

BEDFORD/ HAMMOND'S PLAINS

LeBrun Centre

36 Holland Avenue Phone: 902.490.4665

Bedford-Hammonds Plains Community Centre

202 Innovation Drive Phone: 902.490.4238



Program Name	Ages	Days	Start Time	Duration	Location	Classes	Code	Fee	Date
Preschool									
Basketball	4-5	F	05:00 PM	30m	Bedford Hammonds Plains Community Centre	8	00018405	\$13.52	10-Jan
Basketball	4-5	F	05:30 PM	30m	Bedford Hammonds Plains Community Centre	8	00018406	\$13.52	10-Jan
Dance - Ballet	3-5	M	05:45 PM	45m	LeBrun Recreation Centre	10	00020183	\$30.00	13-Jan
Dance - Ballet	3-5	Sa	9:00 AM	45m	LeBrun Recreation Centre	8	00020180	\$24.00	18-Jan
Dance - Ballet	3-5	Sa	12:30 PM	45m	LeBrun Recreation Centre	8	00020184	\$24.00	18-Jan
Dance - Creative Movement	3-4	Sa	10:30 AM	45m	Bedford Hammonds Plains Community Centre	10	00018414	\$30.00	11-Jan
Dance - Creative Movement	3-4	Sa	11:15 AM	45m	Bedford Hammonds Plains Community Centre	10	00018415	\$30.00	11-Jan
Dance - Creative Movement	3-4	Tu	04:30 PM	45m	Bedford Hammonds Plains Community Centre	10	00018412	\$30.00	7-Jan
Dance - Creative Movement	3-4	Tu	05:15 PM	45m	Bedford Hammonds Plains Community Centre	10	00018413	\$30.00	7-Jan
Dance - Hip Hop	4-5	W	05:00 PM	45m	Bedford Hammonds Plains Community Centre	10	00018416	\$30.00	8-Jan
Dance - Intro to Dance	3-5	Sa	9:45 AM	45m	LeBrun Recreation Centre	8	00020181	\$24.00	18-Jan
Dance - Intro to Dance	3-5	Sa	11:30 AM	45m	LeBrun Recreation Centre	8	00020182	\$24.00	18-Jan
Gymnastics - Tumblebugs	4-5	Su	12:00 PM	45m	Bedford Hammonds Plains Community Centre	10	00018437	\$27.70	5-Jan
Gymnastics - Tumblebugs	3-4	Su	01:00 PM	45m	Bedford Hammonds Plains Community Centre	10	00018436	\$27.70	5-Jan
Gymnastics - Tumblebugs	4-5	Su	02:00 PM	45m	Bedford Hammonds Plains Community Centre	10	00018438	\$27.70	5-Jan
Gymnastics - Tumblebugs	3-4	Su	03:00 PM	45m	Bedford Hammonds Plains Community Centre	10	00018435	\$27.70	5-Jan
Parent & Tot - Gym Time	1-4	Tu	9:30 AM	1h	Bedford Hammonds Plains Community Centre	10	00018444	\$24.70	7-Jan
Parent & Tot - Gym Time	1-4	Tu	10:45 AM	1h	Bedford Hammonds Plains Community Centre	10	00018445	\$24.70	7-Jan
Parent & Tot - Yoga	1-4	Sa	9:30 AM	45m	Bedford Hammonds Plains Community Centre	10	00018442	\$24.30	11-Jan
Parent & Tot - Yoga	1-4	Sa	11:15 AM	45m	Bedford Hammonds Plains Community Centre	10	00018443	\$24.30	11-Jan

