-16	W	6:30PM-7:30PM	Tallahassee Recreation Centre	Jun 6	418031

For more information see page 10 or visit halifax.ca/youth

EASTERN PASSAGE





Parents & caregivers play a crucial role in ensuring that their child is provided with ample opportunities to develop physical literacy.

FALL RIVER

Gordon R. Snow Community Centre

1359 Fall River Road Phone: 902.860.4570

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Creative Movement	3-4	W	4:00PM-4:30PM	Gordon R. Snow Comm Centre	Apr 11	8	417760	\$16
Parent & Tot Playgroup Drop In		M	9:30AM-11:30AM	Gordon R. Snow Comm Centre	Apr 9	10	\$3 cash only	
Parent & Tot Open Gym		W	9:30AM-11:30AM	Gordon R. Snow Comm Centre	Apr 4	10		FREE
Preschooler Play Creative Play	4-5	M,W,F	9:00AM-11:30AM	Gordon R. Snow Comm Centre	Apr 4	30	416192	\$231
Creative Play	3	Tu	9:00AM-11:30AM	Gordon R. Snow Comm Centre	Apr 3	10	416193	\$77
Creative Play	3	Th	9:00AM-11:30AM	Gordon R. Snow Comm Centre	Apr 5	10	416194	\$77
Sports & Fitness Basketball	3-4	M	5:00PM-5:30PM	Gordon R. Snow Comm Centre	Apr 9	8	416204	\$14
Basketball	4-5	M	5:30PM-6:00PM	Gordon R. Snow Comm Centre	Apr 9	8	416205	\$14
Soccer	3-4	Tu	4:00PM-4:30PM	Gordon R. Snow Comm Centre	Apr 10	8	416206	\$14
Soccer	3-4	Tu	4:30PM-5:00PM	Gordon R. Snow Comm Centre	Apr 10	8	416207	\$14
Soccer	4-5	M	5:00PM-5:30PM	Gordon R. Snow Comm Centre	Apr 9	8	416208	\$14
Soccer	4-5	M	5:30PM-6:00PM	Gordon R. Snow Comm Centre	Apr 9	8	416209	\$14

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Art	6-8	Tu	3:30PM-5:00PM	Gordon R. Snow Comm Centre	May 8	8	416152	\$52
Art	9-12	Tu	5:15PM-6:45PM	Gordon R. Snow Comm Centre	May 8	8	417592	\$52
Dance & Drama Creative Movement	5-6	W	4:30PM-5:15PM	Gordon R. Snow Comm Centre	Apr 11	8	417758	\$24
Creative Dance	7-10	W	5:15PM-6:00PM	Gordon R. Snow Comm Centre	Apr 11	8	417756	\$24
General Interest Making Tracks Workshop-Bike	7-13	Sa	9:30AM-12:00PM	Gordon R. Snow Comm Centre	Jun 2	1	416254	FREE
Making Tracks Workshop-Skateboarding	8-13	W	6:00PM-8:00PM	Gordon R. Snow Comm Centre	May 9	1	417901	FREE
Making Tracks Workshop-Scooters	8-13	W	6:00PM-8:00PM	Gordon R. Snow Comm Centre	May 16	1	417903	FREE
Sports & Fitness Mini Basketball	6-9	M	6:00PM-7:00PM	Gordon R. Snow Comm Centre	Apr 9	8	416169	\$28
Mini Soccer	5-7	Tu	5:00PM-6:00PM	Gordon R. Snow Comm Centre	Apr 10	8	416171	\$28
Badminton	9-12	Th	5:00PM-6:30PM	Gordon R. Snow Comm Centre	Apr 12	8	416172	\$41
Open Gym	5-12	M,Th	2:00PM-3:00PM	Gordon R. Snow Comm Centre	Apr 5			FREE

Wellness	Yoga	5-7	Tu	4:30PM-5:00PM	Gordon R. Snow Comm Centre	Apr 10	8	416190	\$16
	Yoga	8-12	Tu	5:00PM-5:45PM	Gordon R. Snow Comm Centre	Apr 10	8	416191	\$24

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
General Interest	Babysitter's Training	11-17	Sa	8:30AM-5:00PM	Gordon R. Snow Comm Centre	Apr 14	1	416213	\$37
Sports & Fitness	Badminton	12-17	Th	6:30PM-8:00PM	Gordon R. Snow Comm Centre	Apr 12	8	416246	\$34
	Open Gym	12-17	M,Th	3:00PM-5:00PM	Gordon R. Snow Comm Centre	Apr 5			FREE
	Open Gym	12-17	F	5:00PM-7:00PM	Gordon R. Snow Comm Centre	Apr 6			FREE

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Mixed Media Artists Afternoon	M	1:30PM-4:00PM	Gordon R. Snow Comm Centre	Apr 16	8	416121	\$85
	Art Night	W	6:30PM-9:00PM	Gordon R. Snow Comm Centre	Apr 18	1	416122	\$20
	Art Night	W	6:30PM-8:30PM	Gordon R. Snow Comm Centre	May 9	1	416123	\$20
General Interest	Emergency First Aid	Sa	9:00AM-5:00PM	Gordon R. Snow Comm Centre	Apr 14	1	416126	\$87
	Emergency First Aid	Sa	9:00AM-5:00PM	Gordon R. Snow Comm Centre	Jun 2	1	417032	\$87
Sports & Fitness	Badminton	Tu	6:30PM-8:00PM	Gordon R. Snow Comm Centre	Apr 3	10	416127	\$54
	Basketball	Tu	8:30PM-10:00PM	Gordon R. Snow Comm Centre	Apr 3	10	416129	\$54
	Morning Fitness Classes	M-F	9:00AM-10:00AM	Gordon R. Snow Comm Centre	Apr 3	59	416132	Punch Pass
	Fire Fighter Style Boot Camp	M	6:00PM-7:00PM	Gordon R. Snow Comm Centre	Apr 9	8	416133	\$40
	Power Walking with Weight	Tu	11:45AM-12:45PM	Gordon R. Snow Comm Centre	Apr 10	8	416134	\$34
	Boot Camp	W	7:00PM-8:00PM	Gordon R. Snow Comm Centre	Apr 11	8	416138	\$40
	Bellyfit	Th	7:15PM-8:15PM	Gordon R. Snow Comm Centre	Apr 12	8	416139	\$34
	Pickleball	M	10:30AM-12:30PM	Gordon R. Snow Comm Centre	Apr 9	10	416144	\$71
	Learn to Run 5 km	Th	6:00PM-7:00PM	Gordon R. Snow Comm Centre	May 3	8	416145	\$34
Wellness	Tai Chi-Returning	M	7:00PM-8:30PM	Gordon R. Snow Comm Centre	Apr 9	8	416147	\$51
	Yoga	Tu	7:15PM-8:45PM	Gordon R. Snow Comm Centre	Apr 10	8	417560	\$60
	Gentle Yoga	F	10:15AM-11:30AM	Gordon R. Snow Comm Centre	Apr 6	8	417569	\$50

Youth Action Team: A fun group giving youth experience and opportunities to create a positive impact in our community. Call for meeting times 902.860.4570. FREE

Youth Night Drop In: Supervised time to hang out with your friends, do fun activities, play games and movies. Fridays from 6-9 p.m. FREE

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool - Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Diggers & Dozers	3-5	Tu-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 3-6	4	416197	\$34
Super Heros	3-5	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 9-13	5	416198	\$42
Disney Days	3-5	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 16-20	5	416199	\$42
Under the Sea	3-5	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 23-27	5	416200	\$42
Ooey Gooley Fun	3-5	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 30-Aug 3	5	416201	\$42
Bugs & Butterflies	3-5	Tu-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Aug 7-10	4	416202	\$34
Last Blast of Summer	3-5	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Aug 13-17	5	416203	\$42

Child - Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
School's Out!	5 ^{1/2} -8	Tu-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 3-6	4	416174	\$88
School's Out!	9-12	Tu-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 3-6	4	416176	\$88
Lights, Camera, Action!	5 ^{1/2} -8	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 9-13	5	418507	\$106
Lights, Camera, Action!	9-12	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 9-13	5	418508	\$106
Holiday Mix Up	5 ^{1/2} -8	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 16-20	5	418509	\$106
Holiday Mix Up	9-12	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 16-20	5	418510	\$106
Animal Planet	5 ^{1/2} -8	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 23-27	5	418511	\$106
Animal Planet	9-12	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 23-27	5	418512	\$106
Mysteries & Magic	5 ^{1/2} -8	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 30-Aug 3	5	418513	\$106
Mysteries & Magic	9-12	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 30-Aug 3	5	418514	\$106
Fresh Air Adventure	5 ^{1/2} -8	Tu-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Aug 7-10	4	418515	\$88
Fresh Air Adventure	9-12	Tu-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Aug 7-10	4	418516	\$88
Lost in Space	5 ^{1/2} -8	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Aug 13-17	5	418517	\$106
Lost in Space	9-12	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Aug 13-17	5	418525	\$106
Last Blast of Summer	5 ^{1/2} -8	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Aug 20-24	5	418527	\$106
Last Blast of Summer	9-12	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Aug 20-24	5	418528	\$106
All Sorts of Sports	5 ^{1/2} -12	M-F	9:00AM-3:00PM	Beaverbank Monarch Drive School	Jul 9-13	5	416175	\$71
Super Summer Sports	5 ^{1/2} -12	M-F	9:00AM-3:00PM	Beaverbank Monarch Drive School	Jul 16-20	5	418529	\$71
Silly Sports	5 ^{1/2} -12	M-F	9:00AM-3:00PM	Beaverbank Monarch Drive School	Aug 13-17	5	418530	\$71
Sports of all Sorts	5 ^{1/2} -12	M-F	9:00AM-3:00PM	Beaverbank Monarch Drive School	Aug 20-24	5	418532	\$71

Specialty Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Doodle, Dab, Draw	5-9	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 16-20	5	416153	\$43
Experiments to the Extreme	10-12	M-F	12:30PM-3:30PM	Gordon R. Snow Comm Centre	Jul 16-20	5	416154	\$43
Dance Camp	5 ^{1/2} -8	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 23-27	5	416155	\$43
Drama Camp	9-12	M-F	12:30PM-3:30PM	Gordon R. Snow Comm Centre	Jul 23-27	5	416156	\$43
Art Camp	5 ^{1/2} -8	Tu-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Aug 7-10	4	418540	\$43
Art Camp	9-12	Tu-F	1:00PM-4:00PM	Gordon R. Snow Comm Centre	Aug 7-10	4	418541	\$43

Sports Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Scooter Skills	5-8	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 9-13	5	416160	\$43
Skateboard Skills	8-12	M-F	1:00PM-4:00PM	Gordon R. Snow Comm Centre	Jul 9-13	5	416161	\$43
Tennis Camp	7-9	M-F	9:00AM-12:00PM	Lockview Tennis Courts	Jul 23-27	5	416158	\$43
Tennis Camp	10-13	M-F	1:00PM-4:00PM	Lockview Tennis Courts	Jul 23-27	5	418533	\$43
Badminton	8-14	M-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Jul 30-Aug 3	5	416162	\$43
Volleyball	8-14	M-F	12:30PM-3:30PM	Gordon R. Snow Comm Centre	Jul 30-Aug 3	5	416163	\$43
Tennis Camp	7-9	M-F	9:00AM-12:00PM	Lockview Tennis Courts	Aug 13-17	5	418534	\$43
Tennis Camp	10-13	M-F	1:00PM-4:00PM	Lockview Tennis Courts	Aug 13-17	5	418535	\$43
Scooter Skills	5-8	Tu-F	9:00AM-12:00PM	Gordon R. Snow Comm Centre	Aug 7-10	4	418536	\$35
Skateboard Skills	8-12	Tu-F	1:00PM-4:00PM	Gordon R. Snow Comm Centre	Aug 7-10	4	418537	\$35

Adventure Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
The Great Outdoors	9-13	M-F	9:00AM-4:00PM	Gordon R. Snow Comm Centre	Jul 23-27	5	416148	\$110
City Adventures	9-13	M-F	8:30AM-4:30PM	Gordon R. Snow Comm Centre	Jul 30-Aug 3	5	416149	\$140
The Great Outdoors	9-13	M-F	9:00AM-4:00PM	Gordon R. Snow Comm Centre	Aug 13-17	5	418542	\$110

YOUTH LEADERSHIP

INFORMATION SESSIONS

Level	Age	Day	Time	Location	Start	Code
III	13-16	Th	6:00PM-7:00PM	Gordon R. Snow Comm Centre	May 31	416214
I & II	13-16	W	6:00PM-7:00PM	Gordon R. Snow Comm Centre	Jun 6	416215

For more information see page 10 or visit halifax.ca/youth

Gordon R. Snow Fitness Centre

Hours: Mon.-Fri: 7 a.m. – 9 p.m.

Weekend: 8:30 a.m. - 5 p.m.

Membership Fees	Adult	Student/Senior	Family Rate
10 Visit Pass (3 Month Expiry)	\$ 38	\$ 28.50	(2 Adults + 2 Youth (16+) Same Household)
1 Month	\$ 45	\$ 33.75	
3 Months	\$ 120	\$ 90.00	\$180.00
6 Months	\$ 205	\$ 153.75	\$307.50
1 Year	\$ 320	\$ 240.00	\$480.00

\$5 one visit pass

Partner pass & personal training available

Ask about group rates

Everyone must complete an orientation and a Par-Q in order to use the fitness centre.



Physical literacy is important for reducing the risk of injury in physical activity and sport.

HALIFAX

Citadel Community Centre

1955 Trollope Street
Phone: 902.490.3895

Captain William Spry Centre

16 Sussex Street
Phone: 902.477.POOL (7665)
or 902.479.1111

St. Mary's Boat Club

1641 Fairfield Road
Phone: 902.490.4688

Isleville Centre

3460 Isleville Street
Phone: 902.490.4633

Larry O'Connell Centre

6691 Fourth Street
902.490.3895

Needham Community Centre & Pool

3372 Devonshire Avenue
Phone: 902.490.4633

George Dixon Community Centre

2502 Brunswick Street
Phone: 902.490.4550

Chocolate Lake Community Centre

14 Purcell's Cove Road
Phone: 902.490.4607

Emera Oval

5775 Cogswell Street
Phone: 902.490.2343

Pavilion

5816 Cogswell Street
Phone: 902.490.3895

HALIFAX

St. Andrew's Community Centre

3380 Barnstead Lane
Phone: 902.490.4693

*St. Andrew's Community Centre Construction

Please be aware that changes to program location and/or duration, will occur within the Spring 2018 session. These changes are due to the commencement of demolition and construction of the new St. Andrew's Community Centre. Participants will be informed of these changes when details have been finalized.

Due to the advanced printing of this catalogue, some information may have changed. For the most up-to-date information on program offerings, visit halifax.ca/RecConnect or contact your location recreation centre.

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts	Pottery-Parent & Tot	3-5	M	10:00AM-11:30AM	St. Andrews Community Centre*	Apr 9	8	418152 \$60
	Pottery-Parent & Tot	3-5	M	1:00PM-2:30PM	St. Andrews Community Centre*	Apr 9	8	418153 \$60
	Pottery-Parent & Tot	3-5	Tu	10:00AM-11:30AM	George Dixon Community Centre	Apr 10	8	422243 \$60
Dance & Drama	Pre-Ballet	3-5	Sa	10:00AM-10:45AM	Citadel Community Centre	Apr 7	8	417615 \$24
	Pre-Ballet	3-5	Sa	11:00AM-11:45AM	Citadel Community Centre	Apr 7	8	418506 \$24
	Creative Movement	3-5	Sa	9:00AM-9:45AM	Citadel Community Centre	Apr 7	8	417617 \$24
	Pre-Ballet	3-5	Sa	9:00AM-9:45AM	Needham Community Centre	Apr 14	8	415828 \$24
	Pre-Ballet	3-5	Sa	10:00AM-10:45AM	Needham Community Centre	Apr 14	8	415829 \$24
	Pre-Ballet II	3-5	Sa	11:00AM-11:45AM	Needham Community Centre	Apr 14	8	415830 \$24
	Pre-Ballet	3	Sa	9:00AM-9:45AM	St. Andrews Community Centre*	Apr 7	8	418154 \$24
	Ballet	4-5	Sa	9:45AM-10:30AM	St. Andrews Community Centre*	Apr 7	8	418155 \$24
	Pre Ballet	4-5	Sa	9:00AM-9:45AM	Chocolate Lake Community Centre	Apr 7	8	415450 \$24
	Pre Ballet	4-5	Sa	10:00AM-10:45AM	Chocolate Lake Community Centre	Apr 7	8	415451 \$24
Parent & Tot	Parent & Tot	18m-3	W	9:15AM-11:15AM	Larry O'Connell	Apr 4	10	417618 \$56
	Parent & Tot Soccer	18m-3	Sa	9:30AM-10:00AM	Citadel Community Centre	Apr 7	8	417620 \$14
	Parent & Tot-Soccer	1-4	Sa	9:00AM-9:45AM	George Dixon Community Centre	Apr 7	8	418801 \$20
	Parent & Tot-Soccer	1-4	Sa	10:00AM-10:45AM	George Dixon Community Centre	Apr 7	8	418802 \$20
	Parent & Tot Active Play	3-5	Su	10:00AM-11:00AM	Citadel Community Centre	Apr 8	8	417622 \$20
	Parent & Tot	1-3	M	9:15AM-11:15AM	Chocolate Lake Community Centre	Apr 9	9	415452 \$50
	Parent & Tot	18m-3	Tu	9:15AM-11:15AM	Chocolate Lake Community Centre	Apr 10	10	415453 \$56
	Parent & Tot	18m-3	W	9:15AM-11:15AM	Chocolate Lake Community Centre	Apr 11	10	415454 \$56
	Parent & Tot	18m-3	Th	9:15AM-11:15AM	Chocolate Lake Community Centre	Apr 12	10	415455 \$56
	Parent & Tot	18m-3	F	9:15AM-11:15AM	Chocolate Lake Community Centre	Apr 13	10	415456 \$56
	Parent & Tot Music Babies	3-18m	F	9:30AM-10:15AM	Chocolate Lake Community Centre	Apr 13	8	415457 \$25
	Parent & Tot Music Tots	18m-2	F	10:30AM-11:15AM	Chocolate Lake Community Centre	Apr 13	8	415458 \$25
Preschooler Play	Kiddie Capers	3-5	M	9:00AM-11:30AM	Larry O'Connell	Apr 9	11	417623 \$77
	ABC & Me	3-5	Tu	9:00AM-11:30AM	Larry O'Connell	Apr 3	10	417624 \$77
	Kiddie Capers	3-5	Th	9:00AM-11:30AM	Larry O'Connell	Apr 5	10	417626 \$77
	Kiddie Capers	3-5	F	9:00AM-11:30AM	Larry O'Connell	Apr 6	10	417627 \$77
	Fun with French	3-5	Tu	1:15PM-3:30PM	Needham Community Centre	Apr 10	8	415831 \$62
	Fun with French	3-5	Th	9:30AM-11:45AM	Needham Community Centre	Apr 12	8	415832 \$62
	Baby & Me Music Group	4-18m	M	9:00AM-9:30AM	Needham Community Centre	Apr 16	9	415833 \$40
	Baby & Me Music Group	18m-3	M	10:00AM-10:30AM	Needham Community Centre	Apr 16	8	415834 \$40
	Baby & Me Music Group	3-5	M	11:00AM-11:30AM	Needham Community Centre	Apr 16	8	415835 \$40
	Baby & Me Music Group	10-5	M	12:00PM-12:30PM	Needham Community Centre	Apr 16	8	415836 \$40
	Fun with French	3-5	M	9:00AM-11:30AM	St. Andrews Community Centre*	Apr 9	10	418156 \$77
	ABC & ME	3-5	Tu	9:00AM-11:30AM	St. Andrews Community Centre*	Apr 3	10	418157 \$77
	ABC & ME	3-5	W	9:00AM-11:30AM	St. Andrews Community Centre*	Apr 4	10	418158 \$77
	ABC & ME	3-5	Th	9:00AM-11:30AM	St. Andrews Community Centre*	Apr 5	10	418159 \$77

	Fun with French	3-5	F	9:00AM-11:30AM	St. Andrews Community Centre*	Apr 6	10	418160	\$77
	Kiddie Capers	3-5	M	9:15AM-11:45AM	Chocolate Lake Community Centre	Apr 9	9	415460	\$70
	Kiddie Capers	3-5	Tu	9:15AM-11:45AM	Chocolate Lake Community Centre	Apr 10	10	415461	\$77
	Kiddie Capers	3-5	W	9:15AM-11:45AM	Chocolate Lake Community Centre	Apr 11	10	415463	\$77
	Kiddie Capers	3-5	Th	9:15AM-11:45AM	Chocolate Lake Community Centre	Apr 12	10	415464	\$77
	Kiddie Capers	3-5	F	9:15AM-11:45AM	Chocolate Lake Community Centre	Apr 13	10	415465	\$77
	ABC & Me	4-5	M	1:00PM-3:30PM	Chocolate Lake Community Centre	Apr 9	9	420430	\$70
	ABC & Me	4-5	Tu	1:00PM-3:30PM	Chocolate Lake Community Centre	Apr 10	10	415462	\$77
	ABC & Me	4-5	W	1:00PM-3:30PM	Chocolate Lake Community Centre	Apr 11	10	420431	\$77
	ABC & Me	4-5	Th	1:00PM-3:30PM	Chocolate Lake Community Centre	Apr 12	10	420432	\$77
	Preschooler Play	3-5	M	9:15AM-11:45AM	St. Mary's Boat Club	Apr 9	10	420680	\$77
	Preschooler Play	3-5	W	9:15AM-11:45AM	St. Mary's Boat Club	Apr 11	10	420681	\$77
Sports & Fitness	Mini Basketball	3-5	Sa	9:00AM-9:45AM	Citadel Community Centre	Apr 7	8	417629	\$21
	Mini Soccer	3-5	Sa	10:00AM-10:45AM	Citadel Community Centre	Apr 7	8	417634	\$21
	Mini Soccer	3-5	Su	11:00AM-11:45AM	Citadel Community Centre	Apr 8	8	417635	\$21
	Parent & Tot Gymnastics	30m-4	Sa	9:00AM-9:45AM	St. Andrews Community Centre*	Apr 7	8	418163	\$22
	Parent & Tot Gymnastics	30m-4	Sa	9:45AM-10:30AM	St. Andrews Community Centre*	Apr 7	8	418164	\$22
	Tumblebugs	4-5	Sa	10:30AM-11:15AM	St. Andrews Community Centre*	Apr 7	8	418165	\$23
	Tumblebugs	4-5	Sa	11:15AM-12:00PM	St. Andrews Community Centre*	Apr 7	8	418166	\$23
	Tumblebugs	4-5	Th	5:30PM-6:15PM	Citadel Community Centre	Apr 12	8	417632	\$23
	Tumblebugs Parent & Tot	3-4	Sa	9:30AM-10:15AM	Chocolate Lake Community Centre	Apr 7	10	415481	\$28
	Tumblebugs	4-6	Sa	10:15AM-11:00AM	Chocolate Lake Community Centre	Apr 7	10	415482	\$28
	Soccer	3-5	Sa	1:00PM-1:45PM	Needham Community Centre	Apr 14	8	415847	\$21
	Little Sports	3-5	Su	9:00AM-9:45PM	Citadel Community Centre	Apr 8	8	418551	\$21

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Pottery	7-16	M	4:00PM-6:00PM	St. Andrews Community Centre*	Apr 9	8	418130	\$80
	Pottery	7-16	W	4:00PM-6:00PM	St. Andrews Community Centre*	Apr 4	8	418131	\$80
	Pottery	7-16	Sa	9:00AM-10:30AM	St. Andrews Community Centre*	Apr 7	8	418132	\$60
	Pottery	7-16	Sa	10:30AM-12:00PM	St. Andrews Community Centre*	Apr 7	8	418133	\$60
	Pottery-Earth Day Workshop	6-16	Sa	1:30PM-3:30PM	St. Andrews Community Centre*	Apr 7	2	418134	\$20
	Pottery-Mother's Day Workshop	6-16	Sa	1:30PM-3:30PM	St. Andrews Community Centre*	Apr 21	2	418135	\$20
	Pottery-Father's Day Workshop	6-16	Sa	1:30PM-3:30PM	St. Andrews Community Centre*	May 5	2	418136	\$20
	Pottery-Parent & Child	6-16	M	6:00PM-7:30PM	St. Andrews Community Centre*	Apr 9	8	418149	\$60
	Pottery-Parent & Child	6-16	Th	4:30PM-6:00PM	St. Andrews Community Centre*	Apr 5	8	418150	\$60
	Pottery-Parent & Child	6-16	Th	6:00PM-7:30PM	St. Andrews Community Centre*	Apr 5	8	418151	\$60
	Parent & Child Pottery	6-17	M	6:00PM-8:00PM	George Dixon Community Centre	Apr 9	8	418789	\$85
	Artists in Action	5-6	Sa	9:00AM-9:45AM	Chocolate Lake Community Centre	Apr 7	8	420980	\$28
	Artists in Action	7-10	Sa	10:00AM-12:00PM	Chocolate Lake Community Centre	Apr 7	8	415409	\$54
	Sketch & Draw	7-12	M	4:00PM-5:00PM	Needham Community Centre	Apr 16	8	415816	\$27
	Drawing	5-7	Sa	9:00AM-10:00AM	St. Andrews Community Centre*	Apr 7	8	418126	\$27

	Drawing	7-10	Sa	10:00AM-11:00AM	St. Andrews Community Centre*	Apr 7	8	418127	\$27
	Painting	8-16	Sa	11:00AM-12:30PM	St. Andrews Community Centre*	Apr 7	8	418128	\$27
	Drawing	5-7	Sa	1:00PM-2:00PM	St. Andrews Community Centre*	Apr 7	8	418129	\$27
Camps	In-Service Camp	5-7	F	8:30AM-5:30PM	Needham Community Centre	May 18	1	415817	\$25
	In-Service Camp	8-12	F	8:30AM-5:30PM	Needham Community Centre	May 18	1	415818	\$25
	In-Service Camp	5-7	Th	8:30AM-5:30PM	Needham Community Centre	Apr 19	1	417489	\$25
	In-Service Camp	8-12	Th	8:30AM-5:30PM	Needham Community Centre	Apr 19	1	417490	\$25
	In-Service Camp	4-7	F	8:30AM-4:30PM	George Dixon Community Centre	May 25	1	418790	\$19
	In-Service Camp	8-12	F	8:30AM-4:30PM	George Dixon Community Centre	May 25	1	418791	\$19
	In-Service Camp	5-12	Th	8:00AM-5:00PM	St. Mary's Boat Club	Apr 19	1	413578	\$22
	In-Service Camp	5-12	F	8:00AM-5:00PM	St. Mary's Boat Club	May 18	1	413579	\$22
Dance & Drama	Ballet	6-10	Sa	11:30AM-12:30PM	St. Andrews Community Centre*	Apr 7	8	418138	\$32
	Highland Dance	6-8	Sa	1:00PM-1:45PM	Citadel Community Centre	Apr 7	8	417607	\$24
	Ballet	6-10	Sa	12:00PM-1:00PM	Needham Community Centre	Apr 14	8	415819	\$32
	Ballet	6-8	Sa	12:00PM-1:00PM	Citadel Community Centre	Apr 7	8	417606	\$32
	Ballet	5-11	Sa	11:00AM-11:45AM	Chocolate Lake Community Centre	Apr 7	8	415410	\$27
	Hip Hop	6-11	Sa	10:30AM-11:30AM	St. Andrews Community Centre*	Apr 7	8	418137	\$32
	Hip Hop	6-8	Sa	12:15PM-1:15PM	Chocolate Lake Community Centre	Apr 7	8	415411	\$36
	Hip Hop	9-12	Sa	1:30PM-2:30PM	Chocolate Lake Community Centre	Apr 7	8	415412	\$36
General Interest	Open Gym	3+	Su	1:30PM-3:00PM	Citadel Community Centre	Apr 8	10	417608	FREE
	Piano	6-10	Tu	4:00PM-5:00PM	St. Andrews Community Centre*	Apr 3	6	418139	\$48
	Piano	6-10	Tu	5:00PM-6:00PM	St. Andrews Community Centre*	Apr 3	6	418140	\$48
	Guitar	12-15	Tu	6:00PM-7:00PM	Needham Community Centre	Apr 17	8	415821	\$30
	Guitar	10-12	Th	6:00PM-6:50PM	Chocolate Lake Community Centre	Apr 12	10	415413	\$37
Sports & Fitness	Badminton	7-11	M	4:30PM-5:30PM	Citadel Community Centre	Apr 9	8	417609	\$28
	All Sorts of Sports	6-8	Sa	12:00PM-1:00PM	Citadel Community Centre	Apr 7	8	418549	\$28
	All Sorts of Sports	9-12	Su	12:00PM-1:00PM	Citadel Community Centre	Apr 8	8	418550	\$28
	Basketball Skills	8-12	Sa	11:00AM-11:55AM	Citadel Community Centre	Apr 7	8	417610	\$26
	Jr. NBA Program	5-7	Sa	10:00AM-11:00AM	Citadel Community Centre	Apr 7	8	418331	\$60
	Basketball Skills	6-8	Su	9:00AM-9:55AM	Citadel Community Centre	Apr 8	8	418481	\$26
	Basketball	8-10	Sa	2:00PM-3:00PM	St. Andrews Community Centre*	Apr 7	8	418141	\$28
	Mini-Basketball skills	5-7	Sa	11:00AM-11:50AM	George Dixon Community Centre	Apr 7	8	418792	\$28
	Cheerleading	5-9	Tu	5:45PM-6:45PM	George Dixon Community Centre	Apr 10	8	418793	\$30
	Drop In Floor Hockey	6-11	F	7:00PM-8:00PM	George Dixon Community Centre	Apr 6	11	418794	FREE
	Drop In Floor Hockey	12-16	F	8:00PM-9:00PM	George Dixon Community Centre	Apr 6	11	418795	FREE
	Soccer	6-8	Su	10:00AM-10:55AM	Citadel Community Centre	Apr 8	8	417612	\$26
	Soccer	6-8	Sa	11:00AM-11:55AM	Citadel Community Centre	Apr 7	8	418499	\$26
	Soccer	9-12	Sa	12:00PM-1:00PM	Citadel Community Centre	Apr 7	8	418500	\$28
	Soccer	5-7	Sa	12:00PM-1:00PM	St. Andrews Community Centre*	Apr 7	8	418145	\$28
	Soccer	8-10	Sa	1:00PM-2:00PM	St. Andrews Community Centre*	Apr 7	8	418146	\$28
	Tennis	6-8	F	4:00PM-5:00PM	Headstart Tennis Centre	Apr 6	6	418147	\$54

Tennis	9-12	F	5:00PM-6:00PM	Headstart Tennis Centre	Apr 6	6	418148	\$54
Tennis	8-12	Su	12:00PM-1:00PM	Citadel Community Centre	Apr 8	8	417613	\$72
Tennis for All Ages	3+	Su	3:00PM-4:30PM	Citadel Community Centre	Apr 8	8	417614	\$108
Quidditch	8-12	Sa	9:00AM-9:55AM	St. Stephen's School	Apr 7	8	417082	FREE
Jugger	12-16	Sa	10:00AM-10:55AM	St. Stephen's School	Apr 7	8	417083	FREE
Zany Sports	8-12	Sa	11:00AM-12:00PM	St. Stephen's School	Apr 7	8	417084	\$20
Tennis	3-5	Sa	12:15PM-12:45PM	St. Stephen's School	Apr 7	8	417086	\$55
Tennis	5-7	Sa	12:45PM-1:30PM	St. Stephen's School	Apr 7	8	417087	\$55
Jr. NBA program	5-7	W	4:00PM-5:00PM	Chocolate Lake Community Centre	Apr 11	8	415419	\$60
Mini Basketball	8-10	W	5:00PM-6:00PM	Chocolate Lake Community Centre	Apr 11	8	415420	\$28
Gymnastics Introductory	5-6	Sa	11:15AM-12:00PM	Chocolate Lake Community Centre	Apr 7	10	415421	\$37
Gymnastics Introductory	7-8	Sa	12:45PM-1:45PM	Chocolate Lake Community Centre	Apr 7	10	415422	\$37
Gymnastics Introductory	9-10	Sa	1:45PM-2:45PM	Chocolate Lake Community Centre	Apr 7	10	415423	\$37
Gymnastics-Tumbling /Floor	10-13	Sa	2:45PM-3:45PM	Chocolate Lake Community Centre	Apr 7	10	415424	\$37
Kindaibujitsu-Level I	5-12	Sa	9:00AM-10:00AM	St. Andrews Community Centre*	Apr 7	10	418142	\$37
Kindaibujitsu-Returning	5-18	Sa	10:00AM-11:00AM	St. Andrews Community Centre*	Apr 7	10	418143	\$37
Kindaibujitsu-Returning II	5-18	Sa	11:00AM-12:00PM	St. Andrews Community Centre*	Apr 7	10	418144	\$37
Fundamental Soccer	5-7	M	4:00PM-5:00PM	Chocolate Lake Community Centre	Apr 9	8	415426	\$28
Fundamental Soccer	7-10	M	5:00PM-6:00PM	Chocolate Lake Community Centre	Apr 9	8	415427	\$28
Inline Skating	5-12	W	4:30PM-6:00PM	Needham Community Centre	May 2	6	415827	\$30
Volleyball	10-12	M	6:00PM-7:00PM	Chocolate Lake Community Centre	Apr 9	8	415428	\$28
Volleyball	6-8	Su	10:00AM-10:45AM	Citadel Community Centre	Apr 8	8	418547	\$21
Volleyball	9-12	Su	11:00AM-11:45AM	Citadel Community Centre	Apr 8	8	418548	\$21

