

# EASTERN PASSAGE

Tallahassee Centre

168 Redoubt Way Phone: 902.465.5267



Course Name	Age	Day	Time	Duration	Course Location	Classes	Course Code	Cost	Date
<b>Preschool</b>									
Artful Antics	3-5	Tu	1:00 PM	45m	Tallahassee Recreation Centre	12	00014585	\$40.48	17-Sep
Hip Hop	3-5	Th	5:00 PM	45m	Tallahassee Recreation Centre	12	00014616	\$36.00	19-Sep
Pre Ballet	3-5	Su	10:30 AM	45m	Tallahassee Recreation Centre	12	00014615	\$36.00	15-Sep
Music Madness	3-5	Th	1:00 PM	45m	Tallahassee Recreation Centre	12	00014589	\$33.24	19-Sep
Parent & Tot - Yoga	2-3	Sa	9:00 AM	45m	Tallahassee Recreation Centre	12	00014582	\$39.16	21-Sep
Yoga	4-5	Sa	10:00 AM	45m	Tallahassee Recreation Centre	12	00014583	\$39.16	21-Sep
Little Steps	3-5	M/W	8:45 AM	2.5h	Tallahassee Recreation Centre	28	00014607	\$275.60	9-Sep
Little Steps	3.5	Tu/Th	8:45AM	2.5h	Tallahassee Recreation Centre	30	00014610	\$291.00	10-Sep
Tumblebugs	3-5	Sa	10:00 AM	45m	Tallahassee Recreation Centre	12	00014617	\$43.24	21-Sep
Tumblebugs	3-5	Sa	11:00 AM	45m	Tallahassee Recreation Centre	12	00014618	\$43.24	21-Sep
Parent & Tot - Soccer	2-3	Sa	10:00 AM	45m	Tallahassee Recreation Centre	12	00014619	\$30.48	21-Sep
Little Kickers	4-5	Sa	11:00 AM	45m	Tallahassee Recreation Centre	12	00014621	\$30.48	21-Sep
<b>Child</b>									
Art Adventures	5-8	M	3:30 PM	1h	Tallahassee Recreation Centre	12	00014748	\$50.68	16-Sep
Day Camp - Inservice	5-12	F	8:00 AM	9h	Tallahassee Recreation Centre	1	00014991	\$21.15	27-Sep
Day Camp - Inservice	5-12	F	8:00 AM	9h	Tallahassee Recreation Centre	1	00014992	\$21.15	25-Oct
Day Camp - Inservice	5-12	F	8:00 AM	9h	Tallahassee Recreation Centre	1	00014993	\$21.15	22-Nov
Day Camp - Inservice	5-12	Th	8:00 AM	9h	Tallahassee Recreation Centre	1	00014994	\$21.15	28-Nov
Ballet	5-9	Su	11:30 AM	45m	Tallahassee Recreation Centre	12	00014623	\$36.00	15-Sep
Hip Hop	6-8	Th	6:00 PM	45m	Tallahassee Recreation Centre	12	00014625	\$36.00	19-Sep
Guitar	8-11	Tu	6:00 PM	1h	Tallahassee Recreation Centre	12	00014613	\$44.40	17-Sep
Fun In The Kitchen	5-7	W	3:15 PM	1h	Tallahassee Recreation Centre	12	00014752	\$54.40	18-Sep
Fun In The Kitchen	8-10	W	4:30 PM	1h	Tallahassee Recreation Centre	12	00014781	\$54.40	18-Sep