Parent & Tot - Playtime	0-4	M	9:15 AM	2h	LeBrun Recreation Centre	10	00020206	\$65.00	13-Jan
Parent & Tot - Playtime	0-4	F	9:15 AM	2h	LeBrun Recreation Centre	10	00020208	\$65.00	17-Jan
Parent & Tot - Playtime	0-4	W	9:15 AM	2h	LeBrun Recreation Centre	10	00020207	\$65.00	15-Jan
Preschooler Play - ABC & Me	3-4	M	9:00 AM	2.5h	Bedford Hammonds Plains Community Centre	26	00018453	\$200.20	13-Jan
Preschooler Play - ABC & Me	3-4	Tu	9:00 AM	2.5h	Bedford Hammonds Plains Community Centre	18	00018455	\$138.60	14-Jan
Preschooler Play - ABC & Me	3-5	Tu/Th	9:00 AM	2.5h	LeBrun Recreation Centre	20	00020210	\$180.00	14-Jan
Preschooler Play - Outdoor Time	3-5	W	12:30 PM	1.5h	LeBrun Recreation Centre	10	00020211	\$65.00	15-Jan
Soccer	3-4	M	04:00 PM	30m	Bedford Hammonds Plains Community Centre	10	00018456	\$16.90	6-Jan
Soccer	3-5	M	04:30 PM	30m	Bedford Hammonds Plains Community Centre	10	00018457	\$16.90	6-Jan
Soccer	3-5	Th	05:00 PM	45m	LeBrun Recreation Centre	10	00020218	\$23.10	16-Jan
Soccer - Active Start	3-4	Sa	9:30 AM	30m	LeBrun Recreation Centre	8	00020216	\$13.52	18-Jan
Soccer - Active Start	3-4	Sa	9:00 AM	30m	LeBrun Recreation Centre	8	00020215	\$13.52	18-Jan
Sports - Bedford Multi-Sport	5-6	Tu	05:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018460	\$33.90	7-Jan

CHILD

Arts & Crafts	5-8	Tu	06:15 PM	45m	LeBrun Recreation Centre	10	00020172	\$25.40	14-Jan
Arts & Crafts - Child Art program	7-9	W	06:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018401	\$33.90	8-Jan
Arts & Crafts - Child Art program	9-12	W	07:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018402	\$33.90	8-Jan
Arts & Crafts - Sketch & Draw	8-11	Sa	10:00 AM	1h	LeBrun Recreation Centre	8	00020174	\$27.12	18-Jan
Arts & Crafts - Sketch & Draw	8-11	Sa	11:00 AM	1h	LeBrun Recreation Centre	8	00020173	\$27.12	18-Jan
Dance - Intro Ballet	5-7	Sa	10:30 AM	1h	LeBrun Recreation Centre	8	00020187	\$29.60	18-Jan
Dance - Highland Dance	5-7	M	06:00 PM	1h	LeBrun Recreation Centre	10	00020185	\$40.00	13-Jan
Dance - Highland Dance	8-10	M	07:00 PM	1h	LeBrun Recreation Centre	10	00020188	\$27.70	13-Jan
Dance - Hip Hop	5-6	W	06:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018417	\$40.00	8-Jan
Dance - Hip Hop	7-9	W	07:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018418	\$40.00	8-Jan
Dance - Hip Hop	5-7	Th	05:00 PM	1h	LeBrun Recreation Centre	10	00020186	\$40.00	16-Jan
Dance - Hip Hop	8-11	Th	06:00 PM	1h	LeBrun Recreation Centre	10	00020189	\$40.00	16-Jan
Drama - Discover Drama	8-10	M	06:30 PM	1h	LeBrun Recreation Centre	10	00020190	\$37.00	13-Jan
Martial Arts - Tae Kwon Do	6-11	M	06:00 PM	1h	Basinview Drive Community Elementary School	10	00020205	\$37.00	13-Jan
Badminton	9-12	W	05:00 PM	1.5h	Bedford Hammonds Plains Community Centre	9	00018404	\$45.72	8-Jan
Basketball	8-10	Th	04:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018411	\$33.90	9-Jan
Basketball - Jr. NBA	5-7	Th	05:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018409	\$45.00	9-Jan
Basketball - Jr. NBA	5-7	Tu	05:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018408	\$45.00	7-Jan
Basketball - Jr. NBA for Girls	5-7	Th	05:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018410	\$45.00	9-Jan
Basketball - Jr. NBA	8-10	Sa	12:00 PM	1h	LeBrun Recreation Centre	8	00020178	\$27.12	18-Jan

