

EASTERN PASSAGE

Spring 2020

Tallahassee Centre
168 Redoubt Way Phone: 902.465.5267



Course Name	Age	Day	Time	Duration	Course Location	Classes	Course Code	Date	Cost
Preschool									
Pre Ballet	3-5	Su	9:30 AM	45m	Tallahassee Recreation Centre	8	00025321	5-Apr	\$24.00
Pre Ballet	3-5	Su	10:30 AM	45m	Tallahassee Recreation Centre	8	00025323	5-Apr	\$24.00
Parent & Tot - Yoga	2-3	Su	9:00 AM	30m	Tallahassee Recreation Centre	8	00025319	5-Apr	\$29.44
Yoga	4-5	Su	9:45 AM	45m	Tallahassee Recreation Centre	8	00025320	5-Apr	\$29.44
Little Steps	3-5	M/W/Th	8:45 AM	2.5h	Tallahassee Recreation Centre	36	00025336	1-Apr	\$337.20
Hip Hop	3-5	Th	05:00 PM	45m	Tallahassee Recreation Centre	8	00025324	9-Apr	\$24.00
Tumblebugs	3-5	Sa	10:00 AM	45m	Tallahassee Recreation Centre	8	00025325	11-Apr	\$32.16
Tumblebugs	3-5	Sa	11:00 AM	45m	Tallahassee Recreation Centre	8	00025335	11-Apr	\$32.16
Parent & Tot - Soccer	2-4	Sa	10:00 AM	45m	Tallahassee Recreation Centre	8	00025344	11-Apr	\$20.32

Child									
Yoga	6-8	Su	10:45 AM	45m	Tallahassee Recreation Centre	8	00025348	5-Apr	\$29.44
Yoga	9-13	Su	11:45AM	45m	Tallahassee Recreation Centre	8	00025349	5-Apr	\$29.44
Dance - Ballet	5-9	Su	11:30 AM	45m	Tallahassee Recreation Centre	8	00025350	5-Apr	\$24.00
Art Adventures	8-May	M	3:30PM	60m	Tallahassee Recreation Centre	8	00026096	6-Apr	\$37.12
Sport - All Sorts of Sports	5-8	M	05:00 PM	60m	Tallahassee Recreation Centre	8	00026090	6-Apr	\$27.12
Cooking - Fun In The Kitchen	5-8	W	03:15 PM	60m	Tallahassee Recreation Centre	8	00026094	8-Apr	\$29.60
Cooking - Fun In The Kitchen	9-12	W	4:30PM	60m	Tallahassee Recreation Centre	8	00026095	8-Apr	\$29.60
Dance - Hip Hop	6-8	Th	06:00 PM	45m	Tallahassee Recreation Centre	8	00025351	9-Apr	\$24.00

Basketball	6-8	Th	05:30 PM	60m	Tallahassee Recreation Centre	8	00026091	9-Apr	\$27.12
Floor Hockey	6-8	Th	05:00 PM	60m	Tallahassee Recreation Centre	8	00026092	9-Apr	\$27.12
Floor Hockey	9-12	Th	06:00 PM	60m	Tallahassee Recreation Centre	8	00026093	9-Apr	\$27.12
Little Kickers	5-7	Sa	11:00 AM	45m	Tallahassee Recreation Centre	8	00025347	11-Apr	\$20.32
Day Camp - Inservice (April 2)	5-12	Th	8:00 AM	9h	Tallahassee Recreation Centre	1	00026103	2-Apr	\$21.15
Day Camp - Inservice (May 15)	5-12	F	8:00 AM	9h	Tallahassee Recreation Centre	1	00026104	15-May	\$21.15

Youth

Babysitting Training	11-16	Sa	9:00 AM	8h	Tallahassee Recreation Centre	1	00026105	25-Apr	\$37.00
Emergency First Aid	12-18	Sa	9:00 AM	7h	Tallahassee Recreation Centre	1	00026107	30-May	\$80.00

Adult

Circuit Fitness	18+	M	9:15 AM	60m	Tallahassee Recreation Centre	10	00026180	6-Apr	\$42.60
Circuit Fitness	18+	Th	9:15 AM	60m	Tallahassee Recreation Centre	12	00026108	9-Apr	\$51.12
Intro to Yoga	18+	M	06:00 PM	60m	Tallahassee Recreation Centre	12	00026110	6-Apr	\$59.64
Hatha/Flow Yoga	18+	M	07:15 PM	1h15m	Tallahassee Recreation Centre	10	00026111	6-Apr	\$62.10
Yoga HIIT	18+	Th	07:30 PM	45m	Tallahassee Recreation Centre	12	00026113	9-Apr	\$48.25

YOUTH LEADERSHIP

Youth Leadership Information Session	13-16	W	06:00 PM	60m	Tallahassee Recreation Centre	1	00026373	3-Jun	\$0.00
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Drop In Programs

PROGRAM NAME	AGES	DAY	TIME	DURATION	LOCATION	START DATE	COST
PARENT & TOT PLAY	0-5	F	8:30-11:00AM	2h 30m	Tallahassee Recreation Centre	3-Apr	\$5.00
PICKLEBALL	18+	Su	12:00-2:00pm	2h	Tallahassee Recreation Centre	5-Apr	\$5.00
OPEN GYM	18+	Su	2:00-4:00pm	2h	Tallahassee Recreation Centre	5-Apr	FREE
FLOOR HOCKEY	18+	Th	8:00-10:00pm	2h	Tallahassee Recreation Centre	9-Apr	\$5.00
BASKETBALL	18+	W	8:00-10:00pm	2h	Island View High School	8-Apr	\$5.00
YOUTH NIGHT	12-16	F	6:00-9:00pm	3h	Tallahassee Recreation Centre	3-Apr	FREE
YOUTH BADMINTON	12-16	Su	6:00-7:00pm	1h	Tallahassee Recreation Centre	5-Apr	FREE
SOUTH WOODSIDE OPEN GYM	8-12	F	6:00-8:00PM	2h	South Woodside Community Centre	3-Apr	FREE