

SHEET HARBOUR

East Ship Harbour to Ecum Secum

22756 Highway #7 Bluewater Building

Phone: 902.885.2988 Toll FREE 1.866.522.2422



Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
Preschool									
Art									
Stories & Crafts	3-5	Tue	10:45	60	Sheet Harbour Recreation Office	8	00005387	08-Jan-2019	FREE
Dance/Music/Drama									
Ballet	3-5	Thu	16:15	45	Sheet Harbour Recreation Office	8	00005388	10-Jan-2019	\$24.00

Child									
Art									
Cooking - Kid Active Cooking Club	8-12	Mon	15:00	120	Sheet Harbour Recreation Office	1	00005399	14-Jan-2019	\$12.45
Cooking - Kid Active Cooking Club	8-12	Mon	15:00	120	Sheet Harbour Recreation Office	1	00005400	11-Feb-2019	\$7.40
Cooking - Kid Active Cooking Club	8-12	Mon	15:00	120	Sheet Harbour Recreation Office	1	00005401	11-Mar-2019	\$7.40
Kidz in the Kitchen	5-7	Mon	15:00	90	Sheet Harbour Recreation Office	1	00005402	04-Feb-2019	\$10.55
Dance/Music/Drama									
Dance - Ballet	4-12	Thu	15:00	60	Sheet Harbour Recreation Office	8	00005389	10-Jan-2019	\$32.00
Sports									
Sports - All Sorts of Sports	5-8	Wed	18:00	60	Sheet Harbour Recreation Office	6	00005390	16-Jan-2019	\$20.34
Sport - All Sports	9-12	Wed	18:00	90	Sheet Harbour Recreation Office	6	00005391	16-Jan-2019	\$30.48

Course Name	Age	Day	Start Time	Minutes	Course Location	Sessions	Course Code	Start Date	Cost
Youth									
Youth Trip - Ski Wentworth	12-18	Sat	08:30	720	Sheet Harbour Recreation Office	1	00005432	12-Jan-2019	\$35.00
Youth Trip - Ski Wentworth	12-18	Sat	08:30	720	Sheet Harbour Recreation Office	1	00005465	26-Jan-2019	\$35.00
Youth Trip - Ski Wentworth	12-18	Sat	08:30	720	Sheet Harbour Recreation Office	1	00005466	09-Feb-2019	\$35.00
Youth Trip - Ski Wentworth	12-18	Sat	08:30	720	Sheet Harbour Recreation Office	1	00005467	23-Feb-2019	\$35.00
Youth Trip - Ski Wentworth	12-18	Sat	08:30	720	Sheet Harbour Recreation Office	1	00005468	09-Mar-2019	\$35.00
Youth Trip - Ski Wentworth	12-18	Sat	08:30	720	Sheet Harbour Recreation Office	1	00005469	23-Mar-2019	\$35.00

Adult									
Fitness/ Wellness									
Yoga - Chair Yoga	18	Wed	14:00	60	Sheet Harbour Recreation Office	10	00005436	09-Jan-2019	\$49.70
Yoga - Chair Yoga	18	Fri	14:00	60	Sheet Harbour Recreation Office	10	00005437	11-Jan-2019	\$49.70
Yoga - Gentle Yoga	18	Wed	12:50	60	Sheet Harbour Recreation Office	10	00005438	09-Jan-2019	\$49.70
Trips									
Day Trip - Walk, Swim, Skate Recreate	16	Wed	09:00	420	Sheet Harbour Recreation Office	1	00005444	30-Jan-2019	\$20.00
Day Trip - Walk, Swim, Skate Recreate	16	Wed	09:00	420	Sheet Harbour Recreation Office	1	00005445	27-Feb-2019	\$20.00
Day Trip - Walk, Swim, Skate Recreate	16	Wed	09:00	420	Sheet Harbour Recreation Office	1	00005446	27-Mar-2019	\$20.00
Day Trip - Truro Shopping	18	Wed	09:00	480	Sheet Harbour Recreation Office	1	00005487	13-Feb-2019	\$15.00
Trip - Bowling	16	Sun	14:00	300	Sheet Harbour Recreation Office	1	00005488	27-Jan-2019	\$15.00
Trip - Bowling	16	Sun	14:00	300	Sheet Harbour Recreation Office	1	00005490	10-Feb-2019	\$15.00
Trip - Bowling	16	Sun	14:00	300	Sheet Harbour Recreation Office	1	00005491	10-Mar-2019	\$15.00

Drop In Programs - Winter 2019					
DROP IN NAME	AGES	DAY	TIME	LOCATION	COST
Parent & Tot Open Gym	18M +	M	17:00	Duncan MacMillan High School	FREE
Open Gym	10+	M	19:00	Duncan MacMillan High School	FREE
Open Gym	10+	W	19:30	Duncan MacMillan High School	FREE
Open Gym	ALL	F	18:00	Duncan MacMillan High School	FREE
Happy Heart Celebration	1 +	W	15:30	Sheet Harbour Public Library	FREE