Basketball - Jr. NBA	5-7	Sa	01:00 PM	1h	LeBrun Recreation Centre	8	00020177	\$27.12	18-Jan
Basketball - Jr NBA	5-7	Sa	11:00 AM	1h	LeBrun Recreation Centre	8	21903	\$27.12	18-Jan
Floor Hockey	5-7	W	05:00 PM	1h	LeBrun Recreation Centre	10	00020203	\$33.90	15-Jan
Floor Hockey	8-11	W	06:00 PM	1h	LeBrun Recreation Centre	10	00020204	\$33.90	15-Jan
Soccer	5-7	Sa	10:00 AM	1h	LeBrun Recreation Centre	8	00020219	\$27.12	18-Jan
Soccer	6-8	Th	06:00 PM	1h	LeBrun Recreation Centre	11	00020220	\$37.29	16-Jan
Soccer	9-11	Th	07:00 PM	1h	LeBrun Recreation Centre	10	00020221	\$33.90	16-Jan
Soccer - Kicks for kids	5-7	M	05:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018458	\$33.90	6-Jan
Sledge Hockey	4-15	Sa	10:00 AM	1h	LeBrun Recreation Centre	13	00020214	\$36.01	4-Jan
Volleyball	6-8	Tu	06:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018473	\$33.90	7-Jan
Volleyball	9-12	Tu	07:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018474	\$33.90	7-Jan
Yoga	6-12	M	04:45 PM	1h	Bedford Hammonds Plains Community Centre	10	00018481	\$32.40	6-Jan
Yoga - Parent & Child	5-8	Sa	10:15 AM	1h	Bedford Hammonds Plains Community Centre	10	00018477	\$32.40	11-Jan
Zumba - Zumba Kids Jr	4-6	M	05:15 PM	45m	LeBrun Recreation Centre	10	00020228	\$24.40	13-Jan
Zumba - Zumba Kids	7-11	M	06:15 PM	45m	LeBrun Recreation Centre	10	21902	\$24.40	13-Jan

YOUTH

Arts & Crafts - Comics & Visual Arts	12-15	Sa	12:00 PM	2h	LeBrun Recreation Centre	8	00020171	\$54.24	18-Jan
Babysitter's Training	11-14	Sa	9:00 AM	7h	LeBrun Recreation Centre	1	00020227	\$37.00	29-Feb
Dance - Hip Hop	12-15	Th	07:00 PM	1h	LeBrun Recreation Centre	10	00020179	\$40.00	16-Jan
Fitness - Youth Zumba	12-18	Th	06:00 PM	1h	LeBrun Recreation Centre	10	00020201	\$32.60	17-Jan
Badminton	12-17	W	06:30 PM	1.5h	Bedford Hammonds Plains Community Centre	9	00018403	\$45.72	8-Jan
Floor Hockey	12-15	W	07:00 PM	1h	LeBrun Recreation Centre	10	00020202	\$33.90	15-Jan
Yoga	12-18	M	03:40 PM	1h	Bedford Hammonds Plains Community Centre	10	00018480	\$32.40	6-Jan

ADULT

Arts & Crafts - Acrylic Painting	16+	Tu	07:00 PM	2h	Bedford Hammonds Plains Community Centre	10	00018393	\$100.10	7-Jan
Arts & Crafts - Acrylic Painting	16+	Th	07:00 PM	2h	Bedford Hammonds Plains Community Centre	10	00018395	\$100.10	9-Jan
Arts & Crafts - Drawing	16+	W	01:00 PM	2h	Bedford Hammonds Plains Community Centre	10	00018396	\$95.10	8-Jan
Arts & Crafts - Mixed Media Painting	18+	Tu	9:30 AM	2.5h	Bedford Hammonds Plains Community Centre	10	00018397	\$106.40	7-Jan
Arts & Crafts - Sketch and Draw	18+	Tu	07:00 PM	2h	LeBrun Recreation Centre	10	00020170	\$85.10	14-Jan
Arts & Crafts - Watercolours	18+	F	01:00 PM	2h	Bedford Hammonds Plains Community Centre	10	00018399	\$100.10	10-Jan
Basketball - Men's	18+	M	08:00 PM	2h	Basinview Drive Community Elementary School	18	00020175	\$128.00	13-Jan
Fitness - Active Seniors	53+	M	01:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018422	\$42.60	6-Jan
Fitness - Active Seniors	53+	Th	01:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018423	\$42.60	9-Jan