Course Name	Age	Day	Time	Duration	Course Location	Classes	Course Code	Cost	Date
Fun In The Kitchen	8-12	W	5:45 PM	1h	Tallahassee Recreation Centre	12	00014782	\$54.40	18-Sep
Basketball	6-8	Th	5:30 PM	1h	Tallahassee Recreation Centre	12	00014979	\$40.68	19-Sep
Basketball	9-12	Th	6:30 PM	1h	Tallahassee Recreation Centre	12	00014982	\$40.68	19-Sep
Floor Hockey	6-8	Th	5:00 PM	1h	Tallahassee Recreation Centre	12	00015862	\$40.68	19-Sep
Floor Hockey	9-12	Th	6:00PM	1h	Tallahassee Recreation Centre	12	00015864	\$40.68	19-Sep
Soccer	6-8	Sa	12:00 PM	1h	Tallahassee Recreation Centre	12	00014633	\$40.68	21-Sep
Soccer	9-12	Sa	1:15 PM	1h	Tallahassee Recreation Centre	12	00014638	\$40.68	21-Sep
All Sorts of Sports	9-12	M	6:00PM	1h	Tallahassee Recreation Centre	12	00014628	\$40.68	16-Sep
All Sorts of Sports	5-8	M	5:00PM	1h	Tallahassee Recreation Centre	12	00014627	\$40.68	16-Sep
Volleyball	6-8	Sa	2:00PM	1h	Tallahassee Recreation Centre	12	00014631	\$40.68	21-Sep
Volleyball	9-12	Sa	3:00PM	1h	Tallahassee Recreation Centre	12	00014632	\$40.68	21-Sep
Yoga	6-8	Sa	11:00 AM	45m	Tallahassee Recreation Centre	12	00014614	\$39.16	21-Sep

Youth									
Guitar	14-16	Th	6:00 PM	1h	Tallahassee Recreation Centre	12	00014995	\$44.40	19-Sep
Babysitter's Training	11-16	Sa	9:00AM	8h	Tallahassee Recreation Centre	1	00015881	\$37.00	19-Oct
Emergency First Aid	12-18	Sa	9:00AM	7h	Tallahassee Recreation Centre	1	00015882	\$79.99	23-Nov
Badminton	12-16	Su	6:00PM	1h	Tallahassee Recreation Centre	12	00015883	\$40.68	15-Sep
Pizza & Movie Night	12-16	Sa	6:00pm	3h	Tallahassee Recreation Centre	1	00015884	\$5.00	14-Dec

Adult									
Circuit Fitness	18+	M	9:15 AM	1h	Tallahassee Recreation Centre	12	00014997	\$51.12	16-Sep
Circuit Fitness	18+	Th	9:15 AM	1h	Tallahassee Recreation Centre	14	00014996	\$59.64	19-Sep
Intro to Yoga	18+	M	6:00 PM	1h	Tallahassee Recreation Centre	12	00014998	\$59.64	16-Sep
Hatha/Flow Yoga	18+	M	7:00 PM	1h15m	Tallahassee Recreation Centre	12	00014999	\$74.52	16-Sep
Yoga HIIT	18+	Th	9:00 AM	45m	Tallahassee Recreation Centre	12	00016157	\$53.28	03-Oct
Yoga HIIT	18+	Th	7:30 PM	45m	Tallahassee Recreation Centre	12	00015000	\$53.28	19-Sep

Drop In Programs							
PROGRAM NAME	AGES	DAY	START TIME	SESSIONS	LOCATION	START DATE	COST
Parent & Tot Play	0-5	F	8:30AM	2.5h	Tallahassee	20-Sep	\$5.00
Yoga	18+	Su	7:00PM	1h	Tallahassee	15-Sep	\$5.00
Yoga	18+	Tu	7:00PM	1h	Tallahassee	17-Sep	\$5.00
Pickleball	18+	Su	12:00pm	2h	Tallahassee	15-Sep	\$5.00
Family Open Gym	0-99	Su	2:00pm	2h	Tallahassee	15-Sep	Free
Floor Hockey	18+	Th	8:00pm	2h	Tallahassee	19-Sep	\$5.00
Youth Night	12-16	F	6:00pm	3h	Tallahassee	20-Sep	Free
Youth Basketball	14-18	F	6:00pm	2h	Island View High School	20-Sep	Free
Basketball	18+	W	8:00pm	2h	Island View High School	18-Sept	\$5.00