

Fall 2020

SHEET HARBOUR

East Ship Harbour to Ecum Secum

22756 Highway #7 Bluewater Building

Phone: 902.885.2988 Toll FREE 1.866.522.2422



HALIFAX

SHEET HARBOUR

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Time	Code	Fee
PRESCHOOL									
Dance - Ballet	3-5	Th	04:00 PM	45min	Sheet Harbour Recreation Office	8	22-Oct	00030442	\$24.00

CHILD									
Dance - Ballet	5-12	Th	02:45 PM	1hr	Sheet Harbour Recreation Office	8	22-Oct	00030443	\$32.00
Alive and Outside-Get Active	10-15	M	02:45 PM	1.5hrs	Sheet Harbour Recreation Office	4	19-Oct	00030900	FREE

ADULT									
Family Activity Night	1+	W	06:30 PM	1.5hrs	Sheet Harbour Recreation Office	1	21-Oct	00020144	FREE
Family Activity Night	1+	W	06:30 PM	1.5hrs	Sheet Harbour Recreation Office	1	28-Oct	00020145	FREE
Family Activity Night	1+	W	06:30 PM	1.5hrs	Sheet Harbour Recreation Office	1	4-Nov	00020146	FREE
Dance - Line Dancing	18+	F	08:00 PM	1hr	Sheet Harbour Legion	4	23-Oct	00026959	\$22.72
Yoga - Chair Yoga	18+	Th	01:45 PM	1hr	Samuel R Balcom Community Centre	8	22-Oct	00033311	\$39.74
Yoga - Gentle Yoga	18+	Th	12:30 PM	1hr	Samuel R Balcom Community Centre	8	22-Oct	00033309	\$39.74
Emergency First Aid	16+	Sa	9:00 AM	8hrs	Sheet Harbour Legion	1	21-Nov	00033312	\$80.00
Late Season Guided Hike	All	Sa	10:00AM	4	Taylor Head - Bull Beach Parking Lot	1	7-Nov	00032465	FREE
Bird Watching - Winter Birds	All	Su	10:00AM	5	Taylor Head - Last Parking Lot	1	22-Nov	00033378	FREE
Late Season Guided Hike	All	Sa	10:00AM	4	Taylor Head - Bull Beach Parking Lot	1	5-Dec	00033377	FREE
Foodhandlers Course	14+	Sa	9:00 AM	7	Sheet Harbour Legion	1	14- Nov	00033481	\$35.00