

**Fall 2020**

# **BEDFORD/ HAMMONDS PLAINS**

## **LeBrun Centre**

36 Holland Avenue Phone: 902.490.4665

## **Bedford-Hammonds Plains Community Centre**

202 Innovation Drive Phone: 902.490.4238



**HALIFAX**

# BEDFORD/HAMMONDS PLAINS

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Time	Code	Fee
<b>PRESCHOOL</b>									
Dance - Ballet	3-5	M	05:45 PM	45min	LeBrun Recreation Centre	8	19-Oct	00030486	\$24.00
Dance - Ballet	3-5	Sa	01:00 PM	45min	LeBrun Recreation Centre	8	24-Oct	00030487	\$24.00
Dance - Ballet	3-5	Sa	9:00 AM	45min	LeBrun Recreation Centre	8	24-Oct	00030483	\$24.00
Dance - Creative Movement	3-4	Tu	04:30 PM	45min	Bedford Hammonds Plains Community Centre	8	20-Oct	00029089	\$24.00
Dance - Creative Movement	3-5	Tu	05:30 PM	45min	Bedford Hammonds Plains Community Centre	8	20-Oct	00029090	\$24.00
Dance - Hip Hop	4-5	W	05:00 PM	45min	Bedford Hammonds Plains Community Centre	7	21-Oct	00029091	\$21.00
Dance - Intro to Dance	3-5	Sa	10:00 AM	45min	LeBrun Recreation Centre	8	24-Oct	00030484	\$24.00
Dance - Intro to Dance	3-5	Sa	12:00 PM	45min	LeBrun Recreation Centre	8	24-Oct	00030485	\$24.00
Preschooler Play, Outdoor Time	3-5	Tu	9:30 AM	1hr	LeBrun Recreation Centre	8	20-Oct	00030511	\$39.52
Preschooler Play, Outdoor Time	3-5	Th	9:30 AM	1hr	LeBrun Recreation Centre	8	22-Oct	00033215	\$39.52
Basketball	4-5	F	05:00 PM	45min	Bedford Hammonds Plains Community Centre	8	23-Oct	00029086	\$20.32
Basketball	4-5	F	04:00 PM	45min	Bedford Hammonds Plains Community Centre	8	23-Oct	00029087	\$20.32
Gymnastics - Tumblebugs	4-5	Su	12:00 PM	45min	Bedford Hammonds Plains Community Centre	8	18-Oct	00029106	\$22.16
Gymnastics - Tumblebugs	3-5	Su	02:30 PM	45min	Bedford Hammonds Plains Community Centre	8	18-Oct	00029107	\$22.16
Gymnastics - Tumblebugs	3-4	Su	01:15 PM	45min	Bedford Hammonds Plains Community Centre	8	18-Oct	00029105	\$22.16
Soccer	3-5	M	04:45 PM	30min	Bedford Hammonds Plains Community Centre	8	19-Oct	00029118	\$13.52
Soccer - Parent & Tot	1-3	M	04:00 PM	30min	Bedford Hammonds Plains Community Centre	8	19-Oct	00029172	\$13.52
Soccer	3-5	Th	05:00 PM	45min	LeBrun Recreation Centre	8	22-Oct	00030514	\$18.48
Soccer - Little Kickers	3-4	Sa	9:15 AM	45min	LeBrun Recreation Centre	8	24-Oct	00030513	\$13.52
Yoga - Parent & Tot	1-4	Sa	9:30 AM	45min	Bedford Hammonds Plains Community Centre	8	24-Oct	00029109	\$19.44

<b>CHILD</b>									
Arts & Crafts	5-8	Tu	06:15 PM	45min	LeBrun Recreation Centre	8	20-Oct	00030476	\$20.32
Arts & Crafts - Child Art program	7-9	Sa	10:00AM	1hr	Bedford Hammonds Plains Community Centre	8	24-Oct	00029082	\$27.12
Arts & Crafts - Child Art program	9-12	Sa	11:30AM	1hr	Bedford Hammonds Plains Community Centre	8	24-Oct	00029083	\$27.12
Arts & Crafts - Sketch and Draw	8-11	Sa	10:00 AM	1hr	LeBrun Recreation Centre	8	24-Oct	00030477	\$27.12
Arts & Crafts - Sketch and Draw	8-11	Sa	11:15 AM	1hr	LeBrun Recreation Centre	8	24-Oct	00033429	\$27.12
Dance - Intro Ballet	5-7	Sa	11:00 AM	45min	LeBrun Recreation Centre	8	24-Oct	00030490	\$29.60
Dance - Highland Dance	5-7	M	06:00 PM	1hr	LeBrun Recreation Centre	8	19-Oct	00030488	\$32.00

