

BEDFORD/ HAMMOND'S PLAINS

LeBrun Recreation Centre

36 Holland Avenue Phone: 902.490.4665

Bedford-Hammonds Plains Community Centre

202 Innovation Drive Phone: 902.490.4238



Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
Preschool									
Dance/Music/Drama									
Dance - Zumba Kids Jr	4-6	Mon	17:15	45	LeBrun Recreation Centre	8	00005172	14-Jan-2019	\$24.00
Dance - Zumba Kids	7-11	Mon	18:15	45	LeBrun Recreation Centre	10	00002259	14-Jan-2019	\$24.40
Dance - Creative Movement	3-4	Tue	16:30	45	Bedford Hammonds Plains Community Centre	10	00005108	08-Jan-2019	\$30.00
Dance - Creative Movement	3-4	Tue	17:15	45	Bedford Hammonds Plains Community Centre	10	00005109	08-Jan-2019	\$30.00
Dance - Creative Movement	3-4	Sat	11:15	45	Bedford Hammonds Plains Community Centre	10	00005113	12-Jan-2019	\$30.00
Dance - Pre Ballet	3-5	Sat	09:00	45	LeBrun Recreation Centre	8	00005166	19-Jan-2019	\$24.00
Dance - Intro to Dance	3-5	Sat	09:45	45	LeBrun Recreation Centre	8	00005167	19-Jan-2019	\$24.00
Dance - Intro to dance	3-5	Sat	11:30	45	LeBrun Recreation Centre	8	00005169	19-Jan-2019	\$24.00
Dance - Pre Ballet	3-5	Mon	17:45	45	LeBrun Recreation Centre	8	00005162	14-Jan-2019	\$24.00
Dance - Pre Ballet	3-5	Sat	12:30	45	LeBrun Recreation Centre	8	00005170	19-Jan-2019	\$24.00
Dance - Hip Hop	4-5	Thu	16:00	45	Bedford Hammonds Plains Community Centre	10	00005110	10-Jan-2019	\$30.00
Parent and Tot - Playtime	18m-3yrs	Mon	09:15	120	LeBrun Recreation Centre	8	00005191	14-Jan-2019	49.28
Parent and Tot- Playtime	18m-3yrs	Wed	09:15	120	LeBrun Recreation Centre	8	00005193	16-Jan-2019	49.28
Parent & Tot- Playtime	18m-3yrs	Fri	09:15	120	LeBrun Recreation Centre	8	00005195	18-Jan-2019	49.28
Parent and Tot - gym time	18m-4	Tues	09:30	60	Bedford Hammonds Plains Community Centre	10	00005127	8-Jan-2019	\$24.70
Parent and Tot - gym time	18m-4	Tues	10:45	60	Bedford Hammonds Plains Community Centre	10	00005128	8-Jan-2019	\$24.70
Parent & Tots - yoga	1-4	Sat	09:30	45	Bedford Hammonds Plains Community Centre	10	00005095	12-Jan-2019	\$24.30
Parent & Tots - yoga	1-4	Sat	11:15	45	Bedford Hammonds Plains Community Centre	10	00005097	12-Jan-2019	\$24.30
Preschooler Play - ABC & Me	3-4	M,W&F	09:00	150	Bedford Hammonds Plains Community Centre	30	00005125	7-Jan-2019	\$231
Preschooler Play - ABC & Me	3-4	Tu/Th	09:00	150	Bedford Hammonds Plains Community Centre	20	00005126	8-Jan-2019	\$154
Preschooler Play - ABC & Me	3-5 yrs	Tues	09:00	120	LeBrun Recreation Centre	16	00005192	15-Jan-2019	204.84

Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
Preschooler Play– Nature Walks and Campfire Songs	3.5-5.5 yrs	Wed	12:30	105	LeBrun Recreation Centre	8	00005194	16-Jan-2019	59.40
Sports									
Basketball	4-5	Fri	17:00	30	Bedford Hammonds Plains Community Centre	10	00005142	11-Jan-2019	\$16.90
Basketball	4-5	Fri	17:30	30	Bedford Hammonds Plains Community Centre	10	00005144	11-Jan-2019	\$16.90
Soccer	3-4	Mon	16:00	30	Bedford Hammonds Plains Community Centre	10	00005131	07-Jan-2019	\$16.90
Soccer - Little Kickers	3-4	Sat	09:00	30	LeBrun Recreation Centre	8	00005201	19-Jan-2019	\$14.00
Soccer - Little Kickers	3-4	Sat	09:30	30	LeBrun Recreation Centre	8	00005202	19-Jan-2019	\$14.00
Soccer	3-5	Mon	16:30	30	Bedford Hammonds Plains Community Centre	10	00005132	07-Jan-2019	\$16.90
Soccer	3-5	Thu	17:00	45	Basinview Drive Community Elementary School	8	00005196	17-Jan-2019	\$28.00
Gymnastics - Tumblebugs	3-4	Sun	15:00	45	Bedford Hammonds Plains Community Centre	10	00005146	13-Jan-2019	\$27.70
Gymnastics - Tumblebugs	3-4	Sun	13:00	45	Bedford Hammonds Plains Community Centre	10	00005145	13-Jan-2019	\$27.70
Gymnastics - Tumblebugs	4-5	Sun	14:00	45	Bedford Hammonds Plains Community Centre	10	00005147	13-Jan-2019	\$27.70
Gymnastics - Tumblebugs	4-5	Sun	12:00	45	Bedford Hammonds Plains Community Centre	10	00005143	13-Jan-2019	\$27.70

Child									
Art									
Arts & Crafts yrs	5-8	Tue	18:15	45	LeBrun Recreation Centre	8	00005157	15-Jan-2019	\$20.32
Arts & Crafts - Child Art	6-8	Wed	17:00	60	Bedford Hammonds Plains Community Centre	10	00003567	09-Jan-2019	\$33.90
Arts & Crafts - Sketch & Draw	8-11	Sat	11:00	60	LeBrun Recreation Centre	8	00005158	19-Jan-2019	\$27.12
Arts & Crafts - Sketch & Draw	8-11	Sat	10:00	60	LeBrun Recreation Centre	8	00005159	19-Jan-2019	\$27.12
Arts & Crafts - Child Art	8-9	Wed	18:00	60	Bedford Hammonds Plains Community Centre	10	00003566	09-Jan-2019	\$33.90
Arts & Crafts - Child Art	9-12	Wed	19:00	60	Bedford Hammonds Plains Community Centre	10	00003568	09-Jan-2019	\$33.90
Cooking - Kids Cooking	8-10	Wed	17:00	120	Bedford Hammonds Plains Community Centre	10	00005120	09-Jan-2019	\$74.00
Cooking - Kids Cooking	6-7	Wed	17:00	120	Bedford Hammonds Plains Community Centre	8	CODE?	10-Jan-2019	\$COST
Dance/Music/Drama									
Dance - Hip Hop	5-6	Thu	17:00	60	Bedford Hammonds Plains Community Centre	10	00005111	10-Jan-2019	\$40.00
Dance - Hip Hop	7-9	Thu	18:00	60	Bedford Hammonds Plains Community Centre	10	00005112	10-Jan-2019	\$40.00
Dance - Highland Dance	5-7	Mon	18:00	60	LeBrun Recreation Centre	8	00005224	14-Jan-2019	\$32.00
Dance - Hip Hop	5-7	Thu	17:00	60	LeBrun Recreation Centre	8	00005163	17-Jan-2019	\$32.00
Dance - Intro Ballet	5-7	Sat	10:30	60	LeBrun Recreation Centre	8	00005168	19-Jan-2019	\$32.00
Dance - Lyrical and Jazz	7-9	Sat	10:15	60	Bedford Hammonds Plains Community Centre	10	00005114	12-Jan-2019	\$40.00
Dance - Highland Dance	8-10	Mon	19:00	60	LeBrun Recreation Centre	8	00005227	14-Jan-2019	\$32.00

Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
Dance - Hip Hop	8-11	Thu	18:00	60	LeBrun Recreation Centre	8	00005226	17-Jan-2019	\$32.00
Drama - Discover Drama	8-10	Mon	18:30	60	LeBrun Recreation Centre	8	00005164	14-Jan-2019	\$29.60
Fitness/Wellness									
Yoga - Parent & Child	5-8	Sat	10:15	60	Bedford Hammonds Plains Community Centre	10	00005096	12-Jan-2019	\$32.40
Yoga	6-12	Mon	16:45	60	Bedford Hammonds Plains Community Centre	10	00005099	07-Jan-2019	\$32.40
Sports									
Badminton	9-12	Wed	17:00	90	Bedford Hammonds Plains Community Centre	10	00005137	09-Jan-2019	\$50.80
Basketball - Jr NBA Basketball	5-7	Tue	17:00	60	Bedford Hammonds Plains Community Centre	10	00005134	08-Jan-2019	\$45.68
Basketball - Jr NBA Basketball	5-7	Thu	17:00	60	Bedford Hammonds Plains Community Centre	10	00005140	03-Jan-2019	\$45.68
Basketball - Mini Basketball	5-7	Sat	11:00	60	LeBrun Recreation Centre	8	00005203	19-Jan-2019	\$28.00
Basketball - Mini Basketball	5-7	Sat	13:00	60	LeBrun Recreation Centre	8	00005206	19-Jan-2019	\$28.00
Basketball	8-10	Thu	16:00	60	Bedford Hammonds Plains Community Centre	10	00005139	10-Jan-2019	\$33.90
Basketball - Mini Basketball	8-10	Sat	12:00	60	LeBrun Recreation Centre	8	00005205	19-Jan-2019	\$28.00
Floor Hockey	5-7	Wed	17:00	60	LeBrun Recreation Centre	8	00005198	16-Jan-2019	\$28.00
Floor Hockey	8-11	Wed	18:00	60	LeBrun Recreation Centre	8	00005199	16-Jan-2019	\$28.00
Martial Arts - Tae Kwon Do	6-11	Mon	18:00	60	Basinview Drive Community Elementary School	8	00005173	14-Jan-2019	\$30.00
Sledge Hockey: Learn to Sledge, Easter Seals NS	4-15 yrs	Sat	10:00	60	LeBrun Recreation Centre	12	00005187	05-Jan-2019	\$34.00
Soccer	5-7	Sat	10:00	60	LeBrun Recreation Centre	8	00005204	19-Jan-2019	\$34.00
Soccer - Kicks for kids	5-7	Mon	17:00	60	Bedford Hammonds Plains Community Centre	10	00005133	07-Jan-2019	\$33.90
Soccer	6-8	Thu	18:00	45	Basinview Drive Community Elementary School	8	00005186	17-Jan-2019	\$28.00
Soccer	9-11	Thu	19:00	45	Basinview Drive Community Elementary School	8	00005185	17-Jan-2019	\$28.00
Sport Grades P &1 - Bedford Multi-Sport	5-7	Tue	17:00	60	Bedford Hammonds Plains Community Centre	10	00005149	08-Jan-2019	\$27.70
Volleyball	6-8	Tue	18:00	60	Bedford Hammonds Plains Community Centre	10	00005136	08-Jan-2019	\$33.90
Volleyball	9-12	Tue	19:00	60	Bedford Hammonds Plains Community Centre	10	00005135	08-Jan-2019	\$33.90

Youth									
Art									
Arts & Crafts - Comics & Visual Arts	12-15	Sat	12:00	120	LeBrun Recreation Centre	8	00003159	19-Jan-2019	\$54.24
Fitness/Wellness									
Yoga	12-18	Mon	15:40	60	Bedford Hammonds Plains Community Centre	10	00005100	07-Jan-2019	\$32.40

Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
Dance/Music/Drama									
Dance - Hip Hop		Thu	19:00	60	LeBrun Recreation Centre	8	00005165	17-Jan-2019	\$32.00
Sport									
Badminton	12-17	Wed	18:30	90	Bedford Hammonds Plains Community Centre	10	00005138	09-Jan-2019	\$50.80
Floor Hockey	12-15	Wed	19:00	60	LeBrun Recreation Centre	8	00005200	16-Jan-2019	\$28.00
Training									
Youth - Babysitter's Training	11-14	Sat	09:00	420	LeBrun Recreation Centre	1	00005228	23-Feb-2019	\$37.00
Camps									
March Break Camp	5-11	Mon	08:00	540	Bedford Hammonds Plains Community Centre	5	00005085	18-Mar-2019	\$120.75