Fitness - Boot Camp	16+	M	06:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018424	\$49.70	6-Jan
Fitness - Boot Camp	16+	W	06:30 PM	1h	Bedford Hammonds Plains Community Centre	10	00018425	\$49.70	8-Jan
Fitness - Ladies Fit Club	18+	Th	9:30 AM	2h	LeBrun Recreation Centre	18	00020193	\$76.59	16-Jan
Fitness - Ladies Fit Club	18+	Tu	9:30 AM	2h	LeBrun Recreation Centre	18	00020192	\$76.59	14-Jan
Fitness - Ladies Fit Club	18+	Tu/Th	9:30 AM	2h	LeBrun Recreation Centre	36	00020191	\$153.18	14-Jan
Fitness - Men's Basketball	18+	Tu	08:00 PM	2h	Basinview Drive Community Elementary School	18	00020194	\$128.00	14-Jan
Fitness - Mom and Baby	18+	Th	10:30 AM	45m	Bedford Hammonds Plains Community Centre	10	00018426	\$31.86	9-Jan
Fitness - Strong by Zumba	16+	Th	06:15 PM	45m	Bedford Hammonds Plains Community Centre	10	00018428	\$50.00	9-Jan
Fitness - Strong by Zumba	16+	Tu	06:15 PM	1h	Bedford Hammonds Plains Community Centre	10	00018427	\$50.00	7-Jan
Fitness - Strong Express by Zumba	16+	M	12:10 PM	30m	Bedford Hammonds Plains Community Centre	10	00018429	\$21.30	6-Jan
Fitness - Tai Chi	18+	M	9:00 AM	1.5h	LeBrun Recreation Centre	10	00020195	\$53.13	13-Jan
Fitness - Tai Chi	18+	M/Th	9:00 AM	1.5h	LeBrun Recreation Centre	18	00020196	\$95.63	13-Jan
Fitness - Tai Chi	16+	Th	07:00 PM	1.5h	Bedford Hammonds Plains Community Centre	10	00018430	\$53.13	9-Jan
Fitness - Tai Chi	18+	Th	9:00 AM	1.5h	LeBrun Recreation Centre	10	00020197	\$53.13	16-Jan
Fitness - Zumba	18+	F	9:30 AM	1h	Bedford Hammonds Plains Community Centre	10	00018434	\$50.00	10-Jan
Fitness - Zumba	18+	M	9:30 AM	1h	Bedford Hammonds Plains Community Centre	10	00018431	\$50.00	6-Jan
Fitness - Zumba	16+	Th	07:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018433	\$50.00	9-Jan
Fitness - Zumba	16+	Tu	07:15 PM	1h	Bedford Hammonds Plains Community Centre	10	00018432	\$50.00	7-Jan
Fitness - Zumba	18+	M	07:15 PM	1h	LeBrun Recreation Centre	10	00020198	\$50.02	13-Jan
Fitness - Zumba	18+	Tu	06:00 PM	1h	LeBrun Recreation Centre	10	00020199	\$50.02	14-Jan
Fitness - Zumba	18+	W	06:30 PM	1h	LeBrun Recreation Centre	10	00020200	\$50.02	15-Jan
Nordic Walking	18+	Th	10:00 AM	1h	Bedford Hammonds Plains Community Centre	12	00018441	FREE	9-Jan
Nordic Walking	18+	Tu	10:00 AM	1h	Bedford Hammonds Plains Community Centre	12	00018440	FREE	7-Jan
Photography - Digital Photography	16+	W	07:00 PM	2h	Bedford Hammonds Plains Community Centre	8	00018446	\$68.08	8-Jan
Photography - Photoshop	16+	M	07:00 PM	2h	Bedford Hammonds Plains Community Centre	8	00018447	\$68.08	13-Jan
Pickleball	18+	F	9:30 AM	2h	Bedford Hammonds Plains Community Centre	12	00018449	\$83.35	3-Jan
Pilates	18+	Tu	06:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018451	\$42.55	7-Jan
Pilates	18+	Th	06:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018452	\$42.55	9-Jan
Pilates	18+	W	11:00 AM	1h	LeBrun Recreation Centre	10	00020209	\$49.68	15-Jan
Yoga	16+	M	07:00 PM	1.5h	Bedford Hammonds Plains Community Centre	10	00018475	\$74.50	6-Jan
Yoga	16+	Th	06:30 PM	1h	Bedford Hammonds Plains Community Centre	10	00018476	\$49.70	9-Jan
Yoga	18+	Th	06:30 PM	1h15m	LeBrun Recreation Centre	10	00020223	\$62.10	16-Jan
Yoga	18+	Tu	9:00 AM	1.5h	LeBrun Recreation Centre	10	00020224	\$74.52	14-Jan
Yoga	18+	Tu	10:30 AM	1.5h	LeBrun Recreation Centre	10	00020225	\$74.52	14-Jan
Yoga	18+	Tu	07:00 PM	1.5h	LeBrun Recreation Centre	10	00020222	\$74.52	14-Jan
Yoga - Chair yoga	16+	F	11:00 AM	1h	Bedford Hammonds Plains Community Centre	10	00018479	\$49.68	10-Jan