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
General Interest	Pizza & Movie Night	13-17	F	6:00PM-9:00PM	Needham Community Centre	May 4	1	415850	\$2
Sports & Fitness	Archery	10-15	Sa	6:30PM-7:45PM	Citadel Community Centre	Apr 28	8	417637	\$95
	Archery-Returning	10-15	Sa	5:15PM-6:30PM	Citadel Community Centre	Apr 28	8	417638	\$95
	Tennis	13-17	F	6:00PM-7:00PM	Headstart Tennis Centre	Apr 6	6	418169	\$54
	Badminton	12-15	M	5:30PM-6:30PM	Citadel Community Centre	Apr 9	8	417639	\$28
	Badminton	11-13	Tu	4:00PM-5:00PM	Chocolate Lake Community Centre	Apr 10	8	415520	\$34
	Fencing	10-13	Sa	9:00AM-10:00AM	Needham Community Centre	Apr 14	10	415853	\$75
	Fencing	14-20	Sa	10:00AM-11:00AM	Needham Community Centre	Apr 14	10	415854	\$75

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
Sports & Fitness	Kayaking	12-16	Su	1:30PM-4:30PM	St. Mary's Boat Club	Jun 3	1	413432	\$21

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Rug Making Workshop	Su	1:00PM-5:00PM	St. Andrews Community Centre*	Apr 15	1	418111	\$80
	Card Making Workshop	Su	1:00PM-3:00PM	St. Andrews Community Centre*	Apr 8	1	418105	\$15
	Pottery	Su	10:00PM-2:00PM	St. Andrews Community Centre*	Apr 15	6	421730	\$144
	Pottery	W	6:30PM-9:00PM	George Dixon Community Centre	Apr 11	10	418782	\$150

	Pottery	Su	6:30PM-9:00PM	George Dixon Community Centre	Apr 8	10	418783	\$150
	Pottery	Th	7:00PM-9:30PM	George Dixon Community Centre	Apr 12	10	418784	\$150
	Adult Morning Pottery	W	9:30AM-12:00PM	George Dixon Community Centre	Apr 4	10	418785	\$150
	Acrylic Painting	W	9:30AM-12:00PM	Needham Community Centre	Apr 11	9	415782	\$96
	Acrylic Painting	W	1:00PM-3:30PM	Needham Community Centre	Apr 11	9	415783	\$96
	Drawing Explorations	W	1:30PM-3:30PM	Isleville Centre	Apr 18	8	415784	\$68
	Drawing	Tu	9:30AM-12:00PM	Needham Community Centre	Apr 17	8	415785	\$85
	Drawing	Tu	1:00PM-3:30PM	Needham Community Centre	Apr 17	8	415786	\$85
	Mixed Media Afternoon	Tu	1:00PM-4:00PM	St. Andrews Community Centre*	Apr 3	10	418106	\$128
	Pottery	Tu	9:30AM-12:30PM	St. Andrews Community Centre*	Apr 3	10	418107	\$180
	Pottery	W	6:30PM-9:00PM	St. Andrews Community Centre*	Apr 4	10	418108	\$150
	Quilting	M	1:00PM-3:30PM	St. Andrews Community Centre*	Apr 9	8	418109	\$85
	Quilting	W	1:00PM-3:30PM	St. Andrews Community Centre*	Apr 4	8	418110	\$85
	Watercolours	Sa	9:30AM-12:00PM	Isleville Centre	Apr 14	9	415787	\$96
	Watercolours	M	6:30PM-8:30PM	Isleville Centre	Apr 16	8	415788	\$68
	Watercolours	Th	9:30AM-12:00PM	Needham Community Centre	Apr 12	9	415789	\$96
	Watercolours	Th	12:30PM-3:00PM	Needham Community Centre	Apr 12	9	415790	\$96
Dance & Drama	Social Dance Level II	M	6:00PM-7:00PM	St. Andrews Community Centre*	Apr 9	8	418113	\$46
	Social Dance Level I	M	7:00PM-8:00PM	St. Andrews Community Centre*	Apr 9	8	418114	\$46
General Interest	Bridge Beginner-Halifax	M	9:30AM-11:30AM	Chocolate Lake Community Centre	Apr 9	8	415382	\$44
	Bridge Beginner Plus	M	7:00PM-9:00PM	Chocolate Lake Community Centre	Apr 9	8	415383	\$44
	Bridge Intermediate	W	9:30AM-11:30AM	Chocolate Lake Community Centre	Apr 11	8	415384	\$44
	Bridge Beginner Plus	Th	9:30AM-11:30AM	Chocolate Lake Community Centre	Apr 12	8	415385	\$44
	Guitar	Tu	7:00PM-8:00PM	Needham Community Centre	Apr 17	8	415791	\$57
	Guitar	Tu	8:00PM-9:00PM	Needham Community Centre	Apr 17	8	415792	\$57
	Guitar	Th	7:00PM-7:50PM	Chocolate Lake Community Centre	Apr 12	10	415387	\$71
	Guitar Returning	Th	8:00PM-8:50PM	Chocolate Lake Community Centre	Apr 12	10	415388	\$71
	Digital SLR Photography	Tu	7:30PM-9:30PM	Chocolate Lake Community Centre	Apr 10	10	415391	\$86
Sports & Fitness	Walking	M,W-F	11:30AM-12:30PM	Citadel Community Centre	Apr 6	30	417597	FREE
	Tennis	F	7:00PM-8:00PM	Headstart Tennis Centre	Apr 6	6	418117	\$74
	Badminton	M	7:00PM-9:00PM	Citadel Community Centre	Apr 9	10	417598	\$70
	Zumba	Tu	5:30PM-6:30PM	Citadel Community Centre	Apr 3	10	417600	\$50
	Indoor Gym Walking	Tu,Th	12:00PM-1:00PM	Chocolate Lake Community Centre	Apr 3	24	415393	FREE
	Badminton	Tu	7:00PM-9:00PM	St. Stephen's School	Apr 10	8	415793	\$64
	Badminton	M	8:00PM-10:00PM	St. Andrews Community Centre*	Apr 9	8	418116	\$57
	Basketball	Tu	7:45PM-9:30PM	Chocolate Lake Community Centre	Apr 10	11	415392	\$69
	Boot Camp Workout	Tu,Th	12:05PM-12:55PM	Needham Community Centre	Apr 10	20	415794	\$86
	Outdoor Fitness	Tu	5:30PM-7:00PM	Needham Community Centre	Apr 17	4	415797	\$35
	Outdoor Fitness	Tu	5:30PM-7:00PM	Needham Community Centre	May 15	4	415798	\$35
	Keelboat Learn to Sail	Tu,Th	6:00PM-9:00PM	St. Mary's Boat Club Royal Nova Scotia Yacht Squadron	May 22	6	419636	\$432
	Zumba	M	7:00PM-8:00PM	Chocolate Lake Community Centre	Apr 9	8	415394	\$40

	Stay Active Stay Fit 55+	M	1:30PM-2:30PM	Chocolate Lake Community Centre	Apr 9	10	415395	\$43
	Use It-Don't Lose It!	Tu	9:00AM-10:00AM	Chocolate Lake Community Centre	Apr 10	10	415396	\$43
	Zumba	W	6:00PM-7:00PM	Chocolate Lake Community Centre	Apr 11	10	415397	\$50
	Zumba	Th	6:30PM-7:30PM	Chocolate Lake Community Centre	Apr 12	10	415398	\$50
	Use It-Don't Lose It!	Th	9:00AM-10:00AM	Chocolate Lake Community Centre	Apr 12	10	415399	\$43
	Pickleball	Tu	10:00AM-11:30AM	Needham Community Centre	Apr 17	10	415807	\$54
	Pickleball	Th	5:00PM-6:30PM	Needham Community Centre	Apr 19	10	415799	\$54
	Pickleball Drop In	Tu	10:00AM-11:30AM	Needham Community Centre	Apr 17	1	415801	\$6
	Pickleball Drop In	Tu	10:00AM-11:30AM	Needham Community Centre	Apr 24	1	415802	\$6
	Pickleball Drop In	Tu	10:00AM-11:30AM	Needham Community Centre	May 1	1	415803	\$6
	Pickleball Drop In	Tu	10:00AM-11:30AM	Needham Community Centre	May 8	1	415804	\$6
	Pickleball Drop In	Tu	10:00AM-11:30AM	Needham Community Centre	May 15	1	415805	\$6
	Pickleball Drop In	Tu	10:00AM-11:30AM	Needham Community Centre	May 22	1	415806	\$6
	Pickleball Drop In	Tu	10:00AM-11:30AM	Needham Community Centre	May 29	1	415808	\$6
	Pickleball Drop In	Tu	10:00AM-11:30AM	Needham Community Centre	Jun 5	1	415809	\$6
	Volleyball	W	8:00PM-10:00PM	St. Andrews Community Centre*	Apr 4	8	418118	\$57
	Cardio Dance Fit/Zumba	Tu	5:30PM-6:25PM	Needham Community Centre	Apr 17	9	415811	\$45
Wellness	Tai Chi Returning	Tu	11:45AM-1:15PM	St. Andrews Community Centre*	Apr 3	10	418119	\$64
	Tai Chi	Th	11:45AM-1:15PM	St. Andrews Community Centre*	Apr 5	10	418120	\$64
	Yoga	Tu	5:30PM-7:00PM	Isleville Centre	Apr 10	10	415812	\$75
	Yoga	Tu	7:10PM-8:40PM	Isleville Centre	Apr 10	10	415813	\$75
	Yoga	Th	5:30PM-7:00PM	Isleville Centre	Apr 12	10	415814	\$75
	Yoga	Th	7:10PM-8:40PM	Isleville Centre	Apr 12	10	415815	\$75
	Yoga-Gentle kripalu	M	10:00AM-11:30AM	Chocolate Lake Community Centre	Apr 9	8	415400	\$60
	Kripalu Yoga-all Levels	M	5:15PM-6:45PM	Chocolate Lake Community Centre	Apr 9	8	415401	\$60
	Adult Yoga & Well Being for all	Su	1:00PM-2:30PM	Chocolate Lake Community Centre	Apr 8	9	415402	\$67
	Kripalu Yoga-All Levels	Tu	10:00AM-11:30AM	Chocolate Lake Community Centre	Apr 17	8	415403	\$60
	Yoga	W	7:00PM-8:30PM	Chocolate Lake Community Centre	Apr 11	8	415404	\$60
	Yoga-Gentle Kripalu	W	1:00PM-2:30PM	Chocolate Lake Community Centre	Apr 11	8	415405	\$60
	Kripalu Yoga-All Levels	F	10:00AM-11:30AM	Chocolate Lake Community Centre	Apr 13	8	415406	\$60
	Family Yoga & Well Being	Su	3:00PM-4:00PM	Chocolate Lake Community Centre	Apr 8	9	415407	\$60
	Light/GentleYoga	W	10:15AM-11:30AM	Chocolate Lake Community Centre	Apr 11	8	415408	\$60
	Kripalu Yoga-All Levels	W	6:00PM-7:00PM	St. Andrews Community Centre*	Apr 4	10	418121	\$50
	Yoga Beginner	W	6:35PM-8:00PM	Citadel Community Centre	Apr 4	10	417604	\$75
	Yoga Beginner	Tu	6:30PM-8:00PM	Larry O'Connell	Apr 3	10	417605	\$75

St. Andrew's Community Centre

3380 Barnstead Lane
Phone: 902.490.4693

*St. Andrew's Community Centre Construction

Please be aware that changes to program location and/or duration, will occur within the Spring 2018 session. These changes are due to the commencement of demolition and construction of the new St. Andrew's Community Centre. Participants will be informed of these changes when details have been finalized.

Program Name	Day	Time	Location	Start	Classes	Code	Fee
Kayak-Beginner	Su	9:30AM-12:30PM	St. Mary's Boat Club	Jun 3	1	413431	\$35
Canoeing	Sa	9:30AM-12:30PM	St. Mary's Boat Club	Jun 9	1	413429	\$25
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Jun 6	1	413433	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Jun 13	1	413434	\$15
Paddling Club	M	6:00PM-8:00PM	St. Mary's Boat Club	Jun 4	1	413436	\$15
Paddling Club	M	6:00PM-8:00PM	St. Mary's Boat Club	Jun 11	1	413437	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Jun 20	1	413534	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Jun 20	1	419931	\$15
Paddling Club	M	6:00PM-8:00PM	St. Mary's Boat Club	Jun 25	1	419930	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Jul 4	1	413535	\$15
Paddling Club	M	6:00PM-8:00PM	St. Mary's Boat Club	Jul 9	1	413543	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Jul 11	1	413536	\$15
Paddling Club	M	6:00PM-8:00PM	St. Mary's Boat Club	Jul 16	1	413544	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Jul 18	1	413537	\$15
Paddling Club	M	6:00PM-8:00PM	St. Mary's Boat Club	Jul 23	1	413545	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Jul 25	1	413540	\$15
Paddling Club	M	6:00PM-8:00PM	St. Mary's Boat Club	Jul 30	1	413546	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Aug 1	1	413538	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Aug 8	1	413539	\$15
Paddling Club	M	6:00PM-8:00PM	St. Mary's Boat Club	Aug 13	1	413547	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Aug 15	1	413541	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Aug 20	1	413548	\$15
Paddling Club	W	6:00PM-8:00PM	St. Mary's Boat Club	Aug 22	1	413542	\$15
Keelboat Learn to Sail	Tu,Th	6:00PM-9:00PM	St. Mary's Boat Club Royal Nova Scotia Yacht Squadron	Jun 12	6	419882	\$432
Keelboat Learn to Sail	Tu,Th	6:00PM-9:00PM	St. Mary's Boat Club Royal Nova Scotia Yacht Squadron	Jul 3	6	419637	\$432
Keelboat Learn to Sail	Tu,Th	6:00PM-9:00PM	St. Mary's Boat Club Royal Nova Scotia Yacht Squadron	Jul 24	6	419638	\$432
Keelboat Learn to Sail	Tu,Th	6:00PM-9:00PM	St. Mary's Boat Club Royal Nova Scotia Yacht Squadron	Aug 21	6	419639	\$432
Wellness	Yoga Beginner	M	6:00PM-7:00PM	St. Mary's Boat Club	Jul 9	413500	\$60
Yoga Beginner	W	6:00PM-7:00PM	St. Mary's Boat Club	Jul 4	413501	\$60	

HALIFAX

Party Room Rentals at Chocolate Lake

Available Saturday & Sunday 2 p.m. – 5 p.m. Cost \$68

The Chocolate Lake Multipurpose Room/Kitchen is the perfect venue for your next celebration, family gathering, baby/bridal shower or birthday party. Our facility is equipped with a variety of tables, chairs, and kitchen facilities. Call for more information.

RECREATION
DAY **JUNE 2**

halifax.ca/rec

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps - Citadel Community Centre 902.490.3895

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Kiddie Capers	3-5	Tu-F	9:00AM-12:00PM	Larry O'Connell	Jul 3-6	4	418742	\$34
Kiddie Capers	3-5	M-F	9:00AM-12:00PM	Larry O'Connell	Jul 9-13	5	418743	\$42
Kiddie Capers	3-5	M-F	9:00AM-12:00PM	Larry O'Connell	Jul 16-20	5	418744	\$42
Kiddie Capers	3-5	M-F	9:00AM-12:00PM	Larry O'Connell	Jul 30-Aug 3	5	418745	\$42
Kiddie Capers	3-5	Tu-F	9:00AM-12:00PM	Larry O'Connell	Aug 7-10	4	418746	\$34

Preschooler Play Camps - St. Andrews Community Centre 902.490.4693

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Fun With French	3-5	M-F	9:00AM-12:00PM	St. Andrews Community Centre*	Jul 9-13	5	418655	\$42
ABC & Me	3-5	M-F	9:00AM-12:00PM	St. Andrews Community Centre*	Jul 16-20	5	418656	\$42
Fun With French	3-5	M-F	9:00AM-12:00PM	St. Andrews Community Centre*	Jul 23-27	5	418657	\$42
ABC & Me	3-5	M-F	9:00AM-12:00PM	St. Andrews Community Centre*	Jul 30-3	5	418658	\$42
Fun With French	3-5	M-F	9:00AM-12:00PM	St. Andrews Community Centre*	Aug 13-17	5	418659	\$42
ABC & Me	3-5	M-F	9:00AM-12:00PM	St. Andrews Community Centre*	Aug 20-24	5	418660	\$42

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Preschooler Play Camps - Chocolate Lake Community Centre 902.490.4607

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Superheros	4-5	Tu-F	9:00AM-12:00PM	Chocolate Lake Community Centre	Jul 3-6	4	415466	\$34
Story Time	4-5	M-F	9:00AM-12:00PM	Chocolate Lake Community Centre	Jul 9-13	5	415468	\$42
Nature Lovers	4-5	M-F	9:00AM-12:00PM	Chocolate Lake Community Centre	Jul 16-20	5	415469	\$42
Oh Places you will go!	4-5	M-F	9:00AM-12:00PM	Chocolate Lake Community Centre	Jul 23-27	5	415470	\$42
Wild Science	4-5	M-F	9:00AM-12:00PM	Chocolate Lake Community Centre	Jul 30-Aug 3	5	415471	\$42
Little Theatre	4-5	Tu-F	9:00AM-12:00PM	Chocolate Lake Community Centre	Aug 7-10	4	415472	\$34
Zoo days	4-5	M-F	9:00AM-12:00PM	Chocolate Lake Community Centre	Aug 13-17	5	415473	\$42
Fairytale Land	4-5	M-F	9:00AM-12:00PM	Chocolate Lake Community Centre	Aug 20-24	5	415467	\$42

Child

Sport Camps - Citadel Community Centre 902.490.3895

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance Camp	6-8	Tu-F	8:00AM-5:00PM	Citadel Community Centre	Jul 3-6	4	418693	\$103
Hip Hop Camp	9-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 9-13	5	418694	\$129
Hip Hop Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 16-20	5	418695	\$129
Hula Hoop Camp	8-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 23-27	5	418696	\$129
Dance Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 30-Aug 3	5	418697	\$129
Break Dance Camp	9-12	Tu-F	8:00AM-5:00PM	Citadel Community Centre	Aug 7-10	4	418698	\$103
Dance Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Aug 13-17	5	418699	\$129
Hula Hoop Camp	8-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Aug 20-24	5	418781	\$129
Skateboarding Camp	9-12	Tu-F	8:00AM-5:00PM	Pavilion	Jul 3-6	4	418700	\$103
Skateboarding Camp	7-9	M-F	8:00AM-5:00PM	Pavilion	Jul 9-13	5	418701	\$129
Skateboarding Camp	9-12	M-F	8:00AM-5:00PM	Pavilion	Jul 16-20	5	418702	\$129

Skateboarding Camp	7-9	M-F	8:00AM-5:00PM	Pavilion	Jul 23-27	5	418703	\$129
Skateboarding Camp	9-12	M-F	8:00AM-5:00PM	Pavilion	Jul 30-Aug 3	5	418704	\$129
Skateboarding Camp	7-9	Tu-F	8:00AM-5:00PM	Pavilion	Aug 7-10	4	418706	\$115
Skateboarding Camp	9-12	M-F	8:00AM-5:00PM	Pavilion	Aug 13-17	5	418705	\$129
Basketball Camp	10-13	M-F	9:00AM-12:00PM	Citadel Community Centre	Jul 16-20	5	418707	\$42
Soccer Camp	10-13	M-F	9:00AM-12:00PM	Citadel Community Centre	Jul 23-27	5	418708	\$42
Basketball Camp	10-13	M-F	9:00AM-12:00PM	Citadel Community Centre	Aug 13-17	5	418711	\$42
Tennis Camp	7-9	Tu-F	10:00AM-11:00AM	South Common	Jul 3-6	4	418712	\$36
Tennis Camp	7-9	M-Th	10:00AM-11:00AM	South Common	Jul 16-19	4	418713	\$36
Tennis Camp	7-9	M-Th	10:00AM-11:00AM	South Common	Jul 30-2	4	418714	\$36
Tennis Camp	7-9	Tu-F	10:00AM-11:00AM	South Common	Aug 7-10	4	418715	\$36
Tennis Camp	5-6	Tu-F	9:00AM-9:45AM	South Common	Jul 3-6	4	418716	\$27
Tennis Camp	5-6	M-Th	9:00AM-9:45AM	South Common	Jul 16-19	4	418717	\$27
Tennis Camp	5-6	M-Th	9:00AM-9:45AM	South Common	Jul 30-2	4	418718	\$27
Tennis Camp	5-6	Tu-F	9:00AM-9:45AM	South Common	Aug 7-10	4	418719	\$27
Tennis Camp	10-13	Tu-F	11:00AM-12:00PM	South Common	Jul 3-6	4	418720	\$36
Tennis Camp	10-13	M-Th	11:00AM-12:00PM	South Common	Jul 16-19	4	418721	\$36
Tennis Camp	10-13	M-Th	11:00AM-12:00PM	South Common	Jul 30-Aug 2	4	418722	\$36
Tennis Camp	10-13	Tu-F	11:00AM-12:00PM	South Common	Aug 7-10	4	418723	\$36

Adventure Camps - Citadel Community Centre 902.490.3895

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Adventure Camp	6-8	Tu-F	8:00AM-5:00PM	Citadel Community Centre	Jul 3-6	4	418724	\$97
Adventure Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 9-13	5	418725	\$118
Adventure Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 16-20	5	418726	\$118
Adventure Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 23-27	5	418727	\$118
Adventure Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 30-Aug 3	5	418728	\$118
Adventure Camp	6-8	Tu-F	8:00AM-5:00PM	Citadel Community Centre	Aug 7-10	4	418729	\$97
Adventure Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Aug 13-17	5	418730	\$118
Adventure Camp	6-8	M-F	8:00AM-5:00PM	Citadel Community Centre	Aug 20-24	5	418731	\$118
Adventure Camp	9-12	Tu-F	8:00AM-5:00PM	Citadel Community Centre	Jul 3-6	4	418732	\$97
Adventure Camp	9-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 9-13	5	418733	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 16-20	5	418734	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 23-27	5	418735	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Jul 30-Aug 3	5	418736	\$118
Adventure Camp	9-12	Tu-F	8:00AM-5:00PM	Citadel Community Centre	Aug 7-10	4	418737	\$97
Adventure Camp	9-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Aug 13-17	5	418738	\$118
Adventure Camp	9-12	M-F	8:00AM-5:00PM	Citadel Community Centre	Aug 20-24	5	418739	\$118
Adventure Camp	6-10	M-F	8:00AM-5:00PM	Larry O'Connell	Aug 27-31	5	418741	\$118

Sport Camps - St. Andrews Community Centre 902.490.4693

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Tennis Camp	5-7	M-Th	9:00AM-9:50AM	Headstart Tennis Centre	Jul 9-12	4	418640	\$12
Tennis Camp	8-9	M-Th	10:00AM-10:50AM	Headstart Tennis Centre	Jul 9-12	4	418641	\$12
Tennis Camp	10-12	M-Th	11:00AM-11:50AM	Headstart Tennis Centre	Jul 9-12	4	418642	\$12
Tennis Camp	5-7	M-Th	9:00AM-9:50AM	Headstart Tennis Centre	Aug 13-16	4	418643	\$12
Tennis Camp	8-9	M-Th	10:00AM-10:50AM	Headstart Tennis Centre	Aug 13-16	4	418644	\$12
Tennis Camp	10-12	M-Th	11:00AM-11:50AM	Headstart Tennis Centre	Aug 13-16	4	418645	\$12

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Summer Camps - St. Andrews Community Centre 902.490.4693

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Summer Day Camp	6-11	Tu-F	8:30AM-4:00PM	Westmount	Jul 3-6	4	418654	\$80
Summer Day Camp	6-11	M-F	8:30AM-4:00PM	Westmount	Jul 9-13	5	418646	\$100
Summer Day Camp	6-11	M-F	8:30AM-4:00PM	Westmount	Jul 16-20	5	418647	\$100
Summer Day Camp	6-11	M-F	8:30AM-4:00PM	Westmount	Jul 23-27	5	418648	\$100
Summer Day Camp	6-11	M-F	8:30AM-4:00PM	Westmount	Jul 30-Aug 3	5	418649	\$100
Summer Day Camp	6-11	Tu-F	8:30AM-4:00PM	Westmount	Aug 7-10	4	418650	\$80
Summer Day Camp	6-11	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Aug 13-17	5	418651	\$106
Summer Day Camp	6-11	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Aug 20-24	5	418652	\$106
Summer Day Camp	6-11	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Aug 27-31	5	418653	\$106

Summer Camps - Chocolate Lake Community Centre 902.490.4607

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Buggin' Out	6-8	Tu-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 3-6	4	415431	\$86
Time Travellers	6-8	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 9-13	5	415432	\$106
Super Heroes	6-8	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 16-20	5	415433	\$106
Holidays	6-8	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 23-27	5	415439	\$106
Mystery Week	6-8	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 30-Aug 3	5	415435	\$106
Safari Week	6-8	Tu-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Aug 7-10	4	415436	\$86
Under the Sea	6-8	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Aug 13-17	5	415437	\$106
Pirates	6-8	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Aug 20-24	5	415438	\$106
Nature Nuts	6-8	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Aug 27-31	5	415448	\$106
Around the World	9-11	Tu-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 3-6	4	415440	\$86
Game Show Week	9-11	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 9-13	5	415441	\$106
Journey into Space	9-11	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 16-20	5	415442	\$106
Harry Potter	9-11	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 23-27	5	415443	\$106
Water Week	9-11	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 30-Aug 3	5	415444	\$106
Sports of All Sorts	9-11	Tu-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Aug 7-10	4	415445	\$86
Tech Week	9-11	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Aug 13-17	5	415446	\$106
Music Week	9-11	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Aug 20-24	5	415447	\$106
Explore the Outdoors	9-11	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Aug 27-31	5	415449	\$106

Specialty Camps - Chocolate Lake Community Centre 902.490.4607

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
KidzArt	7-10	Tu-F	1:00PM-4:00PM	Chocolate Lake Community Centre	Jul 3-6	4	415415	\$35
Cooking Camp	7-11	M-F	1:00PM-4:00PM	Chocolate Lake Community Centre	Jul 16-20	5	415418	\$50
KidzArt	7-10	M-F	1:00PM-4:00PM	Chocolate Lake Community Centre	Aug 13-17	5	415416	\$43
Dance Camp	7-10	M-F	1:00PM-4:00PM	Chocolate Lake Community Centre	Aug 20-24	5	415417	\$43

Sport Camps - Chocolate Lake Community Centre 902.490.4607

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Making Tracks Cycling	9-12	M-F	8:30AM-4:30PM	Chocolate Lake Community Centre	Jul 9-13	5	415430	\$114
Jr. NBA Basketball Camp	5-8	M-F	1:00PM-4:00PM	Chocolate Lake Community Centre	Jul 30-Aug 3	5	415429	\$68
Amazing Race Chocolate Lake	7-10	Tu-F	1:00PM-4:00PM	Chocolate Lake Community Centre	Aug 7-10	4	415434	\$37

Adventure Camps - Needham Community Centre 902.490.4633

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Adventure Camp	5-7	Tu-F	8:00AM-5:00PM	Needham Community Centre	Jul 3-6	4	415951	\$97
Adventure Camp	5-7	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 9-13	5	415952	\$118
Adventure Camp	5-7	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 16-20	5	415953	\$118
Adventure Camp	5-7	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 23-27	5	415954	\$118
Adventure Camp	5-7	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 30-Aug 3	5	415955	\$118
Adventure Camp	5-7	Tu-F	8:00AM-5:00PM	Needham Community Centre	Aug 7-10	4	415956	\$97
Adventure Camp	5-7	M-F	8:00AM-5:00PM	Needham Community Centre	Aug 13-17	5	415957	\$131
Adventure Camp	5-7	M-F	8:00AM-5:00PM	Needham Community Centre	Aug 20-24	5	415958	\$118
Adventure Camp	8-10	Tu-F	8:00AM-5:00PM	Needham Community Centre	Jul 3-6	4	415959	\$97
Adventure Camp	8-10	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 9-13	5	415960	\$118
Adventure Camp	8-10	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 16-20	5	415961	\$118
Adventure Camp	8-10	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 23-27	5	415962	\$118
Adventure Camp	8-10	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 30-Aug 3	5	415963	\$118
Adventure Camp	8-10	Tu-F	8:00AM-5:00PM	Needham Community Centre	Aug 7-10	4	415964	\$97
Adventure Camp	8-10	M-F	8:00AM-5:00PM	Needham Community Centre	Aug 13-17	5	415965	\$131
Adventure Camp	8-10	M-F	8:00AM-5:00PM	Needham Community Centre	Aug 20-24	5	415966	\$118
Adventure Camp	10-12	Tu-F	8:00AM-5:00PM	Needham Community Centre	Jul 3-6	4	415967	\$97
Adventure Camp	10-12	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 9-13	5	415968	\$118
Adventure Camp	10-12	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 16-20	5	415969	\$118
Adventure Camp	10-12	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 23-27	5	415970	\$118
Adventure Camp	10-12	M-F	8:00AM-5:00PM	Needham Community Centre	Jul 30-Aug 3	5	415971	\$118
Adventure Camp	10-12	Tu-F	8:00AM-5:00PM	Needham Community Centre	Aug 7-10	4	415972	\$97
Adventure Camp	10-12	M-F	8:00AM-5:00PM	Needham Community Centre	Aug 13-17	5	415973	\$131
Adventure Camp	10-12	M-F	8:00AM-5:00PM	Needham Community Centre	Aug 20-24	5	415974	\$118
Adventure Camp	5-11	M-F	8:00AM-5:00PM	Needham Community Centre	Aug 27-31	5	415975	\$118
Loose Parts Plays Week Drop In	4-12	Tu-F	9:00AM-4:00PM	Isleville Centre	Jul 3-6	4	415981	FREE
Adventure Camp	4-7	M-F	9:00AM-4:30PM	Isleville Centre	Jul 9-13	5	415977	\$101
Adventure Camp	4-7	M-F	9:00AM-4:30PM	Isleville Centre	Jul 16-20	5	416027	\$101
Adventure Camp	4-7	M-F	9:00AM-4:30PM	Isleville Centre	Jul 23-27	5	415978	\$101

Adventure Camp	4-7	M-F	9:00AM-4:30PM	Isleville Centre	Jul 30-Aug 3	5	415979	\$101
Adventure Camp	4-7	Tu-F	9:00AM-4:30PM	Isleville Centre	Aug 7-10	4	415980	\$83
Adventure Camp	4-7	M-F	9:00AM-4:30PM	Isleville Centre	Aug 13-17	5	416028	\$101
Adventure Camp	4-7	M-F	9:00AM-4:30PM	Isleville Centre	Aug 20-24	5	415976	\$101

Summer Camps - George Dixon Community Centre 902.490.4550

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Pixieland Adventure	4-7	Tu-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 3-6	4	418812	\$88
Dixieland Adventure	8-12	Tu-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 3-6	4	418813	\$88
Pixieland Adventure	4-7	M-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 9-13	5	418814	\$106
Dixieland Adventure	8-12	M-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 9-13	5	418815	\$106
Pixieland Adventure	4-7	M-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 16-20	5	418816	\$106
Dixieland Adventure	8-12	M-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 16-20	5	418817	\$106
Pixieland Adventure	4-7	M-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 23-27	5	418818	\$106
Dixieland Adventure	8-12	M-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 23-27	5	418819	\$106
Pixieland Adventure	4-7	M-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 30-Aug 3	5	418820	\$106
Dixieland Adventure	8-12	M-F	8:30AM-4:30PM	George Dixon Community Centre	Jul 30-3	5	418821	\$106
Pixieland Adventure	4-7	Tu-F	8:30AM-4:30PM	George Dixon Community Centre	Aug 7-10	4	418822	\$88
Dixieland Adventure	8-12	Tu-F	8:30AM-4:30PM	George Dixon Community Centre	Aug 7-10	4	418823	\$88
Pixieland Adventure	4-7	M-F	8:30AM-4:30PM	George Dixon Community Centre	Aug 13-17	5	418824	\$131
Dixieland Adventure	8-12	M-F	8:30AM-4:30PM	George Dixon Community Centre	Aug 13-17	5	418825	\$131
Pixieland Adventure	4-7	M-F	8:30AM-4:30PM	George Dixon Community Centre	Aug 20-24	5	418826	\$106
Dixieland Adventure	8-12	M-F	8:30AM-4:30PM	George Dixon Community Centre	Aug 20-24	5	418827	\$106
Dixieland Adventure	8-12	M-F	8:30AM-4:30PM	George Dixon Community Centre	Aug 27-31	5	418828	\$106
Pixieland Adventure	4-7	M-F	8:30AM-4:30PM	George Dixon Community Centre	Aug 27-31	5	418829	\$106

Summer Camps - St. Mary's Boat Club 902.490.4688

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Canoe Pirates	7-9	Tu-F	9:00AM-12:00PM	St. Mary's Boat Club	Jul 3-6	4	413502	\$45
Sailing & Safety	7-10	Tu-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 3-6	4	413503	\$108
Canoe Adventure	7-9	M-F	9:00AM-12:00PM	St. Mary's Boat Club	Jul 9-13	5	413504	\$56
Canoe Adventure	7-9	M-F	9:00AM-12:00PM	St. Mary's Boat Club	Jul 16-20	5	413505	\$56
Canoe & Kayak	10-12	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 16-20	5	413506	\$128
Sailing & Safety	7-10	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 9-13	5	413507	\$135
Canoe Pirates	7-9	M-F	9:00AM-12:00PM	St. Mary's Boat Club	Jul 23-27	5	413508	\$56
Canoe & Kayak	10-12	Tu-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 7-10	4	413509	\$108
Canoe Adventure	9-12	Tu-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 7-10	4	413510	\$108
Canoe Pirates	7-9	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 13-17	5	413511	\$128
Canoe Pirates	7-9	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 30-Aug 3	5	413512	\$128
Sailing & Safety	7-10	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 13-17	5	413513	\$135
Sailing & Safety	7-10	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 20-24	5	413514	\$135
Around the World in 4 Days	5-12	Tu-Th	9:00AM-4:00PM	St. Mary's Boat Club	Jul 3-5	3	413515	\$60
Messy Art	5-12	M-Th	9:00AM-4:00PM	St. Mary's Boat Club	Jul 9-12	4	413516	\$80

Super Science Camp	5-10	M-Th	9:00AM-4:00PM	St. Mary's Boat Club	Jul 16-19	4	413517	\$80
Active Adventures	5-10	M-Th	9:00AM-4:00PM	St. Mary's Boat Club	Jul 23-26	4	413518	\$80
Ocean Discovery	5-10	M-Th	9:00AM-4:00PM	St. Mary's Boat Club	Jul 30-Aug 2	4	413519	\$80
Under the Sea	5-10	M-Th	9:00AM-4:00PM	St. Mary's Boat Club	Aug 13-16	4	413520	\$80
Superhero Mania	5-12	M-Th	9:00AM-4:00PM	St. Mary's Boat Club	Aug 20-23	4	413521	\$80

Youth

Adventure Camps - St. Andrews Community Centre 902.490.4693

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Adventure Camp	12-15	Tu-F	8:30AM-4:30PM	St. Andrews Community Centre*	Jul 3-6	4	418668	\$94
Adventure Camp	12-15	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Jul 9-13	5	418661	\$112
Adventure Camp	12-15	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Jul 16-20	5	418662	\$112
Adventure Camp	12-15	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Jul 23-27	5	418663	\$112
Adventure Camp	12-15	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Jul 30-Aug 3	5	418664	\$112
Adventure Camp	12-15	Tu-F	8:30AM-4:30PM	St. Andrews Community Centre*	Aug 7-10	4	418667	\$94
Adventure Camp	12-15	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Aug 13-17	5	418665	\$112
Adventure Camp	12-15	M-F	8:30AM-4:30PM	St. Andrews Community Centre*	Aug 20-24	5	418666	\$112

*St. Andrew's Community Centre camps will be offered at new locations within the community during construction. Camp information will be updated once the location details have been completed. Visit halifax.ca/rec for information.

