

MUSQUODOBOIT VALLEY

Dutch Settlement to Dean

12046 Highway # 224, Middle Musquodoboit

Phone: 902.384.3008



Course Name	Age	Day	Time	Duration	Location	Date	Classes	Course Code	Cost
PRESCHOOL									
Tumble Bugs	3-5	Tu	6:00 PM	45m	Carrolls Corner Community Centre	10	00015452	\$27.70	24-Sep
Tumble Bugs	3-5	Th	6:00 PM	45m	Musquodoboit Valley Education Centre	8	00015867	\$22.16	26-Sep
CHILD/YOUTH									
Art- Mixed Media	8-12	M	2:00 PM	1.5h	Dutch Settlement Elementary School	8	00015463	\$55.64	23-Sep
Art - Mixed Media	8-12	Sa	10:00 AM	1.5h	Middleton United Church	8	00015465	\$55.64	28-Sep
Snack Attack	8-12	Tu	7:00 PM	1h	Carrolls Corner Community Centre	10	00015460	\$37.00	24-Sep
Sports - Gym Games	7-12	W	6:30 PM	1.5h	Musquodoboit Valley Education Centre	8	00015457	\$40.64	25-Sep
ADULT									
Belly Fit	16+	M	7:00 PM	1h	Musquodoboit Valley Education Centre	8	00015449	\$34.08	23-Sep
Belly Fit	16+	W	7:00 PM	1h	Musquodoboit Valley Education Centre	10	00015450	\$42.60	25-Sep
Yoga	16+	Tu	8:00 PM	1h	Carrolls Corner Community Centre	10	00015458	\$49.70	24-Sep
Yoga- Gentle	16+	Th	9:30 AM	1h	St Andrews United Church	10	00015456	\$49.70	26-Sep
Yoga	16+	Th	4:00 PM	1h	Musquodoboit Family Resource Centre	10	00015455	\$49.70	26-Sep

DROP IN PROGRAMS								
PROGRAM NAME	AGES	DAY	TIME	LOCATION	START DATE	COST		
Open Gym - Child	6-12	M	6:30 PM	1.5h	Musquodoboit Valley Education Centre	Sept 23 2019	Free	
Fitness Centre	16+	M	6:30 PM	2.5h	Musquodoboit Rural High School	Sept 23 2019	Free	
Open Gym- Youth	12-18	T	7:00 PM	2h	Musquodoboit Rural High School	Sept 24 2019	Free	
Fitness Centre	16+	W	6:30 PM	2.5h	Musquodoboit Rural High School	Sept 25 2019	Free	
Pickle Ball	16+	Th	7:00 PM	1.5h	Musquodoboit Valley Education Centre	Sept 26 2019	Free	
Fitness Centre	16+	F	6:30 PM	2.5h	Musquodoboit Rural High School	Sept 27 2019	Free	
Open Gym- Adult/Youth	13 +	F	6:30 PM	2.5h	Musquodoboit Rural High School	Sept 27 2019	Free	

