

Fall 2021

# SACKVILLE

**Sackville Sports Stadium**

409 Glendale Drive, Lower Sackville

Phone: 902.869.4141



HALIFAX



# SACKVILLE

Program Name	Age	Day	Start Time	Duration	Location	Start Date	Sessions	Code	Fee
<b>PRESCHOOL</b>									
Dance - Pre-Primary	3-5	Sa	10:35 AM	30min	Sackville Sports Stadium	8	2-Oct	00043219	\$16.00
Dance - Creative Movement	3-5	Th	05:30 PM	30min	Acadia School	8	7-Oct	00044342	\$16.00
Dance - Creative Movement	3-5	Th	06:15 PM	30min	Acadia School	8	7-Oct	00044367	\$16.00
Gymnastics - Tumblebugs	3-5	Sa	09:00 AM	45min	Acadia School	10	2-Oct	00044315	\$27.70
Gymnastics - Tumblebugs	3-5	Sa	10:15 AM	45min	Acadia School	10	2-Oct	00044314	\$27.70
Gymnastics - Tumblebugs	3-5	Sa	11:00 AM	45min	Acadia School	10	2-Oct	00044313	\$27.70
Martial Arts - Kindai - Parent & Tot	3-5	Su	11:00 AM	30min	Sackville Sports Stadium	8	3-Oct	00043229	\$23.12
Martial Arts - Kindai Bujitsu	3-5	Su	10:30 AM	30min	Sackville Sports Stadium	8	3-Oct	00043228	\$23.12
Basketball	4-5	Tu	05:15 PM	30min	Sackville Sports Stadium	8	28-Sep	00043216	\$13.60
Preschooler Sport - Kindersport	4-5	Th	05:30 PM	30min	Sackville Sports Stadium	8	7-Oct	00043227	\$13.60
Soccer	4-5	M	05:15 PM	30min	Sackville Sports Stadium	8	27-Sep	00043235	\$13.60
Soccer	3-4	Sa	09:45 AM	30min	A. J Smeltzer Junior High	10	2-Oct	00044981	\$16.90
Soccer	4-5	Sa	10:30 AM	30min	A. J Smeltzer Junior High	10	2-Oct	00044985	\$16.90
Soccer - Parent and Tot	3-4	Sa	09:00 AM	30min	A. J Smeltzer Junior High	10	2-Oct	00044984	\$16.90
Gymnastics	3-5	Sa	11:30 AM	45min	Sackville Sports Stadium	8	2-Oct	00043225	\$59.52
Gymnastics	3-5	Sa	12:30 PM	45min	Sackville Sports Stadium	8	2-Oct	00043226	\$59.52
Basketball - Parent & Tot	3-5	Su	10:00 AM	45 min	Sackville Sports Stadium	8	3-Oct	00045226	\$20.32

<b>CHILD</b>									
Arts & Crafts - Sketch & Draw	8-12	W	06:00 PM	1hr	Acadia School	10	29-Sep	00044382	\$33.90
Arts & Crafts - Sketch & Draw	5-8	Sa	12:30 PM	45min	Acadia School	10	2-Oct	00044308	\$25.46
Arts & Crafts - Sketch & Draw	8-12	Sa	01:30 PM	1hr	Acadia School	10	2-Oct	00044309	\$33.90
Dance - Hip Hop	7-10	Th	07:00 PM	1hr	Acadia School	8	7-Oct	00044370	\$32.00
Camp - PD Day Camp	6-12	Th	08:30 AM	8.5hr	Sackville Sports Stadium	1	25-Nov	00045072	\$35.00
Camp - PD Day Camp	6-12	F	08:30 AM	8.5hr	Sackville Sports Stadium	1	22-Oct	00045065	\$35.00
Music - Guitar - Beginner	6-11	W	06:00 PM	50min	Sackville Sports Stadium	8	6-Oct	00043232	\$29.60
Martial Arts - Intro to Kindai	6-10	Su	11:45 AM	45min	Sackville Sports Stadium	8	3-Oct	00043230	\$26.56
Martial Arts - Tae Kwon Do	5-7	Sa	10:00 AM	1hr	Hiltz Tae Kwon Do	8	2-Oct	00044316	\$29.60
Martial Arts - Tae Kwon Do - Returning	6-12	Sa	11:15 AM	1hr	Hiltz Tae Kwon Do	8	2-Oct	00044317	\$29.60