Summer Camps - Chocolate Lake Community Centre 902.490.4607

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Extreme Adventure	11-15	M-F	9:00AM-4:00PM	Chocolate Lake Community Centre	Jul 9-13	5	415486	\$110
Bike camp	11-15	M-F	9:00AM-4:00PM	Chocolate Lake Community Centre	Jul 16-20	5	415487	\$100
Magic skills & more	11-15	M-F	1:00PM-4:00PM	Chocolate Lake Community Centre	Jul 23-27	5	415485	\$45
Bike camp	11-15	M-F	9:00AM-4:00PM	Chocolate Lake Community Centre	Jul 30-Aug 3	5	415488	\$100
Extreme Adventure	11-15	Tu-F	9:00AM-4:00PM	Chocolate Lake Community Centre	Aug 7-10	4	415484	\$90
Mountain Bike Camp	11-15	M-F	9:00AM-4:00PM	Chocolate Lake Community Centre	Aug 13-17	5	415489	\$100
Creative Arts Camp	11-14	M-F	9:00AM-4:00PM	Chocolate Lake Community Centre	Aug 20-24	5	415490	\$110

Summer Camps - St. Mary's Boat Club 902.490.4688

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Youth Beginner Sailing	10-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 16-20	5	413523	\$135
Canoe & Kayak	12-16	Tu-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 3-6	4	413524	\$102
Youth Beginner Sailing	10-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 23-27	5	413525	\$135
Kayak	12-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 9-13	5	413526	\$128
Youth Beginner Sailing	10-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 30-Aug 3	5	413527	\$135
Youth Beginner Sailing	10-16	Tu-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 7-10	4	413528	\$108
Kayak	12-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 23-27	5	413529	\$128
Kayak	12-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 13-17	5	413530	\$128
Boat & Bike	12-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 20-24	5	413531	\$128
Canoe & Kayak	12-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Aug 20-24	5	413532	\$128
Kayak	12-16	M-F	9:00AM-4:00PM	St. Mary's Boat Club	Jul 30-Aug 3	5	413533	\$128

Sport Camps - Citadel Community Centre 902.490.3895

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Archery Camp	10-15	Tu-F	1:00PM-3:00PM	Citadel Community Centre	Aug 7-10	4	418709	\$93
Flag Football	11-15	M-F	1:00PM-4:00PM	Citadel Community Centre	Jul 30-3	5	418710	\$42

YOUTH LEADERSHIP

INFORMATION SESSIONS

Level	Age	Day	Time	Location	Start	Code
I, II & III	13-17	Th	6:00PM-7:30PM	George Dixon Community Centre	Jun 14	418806
I & II	13-17	Th	6:30PM-7:30PM	Chocolate Lake Community Centre	Jun 7	415492
I, II & III	13-16	W	6:00PM-7:00PM	St. Andrews Community Centre	Jun 6	418669
I & II	13-17	Th	6:00PM-7:30PM	Citadel Community Centre	Jun 14	418747
I, II & III	13-17	Tu	6:00PM-7:30PM	Needham Community Centre	Jun 12	416014

For more information see page 10 or visit halifax.ca/youth

Chocolate Lake Weight Room Hours: M-F 9AM - 9PM Sa 9M-5PM Su 1-5PM (Summer 9AM-1PM)
 14 Purcell's Cove Road 902.490.4607

Term	Youth & Senior	Adult	Payment Plans Available
1 month	\$26	\$34	
3 month	\$40	\$63	Day Pass \$5
6 month	\$75	\$100	
Annual	\$130	\$174	

Taxes are included. Weight room is for those 16 and up. Those 15 years old can complete the Learn to Lift Program and then become a member.

NEW Fitness Boosters

Option A: Workout Plan will allow you to meet with our trainer who will design an effective, results oriented program that fits your fitness goals. This is a consultation only. Fee: \$30/1 hour

Option B: Workout Booster will provide you with new or modified exercises to add to your current workout plan. This helps to insure you continue to improve as well as helps to prevent boredom. Cost: \$20/30 minutes

Option C: Turbo Boost - a trainer will take you through an intensive 30-minute workout based on your fitness goals. Cost: \$20/30 minutes

Time: (1) Monday 5 PM - 6 PM, (2) Tuesday 6:30-7:30 PM, (3) Thursday 5 PM - 6 PM, (4) Thursday 6:30 - 7:30 PM

* There are more weekday and weekend times available! These sessions are by appointment only. Participants will have to speak directly to Front Desk staff at Chocolate Lake to book a session. 24 hours advanced notice of cancellation is required or fees will not be returned. Senior and Youth discount applies at 25% off the rate.

Please allow extra time for your own warm up and cool down.





ST MARY'S BOAT CLUB

1641 Fairfield Road 902.490.4688 halifax.ca/smbc

FREE Youth Paddle Night

Tuesday | July 3 - Aug 28 | 6-7:30 p.m.

Adult Paddle Night

Monday & Wednesday | June 4 - Aug 29 | 6-8 p.m.

Fee: \$15 per evening

Monday only | Sept 10-24

Register online or by calling 902.490.6666

FREE Canoe Rental

Saturday & Sunday | June 2 - Sept 30 | 11 a.m.-7 p.m.

Photo ID required

Adult & Youth | Learn to Row

Junior Program

Over four sessions (8 hours of instruction) for youth aged 13-18 as of January 1, 2018.

Participants will learn the basic skills of sculling in Olympic-style shells on the beautiful Northwest Arm. Upon completion of the class, graduates may register in the Junior Program & continue rowing at the St. Mary's Boat Club until the end of the season. Fee: \$110

Junior class schedule

Session 1 | Monday & Wednesday | 4-6 p.m. | May 7, 9, 14, 16

Session 2 | Tuesday & Thursday | 4-6 p.m. | May 22, 24, 29, 31

Session 3 | Monday & Wednesday | 4-6 p.m. | June 4, 6, 11, 13

Session 4 | Tuesday & Thursday | 4-6 p.m. | June 19, 21, 26, 28

Session 5 | Tuesday - Friday | 9-11 a.m. | July 3, 4, 5, 6

Session 6 | Monday - Thursday | 9-11 a.m. | July 9, 10, 11, 12

Session 7 | Monday - Tuesday | 9-11 a.m. | July 23, 24, 25, 26

Session 8 | Monday - Tuesday | 9-11 a.m. | August 13, 14, 15, 16

For more information or to access the adult class schedule, visit halifaxrowing.ca or call 902.423.0323.

St. Mary's Lawn Bowling Club

Programs begin in May. No experience necessary as FREE training clinics will be available. Contact Paul Knox 902.454.5493.

Reception Hall | Rental

Visit halifax.ca/smbc for details

Individuals who are physically literate move with competence and confidence in a wide variety of physical activities in multiple environments that benefit the healthy development of the whole person.

Adult Keelboat Learn to Sail Program

Cost: \$375 + HST

Tuesday and Thursday evenings 6pm to 9pm. An introductory program for adults wishing to learn how to sail. The curriculum is customized to suit the knowledge and comfort level of participants. Boat handling, safety, sail trim, basic weather and navigation will be covered. Experienced instructors specifically chosen for their ability to work with adults will guide students in sailing.

Each Course is limited to 24 spaces

Programs are held at the Royal Nova Scotia Yacht Squadron

May 22 - June 7 | code: 419636

June 12 - June 28 | code: 419882

July 3 - July 19 | code: 419637

July 24 - August 9 | code: 419638

August 21 - September 6 | code: 419639



The Long Term Athlete Development promotes physical activity for all based upon a developmental progression.

MUSQUODOBOIT HARBOUR

Gaetz Brook to Ship Harbour - Corner of #7 Highway & East Petpeswick Road

Phone: 902.889.4050 Toll FREE: 1.866.522.2422

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Easter Craft & Egg Hunt	3-5	Sa	10:00AM-12:00PM	Musquodoboit Harbour Recreation Centre	Mar 31	1	422138	\$10
Dance & Drama Ballet	3-5	Tu	6:00PM-6:30PM	Eastern Shore District High	Apr 3	8	418313	\$16
Preschooler Play Teddy Bear Play Group	3-5	Tu	9:30AM-11:30AM	Musquodoboit Harbour Recreation Centre	Apr 3	14	418315	\$85
Teddy Bear Play Group	3-5	Th	9:30AM-11:30AM	Musquodoboit Harbour Recreation Centre	Apr 5	14	418316	\$85
Teddy Bear Play Group	3-5	F	9:30AM-11:30AM	Musquodoboit Harbour Recreation Centre	Apr 6	14	418317	\$85
Sports & Fitness Run, Jump, Throw	3-5	W	6:00PM-6:30PM	Oyster Pond Academy	Apr 4	8	418329	\$16
Gymnastics	3-5	Th	6:00PM-6:30PM	Gaetz Brook Junior High	Apr 5	8	418319	\$24
Tumblebugs	3-5	M	6:00PM-6:45PM	Musquodoboit Harbour Recreation Centre	Apr 9	8	418318	\$21

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Sketchbook Creations Drawing	9-14	Th	6:00PM-7:00PM	Musquodoboit Harbour Recreation Centre	Apr 5	6	418304	\$18
Dance & Drama Ballet	5-8	Tu	6:30PM-7:15PM	Eastern Shore District High	Apr 3	8	418305	\$24
General Interest Spa & Yoga Night	8-12	F	6:00PM-9:00PM	Musquodoboit Harbour Recreation Centre	May 18	1	418307	\$10
Sports & Fitness Floor Hockey Drop In	7-10	M	6:00PM-7:00PM	Oyster Pond Academy	Apr 9	10	418308	FREE
Gymnastics	6-9	Th	6:30PM-7:30PM	Gaetz Brook Junior High	Apr 12	8	418309	\$24
Gymnastics	10-14	Th	7:30PM-8:30PM	Gaetz Brook Junior High	Apr 12	8	418310	\$24
Soccer/Basketball	5-9	W	6:30PM-7:30PM	Oyster Pond Academy	Apr 4	8	418311	FREE

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
General Interest Babysitter's Training	11-15	Sa	9:00AM-4:00PM	Musquodoboit Harbour Recreation Centre	Apr 14	1	418320	\$37
Sports & Fitness Gymnastics	10-14	Th	7:30PM-8:30PM	Gaetz Brook Junior High	Apr 12	8	418310	\$24
Basketball Drop In	10-14	Tu	6:30PM-8:00PM	Eastern Shore District High	Apr 3	10	418321	FREE
Ball Hockey	11-14	M	7:00PM-8:30PM	Oyster Pond Academy	Apr 9	10	418322	FREE
Youth Soccer	10-14	Th	7:30PM-9:00PM	Eastern Shore District High	Apr 5	10	418323	FREE

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts	Rug Crochet Workshop	Su	1:00PM-5:00PM	Musquodoboit Harbour Recreation Centre	Apr 8	1	418242 \$80
	Drawing & Sketching	Th	7:30PM-9:00PM	Musquodoboit Harbour Recreation Centre	Apr 5	6	418243 \$35
	Paint Day Social	F	1:00PM-3:30PM	Musquodoboit Harbour Recreation Centre	Apr 20	1	418240 \$25
	Paint Day Social	F	1:00PM-3:30PM	Musquodoboit Harbour Recreation Centre	May 25	1	418241 \$25
Dance & Drama	Line Dancing	M	7:00PM-8:00PM	Gaetz Brook Legion	Apr 9	10	418248 \$57
	Line Dancing-Beginner+	Th	7:00PM-8:00PM	Gaetz Brook Legion	Apr 5	10	418249 \$57
General Interest	Emergency First Aid & Level C CPR	Sa	9:00AM-5:00PM	Musquodoboit Harbour Recreation Centre	Apr 21	1	418258 \$80
	Hiking Club	Sa	11:00AM-1:00PM	Musquodoboit Harbour Recreation Centre	Apr 21	5	418259 FREE
Sports & Fitness	Mens Basketball Drop In	F	6:30PM-8:00PM	Eastern Shore District High	Apr 6	10	418262 \$20
	Badminton Night	Tu	8:00PM-9:30PM	Eastern Shore District High	Apr 3	10	418263 \$20
	Trim & Tone	W	11:00AM-11:45AM	Musquodoboit Harbour Recreation Centre	Apr 4	10	418273 \$32
	Trim & Tone	F	11:00AM-11:45AM	Musquodoboit Harbour Lions Centre	Apr 6	10	418284 \$32
	Trim & Tone	M	11:00AM-11:45AM	Musquodoboit Harbour Recreation Centre	Apr 9	10	418264 \$32
	Full Body Fit	M	7:00PM-7:45PM	Musquodoboit Harbour Recreation Centre	Mar 19	12	418266 \$39
	Boot Camp	W	9:30AM-10:30AM	Musquodoboit Harbour Recreation Centre	Apr 4	10	418277 \$43
	Boot Camp	M	9:30AM-10:30AM	Musquodoboit Harbour Recreation Centre	Apr 9	10	418267 \$43
	Circuit Fitness	Tu	12:00PM-12:45PM	Musquodoboit Harbour Recreation Centre	Apr 3	8	418268 \$26
	Circuit Fitness	Th	12:00PM-12:45PM	Musquodoboit Harbour Recreation Centre	Apr 5	8	418269 \$26
	Ball Fitness	W	12:30PM-1:15PM	Musquodoboit Harbour Recreation Centre	Apr 4	10	418270 \$32
	50+ Fitness	Tu	1:30PM-2:30PM	Musquodoboit Harbour Recreation Centre	Apr 3	10	418271 \$43
	50+ Fitness	F	9:00AM-10:00AM	Ship Harbour Hall	Mar 23	12	418283 \$52
	50+ Fitness	F	10:00AM-11:00AM	Ship Harbour Hall	Mar 23	12	418272 \$52
	Fit Yoga	W	6:30PM-7:30PM	Oyster Pond Academy	Mar 21	12	418274 \$60
	Step & Weights Fitness	F	6:30PM-7:15PM	Musquodoboit Harbour Recreation Centre	Apr 6	10	418275 \$32
	Total Fit	Th	7:00PM-7:45PM	Musquodoboit Harbour Recreation Centre	Apr 5	10	418276 \$32
	Tabata Circuit	W	5:45PM-6:45PM	Musquodoboit Harbour Recreation Centre	Apr 4	10	418279 \$43
	Body Blast Circuit	Th	10:00AM-10:45AM	Musquodoboit Harbour Lions Centre	Apr 5	10	418280 \$32
Wellness	Tai Chi	W	7:00PM-8:00PM	Eastern Shore District High	Apr 4	10	418290 \$43
	Yoga-Gentle	M	1:30PM-2:45PM	Musquodoboit Harbour Recreation Centre	Apr 9	10	418291 \$62
	Yoga-Yin	W	3:00PM-4:00PM	Musquodoboit Harbour Recreation Centre	Apr 4	10	418292 \$50
	Yoga	M	8:00PM-9:00PM	Musquodoboit Harbour Recreation Centre	Apr 9	8	418293 \$40
	Yoga-Gentle	W	10:00AM-11:00AM	Ship Harbour Hall	Mar 21	12	418294 \$60
	Yoga	Tu	6:00PM-7:15PM	Musquodoboit Harbour Recreation Centre	Apr 3	10	418295 \$62
	Yoga	Tu	7:30PM-8:45PM	Musquodoboit Harbour Recreation Centre	Apr 3	10	418296 \$62
	Yoga	W	10:45AM-12:00PM	Musquodoboit Harbour Recreation Centre	Apr 4	10	418297 \$62
	Yoga	W	1:30PM-2:45PM	Musquodoboit Harbour Recreation Centre	Apr 4	10	418298 \$62
	Yoga-Gentle	M	10:00AM-11:00AM	Ship Harbour Hall	Mar 19	12	418300 \$60

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation where applicable, admission, & supply costs

Preschool

Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Moana's Aloha Adventure	3-5	Tu-Th	9:30AM-12:00PM	Musquodoboit Harbour Recreation Centre	Jul 3-5	3	419980	\$21
Ooey Goey Goop	3-5	Tu-Th	9:30AM-12:00PM	Musquodoboit Harbour Recreation Centre	Jul 10-12	3	419981	\$21
Sports Superstars	3-5	Tu-Th	9:30AM-12:00PM	Eastern Shore District High	Jul 17-19	3	419982	\$21
Diggers and Dozers	3-5	Tu-Th	9:30AM-12:00PM	Musquodoboit Harbour Recreation Centre	Jul 24-26	3	419983	\$21
Animal Kingdom	3-5	Tu-Th	9:30AM-12:00PM	Musquodoboit Harbour Recreation Centre	Jul 31-Aug 2	3	419984	\$21
Under the Sea	3-5	Tu-Th	9:30AM-12:00PM	Musquodoboit Harbour Recreation Centre	Aug 7-9	3	419985	\$21
Dino Adventure	3-5	Tu-Th	9:30AM-12:00PM	Musquodoboit Harbour Recreation Centre	Aug 14-16	3	419986	\$21
Pirates & Princessess	3-5	Tu-Th	9:30AM-12:00PM	Musquodoboit Harbour Recreation Centre	Aug 21-23	3	419987	\$21

Child

Day Trips

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Horseback Riding & Swim Trip	6-12	Tu	9:00AM-3:00PM	Eastern Shore Recreation Bus	Jul 10	1	420076	\$35
Discovery Centre & Swimming	6-12	M	9:00AM-4:00PM	Eastern Shore Recreation Bus	Jul 23	1	420077	\$30
Pirate Cruise & Swim	6-12	W	9:00AM-3:00PM	Eastern Shore Recreation Bus	Jul 25	1	420078	\$35
Hope For Wildlife	6-12	Tu	9:00AM-3:00PM	Eastern Shore Recreation Bus	Aug 7	1	420079	\$20
Emera Oval & Splash Pad	6-12	Th	9:00AM-3:00PM	Eastern Shore Recreation Bus	Aug 9	1	420080	\$20
Sailing 100 Islands Trip	6-12	W	9:00AM-4:00PM	Eastern Shore Recreation Bus	Aug 22	1	420081	\$30

Youth

Day Trips

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Emera Oval Adventure	12-15	W	10:00AM-3:00PM	Eastern Shore Recreation Bus	Jul 11	1	421581	\$20
Hope for Wildlife & Swim	12-15	Tu	10:00AM-4:00PM	Eastern Shore Recreation Bus	Jul 24	1	421582	\$20
On Tree Adventure Trip	12-15	F	8:30AM-4:30PM	Eastern Shore Recreation Bus	Jul 27	1	421583	\$35
Wall Climbing & Swim Trip	12-16	W	9:00AM-4:00PM	Eastern Shore Recreation Bus	Aug 8	1	421584	\$30
Dinner & Movie Trip	12-16	F	4:00AM-11:00PM	Eastern Shore Recreation Bus	Aug 10	1	421585	\$25

Outdoor Movie - Everyone is invited to join us on Saturday, August 18 for our 13th Annual "Outdoor Movie". Bring your lawn chairs to the Eastern Shore Community Centre for this enjoyable FREE evening event. For more information please call the Recreation Office at 902.889.4050.

Child - Summer Camps

Camp	Age	Day	Time	Eastern Shore Community Centre	Webber's Campground	Start	Classes	Fee
Deep Sea Adventures	5-12	Tu	9:00AM-3:00PM	420008	420046	Jul 3	1	\$15
Deep Sea Adventures	5-12	W	9:00AM-3:00PM	420009	420047	Jul 4	1	\$15
Deep Sea Adventures	5-12	Th	9:00AM-3:00PM	420010	420048	Jul 5	1	\$15
Deep Sea Adventures	5-12	F	9:00AM-3:00PM	420011	-	Jul 6	1	\$15
Groovy 70's Disco	5-12	M	9:00AM-3:00PM	420012	420049	Jul 9	1	\$15
Groovy 70's Disco	5-12	Tu	9:00AM-3:00PM	420013	420050	Jul 10	1	\$15
Groovy 70's Disco	5-12	W	9:00AM-3:00PM	420014	420051	Jul 11	1	\$15
Groovy 70's Disco	5-12	Th	9:00AM-3:00PM	420015	420052	Jul 12	1	\$15
Groovy 70's Disco	5-12	F	9:00AM-3:00PM	420016	-	Jul 13	1	\$15
Trip Around the World	5-12	M	9:00AM-3:00PM	420017	420053	Jul 16	1	\$15
Trip Around the World	5-12	Tu	9:00AM-3:00PM	420018	420054	Jul 17	1	\$15
Trip Around the World	5-12	W	9:00AM-3:00PM	420019	420055	Jul 18	1	\$15
Trip Around the World	5-12	Th	9:00AM-3:00PM	420020	420056	Jul 19	1	\$15
Trip Around the World	5-12	F	9:00AM-3:00PM	420021	-	Jul 20	1	\$15
Barnyard Palooza	5-12	M	9:00AM-3:00PM	420022	420057	Jul 23	1	\$15
Barnyard Palooza	5-12	Tu	9:00AM-3:00PM	420023	420058	Jul 24	1	\$15
Barnyard Palooza	5-12	W	9:00AM-3:00PM	420024	420059	Jul 25	1	\$15
Barnyard Palooza	5-12	Th	9:00AM-3:00PM	420025	420060	Jul 26	1	\$15
Barnyard Palooza	5-12	F	9:00AM-3:00PM	420026	-	Jul 27	1	\$15
Futuristic Fun	5-12	M	9:00AM-3:00PM	420027	420061	Jul 30	1	\$15
Futuristic Fun	5-12	Tu	9:00AM-3:00PM	420028	420062	Jul 31	1	\$15
Futuristic Fun	5-12	W	9:00AM-3:00PM	420029	420063	Aug 1	1	\$15
Futuristic Fun	5-12	Th	9:00AM-3:00PM	420030	420064	Aug 2	1	\$15
Futuristic Fun	5-12	F	9:00AM-3:00PM	420031	-	Aug 3	1	\$15
Tropical Rainforest Paradise	5-12	Tu	9:00AM-3:00PM	420032	420065	Aug 7	1	\$15
Tropical Rainforest Paradise	5-12	W	9:00AM-3:00PM	420033	420066	Aug 8	1	\$15
Tropical Rainforest Paradise	5-12	Th	9:00AM-3:00PM	420034	420067	Aug 9	1	\$15
Tropical Rainforest Paradise	5-12	F	9:00AM-3:00PM	420035	-	Aug 10	1	\$15
Witches & Wizards	5-12	M	9:00AM-3:00PM	420036	420068	Aug 13	1	\$15
Witches & Wizards	5-12	Tu	9:00AM-3:00PM	420037	420069	Aug 14	1	\$15
Witches & Wizards	5-12	W	9:00AM-3:00PM	420038	420070	Aug 15	1	\$15
Witches & Wizards	5-12	Th	9:00AM-3:00PM	420039	420071	Aug 16	1	\$15
Witches & Wizards	5-12	F	9:00AM-3:00PM	420040	-	Aug 17	1	\$15
Inventors Imaginarium	5-12	M	9:00AM-3:00PM	420041	420072	Aug 20	1	\$15
Inventors Imaginarium	5-12	Tu	9:00AM-3:00PM	420042	420073	Aug 21	1	\$15
Inventors Imaginarium	5-12	W	9:00AM-3:00PM	420043	420074	Aug 22	1	\$15
Inventors Imaginarium	5-12	Th	9:00AM-3:00PM	420044	420075	Aug 23	1	\$15
Inventors Imaginarium	5-12	F	9:00AM-3:00PM	420045	-	Aug 24	1	\$15

Summer Day Camp Ages 5-12

A fun way to get out and enjoy the summer! Theme based day camps full of fun and adventure. Activities include sports, games, crafts, music, water fun and much more.

Extended Hours

available at Eastern Shore Community Centre location from 8 a.m. - 5 p.m. \$20 per day

YOUTH LEADERSHIP

INFORMATION SESSION

Level	Age	Day	Time	Location	Start	Code
I, II & III	12-15	Su	6:00PM	Musquodoboit Harbour Recreation Centre	May 27	421613

For more information see page 10 or visit halifax.ca/youth

Musquodoboit Harbour Fitness Centre

7900, #7 Highway - corner of #7 Hwy & East Petpeswick Rd. 902.889.4058

Hours of Operation: Monday-Friday 7:30 - 11:30 a.m. & 1 -9 p.m. Saturday 8 a.m. - 1 p.m.
Summer hours in effect: July 1 - August 31 - Call for details.

Membership Fees	Adult	Student/Senior	Family
Drop In (1 visit)	\$6.00	\$4.50	N.A.
10 Visit Card	\$33.00	\$24.75	N.A.
One Month	\$43.00	\$32.25	N.A.
Three Month	\$115.00	\$86.25	\$170.00
Six Month	\$190.00	\$142.50	\$285.00
12 Month	\$280.00	\$210.00	\$420.00





Parents & caregivers play a crucial role in ensuring that their child is provided with ample opportunities to develop physical literacy.

MUSQUODOBOIT VALLEY

Dutch Settlement to Dean

12046 Highway # 224, Middle Musquodoboit

Phone: 902.384.3008

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Creative Movement	3-5	Sa	9:00AM-9:45AM	Middleton United Church	Apr 7	8	418570	\$24
Sports & Fitness Jump, Jiggle & Giggle	3-5	Th	6:00PM-6:45PM	Musquodoboit Valley Education Centre	Apr 12	6	418563	\$12
Sports & Fitness Jump, Jiggle & Giggle	3-5	Tu	6:00PM-6:45PM	Carrolls Corner Community Centre	Apr 10	6	418575	\$12

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Intro to Jazz	5-10	Sa	10:00AM-10:45AM	Middleton United Church	Apr 7	8	418559	\$24
Sports & Fitness Soccer & Basketball	6-12	W	6:30PM-8:00PM	Musquodoboit Valley Education Centre	Apr 25	5	418560	\$26
Sports & Fitness Open Gym	6-12	M	6:30PM-8:00PM	Musquodoboit Valley Education Centre	Apr 9	7	418562	FREE

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Hip Hop	11+	Sa	11:00AM-12:00PM	Middleton United Church	Apr 7	8	418568	\$32
General Interest 4CY	13-16	F	6:30PM-9:00PM	Carrolls Corner Community Centre	Apr 13	13	418564	FREE
Sports & Fitness Open Gym	12-18	Tu	7:00PM-9:00PM	Musquodoboit Rural High School	Apr 17	7	418565	FREE
Sports & Fitness Fitness Centre	12-18	M,W,F	6:30PM-9:00PM	Musquodoboit Rural High School	Apr 2	24	418631	FREE
Sports & Fitness Fit & Fab Girls Program	12-16	Th,Tu	3:00PM-5:30PM	Musquodoboit Valley Education Centre	Apr 12	20	418566	FREE

4CY Youth Night in Carroll's Corner -

Bored on a Friday night? Why not drop-in to the Carroll's Corner Community Centre for a great night of fun with friends. **Carroll's Corner Community Centre Grades 6-10 6:30 - 9 p.m.**
(Offered in partnership with the Carroll's Corner Community Centre)

Workout for FREE at the Musquodoboit Valley Fitness Centre

Musquodoboit Rural High School - 902.384.3008

Hours of Operation: Monday, Wednesday and Friday 6:30 - 9 p.m.

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee
Sports & Fitness	Belly Fit	W	7:00PM-8:00PM	Musquodoboit Valley Education Centre	Apr 11	6	418553 \$26
	Belly Fit	M	7:00PM-8:00PM	Musquodoboit Valley Education Centre	Apr 9	7	418554 \$30
	Fitness Centre	M,W,F	6:30PM-9:30PM	Musquodoboit Rural High School	Apr 2	30	418555 FREE
	Open Gym	F	7:00PM-9:00PM	Musquodoboit Rural High School	Apr 13	10	418556 FREE
	Walking Meet Ups	W	6:30PM-9:00PM	Carrolls Corner Community Centre	Apr 11	11	418571 FREE
Wellness	Gentle Yoga	Th	9:30AM-10:30AM	St. Andrew's United Church	Apr 12	10	418557 \$50
	Yoga	Th	4:00PM-5:00PM	Middle Musquodoboit Recreation Office	Apr 19	10	418558 \$50

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Let's Get Messy	3-5	M-Tu	1:00PM-3:00PM	Musquodoboit Valley Education Centre	Jul 16-17	2	418594	\$12
Let's Get Messy	3-5	M-Tu	9:30AM-11:30AM	Carrolls Corner Community Centre	Jul 16-17	2	418595	\$12

Child

Outings

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Halifax Central Library	6-12	F	9:00AM-5:00PM	Musquodoboit Valley Education Centre	Jul 13	1	418579	\$10
Oval	6-12	M	9:00AM-5:00PM	Musquodoboit Valley Education Centre	Aug 20	1	418580	\$10

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Artsy Smartsy	6-12	Tu	9:00AM-3:00PM	Carrolls Corner Community Centre	Jul 3	1	418581	\$15
Drama Rama	6-12	M-Th	9:00AM-3:00PM	Carrolls Corner Community Centre	Jul 9-12	4	418582	\$57
Spa Day	6-12	M	9:00AM-3:00PM	Musquodoboit Valley Education Centre	Aug 13	1	418583	\$15
H2 Olympics	6-12	Tu	9:00AM-3:00PM	Musquodoboit Valley Education Centre	Aug 14	1	418584	\$15
Sports & Sorts	6-12	W-F	9:00AM-3:00PM	Musquodoboit Valley Education Centre	Jul 18-20	3	418585	\$43
Put me In A book	6-12	M-F	8:30AM-4:30PM	Carrolls Corner Community Centre	Jul 23-27	5	418586	\$94
Silly Science	6-12	W	9:00AM-3:00PM	Carrolls Corner Community Centre	Jul 4	1	418587	\$15
Games Galore	6-12	Th	9:00AM-3:00PM	Carrolls Corner Community Centre	Jul 5	1	418588	\$15
Spy Training	6-12	F	9:00AM-3:00PM	Carrolls Corner Community Centre	Jul 6	1	418589	\$15
Pajama Party	6-12	Th	9:00AM-3:00PM	Musquodoboit Valley Education Centre	Aug 16	1	418590	\$15
Myth Busters	6-12	F	9:00AM-3:00PM	Musquodoboit Valley Education Centre	Aug 17	1	418591	\$15
Lets Get Messy	6-12	M-F	9:00AM-3:00PM	Meaghers Grant Volunteer Fire Dept	Jul 30-Aug 3	5	418592	\$71
Nature Nuts	6-12	Tu-F	9:00AM-3:00PM	Musquodoboit Valley Education Centre	Aug 7-Aug 10	4	418593	\$57

YOUTH LEADERSHIP

INFORMATION SESSION

Level	Age	Day	Time	Location	Start	Code
I, II, III	13-16	Tu	6:30PM-8:30PM	Musquodoboit Valley Education Centre	May 30	418552

For more information see page 10 or visit halifax.ca/youth



Individuals who are physically literate move with competence and confidence in a wide variety of physical activities in multiple environments that benefit the healthy development of the whole person.