# BEDFORD/HAMMONDS PLAINS

Dance - Highland Dance	8-10	M	07:00 PM	1hr	LeBrun Recreation Centre	8	19-Oct	00030491	\$22.16
Dance - Hip Hop	5-7	Th	05:00 PM	45min	LeBrun Recreation Centre	8	22-Oct	00030489	\$32.00
Dance - Hip Hop	8-11	Th	06:00 PM	45min	LeBrun Recreation Centre	8	22-Oct	00030492	\$32.00
Dance - Hip Hop	5-6	W	06:00 PM	45min	Bedford Hammonds Plains Community Centre	7	21-Oct	00029092	\$21.00
Dance - Hip Hop	7-9	W	07:00 PM	45min	Bedford Hammonds Plains Community Centre	7	21-Oct	00029093	\$21.00
Dance- Creative Movement	5-7	Tu	06:30 PM	45min	Bedford Hammonds Plains Community Centre	8	20-Oct	00030112	\$24.00
Drama - Discover Drama	8-10	M	06:45 PM	1hr	LeBrun Recreation Centre	8	19-Oct	00030493	\$29.60
Martial Arts - Tae Kwon Do	6-11	W	06:00 PM	1hr	LeBrun Recreation Centre	8	21-Oct	00030505	\$29.60
All Sorts of Sports	5-7	Tu	05:00 PM	45min	Bedford Hammonds Plains Community Centre	8	20-Oct	00029120	\$20.32
Badminton	9-12	W	05:00 PM	1hr 15min	Bedford Hammonds Plains Community Centre	7	21-Oct	00029085	\$29.61
Basketball	8-10	Th	04:00 PM	45min	Bedford Hammonds Plains Community Centre	8	22-Oct	00029088	\$20.32
Basketball	5-7	Th	05:00 PM	45min	Bedford Hammonds Plains Community Centre	8	22-Oct	00030132	\$20.32
Basketball - Mini Basketball	5-7	Sa	11:15 AM	45min	LeBrun Recreation Centre	8	24-Oct	00030479	\$27.12
Basketball - Mini Basketball	8-10	Sa	12:15 PM	45min	LeBrun Recreation Centre	8	24-Oct	00030481	\$27.12
Basketball - Mini Basketball	5-7	Sa	01:15 PM	45min	LeBrun Recreation Centre	8	24-Oct	00030480	\$27.12
Soccer	5-7	M	05:30 PM	45min	Bedford Hammonds Plains Community Centre	8	19-Oct	00029119	\$20.32
Soccer	5-7	Sa	10:15 AM	45min	LeBrun Recreation Centre	8	24-Oct	00030515	\$27.12
Soccer	6-8	Th	06:00 PM	45min	LeBrun Recreation Centre	8	22-Oct	00030516	\$27.12
Soccer	9-11	Th	07:00 PM	45min	LeBrun Recreation Centre	8	22-Oct	00030517	\$27.12
Volleyball	6-8	Tu	06:15 PM	45min	Bedford Hammonds Plains Community Centre	8	20-Oct	00029121	\$20.32
Volleyball	9-12	Tu	07:15 PM	45min	Bedford Hammonds Plains Community Centre	8	20-Oct	00029122	\$20.32
Family Yoga	5+	Sa	11:45 AM	1hr	Bedford Hammonds Plains Community Centre	8	24-Oct	00029110	\$39.74
Yoga	6-12	M	05:00 PM	45min	Bedford Hammonds Plains Community Centre	8	19-Oct	00029129	\$19.44
Yoga - Parent & Child	5-8	Sa	10:30 AM	1hr	Bedford Hammonds Plains Community Centre	8	24-Oct	00029124	\$25.92
Zumba Kids Jr	4-6	M	05:15 PM	45min	LeBrun Recreation Centre	8	19-Oct	00030524	\$19.52
Zumba Kids	7-11	M	06:15 PM	45min	LeBrun Recreation Centre	8	19-Oct	00030525	\$19.52

# BEDFORD/HAMMONDS PLAINS

## YOUTH

Babysitter's Training	11-14	Sa	9:00 AM	7hrs	LeBrun Recreation Centre	1	21-Nov	00030523	\$37.00
Badminton	12-17	W	06:30 PM	1hr 15min	Bedford Hammonds Plains Community Centre	7	21-Oct	00029084	\$24.15
Comics & Visual	12-15.	Sa	12:30 PM	1 hr	LeBrun Recreation Centre	8	24-Oct	00030475	\$54.24
Dance - Hip Hop	12-15	Th	07:00 PM	45min	LeBrun Recreation Centre	8	22-Oct	00030482	\$54.24
Yoga	12-18	M	03:45 PM	1hr	Bedford Hammonds Plains Community Centre	8	19-Oct	00029128	\$25.92

