

# EASTERN PASSAGE

Tallahassee Centre

168 Redoubt Way Phone: 902.465.5267



Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
<b>Preschool</b>									
<b>Dance/Music/Drama</b>									
Preschool Dance - Pre Ballet	3-5	Sun	10:45	45	Tallahassee Recreation Centre	8	00005005	13-Jan-2019	\$24.00
Preschool Dance - Hip Hop	3-5	Thu	05:15	45	Tallahassee Recreation Centre	8	00005007	17-Jan-2019	\$24.00
<b>Sports</b>									
Gymnastics - Tumblebugs	3-5	Sat	10:00	45	Tallahassee Recreation Centre	8	00005018	19-Jan-2019	\$22.16
Gymnastics - Tumblebugs	3-5	Sat	11:00	45	Tallahassee Recreation Centre	8	00005021	19-Jan-2019	\$22.16
Parent & Tot - Soccer	2-3	Sat	10:45	45	Tallahassee Recreation Centre	8	00005020	19-Jan-2019	\$20.32
Soccer - Little Kickers	4-5	Sat	11:30	45	Tallahassee Recreation Centre	8	00005019	19-Jan-2019	\$20.32
<b>Play</b>									
Preschool Play (M/W) - Little Steps	3-5	Mon	09:00	120	Tallahassee Recreation Centre	21	00005016	07-Jan-2019	\$129.36
Preschool Play (T/Th) - Little Steps	3-5	Tue	09:00	120	Tallahassee Recreation Centre	22	00005017	08-Jan-2019	\$135.52

<b>Child</b>									
Art Adventures	5-8	Mon	15:30	60	Tallahassee Recreation Centre	8	00005002	14-Jan-2019	\$27.12
Cooking - Fun In The Kitchen	5-7	Wed	15:15	60	Tallahassee Recreation Centre	8	00005013	17-Jan-2019	\$29.60
Cooking - Fun In The Kitchen	8-10	Wed	16:30	60	Tallahassee Recreation Centre	8	00005014	17-Jan-2019	\$29.60
Cooking - Fun In The Kitchen	11-12	Wed	17:45	60	Tallahassee Recreation Centre	8	00005015	17-Jan-2019	\$29.60
<b>Dance/Music/Drama</b>									
Dance - Tap	5-8	Thu	18:00	45	Tallahassee Recreation Centre	8	00005008	17-Jan-2019	\$24.00
Dance - Ballet	5-9	Sun	11:30	60	Tallahassee Recreation Centre	8	00005006	13-Jan-2019	\$32.00
Dance - Hip Hop	6-8	Thu	18:45	45	Tallahassee Recreation Centre	8	00005009	17-Jan-2019	\$24.00

Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
<b>Sports</b>									
Basketball	6-10	Thu	18:30	60	Tallahassee Recreation Centre	8	00005025	17-Jan-2019	\$27.12
Floor Hockey	6-10	Thu	17:30	60	Tallahassee Recreation Centre	8	00005024	17-Jan-2019	\$27.12
Soccer	6-10	Sat	12:30	45	Tallahassee Recreation Centre	8	00005022	19-Jan-2019	\$20.32
Sport - All Sorts of Sports	5-8	Mon	18:00	60	Tallahassee Recreation Centre	8	00005023	14-Jan-2019	\$27.12
<b>Camps</b>									
Day Camp - Inservice (March 8)	5-12	Fri	08:00	540	Tallahassee Recreation Centre	1	00005003	08-Mar-2019	\$21.15
Day Camp - March Break	5-12	Mon	08:00	540	Tallahassee Recreation Centre	5	00005004	18-Mar-2019	\$105.75

<b>Adult</b>									
<b>Fitness/Wellness</b>									
Fitness - Circuit Fitness	18	Mon	09:15	60	Tallahassee Recreation Centre	10	00005010	14-Jan-2019	\$42.60
Yoga - Hatha/Flow Yoga	18	Mon	19:00	75	Tallahassee Recreation Centre	8	00005012	14-Jan-2019	\$49.68
Yoga - Intro to Yoga	18	Mon	18:00	60	Tallahassee Recreation Centre	8	00005011	14-Jan-2019	\$39.74

<b>Drop In Programs - Winter 2019</b>					
DROP IN NAME	AGES	DAY	TIME	LOCATION	COST
PARENT & TOT	1-5	FRIDAY	8:30-11:00AM	TALLAHASSEE	\$5.00
YOGA	18+	TUESDAY	7:00-8:00PM	TALLAHASSEE	\$5.00
BASKETBALL	18+	WEDNESDAY	8:00-10:00PM	ISLAND VIEW HIGH SCHOOL	\$5.00
YOGA	18+	SUNDAY	7:00-8:00PM	TALLAHASSEE	\$5.00
YOGA HIIT	18+	THURSDAY	7:30-8:15PM	TALLAHASSEE	\$5.00
PICKELBALL	18+	SUNDAY	12:00-2:00PM	TALLAHASSEE	\$4.00 SENIOR/\$5.00 ADULT
OPEN GYM	5-8	FRIDAY	6:00-7:30PM	SOUTH WOODSIDE COMMUNITY CENTRE	FREE
OPEN GYM	9-12	FRIDAY	7:30-9:00PM	SOUTH WOODSIDE COMMUNITY CENTRE	FREE
YOUTH NIGHT	GR. 7-9	FRIDAY	6:00-9:00PM	TALLAHASSEE	FREE
YOUTH BASKETBALL	GR. 9-12	FRIDAY	6:00-8:00PM	ISLAND VIEW HIGH SCHOOL	FREE
FAMILY OPEN GYM		SUNDAY	2:00-4:00PM	TALLAHASSEE	FREE