NORTH PRESTON/EAST PRESTON AREA

North Preston Community Centre

44 Simmonds Road Phone: 902.462.4161

NORTH PRESTON / EAST PRESTON AREA

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Parent & Child Pottery	6-14	W	6:00PM-7:30PM	North Preston Community Centre	Apr 11	8	420549	\$60
Sports & Fitness Soccer	6-9	M	6:00PM-7:00PM	North Preston Community Centre	Apr 9	10	420554	\$28
Sports Night	6-12	Th	6:00PM-7:00PM	North Preston Community Centre	Apr 12	8	420555	\$23

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Pottery	11-16	M	6:00PM-7:30PM	North Preston Community Centre	Apr 9	9	420558	\$60
Paint Party	11-16	Tu	6:00PM-7:30PM	North Preston Community Centre	May 15	1	420559	\$20
General Interest Cover It	10-16	W	5:30PM-7:00PM	North Preston Community Centre	Apr 18	8	420562	\$30
Sports & Fitness Archery	8-14	M	7:00PM-8:00PM	North Preston Community Centre	Apr 16	9	420567	\$95
Drop-In Dodgeball	8-14	Tu	7:00PM-8:00PM	North Preston Community Centre	Apr 17	8	420568	\$0

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Pottery	M	9:30AM-12:30PM	North Preston Community Centre	Apr 9	8	420536	\$144
Pottery	Th	9:30AM-12:30PM	North Preston Community Centre	Apr 12	8	420537	\$144
Pottery	Th	6:00PM-9:00PM	North Preston Community Centre	Apr 12	8	420538	\$144
Pottery	W	9:30AM-12:30PM	North Preston Community Centre	Apr 11	8	420539	\$108
Paint Party	F	7:00PM-9:00PM	North Preston Community Centre	May 25	1	420569	\$20
Sports & Fitness Core Strength	M	7:00PM-8:00PM	North Preston Community Centre	Apr 9	10	420542	\$40
Kickboxing	Th	7:00PM-8:00PM	North Preston Community Centre	Apr 12	10	420543	\$40
Learn to Run	Sa	8:30AM-9:15AM	North Preston Community Centre	Apr 14	8	420544	\$34
Badminton	Tu	10:00AM-12:00PM	North Preston Community Centre	Apr 10	8	420546	\$58

**RECREATION
DAY
JUNE 2**

FREE Family Zumba

All ages

1-2 p.m.

North Preston Community Centre

Code: 420570

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Kindergym Olympics	4-5	Tu-F	9:00AM-4:00PM	North Preston Community Centre	Jul 3-6	4	422130	\$77
Oopy Goopy Fun	4-5	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 9-13	5	422131	\$97
Fairy Tale Adventures	4-5	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 16-20	5	422132	\$97
Music Makers	4-5	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 23-27	5	422133	\$97
Disney Favorites	4-5	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 30-Aug 3	5	422134	\$97
Mini Scientists	4-5	Tu-F	9:00AM-4:00PM	North Preston Community Centre	Aug 7-10	4	422135	\$77
Fun in the Sun	4-5	Tu-F	9:00AM-4:00PM	North Preston Community Centre	Aug 13-17	5	422136	\$97
Splish Splash Water Fun	4-5	Tu-F	9:00AM-4:00PM	North Preston Community Centre	Aug 20-24	5	422137	\$97

Child

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Summer Fiesta	9-12	Tu-F	9:00AM-4:00PM	North Preston Community Centre	Jul 3-Jul 6	4	421589	\$96
Sports Sports Sports	9-12	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 9-Jul 13	5	421590	\$118
Christmas in July	9-12	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 16-Jul 20	5	421591	\$118
Treasure Hunters	9-12	M-Th	9:00AM-4:00PM	North Preston Community Centre	Jul 23-Jul 26	4	421592	\$118
Soul Circus	9-12	M-F	8:00AM-5:00PM	North Preston Community Centre	Jul 30-Aug 3	5	421593	\$118
Disco Days	9-12	Tu-F	8:00AM-5:00PM	North Preston Community Centre	Aug 7-Aug 10	4	421594	\$96
Scientific Splendor	9-12	M-F	8:00AM-5:00PM	North Preston Community Centre	Aug 13-Aug 17	5	421595	\$118
Water Wars	9-12	M-F	8:00AM-5:00PM	North Preston Community Centre	Aug 20-Aug 24	5	421596	\$118
Ahola Summer	6-8	Tu-F	9:00AM-4:00PM	North Preston Community Centre	Jul 3-Jul 6	4	421603	\$96
Junior Engineers	6-8	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 9-Jul 13	5	421604	\$118
Super Hero's	6-8	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 16-Jul 20	5	421605	\$118
Musical Rockstars	6-8	M-Th	9:00AM-4:00PM	North Preston Community Centre	Jul 23-Jul 26	4	421606	\$118
North Preston Adventures	6-8	M-F	9:00AM-4:00PM	North Preston Community Centre	Jul 30-Aug 3	5	421607	\$118
Under The Sea	6-8	Tu-F	9:00AM-4:00PM	North Preston Community Centre	Aug 7-Aug 10	4	421608	\$96
Creative Campers	6-8	M-F	9:00AM-4:00PM	North Preston Community Centre	Aug 13-Aug 17	5	421609	\$118
Wacky Water Fun	6-8	M-F	9:00AM-4:00PM	North Preston Community Centre	Aug 20-Aug 24	5	421610	\$118

YOUTH LEADERSHIP

INFORMATION SESSION

Level	Age	Location	Start	Code
I, II & III	12-15	North Preston Community Centre	June 25	422180

For more information see page 10 or visit halifax.ca/youth



Research has shown that being physically active later in life depends on an individual's ability to feel confident in an activity setting.

SACKVILLE

Acadia School

636 Sackville Drive, Lower Sackville Phone: 902.869.4200

Sackville Sports Stadium

409 Glendale Drive, Lower Sackville Phone: 902.869.4141

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama	Creative Movement	4-5	Sa	9:45AM-10:15AM	Sackville Municipal Building	Apr 7	8	413409 \$16
	Creative Movement	3-4	Sa	10:30AM-11:00AM	Sackville Municipal Building	Apr 7	8	413410 \$16
	Creative Movement	4-5	Sa	11:15AM-11:45AM	Sackville Municipal Building	Apr 7	8	413411 \$16
	Creative Movement	3-4	Sa	9:00AM-9:30AM	Sackville Municipal Building	Apr 7	8	413412 \$16
	Creative Movement	3-5	Sa	12:00PM-12:30PM	Sackville Municipal Building	Apr 7	8	413413 \$16
Parent & Tot	Messy Play	16-3	Su	9:00AM-9:55AM	Sackville Sports Stadium	Apr 15	8	418438 \$28
	Messy Play	16-3	Su	10:00AM-10:55AM	Sackville Sports Stadium	Apr 15	8	418439 \$28
Preschooler Play	Creative Play	3-5	Tu,Th	9:00AM-11:00AM	Sackville Municipal Building	Apr 10	18	413414 \$123
	ABC & Me	4-5	W, M	9:00AM-11:30AM	Sackville Municipal Building	Apr 9	17	413415 \$145
	Music Makers	3-5	W	1:00PM-1:45PM	Sackville Municipal Building	Apr 11	8	413416 \$22
	Jump Jiggle & Giggle	3-5	W	6:00PM-6:45PM	Sackville Sports Stadium	Apr 18	8	418433 \$16
	Caregiver Play & Splash	3-5	M,W,F	9:00AM-11:00AM	Sackville Sports Stadium	Apr 2	42	418434 FREE
	KinderSport	4-5	Su	12:15PM-1:00PM	Sackville Sports Stadium	Apr 15	8	418435 \$28
	KinderSport	5-6	Su	1:00PM-1:45PM	Sackville Sports Stadium	Apr 15	8	418436 \$28
	Messy Play	3-5	Su	11:00AM-12:00PM	Sackville Sports Stadium	Apr 15	8	418437 \$28
Sports & Fitness	Parent & Tot Soccer	3-4	Sa	9:00AM-9:30AM	A.J. Smeltzer Junior High	Apr 14	6	413417 \$11
	Parent & Tot Open Gym	3-5	Sa	11:00AM-12:00PM	Leslie Thomas Junior High	Apr 14	7	413406 FREE
	Soccer	4-5	Sa	10:00AM-10:30AM	A.J. Smeltzer Junior High	Apr 14	6	413418 \$11
	Soccer	3-4	Sa	9:30AM-10:00AM	A.J. Smeltzer Junior High	Apr 14	6	413419 \$11
	Soccer	4-5	Sa	10:30AM-11:00AM	A.J. Smeltzer Junior High	Apr 14	6	413580 \$11
	Gym Dandy	3-5	Sa	9:00AM-9:45AM	Leslie Thomas Junior High	Apr 14	7	413584 \$17
	Soccer	4-5	M	4:30PM-5:00PM	Sackville Sports Stadium	Apr 16	8	418440 \$14
	Soccer	3-4	M	4:00PM-4:30PM	Sackville Sports Stadium	Apr 16	8	418441 \$14

Child

Program Name		Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts	Creative Space	6-8	Tu	4:00PM-4:55PM	Sackville Sports Stadium	Apr 17	8	418405	\$40
	Sketch & Draw Club	9-12	M	5:30PM-6:25PM	Sackville Sports Stadium	Apr 16	8	418406	\$32
	Clay Modeling & Sculpture	8-10	M	4:00PM-5:00PM	Sackville Sports Stadium	Apr 16	8	418407	\$32
	Funology-Science Art	7-9	M	6:30PM-7:30PM	Sackville Sports Stadium	Apr 16	8	418408	\$32
Dance & Drama	Hip Hop	5-7	Sa	12:30PM-1:15PM	Sackville Municipal Building	Apr 14	8	413395	\$24
	Hip Hop-Boys Only	6-10	Sa	1:15PM-2:00PM	Sackville Municipal Building	Apr 14	8	413396	\$24
	Hip Hop	6-8	Sa	2:00PM-2:45PM	Sackville Municipal Building	Apr 14	8	413397	\$24
	Hip Hop	8-12	Sa	3:00PM-3:45PM	Sackville Municipal Building	Apr 14	8	413398	\$24
General Interest	Lego Club	6-8	Tu	5:00PM-5:50PM	Sackville Sports Stadium	Apr 17	8	418409	\$32
	Lego Club	4-6	Tu	4:00PM-4:50PM	Sackville Sports Stadium	Apr 17	8	418410	\$32
	Lego Club	8-10	Tu	6:00PM-7:00PM	Sackville Sports Stadium	Apr 17	8	418411	\$32
	Kids in The Kitchen	9-13	F	4:00PM-5:00PM	Sackville Sports Stadium	Apr 20	6	418414	\$36
	Kids in The Kitchen	9-13	F	5:00PM-6:00PM	Sackville Sports Stadium	Apr 20	6	418415	\$36
Sports & Fitness	Intro to Curling	6-8	M	4:45PM-5:45PM	Sackville Sports Stadium	Apr 9	8	418412	\$28
	Intro To Curling	9-12	M	4:45PM-5:45PM	Sackville Sports Stadium	Apr 9	8	418413	\$28
	Basketball	6-8	M	5:00PM-6:00PM	Sackville Sports Stadium	Apr 16	8	418400	\$21
	Basketball	8-10	M	6:00PM-7:00PM	Sackville Sports Stadium	Apr 16	8	418401	\$21
	Floor Hockey	10-12	W	6:00PM-7:00PM	Sackville Sports Stadium	Apr 18	8	418402	\$21
	Floor Hockey	8-9	W	5:00PM-6:00PM	Sackville Sports Stadium	Apr 18	8	418403	\$21
	Wheelchair Basketball	6-10	Th	6:00PM-7:00PM	Sackville Sports Stadium	Apr 19	8	418404	\$21
	Floor Hockey	7-9	F	6:00PM-7:00PM	Leslie Thomas Junior High	Apr 13	6	413399	\$17
	Floor Hockey	10-12	F	7:15PM-8:15PM	Leslie Thomas Junior High	Apr 13	6	413400	\$17
	Tae Kwon Do	5-7	Sa	9:30AM-10:30AM	Hiltz Tae Kwon Do & Fitness Centre	Apr 14	8	413382	\$30
	Tae Kwon Do	8-12	Sa	10:45AM-11:45AM	Hiltz Tae Kwon Do & Fitness Centre	Apr 14	8	413383	\$30
	Soccer	6-7	Sa	11:00AM-11:45AM	A.J. Smeltzer Junior High	Apr 14	6	413401	\$16
	Soccer	8-9	Sa	11:45AM-12:30PM	A.J. Smeltzer Junior High	Apr 14	6	413402	\$16
	Soccer	5-7	Tu	4:00PM-5:00PM	Sackville Sports Stadium	Apr 17	8	418417	\$28
	Soccer	7-9	Tu	5:00PM-6:00PM	Sackville Sports Stadium	Apr 17	8	418418	\$28
	Soccer	9-12	Tu	6:00PM-7:00PM	Sackville Sports Stadium	Apr 17	8	418419	\$28
	All Sorts of Sports	6-10	Sa	10:00AM-11:00AM	Leslie Thomas Junior High	Apr 14	7	413590	\$24
Wellness	Kids Yoga	5-7	Th	3:45PM-4:15PM	Sackville Municipal Building	Apr 12	8	413403	\$17
	Kids Yoga	8-12	Th	4:15PM-5:00PM	Sackville Municipal Building	Apr 12	8	413404	\$17
	Kids Yoga	5-6	W	4:00PM-4:30PM	Sackville Sports Stadium	Apr 18	8	418420	\$17
	Kids Yoga	6-8	W	4:30PM-5:00PM	Sackville Sports Stadium	Apr 18	8	418421	\$17
	Kids Yoga	9-12	W	5:00PM-6:00PM	Sackville Sports Stadium	Apr 18	8	418422	\$25
Program Name		Age	Day	Time	Location	Start	Classes	Code	Fee
General Interest	Kids in The Kitchen II	9-13	F	4:00PM-5:00PM	Sackville Sports Stadium	Jun 8	4	418416	\$36

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
General Interest	Friday Rocks	12-15	F	6:30PM-9:00PM	Sackville Sports Stadium	Apr 6	8	418443	FREE
	In the Kitchen	13-15	Tu	6:30PM-8:00PM	Sackville Sports Stadium	Apr 17	6	418444	\$36
Sports & Fitness	Intro to Archery Skills	12-14	F	5:30PM-6:30PM	Sackville Sports Stadium	Apr 20	8	418442	\$28
	Intro to Curling	13-16	M	3:30PM-4:30PM	Sackville Sports Stadium	Apr 9	8	418445	\$28
	Floor Hockey	13-15	W	7:00PM-8:00PM	Sackville Sports Stadium	Apr 18	8	418446	\$21
	Floor Hockey	16-18	W	8:00PM-9:00PM	Sackville Sports Stadium	Apr 18	8	418447	\$21

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee	
Arts & Crafts	Acrylic Painting-Intermediate	Su	6:00PM-8:00PM	Sackville Sports Stadium	Apr 15	6	418394	\$52
	Acrylic Painting	Su	4:00PM-6:00PM	Sackville Sports Stadium	Apr 15	6	418395	\$52
	Mixed Media	Tu	6:00PM-8:00PM	Sackville Sports Stadium	Apr 24	8	418396	\$52
	Sketch & Draw	W	6:00PM-8:00PM	Sackville Sports Stadium	Apr 18	8	418397	\$52
	The Art Hive	W	4:00PM-6:00PM	Sackville Sports Stadium	Apr 18	8	418428	FREE
	Family Craft & Create	M	6:30PM-7:30PM	Sackville Sports Stadium	Apr 16	8	418429	\$34
	Mixed Media	Th	4:15PM-5:15PM	Sackville Sports Stadium	Apr 19	8	418425	\$40
	Mixed Media	Th	5:15PM-6:15PM	Sackville Sports Stadium	Apr 19	8	418431	\$40
Sports & Fitness	Seniors Intro to Curling	Tu	8:30AM-9:30AM	Sackville Sports Stadium	Apr 10	8	418393	\$29
	Walking Meet Ups	M-Th	9:00AM-5:00PM	Sackville Municipal Building	Apr 9	33	413385	FREE
	Badminton	M	8:00PM-10:00PM	Sackville Heights Junior High	Apr 9	6	413389	\$42
	Basketball	Tu	8:00PM-10:00PM	Cavalier Drive School	Apr 10	8	413388	\$57
	Belly Dancing	W	7:30PM-8:30PM	Sackville Municipal Building	Apr 11	8	413386	\$57
	Belly Dancing-Returning	W	6:30PM-7:30PM	Sackville Municipal Building	Apr 11	8	413387	\$57
	Pilates	Th	6:30PM-7:30PM	Sackville Municipal Building	Apr 5	10	413380	\$83
	Pilates-Returning	Th	7:30PM-8:30PM	Sackville Municipal Building	Apr 5	10	413381	\$83
Wellness	Yoga	Tu	5:00PM-6:00PM	Sackville Municipal Building	Apr 10	10	413390	\$50
	Yoga	Tu	6:15PM-7:15PM	Sackville Municipal Building	Apr 10	10	413391	\$50
	Gentle Kripalu Yoga	W	9:30AM-11:00AM	Sackville Sports Stadium	Apr 11	10	413392	\$75
	Yoga	Th	5:15PM-6:15PM	Sackville Municipal Building	Apr 12	10	413393	\$50
	Gentle Kripalu Yoga	M	9:30AM-11:00AM	Sackville Sports Stadium	Apr 9	10	413394	\$75

Intergenerational

Program Name	Day	Time	Location	Start	Classes	Code	Fee	
General Interest	Guitar	W	6:45PM-7:40PM	Sackville Sports Stadium	Apr 18	8	418423	\$30
	Guitar - Intermediate	W	7:45PM-8:40PM	Sackville Sports Stadium	Apr 18	8	418424	\$30
Sports & Fitness	Family Intro to Curling	Sa	4:00PM-6:00PM	Sackville Sports Stadium	Apr 14	8	418430	\$40
	Open Gym	Sa	1:00PM-3:00PM	Sackville Sports Stadium	Apr 21	8	418432	FREE
	Everyone Welcome Open Gym	Sa	1:30PM-3:30PM	A.J. Smeltzer Junior High	Apr 14	6	417330	FREE
	Family Open Gym	Sa	2:00PM-3:00PM	Leslie Thomas Junior High	Apr 14	7	412407	FREE
	Family Pickleball	Sa	12:00PM-1:00PM	Leslie Thomas Junior High	Apr 7	8	413384	\$28

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Dr Seuss on the Loose	3-5	Tu-F	9:00AM-12:00PM	Sackville Municipal Building	Jul 3-6	4	418096	\$34
Gym Dandy	3-5	M-F	9:00AM-11:30AM	Sackville Heights Junior High	Jul 9-13	5	418097	\$35
Silly Science	3-5	M-F	9:00AM-12:00PM	Sackville Municipal Building	Jul 16-20	5	418100	\$42
Moving & Grooving!	3-5	M-F	9:00AM-11:30AM	Sackville Heights Junior High	Jul 23-27	5	418101	\$35
Under The Sea	3-5	M-F	9:00AM-12:00PM	Sackville Municipal Building	Jul 30-Aug 3	5	418099	\$42
People in the Neighborhood	3-5	M-F	9:00AM-12:00PM	Sackville Municipal Building	Aug 13-17	5	418098	\$42

Child

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Time Travellers	6-11	Tu-F	8:00AM-5:00PM	Acadia Hall	Jul 3-6	4	418083	\$97
Lights, Camera, Action!	6-11	Tu-F	8:30AM-4:30PM	Sackville Heights Junior High	Jul 3-6	4	418093	\$88
Spy Week	6-11	M-F	8:00AM-5:00PM	Acadia Hall	Jul 9-13	5	418085	\$118
Nature Nuts	6-11	M-F	8:00AM-5:00PM	Acadia Hall	Jul 16-20	5	418086	\$118
Splish Splash Summer	6-11	M-F	8:00AM-5:00PM	Acadia Hall	Jul 23-27	5	418088	\$118
Silly Science	6-11	M-F	8:00AM-5:00PM	Acadia Hall	Jul 30-Aug 3	5	418091	\$118
Anything Goes	5-8	Tu-F	8:30AM-4:30PM	Sackville Heights Junior High	Aug 7-10	4	418087	\$88
Girl Power	5-9	Tu-F	8:30AM-4:30PM	Sackville Heights Junior High	Aug 7-10	4	418095	\$88
Let's Get Messy	6-11	Tu-F	8:00AM-5:00PM	Acadia Hall	Aug 7-10	4	418089	\$97
Nature Around Us	6-11	M-F	8:00AM-5:00PM	Acadia Hall	Aug 13-17	5	418090	\$118
Last Blast of Summer	6-11	M-F	8:00AM-5:00PM	Acadia Hall	Aug 20-24	5	418092	\$118

Specialty Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Art Attack	5-8	M-F	12:30PM-3:30PM	Sackville Heights Junior High	Jul 9-13	5	418545	\$43
Camp En Francais	5-8	M-F	1:00PM-4:00PM	Sackville Heights Junior High	Jul 16-20	5	418074	\$43
STEM Club	8-12	M-F	1:00PM-4:00PM	Sackville Heights Junior High	Jul 30-Aug 3	5	418546	\$43
All About Dance	6-10	M-F	1:30PM-3:30PM	Sackville Municipal Building	Aug 13-17	5	418073	\$29
All About Dance	6-10	M-F	1:30PM-3:30PM	Sackville Municipal Building	Aug 13-17	5	418073	\$29

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Basketball	8-12	Tu-F	9:00AM-11:30AM	Sackville Heights Junior High	Jul 3-6	4	418075	\$24
Summer Camp Olympics	6-11	M-F	8:30AM-4:30PM	Sackville Heights Junior High	Jul 9-13	5	418076	\$106
Racket Sports	6-11	M-F	8:30AM-4:30PM	Sackville Heights Junior High	Jul 16-20	5	418077	\$106
Fun & Fitness	6-11	M-F	8:30AM-4:30PM	Sackville Heights Junior High	Jul 23-27	5	418081	\$106
Soccer	5-8	M-F	1:00PM-3:00PM	Sackville Heights Junior High	Jul 23-27	5	418082	\$24
All Sorts Of Sports	6-11	M-F	8:30AM-4:30PM	Sackville Heights Junior High	Jul 30-Aug 3	5	418079	\$106
Tennis Camp	6-11	Tu-F	10:00AM-12:00PM	Millwood High Tennis Courts	Aug 7-10	4	418078	\$29

Adventure Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Too Cool For Camp	10-12	M-F	9:00AM-4:00PM	Sackville Municipal Building	Jul 9-13	5	418067	\$145
Too Cool For Camp	10-12	M-F	9:00AM-4:00PM	Sackville Municipal Building	Jul 16-20	5	418069	\$145
Too Cool For Camp	10-12	M-F	9:00AM-4:00PM	Sackville Municipal Building	Jul 23-27	5	418068	\$145
Too Cool For Camp	10-12	M-F	9:00AM-4:00PM	Sackville Municipal Building	Jul 30-Aug 3	5	418070	\$145
Too Cool For Camp	10-12	M-F	9:00AM-4:00PM	Sackville Municipal Building	Aug 13-17	5	418071	\$145
Too Cool For Camp	10-12	M-F	9:00AM-4:00PM	Sackville Municipal Building	Aug 20-24	5	418072	\$145

Youth

Sports Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Badminton Camp	12-15	Tu-F	12:30PM-3:00PM	Sackville Heights Junior High	Jul 3-6	4	418102	\$29
Tennis Camp Youth Beginner	12-15	Tu-F	1:00PM-3:00PM	Millwood High Tennis Courts	Aug 7-10	4	418103	\$29

YOUTH LEADERSHIP

INFORMATION SESSIONS

Level	Age	Day	Time	Location	Start	Code
I & II	13-16	W	6:00PM-7:00PM	Sackville Municipal Building	Jun 13	418066
III	14-17	Th	6:00PM-7:00PM	Gordon R. Snow Community Centre	May 31	420332

For more information see page 10 or visit halifax.ca/youth



SACKVILLE



Step Up to Leadership - 2018 Spring Courses

Sackville Public Library | Wednesdays starting March 21, 2018

6:30 – 9 p.m. | 9 classes

To register: call 902.490.4865 or email hirtled@halifax.ca or register online using the code: 419781

Delivered by Parks and Recreation's Community Developers, "Step Up to Leadership" is a 9 week course which was developed by volunteers, for volunteers. It covers a wide range of topics to help you develop leadership skills and build strong communities.



Fundamental movement skills are critical to establishing the foundation for participation in physical activities

SHEET HARBOUR

East Ship Harbour to Ecum Secum

22756 Highway #7 Bluewater Building

Phone: 902.885.2988 Toll FREE 1.866.522.2422

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Pre-Ballet	3-5	Th	6:00PM-6:45PM	Sheet Harbour Recreation Office	Apr 12	8	420333	\$23
Sports & Fitness Tumblebugs	3-5	Th	10:00PM-10:45PM	Sheet Harbour Recreation Office	Apr 12	8	417468	\$23
Preschooler Play Stories & Crafts	3-5	Tu	1:00PM-2:30PM	Bluewater Building	Apr 10	8	417467	FREE

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Ballet	5-12	Th	3:15PM-4:15PM	Sheet Harbour Recreation Office	Apr 12	8	417483	\$32
Jazz	5-12	Th	4:15PM-5:15PM	Sheet Harbour Recreation Office	Apr 12	8	417484	\$32
General Interest Multi-Activity	5-8	M	3:00PM-5:00PM	Sheet Harbour Recreation Office	Apr 9	3	417430	\$17
Multi-Activity	5-8	M	3:00PM-5:00PM	Sheet Harbour Recreation Office	Apr 30	3	417431	\$17
Multi-Activity	5-8	M	3:00PM-5:00PM	Sheet Harbour Recreation Office	May 28	2	417432	\$12
Multi-Activity	9-12	M	3:00PM-5:00PM	Sheet Harbour Recreation Office	Apr 9	3	417433	\$17
Multi-Activity	9-12	M	3:00PM-5:00PM	Sheet Harbour Recreation Office	Apr 30	3	417434	\$17
Multi-Activity	9-12	M	3:00PM-5:00PM	Sheet Harbour Recreation Office	May 28	2	417435	\$12
Multi-Activity	5-12	W	3:00PM-5:00PM	Sheet Harbour Recreation Office	Apr 11	3	417439	\$17
Multi-Activity	5-12	W	3:00PM-5:00PM	Sheet Harbour Recreation Office	May 2	3	417440	\$17
Multi-Activity	5-12	W	3:00PM-5:00PM	Sheet Harbour Recreation Office	May 23	3	417441	\$17
Multi-Activity	5-8	F	3:00PM-5:00PM	Sheet Harbour Recreation Office	Apr 13	3	417442	\$17
Multi-Activity	5-8	F	3:00PM-5:00PM	Sheet Harbour Recreation Office	May 4	2	417443	\$12
Multi-Activity	5-8	F	3:00PM-5:00PM	Sheet Harbour Recreation Office	May 25	3	417444	\$17
Multi-Activity	9-12	F	3:00PM-5:00PM	Sheet Harbour Recreation Office	Apr 13	3	417445	\$17
Multi-Activity	9-12	F	3:00PM-5:00PM	Sheet Harbour Recreation Office	May 4	2	417446	\$12
Multi-Activity	9-12	F	3:00PM-5:00PM	Sheet Harbour Recreation Office	May 25	3	417447	\$17

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
General Interest	Ice Cream Social	12-15	Th	7:00PM-8:00PM	Sheet Harbour Recreation Office	Jun 7	1	417000	FREE
	Walk & Talk Mondays	12-16	M	3:00PM-5:00PM	Bluewater Building	Apr 9	8	417487	FREE
Sports & Fitness	Fun & Fit Yoga	12-16	Tu	3:00PM-5:00PM	Bluewater Building	Apr 10	8	417488	FREE

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee	
Sports & Fitness	Basketball	M	8:00PM-9:00PM	Duncan MacMillan High School	Apr 9	8	417449	\$28
	Family Open Gym	M	6:00PM-8:00PM	Duncan MacMillan High School	Apr 9	8	417451	FREE
	Family Open Gym	W	6:00PM-8:00PM	Duncan MacMillan High School	Apr 11	8	417453	FREE
	Family Open Gym	F	6:00PM-8:00PM	Duncan MacMillan High School	Apr 13	8	417454	FREE
	Family Activity Night	Tu	6:30PM-8:00PM	Sheet Harbour Recreation Office	Apr 10	4	417452	\$5
	Family Activity Night	Th	6:30PM-8:00PM	Sheet Harbour Recreation Office	Apr 12	4	417455	FREE
	Floor Hockey	W	8:00PM-9:00PM	Duncan MacMillan High School	Apr 11	8	417457	\$4
Wellness	Yoga	M	5:00PM-6:00PM	Duncan MacMillan High School	Apr 9	8	417450	\$40
	Chair Yoga	Tu	2:00PM-3:00PM	Sheet Harbour Recreation Office	Apr 10	8	417456	\$40

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Stories & Crafts	3-5	Tu	10:00AM-11:30AM	Bluewater Building	Jul 3	1	417469	\$5
Stories & Crafts	3-5	Tu	10:00AM-11:30AM	Bluewater Building	Jul 10	1	417470	\$5
Stories & Crafts	3-5	Tu	10:00AM-11:30AM	Bluewater Building	Jul 17	1	417471	\$5
Stories & Crafts	3-5	Tu	10:00AM-11:30AM	Bluewater Building	Jul 24	1	417472	\$5
Stories & Crafts	3-5	Tu	10:00AM-11:30AM	Bluewater Building	Jul 31	1	417473	\$5
Stories & Crafts	3-5	Tu	10:00AM-11:30AM	Bluewater Building	Aug 7	1	417474	\$5
Stories & Crafts	3-5	Tu	10:00AM-11:30AM	Bluewater Building	Aug 14	1	417475	\$5
Stories & Crafts	3-5	Tu	10:00AM-11:30AM	Bluewater Building	Aug 21	1	417476	\$5
Tumblebugs	3-5	Th	10:00AM-10:45AM	Bluewater Building	Jul 5-Aug 23	8	417477	\$23

Child

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Splash Into Summer	4-12	Tu	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 3	1	417039	\$22
Splash into Summer	4-12	W	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 4	1	417040	\$22
Splash into Summer	4-12	Th	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 5	1	417041	\$22
Splash into Summer	4-12	F	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 6	1	417042	\$22
Ooey, Goopy Fun	4-12	M	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 9	1	417043	\$22
Ooey, Goopy Fun	4-12	Tu	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 10	1	417044	\$22
Ooey, Goopy Fun	4-12	W	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 11	1	417045	\$22
Ooey, Goopy Fun	4-12	Th	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 12	1	417046	\$22

Ooey, Goey Fun	4-12	F	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 13	1	417047	\$22
Nature Nuts	4-12	M	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 16	1	417048	\$22
Nature Nuts	4-12	Tu	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 17	1	417049	\$22
Nature Nuts	4-12	W	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 18	1	417050	\$22
Nature Nuts	4-12	Th	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 19	1	417051	\$22
Nature Nuts	4-12	F	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 20	1	417052	\$22
5 Days of Holidays	4-12	M	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 23	1	417053	\$22
5 Days of Holidays	4-12	Tu	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 24	1	417054	\$22
5 Days of Holidays	4-12	W	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 25	1	417055	\$22
5 Days of Holidays	4-12	Th	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 26	1	417056	\$22
5 Days of Holidays	4-12	F	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 27	1	417057	\$22
Lights, Camera, Action	4-12	M	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 30	1	417058	\$22
Lights, Camera, Action	4-12	Tu	8:00AM-5:00PM	Sheet Harbour Recreation Office	Jul 31	1	417059	\$22
Lights, Camera, Action	4-12	W	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 1	1	417060	\$22
Lights, Camera, Action	4-12	Th	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 2	1	417061	\$22
Lights, Camera, Action	4-12	F	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 3	1	417062	\$22
Let's Get Messy	4-12	Tu	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 7	1	417063	\$22
Let's Get Messy	4-12	W	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 8	1	417064	\$22
Let's Get Messy	4-12	Th	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 9	1	417065	\$22
Let's Get Messy!	4-12	F	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 10	1	417066	\$22
Festival Fun	4-12	M	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 13	1	417067	\$22
Festival Fun	4-12	Tu	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 14	1	417068	\$22
Festival Fun	4-12	W	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 15	1	417069	\$22
Festival Fun	4-12	Th	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 16	1	417070	\$22
Festival Fun	4-12	F	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 17	1	417071	\$22
Around the World in 5 Days	4-12	M	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 20	1	417072	\$22
Around the World in 5 Days	4-12	Tu	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 21	1	417073	\$22
Around the World in 5 Days	4-12	W	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 22	1	417074	\$22
Around the World in 5 Days	4-12	Th	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 23	1	417076	\$22
Around the World in 5 Days	4-12	F	8:00AM-5:00PM	Sheet Harbour Recreation Office	Aug 24	1	417077	\$22
Fun & Games	5-12	W	9:00AM-11:30AM	Lakefront Consolidated School	Jul 4	1	417459	\$6
Fun & Games	5-12	W	9:00AM-11:30AM	Lakefront Consolidated School	Jul 11	1	417460	\$6
Fun & Games	5-12	W	9:00AM-11:30AM	Lakefront Consolidated School	Jul 18	1	417461	\$6
Fun & Games	5-12	W	9:00AM-11:30AM	Lakefront Consolidated School	Jul 25	1	417462	\$6
Fun & Games	5-12	W	9:00AM-11:30AM	Lakefront Consolidated School	Aug 1	1	417463	\$6
Fun & Games	5-12	W	9:00AM-11:30AM	Lakefront Consolidated School	Aug 8	1	417464	\$6
Fun & Games	5-12	W	9:00AM-11:30AM	Lakefront Consolidated School	Aug 15	1	417465	\$6
Fun & Games	5-12	W	9:00AM-11:30AM	Lakefront Consolidated School	Aug 22	1	417466	\$6

Outdoor Movie

Everyone is invited to join us on Friday, August 11 for our 12th Annual Outdoor Movie. Bring your lawn chairs to the Sheet Harbour Rockets Field for this enjoyable evening event. For more information please call the Recreation Office at 902.885.2988.