## ADULT

Arts & Crafts - Acrylic Painting	18+	M	06:30 PM	2.5hrs	Bedford Hammonds Plains Community Centre	8	19-Oct	00032678	\$85.12
Arts & Crafts - Mixed Media Painting	18+	Tu	9:30 AM	2.5hrs	Bedford Hammonds Plains Community Centre	8	20-Oct	00029080	\$85.12
Photography - Digital Photography	16+	W	07:00 PM	2hrs	Bedford Hammonds Plains Community Centre	7	21-Oct	00029111	\$59.57
Photography - Photoshop	16+	M	07:00 PM	2hrs	Bedford Hammonds Plains Community Centre	8	19-Oct	00029112	\$68.08
Badminton	18+	W	08:00 PM	2hrs	Bedford Hammonds Plains Community Centre	7	21-Oct	00032784	\$48.65
Introduction to Disc Golf	14+	Th	06:00 PM	1hr	Bedford Hammonds Plains Community Centre	8	22-Oct	00032685	\$28.32
Pickleball	18+	F	9:30 AM	2hrs	Bedford Hammonds Plains Community Centre	8	23-Oct	00029113	\$55.60
Fitness - Active Seniors	55+	M	01:00 PM	1hr	Bedford Hammonds Plains Community Centre	8	19-Oct	00029094	\$34.08
Fitness - Active Seniors	55+	Th	01:00 PM	1hr	Bedford Hammonds Plains Community Centre	8	22-Oct	00029095	\$34.08
Fitness - Pilates	18+	Tu	06:00 PM	1hr	Bedford Hammonds Plains Community Centre	8	20-Oct	00029114	\$34.08
Fitness - Strong	18+	Th	06:00 PM	45min	Bedford Hammonds Plains Community Centre	8	22-Oct	00029098	\$25.52
Fitness - Strong Express	16+	M	12:10 PM	30min	Bedford Hammonds Plains Community Centre	8	19-Oct	00029099	\$17.04
Fitness - Zumba	18+	M	9:30 AM	1hr	Bedford Hammonds Plains Community Centre	8	19-Oct	00029101	\$40.00
Fitness - Zumba	16+	Tu	07:30 PM	1hr	Bedford Hammonds Plains Community Centre	8	20-Oct	00029102	\$40.00
Fitness - Zumba	16+	Th	07:00 PM	1hr	Bedford Hammonds Plains Community Centre	8	22-Oct	00029103	\$40.00
Fitness - Zumba	18+	F	9:30 AM	1hr	Bedford Hammonds Plains Community Centre	8	23-Oct	00029100	\$40.00
Fitness - Zumba	18+	W	06:00 PM	1hr	LeBrun Recreation Centre	8	21-Oct	00030499	\$40.02
Fitness-Brain, Breathe and Body Connection	18+	Tu	07:15 PM	45min	Bedford Hammonds Plains Community Centre	8	20-Oct	00031453	\$25.52
Pilates	18+	Th	06:00 PM	1hr	Bedford Hammonds Plains Community Centre	8	22-Oct	00029115	\$34.08
Yoga	16+	M	07:15 PM	1.5hrs	Bedford Hammonds Plains Community Centre	8	19-Oct	00029123	\$59.60
Yoga - Chair yoga	16+	Tu	02:00 PM	1hr	Bedford Hammonds Plains Community Centre	8	20-Oct	00029126	\$39.76
Yoga - Chair yoga	16+	F	02:00 PM	1hr	Bedford Hammonds Plains Community Centre	8	23-Oct	00029125	\$39.76
Yoga - Gentle	18+	Th	07:15 PM	1hr	Bedford Hammonds Plains Community Centre	8	22-Oct	00031454	\$39.76

# BEDFORD/HAMMONDS PLAINS

Yoga - Mom & Baby	18+	Th	10:30 AM	1hr	Bedford Hammonds Plains Community Centre	8	22-Oct	00029127	\$39.76
Yoga	18+	W	07:15 PM	1hr 30min	LeBrun Recreation Centre	8	21-Oct	30497	\$40.00
Yoga	18+	Tu	9:00 AM	1hr 15min	LeBrun Recreation Centre	8	20-Oct	00030518	\$59.62
Yoga	18+	Tu	10:30 AM	1hr 15min	LeBrun Recreation Centre	8	20-Oct	00030519	\$59.62
Yoga	18+	Th	06:30 PM	1hr 15min	LeBrun Recreation Centre	8	22-Oct	00030520	\$59.62
Yoga - Beginner Intermediate	18+	Tu	07:00 PM	1.5hrs	LeBrun Recreation Centre	8	20-Oct	00030521	\$59.62
Indoor Disc Golf	18+	Th	7:00pm	2 hr	Bedford Hammonds Plains Community Centre	8	22-Oct	00033478	\$55.60

## DROP INS

Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Cost
Walking Club	18+	M-F	12:00PM	45min	Bedford Hammonds Plains Community Centre	19-Oct	FREE
Pickleball Lessons	18+	W	8:30AM	1 hr	Bedford Hammonds Plains Community Centre	21-Oct	FREE
<b>Pickleball Drop In</b>							
Pickleball participation will be by pre-booked appointment only. Please visit the Drop In Bookings page at <a href="http://halifax.ca/MyRec">halifax.ca/MyRec</a> to book your court time. Bookings are available 7 days in advance. For more information, please contact the site directly.	18+	Tue	1:00PM	2 hr	Bedford Hammonds Plains Community Centre	20-Oct	\$5.00
	18+	W	9:30AM	2 hr	Bedford Hammonds Plains Community Centre	21-Oct	FREE
	18+	F	1:00PM	2 hr	Bedford Hammonds Plains Community Centre	23-Oct	\$5.00