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All Sorts of Sports	6-8	Th	06:00 PM	45min	Sackville Sports Stadium	8	7-Oct	00043215	\$20.32
Basketball	6-8	Tu	06:00 PM	45min	Sackville Sports Stadium	8	28-Sep	00043217	\$20.32
Basketball	9-12	Tu	07:00 PM	45min	Sackville Sports Stadium	8	28-Sep	00043218	\$20.32
Basketball	6-8	Su	11:00 AM	45 min	Sackville Sports Stadium	8	3-Oct	00045241	\$20.32
Basketball	9-12	Su	12:00 AM	45 min	Sackville Sports Stadium	8	3-Oct	00045242	\$20.32
Baton Twirling	5-8	Sa	01:00 PM	45min	A. J Smeltzer Junior High	10	2-Oct	00044220	\$30.00
Baton Twirling	9-12	Sa	02:00 PM	1hr	A. J Smeltzer Junior High	10	2-Oct	00044221	\$40.00
Floor Hockey	6-8	W	5:00 PM	50min	Sackville Sports Stadium	8	29-Sep	00043223	\$27.12
Floor Hockey	9-12	W	6:00 PM	50min	Sackville Sports Stadium	8	29-Sep	00043224	\$27.12
Floor Hockey	6-8	F	06:00 PM	1hr	Leslie Thomas Junior High	9	1-Oct	00044311	\$30.51
Floor Hockey	9-12	F	07:30 PM	1hr	Leslie Thomas Junior High	9	1-Oct	00044312	\$30.51
Soccer	9-12	M	07:00 PM	45min	Sackville Sports Stadium	8	27-Sep	00043234	\$20.32
Soccer	6-8	M	06:00 PM	45min	Sackville Sports Stadium	8	27-Sep	00043236	\$20.32
Yoga - Family	5+	F	06:30 PM	45min	Harry R. Hamilton Elementary School	8	1-Oct	00044203	\$29.92

## YOUTH

Arts & Crafts - Sketch & Draw	10-16	Sa	02:45 PM	1hr	Acadia School	10	2-Oct	00044307	\$33.90
Music - Guitar - Beginner	12+	W	07:00 PM	50min	Sackville Sports Stadium	8	6-Oct	00043231	\$29.60
Music - Guitar - Returning	12+	W	08:00 PM	1hr	Sackville Sports Stadium	8	6-Oct	00043233	\$29.60
Youth Ops - Sackville	13-18	M	12:00 AM	1.5hr	Acadia School	N/A	27-Sep	00045022	FREE
Youth Empowered	12.5-15	Sa	01:00 PM	2 hr	Sackville Sports Stadium	8	2-Oct	00045478	\$50.00

## ADULT

Sketch and Draw	18+	W	07:00 PM	1hr	Acadia School	10	29-Sep	00044380	\$42.60
Badminton	18+	M	08:00 PM	2hr	Sackville Heights Junior High	10	27-Sep	00044310	\$69.50
Basketball - Mens	18+	Tu	08:00 PM	2hr	Cavalier Drive Elementary School	10	28-Sep	00044306	\$70.80
Fitness - Chair Fit	14-	Th	11:00 AM	1hr	Sackville Sports Stadium	10	7-Oct	00043220	\$45.00
Fitness - Pilates	14+	M	04:00 PM	1hr	Sackville Sports Stadium	10	27-Sep	00043221	\$49.70
Guided Meditation	14+	M	05:15 PM	1 hr	Sackville Sports Stadium	10	27-Sep	00045164	\$42.60
Fitness - Pilates	14+	W	10:00 AM	1hr	Sackville Sports Stadium	10	29-Sep	00043222	\$49.70

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Fitness - Qi Gong	14+	M	10:00 AM	1hr	Sackville Sports Stadium	10	4-Oct	00044198	\$42.60
Martial Arts - Kindai	14+	Su	1:00 PM	1 hr	Sackville Sports Stadium	10	3-Oct	00045278	\$34.08
Tai Chi	14+	Th	10:00 AM	1hr	Sackville Sports Stadium	10	7-Oct	00044199	\$42.60
Tai Chi	14+	F	07:00 PM	1hr	Sackville Sports Stadium	10	1-Oct	00044200	\$42.60
Yoga - Gentle Kripalu	14+	M	09:30 AM	1.5hr	Sackville Sports Stadium	10	27-Sep	00044201	\$49.70
Yoga - Gentle Kripalu	14+	Tu	05:00 PM	1hr	Sackville Sports Stadium	10	28-Sep	00044204	\$49.70
Yoga - Gentle Kripalu	14+	W	09:30 AM	1.5hr	Sackville Sports Stadium	10	29-Sep	00044202	\$49.70
Yoga - Gentle Kripalu	14+	Th	5:00 PM	1 hr	Sackville Sports Stadium	10	7-Oct	00044205	\$49.70

## DROP INS

Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Cost
Friday Night Rocks	Grades 6-8	F	6:30 AM	2hrs	Sackville Sports Stadium	1-Oct	FREE
Family Gym Time	3yrs & Up	S	11:15 AM	1.5hrs	AJ Smeltzer	2-Oct	FREE
The Den	12-18	W	03:00 PM	5.5 hr	Acadia School	6-Jan	Free

## Youth Ops

**Are you between the ages of 13-18? We want you!**

### Seriously... we do!

Youth in the Bedford, Sackville, Fall River and Musquodoboit Valley are invited to explore recreation opportunities in their communities. Our staff will reach out and together, we will explore your leisure interests and work with you to meet your recreation needs.

Are you looking to develop your leadership skills? Wanting to find social activities to meet new friends? Do you have a group of friends that would love to try a new activity but just don't know where to start? Are you thinking about volunteering to boost up your university applications? Have you always thought it would be cool to work with Halifax Parks and Recreation? Do you have a skill you would like to share with your peers? Get your name on the list and lets build a program, create a support or provide a space to get you active, engaged and interested in recreation.

Register for your community or area and staff will be in touch:

Bedford #00045033  
 Sackville #000450022  
 Fall River #00045020  
 Musquodoboit Valley #00045021