YOUTH LEADERSHIP

INFORMATION SESSIONS

Level	Age	Day	Time	Location	Start	Code
I & II	12-15	Tu	9:00AM-4:00PM	Sheet Harbour Recreation Office	Jul 3	417001

For more information see page 10 or visit halifax.ca/youth

Youth Leadership Information Session - Ice Cream Social - All youth ages 12-15 along with a parent/guardian are invited to attend this information session. Learn about the Youth Leadership Program and how you can get involved. Expectations and outcomes are all part of the information provided.

June 11 | 7 p.m. - 8 p.m. | Sheet Harbour Recreation Centre | 417000 | FREE

Seaside Fitness Centre

Bluewater Building 902.885.2654

Hours of Operation: Monday-Friday: 7:30 -11:30 a.m. & 1 -9 p.m. Saturday 8 a.m. - noon

Membership Fees	Adult	Student/Senior	Family
Drop In (1 visit)	\$6.00	\$4.50	N.A.
10 Visit Card	\$33.00	\$24.75	N.A.
One Month	\$43.00	\$32.25	N.A.
Three Month	\$115.00	\$86.25	\$170.00
Six Month	\$190.00	\$142.50	\$285.00
12 Month	\$280.00	\$210.00	\$420.00

SHEET HARBOUR

RECREATION DAY JUNE 2

Everyone is encouraged to attend the 23 Annual Fish Derby Hosted by Sheet Harbour & Area Ground Search & Rescue. Look for our Recreation Booth on site.

halifax.ca/rec





Parents & caregivers play a crucial role in ensuring that their child is provided with ample opportunities to develop physical literacy.

SPRYFIELD & SAMBRO

Captain William Spry Centre

16 Sussex Street

Phone: 902.477.POOL (7665) or 902.479.1111

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Ballet	3-5	Sa	12:30PM-1:15PM	Captain William Spry Community Centre	Apr 14	8	413744	\$24
Intro to Dance/Creative Movement	3-4	Sa	1:15PM-2:00PM	Captain William Spry Community Centre	Apr 14	8	413745	\$24
Parent & Tot Mini Soccer	3-4	M	6:00PM-6:45PM	Central Spryfield School	Apr 9	8	413732	\$20
Preschooler Play Aquatic Kiddie Capers	3-5	M	9:15AM-11:45AM	Captain William Spry Community Centre	Apr 9	10	414021	\$77
Aquatic Kiddie Capers	3-5	Tu	9:15AM-11:45AM	Captain William Spry Community Centre	Apr 10	10	419584	\$77
Aquatic Kiddie Capers	3-5	W	9:15AM-11:45AM	Captain William Spry Community Centre	Apr 11	10	414020	\$77
Aquatic Kiddie Capers	3-5	Th	9:15AM-11:45AM	Captain William Spry Community Centre	Apr 12	10	41402	\$77
Aquatic Kiddie Capers	3-5	F	9:15AM-11:45AM	Captain William Spry Community Centre	Apr 13	10	419583	\$77

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance & Drama Hip Hop Jazz Dance	6-10	Sa	2:00PM-3:00PM	Captain William Spry Community Centre	Apr 14	8	413748	\$32
Camps In-Service Camp	5-11	F	8:00AM-5:00PM	Captain William Spry Community Centre	Apr 20	1	413752	\$22
In-Service Camp	5-11	F	8:00AM-5:00PM	Captain William Spry Community Centre	May 18	1	413753	\$22
Sports & Fitness Open Gym	6+	Sa	1:30PM-3:00PM	Central Spryfield School	Apr 14	10	413750	FREE
Soccer	5-8	W	6:00PM-7:00PM	Central Spryfield School	Apr 25	8	413735	\$27
Basketball	7-10	M	7:00PM-8:00PM	Central Spryfield School	Apr 23	8	413737	\$27

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee
Arts & Crafts Tween Craft & Laugh	9-12	W	6:00PM-8:00PM	Captain William Spry Community Centre	Apr 11	8	421680	FREE

Adult

Program Name	Day	Time	Location	Start	Classes	Code	Fee
Sports & Fitness 55+ Fitness	Tu	10:00AM-11:00AM	Captain William Spry Community Centre	Apr 3	12	413680	\$51
Chair Fit + Exercise	Tu	11:15AM-12:00PM	Captain William Spry Community Centre	Apr 3	12	413681	\$38

	Strength & Tone	Tu	6:00PM-7:00PM	Captain William Spry Community Centre	Apr 3	13	413682	\$56
	55+ Fitness	Th	10:00AM-11:00AM	Captain William Spry Community Centre	Apr 5	12	413683	\$51
	Chair Fit + Exercise	Th	11:15AM-12:00PM	Captain William Spry Community Centre	Apr 5	12	413684	\$38
	Badminton	W	7:30PM-9:15PM	Herring Cove Junior High	Apr 11	10	413742	\$59
	Pickleball	W	7:00PM-8:00PM	Central Spryfield School	Apr 25	10	413743	\$40
	Step Class	Th	6:00PM-7:00PM	Captain William Spry Community Centre	Apr 5	13	413690	\$68
	Cardio Bootcamp	Sa	9:30AM-10:30AM	Captain William Spry Community Centre	Apr 7	13	413691	\$64
	DrumFit	M	6:00PM-7:00PM	Captain William Spry Community Centre	Apr 9	11	413694	\$55
	Disco Fit	M	7:00PM-8:00PM	Captain William Spry Community Centre	Apr 9	11	413695	\$50
	Restorative Stretch	M	8:00PM-9:00PM	Captain William Spry Community Centre	Apr 9	11	413696	\$50
	DrumFit	W	11:00AM-12:00PM	Captain William Spry Community Centre	Apr 11	12	413697	\$60
	Salsa Fit	W	6:00PM-7:00PM	Captain William Spry Community Centre	Apr 11	12	413698	\$60
	Restorative Stretch	W	7:00PM-8:00PM	Captain William Spry Community Centre	Apr 11	12	413699	\$60
	Simply Fit Board Exercise Class	F	3:00PM-4:00PM	Captain William Spry Community Centre	Apr 13	12	413700	\$60
	DrumFit	F	4:00PM-5:00PM	Captain William Spry Community Centre	Apr 13	12	413702	\$60
	Restorative Stretch	F	5:00PM-6:00PM	Captain William Spry Community Centre	Apr 13	12	413705	\$60
Wellness	Yamuna Body Rolling	M	6:45PM-8:00PM	Captain William Spry Community Centre	Apr 9	8	413723	\$40
	Yamuna Body Rolling	Th	9:00AM-10:00AM	Captain William Spry Community Centre	Apr 12	8	413724	\$40
	Yoga	Th	7:00PM-8:00PM	Captain William Spry Community Centre	Apr 5	13	413725	\$80
	Yoga	Su	2:00PM-3:00PM	Captain William Spry Community Centre	Apr 8	10	413726	\$50

SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Preschool

Preschooler Play Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Prince(ss) Adventures	3-5	M-F	9:00AM-12:00PM	Captain William Spry Community Centre	Jul 9-13	5	413810	\$40
Music & Movement	3-5	M-F	9:00AM-12:00PM	Captain William Spry Community Centre	Jul 23-26	5	413811	\$40
Super Hero Adventure Camp	3-5	Tu-F	9:00AM-12:00PM	Captain William Spry Community Centre	Aug 7-10	4	413812	\$32

Child

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Summer Kick Off	5-8	Tu-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 3-6	4	413780	\$99
Game Show Week	5-8	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 9-13	5	413781	\$124
Summer Adventures	5-8	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 16-20	5	413782	\$124
Camp Spirit Week	5-8	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 23-26	5	413783	\$124
Movie Week	5-8	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 30-Aug 3	5	413784	\$124
Super Science Week	5-8	Tu-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 7-10	4	413785	\$99
Amazing Adventures Week	5-8	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 13-17	5	413786	\$124
Last Blast of Summer	5-8	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 20-24	5	413787	\$124
Summer Kick Off	9-12	Tu-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 3-6	4	413788	\$99

Game Show Week	9-12	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 9-13	5	413789	\$124
Summer Olympics	9-12	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 16-20	5	413790	\$124
Camp Spirit Week	9-12	M-Th	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 23-26	4	413791	\$99
Movie Week	9-12	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 30-Aug 3	5	413792	\$124
Super Science Week	9-12	Tu-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 7-10	4	413793	\$99
Survivor Challenge	9-12	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 13-17	5	413794	\$124
Last Blast of Summer	9-12	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 20-24	5	413795	\$124
Summer Adventure	5-12	M-F	8:30AM-3:30PM	William King Elementary	Jul 16-20	5	413798	\$93
Summer Adventure	5-12	M-F	8:30AM-3:30PM	William King Elementary	Jul 30-Aug 3	5	413799	\$93

Specialty Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Dance Camp	6-9	Tu-F	8:00AM-9:30AM	Captain William Spry Community Centre	Jul 10-13	4	413802	\$105
Dance	8-12	Tu-F	8:00AM-9:30AM	Captain William Spry Community Centre	Jul 17-20	4	413803	\$105
Prince(ss) Academy	5-8	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 13-17	5	413804	\$132
Scooter Camp	7-9	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 23-27	5	413805	\$132
Skateboard Camp	7-11	Tu-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 7-10	4	413806	\$105
Scooter Camp	7-9	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Jul 30-Aug 3	5	413807	\$132
Dance/Hula Hoop Camp	8-12	Tu-F	8:00AM-9:30AM	Captain William Spry Community Centre	Aug 7-10	4	413808	\$105
Scooter Camp	8-12	M-F	8:00AM-5:00PM	Captain William Spry Community Centre	Aug 13-17	5	413809	\$132
Playing & Learning Together	5-12	M-F	9:00AM-1:00PM	Captain William Spry Community Centre	Jul 23-27	5	417280	\$57
Playing & Learning Together	5-12	M-F	9:00AM-1:00PM	Captain William Spry Community Centre	Jul 30-Aug 3	5	417281	\$57

Youth

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Wave Runners	11-15	Tu-F	9:00AM-4:00PM	Captain William Spry Community Centre	Jul 3-6	4	414606	\$60
Wave Runners	11-15	M-F	9:00AM-4:00PM	Captain William Spry Community Centre	Jul 9-13	5	414607	\$60
Wave Runners	11-15	M-F	9:00AM-4:00PM	Captain William Spry Community Centre	Jul 16-20	5	414608	\$60
Wave Runners	11-15	M-F	9:00AM-4:00PM	Captain William Spry Community Centre	Jul 23-27	5	414609	\$60
Wave Runners	11-15	M-F	9:00AM-4:00PM	Captain William Spry Community Centre	Jul 30-Aug 3	5	414610	\$60
Wave Runners	11-15	Tu-F	9:00AM-4:00PM	Captain William Spry Community Centre	Aug 7-10	4	414611	\$60
Wave Runners	11-15	M-F	9:00AM-4:00PM	Captain William Spry Community Centre	Aug 13-17	5	414612	\$60
Wave Runners	11-15	M-F	9:00AM-4:00PM	Captain William Spry Community Centre	Aug 20-24	5	414613	\$60
Wave Runners	11-15	M-F	9:00AM-4:00PM	Captain William Spry Community Centre	Aug 27-31	5	414614	\$60

YOUTH LEADERSHIP

INFORMATION SESSION

Level	Age	Day	Time	Location	Start	Code
I, II, III	13-16	W	6:30PM-7:30PM	Captain William Spry Community Centre	Jun 13	421732

For more information see page 10 or visit halifax.ca/youth



Step Up to Leadership - 2018 Spring Courses

Captain William Spry Community Centre

Tuesdays starting March 20, 2018

6:30 – 9 p.m. | 9 classes

To register: call 902.490.4865 or email hirtled@halifax.ca or register online using the code: 419780

Delivered by Parks and Recreation's Community Developers, "Step Up to Leadership" is a 9 week course which was developed by volunteers, for volunteers. It covers a wide range of topics to help you develop leadership skills and build strong communities.



Physical literacy is important for reducing the risk of injury in physical activity and sport.

TANTALLON & HUBBARDS

Phone: 902.876.8812

Preschool

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
Sports & Fitness	Kiddie Kickers	3-5	M	6:00PM-6:45PM	Tantallon Junior Elementary	Apr 9	6	417889	\$16
	Kiddie Kickers	3-5	W	6:00PM-6:45PM	Tantallon Junior Elementary	Apr 11	6	417890	\$16

Child

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
General Interest	Piano	6-10	F	3:00PM-4:00PM	Tantallon Senior Elementary	Apr 6	6	417881	\$48
	Piano	6-10	F	4:00PM-5:00PM	Tantallon Senior Elementary	Apr 6	6	417882	\$48
	Piano	6-10	F	5:00PM-6:00PM	Tantallon Senior Elementary	Apr 6	6	417883	\$48
	Piano	6-10	F	6:00PM-7:00PM	Tantallon Senior Elementary	Apr 6	6	417884	\$48
Sports & Fitness	Basketball	6-8	Th	6:15PM-7:15PM	Tantallon Junior Elementary	Apr 12	5	417885	\$17
	Basketball	9-12	Th	7:15PM-8:15PM	Tantallon Junior Elementary	Apr 12	5	417886	\$17
	Kiddie Kickers	5-7	M	6:45PM-7:30PM	Tantallon Junior Elementary	Apr 9	5	417887	\$16
Wellness	Yoga	9-13	W	7:00PM-7:45PM	Tantallon Junior Elementary	Apr 11	6	417888	\$17

Youth

Program Name	Age	Day	Time	Location	Start	Classes	Code	Fee	
Sports & Fitness	Badminton	12-16	W	6:30PM-8:00PM	Tantallon Senior Elementary	Apr 11	6	417891	FREE



SUMMER CAMPS | SEE PAGE 12 FOR CAMP DESCRIPTIONS

Please Note: Program fees include transportation, admission & supply costs.

Child

Summer Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Summer Camp	6-12	M-F	9:00AM-3:00PM	East Dover Community Centre	Jul 16-20	5	417974	\$50
Summer Camp	6-12	M-F	9:00AM-3:00PM	East Dover Community Centre	Aug 13-17	5	418630	\$50

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Tennis Camp	7-10	M-Th	9:30AM-11:30AM	Hubbards Recreation Centre	Jul 23-26	4	417971	\$23
Tennis Camp	11-14	M-Th	12:30PM-2:30PM	Hubbards Recreation Centre	Jul 23-26	4	417972	\$23
Bike & Hike	10-14	Tu-F	9:00AM-3:00PM	The Bay Community Centre	Aug 7-Aug 10	4	417975	\$69
Sports Camp	7-11	M-F	9:00AM-3:00PM	Hubbards Recreation Centre	Jul 30-Aug 3	5	417976	\$86

Youth

Sport Camps

Camp	Age	Day	Time	Location	Start	Classes	Code	Fee
Sports Camp	11-14	M-F	9:00AM-3:00PM	Hubbards Recreation Centre	Jul 9-13	5	417977	\$86



The Hubbard's Recreation Centre is a small rural recreation centre located at 9856 #3 Highway, Queensland, Nova Scotia.

The building contains a kitchen, meeting room, washrooms, & showers. The centre is located within a park area containing baseball fields, playground equipment, a tennis court & a new skate park.

For further information on rentals or programs call 902.876.8812.



BEACHES

Come enjoy our 20 beautiful beaches!

SUPERVISED BEACHES:

Beach	Site	Location
Albro Beach	Big Albro Lake	Dartmouth
Birch Cove Beach	Banook Lake	Dartmouth
Campbell Point Beach	Hatchet Lake	Halifax
Chocolate Beach	Chocolate Lake	Halifax
Commons Pool	Central Commons Park	Halifax
Cunard	Cunard Pond	Halifax
Kearney Beach	Kearney Lake	Halifax
Kidston Beach	Kidston Lake	Halifax
*Kinap Beach	Porter's Lake	Eastern Shore
Lake Echo Beach	Lake Echo	Eastern Shore
Long Pond Beach	Long Pond	Halifax
*Malay Falls	Sheet Harbour	Eastern Shore
Oakfield	Grand Lake	Oakfield
Penhorn Beach	Penhorn Lake	Dartmouth
Pleasant Drive Beach	Petpeswick Lake	Eastern Shore
Sandy Lake	Sandy Lake	Bedford
Saunders	Paper Mill Lake	Bedford
Shubie Beach	Lake Charles (Shubie Park)	Dartmouth
Springfield Beach	Springfield Lake	Sackville
Webber's Beach	Lake Charlotte	Eastern Shore

* No weekend supervision at these sites.

Halifax Regional Municipality & the Red Cross encourage residents to swim & play at supervised beaches. Municipal beaches are supervised with certified lifeguards every day beginning July 1, 2017 to August 31, 2017, from 11 am - 5 pm.

- Halifax Regional Municipality lifeguards are certified with specialized training in injury prevention, first aid, and emergency situations
- Maintenance is conducted daily
- Lifeguards provide on-site water safety education

Beach Features

The Halifax Regional Municipality Beaches Program offers four sessions of swimming lessons which run Monday to Friday mornings. Here are some great reasons to enroll your child in swimming lessons at the local beach:

- All programs at supervised beaches are offered FREE of charge.
- There are many local supervised beaches to enjoy sand, sunshine & fresh water
- Most beach locations offer a gently sloping sandy beach ideal for beginners.
- Families can enjoy the beach & parklands while a child participates in lessons
- Qualified instructional staff are certified by Red Cross
- All Red Cross lessons are 30 minutes long
- Lessons will be taught rain or shine


Preschool Ages 3-5 | Classes are 30 minutes

Start Dates				FREE	Monday-Friday 2 Weeks	
July 2	July 16	July 30	August 13	Location	Time	
416320	416339	416615	416616	Albro Lake	11:30AM	
416332	416357	416614	416647	Birch Cove	10:30AM	
416321	416340	416613	416617	Birch Cove	11:30AM	
416322	416342	416618	416619	Campbell Point	11:30AM	
416363	416366	416656	416657	Chocolate Lake	10:00AM	
416323	416343	416620	416621	Chocolate Lake	11:30AM	
416324	416344	416622	416623	Commons Pool	11:30AM	
416331	416352	416639	416640	Cunard Beach	11:30AM	
416365	416367	416658	416659	Kearney Beach	10:30AM	
416325	416345	416624	416625	Kearney Beach	11:30AM	
416326	416346	416626	416627	Kidston Beach	11:30AM	
416327	416347	416628	416629	Kinap Beach	11:30AM	
416356	416348	416631	416632	Lake Echo	11:30AM	
416329	416350	416635	416636	Long Pond Beach	11:30AM	
416328	416349	416633	416634	Malay Falls	11:30AM	
416364	416368	416660	416661	Oakfield Beach	10:30AM	
416333	416353	416641	416642	Oakfield Beach	11:30AM	
416334	416354	416643	416644	Penhorn Beach	11:30AM	
416335	416355	416645	416646	Pleasant Drive Beach	11:30AM	
416330	416351	416637	416638	Sandy Lake Beach	11:30AM	
416369	416370	416662	416663	Saunders Beach	11:30AM	
416341	416362	416654	416655	Shubie Beach	9:30AM	
416336	416358	416648	416649	Shubie Beach	11:30AM	
416337	416359	416650	416651	Springfield Beach	11:30AM	
416360	416652	416653	416361	Webber's Beach	11:30AM	

Swim Kids 1/2 Ages 5-16 | Classes are 30 minutes

Start Dates				FREE	Monday-Friday 2 Weeks	
July 2	July 16	July 30	August 13	Location	Time	
416374	416375	416666	416667	Albro Lake	11:00AM	
416415				Birch Cove	9:30AM	
416404	416420	416703	416701	Birch Cove	10:00AM	
416403	416407	416697	416698	Birch Cove	11:00AM	
416376	416377	416668	416669	Campbell Point	11:00AM	
416394	416423	416709	416710	Chocolate Lake	10:30AM	
416378	416379	416670	416671	Chocolate Lake	11:00AM	
416380	416381	416672	416673	Commons Pool	11:00AM	
416382	416383	416713	416674	Cunard Beach	11:00AM	
416421	416422	416705	416706	Kearney Beach	10:00AM	
416412	416413	416699	416700	Kearney Beach	11:00AM	
416384	416385	416675	416676	Kidston Beach	11:00AM	
416386	416387	416677	416678	Kinap Beach	11:00AM	
416388	416389	416679	416680	Lake Echo	11:00AM	
416390	416391	416681	416682	Long Pond Beach	11:00AM	
416392	416393	416683	416696	Malay Falls	11:00AM	
416395	416396	416684	416685	Oakfield Beach	9:30AM	
416401	416402	416704	416707	Oakfield Beach	10:00AM	
416397	416398	416686	416687	Penhorn Beach	11:00AM	
416371	416372	416664	416665	Pleasant Drive Beach	11:00AM	
416399	416400	416688	416689	Sandy Lake Beach	11:00AM	
416424	416425	416711	416712	Saunders Beach	11:00AM	
416411	416419	416702	416708	Shubie Beach	9:30AM	
416405	416406	416690	416691	Shubie Beach	11:00AM	
416414	416408	416692	416693	Springfield Beach	11:00AM	
416409	416410	416694	416695	Webber's Beach	11:00AM	



Swim Kids 3/4 Ages 5-16 | Classes are 30 minutes

Swim Kids 5/6 Ages 5-16 | Classes are 30 minutes

Start Dates				FREE	Monday-Friday 2 Weeks	
July 2	July 16	July 30	August 13	Location	Time	
416431	416432	416718	416719	Albro Lake	10:30AM	
416470	416471	416754	416755	Birch Cove	10:30AM	
416433	416434	416720	416721	Campbell Point	10:30AM	
416435	416436	416722	416723	Chocolate Lake	10:30AM	
416437	416438	416724	416725	Commons Pool	10:30AM	
416439	416440	416726	416727	Cunard Beach	10:30AM	
416468	416469	416751	416753	Kearney Beach	10:30AM	
416443	416444	416728	416729	Kidston Beach	10:30AM	
416445	416446	416730	416731	Kinap Beach	10:30AM	
416447	416448	416732	416733	Lake Echo	10:30AM	
416449	416450	416734	416735	Long Pond Beach	10:30AM	
416451	416452	416736	416737	Malay Falls	10:30AM	
416453	416454	416738	416739	Oakfield Beach	10:30AM	
416455	416456	416740	416741	Penhorn Beach	10:30AM	
416472	416473	416756	416757	Pleasant Drive Beach	10:30AM	
416457	416458	416742	416743	Sandy Lake Beach	10:30AM	
416459	416460	416744	416745	Saunders Beach	10:30AM	
416461	416462	416752	416746	Shubie Beach	10:30AM	
416464	416465	416747	416748	Springfield Beach	10:30AM	
416466	416467	416749	416750	Webber's Beach	10:30AM	

Start Dates				FREE	Monday-Friday 2 Weeks	
July 2	July 16	July 30	August 13	Location	Time	
416476	416509	416760	416761	Albro Lake	10:30AM	
416510	416511	416794	416795	Birch Cove	10:30AM	
416477	416478	416762	416763	Campbell Point	10:30AM	
416479	416480	416764	416765	Chocolate Lake	10:30AM	
416481	416482	416766	416767	Commons Pool	10:30AM	
416483	416484	416768	416769	Cunard Beach	10:30AM	
416512	416513	416796	416797	Kearney Beach	10:30AM	
416485	416486	416770	416771	Kidston Beach	10:30AM	
416487	416772	416773	416488	Kinap Beach	10:30AM	
416489	416490	416774	416775	Lake Echo	10:30AM	
416491	416492	416776	416777	Long Pond Beach	10:30AM	
416493	416494	416778	416779	Malay Falls	10:30AM	
416495	416496	416780	416781	Oakfield Beach	10:30AM	
416497	416498	416782	416783	Penhorn Beach	10:30AM	
416514	416515	416798	416799	Pleasant Drive Beach	10:30AM	
416499	416500	416784	416785	Sandy Lake Beach	10:30AM	
416501	416502	416786	416787	Saunders Beach	10:30AM	
416503	416504	416788	416789	Shubie Beach	10:30AM	
416505	416506	416790	416791	Springfield Beach	10:30AM	
416507	416508	416792	416793	Webber's Beach	10:30AM	

BEACH PROGRAMS

French Lessons Ages 5-16 | Classes are 30 minutes

Start Dates				FREE	Monday-Friday 2 Weeks	
July 3	July 17	July 31	August 14	Location	Time	Class
416429	416430	416716	416717	Chocolate Lake	9:30AM	Swim Kids 1, 2, 3
416474	416475	416758	416759	Birch Cove	9:30AM	Swim Kids 4, 5, 6



Swim Kids 7/8

Ages 5-16 | Classes are 30 minutes

Start Dates				FREE	Monday-Friday 2 Weeks	
July 2	July 16	July 30	August 13	Location	Time	
416518	416519	416802	416803	Albro Lake	10:00AM	
416520	416521	416804	416805	Birch Cove	10:00AM	
416522	416523	416806	416807	Campbell Point	10:00AM	
416524	416525	416808	416809	Chocolate Lake	10:00AM	
416526	416527	416810	416811	Commons Pool	10:00AM	
416528	416529	416812	416813	Cunard Beach	10:00AM	
416554	416555	416838	416839	Kearney Beach	10:00AM	
416530	416531	416814	416815	Kidston Beach	10:00AM	
416532	416533	416816	416817	Kinap Beach	10:00AM	
416534	416535	416818	416819	Lake Echo	10:00AM	
416536	416537	416820	416821	Long Pond Beach	10:00AM	
416538	416539	416822	416823	Malay Falls	10:00AM	
416540	416541	416824	416825	Oakfield Beach	10:00AM	
416542	416543	416826	416827	Penhorn Beach	10:00AM	
416516	416517	416800	416801	Pleasant Drive Beach	10:00AM	
416544	416545	416828	416829	Sandy Lake Beach	10:00AM	
416546	416547	416830	416831	Saunders Beach	10:00AM	
416548	416549	416832	416833	Shubie Beach	10:00AM	
416550	416551	416834	416835	Springfield Beach	10:00AM	
416552	416553	416836	416837	Webber's Beach	10:00AM	

Swim Kids 9/10

Ages 5-16 | Classes are 30 minutes

Start Dates				FREE	Monday-Friday 2 Weeks	
July 2	July 16	July 30	August 13	Location	Time	
				Albro Lake	10:00AM	
				Birch Cove	10:00AM	
				Campbell Point	10:00AM	
				Chocolate Lake	10:00AM	
				Commons Pool	10:00AM	
				Cunard Beach	10:00AM	
				Government's Wharf	10:00AM	
				Kearney Beach	10:00AM	
				Kidston Beach	10:00AM	
				Kinap Beach	10:00AM	
				Lake Echo	10:00AM	
	416301	416593	416594	Long Pond Beach	10:00AM	
416302	416303	416595	416596	Malay Falls	10:00AM	
416304	416305	416597	416598	Oakfield Beach	10:00AM	
416306	416307	416599	416600	Penhorn Beach	10:00AM	
416308	416311	416603	416604	Pleasant Drive Beach	10:00AM	
416309	416310	416601	416602	Sandy Lake Beach	10:00AM	
416312	416319	416611	416612	Saunders Beach	10:00AM	
416313	416314	416605	416606	Shubie Beach	10:00AM	
416315	416316	416607	416608	Springfield Beach	10:00AM	
416317	416318	416609	416610	Webber's Beach	10:00AM	



FREE Junior Lifeguard (Ages 10 to 15 years)

The Junior Lifeguard program provides candidates with lifeguarding skills & experience. Water safety, public education, fitness & rescue skills will be covered. Students will have the opportunity to train with the lifeguards, act as victims in lifeguard training & be part of the beach rescue team outside of class time.

Time	Location	Date	Code
11:00AM-12:00PM	Albro Lake	Jul 8	416570
11:00AM-12:00PM	Birch Cove	Jul 8	416566
11:00AM-12:00PM	Campbell Point	Jul 8	416557
11:00AM-12:00PM	Chocolate Lake	Jul 8	416556
12:00PM-1:00PM	Commons Pool	Jul 6	416567
11:00AM-12:00PM	Cunard Beach	Jul 8	416569
12:00PM-1:00PM	Government's Wharf	Jul 6	
11:00AM-12:00PM	Kearney Beach	Jul 8	416568
12:00PM-1:00PM	Kinap Beach	Jul 6	416562
12:00PM-1:00PM	Malay Falls	Jul 6	416564
11:00AM-12:00PM	Oakfield Beach	Jul 8	416563
11:00AM-12:00PM	Pleasant Drive Beach	Jul 8	416559
11:00AM-12:00PM	Sandy Lake Beach	Jul 8	416561
11:00AM-12:00PM	Saunders Beach	Jul 8	416565
11:00AM-12:00PM	Shubie Beach	Jul 8	416558
11:00AM-12:00PM	Webber's Beach	Jul 8	416560

If book is required for
Bronze Medallion & Bronze Cross
 or the
National Lifeguard Service
 programs
 the cost is \$24

FREE Bronze Medallion & Bronze Cross

This program provides an opportunity for certification with HRM, the Red Cross & the Lifesaving Society. Participants will learn self rescue, aquatic related first aid, CPR & lifesaving techniques. These certification courses are the first steps to becoming a lifeguard.

Time	Location	Date	Code
10:00AM-5:00PM	Shubie Beach	Jul 4	416572
10:00AM-5:00PM	Chocolate Lake	Jul 11	416571
10:00AM-5:00PM	Kinap Beach	Aug 1	416840
10:00AM-5:00PM	Webber's Beach	Aug 8	416841

FREE National Lifeguard Service

National Lifeguard Service is the nationally recognized Lifeguard Training. It is a world leading course & the minimum level of certification for lifeguards. Deals with aspects of team building, water chemistry, public relations legal liability, emergency prevention, rescue & follow-up. Standard First Aid is also included in this course. National Lifeguard Service Prerequisite-Minimum age of 16 years

Time	Location	Date	Code
10:00AM-5:00PM	Birch Cove	Jul 24	394080
10:00AM-5:00PM	Kinap beach	Aug 14	394081

FREE Water Safety Instructor

This leadership course will train the participant in Water Safety Instructor. Proof of age must be provided to the instructor on the first class. This course will prepare & train candidates to be fully certified Red Cross Swim Instructors at the successful completion of the course. No previous training is required, but candidates should be able to swim comfortably for 500 meters. Age: 15 & Up

Time	Location	Date	Code
10:00AM-5:00PM	Birch Cove	Jul 17	394082
10:00AM-5:00PM	Webbers Beach	Aug 14	394083



The Long Term Athlete Development promotes physical activity for all based upon a developmental progression.

SPRYFIELD WAVE POOL

16 Sussex Street Phone: 902.477.POOL (7665)

Pool Fees Spryfield Wave Pool

POOL PROGRAMS

Fees:	1 Visit	10 Visits	20 Visits	30 Visits	3 Months	6 Months	1 Yr
Preschool (up to 4 yrs)	\$1.75	\$17	\$32	\$42	-	-	-
1 Parent 1 Tot	\$4.50	\$41	\$72	\$95	\$166	\$250	\$375
Child (5-12 yrs)	\$2.25	\$20	\$36	\$47	\$62	\$92	\$139
Youth (13-18yrs)	\$3	\$27	\$48	\$63	\$83	\$123	\$185
Adult (19+)	\$4	\$36	\$64	\$84	\$110	\$165	\$248
Senior (55 +)	\$3	\$27	\$48	\$63	\$83	\$123	\$185
Family (max. 5 people)	\$9	\$81	\$144	\$189	\$220	\$330	\$440

All children under 8 years must be accompanied in the water by an adult.

Screening

If you are uncertain in which swimming level to register yourself or your child, please contact your pool for details & to schedule your lessons.

Birthday Parties

Private birthday parties are offered at all pools. Please call your local pool to set up your party.

Bedford Pool Rentals

One hour private pool rental at Bedford Pool. Maximum 25. Ratio one adult per 3 under age 8; & one adult per 6 over age 8.

Adult Lessons

- Adult Learn to Swim

Private & Semi-Private Lessons

Individualized instruction is available at all of our pools. Please contact your Aquatic Specialist for details & to schedule your lessons.

Swim Preschool

Age 4 & under
The age of the child determines whether they should be registered in Swim Preschool or Swim Kids.

Swim Kids

Age 5 & over

Specialty Courses

- Swim Patrol
- First Aid-CPR Courses
- Junior Lifeguard Club
- Aquatic Volunteers
- Youth Learn to Swim
- Youth Stroke Improvement
- Swim to Survive



Fundamental movement skills are critical to establishing the foundation for participation in physical activities

NEEDHAM COMMUNITY POOL

3372 Devonshire Avenue Phone: 902.490.4633

Pool Fees

Needham Community Pool

Fees:	1 Visit	10 Visits	20 Visits	30 Visits	3 Months	6 Months	1 Yr
Preschool (up to 4 yrs)	\$1.75	\$17	\$32	\$42	-	-	-
1 Parent 1 Tot	\$4.50	\$41	\$72	\$95	\$166	\$250	\$375
Child (5-12 yrs)	\$2.25	\$20	\$36	\$47	\$62	\$92	\$139
Youth (13-18yrs)	\$3	\$27	\$48	\$63	\$83	\$123	\$185
Adult (19+)	\$4	\$36	\$64	\$84	\$110	\$165	\$248
Senior (55 +)	\$3	\$27	\$48	\$63	\$83	\$123	\$185
Family (max. 5 people)	\$9	\$81	\$144	\$189	\$220	\$330	\$440

All children under 8 years must be accompanied in the water by an adult.

POOL PROGRAMS

Screening

If you are uncertain in which swimming level to register yourself or your child, please contact your pool for details & to schedule your lessons.

Birthday Parties

Private birthday parties are offered at all pools. Please call your local pool to set up your party.

