

Fall 2021

FALL RIVER

Gordon R. Snow Community Centre

1359 Fall River Road

Phone: 902.860.4570



HALIFAX

FALL RIVER

Preschool									
Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
Preschooler Play	3-5	M/W/F	09:00 AM	2.5hr	Gordon R Snow Community Centre	30	27-Sep	00043131	\$231.00
Dance - Creative Movement	3-5 ^{1/2}	Th	04:00 PM	45min	Gordon R Snow Community Centre	8	7-Oct	00043115	\$24.00
Basketball	3-5	Tu	04:15 PM	30min	Gordon R Snow Community Centre	8	28-Sep	00043132	\$13.52
Gymnastics - Tumblebugs	3 ^{1/2} -5	F	04:15 PM	45min	Gordon R Snow Community Centre	8	1-Oct	00043126	\$22.16
Soccer	3-5	M	05:15 PM	30min	Gordon R Snow Community Centre	8	27-Sep	00043133	\$13.52
Soccer	3-5	M	05:30 PM	30min	Gordon R Snow Community Centre	8	27-Sep	00043134	\$13.52
Parent & Tot - Gym Time	18m+	W	09:00 AM	2hr	Gordon R Snow Community Centre	10	29-Sep	00043128	FREE

CHILD									
Dance - Creative Movement	5 ^{1/2} -8	Th	05:00 PM	45min	Gordon R Snow Community Centre	8	7-Oct	00043116	\$24.00
Badminton	9-12	Th	05:00 PM	1hr	Gordon R Snow Community Centre	8	7-Oct	00043111	\$27.12
Basketball	5 ^{1/2} -8	Tu	04:00 PM	1hr	Gordon R Snow Community Centre	8	28-Sep	00043113	\$27.12
Basketball	5 ^{1/2} -8	Tu	05:10 PM	1hr	Gordon R Snow Community Centre	8	28-Sep	00043114	\$27.12
Floor Hockey	6-9	W	06:00 PM	1hr	Holland Road Elementary School	8	29-Sep	00043147	\$27.12
Parent & Child - Gym Time	5 ^{1/2} -11	M	04:00 PM	1hr	Gordon R Snow Community Centre	8	27-Sep	00043127	FREE
Soccer	5 ^{1/2} -9	Tu	05:15 PM	1hr	Gordon R Snow Community Centre	8	28-Sep	00043135	\$27.12
Volleyball	7-10	M	06:15 PM	1hr	Gordon R Snow Community Centre	8	27-Sep	00043137	\$27.12

YOUTH									
Youth Gym Time	12-17	Th	06:15 PM	1.5hr	Gordon R Snow Community Centre	8	7-Oct	00043140	FREE
Youth Night	12-15	F	05:30 PM	3hr	Gordon R Snow Community Centre	10	1-Oct	00043143	FREE
Youth Ops	13-18	M	06:00 PM	2 hr	Gordon R Snow Community Centre	10	4-Oct	00045020	FREE

ADULT									
Arts & Crafts - Rug Making Workshop	16+	Su	12:30 PM	4.5hr	Gordon R Snow Community Centre	1	3-Oct	00043545	\$80.01
Fitness - 20/20/20	18+	M	09:00 AM	1hr	Gordon R Snow Community Centre	10	27-Sep	00043120	\$42.60
Pickleball	18+	M	10:15 AM	2hr	Gordon R Snow Community Centre	10	27-Sep	00043129	\$69.50
Tai Chi & Qi Gong	18+	M	10:30 AM	1hr	Gordon R Snow Community Centre	10	27-Sep	00045198	\$35.40
Fitness - Zumba	18+	M	06:00 PM	1hr	Gordon R Snow Community Centre	10	27-Sep	00043124	\$50.00

FALL RIVER

Fitness - Total Body Fit	18+	Tu	09:00 AM	1hr	Gordon R Snow Community Centre	10	28-Sep	00043122	\$42.60
Fitness - Barre	16+	Tu	06:00 PM	1hr	Gordon R Snow Community Centre	10	28-Sep	00043118	\$42.60
Badminton	18+	Tu	06:30 PM	1.5hr	Gordon R Snow Community Centre	10	28-Sep	00043110	\$52.10
Yoga	18+	Tu	07:15 PM	1hr	Gordon R Snow Community Centre	10	28-Sep	00043108	\$49.70
Basketball	18+	Tu	08:30 PM	1.5hr	Gordon R Snow Community Centre	10	28-Sep	00043112	\$52.10
Fitness - Zumba	18+	W	06:00 PM	1hr	Gordon R Snow Community Centre	10	29-Sep	00043125	\$50.00
Yoga/Meditation	18+	W	07:15 PM	1hr	Gordon R Snow Community Centre	10	29-Sep	00043506	\$49.70
Fitness - Total Body Fit	18+	Th	09:00 AM	1hr	Gordon R Snow Community Centre	10	7-Oct	00043123	\$42.60
Yoga	18+	Th	10:30 AM	1hr	Gordon R Snow Community Centre	10	7-Oct	00043109	\$49.70
Fitness - Bellyfit	18+	Th	06:00 PM	1hr	Gordon R Snow Community Centre	10	7-Oct	00043119	\$42.60
Yoga	18+	Th	07:15 PM	1hr	Gordon R Snow Community Centre	10	7-Oct	00043256	\$49.70
Fitness - Cardio Interval	18+	F	09:00 AM	1hr	Gordon R Snow Community Centre	10	1-Oct	00043121	\$42.60
Pickleball - Intermediate	18+	F	10:15 AM	2hr	Gordon R Snow Community Centre	10	1-Oct	00043130	\$69.50
Yoga - Gentle Yoga	18+	F	10:15 AM	1hr	Gordon R Snow Community Centre	10	1-Oct	00043139	\$49.70
Gym Time (no Pickleball)	18+	F	07:30 PM	1.5hr	Gordon R Snow Community Centre	11	1-Oct	00043144	FREE

DROP INS

Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Cost
Pickleball Drop In	18+	Tu/Th	9:00 AM	2hr	Gymnasium	28-Sep	FREE
Pickleball Drop In	18+	Tu/Th	11:30 AM	2hr	Gymnasium	28-Sep	FREE
Pickleball Drop In	18+	W	11:30 AM	2hr	Gymnasium	29-Sep	FREE

YOUTH OPS

Are you between the ages of 13-18? We want you! Seriously... we do!

Youth in the Bedford, Sackville, Fall River and Musquodoboit Valley are invited to explore recreation opportunities in their communities. Our staff will reach out and together, we will explore your leisure interests and work with you to meet your recreation needs. Are you looking to develop your leadership skills? Wanting to find social activities to meet new friends? Do you have a group of friends that would love to try a new activity but just don't know where to start? Are you thinking about volunteering to boost your university applications? Have you always thought it would be cool to work with Halifax Parks and Recreation? Do you have a skill you would like to share with your peers? Get your name on the list and let's build a program, create a support or provide a space to get you active, engaged and interested in recreation! Interested Fall River Youth register under code #00045020.

FALL RIVER

Gordon R. Snow Fitness Centre

1359 Fall River Rd. Fall River

(902) 860-4570

Hours of Operation: M-F 7:00 AM - 9:00 PM,

Sat. & Sun. 8:30 AM - 5:00 PM

The fitness centre will operate by pre-booked appointment only. Please visit the Fitness Ctr. bookings page at halifax.ca/MyRec to book your workout time. Bookings are available 7 days in advance. For more information on purchasing a membership and online bookings, please contact the site directly.

