

MUSQUODOBOIT HARBOUR

Gaetz Brook to Ship Harbour - Corner of #7 Highway & East Petpeswick Road Phone: 902.889.4050 Toll FREE: 1.866.522.2422



Course Name	Age	Day	Time	Sessions	Course Location	Classes	Course Code	Cost	Date
Preschool									
Easter Craft & Play	3-5	Sat	10:00	120	Recreation Centre	1	00007589	\$10.00	13-Apr-2019
Dance - Ballet	3-5	Tue	18:00	30	'Eastern Shore District High	8	00007662	\$16.00	09-Apr-2019
Preschooler Play - Teddy Bears	3-5	Tue	9:30	120	Recreation Centre	11	00007707	\$67.76	02-Apr-2019
Preschooler Play - Teddy Bears	3-5	Fri	9:30	120	Recreation Centre	11	00007708	\$67.76	05-Apr-2019
Preschooler Play - Teddy Bears	3-5	Thu	9:30	120	Recreation Centre	11	00007709	\$67.76	4-Apr-2019
Gymnastics - Tumblebugs	3-5	Mon	18:00	45	Recreation Centre	8	00007727	\$22.16	08-Apr-2019
Gymnastics - Tumblebugs	3-5	Thu	18:00	30	Gaetz Brook Junior High	7	00007735	\$12.95	18-Apr-2019
Preschooler Sport - Run, Jump, Throw	3-5	Wed	18:00	30	Oyster Pond Academy	8	00007732	\$13.52	10-Apr-2019

Child									
Arts & Crafts - Drawing & Sketching	9-12	Thu	18:00	60	Recreation Centre	6	00008120	\$20.34	11-Apr-2019
Dance - Ballet	5-8	Tue	18:30	45	'Eastern Shore District High	8	00007663	\$24.00	09-Apr-2019
Kids Night Out	7-12	Fri	18:30	180	Recreation Centre	10	00008375	\$0.00	12-Apr-2019
Floor Hockey	7-10	Mon	18:00	60	Oyster Pond Academy	9	00007728	\$0.00	08-Apr-2019
Gymnastics	6-12	Thu	18:30	60	Gaetz Brook Junior High	7	00007737	\$25.90	18-Apr-2019
Soccer Basketball	6-9	Wed	18:30	60	Oyster Pond Academy	8	00007734	\$0.00	10-Apr-2019
Spa and Yoga Night	7-12	Fri	18:00	180	Recreation Centre	1	00008323	\$10.00	24-May-2019
Badminton - Family	8+	Mon	19:00	90	Oyster Pond Academy	10	00007730	\$0.00	08-Apr-2019

Youth									
Basketball	11-14	Tue	18:30	90	Eastern Shore District High School	7	00007729	\$0.00	09-Apr-2019
Soccer	11-14	Fri	18:30	90	Gaetz Brook Junior High	8	00007736	\$0.00	12-Apr-2019
Youth - Babysitter's Training	11-16	Sat	9:00	480	Musquodoboit Harbour United Church	1	00008018	\$37.00	27-Apr-2019