Adult Lessons

- Adult Learn to Swim
- Adult Stroke Improvement
- Adult Synchronized Swimming
- Swim Club
- 1st Responders
- Swim to Survive

Private & Semi-Private Lessons

Individualized instruction is available at all of our pools. Please contact your Aquatic Specialist for details & to schedule your lessons.

Swim Preschool

Age 4 & under
The age of the child determines whether they should be registered in Swim Preschool or Swim Kids.

Swim Kids

Age 5 & over

Specialty Courses

- Swim Patrol
- First Aid-CPR Courses
- Junior Lifeguard Club
- Aquatic Volunteers
- Youth Learn to Swim
- Youth Stroke Improvement
- Swim to Survive

SWIM SCHEDULES - Wave Pool

Spring April 3 - June 30

Monday	Early Bird	6:30AM-9:00AM	Saturday	Wave Swim	2:00PM-3:00PM
	H2O Power Hour	9:00AM-10:00AM		Family Wave Swim	3:00PM-4:00PM
	Parent & Tot	9:00AM-1:00PM		Pool Rentals	4:30PM-5:30PM 5:45PM-6:45PM 7:00PM-8:00PM
	Aquafit	10:00AM-11:00AM	Sunday	Lane Swim	9:00AM-11:00AM
	Lane Swim	11:00AM-1:00PM		Pool Rentals	11:00AM-12:00PM 12:00PM-1:00PM
	Gentle Aqua	1:00PM-2:00PM		Parent & Tot	1:00PM-2:00PM
	Aquafit	7:00PM-8:00PM		Lane Swim	1:00PM-2:00PM
	Lane Swim	8:00PM-9:00PM		Wave Swim	2:00PM-3:00PM
Tuesday	Early Bird	6:30AM-9:00AM	Family Swim	3:00PM-4:00PM	
	H2O Power Hour	9:00AM-10:00AM	Aqua Zumba	7:00PM-8:00PM	
	Aquafit	10:00AM-11:00AM			
	Parent & Tot	11:00AM-1:00PM			
	Lane Swim	11:00AM-1:00PM			
	Wave Swim	7:00PM-8:00PM			
	Lane Swim	8:00PM-9:00PM			
Wednesday	Early Bird	6:30AM-9:00AM			
	H2O Power Hour	9:00AM-10:00AM			
	Aquafit	10:00AM-11:00AM			
	Parent & Tot	9:00AM-1:00PM			
	Lane Swim	11:00AM-1:00PM			
	Gentle Aqua	1:00PM-2:00PM			
	Aquafit	7:00PM-8:00PM			
	Lane Swim	8:00PM-9:00PM			
Thursday	Early Bird	6:30AM-9:00AM			
	H2O Power Hour	9:00AM-10:00AM			
	Aquafit	10:00AM-11:00AM			
	Parent & Tot	9:00AM-1:00PM			
	Lane Swim	11:00AM-1:00PM			
	Aqua Zumba	7:00PM-8:00PM			
	Lane Swim	8:00PM-9:00PM			
Friday	Early Bird	6:30AM-9:00AM			
	H2O Power Hour	9:00AM-10:00AM			
	Aquafit	10:00AM-11:00AM			
	Parent & Tot	11:00AM-1:00PM			
	Lane Swim	11:00AM-1:00PM			
	Gentle Aquafit	1:00PM-1:45PM			
	FREE Family Swim	7:00PM-8:00PM			
	FREE Youth Swim	8:00PM-9:00PM			

Family swims are for adults & children together. For all swims, children under the age of 8 require adult accompaniment at all times in the pool. Please note: we enforce an "arm length" policy, which means your child should be within arms reach at all times.

Summer July 4 - August 31

Monday	Early Bird	6:30AM-9:00AM	Parent & Tot	9:00AM-1:00PM	
	Aquafit	9:00AM-10:00AM	Aqua Zumba	7:00PM-8:00PM	
	Aquafit	10:00AM-11:00AM	Lane swim	8:00PM-9:00PM	
Tuesday	Lane	11:00AM-1:00PM	Friday	Early Bird	6:30AM-9:00AM
	Parent & Tot	9:00AM-1:00PM		AquaFit	9:00AM-10:00AM
	Gentle Aqua	1:00PM-2:00PM		AquaFit	10:00AM-11:00PM
	Wave swim	3:00PM-5:00PM		Lane swim	11:00AM-1:00PM
	Family Swim	5:00PM-7:00PM		Parent & Tot	9:00AM-1:00PM
	Aquafit	7:00PM-8:00PM		Gentle Aqua	1:00PM-2:00PM
	Lane Swim	8:00PM-9:00PM		Wave Swim	3:00PM-5:00PM
				Family Swim	5:00PM-7:00PM
Wednesday	Early Bird	6:30AM-9:00AM	FREE Family Swim	7:00PM-8:00PM	
	Aquafit	9:00AM-10:00AM	FREE Youth Swim	8:00PM-9:00PM	
	Aquafit	10:00AM-11:00AM	Saturday	Pool Rental	11:00AM-12:00PM 12:00PM-1:00PM
	Lane	11:00AM-1:00PM		Parent & Tot	1:00PM-2:00PM
	Parent & Tot	9:00AM-1:00PM		Lane Swim	1:00PM-2:00PM
	Wave Swim	7:00PM-8:00PM		Wave Swim	2:00PM-3:00PM
	Lane Swim	8:00PM-9:00PM		Family Swim	3:00PM-4:00PM
				Pool Rental	4:15PM-5:15PM 5:15PM-6:15PM
Early Bird	6:30AM-9:00AM	Sunday		Lane Swim	9:00AM-11:00AM
Aquafit	9:00AM-10:00AM			Parent & Tot	9:00AM-11:00AM
Aquafit	10:00AM-11:00AM		Pool Rental	11:00AM-12:00PM 12:00PM-1:00PM	
Lane	11:00AM-1:00PM		Lane Swim	1:00PM-2:00PM	
Parent & Tot	9:00AM-1:00PM		Wave Swim	2:00PM-3:00PM	
Gentle Aqua	1:00PM-2:00PM		Family swim	3:00PM-4:00PM	
Aquafit	7:00PM-8:00PM		Pool Rental	4:00PM-5:00PM 5:15PM-6:15PM	
Lane	8:00PM-9:00PM				
Thursday	Early Bird	6:30AM-9:00AM			
	AquaFit	9:00AM-10:00AM			
	AquaFit	10:00AM-11:00AM			
	Lane swim	11:00AM-1:00PM			

SWIM SCHEDULES

Needham Spring March 30- June 30		
Monday	Water Exercise	9:00AM-10:00AM
	Water Exercise	10:30AM-11:30AM
	Lane Swim	11:30AM-1:00PM
	Open Swim	7:00PM-8:00PM
	Lane Swim	8:00PM-9:00PM
Tuesday	Parent/Tot	9:00AM-10:00AM
	Senior Swim	9:00AM-10:00AM
	Lane Swim	11:30AM-1:00PM
	Water Exercise	6:00PM-7:00PM
	Open Swim	7:00PM-8:00PM
Wednesday	Water Exercise	9:00AM-10:00AM
	Water Exercise	10:30AM-11:30AM
	Lane Swim	11:30AM-1:00PM
	Open Swim	7:00PM-8:00PM
	Lane Swim	8:00PM-9:00PM
Thursday	Parent/Tot	10:00AM-11:00AM
	Senior Swim	10:00AM-11:00AM
	Lane Swim	11:30PM-1:00PM
	Open Swim	5:00PM-6:30PM
	Water Exercise	6:30PM-7:30PM
Friday	Water Exercise	9:00AM-10:00AM
	Water Exercise	10:30AM-11:30AM
	Lane Swim	11:30AM-1:00PM
	FREE Swim	5:00PM-6:30PM
	Lane Swim	6:30PM-7:30PM
Saturday	Pool Rental	1:00PM-2:00PM
	Open Swim	2:00PM-3:30PM
	Pool Rental	3:30PM-4:30PM
	Pool Rental	4:30PM-5:30PM
Sunday	Pool Rental	1:00PM-2:00PM
	Open Swim	2:00PM-3:30PM
	Pool Rental	3:30PM-4:30PM
	Pool Rental	4:30PM-5:30PM

Needham Summer July 2-August 31		
Monday	Water Exercise	10:30AM-11:30AM
	Lane Swim	11:30AM-1:00PM
	Open Swim	2:00PM-3:30PM
Tuesday	Senior	10:30AM-11:30AM
	Parent & Tot	10:30AM-11:30AM
	Lane Swim	11:30AM-1:00PM
	Open Swim	2:00PM-3:30PM
	Water Exercise	5:30PM-6:30PM
	Open Swim	6:30PM-7:30PM
Wednesday	Water Exercise	10:30AM-11:30AM
	Lane Swim	11:30AM-1:00PM
	Open Swim	2:00PM-3:30PM
Thursday	Senior	10:30AM-11:30AM
	Parent & Tot	10:30AM-11:30AM
	Lane Swim	11:30AM-1:00PM
	Open Swim	2:00PM-3:30PM
	Open Swim	5:30PM-6:30PM
	Water Exercise	6:30PM-7:30PM
	Open Swim	7:30PM-8:30PM
Friday	Water Exercise	10:30AM-11:30AM
	Lane Swim	11:30AM-1:00PM
	Open Swim	2:00PM-3:30PM
Sunday	FREE Swim	3:30PM-5:00PM

Family swims are for adults & children together. For all swims, children under the age of 8 require adult accompaniment at all times in the pool. Please note: we enforce an "arm length" policy, which means your child should be within arms reach at all times.

Subject to change

Bedford Pool Summer-July 1-August 31		
Monday	Parent & Tot	12:00PM- 1:00PM
	Lane Swim	12:00PM-1:00PM
	Open Swim	1:00PM-2:15PM
	Open Swim	2:30PM- 4:00PM
	Family Swim	6:30PM-7:30PM
Tuesday	Parent & Tot	12:00PM- 1:00PM
	Lane Swim	12:00PM-1:00PM
	Open Swim	1:00PM-2:15PM
	Open Swim	2:30PM- 4:00PM
	Adult Lane Swim	7:00PM- 8:00PM
	Family Swim	6:30PM-7:30PM
Wednesday	Parent & Tot	12:00PM- 1:00PM
	Lane Swim	12:00PM-1:00PM
	Open Swim	1:00PM-2:30PM
	Open Swim	2:30PM- 4:00PM
	Family Swim	6:30PM-8:00PM
	Open Swim	7:00 PM -8:00PM
Thursday	Parent & Tot	12:00PM- 1:00PM
	Lane Swim	12:00PM-1:00PM
	Open Swim	1:00PM-2:15PM
	Open Swim	2:30PM- 4:00PM
	Adult Lane Swim	7:00PM-8:00PM
	Family Swim	6:30PM-7:30PM
Friday	Parent & Tot	12:00PM- 1:00PM
	Lane Swim	12:00PM-1:00PM
	Open Swim	1:00PM-2:15PM
	Open Swim	2:30PM- 4:00PM
	Family Swim	6:30PM-8:00PM
	Open Swim	7:00 PM -8:00PM
Saturday	Lane Swim	12:00PM-1:30PM
	Parent & Tot	12:00PM- 1:30PM
	Family Swim	1:30PM-2:30PM
	Open Swim	2:30PM-4:00PM
	Adult Swim	4:00PM-5:00PM
	Open Swim	5:30PM-7:00PM
Sunday	Lane Swim	12:00PM-1:30PM
	Parent & Tot	12:00PM- 1:30PM
	Family Swim	1:30PM-2:30PM
	Open Swim	2:30PM-4:00PM
	Adult Swim	4:00PM-5:00PM
	Open Swim	5:30PM-7:00PM

PRESCHOOL

Starfish/Duck

Age: 4m-3

This is a parent & tot swim class where the parent accompanies the child into the water for the class. Focus is on getting children comfortable in the water while starting to learn skills such as blowing bubbles, floats & glides. Ages: 4 months- 3 years.

\$58 Classes: 10



POOL PROGRAMS

Starfish /Duck				
Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	10:30AM-11:00AM	413833
Wave Pool	Apr 3	Tu	5:00PM-5:30PM	413832
Wave Pool	Apr 4	W	5:00PM-5:30PM	413834
Wave Pool	Apr 4	W	5:30PM-6:00PM	413835
Wave Pool	Apr 5	Th	5:00PM-5:30PM	413836
Wave Pool	Apr 5	Th	6:00PM-6:30PM	413837
Wave Pool	Apr 6	F	9:30AM-10:00AM	413838
Wave Pool	Apr 6	F	5:30PM-6:00PM	413839
Wave Pool	Apr 7	Sa	10:00AM-10:30AM	413840
Wave Pool	Apr 7	Sa	5:30PM-6:00PM	413841
Wave Pool	Apr 7	Sa	12:00PM-12:30PM	413842
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	413843
Wave Pool	Apr 8	Su	9:00AM-9:30AM	413844
Wave Pool	Apr 8	Su	10:00AM-10:30AM	413845
Wave Pool	Apr 8	Su	6:00PM-6:30PM	413846
Wave Pool	Apr 8	Su	5:00PM-5:30PM	413847
Wave Pool	Apr 8	Su	4:30PM-5:00PM	413848
Wave Pool	Apr 8	Su	4:00PM-4:30PM	413849
Wave Pool	Apr 9	M	4:00PM-4:30PM	413850
Wave Pool	Apr 9	M	5:00PM-5:30PM	413831
Wave Pool	Apr 9	M	6:00PM-6:30PM	413830
Needham	Apr 4	W	4:45PM-5:15PM	416884
Needham	Apr 7	Sa	9:00AM-9:30AM	416883
Needham	Apr 7	Sa	9:00AM-9:30AM	416885

Starfish /Duck				
Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	6:00PM-6:30PM	414385
Wave Pool	Jul 3	Tu	4:00PM-4:30PM	414386
Wave Pool	Jul 3	W	10:30AM-11:00AM	414392
Wave Pool	Jul 4	W	5:00PM-5:30PM	414383
Wave Pool	Jul 4	W	6:00PM-6:30PM	414384
Wave Pool	Jul 4	Th	4:00PM-4:30PM	414387
Wave Pool	Jul 5	Th	4:00PM-4:30PM	414388
Wave Pool	Jul 5	Th	5:30PM-6:00PM	414390
Wave Pool	Jul 16	M-F	10:30AM-11:00AM	414389
Wave Pool	Jul 30	M-F	10:30AM-11:00AM	414393
Wave Pool	Aug 13	M-F	10:30AM-11:00AM	414391
Needham	Jul 3	Tu	9:00AM-9:30AM	416843
Bedford Pool	Jul 2	M-F	10:15AM-10:45AM	414729
Bedford Pool	Jul 16	M-F	10:00AM-10:30AM	414730
Bedford Pool	Jul 30	M-F	10:00AM-10:30AM	414731
Bedford Pool	Aug 13	M-F	10:00AM-10:30AM	414732



Sea Turtle

Age: 30m-5

This is a parented class, with the intention of moving the child to be on their own in the water.

Children must be with a parent.

\$58 Classes: 10



Sea Turtle					
Location	Start	Day	Time	Code	
Wave Pool	Apr 3	Tu	9:00AM-9:30AM	413858	
Wave Pool	Apr 3	Tu	4:30PM-5:00PM	413852	
Wave Pool	Apr 4	W	9:00AM-9:30AM	413853	
Wave Pool	Apr 5	Th	4:00PM-4:30PM	413854	
Wave Pool	Apr 5	Th	5:00PM-5:30PM	413865	
Wave Pool	Apr 5	Th	6:00PM-6:30PM	413855	
Wave Pool	Apr 6	F	5:00PM-5:30PM	413856	
Wave Pool	Apr 7	Sa	9:30AM-10:00AM	413859	
Wave Pool	Apr 7	Sa	10:30AM-11:00AM	413863	
Wave Pool	Apr 8	Sa	8:30AM-9:00AM	413860	
Wave Pool	Apr 8	Su	10:30AM-11:00AM	413861	
Wave Pool	Apr 8	Su	6:00PM-6:30PM	413862	
Wave Pool	Apr 8	Su	4:30PM-5:00PM	413864	
Wave Pool	Apr 8	Su	6:30PM-7:00PM	413866	
Wave Pool	Apr 9	M	4:30PM-5:00PM	413857	
Wave Pool	Apr 9	M	5:30PM-6:00PM	413851	

Sea Turtle					
Location	Start	Day	Time	Code	
Wave Pool	Jul 3	Tu	4:30PM-5:00PM	414395	
Wave Pool	Jul 3	W	9:30AM-10:00AM	414398	
Wave Pool	Jul 4	W	6:00PM-6:30PM	414396	
Wave Pool	Jul 4	W	4:30PM-5:00PM	414397	
Wave Pool	Jul 5	Th	5:30PM-6:00PM	414394	
Wave Pool	Jul 16	M-F	9:30AM-10:00AM	414400	
Wave Pool	Jul 30	M-F	9:30AM-10:00AM	414399	
Wave Pool	Aug 13	M-F	9:30AM-10:00AM	414401	

Sea Otter

Age: 3-5

Sea Otter is the next Red Cross Preschool Level after Turtle. It is unparented. Focus is on assisted front floats & back floats, glides and working on a distance swim. Should be comfortable putting face under water.

\$58 Classes: 10



Sea Otter					
Location	Start	Day	Time	Code	
Wave Pool	Apr 3	M	4:30PM-5:00PM	413908	
Wave Pool	Apr 3	M	5:30PM-6:00PM	413909	
Wave Pool	Apr 3	M	6:30PM-7:00PM	413910	
Wave Pool	Apr 3	M	10:00AM-10:30AM	413911	
Wave Pool	Apr 4	M	4:30PM-5:00PM	413912	
Wave Pool	Apr 4	M	5:30PM-6:00PM	413913	
Wave Pool	Apr 4	Tu	5:00PM-5:30PM	413915	
Wave Pool	Apr 4	Tu	6:00PM-6:30PM	413916	
Wave Pool	Apr 6	Tu	4:00PM-4:30PM	413906	
Wave Pool	Apr 7	Tu	9:00AM-9:30AM	413907	
Wave Pool	Apr 8	Tu	4:00PM-4:30PM	413914	
Wave Pool	Apr 8	Tu	4:00PM-4:30PM	413917	
Wave Pool	Apr 3	M	4:30PM-5:00PM	413908	
Wave Pool	Apr 3	M	5:30PM-6:00PM	413909	
Wave Pool	Apr 3	M	6:30PM-7:00PM	413910	
Wave Pool	Apr 3	M	10:00AM-10:30AM	413911	
Wave Pool	Apr 4	M	4:30PM-5:00PM	413912	
Wave Pool	Apr 4	M	5:30PM-6:00PM	413913	
Wave Pool	Apr 4	Tu	5:00PM-5:30PM	413915	
Wave Pool	Apr 4	Tu	6:00PM-6:30PM	413916	
Wave Pool	Apr 6	Tu	4:00PM-4:30PM	413906	
Wave Pool	Apr 7	Tu	9:00AM-9:30AM	413907	

Sea Otter					
Location	Start	Day	Time	Code	
Wave Pool	Jul 3	Tu	4:30PM-5:00PM	414402	
Wave Pool	Jul 3	Tu	6:00PM-6:30PM	414403	
Wave Pool	Jul 3	Tu	11:00AM-11:30AM	414417	
Wave Pool	Jul 3	Tu	5:00PM-5:30AM	414410	
Wave Pool	Jul 3	Tu	5:00PM-5:30PM	414411	
Wave Pool	Jul 4	W	5:30PM-6:00PM	414404	
Wave Pool	Jul 4	W	4:00PM-4:30PM	414407	
Wave Pool	Jul 4	W	6:00PM-6:30PM	414412	
Wave Pool	Jul 5	Th	4:00PM-4:30PM	414408	
Wave Pool	Jul 5	Th	6:30PM-7:00PM	414409	
Wave Pool	Jul 5	Th	5:00PM-5:30PM	414415	
Wave Pool	Jul 5	Th	6:00PM-6:30PM	414406	
Wave Pool	Jul 16	M-F	11:00AM-11:30AM	414418	
Wave Pool	Jul 16	M-F	9:00AM-9:30AM	414413	
Wave Pool	Jul 30	M-F	9:00AM-9:30AM	414414	
Wave Pool	Jul 30	M-F	11:00AM-11:30AM	414419	
Wave Pool	Aug 13	M-F	9:00AM-9:30AM	414416	
Wave Pool	Aug 13	M-F	11:00AM-11:30AM	414420	
Wave Pool	Jul 3	Tu	4:30PM-5:00PM	414402	
Wave Pool	Jul 3	Tu	6:00PM-6:30PM	414403	
Wave Pool	Jul 3	Tu	11:00AM-11:30AM	414417	
Wave Pool	Jul 3	Tu	5:00PM-5:30AM	414410	
Wave Pool	Jul 3	Tu	5:00PM-5:30PM	414411	

POOL PROGRAMS

Sea Otter

Age: 3-5

Sea Otter is the next Red Cross Preschool Level after Turtle. It is unparented. Focus is on assisted front floats & back floats, glides & working on a distance swim. Should be comfortable putting face under water.

\$58 Classes: 10



POOL PROGRAMS

Wave Pool	Apr 8	Tu	4:00PM-4:30PM	413914	Wave Pool	Jul 4	W	5:30PM-6:00PM	414404
Wave Pool	Apr 8	Tu	4:00PM-4:30PM	413917	Wave Pool	Jul 4	W	4:00PM-4:30PM	414407
Wave Pool	Apr 3	Tu	4:00PM-4:30PM	413904	Wave Pool	Jul 4	W	6:00PM-6:30PM	414412
Wave Pool	Apr 3	Tu	5:00PM-5:30PM	413905	Wave Pool	Jul 5	Th	4:00PM-4:30PM	414408
Wave Pool	Apr 4	W	6:30PM-7:00PM	413867	Wave Pool	Jul 5	Th	6:30PM-7:00PM	414409
Wave Pool	Apr 5	Th	4:00PM-4:30PM	413868	Wave Pool	Jul 5	Th	5:00PM-5:30PM	414415
Wave Pool	Apr 5	Th	4:30PM-5:00PM	413869	Wave Pool	Jul 5	Th	6:00PM-6:30PM	414406
Wave Pool	Apr 5	Th	5:30PM-6:00PM	413870	Wave Pool	Jul 16	M-F	11:00AM-11:30AM	414418
Wave Pool	Apr 5	Th	6:00PM-6:30PM	413871	Wave Pool	Jul 16	M-F	9:00AM-9:30AM	414413
Wave Pool	Apr 5	Th	6:30PM-7:00PM	413872	Wave Pool	Jul 30	M-F	9:00AM-9:30AM	414414
Wave Pool	Apr 6	F	9:00AM-9:30AM	413873	Wave Pool	Jul 30	M-F	11:00AM-11:30AM	414419
Wave Pool	Apr 6	F	4:30PM-5:00PM	413874	Wave Pool	Aug 13	M-F	9:00AM-9:30AM	414416
Wave Pool	Apr 6	F	5:00PM-5:30PM	413897	Wave Pool	Aug 13	M-F	11:00AM-11:30AM	414420
Wave Pool	Apr 6	F	6:00PM-6:30PM	413875	Needham	Jul 3	Tu	9:30AM-10:00AM	416844
Wave Pool	Apr 6	F	6:30PM-7:00PM	413876	Needham	Jul 5	Th	4:30PM-5:00PM	416846
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	413877	Needham	Jul 16	M-F	9:30AM-10:00AM	416845
Wave Pool	Apr 7	Sa	9:30AM-10:00AM	413878	Needham	Jul 30	M-F	9:30AM-10:00AM	416847
Wave Pool	Apr 7	Sa	10:00AM-10:30AM	413879	Needham	Aug 13	M-F	9:30AM-10:00AM	416848
Wave Pool	Apr 7	Sa	10:30AM-11:00AM	413880	Needham	Aug 27	M-F	10:00AM-10:30AM	416849
Wave Pool	Apr 7	Sa	10:30AM-11:00AM	413881	Bedford Pool	Jul 2	M-F	11:30AM-12:00PM	414733
Wave Pool	Apr 7	Sa	11:00AM-11:30AM	413882	Bedford Pool	Jul 2	M-F	10:15AM-10:45AM	414734
Wave Pool	Apr 7	Sa	11:30AM-12:00PM	413883	Bedford Pool	Jul 2	M-F	8:30AM-9:00AM	414735
Wave Pool	Apr 7	Su	12:00PM-12:30PM	413884	Bedford Pool	Jul 2	M-F	5:30PM-6:00PM	414743
Wave Pool	Apr 7	Sa	12:00PM-12:30PM	413885	Bedford Pool	Jul 2	M-F	4:30PM-5:00PM	414754
Wave Pool	Apr 7	Sa	12:30PM-1:00PM	413895	Bedford Pool	Jul 2	M-F	11:30AM-12:00PM	414748
Wave Pool	Apr 7	Sa	1:00PM-1:30PM	413896	Bedford Pool	Jul 2	M-F	4:00PM-4:30PM	414757
Wave Pool	Apr 7	Sa	1:00PM-1:30PM	413886	Bedford Pool	Jul 16	M-F	8:30AM-9:00AM	414736
Wave Pool	Apr 8	Su	9:00AM-9:30AM	413887	Bedford Pool	Jul 16	M-F	11:30AM-12:00PM	414737
Wave Pool	Apr 8	Su	9:30AM-10:00AM	413888	Bedford Pool	Jul 16	M-F	9:00AM-9:30AM	414738
Wave Pool	Apr 8	Su	10:00AM-10:30AM	413889	Bedford Pool	Jul 16	M-F	11:00AM-11:30AM	414739
Wave Pool	Apr 8	Su	10:30AM-11:00AM	413890	Bedford Pool	Jul 16	M-F	4:30PM-5:00PM	414741
Wave Pool	Apr 8	Su	4:30PM-5:00PM	413891	Bedford Pool	Jul 16	M-F	5:30PM-6:00PM	414742
Needham	Apr 2	M	4:00PM-4:30PM	416892	Bedford Pool	Jul 16	M-F	11:00AM-11:30AM	414745
Needham	Apr 2	M	6:00PM-6:30PM	416894	Bedford Pool	Jul 16	M-F	4:00PM-4:30PM	414752
Needham	Apr 2	M	5:00PM-5:30PM	416895	Bedford Pool	Jul 30	M-F	5:30PM-6:00PM	414749
Needham	Apr 4	Tu	5:00PM-5:30PM	416886	Bedford Pool	Jul 30	M-F	9:00AM-9:30AM	414750
Needham	Apr 4	Tu	5:45PM-6:15PM	416890	Bedford Pool	Jul 30	M-F	4:00PM-4:30PM	414751
Needham	Apr 5	W	4:30PM-5:00PM	416887	Bedford Pool	Jul 30	M-F	11:30AM-12:00PM	414740
Needham	Apr 7	Sa	9:00AM-9:30AM	416888	Bedford Pool	Jul 30	M-F	6:00PM-6:30PM	414756
Needham	Apr 7	Sa	12:30PM-1:00PM	416889	Bedford Pool	Aug 13	M-F	5:30PM-6:00PM	414744
Needham	Apr 7	Sa	10:00AM-10:30AM	416891	Bedford Pool	Aug 13	M-F	8:30AM-9:00AM	414746
Needham	Apr 7	Sa	9:30AM-10:00AM	416893	Bedford Pool	Aug 13	M-F	4:30PM-5:00PM	414747
Needham	Apr 7	Sa	11:30AM-12:00PM	416896	Bedford Pool	Aug 13	M-F	11:30AM-12:00PM	414753
					Bedford Pool	Aug 13	M-F	9:30AM-10:00AM	414755

Salamander

Age: 3-5

Children actively learn new swimming skills including unassisted floats & glides through games & songs. The fun includes learning to jump into chest deep water.

Prerequisite: Sea Otter.

\$58 Classes: 10



Salamander					
Location	Start	Day	Time	Code	
Wave Pool	Apr 3	Tu	4:00PM-4:30PM	413918	
Wave Pool	Apr 3	Tu	6:30PM-7:00PM	413919	
Wave Pool	Apr 3	Tu	4:00PM-4:30PM	413920	
Wave Pool	Apr 3	Tu	4:30PM-5:00PM	413921	
Wave Pool	Apr 3	Tu	5:00PM-5:30PM	413922	
Wave Pool	Apr 3	Tu	5:30PM-6:00PM	413923	
Wave Pool	Apr 3	Tu	6:00PM-6:30PM	413924	
Wave Pool	Apr 3	Tu	6:00PM-6:30PM	413968	
Wave Pool	Apr 3	Tu	9:30AM-10:00AM	413925	
Wave Pool	Apr 4	W	4:00PM-4:30PM	413926	
Wave Pool	Apr 4	W	4:30PM-5:00PM	413927	
Wave Pool	Apr 4	W	5:30PM-6:00PM	413928	
Wave Pool	Apr 4	W	6:00PM-6:30PM	413929	
Wave Pool	Apr 4	W	6:30PM-7:00PM	413930	
Wave Pool	Apr 4	W	6:30PM-7:00PM	413931	
Wave Pool	Apr 5	Th	4:30PM-5:00PM	413932	
Wave Pool	Apr 5	Th	5:30PM-6:00PM	413933	
Wave Pool	Apr 5	Th	4:00PM-4:30PM	413934	
Wave Pool	Apr 5	Th	6:00PM-6:30PM	413937	
Wave Pool	Apr 5	Th	6:30PM-7:00PM	413938	
Wave Pool	Apr 6	F	10:00AM-10:30AM	413939	
Wave Pool	Apr 6	F	5:00PM-5:30PM	413940	
Wave Pool	Apr 6	F	6:00PM-6:30PM	413941	
Wave Pool	Apr 6	F	5:30PM-6:00PM	413942	
Wave Pool	Apr 6	F	4:30PM-5:00PM	413943	
Wave Pool	Apr 6	F	4:00PM-4:30PM	413944	
Wave Pool	Apr 7	Sa	9:30AM-10:00AM	413945	
Wave Pool	Apr 7	Sa	9:30AM-10:00AM	413946	
Wave Pool	Apr 7	Sa	10:30AM-11:00AM	413947	
Wave Pool	Apr 7	Sa	10:45AM-11:15AM	413948	
Wave Pool	Apr 7	Sa	11:00AM-11:30AM	413949	
Wave Pool	Apr 7	Sa	12:00PM-12:30PM	413950	
Wave Pool	Apr 7	Sa	12:30PM-1:00PM	413951	
Wave Pool	Apr 7	Sa	1:00PM-1:30PM	413952	
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	413953	
Wave Pool	Apr 7	Sa	11:00AM-11:30AM	413954	
Wave Pool	Apr 8	Su	9:30AM-10:00AM	413955	
Wave Pool	Apr 8	Su	9:00AM-9:30AM	413956	
Wave Pool	Apr 8	Su	10:00AM-10:30AM	413957	
Wave Pool	Apr 8	Su	4:30PM-5:00PM	413958	
Wave Pool	Apr 8	Su	6:00PM-6:30PM	413959	

Salamander					
Location	Start	Day	Time	Code	
Wave Pool	Jul 3	Tu	5:30PM-6:00PM	414421	
Wave Pool	Jul 3	Tu	4:00PM-4:30PM	414427	
Wave Pool	Jul 3	Tu	9:30AM-10:00AM	414430	
Wave Pool	Jul 4	W	5:30PM-6:00PM	414422	
Wave Pool	Jul 4	W	4:30PM-5:00PM	414423	
Wave Pool	Jul 4	W	4:00PM-4:30PM	414428	
Wave Pool	Jul 5	Th	5:30PM-6:00PM	414424	
Wave Pool	Jul 5	Th	6:00PM-6:30PM	414425	
Wave Pool	Jul 5	Th	4:00PM-4:30PM	414429	
Wave Pool	Jul 16	M-F	9:30AM-10:00AM	414432	
Wave Pool	Jul 16	M-F	11:00AM-11:30AM	414434	
Wave Pool	Jul 30	M-F	9:30AM-10:00AM	414431	
Wave Pool	Jul 30	M-F	11:00AM-11:30AM	414435	
Wave Pool	Aug 13	M-F	9:30AM-10:00AM	414433	
Wave Pool	Aug 13	M-F	11:00AM-11:30AM	414436	
Needham	Jul 3	Tu	9:30AM-10:00AM	416850	
Needham	Jul 5	Th	4:30PM-5:00PM	416851	
Needham	Jul 16	M-F	9:30AM-10:00AM	416852	
Needham	Jul 30	M-F	9:30AM-10:00AM	416853	
Needham	Aug 13	M-F	9:30AM-10:00AM	416854	
Bedford Pool	Jul 2	M-F	9:00AM-9:30AM	414758	
Bedford Pool	Jul 2	M-F	10:45AM-11:15AM	414759	
Bedford Pool	Jul 2	M-F	4:30PM-5:00PM	414760	
Bedford Pool	Jul 2	M-F	9:30AM-10:00AM	414761	
Bedford Pool	Jul 16	M-F	11:30AM-12:00PM	414762	
Bedford Pool	Jul 16	M-F	10:30AM-11:00AM	414763	
Bedford Pool	Jul 16	M-F	9:00AM-9:30AM	414764	
Bedford Pool	Jul 16	M-F	9:30AM-10:00AM	414765	
Bedford Pool	Jul 16	M-F	4:30PM-5:00PM	414766	
Bedford Pool	Jul 16	M-F	10:00AM-10:30AM	414767	
Bedford Pool	Jul 16	M-F	8:30AM-9:00AM	414768	
Bedford Pool	Jul 30	M-F	9:00AM-9:30AM	414769	
Bedford Pool	Jul 30	M-F	11:00AM-11:30AM	414770	
Bedford Pool	Jul 30	M-F	10:00AM-10:30AM	414771	
Bedford Pool	Jul 30	M-F	4:30PM-5:00PM	414772	
Bedford Pool	Aug 13	M-F	8:30AM-9:00AM	414773	
Bedford Pool	Aug 13	M-F	6:00PM-6:30PM	414774	
Bedford Pool	Aug 13	M-F	10:00AM-10:30AM	414775	
Bedford Pool	Aug 13	M-F	11:30AM-12:00PM	414776	

Salamander

Age: 3-5

Children actively learn new swimming skills including unassisted floats & glides through games & songs. The fun includes learning to jump into chest deep water.

