

Spring 2021

SHEET HARBOUR

East Ship Harbour to Ecum Secum

22756 Highway #7 Bluewater Building

Phone: 902.885.2988 Toll FREE 1.866.522.2422



HALIFAX

SHEET HARBOUR

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Date	Code	Fee
PRESCHOOL									
Dance - Creative Movement	3-5	Th	4:00 PM	45min	Sheet Harbour Recreation Office	8	15-Apr	00038208	\$18.48
CHILD									
Dance - Ballet	4-12	Th	2:45 PM	1hr	Sheet Harbour Recreation Office	8	15-Apr	00038207	\$32.00
Family Gym Time	4+	Mo	6:00 PM	1hr	Marine Drive Academy	6	12-Apr	00038474	FREE
Family Gym Time	4+	Fr	6:00 PM	1hr	Marine Drive Academy	5	16-Apr	00038475	FREE
Sports - Youth Gym Time	10+	Mo	7:15 PM	2hr	Marine Drive Academy	6	12-Apr	00038478	FREE
Sports - Youth Gym Time	10+	We	6:00 AM	3hr	Marine Drive Academy	6	14-Apr	00038479	FREE
Sports - Youth Gym Time	10+	Fr	7:15 PM	2hr	Marine Drive Academy	5	16-Apr	00038480	FREE
Family Pickleball	10+	Tu	6:00 PM	1hr	Marine Drive Academy	6	13-Apr	00038483	\$24.00
ADULT									
Emergency First Aid CPR "C"	16+	Sa	9:00 AM	8hr	Samuel R Balcom Community Centre	1	10-Apr	00036917	\$80.00
Adult Pickleball	10+	Tu	7:15 PM	1.5hr	Marine Drive Academy	6	13-Apr	00380484	\$24 adult \$5 child
Yoga - Chair Yoga	18+	Th	1:40 PM	1hr	Samuel R Balcom Community Centre	8	8-Apr	00038214	\$39.76
Yoga - Gentle Yoga	18+	Tu	12:30 PM	1hr	Four Harbours Legion Hall	8	6-Apr	00038241	\$39.76
Yoga - Gentle Yoga	18+	Th	12:30 PM	1hr	Samuel R Balcom Community Centre	8	8-Apr	00038215	\$39.76
Yoga - Yin Yoga	18+	Tu	11:15 AM	1hr	Four Harbours Legion Hall	8	6-Apr	00038242	\$39.76
Food Safe Course	14+	Sa	9:00 AM	6hrs	Sheet Harbour Legion	8	27-Mar	00035559	\$35.00