

EASTERN PASSAGE

Tallahassee Centre

168 Redoubt Way Phone: 902.465.5267



Course Name	Age	Day	Time	Duration	Course Location	Classes	Course Code	Cost	Date
Preschool									
Dance - Pre Ballet	3-5	Su	9:30 AM	45m	Tallahassee Recreation Centre	8	00020115	\$24.00	12-Jan
Dance - Pre Ballet	3-5	Su	10:30 AM	45m	Tallahassee Recreation Centre	8	00020116	\$24.00	12-Jan
Dance - Hip Hop	3-5	Th	05:00 PM	45m	Tallahassee Recreation Centre	8	00020118	\$24.00	16-Jan
Gymnastics - Tumblebugs	3-5	Sa	10:00 AM	45m	Tallahassee Recreation Centre	8	00020120	\$32.16	18-Jan
Gymnastics - Tumblebugs	3-5	Sa	11:00 AM	45m	Tallahassee Recreation Centre	8	00020121	\$32.16	18-Jan
Preschool Play - Little Steps	3-5	M/W/Th	8:45 AM	2.5h	Tallahassee Recreation Centre	33	00020129	\$314.10	6-Jan
Soccer - Parent & Tot	2-3	Sa	10:00 AM	45m	Tallahassee Recreation Centre	8	00020130	\$20.32	18-Jan
Soccer - Little Kickers	4-5	Sa	11:00 AM	45m	Tallahassee Recreation Centre	8	00020131	\$20.32	18-Jan
Yoga - Parent & Tot	2-3	Su	9:00 AM	30m	Tallahassee Recreation Centre	8	00020112	\$22.96	12-Jan
Yoga	4-5	Su	9:45 AM	45m	Tallahassee Recreation Centre	8	00020113	\$29.44	12-Jan
Child									
Arts & Crafts - Art Adventures	5-8	M	03:30 PM	1h	Tallahassee Recreation Centre	8	00020166	\$37.12	13-Jan
Day Camp - Inservice	5-12	W	8:00 AM	9h	Tallahassee Recreation Centre	1	00020168	\$21.15	25-Mar
Day Camp - Inservice	5-12	F	8:00 AM	9h	Tallahassee Recreation Centre	1	00020167	\$21.15	31-Jan
Day Camp - March Break	5-12	M	8:00 AM	9h	Tallahassee Recreation Centre	5	00020169	\$105.75	16-Mar
Dance - Ballet	5-9	Su	11:30 AM	45m	Tallahassee Recreation Centre	8	00020117	\$24.00	12-Jan
Dance - Hip Hop	6-8	Th	06:00 PM	45m	Tallahassee Recreation Centre	8	00020119	\$24.00	16-Jan
Cooking - Fun In The Kitchen	5-7	W	03:15 PM	1h	Tallahassee Recreation Centre	8	00020163	\$29.60	15-Jan
Cooking - Fun In The Kitchen	8-10	W	04:30 PM	1h	Tallahassee Recreation Centre	8	00020164	\$29.60	15-Jan
Cooking - Fun In The Kitchen	11-12	W	05:45 PM	1h	Tallahassee Recreation Centre	8	00020165	\$29.60	15-Jan
Basketball	6-8	Th	05:30 PM	1h	Tallahassee Recreation Centre	8	00020134	\$27.12	16-Jan
Floor Hockey	6-8	Th	05:00 PM	1h	Tallahassee Recreation Centre	8	00020161	\$27.12	16-Jan

Floor Hockey	9-12	Th	06:00 PM	1h	Tallahassee Recreation Centre	8	00020162	\$27.12	16-Jan
Soccer	6-8	Sa	12:00 PM	1h	Tallahassee Recreation Centre	8	00020132	\$27.12	18-Jan
Sports - All Sorts of Sports	5-8	M	05:00 PM	1h	Tallahassee Recreation Centre	8	00020133	\$27.12	13-Jan
Yoga	6-8	Su	10:45 AM	45m	Tallahassee Recreation Centre	8	00020114	\$29.44	12-Jan
Yoga	9-13	Su	12:00 PM	45m	Tallahassee Recreation Centre	8	00020983	\$29.44	12-Jan

Youth

Babysitting Training	11-16	Sa	9:00 AM	8h	Tallahassee Recreation Centre	1	00020231	\$37.00	22-Feb
Emergency First Aid	12-18	Sa	9:00 AM	7h	Tallahassee Recreation Centre	1	00020230	\$80.00	28-Mar

Adult

Fitness - Circuit Fitness	18+	M	9:15 AM	1h	Tallahassee Recreation Centre	12	00020232	\$51.06	6-Jan
Fitness - Circuit Fitness	18+	Th	9:15 AM	1h	Tallahassee Recreation Centre	12	00020233	\$51.06	9-Jan
Yoga - Intro to Yoga	18+	M	06:00 PM	1h	Tallahassee Recreation Centre	12	00020234	\$59.62	6-Jan
Yoga - Hatha/Flow Yoga	18+	M	07:15 PM	1h15m	Tallahassee Recreation Centre	12	00020235	\$74.52	6-Jan

Drop In Programs

Course Name	Age	Day	Time	Sessions	Start Date	Cost
Parent & Tot Play	0-5	Fr	8:30 AM	2.5h	Tallahassee Recreation Centre	10-Jan \$5.00
Yoga	18+	Su	07:00 PM	1h	Tallahassee Recreation Centre	5-Jan \$5.00
Yoga	18+	Tu	07:00 PM	1h	Tallahassee Recreation Centre	7-Jan \$5.00
Pickleball	18+	Su	12:00 PM	2h	Tallahassee Recreation Centre	5-Jan \$5.00
Family Open Gym	0-99	Su	02:00 PM	2h	Tallahassee Recreation Centre	5-Jan Free
Floor Hockey	18+	Th	8:00 PM	2h	Tallahassee Recreation Centre	9-Jan \$5.00
Basketball	18+	W	8:00 PM	2h	Island View High School	15-Jan \$5.00
Youth Night	12-16	Fr	6:00 PM	3h	Tallahassee Recreation Centre	10-Jan Free
Youth Basketball	14-17	Fr	6:00 PM	2h	Island View High School	24-Jan Free
Youth Badminton	12-16	Su	6:00 PM	1 h	Tallahassee Recreation Centre	5-Jan Free
Pizza & Movie Night	12-16	Th	6:00 PM	3h	Tallahassee Recreation Centre	13-Feb \$2.00