Prerequisite: Sea Otter.

\$58 Classes: 10



Wave Pool	Apr 8	Su	6:30PM-7:00PM	413960
Wave Pool	Apr 8	Sa	5:15PM-5:45PM	413961
Wave Pool	Apr 8	Sa	4:00PM-4:30PM	413969
Wave Pool	Apr 8	Sa	4:00PM-4:30PM	413970
Wave Pool	Apr 9	M	4:00PM-4:30PM	413962
Wave Pool	Apr 9	M	4:30PM-5:00PM	413963
Wave Pool	Apr 9	M	5:30PM-6:00PM	413964
Wave Pool	Apr 9	M	6:00PM-6:30PM	413966
Wave Pool	Apr 9	M	6:30PM-7:00PM	413967
Needham	Apr 2	M	5:30PM-6:00PM	416897
Needham	Apr 2	M	6:00PM-6:30PM	416905
Needham	Apr 2	M	5:00PM-5:30PM	416906
Needham	Apr 3	Tu	5:00PM-5:30PM	416898
Needham	Apr 4	W	4:30PM-5:00PM	416899
Needham	Apr 4	W	5:30PM-6:00PM	416900
Needham	Apr 7	Sa	9:00AM-9:30AM	416901
Needham	Apr 7	Sa	10:00AM-10:30AM	416902
Needham	Apr 7	Sa	11:00AM-11:30AM	416903
Needham	Apr 7	Sa	9:30AM-10:00AM	416904

Bedford Pool	Aug 13	M-F	4:30PM-5:00PM	414777
Bedford Pool	Aug 13	M-F	8:30AM-9:00AM	414778

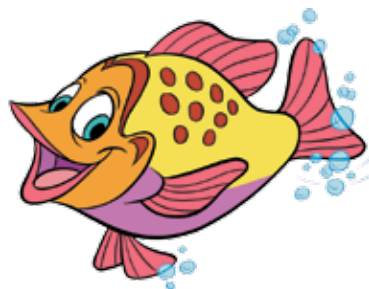
POOL PROGRAMS

Sunfish

Age: 3-5

Children work on stroke & skills progressions. Learning also focuses on good judgment in, on & around the water, & entries & floats in the deep water. Prerequisite: Salamander

\$58 Classes: 10



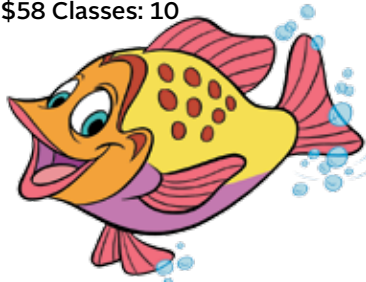
Sunfish				
Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	4:00PM-4:30PM	413971
Wave Pool	Apr 3	Tu	5:30PM-6:00PM	413972
Wave Pool	Apr 3	Tu	11:00AM-11:30AM	413993
Wave Pool	Apr 4	W	4:00PM-4:30PM	413973
Wave Pool	Apr 4	W	6:00PM-6:30PM	413974
Wave Pool	Apr 4	W	5:00PM-5:30PM	413975
Wave Pool	Apr 5	Th	4:00PM-4:30PM	413976
Wave Pool	Apr 5	Th	5:30PM-6:00PM	413977
Wave Pool	Apr 6	F	4:00PM-4:30PM	413978
Wave Pool	Apr 6	F	5:30PM-6:00PM	413979
Wave Pool	Apr 6	F	10:30AM-11:00AM	413991
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	413980
Wave Pool	Apr 7	Sa	10:00AM-10:30AM	413981
Wave Pool	Apr 7	Sa	11:30AM-12:00PM	413982
Wave Pool	Apr 7	Sa	12:00PM-12:30PM	413983
Wave Pool	Apr 7	Sa	1:00PM-1:30PM	413984
Wave Pool	Apr 8	Su	10:00AM-10:30AM	413985

Sunfish				
Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	6:30PM-7:00PM	414437
Wave Pool	Jul 3	Tu	5:00PM-5:30PM	414438
Wave Pool	Jul 3	Tu	6:00PM-6:30PM	414442
Wave Pool	Jul 3	W	10:30AM-11:00AM	414445
Wave Pool	Jul 4	Th	4:30PM-5:00PM	414439
Wave Pool	Jul 5	Th	5:00PM-5:30PM	414440
Wave Pool	Jul 5	Th	6:00PM-6:30PM	414441
Wave Pool	Jul 16	M-F	10:30AM-11:00AM	414443
Wave Pool	Jul 30	M-F	10:30AM-11:00AM	414446
Wave Pool	Aug 13	M-F	10:30AM-11:00AM	414444
Needham	Jul 3	Tu	9:00AM-9:30AM	416855
Needham	Jul 30	M-F	9:00AM-9:30AM	416856
Bedford Pool	Jul 2	M-F	9:00AM-9:30AM	414779
Bedford Pool	Jul 2	M-F	5:30PM-6:00PM	414780
Bedford Pool	Jul 16	M-F	9:00AM-9:30AM	414781
Bedford Pool	Jul 16	M-F	9:30AM-10:00AM	414782
Bedford Pool	Jul 16	M-F	10:30AM-11:00AM	414783

Sunfish

Age: 3-5

Children work on stroke & skills progressions. Learning also focuses on good judgment in, on & around the water, & entries & floats in the deep water. Prerequisite: Salamander
\$58 Classes: 10



Wave Pool	Apr 8	Su	4:00PM-4:30PM	413992
Wave Pool	Apr 8	Su	5:00PM-5:30PM	413986
Wave Pool	Apr 8	Su	6:00PM-6:30PM	413987
Wave Pool	Apr 9	M	4:30PM-5:00PM	413988
Wave Pool	Apr 9	M	6:00PM-6:30PM	413989
Wave Pool	Apr 9	M	6:30PM-7:00PM	413990
Needham	Apr 4	W	5:15PM-5:45PM	416907
Needham	Apr 7	Sa	12:00PM-12:30PM	416908

Bedford Pool	Jul 30	M-F	9:00AM-9:30AM	414784
Bedford Pool	Jul 30	M-F	9:30AM-10:00AM	414785
Bedford Pool	Jul 30	M-F	10:45AM-11:15AM	414786
Bedford Pool	Jul 30	M-F	5:30PM-6:00PM	414787
Bedford Pool	Aug 13	M-F	9:00AM-9:30AM	414788
Bedford Pool	Aug 13	M-F	10:30AM-11:00AM	414789

Crocodile

Age: 3-5

Children start independent glides & kicking in deep water. Endurance is built through increasing distance for front & back swims. Swimmers learn about the dolphin kick & try synchro skills in the water. Prerequisite: Sunfish
\$58 Classes: 10



Crocodile				
Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	5:00PM-5:30PM	413994
Wave Pool	Apr 3	Tu	6:00PM-6:30PM	413995
Wave Pool	Apr 4	W	5:00PM-5:30PM	413996
Wave Pool	Apr 4	W	6:00PM-6:30PM	413997
Wave Pool	Apr 5	Th	5:00PM-5:30PM	413998
Wave Pool	Apr 5	Th	6:30PM-7:00PM	413999
Wave Pool	Apr 6	F	4:30PM-5:00PM	414000
Wave Pool	Apr 7	Sa	12:00PM-12:30PM	414001
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	414002
Wave Pool	Apr 7	Sa	10:00AM-10:30AM	414003
Wave Pool	Apr 7	Sa	10:30AM-11:00AM	414004
Wave Pool	Apr 8	Su	4:00PM-4:30PM	414008
Wave Pool	Apr 8	Su	5:30PM-6:00PM	414005
Wave Pool	Apr 9	M	5:00PM-5:30PM	414006
Wave Pool	Apr 9	M	6:00PM-6:30PM	414007
Needham	Apr 2	M	6:30PM-7:00PM	416913
Needham	Apr 4	W	5:45PM-6:15PM	416911
Needham	Apr 7	Sa	12:00PM-12:30PM	416912

Crocodile				
Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	6:30PM-7:00PM	414448
Wave Pool	Jul 4	W	5:00PM-5:30PM	414447
Wave Pool	Jul 4	W	4:00PM-4:30PM	414449
Needham	Jul 16	M-F	9:00AM-9:30AM	416857
Needham	Aug 13	M-F	9:00AM-9:30AM	416858
Bedford Pool	Jul 2	M-F	9:30AM-10:00AM	414790
Bedford Pool	Jul 2	M-F	11:30AM-12:00PM	414791
Bedford Pool	Jul 16	M-F	8:30AM-9:00AM	414792
Bedford Pool	Jul 16	M-F	11:30AM-12:00PM	414793
Bedford Pool	Jul 16	M-F	6:00PM-6:30PM	414794
Bedford Pool	Aug 13	M-F	11:30AM-12:00PM	414797
Bedford Pool	Aug 13	M-F	6:00PM-6:30PM	414798

Sunfish & Crocodile

Age: 3-5

See above for descriptions.
\$58 Classes: 10

Sunfish & Crocodile Combined				
Location	Start	Day	Time	Code
Needham	Apr 7	Sa	11:00AM-11:30AM	416909
Needham	Apr 7	Sa	10:00AM-10:30AM	416910

Crocodile & Whale

Age: 3-5

See above and below for descriptions.
\$58 Classes: 10

Crocodile / Whale				
Location	Start	Day	Time	Code
Bedford Pool	Jul 31	M-F	11:00AM-11:30AM	414795
Bedford Pool	Jul 31	M-F	6:00PM-6:30PM	414796

Whale

Age: 3-5

Children will learn to swim independently & participate in team games. Preschoolers will increase their distance & improve skills in front & back swims. Swimmers also learn about throwing assists to help another person in the water.

Prerequisite: Crocodile

\$58 Classes: 10



CHILD

Swim Kids 1

Age: 5-14

This is an entry level for children ready to move in shallow water. This level provides an orientation to the water & the pool area & introduces floats & glides with kicks. Children build their endurance by improving distance. Prerequisite: minimum age of 5 years.

\$61 Classes: 10

POOL PROGRAMS

Whale					
Location	Start	Day	Time	Code	
Wave Pool	Apr 3	Tu	6:00PM-6:30PM	414009	
Wave Pool	Apr 4	W	6:15PM-6:45PM	414010	
Wave Pool	Apr 5	Th	5:00PM-5:30PM	414011	
Wave Pool	Apr 6	F	5:45PM-6:15PM	414012	
Wave Pool	Apr 7	Sa	10:15AM-10:45AM	414013	
Wave Pool	Apr 7	Sa	11:15AM-11:45AM	414014	
Wave Pool	Apr 7	Sa	1:00PM-1:30PM	414015	
Wave Pool	Apr 8	Su	4:00PM-4:30PM	414019	
Wave Pool	Apr 8	Su	4:30PM-5:00PM	414016	
Wave Pool	Apr 8	Su	6:00PM-6:30PM	414017	
Wave Pool	Apr 9	M	5:30PM-6:00PM	414018	
Needham	Apr 2	M	5:30PM-6:00PM	416914	

Swim Kids 1					
Location	Start	Day	Time	Code	
Wave Pool	Apr 3	Tu	4:00PM-4:30PM	414179	
Wave Pool	Apr 3	Tu	5:00PM-5:30PM	414180	
Wave Pool	Apr 3	Tu	5:30PM-6:00PM	414181	
Wave Pool	Apr 3	Tu	6:30PM-7:00PM	414182	
Wave Pool	Apr 4	W	4:00PM-4:30PM	414183	
Wave Pool	Apr 4	W	5:00PM-5:30PM	414184	
Wave Pool	Apr 4	W	6:30PM-7:00PM	414185	
Wave Pool	Apr 4	W	4:30PM-5:00PM	414186	
Wave Pool	Apr 5	Th	5:30PM-6:00PM	414187	
Wave Pool	Apr 5	Th	4:00PM-4:30PM	414188	
Wave Pool	Apr 5	Th	5:00PM-5:30PM	414189	
Wave Pool	Apr 5	Th	6:30PM-7:00PM	414190	
Wave Pool	Apr 5	Th	5:00PM-5:30PM	414191	
Wave Pool	Apr 6	F	4:00PM-4:30PM	414192	
Wave Pool	Apr 6	F	5:00PM-5:30PM	414193	
Wave Pool	Apr 6	F	6:30PM-7:00PM	414194	
Wave Pool	Apr 7	Sa	10:00AM-10:30AM	414195	
Wave Pool	Apr 7	Sa	11:00AM-11:30AM	414196	
Wave Pool	Apr 7	Sa	12:30PM-1:00PM	414197	
Wave Pool	Apr 7	Sa	1:00PM-1:30PM	414198	
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	414199	
Wave Pool	Apr 8	Su	4:30PM-5:00PM	414200	
Wave Pool	Apr 8	Su	8:30AM-9:00AM	414201	

Whale					
Location	Start	Day	Time	Code	
Wave Pool	Jul 3	Tu	4:00PM-4:30PM	414455	
Wave Pool	Jul 4	W	5:30PM-6:00PM	414456	
Wave Pool	Jul 5	W	6:30PM-7:00PM	414454	
Bedford Pool	Jul 2	M-F	9:30AM-10:00AM	414799	
Bedford Pool	Jul 16	M-F	5:30PM-6:00PM	414800	
Bedford Pool	Jul 16	M-F	8:30AM-9:00AM	414801	
Bedford Pool	Jul 30	M-F	8:30AM-9:00AM	414802	
Bedford Pool	Jul 30	M-F	11:30AM-12:00PM	414803	
Bedford Pool	Jul 30	M-F	4:30PM-5:00PM	414804	
Bedford Pool	Aug 14	M-F	9:30AM-10:00AM	414805	

Swim Kids 1					
Location	Start	Day	Time	Code	
Wave Pool	Jul 3	Tu	5:00PM-5:30PM	414547	
Wave Pool	Jul 3	Tu	5:30PM-6:00PM	414553	
Wave Pool	Jul 4	W	4:30PM-5:00PM	414548	
Wave Pool	Jul 4	W	5:30PM-6:00PM	414549	
Wave Pool	Jul 5	Th	5:30PM-6:00PM	414550	
Wave Pool	Jul 5	Th	4:30PM-5:00PM	414551	
Bedford Pool	Jul 2	M-F	10:00AM-10:30AM	414807	
Bedford Pool	Jul 2	M-F	11:30AM-12:00PM	414808	
Bedford Pool	Jul 2	M-F	11:30AM-12:00PM	414809	
Bedford Pool	Jul 2	M-F	4:00PM-4:30PM	414810	
Bedford Pool	Jul 2	M-F	8:30AM-9:00AM	414811	
Bedford Pool	Jul 2	M-F	5:00PM-5:30PM	414812	
Bedford Pool	Jul 16	M-F	9:00AM-9:30AM	414813	
Bedford Pool	Jul 16	M-F	11:30AM-12:00PM	414814	
Bedford Pool	Jul 16	M-F	4:00PM-4:30PM	414815	
Bedford Pool	Jul 16	M-F	10:00AM-10:30AM	414816	
Bedford Pool	Jul 16	M-F	11:00AM-11:30AM	414817	
Bedford Pool	Jul 16	M-F	5:00PM-5:30PM	414818	
Bedford Pool	Jul 30	M-F	9:00AM-9:30AM	414819	
Bedford Pool	Jul 30	M-F	11:30AM-12:00PM	414820	
Bedford Pool	Jul 30	M-F	4:00PM-4:30PM	414821	
Bedford Pool	Jul 30	M-F	9:30AM-10:00AM	414822	
Bedford Pool	Aug 13	M-F	9:00AM-9:30AM	414823	

CHILD

Swim Kids 1

Age: 5-14

This is an entry level for children ready to move in shallow water. This level provides an orientation to the water & the pool area & introduces floats & glides with kicks. Children build their endurance by improving distance. Prerequisite: minimum age of 5 years.

\$61 Classes: 10

Wave Pool	Apr 8	Su	5:00PM-5:30PM	414202
Wave Pool	Apr 8	Su	6:30PM-7:00PM	414203
Wave Pool	Apr 8	Su	5:30PM-6:00PM	414204
Wave Pool	Apr 8	Su	4:30PM-5:00PM	414209
Wave Pool	Apr 8	Su	4:00PM-4:30PM	414210
Wave Pool	Apr 9	M	5:00PM-5:30P	414205
Wave Pool	Apr 9	M	4:30PM-5:00PM	414206
Wave Pool	Apr 9	M	4:00PM-4:30PM	414207
Wave Pool	Apr 9	M	6:30PM-7:00PM	414208
Needham	Apr 2	M	5:30PM-6:00PM	416939
Needham	Apr 2	M	4:00PM-4:30PM	416940
Needham	Apr 3	Tu	5:30PM-6:00PM	416933
Needham	Apr 3	Tu	4:30PM-5:00PM	416934
Needham	Apr 4	W	5:00PM-5:30PM	416935
Needham	Apr 7	Sa	10:30AM-11:00AM	416936
Needham	Apr 7	Sa	11:30AM-12:00PM	416937
Needham	Apr 7	Sa	9:30AM-10:00AM	416938
Needham	Apr 7	Sa	9:30AM-10:00AM	416941

Swim Kids 2

Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	4:00PM-4:30PM	414213
Wave Pool	Apr 3	Tu	5:00PM-5:30PM	414214
Wave Pool	Apr 3	Tu	6:30PM-7:00PM	414215
Wave Pool	Apr 3	Tu	4:30PM-5:00PM	414216
Wave Pool	Apr 4	W	4:00PM-4:30PM	414217
Wave Pool	Apr 4	W	4:30PM-5:00PM	414218
Wave Pool	Apr 4	W	5:00PM-5:30PM	414219
Wave Pool	Apr 4	W	6:00PM-6:30PM	414220
Wave Pool	Apr 5	Th	4:30PM-5:00PM	414221
Wave Pool	Apr 5	Th	6:30PM-7:00PM	414222
Wave Pool	Apr 5	Th	5:30PM-6:00PM	414223
Wave Pool	Apr 5	Th	6:00PM-6:30PM	414224
Wave Pool	Apr 6	F	4:00PM-4:30PM	414225
Wave Pool	Apr 6	F	4:30PM-5:00PM	414226
Wave Pool	Apr 6	F	6:00PM-6:30PM	414227
Wave Pool	Apr 6	F	5:00PM-5:30PM	414228
Wave Pool	Apr 7	Sa	12:30PM-1:00PM	414229
Wave Pool	Apr 7	Sa	1:00PM-1:30PM	414230
Wave Pool	Apr 7	Sa	10:00AM-10:30AM	414231
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	414232

Bedford Pool	Aug 13	M-F	11:30AM-12:00PM	414824
Bedford Pool	Aug 13	M-F	4:00PM-4:30PM	414825
Bedford Pool	Aug 13	M-F	5:00PM-5:30PM	414826
Bedford Pool	Aug 13	M-F	10:00AM-10:30AM	414827

Swim Kids 2

Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	5:30PM-6:00PM	414560
Wave Pool	Jul 3	Tu	6:30PM-7:00PM	414561
Wave Pool	Jul 3	Tu	5:00PM-5:30PM	414562
Wave Pool	Jul 3	Tu	4:00PM-4:30PM	414566
Wave Pool	Jul 4	W	4:00PM-4:30PM	414567
Wave Pool	Jul 4	W	6:30PM-7:00PM	414563
Wave Pool	Jul 5	Th	5:00PM-5:30PM	414564
Wave Pool	Jul 5	Th	6:30PM-7:00PM	414565
Wave Pool	Jul 5	Th	4:00PM-4:30PM	414568
Bedford Pool	Jul 2	M-F	9:30AM-10:00AM	414832
Bedford Pool	Jul 2	M-F	9:00AM-9:30AM	414833
Bedford Pool	Jul 2	M-F	11:00AM-11:30AM	414834
Bedford Pool	Jul 2	M-F	10:00AM-10:30AM	414835
Bedford Pool	Jul 2	M-F	6:00PM-6:30PM	414836
Bedford Pool	Jul 16	M-F	10:30AM-11:00AM	414837
Bedford Pool	Jul 16	M-F	9:00AM-9:30AM	414838
Bedford Pool	Jul 16	M-F	11:00AM-11:30AM	414839
Bedford Pool	Jul 16	M-F	11:30AM-12:00PM	414840
Bedford Pool	Jul 16	M-F	6:00PM-6:30PM	414841
Bedford Pool	Jul 30	M-F	5:00PM-5:30PM	414842

Swim Kids 2

Age: 5-14

This level helps the child build skills in front & back swims. Children are introduced to deep water activities & proper use of a Personal Flotation Device (PFD). Endurance is built on flutter kicking with assisted glides. Prerequisite: minimum age 5 years.

\$61 Classes: 10

Swim Kids 2

Age: 5-14

This level helps the child build skills in front & back swims. Children are introduced to deep water activities & proper use of a Personal Flotation Device (PFD). Endurance is built on flutter kicking with assisted glides. Prerequisite: minimum age 5 years.

\$61 Classes: 10

Wave Pool	Apr 7	Sa	10:15AM-10:45AM	414233
Wave Pool	Apr 7	Sa	11:00AM-11:30AM	414234
Wave Pool	Apr 8	Su	9:00AM-9:30AM	414235
Wave Pool	Apr 8	Su	4:00PM-4:30PM	414245
Wave Pool	Apr 8	Su	5:00PM-5:30PM	414236
Wave Pool	Apr 8	Su	5:30PM-6:00PM	414237
Wave Pool	Apr 8	Su	6:00PM-6:30PM	414238
Wave Pool	Apr 8	Su	6:00PM-6:30PM	414243
Wave Pool	Apr 8	Su	6:30PM-7:00PM	414244
Wave Pool	Apr 9	M	6:00PM-6:30PM	414239
Wave Pool	Apr 9	M	5:00PM-5:30PM	414240
Wave Pool	Apr 9	M	4:30PM-5:00PM	414241
Wave Pool	Apr 9	M	4:00PM-4:30PM	414242
Needham	Apr 2	M	6:30PM-7:00PM	416950
Needham	Apr 2	M	5:30PM-6:00PM	416951
Needham	Apr 3	Tu	4:30PM-5:00PM	416943
Needham	Apr 3	Tu	5:30PM-6:00PM	416944
Needham	Apr 4	W	6:30PM-7:00PM	416945
Needham	Apr 4	W	6:00PM-6:30PM	416946
Needham	Apr 7	Sa	9:00AM-9:30AM	416947
Needham	Apr 7	Sa	10:30AM-11:00AM	416948
Needham	Apr 7	Sa	11:00AM-11:30AM	416949
Needham	Apr 7	Sa	9:30AM-10:00AM	416952

Bedford Pool	Jul 30	M-F	9:00AM-9:30AM	414843
Bedford Pool	Jul 30	M-F	11:00AM-11:30AM	414844
Bedford Pool	Jul 30	M-F	10:30AM-11:00AM	414845
Bedford Pool	Aug 14	M-F	10:30AM-11:00AM	414846
Bedford Pool	Aug 14	M-F	10:00AM-10:30AM	414847
Bedford Pool	Aug 14	M-F	9:30AM-10:00AM	414848
Bedford Pool	Aug 14	M-F	5:00PM-5:30PM	414849

POOL PROGRAMS

Swim Kids 1/2

Age: 5 - 14

See above for descriptions.

\$61 Classes: 10

Swim Kids 1/2				
Location	Start	Day	Time	Code
Wave Pool	Jul 16	M-F	10:00AM-10:30AM	414554
Wave Pool	Jul 16	M-F	11:30AM-12:00PM	414558
Wave Pool	Jul 30	M-F	10:00AM-10:30AM	414556
Wave Pool	Jul 30	M-F	11:30AM-12:00PM	414557
Wave Pool	Aug 13	M-F	10:00AM-10:30AM	414555
Wave Pool	Aug 13	M-F	11:30AM-12:00PM	414559
Needham	Jul 3	Tu	10:00AM-10:30AM	416866
Needham	Jul 5	Th	5:15PM-5:45PM	416867
Needham	Jul 16	M-F	10:00AM-10:30AM	416868
Needham	Jul 30	M-F	10:00AM-10:30AM	416869
Needham	Aug 13	M-F	10:00AM-10:30AM	416870

Swim Kids 3**Age: 5 - 14**

This level provides an introduction to front crawl as well the foundation for making wise choices on where and when to swim. Diving is introduced and children will work on floats and changing directions. Endurance is achieved by building strength in flutter kick and a 15-metre swim.

Prerequisite: minimum age of 5 years.

\$61 Classes: 10

Swim Kids 3

Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	4:00PM-4:30PM	414247
Wave Pool	Apr 3	Tu	4:30PM-5:00PM	414248
Wave Pool	Apr 3	Tu	5:00PM-5:30PM	414249
Wave Pool	Apr 3	Tu	6:00PM-6:30PM	414250
Wave Pool	Apr 3	Tu	6:30PM-7:00PM	414273
Wave Pool	Apr 4	W	4:30PM-5:00PM	414251
Wave Pool	Apr 4	W	4:45PM-5:15PM	414252
Wave Pool	Apr 4	W	5:30PM-6:00PM	414253
Wave Pool	Apr 4	W	6:30PM-7:00PM	414254
Wave Pool	Apr 5	Th	4:00PM-4:30PM	414255
Wave Pool	Apr 5	Th	5:00PM-5:30PM	414256
Wave Pool	Apr 5	Th	6:00PM-6:30PM	414257
Wave Pool	Apr 6	F	4:30PM-5:00PM	414258
Wave Pool	Apr 6	F	6:30PM-7:00PM	414259
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	414260
Wave Pool	Apr 7	Sa	9:30AM-10:00PM	414261
Wave Pool	Apr 7	Sa	11:00AM-11:30AM	414262
Wave Pool	Apr 7	Sa	12:00PM-12:30PM	414263
Wave Pool	Apr 7	Sa	12:30PM-1:00PM	414264
Wave Pool	Apr 8	Su	6:30PM-7:00PM	414265
Wave Pool	Apr 8	Su	8:30AM-9:00AM	414266
Wave Pool	Apr 8	Su	4:30PM-5:00PM	414267
Wave Pool	Apr 8	Su	4:00PM-4:30PM	414272
Wave Pool	Apr 9	M	6:30PM-7:00PM	414268
Wave Pool	Apr 9	M	4:30PM-5:00PM	414269
Wave Pool	Apr 9	M	5:30PM-6:00PM	414270
Wave Pool	Apr 9	M	4:00PM-4:30PM	414271
Needham	Apr 2	M	4:30PM-5:00PM	416959
Needham	Apr 2	M	6:00PM-6:30PM	416960
Needham	Apr 3	Tu	6:00PM-6:30PM	416953
Needham	Apr 3	Tu	4:00PM-4:30PM	416954
Needham	Apr 4	W	4:00PM-4:30PM	416955
Needham	Apr 7	Sa	9:00AM-9:30AM	416956
Needham	Apr 7	Sa	11:00AM-11:30AM	416957
Needham	Apr 7	Sa	10:30AM-11:00AM	416958

Swim Kids 3

Location	Start	Day	Time	Code
Wave Pool	Jul 34	Tu	4:30PM-5:00PM	414569
Wave Pool	Jul 3	Tu	5:30PM-6:00PM	414570
Wave Pool	Jul 4	W	5:00PM-5:30PM	414571
Wave Pool	Jul 4	W	4:00PM-4:30PM	414573
Wave Pool	Jul 5	Th	5:00PM-5:30PM	414572
Wave Pool	Jul 5	Th	6:00PM-6:30PM	414574
Bedford Pool	Jul 2	M-F	8:30AM-9:00AM	414850
Bedford Pool	Jul 2	M-F	10:00AM-10:30AM	414851
Bedford Pool	Jul 2	M-F	5:00PM-5:30PM	414852
Bedford Pool	Jul 2	M-F	10:45AM-11:15AM	414853
Bedford Pool	Jul 16	M-F	10:30AM-11:00AM	414854
Bedford Pool	Jul 16	M-F	11:30AM-12:00PM	414855
Bedford Pool	Jul 16	M-F	5:00PM-5:30PM	414856
Bedford Pool	Jul 16	M-F	9:30AM-10:00AM	414857
Bedford Pool	Jul 16	M-F	9:00AM-9:30AM	414858
Bedford Pool	Jul 30	M-F	11:30AM-12:00PM	414859
Bedford Pool	Jul 30	M-F	5:00PM-5:30PM	414860
Bedford Pool	Jul 30	M-F	10:15AM-10:45AM	414861
Bedford Pool	Jul 30	M-F	8:30AM-9:00AM	414862
Bedford Pool	Jul 30	M-F	9:30AM-10:00AM	414863
Bedford Pool	Aug 13	M-F	11:30AM-12:00PM	414864
Bedford Pool	Aug 13	M-F	5:30PM-6:00PM	414865
Bedford Pool	Aug 13	M-F	11:00AM-11:30AM	414866
Bedford Pool	Aug 14	M-F	9:30AM-10:00AM	414867

Swim Kids 4**Age: 5-14**

The front crawl, back glide & shoulder roll for back crawl are further developed. Children work on kneeling dives, surface support & developing a greater sense of self-safety by understanding their own limits. Endurance is built through a 25-metre swim. Prerequisite: minimum age of 5 years old.

\$61 Classes: 10

POOL PROGRAMS

Swim Kids 4					
Location	Start	Day	Time	Code	
Wave Pool	Apr 3	Tu	4:00PM-4:30PM	414275	
Wave Pool	Apr 3	Tu	5:30PM-6:00PM	414276	
Wave Pool	Apr 3	Tu	6:30PM-7:00PM	414277	
Wave Pool	Apr 4	W	4:30PM-5:00PM	414278	
Wave Pool	Apr 4	W	5:30PM-6:00PM	414279	
Wave Pool	Apr 4	W	6:30PM-7:00PM	414280	
Wave Pool	Apr 5	Th	4:30PM-5:00PM	414281	
Wave Pool	Apr 5	Th	5:30PM-6:00PM	414282	
Wave Pool	Apr 5	Th	6:30PM-7:00PM	414283	
Wave Pool	Apr 6	F	4:30PM-5:00PM	414284	
Wave Pool	Apr 6	F	6:30PM-7:00PM	414285	
Wave Pool	Apr 6	F	5:30PM-6:00PM	414286	
Wave Pool	Apr 7	Sa	9:00AM-9:30AM	414287	
Wave Pool	Apr 7	Sa	10:00AM-10:30AM	414288	
Wave Pool	Apr 7	Sa	11:30AM-12:00PM	414289	
Wave Pool	Apr 7	Sa	1:00PM-1:30PM	414290	
Wave Pool	Apr 7	Sa	12:00PM-12:30PM	414291	
Wave Pool	Apr 8	Su	5:00PM-5:30PM	414292	
Wave Pool	Apr 8	Su	5:30PM-6:00PM	414293	
Wave Pool	Apr 8	Su	5:45PM-6:15PM	414294	
Wave Pool	Apr 8	Su	4:00PM-4:30PM	414299	
Wave Pool	Apr 9	M	4:00PM-4:30PM	414295	
Wave Pool	Apr 9	M	5:00PM-5:30PM	414296	
Wave Pool	Apr 9	M	5:30PM-6:00PM	414297	
Wave Pool	Apr 9	M	6:30PM-7:00PM	414298	
Needham	Apr 2	M	4:30PM-5:00PM	416970	
Needham	Apr 2	M	6:30PM-7:00PM	416971	
Needham	Apr 3	Tu	4:00PM-4:30PM	416963	
Needham	Apr 3	Tu	6:00PM-6:30PM	416964	
Needham	Apr 4	W	6:30PM-7:00PM	416965	
Needham	Apr 4	W	4:00PM-4:30PM	416966	
Needham	Apr 7	Sa	12:30PM-1:00PM	416967	
Needham	Apr 7	Sa	10:00AM-10:30AM	416968	
Needham	Apr 7	Sa	9:30AM-10:00AM	416969	

Swim Kids 4					
Location	Start	Day	Time	Code	
Wave Pool	Jul 3	Tu	5:30PM-6:00PM	414582	
Wave Pool	Jul 3	Tu	4:30PM-5:15PM	414587	
Wave Pool	Jul 4	Tu	5:30PM-6:00PM	414583	
Wave Pool	Jul 4	W	6:30PM-7:00PM	414585	
Wave Pool	Jul 5	Th	5:30PM-6:00PM	414584	
Wave Pool	Jul 5	Th	4:00PM-4:30PM	414586	
Wave Pool	Jul 5	Th	5:00PM-5:45PM	414588	
Bedford Pool	Jul 2	M-F	8:30AM-9:00AM	414871	
Bedford Pool	Jul 2	M-F	9:00AM-9:30AM	414872	
Bedford Pool	Jul 2	M-F	11:30AM-12:00PM	414873	
Bedford Pool	Jul 16	M-F	8:30AM-9:00AM	414874	
Bedford Pool	Jul 16	M-F	9:30AM-10:00AM	414875	
Bedford Pool	Jul 16	M-F	10:00AM-10:30AM	414876	
Bedford Pool	Jul 16	M-F	11:00AM-11:30AM	414877	
Bedford Pool	Jul 30	M-F	9:30AM-10:00AM	414878	
Bedford Pool	Jul 30	M-F	8:30AM-9:00AM	414879	
Bedford Pool	Jul 30	M-F	11:30AM-12:00PM	414880	
Bedford Pool	Aug 13	M-F	8:30AM-9:00AM	414881	
Bedford Pool	Aug 13	M-F	11:00AM-11:30AM	414882	
Bedford Pool	Aug 13	M-F	8:30AM-9:00AM	414883	

Swim Kids 3/4

Age: 5-14

See above for descriptions.

