

# EASTERN PASSAGE

Tallahassee Centre

168 Redoubt Way Phone: 902.465.5267



Course Name	Age	Day	Time	Sessions	Course Location	Classes	Course Code	Cost	Date
<b>Preschool</b>									
Hip Hop	3-5	Thu	17:15	45	Tallahassee Recreation Centre	10	00006426	\$30.00	04-Apr-2019
Pre Ballet	3-5	Sun	10:45	45	Tallahassee Recreation Centre	8	00006428	\$24.00	07-Apr-2019
Gymnastics - Tumblebugs	3-5	Sat	10:00	45	Tallahassee Recreation Centre	10	00006527	\$27.70	06-Apr-2019
Gymnastics - Tumblebugs	3-5	Sat	11:00	45	Tallahassee Recreation Centre	10	00006528	\$27.70	06-Apr-2019
Parent & Tot - Soccer	2-3	Sat	10:45	45	Tallahassee Recreation Centre	8	00006529	\$20.32	06-Apr-2019
Little Kickers	3-5	Sat	11:30	45	Tallahassee Recreation Centre	8	00006530	\$20.32	06-Apr-2019

## Little Steps

Because of high demand, participants will only be allowed to register for one of the two classes (M/W or Tu/Th). Please add your name to the list using the short code 00010104, choose the days you prefer and someone will contact you to confirm and arrange payment within 5 business days.

<b>Child</b>									
Art Adventures	5-8	Tue	15:30	60	Tallahassee Recreation Centre	10	00006531	\$33.90	02-Apr-2019
Day Camp - Inservice (April 11)	5-12	Thu	8:00	540	Tallahassee Recreation Centre	1	00006417	\$21.15	11-Apr-2019
Day Camp - Inservice (May 17)	5-12	Fri	8:00	540	Tallahassee Recreation Centre	1	00006416	\$21.15	17-May-2019
Tap	5-8	Thu	18:00	45	Tallahassee Recreation Centre	10	00006425	\$30.00	04-Apr-2019
Ballet	5-9	Sun	11:30	60	Tallahassee Recreation Centre	8	00006424	\$32.00	07-Apr-2019
Hip Hop	6-8	Thu	18:45	45	Tallahassee Recreation Centre	10	00006427	\$30.00	04-Apr-2019
Cooking - Fun In The Kitchen	11-12	Wed	17:45	60	Tallahassee Recreation Centre	10	00006536	\$37.00	03-Apr-2019
Cooking - Fun In The Kitchen	5-7	Wed	15:15	60	Tallahassee Recreation Centre	10	00006433	\$37.00	03-Apr-2019
Cooking - Fun In The Kitchen	8-10	Wed	16:30	60	Tallahassee Recreation Centre	10	00006434	\$37.00	03-Apr-2019
Basketball	6-10	Thu	18:30	60	Tallahassee Recreation Centre	10	00006534	\$33.90	04-Apr-2019
Floor Hockey	6-10	Thu	17:30	60	Tallahassee Recreation Centre	10	00006532	\$33.90	04-Apr-2019
Soccer	5-10	Sat	12:30	45	Tallahassee Recreation Centre	8	00006533	\$20.32	06-Apr-2019

All Sorts of Sports	5-8	Mon	15:30	60	Tallahassee Recreation Centre	8	00006535	\$27.12	01-Apr-2019
Volleyball	7-10	Mon	18:00	60	Tallahassee Recreation Centre	8	00009062	\$27.12	01-April-2019

Youth									
Cookie Decorating Workshop	13-16	Tue	18:00	180	Tallahassee Recreation Centre	1	00009200	\$32.76	09-April-2019
Scrapbooking Workshop – Mother’s Day Cards	13-16	Wed	18:00	180	Tallahassee Recreation Centre	1	00009209	\$32.76	08-May-2019

Adult									
Circuit Fitness	18	Mon	9:15	60	Tallahassee Recreation Centre	10	00006429	\$42.55	01-Apr-2019
Hatha/Flow Yoga	18	Mon	19:00	75	Tallahassee Recreation Centre	10	00006431	\$62.10	01-Apr-2019
Intro to Yoga	18	Mon	18:00	60	Tallahassee Recreation Centre	10	00006430	\$49.68	01-Apr-2019
Yoga HIIT	18	Thu	19:30	45	Tallahassee Recreation Centre	10	00006432	\$31.86	04-Apr-2019
Fitness - Circuit Fitness	18	Mon	9:15	60	Tallahassee Recreation Centre	10	00006429	\$42.55	01-Apr-2019
Yoga - Hatha/Flow Yoga	18	Mon	19:00	75	Tallahassee Recreation Centre	10	00006431	\$62.10	01-Apr-2019
Yoga - Intro to Yoga	18	Mon	18:00	60	Tallahassee Recreation Centre	10	00006430	\$49.68	01-Apr-2019
Yoga HIIT	18	Thu	19:30	45	Tallahassee Recreation Centre	10	00006432	\$31.86	04-Apr-2019
Cookie Decorating Workshop	18	Wed	18:00	180	Tallahassee Recreation Centre	1	00009082	\$32.76	10-April-2019
Scrapbooking Workshop – Mother’s Day Cards	18	Wed	18:00	180	Tallahassee Recreation Centre	1	00009202	\$32.76	01-May-2019

Drop In Programs						
PROGRAM NAME	AGES	DAY	TIME	LOCATION	START DATE	COST
Parent & Tot	1-5	F	8:30-11:00	Tallahassee	April 5	\$5
Yoga	Adult	Tu	19:00-20:00	Tallahassee	April 2	\$5
Basketball	Adult	W	20:00-22:00	Island View High School	April 3	\$5
Yoga	Adult	Su	19:00-20:00	Tallahassee	April 7	\$5
Floor Hockey	Adult	Th	20:00-22:00	Tallahassee	April 4	\$5
Pickleball	Adult	Su	12:00-14:00	Tallahassee	April 7	\$5 \$4 Senior
South Woodside Open Gym	5-8	F	18:00-19:30	South Woodside Community Centre	April 5	Free
South Woodside Open Gym	9-12	F	19:30-21:00	South Woodside Community Centre	April 5	Free
Youth Night	12-16	F	18:00-21:00	Tallahassee	April 5	Free
Youth Basketball	14-16	F	18:00-20:00	Island View High School	April 5	Free
Family Open Gym		Su	14:00-16:00	Tallahassee	April 7	Free
Pickleball	Adult	Th	12:30-14:30	Tallahassee	April 4	\$5 (\$4 Senior)