Youth Leadership Information Night	12-15	Mon	18:00	60	Recreation Centre	1	00008320	\$0.00	03-Jun-2019
Youth Leadership Information Night	12-15	Sun	18:00	60	Recreation Centre	1	00008318	\$0.00	26-May-2019
Adult									
Arts & Crafts - Drawing & Sketching	18	Thu	19:30	90	Recreation Centre	6	00007588	\$38.30	11-Apr-2019
Introduction to Watercolour	18	Mon	19:00	120	Recreation Centre	8	00007590	\$68.08	01-Apr-2019
Dance - Line Dancing	18	Mon	19:00	60	Gaetz Brook Legion	10	00007665	\$56.80	08-Apr-2019
Dance - Line Dancing - Returning	18	Thu	19:00	60	Gaetz Brook Legion	10	00007664	\$56.80	11-Apr-2019
Fitness - Boot Camp	18	Mon	9:30	60	Recreation Centre	10	00007666	\$42.55	01-Apr-2019
Fitness - Boot Camp	18	Wed	9:30	60	Recreation Centre	10	00007672	\$42.55	03-Apr-2019
Fitness - Circuit	18	Tue	12:00	45	Recreation Centre	10	00007675	\$31.90	02-Apr-2019
Fitness - Circuit	18	Thu	12:00	45	Recreation Centre	10	00007676	\$31.90	04-Apr-2019
Fitness - Full Body Fitness	18	Mon	19:15	45	Recreation Centre	10	00007670	\$31.90	01-Apr-2019
Fitness - Stability Ball	18	Wed	12:30	45	Recreation Centre	10	00007686	\$31.90	10-Apr-2019
Fitness - Step & Weights	18	Fri	18:30	45	Recreation Centre	10	00007683	\$31.90	05-Apr-2019
Fitness - Total Fit	18	Thu	19:00	45	Recreation Centre	10	00007678	\$31.90	04-Apr-2019
Fitness - Trim & Tone	18	Mon	11:00	45	Recreation Centre	10	00007668	\$31.90	01-Apr-2019
Fitness - Trim & Tone	18	Fri	10:35	45	Lions Club	10	00007681	\$31.90	05-Apr-2019
Fitness - Trim & Tone	18	Wed	11:00	45	Recreation Centre	10	00007684	\$31.90	10-Apr-2019
Yoga	18	Tue	19:30	75	Recreation Centre	10	00007673	\$62.10	02-Apr-2019
Yoga	18	Tue	18:00	75	Recreation Centre	10	00007674	\$62.10	02-Apr-2019
Yoga	18	Wed	10:45	75	Recreation Centre	10	00007677	\$62.10	03-Apr-2019
Yoga	18	Wed	13:30	75	Recreation Centre	10	00007679	\$62.10	03-Apr-2019
Yoga - Gentle	18	Mon	11:15	75	Ship Harbour Hall	10	00007667	\$62.10	01-Apr-2019
Yoga - Gentle	18	Mon	13:30	75	Recreation Centre	10	00007669	\$62.10	01-Apr-2019
Yoga - Morning Flow	18	Sat	9:00	75	Recreation Centre	10	00007685	\$62.10	06-Apr-2019
Yoga - Yoga Fit	18	Mon	20:00	60	Recreation Centre	10	00007671	\$49.68	01-Apr-2019
Yoga - Yoga Fit	18	Wed	18:30	60	Oyster Pond Academy	10	00007680	\$49.68	03-Apr-2019
Moonlight Hike	5+	Fri	18:30	60	Recreation Centre	1	00008376	\$0.00	17-May-2019
First Aid - Emergency First Aid & Level C CPR	16	Sat	9:00	420	Recreation Centre	1	00008017	\$79.99	04-May-2019
Hiking Club	18	Sat	13:00	120	Recreation Centre	6	00008031	\$0.00	27-Apr-2019
Rug Crocheting	18	Sun	1:00	240	Recreation Centre	1	00008311	\$80.00	28-Apr-2019
Badminton	18	Tue	20:00	90	Eastern Shore District High School	7	00007731	\$20.00	09-Apr-2019
Pickleball	18	Thu	20:00	90	Gaetz Brook Junior High	7	00007738	\$20.00	18-Apr-2019
Tai Chi	18	Wed	19:00	60	Recreation Centre	8	00007733	\$28.34	10-Apr-2019
Gentle Fitness	18	Fri	9:40	45	Lions Club	10	00007682	\$31.90	05-Apr-2019

Dean Maple Sugar Trip	18+	Sat	9:00	510	Rec Bus	1	00008930	\$20.00	06-April-2019
Centre Stage Theatre	18+	Sun	9:00	540	Rec Bus	1	00008929	\$40.00	12-May -2019
Valley Frenchy's Trip	18+	Sat	8:30	570	Rec Bus	1	00008931	\$20.00	1-June-2019
Tancook Island Trip	18+	Sat	8:30	720	Rec Bus	1	00008932	\$30.00	22-June-2019

Drop In Programs						
PROGRAM NAME	AGES	DAY	TIME	LOCATION	START DATE	COST
Floor Hockey	7-10	Mon	6:00PM-7:00PM	OPA	April 8	Free
Badminton	Family	Mon	7:00PM-8:30PM	OPA	April 8	Free
Basketball	11-14	Tues	6:30PM-8:00PM	ESDH	April 9	Free
Soccer/Basketball	6-9	Wed	6:30PM-7:30PM	OPA	April 10	Free
Soccer	11-14	Fri	6:30PM-8:00PM	GBJH	April 12	Free

Musquodoboit Harbour Fitness Centre

7900, #7 Highway-corner of #7 Hwy & East Petpeswick Rd. 902.889.4058

Hours of Operation: Monday-Friday 7:30AM-11:30AM & 1:00PM-9:00PM Saturday 8:00AM-1:00PM

Membership Fees	Adult	Student/Senior	Family
Drop In (1 visit)	\$6.00	\$4.50	N.A.
10 Visit Card	\$33.00	\$24.75	N.A.
One Month	\$43.00	\$32.25	N.A.
Three Month	\$115.00	\$86.25	\$170.00
12 Month	\$280.00	\$210.00	\$420.00