\$61 Classes: 10**Swim Kids 3/4**

Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	10:00AM-10:30AM	414577
Wave Pool	Jul 16	M-F	10:00AM-10:30AM	414575
Wave Pool	Jul 16	M-F	11:30AM-12:00PM	414580
Wave Pool	Jul 30	M-F	10:00AM-10:30AM	414578
Wave Pool	Jul 30	M-F	11:30AM-12:00PM	414579
Wave Pool	Aug 13	M-F	10:00AM-10:30AM	414576
Wave Pool	Aug 13	M-F	11:30AM-12:00PM	414581

Swim Kids 5

Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	4:00PM-4:45PM	414301
Wave Pool	Apr 3	Tu	5:30PM-6:15PM	414302
Wave Pool	Apr 3	Tu	4:45PM-5:30PM	414316
Wave Pool	Apr 4	W	4:00PM-4:45PM	414303
Wave Pool	Apr 4	W	6:15PM-7:00PM	414304
Wave Pool	Apr 5	Th	4:00PM-4:45PM	414305
Wave Pool	Apr 5	Th	6:15PM-7:00PM	414306
Wave Pool	Apr 6	F	4:00PM-4:45PM	414307
Wave Pool	Apr 6	F	6:15PM-7:00PM	414308
Wave Pool	Apr 7	Sa	10:30AM-11:15AM	414309
Wave Pool	Apr 7	Sa	11:15AM-12:00PM	414310
Wave Pool	Apr 7	Sa	12:45PM-1:30PM	414311
Wave Pool	Apr 8	Su	4:30PM-5:15PM	414312
Wave Pool	Apr 8	Su	6:15PM-7:00PM	414313
Wave Pool	Apr 8	Su	5:00PM-5:45PM	414317
Wave Pool	Apr 8	Su	5:15PM-6:00PM	414318
Wave Pool	Apr 9	M	5:30PM-6:15PM	414314
Wave Pool	Apr 9	M	6:15PM-7:00PM	414315
Needham	Apr 2	M	4:00PM-4:45PM	416976
Needham	Apr 4	W	6:15PM-7:00PM	416973
Needham	Apr 7	Sa	11:30AM-12:15PM	416974
Needham	Apr 7	Sa	10:00AM-10:45AM	416975

Swim Kids 3/4

Location	Start	Day	Time	Code
Needham	Jul 3	Tu	10:00AM-10:30AM	416871
Needham	Jul 5	Th	5:00PM-5:30PM	416872
Needham	Jul 16	M-F	10:00AM-10:30AM	416873
Needham	Jul 30	M-F	10:00AM-10:30AM	416874
Needham	Jul 30	M-F	10:00AM-10:30AM	416876
Needham	Aug 14	M-F	10:00AM-10:30AM	416875

Swim Kids 5

Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	5:30PM-6:15PM	414589
Wave Pool	Jul 4	W	5:00PM-5:45PM	414590
Wave Pool	Jul 5	Th	4:30PM-5:15PM	414591
Bedford Pool	Jul 2	M-F	8:30AM-9:15AM	414888
Bedford Pool	Jul 2	M-F	10:45AM-11:30AM	414889
Bedford Pool	Jul 2	M-F	10:00AM-10:45AM	414890
Bedford Pool	Jul 16	M-F	9:15AM-10:00AM	414891
Bedford Pool	Jul 16	M-F	10:45AM-11:30AM	414892
Bedford Pool	Jul 30	M-F	8:30AM-9:15AM	414893
Bedford Pool	Jul 30	M-F	9:15AM-10:00AM	414894
Bedford Pool	Jul 30	M-F	10:45AM-11:30AM	414895
Bedford Pool	Aug 13	M-F	8:30AM-9:15AM	414896
Bedford Pool	Aug 13	M-F	9:15AM-10:00AM	414897
Bedford Pool	Aug 13	M-F	10:45AM-11:30AM	414898
Bedford Pool	Aug 13	M-F	11:00AM-11:45AM	414899

Swim Kids 5

Age: 5-14

Back crawl is introduced, along with sculling skills & whip kick on the back. Children try stride dives & receive an introduction to safe boating skills. Endurance is developed through dolphin kick & a 50-metre swim. Prerequisite: minimum age of 5 years.

\$61 Classes: 10

Swim Kids 6

Age: 5-14

Front & back crawl continue to be refined as the elementary backstroke is introduced. Children are also introduced to safety on ice, elementary rescue of others with throwing assists, treading water & the front dive. Endurance is built through a 75-metre swim.

Prerequisite: minimum age of 5 years old.

\$61 Classes: 10

Swim Kids 6

Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	4:45PM-5:30PM	414320
Wave Pool	Apr 3	Tu	6:15PM-7:00PM	414321
Wave Pool	Apr 4	W	4:00PM-4:45PM	414322
Wave Pool	Apr 4	W	5:30PM-6:15PM	414323
Wave Pool	Apr 5	Th	6:15PM-7:00PM	414324
Wave Pool	Apr 5	Th	4:00PM-4:45PM	414325
Wave Pool	Apr 6	F	6:00PM-6:45PM	414326
Wave Pool	Apr 7	Sa	9:00AM-9:45AM	414327
Wave Pool	Apr 7	Sa	11:00AM-11:45AM	414328
Wave Pool	Apr 7	Sa	12:15PM-1:00PM	414329
Wave Pool	Apr 8	Su	5:00PM-5:45PM	414330
Wave Pool	Apr 8	Su	5:30PM-6:15PM	414331
Wave Pool	Apr 9	M	4:00PM-4:45PM	414332
Wave Pool	Apr 9	M	5:30PM-6:15PM	414333
Needham	Apr 4	W	6:15PM-7:00PM	416980
Needham	Apr 7	Sa	11:30AM-12:15PM	416981
Needham	Apr 7	Sa	10:45AM-11:30AM	416982

Swim Kids 5/6

Location	Start	Day	Time	Code
Needham	Apr 3	Tu	4:00PM-4:45PM	416977
Needham	Apr 7	Sa	12:15PM-1:00PM	416978

Swim Kids 7

Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	5:30PM-6:15PM	414335
Wave Pool	Apr 3	Tu	6:15PM-7:00PM	414336
Wave Pool	Apr 4	W	4:45PM-5:30PM	414337
Wave Pool	Apr 4	W	5:30PM-6:15PM	414338
Wave Pool	Apr 5	Th	4:45PM-5:30PM	414339
Wave Pool	Apr 6	Th	5:30PM-6:15PM	414340
Wave Pool	Apr 7	F	9:30AM-10:15AM	414341
Wave Pool	Apr 7	F	12:00PM-12:45PM	414342
Wave Pool	Apr 8	Sa	4:30PM-5:15PM	414343
Wave Pool	Apr 9	Su	6:00PM-6:45PM	414344
Wave Pool	Apr 9	Su	4:00PM-4:45PM	414345

Swim Kids 6

Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	4:30PM-5:15PM	414592
Wave Pool	Jul 4	W	6:15PM-7:00PM	414593
Wave Pool	Jul 5	Th	6:00PM-7:00PM	414594
Bedford Pool	Jul 2	M-F	10:45AM-11:30AM	414903
Bedford Pool	Jul 2	M-F	10:00AM-10:45AM	414904
Bedford Pool	Jul 2	M-F	8:30AM-9:15AM	414905
Bedford Pool	Jul 16	M-F	10:30AM-11:15AM	414906
Bedford Pool	Jul 16	M-F	9:00AM-9:45AM	414907
Bedford Pool	Jul 30	M-F	10:45AM-11:30AM	414908
Bedford Pool	Jul 30	M-F	9:30AM-10:15AM	414910
Bedford Pool	Aug 13	M-F	10:45AM-11:30AM	414909
Bedford Pool	Aug 13	M-F	9:30AM-10:15AM	414911
Bedford Pool	Aug 13	M-F	10:00AM-10:45AM	414912
Bedford Pool	Aug 13	M-F	11:15AM-12:00PM	414913

Swim Kids 5/6

Location	Start	Day	Time	Code
Needham	Jul 5	Th	4:30PM-5:45PM	416877

Swim Kids 7

Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	6:15PM-7:00PM	414595
Wave Pool	Jul 4	W	5:45PM-6:30PM	414596
Wave Pool	Jul 5	Th	5:30PM-6:15PM	414597
Bedford Pool	Jul 2	M-F	10:45AM-11:30AM	414915
Bedford Pool	Jul 16	M-F	9:45AM-10:30AM	414916
Bedford Pool	Jul 16	M-F	8:30AM-9:15AM	414917
Bedford Pool	Jul 30	M-F	10:00AM-10:45AM	414918
Bedford Pool	Aug 13	M-F	8:30AM-9:15AM	414919
Bedford Pool	Aug 13	M-F	10:45AM-11:30AM	414920
Bedford Pool	Aug 13	M-F	11:15AM-12:00PM	414914

Swim Kids 5/6

Age: 5-14

See above for descriptions.

\$61 Classes: 10

Swim Kids 7

Age: 5-14

Level 7 continues to build skills & endurance for front crawl, back crawl & elementary back stroke & introduces whip kick on the front. Children learn about airway & breathing obstructions, & participate in timed treading water for increasing endurance. Endurance is also built through a 150-metre swim.

Prerequisite: minimum age of 5 years old. See Swim Kids 7/8 for additional courses.

\$61 Classes: 10

Swim Kids 7/8

Age: 5-14

See above for descriptions.

\$61 Classes: 10

Swim Kids 7/8				
Location	Start	Day	Time	Code
Needham	Apr 2	M	4:45PM-5:30PM	416986
Needham	Apr 3	Tu	4:45PM-5:30PM	416983
Needham	Apr 4	W	5:00PM-5:45PM	416984
Needham	Apr 7	Sa	11:30AM-12:15PM	416985

Swim Kids 8

Age: 5-14

Level 8 provides an introduction to the breaststroke, foot first surface dives, & rescue entries. Children learn about the dangers of open water, hypothermia, & the performance of rescue breathing on children & adults. Endurance is built on the dolphin kick & 300-metre swim. Prerequisite: minimum age of 5 years old. See also Swim Kids 7/8 for additional courses.

\$61 Classes: 10

Swim Kids 8				
Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	5:30PM-6:15PM	414347
Wave Pool	Apr 4	W	5:30PM-6:15PM	414348
Wave Pool	Apr 5	Th	5:30PM-6:15PM	414349
Wave Pool	Apr 6	F	6:15PM-7:00PM	414350
Wave Pool	Apr 7	Sa	9:30AM-10:15AM	414351
Wave Pool	Apr 7	Sa	11:00AM-11:45PM	414352
Wave Pool	Apr 8	Su	5:15PM-6:00PM	414353
Wave Pool	Apr 9	M	4:45PM-5:30PM	414354

Swim Kids 9/10

Age: 5-14

\$61 Classes: 10

Swim Kids 9/10				
Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	6:15PM-7:00PM	414356
Wave Pool	Apr 4	W	6:15PM-7:00PM	414357
Wave Pool	Apr 5	Th	6:15PM-7:00PM	414358
Wave Pool	Apr 6	F	6:15PM-7:00PM	414359
Wave Pool	Apr 7	Sa	10:15AM-11:00AM	414360
Wave Pool	Apr 7	Sa	12:00PM-12:45PM	414361
Wave Pool	Apr 8	Su	5:45PM-6:30PM	414362
Wave Pool	Apr 9	M	6:15PM-7:00PM	414363
Needham	Apr 3	Tu	5:30PM-6:15PM	416989
Needham	Apr 4	W	4:00PM-4:45PM	416990
Needham	Apr 7	Sa	12:15PM-1:00PM	416988

Swim Kids 7/8

Location	Start	Day	Time	Code
Needham	Jul 3	Tu	4:45PM-5:30PM	416878

Swim Kids 8

Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	6:15PM-7:00PM	414598
Wave Pool	Jul 4	W	5:45PM-6:30PM	414599
Wave Pool	Jul 5	Th	5:30PM-6:15PM	414600
Bedford Pool	Jul 2	M-F	9:15AM-10:00AM	414925
Bedford Pool	Jul 2	M-F	10:00AM-10:45AM	414926
Bedford Pool	Jul 16	M-F	10:00AM-10:45AM	414927
Bedford Pool	Jul 16	M-F	11:15AM-12:00PM	414928
Bedford Pool	Jul 30	M-F	10:00AM-10:45AM	414929
Bedford Pool	Aug 13	M-F	10:00AM-10:45AM	414930
Bedford Pool	Aug 13	M-F	10:45AM-11:30AM	414931

Swim Kids 9/10

Location	Start	Day	Time	Code
Wave Pool	Jul 3	Tu	6:15PM-7:00PM	414601
Wave Pool	Jul 4	W	6:15PM-7:00PM	414602
Wave Pool	Jul 5	Th	6:15PM-7:00PM	414603
Needham	Jul 3	Tu	4:30PM-5:15PM	416879
Bedford Pool	Jul 2	M-F	10:00AM-10:45AM	414932
Bedford Pool	Jul 2	M-F	8:30AM-9:15AM	414933
Bedford Pool	Jul 16	M-F	11:00AM-11:45AM	414934
Bedford Pool	Jul 30	M-F	8:30AM-9:15AM	414936
Bedford Pool	Aug 13	M-F	9:15AM-10:00AM	414937
Bedford Pool	Aug 13	M-F	10:30AM-11:15AM	414938

SWIM KIDS INSTRUCTED IN FRENCH

Swim Kids 1 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	4:00PM-4:30PM	414211

Swim Kids 2 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	4:30PM-5:00PM	414246

Swim Kids 1/2 French

Location	Start	Day	Time	Code
Needham	Apr 7	Sa	12:15PM-12:45PM	416942

Swim Kids 3 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	5:00PM-5:30PM	414274

Swim Kids 4 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	5:00PM-5:30PM	414300
Needham	Apr 7	Sa	11:30AM-12:00PM	416972

Swim Kids 3/4 French

Location	Start	Day	Time	Code
Needham	Apr 7	Sa	11:45AM-12:15PM	416962

Swim Kids 5 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	5:30PM-6:15PM	414319

Swim Kids 6 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	5:30PM-6:00PM	414334

Swim Kids 5/6 French

Location	Start	Day	Time	Code
Needham	Apr 7	Sa	10:30AM-11:15AM	416979

Swim Kids 7 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	4:45PM-5:30PM	414346

Swim Kids 8 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	4:45PM-5:30PM	414355

Swim Kids 7/8 French

Location	Start	Day	Time	Code
Needham	Apr 7	Sa	9:45AM-10:30AM	416987

Swim Kids 9/10 French

Location	Start	Day	Time	Code
Wave Pool	Apr 6	F	6:15PM-7:00PM	414364
Needham	Apr 7	Sa	9:00AM-9:45AM	416991

Swim Kids 1/2 French

Location	Start	Day	Time	Code
Bedford Pool	Jul 2	M-F	11:45AM-12:15PM	414828
Bedford Pool	Jul 16	M-F	11:45AM-12:15PM	414829
Bedford Pool	Jul 30	M-F	11:45AM-12:15PM	414830
Bedford Pool	Aug 13	M-F	10:45AM-11:15AM	414831

Swim Kids 3 French

Location	Start	Day	Time	Code
Bedford Pool	Jul 16	M-F	10:45AM-11:15AM	414868
Bedford Pool	Jul 30	M-F	10:45AM-11:15AM	414869

Swim Kids 4 French

Location	Start	Day	Time	Code
Bedford Pool	Jul 2	M-F	11:15AM-11:45AM	414884
Bedford Pool	Jul 16	M-F	11:15AM-11:45AM	414885
Bedford Pool	Jul 30	M-F	11:15AM-11:45AM	414886
Bedford Pool	Aug 13	M-F	11:30AM-12:00PM	414887

Swim Kids 5/6 French

Location	Start	Day	Time	Code
Bedford Pool	Jul 16	M-F	10:00AM-10:30AM	414900
Bedford Pool	Jul 30	M-F	9:30AM-10:00AM	414901
Bedford Pool	Aug 13	M-F	10:00AM-10:30AM	414902

Swim Kids 7/8 French

Location	Start	Day	Time	Code
Bedford Pool	Jul 16	M-F	8:30AM-9:15AM	414922
Bedford Pool	Jul 30	M-F	9:15AM-10:00AM	414923
Bedford Pool	Aug 13	M-F	8:30AM-9:15AM	414924

Swim Kids 9/10 French

Location	Start	Day	Time	Code
Bedford Pool	Jul 16	M-F	9:15AM-10:00AM	414939
Bedford Pool	Jul 30	M-F	8:30AM-9:15AM	414940
Bedford Pool	Aug 13	M-F	9:15AM-10:00AM	414941

YOUTH

Aquatic Junior Leadership-Wave Runners

Age: 11-15

The Wave Pool will be offering an Aquatic Junior Leadership Program that will focus on Aquatic Programming & Life Guarding Skills. The participants will help the swimming instructors with the swimming lessons, assist lifeguards during public swims, as well as learn first aid skills & participate in the Swim to Survive Program.

\$60

Junior Guardians

Age: 8-15

The Junior Guardians Lifesaving Club is designed to let kids participate in activities similar to those of real lifeguards, in a safe, fun & controlled setting. Participants experience the skills, & even some of the thrills, of lifesaving & lifeguarding. They train for friendly competitions & aim for personal-best performances. They promote water safety in the community, do fitness drills, & learn lifesaving skills. The Junior Guardians Lifesaving Club builds self-esteem, confidence, & friendships. Prerequisite: must be able to swim at least 50m & tread water for at least 2 minutes. Program runs for 8 weeks of the summer. Late registration is welcome.

\$30

Swim Patrol

Age: 8-13

The Swim Patrol provides enriched training for those who are ready to go beyond learn-to-swim. Swim Patrol's three levels -Rookie, Ranger, & Star-continue to develop participants' swim strokes & provide the skill foundation that prepares them for success in the Society's Bronze medal awards. Swimmers are challenged with distance swim workouts, timed swims & object carries in the water. First aid focuses on assessment of unconscious victims, treatment of victims in shock & obstructed airway procedures, treatment of bone or joint injuries & respiratory emergencies including asthma & allergic reactions. Lifesaving skills include defense methods, victim removals & rolling over & supporting a victim face up in shallow water.

\$61 10 Classes

Bronze Star

Age: 10-13

Bronze Star is the pre-Bronze Medallion training standard & is preparation for success in Bronze Medallion. Bronze Star participants develop problem-solving & decision-making skills as individuals and teams. Learn CPR & develop Water Smart confidence & lifesaving skills needed to be their own personal lifeguard. Bronze Star Prerequisite: Swimming ability, recommended to have Star Patrol. Provide a photocopy of a proof of age to the instructor on the first day of class. **\$80 + \$24 if book is required** 10 Classes

Wave Runners

Location	Start	Day	Time	Code
Wave Pool	Apr 7	Sa	2:00PM-3:00PM	414379
Wave Pool	Apr 8	Su	2:00PM-3:00PM	414380

Wave Runners

Location	Start	Day	Time	Code
Wave Pool	Jul 3-6	Tu-F	9:00AM-4:00PM	414606
Wave Pool	Jul 9-13	M-F	9:00AM-4:00PM	414607
Wave Pool	Jul 16-20	M-F	9:00AM-4:00PM	414608
Wave Pool	Jul 23-27	M-F	9:00AM-4:00PM	414609
Wave Pool	Jul 30-Aug 3	M-F	9:00AM-4:00PM	414610
Wave Pool	Aug 7-10	Tu-F	9:00AM-4:00PM	414611
Wave Pool	Aug 13-17	M-F	9:00AM-4:00PM	414612
Wave Pool	Aug 20-24	M-F	9:00AM-4:00PM	414613
Wave Pool	Aug 27-31	M-F	9:00AM-4:00PM	414614

Junior Guardians

Location	Start	Day	Time	Code
Needham	Apr 3	Tu	5:30PM-6:30PM	416997

Junior Lifeguard Club

Location	Start	Day	Time	Code
Bedford Pool	Jul 2	M, W, F	1:00PM-2:00PM	414950

Swim Patrol

Location	Start	Day	Time	Code
Wave Pool	Apr 4	W	5:00PM-5:45PM	414374
Wave Pool	Apr 5	Th	5:00PM-5:45PM	414375
Wave Pool	Apr 8	Su	6:15PM-7:00PM	414376
Wave Pool	Apr 9	M	4:30PM-5:15PM	414377

Swim Patrol

Location	Start	Day	Time	Code
Bedford Pool	Jul 30	M-F	11:00AM-11:45AM	414951

Bronze Star

Location	Start	Day	Time	Code
Wave Pool	Apr 4	W	6:00PM-7:00PM	414372
Wave Pool	Apr 9	M	6:00PM-7:00PM	414371

Bronze Star

Location	Start	Day	Time	Code
Bedford Pool	Jul 2	M-F	12:00PM-1:00PM	414946
Bedford Pool	Jul 16	M-F	12:00PM-1:00PM	414947
Bedford Pool	Jul 30	M-F	12:00PM-1:00PM	414948
Bedford Pool	Aug 13	M-F	12:00PM-1:00PM	414949

Bronze Medallion

Age: 13 & Up or Bronze Star

The Lifesaving Society Bronze Medallion Award teaches an understanding of the lifesaving principles embodied in the four components of water rescue education-judgment, knowledge, skill, & fitness. Bronze Medallion

Prerequisite-Swimming ability & 13 years old or Bronze Star. No age prerequisite if they hold the Bronze Star award.

\$80 + \$24 if book is required
10 Classes

Bronze Medallion					
Location	Start	Day	Time	Code	
Wave Pool	Apr 5	Th	6:00PM-8:00PM	414370	
Wave Pool	Apr 9	M	6:00PM-8:00PM	414369	
Needham	Apr 4	W	5:00PM-7:00PM	416996	

Bronze Medallion					
Location	Start	Day	Time	Code	
Bedford Pool	Jul 2	M-F	9:00AM-11:30AM	414944	
Bedford Pool	Jul 30	M-F	9:00AM-11:30AM	414945	

Bronze Cross

Bronze Medallion required

Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard & Lifesaving Instructor certification. Prerequisite: Bronze Medallion & CPR B, no age prerequisite.

\$80 + \$24 if book is required
10 Classes

Bronze Cross					
Location	Start	Day	Time	Code	
Wave Pool	Apr 4	Th	6:00PM-8:00PM	414368	
Wave Pool	Apr 9	M	6:00PM-8:00PM	414367	
Needham	Apr 4	W	5:00PM-7:00PM	416995	

Bronze Cross					
Location	Start	Day	Time	Code	
Bedford Pool	Jul 16	M-F	9:00AM-11:00AM	414942	
Bedford Pool	Aug 13	M-F	9:00AM-11:00AM	414943	

Water Safety Instructor Crash Course Age: 15+

This leadership course will train the participant in both Water Safety Instructor. Proof of age must be provided to the instructor on the first class. This course will prepare & train candidates to be fully certified Red Cross Swim Instructors at the successful completion of the course. No previous training is required, but candidates should be able to swim comfortably for 500 meters.

\$203 all materials included **10 Classes or 1 Week**

Water Safety Instructor Crash Course					
Location	Start	Day	Time	Code	
Wave Pool	Apr 4	W	5:00PM-9:00PM	414366	

Water Safety Instructor Crash Course					
Location	Start	Day	Time	Code	
Wave Pool	Jul 3	Tu-Sa	9:00PM-4:00PM	414604	

National Lifeguard

National Lifeguard Course is the Nationally recognized Lifeguard Training. It is a world leading course and the minimum level of certification for lifeguards. Deals with aspects of team building, water chemistry, public relations legal liability, emergency prevention, rescue and follow-up. Standard First Aid is also included in this course. National Lifeguard Service Prerequisite - Minimum age of 16 years old and a current Bronze Cross Award.

\$206 includes materials/exam fees **10 Classes or 1 Week**

National Lifeguard					
Location	Start	Day	Time	Code	
Wave Pool	Apr 28	M-F	4:00PM-8:00PM	416999	

National Lifeguard					
Location	Start	Day	Time	Code	
Wave Pool	Jul 9	M-F	9:00PM-4:00PM	414604	

ADULT

Learn To Swim

Age: 18 & Up

Introduction to water movement & basic swimming skills for adult non-swimmers with a goal of becoming more comfortable in water. Participants who can already float or swim will work on learning front crawl & becoming comfortable with deep water. All participants are able to decide which skills they would like to work on & are encouraged to go at their own pace.

\$66 Adult

\$51 Senior 10 Lessons

Learn To Swim

Location	Start	Day	Time	Code
Wave Pool	Apr 3	Tu	8:00PM-8:30PM	413814
Wave Pool	Apr 3	Tu	12:00PM-12:30PM	415045
Wave Pool	Apr 6	F	12:00PM-12:30PM	413815
Needham	Apr 5	Th	7:30PM-8:15PM	416881

Learn to Swim

Location	Start	Day	Time	Code
Needham	Jul 3	Tu	7:30PM-8:15PM	416842

Stroke Improvement

Age: 18 & Up

Participants will focus on setting goals to improve stroke technique, endurance & speed, & swim workouts. Prerequisite: Ability to swim comfortably on front & back in shallow & deep water.

\$66 Adult

\$51 Senior 10 Lessons

Stroke Improvement

Location	Start	Day	Time	Code
Needham	Apr 5	Th	7:30PM-8:15PM	416992

Stroke Improvement

Location	Start	Day	Time	Code
Needham	Jul 3	Tu	7:30PM-8:15PM	416880



POOL PROGRAMS

SACKVILLE SPORTS STADIUM

409 Glendale Drive, Lower Sackville, NS, B4C 2T6

Phone: 902.869.4141

thestadium.ca



The Sackville Sports Stadium offers programs and services in the areas of aquatic, fitness, sport, wellness, arts, crafts, outdoor education, and general leisure programs.

Swimming Lessons, Aquatic Leadership, First Aid Programs, Kindai Bujitsu, Dance, Gymnastics, Bootcamps, Fitness Classes, Chair Fit & Yoga, Indoor Cycling, Pilates, Inservice Day Camps, Pool Parties, Music Lessons, Mixed Media, Digital SLR & Nature, & so much more.

COMMUNITY NEIGHBOURHOOD FACILITIES

Community Neighbourhood Facilities	Address	Phone
Alderney Landing	2 Octerloney Street, Dartmouth	902.461.4698
Bay Community Centre	11 Station Rd, Head of St. Margaret's Bay	902.826.7900
Beaver Bank Kinsac Community Centre	1583 Beaver Bank Road, Beaver Bank	902.865.5114
Bicentennial Theatre & Community Centre	12390 Highway #224, Middle Musquodoboit	902.384.2819 / 902.384.2048
Canada Games Centre	26 Thomas Raddall Drive, Halifax	902.490.2400
Carroll's Corner Community Centre	9 Milford Road, Carroll's Corner	902.758.3753
Centennial Pool	1970 Gottingen Street, Halifax	902.490.7219
Cole Harbour Place	51 Forest Hills Parkway, Dartmouth	902.464.5100
Cole Harbour Outdoor Pool & Tennis Courts	609 Colby Drive, Cole Harbour	902.462.8877 (July & August)
Dartmouth Sportsplex	110 Wyse Road, Dartmouth	902.464.2600
East Dartmouth Community Centre	50 Caledonia Road, Dartmouth	902.435.6211
East Preston Recreation Centre	24 Brooks Drive, East Preston	902.435.9894
Halifax Forum	2901 Windsor Street, Halifax	902.490.4614
Harrietsfield/Williamswood Community Centre	1138 Old Sambro Road, Harrietsfield	902.446.4847
Lake Echo Community Recreation Centre	3168 Highway # 7, Lake Echo	902.829.2512
Lake & Shore Community Recreation Centre	40 Inspiration Drive, Porters Lake	902.827.2700
Meagher's Grant Recreation Hall	4413 Highway # 357, Meagher's Grant	902.384.2672
Moser River Community Hall	28975 Highway # 7, Moser River	902.347.2114
North Woodside Community Centre	230 Pleasant Street, Dartmouth	902.463.9276
Prospect Road Community Centre	2141 Prospect Road, Hatchet Lake	902.852.2711
Sackville Heights Community & Cultural Centre	45 Connolly Road, Lower Sackville	902.869.4764
Sackville Sports Stadium	409 Glendale Drive, Lower Sackville	902.869.4141
Samuel R. Balcom Community Centre	25718 Hwy # 7, RR 1, Port Dufferin	902.654.2512
Sheet Harbour Lions Community Centre	183 Pool Road, Sheet Harbour	902.885.2280
Springfield Lake Community Centre	266 Lakeview Avenue, Middle Sackville	902.865.9449
St. Margaret's Centre	12 Westwood Blvd, Upper Tantallon	902.826.2100
Upper Sackville Recreation Facility/ Weir Field	2476 Sackville Drive, Upper Sackville	902.865.9449
Upper Hammonds Plains Community Centre	711 Pockwock Road, Hammonds Plains	902.835.3511
Wallace Lucas Community Centre	596 Lucasville Road, Lucasville	902.865.0944
West Chezzetcook/Ste. Therese Community Centre	17 Conrod Road, West Chezzetcook	902.827.1902

POLICIES & GUIDELINES

Administration of Medication

If a program participant requires medication to be administered or stored by staff during the program, please complete the Administration of Medication form available at your recreation centre. These forms are to be filled out by a parent/guardian & returned to the centre prior to the start of the program.

Age Policies

Program participants must meet the required age within one month following the start of the program. Please note that some programs may be exempt from this policy due to guidelines set by outside governing agencies.

55+ (Senior's Discount)

Individuals are eligible to receive a 25% senior's discount on adult fee programs.

Course Requirements

All participants must meet the course requirements stated in the recreation catalogue. If the participant does not meet course requirements, they may call their local recreation centre to speak to a program supervisor for clarification & review.

NSF Cheques

Halifax Regional Municipality charges an NSF Fee (non sufficient funds fee) on cheques. You will be required to pay by cash, or debit/credit card following notification of the NSF, plus the NSF fee.

Payment Options

Payment plans are available by calling your local recreation centre. If your financial circumstances make it difficult for you to pay the full fee for a program, call your local recreation centre. Various options are available.

Program Changes

Due to the advanced printing of the recreation catalogue, fees, dates, times, & program locations are subject to change. For the most-up-to-date information on recreation programs, visit halifax.ca/RecConnect

Program Cancellation

Halifax Regional Municipality reserves the right to cancel any program or change class times and/or locations. Do not wait until the last minute to register, as programs with low registration may be cancelled. If the program is cancelled, a refund will be given automatically & pro-rated, if applicable.

Class Cancellation

There are times when Halifax Regional Municipality must cancel an individual class due to inclement weather or instructor or facility related conflicts. In this occurrence, every effort will be made to reschedule the cancelled classes. If classes cannot be rescheduled, a credit will be placed on your account for future use. Account credits must be used within one year from date of issue. Credits over \$5 will be refunded. Credits under \$5 will be removed from the account.

Refund Policy

Halifax Regional Municipality is committed to the satisfaction of all participants in our recreation programs. Participants requesting to withdraw from the program or class, must refer to the following policy:

Programs/Classes - Refund & Cancellation Policy

- Participants enrolled in a program or class may withdraw online, on the phone or in person up to five days prior to the program start date.
- Within five days prior to the start date, refunds will only be issued if a waiting list is active for the program and the spot is able to be filled. Please contact the Recreation Centre to request a refund.
- If due to unforeseen circumstances or if you are unsatisfied with the program, please contact the Recreation centre to discuss your eligibility for a refund. Once the program has begun, a pro-rated refund will be issued.
- Halifax Regional Municipality Recreation Programming reserves the right to cancel programs or classes if minimum registration numbers are not obtained prior to the start date. In this case a full refund will be issued.

Scent FREE

We support a scent FREE environment. Please do not wear perfume, scented hairspray, cologne, scented deodorant, aftershave or other scented products while in our facilities.

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REGISTRATION

Spring Programs

March 7 - Beginning at 10 a.m.
Preschool, Child, Youth & Adult Programs
(Excluding Aquatic Programs)

March 21 - Beginning at 10 a.m.
Aquatic Programs

Summer Programs

March 28 - Beginning at 10 a.m.
Preschool, Child, Youth & Adult Programs
(Excluding Aquatic Programs)

June 6 & July 11 - Beginning at 10 a.m.
Aquatic Programs

HOW TO REGISTER

Online
halifax.ca/RecConnect

Phone
902.490.6666

**Recreation
Centres**

What You Need:

- A RecConnect login ID & Family PIN
- Course codes for 1st choice & alternates
- A valid credit card (VISA, Mastercard, American Express) & expiry date
- Course codes for 1st choice & alternates
- A valid credit card (VISA, Mastercard, American Express) & expiry date
- Cash, cheque, debit card, or a valid credit card (VISA, Mastercard, American Express) & expiry date

1. Ensure your account is set up for online registration prior to the registration date.
2. Remember to have your credit card & course code ready.
3. Browse through the catalogue & make any program inquiries prior to the start of registration for each season.

POPULAR PROGRAMS FILL QUICKLY THROUGH ONLINE & PHONE REGISTRATION.

Join us on the Emera Oval



Come try out our:

- Inline skates
- Roller Skates
- Bikes
- Walking poles
- Scooters
- Plasma Cars
- Trikes
- Roller Racers and more

Adapted Equipment Program

- Adapted bikes/trikes
- All Terrain Wheelchairs
- Adapted Scooters
- PlasmaCars
- Roller Racers
- Handcycles and much more

Rentals are FREE with a valid Government issued ID.

For spring and summer schedules check us out at halifax.ca/rec or our hotline for daily updates at 902.490.2347