Yoga - Chair yoga	16+	Tu	02:00 PM	1h	Bedford Hammonds Plains Community Centre	10	00018478	\$49.70	7-Jan
Yoga - Gentle	18+	W	9:15 AM	1h15m	LeBrun Recreation Centre	10	00020226	\$62.10	15-Jan
Yoga - Intermediate	16+	Th	07:30 PM	1h	Bedford Hammonds Plains Community Centre	10	00018439	\$49.70	9-Jan
Pilates	16+	W	11 AM	1h	LeBrun Recreation Centre	10	00016293	\$50.00	18-Sep

DROP INS

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Cost
Open Gym - Family	All	F	07:00 PM	2h	LeBrun Recreation Centre		18-Jan	Free
Open Gym - Family	All	Sun	12:00 PM	2h	LeBrun Recreation Centre		20-Jan	Free
Open Gym - Family	All	F	01:00 PM	3h	LeBrun Recreation Centre		18-Jan	Free
Parent & Tot drop in	12+	Th	9:00-11:30am	150	BHPCC gym	12	Jan-09	free
Child open gym	4-11	M	3:30 -5:00	90	BHPCC gym	11	Jan-06	free
Child open gym	4-11	W	3:30 -5:00	90	BHPCC gym	12	Jan-08	free
Child open gym	4-11	F	3:30 -5:00	90	BHPCC gym	12	Jan-10	free
Youth open gym	12-17	Tu	3:30 -5:00	90	BHPCC gym	12	Jan-07	free
Youth open gym	12-17	Th	3:30 -5:00	90	BHPCC gym	12	Jan-09	free
Indoor walking	18+	M	11:55-12:40pm	45	BHPCC gym	11	Jan-06	free
Indoor walking	18+	TU	11:55-12:40pm	45	BHPCC gym	12	Jan-07	free
Indoor walking	18+	W	11:55-12:40pm	45	BHPCC gym	12	Jan-08	free
Indoor walking	18+	TH	11:55-12:40pm	45	BHPCC gym	12	Jan-09	free
Indoor walking	18+	F	11:55-12:40pm	45	BHPCC gym	12	Jan-10	free
Nordic Walking	18+	tu,F	10-11:30am	90	BHPCC Lobby	12	Jan-07	free
Adult open gym	18+	Tues	8-10pm	120	BHPCC Gym	12	Jan-07	Free
Pickleball	18+	Tues	1-3pm	120	BHPCC Gym	12	Jan-07	\$4
Pickleball	18+	Fri	1-3pm	120	BHPCC Gym	12	Jan-10	\$4
Seniors open gym (pickleball)	55+	W	9:30-11:30am	120	BHPCC gym	12	Jan-08	free
Pickleball lessons	55+	W	8:30-9:30am	60	BHPCC gym	12	Jan-08	free