Adult									
Art									
Arts & Craft - Acrylic Painting	16	Mon	19:00	120	Bedford Hammonds Plains Community Centre	10	00003565	07-Jan-2019	\$96.60
Arts & Craft - Acrylic Painting	16	Thu	13:00	120	Bedford Hammonds Plains Community Centre	10	00003569	10-Jan-2019	\$96.60
Arts & Craft - Acrylic Painting	16	Sun	18:00	120	Bedford Hammonds Plains Community Centre	10	00003572	06-Jan-2019	\$96.60
Arts & Crafts - Sketch and Draw	18	Mon	19:00	120	LeBrun Recreation Centre	8	00005222	14-Jan-2019	\$68.08
Arts & Crafts - Sketch and Draw	18	Tue	19:00	120	LeBrun Recreation Centre	8	00005223	15-Jan-2019	\$68.08
Arts & Crafts - Watercolours	18	Fri	13:00	120	Bedford Hammonds Plains Community Centre	10	00003571	11-Jan-2019	\$96.60
Painting - Mixed Media	18	Tue	09:30	150	Bedford Hammonds Plains Community Centre	10	00003570	08-Jan-2019	\$106.45
Photography - Digital Photography	16	Wed	19:00	120	Bedford Hammonds Plains Community Centre	10	00005123	09-Jan-2019	\$85.10
Photography - Photoshop	16	Mon	19:00	120	Bedford Hammonds Plains Community Centre	10	00005121	07-Jan-2019	\$85.10
Fitness/Wellness									
Fitness - Strong Express by Zumba		Mon	12:10	30	Bedford Hammonds Plains Community Centre	10	00005090	07-Jan-2019	\$21.30
Fitness - Chair yoga	16	Tue	14:00	60	Bedford Hammonds Plains Community Centre	10	00005101	08-Jan-2019	\$49.70
Fitness - Active Seniors	53	Mon	14:00	60	Bedford Hammonds Plains Community Centre	10	00005098	07-Jan-2019	\$42.60
Fitness - Active Seniors	53	Thu	14:00	60	Bedford Hammonds Plains Community Centre	10	00005103	10-Jan-2019	\$42.60
Fitness - Boot Camp	16	Mon	18:00	60	Bedford Hammonds Plains Community Centre	10	00005086	07-Jan-2019	\$49.70
Fitness - Boot Camp	16	Wed	18:30	60	Bedford Hammonds Plains Community Centre	10	00005089	09-Jan-2019	\$49.70
Fitness - Ladies Fit Club	18	Tue	09:30	120	LeBrun Recreation Centre	36	00005177	15-Jan-2019	\$153.18
Fitness - Ladies Fit Club	18	Tue	09:30	120	LeBrun Recreation Centre	18	00005178	15-Jan-2019	\$76.68
Fitness - Ladies Fit Club	18	Thu	09:30	120	LeBrun Recreation Centre	18	00005183	17-Jan-2019	\$76.68

Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
Fitness - Men's Basketball	18	Tue	20:00	120	Basinview Drive Community Elementary School	18	00005180	15-Jan-2019	\$128.00
Fitness - Strong by Zumba	16	Tue	18:15	60	Bedford Hammonds Plains Community Centre	10	00005092	08-Jan-2019	\$50.00
Fitness - Tai Chi	16	Thu	19:00	90	Bedford Hammonds Plains Community Centre	10	00005141	10-Jan-2019	\$53.10
Fitness - Tai Chi	18	Mon	09:00	90	LeBrun Recreation Centre	8	00005207	14-Jan-2019	\$42.50
Fitness - Tai Chi	18	Thu	09:00	90	LeBrun Recreation Centre	8	00005208	17-Jan-2019	\$42.50
Fitness - Tai Chi	18	Mon	09:00	90	LeBrun Recreation Centre	16	00005220	14-Jan-2019	\$85.01
Fitness - Tai Chi	18	Tue	18:30	90	LeBrun Recreation Centre	16	00005221	15-Jan-2019	\$85.01
Fitness - Zumba	18	Mon	09:30	60	Bedford Hammonds Plains Community Centre	10	00005087	07-Jan-2019	\$50.00
Fitness - Zumba	16	Tue	19:15	60	Bedford Hammonds Plains Community Centre	10	00005091	08-Jan-2019	\$50.00
Fitness - Zumba	16	Thu	19:00	60	Bedford Hammonds Plains Community Centre	10	00005093	10-Jan-2019	\$50.00
Fitness - Zumba	18	Fri	09:30	60	Bedford Hammonds Plains Community Centre	10	00005094	11-Jan-2019	\$50.00
Fitness - Zumba	18	Mon	19:15	60	LeBrun Recreation Centre	8	00005175	14-Jan-2019	\$40.00
Fitness - Zumba	18	Wed	18:30	60	LeBrun Recreation Centre	8	00005182	16-Jan-2019	\$40.00
Fitness - Zumba Gold	18	Mon	10:45	45	Bedford Hammonds Plains Community Centre	10	00005088	07-Jan-2019	\$50.00
Nordic Walking	18	Tue	10:00	60	Bedford Hammonds Plains Community Centre	12	00005118	08-Jan-2019	FREE
Nordic Walking	18	Thu	10:00	60	Bedford Hammonds Plains Community Centre	12	00005119	10-Jan-2019	FREE
Yoga	16	Mon	19:00	90	Bedford Hammonds Plains Community Centre	10	00005102	07-Jan-2019	\$74.50
Yoga	16	Thu	19:00	90	Bedford Hammonds Plains Community Centre	10	00005104	10-Jan-2019	\$74.50
Yoga	18	Thu	18:30	75	LeBrun Recreation Centre	8	00005184	17-Jan-2019	\$62.00
Yoga	18	Tue	09:00	90	LeBrun Recreation Centre	8	00005176	15-Jan-2019	\$75.00
Yoga	18	Tue	10:30	90	LeBrun Recreation Centre	8	00005179	15-Jan-2019	\$75.00
Yoga	18	Tue	19:00	90	LeBrun Recreation Centre	8	00005181	15-Jan-2019	\$75.00
Basketball - Men's	18	Mon	20:00	120	Basinview Drive Community Elementary School	16	00005174	14-Jan-2019	\$128.00
Sports									
Pickleball	18	Fri	09:30	120	Bedford Hammonds Plains Community Centre	13	00005130	04-Jan-2019	\$90.30

Drop In Programs - Winter 2019 Bedford Hammonds Plains Community Centre

DROP IN NAME	AGES	DAY	TIME	LOCATION	COST
Child Open gym	5 to 12	Monday	3:30 to 5pm	BHPCC	Free
Child Open gym	5 to 12	Wednesday	3:30 to 5pm	BHPCC	Free
Child Open gym	5 to 12	Friday	3:30 to 5pm	BHPCC	Free
Youth open gym	12 to 18	Tuesday	3:30 to 5pm	BHPCC	Free
Youth open gym	12 to 18	Thursday	3:30 to 6pm	BHPCC	Free
Youth meditation	14 to 18	Tuesday	11:45 to 12:45pm	BHPCC	Free

Youth meditation	14 to 18	Thursday	11:45 to 12:45pm	BHPCC	Free
Nordic walking	20 to 99	Tuesday	10:00 to 11:30	BHPCC	Free
Nordic walking	20 to 99	Friday	10:00 to 11:30	BHPCC	Free
Preschool (parent and tot) open gym	6m to 5y	Thursday	9:30am to 11:30am	BHPCC	Free
Adult open gym	20 to 60	Tuesday	8-10pm	BHPCC	Free
Seniors open gym (pickleball)	55 and up	Wednesday	9:30am to 11:30am	BHPCC	Free
Youth drop in	14 to 18	Monday	11:45 to 12:45pm	BHPCC	Free
Youth drop in	14 to 18	Tuesday	11:45 to 12:45pm	BHPCC	Free
Youth drop in	14 to 18	Wednesday	11:45 to 12:45pm	BHPCC	Free
Youth drop in	14 to 18	Thursday	11:45 to 12:45pm	BHPCC	Free
Youth drop in	14 to 18	Friday	11:45 to 12:45pm	BHPCC	Free
Seniors time	55 and up	Wednesday	1 to 3pm	BHPCC	Free
Indoor walking (gym)	20 to 99	Wednesday	11:45 to 12:45pm	BHPCC	Free
Indoor walking (gym)	20 to 99	Thursday	11:45 to 12:45pm	BHPCC	Free
Exercise bikes	12 to 99	everyday	during open hours	BHPCC	Free
Outdoor Winter Walk (TTROOW event)	all ages	TBA	TBA	TBA	Free